



HAPPY FOURTH, ARCADIA!

Fireworks, parades and fun are on the docket for July 4. Arcadia’s 27th annual parade is just one way to celebrate!

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LAWS FOR PAWS

Arcadia sophomore Jordan Sucato made it her mission to help animals in need by creating a new nonprofit.

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LET’S GO FOR A SWIM

Four Arcadia ladies tackled the SCAR Swim, a 40-mile open water challenge that covers four Arizona lakes.

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JULY

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Xavier Prep won first and third place at this year's ASU Illuminate Challenge with their invention of an Ecopod – a solar powered composting planter.

30 Tee time all the time

Third grader Julee Diaz started golfing when she was just a tot. Now, she's part of various golf organizations and has multiple top five competition wins under her belt.

31 School supply drives need help

Organizations around the Valley are collecting items to help ensure all children have what they need for the upcoming school year. Here are a few spots to get you started.

35 Starting from Scratch

Arcadian Brandon Clarke created an app that guides young entrepreneurs into the world of starting their own business, from setting up a website to gaining their first clients.



Isla Mae Kale hanging out in the play foam at last year's Arcadia Fourth of July Parade.

PHOTO: KELSI KALE

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EDITOR'S NOTE

We have an exciting announcement: archives from Arcadia News, all the way back to our beginnings in 1993, have a new home in the Arizona Room at Burton Barr Public Library in downtown Phoenix. Dropping the papers off was a proud and humbling moment when considering the cache of publications that are now shelved within this institution for Arizona history. It is an honor to share more than 30 years of community news and stories with anyone looking to do research – or just take a walk down memory lane!

Early July is all about those red, white and blue celebrations, and the Valley has plenty. Check out our calendars to find various Independence Day events. In our backyard, the Arcadia Fourth of July parade – a 27-year tradition – is gearing up for the holiday with decorated cars, bikes and wagons, snacks from local eateries, even a visit from the Phoenix Fire Department to keep things cool.

Phoenicians know how to spend their summers – most of us hit the

pool, beach or lake to escape the heat. Four Arcadia ladies did the same, but their objective was less about cooling off and more about completing the SCAR Swim, a self-timed competition that spans 40 miles of the Saguaro, Canyon, Apache and Roosevelt Lakes. Susie Paul, Marnie Whitley, Dana Price, and Kerston Corns hope their journey inspires others to get out of their comfort zone and try something new.

Our Summer Vacation Photo Spread is happening again this year, so send photos to editor@arcadianews.com for a chance to be in the September issue. Your photo might be on the cover! The deadline to send in photos is August 9.

Enjoy your summer, and thank you for reading the Arcadia News.

Mallory
— Mallory Gleich



UPCOMING THEMES:

AUGUST
Back to School

SEPTEMBER
Fall Sports

OCTOBER
Halloween

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— Ralph Waldo Emerson

ARCADIA'S PETS



1. Hi, I'm Nugget, a two-year-old Shih Tzu. I like playing ball and having toy time with my stuffed animal friends. I like play dates with my pup buds, shout out to Tank and Toby! I also like hanging out with my brothers Dublin and James at doggy daycare.

— Tommy P.

2. Sweet Annie is a 15.5-year old terrier. She is slowing down and only walks until she wants to stop. Brownie (right) loves everyone she meets and is the sweetest, gentle dog. Unsure of her age. Both are rescues from shelters. They love our Arcadia walks and the people they meet.

— Greg and Cathy N.

3. It is my sincere pleasure to introduce His Royal Highness, Prince Charles of Arcadia. He is a Cavalier King Charles Spaniel, six years old, spending his days taking a dip when it's warm and napping whenever he feels inclined. If you're lucky, you may see him walking the neighborhood with his parents in tow – usually in the evenings when it is cool...like him!

— Joe and Lynda P.

4. My name is Savvy, and I am four years old. My people adopted me from the Phoenix Cat Cafe two years ago and I've been the happiest, cuddliest kitty ever since. If you put a blanket on your lap, I'll be there in a jiffy to make biscuits and cuddle!

— Paulina M.

Would you like to share your pet? Send a photo and a description (50 words max) of your pet to editor@arcadianews.com. Include your pet's name and age, along with any fun facts about them you'd like to share. All animals are welcome!

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Greg delivered over 350 issues of Arcadia News, completing the collection of 32 years of neighborhood and community news. The papers are now part of the special collections available in The Arizona Room at Burton Barr Central Library in downtown Phoenix.

Arizona historical archives now include Arcadia News

By Mallory Gleich

Within the Burton Barr Public Library in downtown Phoenix, there is the Arizona Room – a collection of materials specific to Arizona history – and now, that collection includes the Arcadia News.

In 1934, Dorothy McClintock donated her late husband’s personal archive to Phoenix Public Library. James McClintock is a significant figure in early Arizona history – he served in Roosevelt’s Rough Riders, the 1st United States Volunteer Cavalry, worked as a journalist and historian, and served as a postmaster of Phoenix in the early 1900s.

James collected a personal archive of 2,000 photographs and thousands of pages of notes and letters of correspondence with other Arizona historical figures. He also compiled scrapbooks of newspaper articles from the early 1900s. The James H. McClintock Collection provides a look at early Arizona history, including pre-statehood era, and tells a story of daily life through the 1920s.

“The donation is the cornerstone of Burton Barr’s local history collection and led to the creation of the ‘Southwest Collection’ in later decades before evolving into what is now known as the Arizona Room,” Community Relations Director Lee Franklin said.

The Arizona Room is a local reference collection on the history, culture and peoples of Arizona. It includes a variety of materials, from books to magazines, yearbooks to city

directories, vinyl records to newspaper clippings and more.

The collection has grown a lot over the years – from “33 linear feet of McClintock’s personal archive to more than 50,000 items.” Materials come from library purchasing and donations.

The Arizona Room is also a space where public tours are given by library staff, showcasing what the area has to offer and guiding attendees through a curated display of interesting items in the collection. One of the most interesting is the Susan Arreola postcard collection – there are over 2,500 vintage Arizona-themed postcards that were donated by Susan in 2019. The postcards are from the first half of the 20th century and show daily life in the Valley of the Sun.

The oldest items are from the late 1800s, including a copy of the official plat of the original townsite from 1895. There’s also a city directory from 1892 and 1895 – one of the most popular sub-collections.

The newest item? The complete collection of Arcadia News copies, dating from its first issue in 1993 all the way up to 2024.

The Arizona Room is open to the public on Tuesday, Wednesday, Thursday and Saturday from 12-4 p.m. Appointments are available on Monday and Friday.

phoenixpubliclibrary.org

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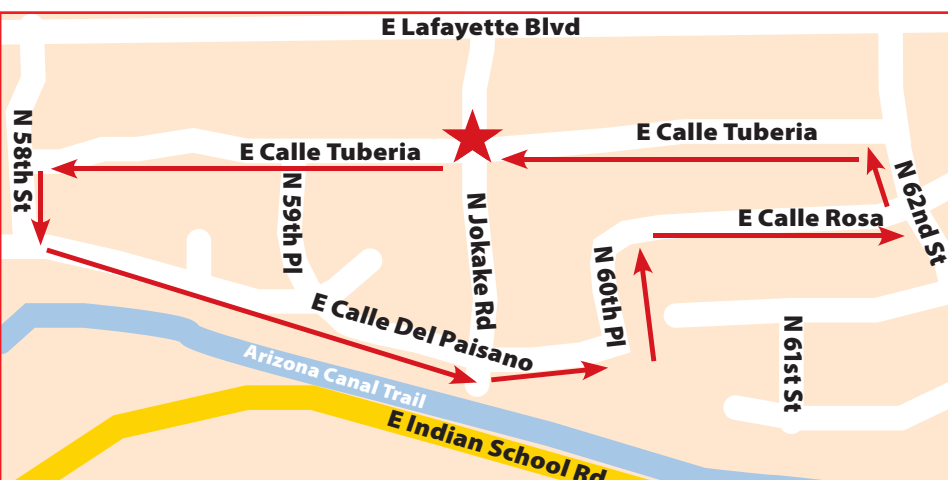

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WHAT'S HAPPENING, ARCADIA?

★ ★ ★ ARCADIA PARADE ROUTE ★ ★ ★



BRIEFS

Arcadia's annual **Fourth of July Parade** is happening this year on Thursday, July 4 starting at 3861 N. Jokake Dr. Families can decorate their bikes, strollers, golf carts, scooters – if it's got wheels, it can join in! There will be water, coffee and snacks available, and the Phoenix Fire Department will be there to cool everyone down with a fire hose. Parade begins at 8 a.m., so get there early to find a good spot! Contact Emily Whitwell at eawhitwell@gmail.com for more.

Two exhibits are on display at Shemer Art Center (5005 E. Camelback Road, Phoenix) through July 11. **A Colorful Point of View** features over 50 artworks created by members of the Phoenix Chapter of the Colored Pencil Society of America. **From Representational to Abstract** combines the works of Hwang Nam Chang and Changsoon Oh. These exhibitions are open to the public Tuesday-Saturday, from 10 a.m.-3 p.m.

shemerartcenter.org

St. Vincent de Paul's **100 Days of Summer** campaign continues through Labor Day. The organization is asking for donations of canned proteins, peanut butter, dried pasta, canned fruits and vegetables and more to help fill

the pantry. Folks can drop off donations at SVdP's main campus: 2120 S. 3rd Dr., Phoenix, Monday-Friday from 7 a.m.-6 p.m. 100days.stvincentdepaul.net

ATL Wings (5041 W. Thomas Road, Phoenix) is helping families in need get back-to-school ready with a supply donation party in partnership with Unified Residential. On July 17 from 8-10 a.m., families are invited to come and collect back-to-school supplies. Other giveaways include free food, haircuts, gift cards for school clothing and more. Donations will be provided on a first come, first served basis, while supplies last.

atlwings.com

Maricopa County Reads, an online summer reading program, is now open for all ages. This year's theme is "Adventure Begins at Your Library." The program runs until August 1. Readers up to age 11 can earn points, unlock badges and win prizes like free food and drinks when they reach 500 points.

maricopacountyreads.org

Western Spirit: Scottsdale's Museum of the West (3830 N. Marshall Way, Scottsdale) unveiled new summer programs titled "**Western Spirit: The Cool Frontier**." These events immerse visitors in the history

and culture of the American West. Every Tuesday in July and August from 10 a.m.-1 p.m., guests can observe artists creating their pieces during "Artist Tuesdays." Kathy Howard, Ashwini Bharathula and Dustin Klassen are a few who are scheduled.

scottsdalemuseumwest.org

Phoenix-based event venue Chateau Luxe (1175 E. Lone Cactus Dr.) announced the "**Chateau Luxe Cares**" contest, an event dedicated to supporting local nonprofits. The venue will accept nominations through August 30, 2024 for a deserving organization to receive a free event package valued at up to \$25,000. Nonprofits from across Arizona are encouraged to apply. The winner will be awarded at a future hosted event at Chateau Luxe.

chateauluxeaz.com

Studio 56 Vintage (5618 E. Thomas Road, Phoenix) is hosting a free backpack giveaway on July 20 from 10 a.m.-3 p.m. The shop will have 100 school-supply filled backpacks to those in need. One backpack per child, child must be present.

Learn more @ studio56_vintage

EVENTS

MONDAY 7/1

Celtic Throne

7:30 p.m. at the Herberger Theater Center, 222 E. Monroe St., Phoenix. Created by the Herbert W. Armstrong College and Armstrong Dance, Celtic Throne showcases the origins of Irish dance. The performance follows the journey of a "music-and-dance-loving people as they migrate to Ireland, Scotland, England and the United States." Tickets start at \$30.

herbergertheater.org

WEDNESDAY 7/3

Tempe Time Machine

9 a.m.-1 p.m. at the Tempe History Museum, 809 E. Southern Ave. Kids and their grownups can learn and discover different topics with crafts, stories, activities and live demonstrations at this event. Today's theme is "What do kids eat?" Groups will search the museum for utensils and even learn how to make real butter. Admission is free for all ages, but this event is geared toward kids 2-10.

tempe.gov

THURSDAY 7/4

Scottsdale 4th of July

5-9 p.m. at WestWorld, 16601 N. Pima Road, Scottsdale. Get ready to be Red, White & Cool at WestWorld's 11th annual

Fourth of July celebration. Guests will find a rodeo, mutton busting, dancing, circus performances, a summer slider eating contest, a winter wonderland complete with real snow, musical chairs, photo booths, backyard BBQ and the fifth annual Parade of Heroes. Ticket start at \$25.

scottsdale4th.com

FRIDAY 7/5

Summer Friday Workshop

4:30 p.m. at Camelback Flowershop, 4214 E. Indian School Road, Phoenix. Kick off your weekend with a flower design class and happy hour. Guests can choose the size of their creation and learn how to take "seasonal stems from wrap to vase." Attendees can bring their own vase or purchase one at the shop. This class also happens July 12, 19 and 26. Registration starts at \$85.

camelbackflowershop.com

Music & Movement

10 a.m. at Burton Barr Library, 1221 N. Central Ave., Phoenix. Youngsters from birth to age five – and their favorite grownups – are invited to Music & Movement, a free story time event that encourages kids to wiggle their way to fun. Attendees will hear a story, sing, dance and get a bit of exercise at this morning's event.

phoenixpubliclibrary.org

SATURDAY 7/6

Letterpress Workshop

10 a.m.-12 p.m. at Hazel & Violet, 1301 NW Grand Ave., Phoenix. Curious about letterpress printing? Hazel & Violet can help. Guests will learn the basics of letterpress with wood and metal settings to print their very own poster, card or coasters. All materials are provided. Registration is \$60 per person.

hazelandviolet.com

SUNDAY 7/7

You Should Be Dancing

1 p.m. at the Van Buren, 401 W. Van Buren St., Phoenix. If the title of this event wasn't enough of a hint, we're here to explain. This show is all about the music of the Bee Gees. Guests will go back in time and may hear hits like Stayin' Alive, Night Fever, More than a Woman, and – of course – You Should Be Dancing. This is an 18+ event. Tickets are \$48 per person.

bayareabeegees.com

THURSDAY 7/11

Art Lab

9:30 a.m. at Shemer Art Center, 5005 E. Camelback Road, Phoenix. Science and art collide in this brand-new class. Kids aged 8-11 can explore STEAM concepts through creative experiments

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WHAT'S HAPPENING, ARCADIA?



Scottsdale 4th of July at Westworld in Scottsdale.



Storytime at DBG.

using wind to create wind-powered kinetic sculptures and building a 'robot artist' while becoming engineers in the process. This class happens on July 18, 25 and August 1 – \$100 for all four classes.

shemerartcenter.org

FRIDAY 7/12

Storytime at DBG

10 a.m. at Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix. The purpose of these events is to introduce children ages five and younger to "the beauty and wonder of nature" through books, songs, activities and play. Today's feature is *Desert Day Desert Night* by Anthony D. Fredericks and Kenneth J. Spengler. Admission is \$17 per person.

dbg.org

FRIDAY 7/12 – SATURDAY 7/13

Sip + Shop Market Series

10 a.m.-2 p.m. at Hotel Valley Ho, 6850 E. Main St., Scottsdale. Hotel Valley Ho celebrates all things local with this free indoor market series on Saturday, where guests will find shopping and tastings with vendors, chefs, live music and more. Friday's dinner guest is Chef Matt Carter, who will collaborate with Chef Russell LaCasce on a four-course dinner, including a meet-and-greet reception. Market is free; dinner starts at 6 p.m. and is \$199.

hotelvalleyho.com

SATURDAY 7/13

Sippin' Series

7 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. 2nd St. Sippin' Series is an intimate experience that explores the world of spirits, wines and cocktail concepts with professionals from Republic National Distributing. Each event will develop participants' knowledge on the topic through

in-person experience. Tonight's bevvie is tequila, and guests will be able to sample three different kinds. Tickets start at \$50.

scottsdaleperformingarts.org

WEDNESDAY 7/17

Dinner and a Movie

5:30 p.m. at Marcellino Ristorante, 7114 E. Stetson Dr., Scottsdale. Guests are invited to Marcellino for date night, girl's night out or if you just feel like Italian for dinner! Attendees can enjoy a three-course summer special dinner and watch a classic film – on the screen tonight is *Roman Holiday*, starring Audrey Hepburn, a princess who runs off to explore Rome. Dinner prices vary (but the Summer Supper three-course meal starts at \$49).

marcellinoristorante.com

THURSDAY 7/18

Chef's Dinner

6-9 p.m. at Alter Ego, 108 E. University Dr., Tempe. Be our guest, be our guest, put Alter Ego's Disney Classic Dinner to the test! Guests can indulge in five dinner courses paired with five different drinks – each with a Disney spin to them. According to the website, "it's a culinary adventure straight out of a fairy tale." Registration is required, dinner is \$89 per person.

alteregotempe.com

Southern Summer Series

6-9 p.m. at Beckett's Table, 3717 E. Indian School Road, Phoenix. Join the family at Beckett's Table for a night of Southern Rail classics! Guests will find the eatery's popular dishes: a summer veggie salad, jambalaya, pork loin, beignets and red velvet cake. All courses are served family-style. Cocktails and wine are also available for purchase. Registration is \$89 per person.

beckettstable.com

SUNDAY 7/21

Drunk Shakespeare

5 p.m., attendees meet at The Rose Theatre, 455 N. 3rd St., Phoenix. The stage is set, the actors are ready, and one of them is... drunk? This comedic take on a Shakespeare play is for guests 21 and up. Sit back and

watch as one performer attempts to act out Shakespearean scenes while the others decipher which play it is and try to put it back together. Guests can enjoy beverages and light snacks available for purchase. Tickets start at \$49.

drunkshakespeare.com

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WHAT'S HAPPENING, ARCADIA?

MONDAY 7/22 - FRIDAY 7/26

Frankenstein Lab

9 a.m.-4 p.m. at Arizona Science Center, 500 E. Washington St., Phoenix. It's ALIVE! At this lab, teens in grades 7-12 will build automatons in teams using tools and machines like 3D printers, laser cutters and woodworking tools. On the final day of lab, each team will bring their creations to life and showcase their process, skills and creativity. The most innovative team will win a prize. Registration is \$325 for nonmembers. azscience.org

FRIDAY 7/26

Adult Field Trip

6-9 p.m. at the Children's Museum of Phoenix, 215 N. 7th St., Phoenix. This evening's festivities will benefit the Million Dollar Teacher Project. Guests can enjoy cocktails, appetizers, live music, an ice cream truck, traditional sack lunches and raffle prizes. VIP tickets include transportation on the Adult Field Trip Bus, raffle and drink tickets and early access. Tickets start at \$100. mdtproject.org

SATURDAY 7/27

Chef and Learn

5:30 p.m. at the AC Hotel, 2811 E. Camelback Road, Phoenix. This evening's



Adult Field Trip at the Children's Museum of Phoenix.

cooking class, led by an AC Marriott-appointed chef, is all about spicing things up. Guests will learn two salsa recipes that are perfect for entertaining while also sipping on one or two margaritas: one spicy, one not-so-much. Tickets for this event are \$50 per person. ac-hotels.marriott.com

Improv Comedy Jam

10 p.m. at The Bridge Improv, 937 E. Broadway Road, Tempe. Those looking to



Improv Comedy Jam at The Bridge Improv in Tempe.

sharpen their comedy skills may find some practice time here. This free, family-friendly improv show is open to all experience levels. Guests can drop their names in the bucket before the show, and throughout the hour, emcees will randomly draw groups of four names to perform scenes. bridgeimprovtheater.com

SUNDAY 7/28

Cocktail Camp

1-3 p.m. at Uchi, 3821 N. Scottsdale

Road, Scottsdale. Summer Cocktail Camp is a rotating event series that brings attendees up-close-and-personal with Valley mixologists and bartenders to showcase their craft. Guests will enjoy up to four cocktails, learn about mixology and maybe leave with a new recipe to add to their roster. Tickets are \$40 and a portion is donated to one-n-ten. tickets.phoenixmag.com

Send events or briefs to editor@arcadianews.com.

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OUT OF THE AREA, BUT WORTH THE DRIVE

MONDAY 7/1

Camp JoJo Event

11 a.m. at JoJo's ShakeBAR, 15037 N. Scottsdale Road, Scottsdale. It's lunch time – with an activity included. Folks can head to JoJo's to enjoy an entrée and dessert while also making friendship bracelets for, well, their friends! Other Camp JoJo events include paint and plant, tie-die bandanas and wine glass painting. Registration is \$35 per person.

jojoshakebar.com

WEDNESDAY 7/3

C4 Foundation Benefit Concert

6 p.m. at the Hotel Del Coronado, 1500 Orange Ave., Coronado, CA. This event will be worth the drive! Nate Nathan and the MacDaddy-O's Band will put on a concert at this famed hotel in honor of Charles Keating IV and the C4 Foundation, which provides support and resources to active duty Navy SEALs and their families. Make sure to leave room for snacks and drinks. General admission tickets start at \$250 per person.

c4foundation.org

THURSDAY 7/4

Gilbert Fourth of July

4-9:30 p.m. at Gilbert Regional Park, 3005 E. Queen Creek Road. This family-friendly



C4 Foundation Benefit Concert at the Hotel Del Coronado.



Summer Wine Series at the Arizona Boardwalk in Scottsdale.

event is all about the music. Guests can hear tunes from Chad Freeman & Redline, Dirt Road – The Jason Aldean Experience and Kenny Chesney Tribute, and check out aerial entertainment, a drone show and fireworks. A variety of food, drink and dessert trucks will be on-site. This event is free.

gilbertaz.gov

All-American Festival

6-9 p.m. at the Peoria Sports Complex, 16101 N. 83rd Ave. What better way to celebrate the fourth than with some good music and fun? Peoria's All-American Festival will feature The Spazmatics on stage, family-friendly entertainment, BMX performances by the Superhero Stunt Team,

lawn games and food and beverage trucks. General admission is free.

peoriaaz.gov

Fourth at the Fountain

7-10 p.m. at 12925 N. Saguaro Blvd., Fountain Hills. Fountain Park is all about Independence Day, with live music from Rock Lobster, along with family-friendly games and prizes. Food vendors will also be on hand to serve up those all-American treats we know and love. Fireworks start at 9 p.m. overlooking the fountain. This event is free.

experiencefountainhills.org

SATURDAY 7/6

Always, Patsy Cline

7:30 p.m. at Fountain Hills Theater, 11445 N. Saguaro Blvd. This musical is based on the true story of Cline's friendship with a fan named Louise Seger. The show's title was inspired by Cline's letters to Seger, which were signed "Love always, Patsy Cline." Guests will find humor, music and maybe a few tears at this show. Tickets start at \$35.

fhtaz.org

WEDNESDAY 7/10

Summer Splash Day

10:30 a.m. at Desert Ridge Marketplace, 21001 N. Tatum Blvd., Phoenix. Arizonans are looking for ways to stay cool under the summer sun, and Desert Ridge has one solution – splash pads! Today's theme is "Puppy Patrol." Families can check out a live DJ, take free photos with the puppy patrol, participate in arts, crafts and giveaways and of course, cool off in the water. This event is free.

shopdesertridge.com

FRIDAY 7/12 – SUNDAY 7/14

Maricopa County Home and Landscape Show

10 a.m.-5 p.m. at State Farm Stadium, 1 Cardinals Dr., Glendale. For those looking to get a jump start on home projects, this event might help. The Home and Landscape Show will have landscape design consultations, DIY workshops, presentations and demos. If you get hungry, food trucks will be on-site with bites and sips. All ages are welcome. Tickets are \$6.

maricopacountyhomeshows.com

SATURDAY 7/13

Experience Greece

9 a.m.-5 p.m. at the Musical Instrument Museum, 4725 E. Mayo Blvd., Phoenix. Celebrate a different culture at the MIM. Guests can listen to Greek music with authentic instruments, learn about the musical history of the country, watch a live performance, participate in family-friendly crafts and activities and enjoy a Greek-inspired lunch. General admission is \$20 for adults, \$10 for kids.

mim.org

THURSDAY 7/18

Summer Wine Series

6-8 p.m. at the Arizona Boardwalk, 9500 E. Via de Ventura, Scottsdale. The Museum of Illusions Summer Wine Series is back. Guests will find exclusive access to the museum and its exhibits while sipping wines and snacking on light bites. A live DJ will also be on-site. The Wine Collective at Scottsdale is providing libations for tonight's event. Tickets are \$40.

moiscottsdale.com

FRIDAY 7/19 – SATURDAY 7/20

Baseball Night Camp

6-9 p.m. at Salt River Fields, 7555 N. Pima Road, Scottsdale. Kids aged 5-12 can head to the fields for an evening of baseball. Salt River staff will teach fundamentals and different hitting, pitching, fielding and catching drills. Players will be assigned to small groups based on age. There will also be a camp on July 26-27. Cost is \$125 per person.

saltriverfields.com

MONDAY 7/22 – FRIDAY 7/26

Kids Day Camp

8:45 a.m.-5:30 p.m. at the Fairmont Scottsdale Princess, 7575 E. Princess Dr. Kids ages 6-12 can check out this brand-new day camp, where activities like lagoon fishing, scavenger hunts, gold panning, sand castle building, swimming, and rubber duck races abound. Lunch is included each day, and these camps are available until August 2. Cost is \$600 for the week.

scottsdaleprincess.com



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A kid named Billy

July 14 will mark the 143rd anniversary of both the death and the birth of a legend. Briefly, according to historical documents, this is what happened:

Henry McCarty was born in either New York, Indiana or Missouri on November

29, 1859, to Catherine McCarty and a father whose name has been lost in history. Catherine and her two sons moved to Indianapolis where she met William Antrim. They were married in Santa Fe and moved to Silver City where Catherine died of tuberculosis. Young Henry's life of crime began shortly afterwards when he was arrested but escaped. This set the pattern for the



The Lowe Road

BY SAM LOWE

A former Valley newspaperman who now writes about his travels across Arizona, the U.S. and the globe.

remainder of his life.

He killed a man named Windy Cahill in Fort Grant, Arizona, on August 17, 1877, and was charged with "a criminal and unjustifiable shooting." He escaped from jail and fled to New Mexico, where,

over the years, he went under the names of William Bonney, Kid Antrim, Billy the Kid and El Chivato. He fought in the Lincoln County War, shot and killed at least three more men, then was slain by Sheriff Pat Garrett on July 14, 1881. End of story? Nope.

Billy the Kid entered the realm of immortality, sustained by myth, folklore and legend that occasionally includes some actual fact. He has been the subject of movies, novels, songs and scientific studies. He is honored in museums, has roads and stores named after him, and maintains historical prominence more than 140 years after his death. Much of his story is well-detailed, but here are a few Billy the Kid items that deserve special mention.

Billy has been the subject of more than 60 movies (some say it's 150), and has been portrayed by such stars as Johnny Mack Brown, Roy Rogers, Robert Taylor, Lash LaRue, Buster Crabbe, Rocky Lane, Bob Steele, Don "Red" Barry, Anthony Dexter, Paul Newman, Emilio Estevez, Michael J. Pollard and Kris Kristofferson. Also by a few lesser-knowns: Dean White, Tyler MacDuff, Jack Taylor, Johnny Ginger, Chuck Courtenay, Peter Lee Lawrence, Gaston Sands, Geoffrey Deuel and Jean-Pierre Leaud.

His grave site, located on an isolated patch of ground adjacent to the Old Fort Sumner Museum, is surrounded by iron



Billy the Kid, Tom O' Follaird and Charlie Bowdre's grave site.

bars. There's no admission fee, and Billy isn't the only one buried there. His pals Tom O' Follaird and Charlie Bowdre are lined up in adjacent graves. And the graves are on Billy the Kid Road.

The plaque adjacent to a bronze statue of famed cattleman John Chisum in Roswell points out that Chisum was a member of the committee that hired Pat Garrett to get rid of Billy. Dowlin's Historic Old Mill in Ruidoso was "reported to be a hangout." Billy the Kid Springs in Chaves County northwest of Kenna "was one of Billy the Kid's hideouts." The schedule of events for the annual Old Lincoln Days includes a re-enactment of the last escape of Billy the Kid. The New Mexico Vacation Guide has a section entitled "Billy the Kid's Stomping Grounds."

During a Billy the Kid exhibition in the Albuquerque Museum of Art and History, guests were asked to vote on whether or not Billy should have been pardoned. The vote was more than 2-to-1 in his favor. The brochure for the exhibition noted that Billy loved to dance and his favorite tune was "Turkey in the Straw."

Billy's image is preserved in tile and a wooden cutout at the Ruidoso Downs Visitor Center; in a life-sized wood carving at the entry and in a steel silhouette atop a machine that smashes pennies into souvenirs at the Billy the Kid Museum in Fort Sumner; and in oil paintings on the walls, in weaving on a floor mat, and in neon on the sign at the Billy the Kid Casino in Ruidoso Downs.

The Lincoln County Courthouse is now a museum. On April 28, 1881, while being held in the courthouse awaiting trial for murder, Billy killed two deputies during an escape. A replica has been created inside the casino.

One tourism brochure observes that "open animosity between the two (competing) factions would eventually lead to the Lincoln County War and the rise of the infamous Billy the Kid." Another exclaims, "In 1878, the Lincoln County War catapulted into legend a young cowboy who went by the name of Billy the Kid." Still another proclaims that Billy was 21 when he died and "legend has it that he killed 21 men." Fort Sumner's brochures tout it as the "International Billy the Kid Capitol."

Among the 60,000 relics on display in



Billy the Kid poster and wooden statue at Old Fort Sumner Museum.

the Billy the Kid Museum are his rifle, chaps, spurs and a variety of newspaper articles about men who claimed they were Billy the Kid, claimed they knew him personally, claimed they helped bury him, and claimed they helped him hide out because Garrett didn't actually kill him. Another area is filled with such historical items as a copy of the death sentence handed down after he killed a lawman, a wanted poster framed in a horse harness, poems dedicated to his memory and a book bearing the title, "Billy the Kid: The Good Side of a Bad Man." People who don't get to see everything in the museum in one day can stay overnight in the Billy the Kid Country Inn, conveniently located across the street.

The Billy the Kid Scenic Byway starts at the Visitor Center in Ruidoso Downs, then loops through Hondo, Lincoln, Fort Stanton and Capitan before ending in Ruidoso. Just follow the signs with Billy's image on them.

The only known photograph of Billy was a tintype taken in 1880. Because tintypes produced mirror images, the photo led to the mistaken belief that Billy was left-handed. Paul Newman even portrayed him as a southpaw in the movie "The Left-Handed Gun." The tintype was handed down through friends, was loaned to a museum and eventually sold for \$2.3 million during a 2011 auction in Denver.

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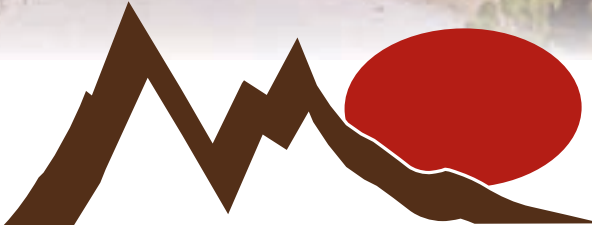


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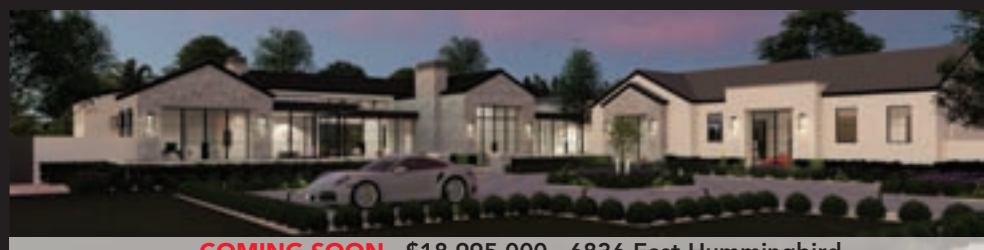
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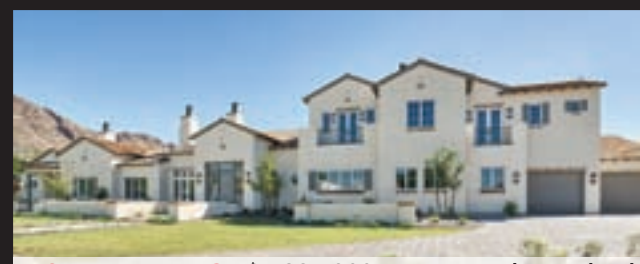
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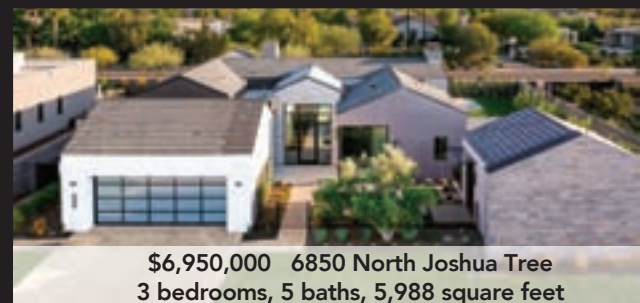
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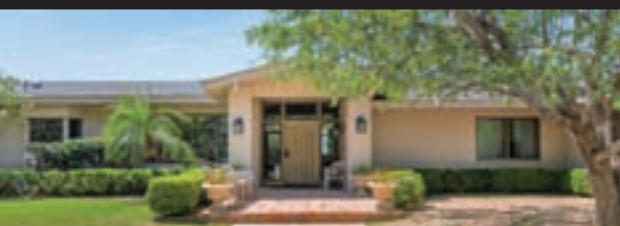
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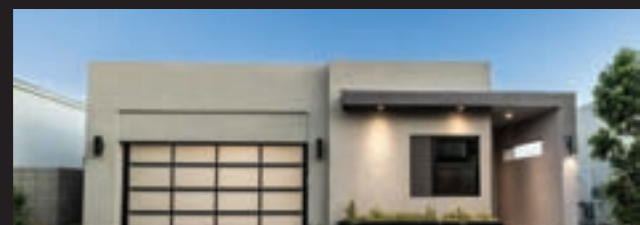
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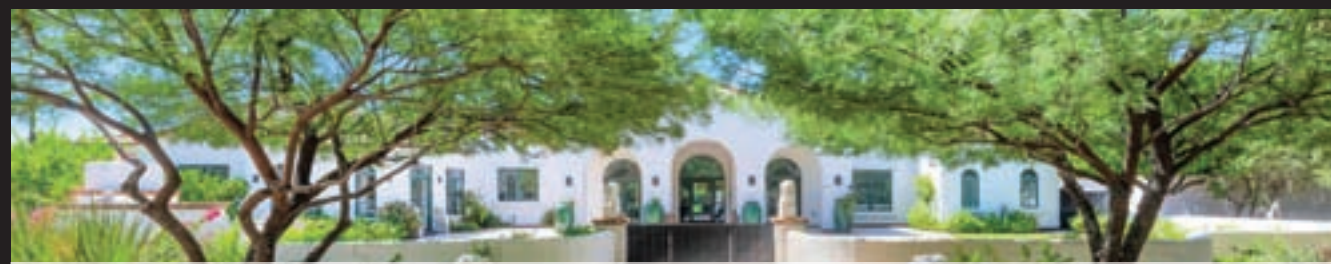
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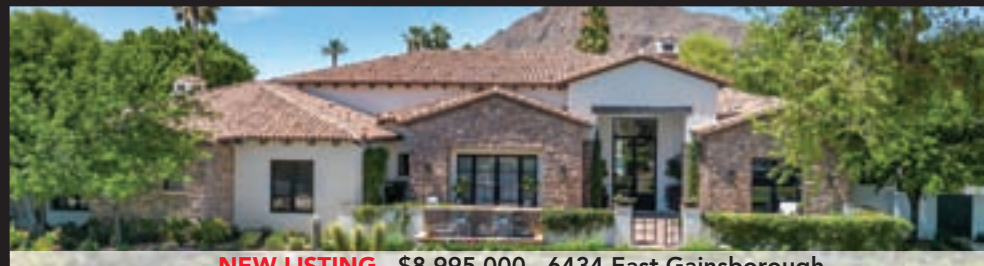
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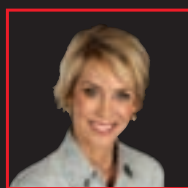
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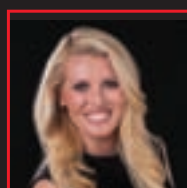
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In the Kitchen

with **Nindi Wadhwa**,
owner of Scooptacular Ice Cream

4730 E. Indian School Road • scooptacular.net

Curry, ketchup, hot dogs, Guinness beer... no ingredient is too far out for the owner of Scooptacular, a family-owned and run ice cream shop that has opened its second location in Arcadia. Nindi Wadhwa took his love of food, mixed in his love of family, and turned it into a shop that offers homemade ice cream, shaved ice, boba and more.

Where are you from?

I'm from Ontario, Canada, but ever since I was a little kid, I've always wanted to live in Phoenix. I've always had a fascination with the saguaro cactus and wanted one in my yard. My wife got me one seven years ago for Father's Day!

I love the heat; I love being warm. Even though our summers are miserable, I'll take that over a Canada winter in a heartbeat. We've been here for 16 years.

What was the career path that brought you here?

As a kid, I wanted to be an airline pilot. So that's my full-time job. Back in 2008 I was laid off and I was like, 'Well, what do I do now?' Before the ice cream, my wife and I played around with a couple of businesses – we had candy vending machines and a pooper scooper company that we started. After I got laid off, I went back to school and got my Master's Degree. Near graduation, I was thinking about what to do next.

How did you get to ice cream shop?

My wife worked at a Starbucks and right next to it was a Cold Stone that went out of business. I'm not sure what we were thinking, but we're like, 'it says for lease...let's give them a call.' We called the landlord and went to look around, noticing that all the bones were there for an ice cream shop.

There was nothing family-friendly in Laveen [where the original location is] at the time, and I had a 2.5-year-old daughter then. I was thinking it would be cool to have a place for daddy-daughter dates. I didn't realize at the time that owning a business for those dates would conflict because as soon as you walk in the door, you're in work mode, but I was still thinking somewhere family-friendly.

We did some research and found a Yahoo group – I know; I'm dating myself there – of independent ice cream owners. We reached out to a couple companies and got samples, then started talking to a guy out of Kansas City who told us 'you can make your own ice cream!'

There was a crash course in St. Louis that you can take, so we did that, then went to the guy's shop in Kansas City – he was awesome. He really helped. A few of our flavors are his recipes that he gave us to use as a foundation. We opened our doors in May 2009.

What was that like?

The first time I made ice cream was about a month before we opened. Funny story – I was trying to make the cookie



Nindi, Ava, Alia, Anders and Carissa Wadhwa

monster flavor. You take five gallons of milk and pour it into the machine to extract it. I pour the milk in, my wife is sitting there nursing our daughter. Well, there's an extract valve, and I forgot to seal the valve, so I poured it in and five gallons of milk went all over the floor of the shop. The first week was obviously a massive learning experience.

How does one make ice cream?

You can do it at home! You just need milk, cream and sugar. Add your flavor and freeze it. It's super easy – it's more about the ratios. We work with a dairy that makes the ice cream blend for us – milk, cream, sugar, stabilizer, emulsifier – and they've been with us for 14 years.

What does Scooptacular offer?

Ice cream, of course, which we make ourselves. We also do shaved ice – it's like kissing a snow angel! We shave the ice blocks and add flavoring on top. We do ice cream cakes, but they're all ice cream, no cake – two layers with crunchies in the middle. We offer shakes, sundaes, floats, puppy ice cream and cake pops.

How do you come up with the flavors?

Some of it is just things that inspire us. The other day, I was watching Food Network and they made a green curry ice cream. I'm thinking 'oh, I have curry paste in the fridge!'

It's really a team collaboration. We

have a production manager that loves playing with food, so she comes up with a lot of creations, but we play around. We also have customers that suggest flavors – chocolate covered strawberry was one made by a customer.

Where do you source ingredients from?

All over the globe. Our vanilla is a Madagascar bourbon blend. It's about finding the best possible ingredient to really make the flavor pop. Because we work with 14 percent butterfat-cream, you need a strong enough flavor to get it to shine and we've got people calling wanting to send us samples all the time. Whatever we can try, we try!

Has there been a flavor that didn't quite work out?

Oh yeah – we did a hot dog ice cream. It was disgusting. But it brought in a lot of traffic in. We had kids coming in as a dare to try it. It had chunks of hot dog with a ketchup and mustard trail through it – definitely a no [laughs].

That first year, we also did a Thanksgiving one that had turkey ice cream with sweet potato and cranberry. In the beginning it was not the greatest, but now we feature it every year, and in 2012 we had a national story on Thanksgiving morning because of that. We cook an actual turkey, take out the bones and soak them in the milk for a couple days and then strain it. You'd never know there's turkey in there if we didn't tell you!

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What is your favorite part of owning your own business?

First off is the team we have. Our manager, Josh, has been with us for six years. It's really cool just watching them grow and being part of their lives. The other aspect is just being part of the community.

When we opened our first store, the economy had tanked, crime was spiking... people thought we were crazy to open a shop. We wanted to be a beacon of hope, a place where you can walk in and take a break from reality. We got involved in the schools, figured out what we could do to help. The ability to make a difference is definitely a perk.

What's the most challenging part?

The pandemic was a challenge for us – we were able to stay open, but it was the pricing that got us. Labor costs went up; food costs went up; packaging costs went up. I remember one day we were down to our last sleeve of cups and I went online and found a manufacturer, but he was selling them for three times the cost.

I think the hardest part of the business is how to balance the costs. The amount of work, effort and return that go into owning a business is not what it's perceived to be.

What made you choose Arcadia for your second location?

We'd been wanting to expand for a while now and were



We wanted to be a beacon of hope, a place where you can walk in and take a break from reality.



searching the Valley. When this spot became available, we checked it out and noticed that Arcadia reminded us of Laveen in that it's got that small town feel. It feels like its own little community. Our whole MO is family-friendly and community-based, and this area is a great fit.

Outside of work, what do you enjoy doing?

Hanging with my family. My kids are 16, 14 and 9 and they're awesome. There's challenges but they're so fun to be around. My oldest will be in college in two years so that relationship will change. I want to maximize my time with them right now.

Do you think your kids will go into this industry?

Both of my girls want to go into the medical industry. What's tough is that the girls see behind the scenes – there's

always challenges of having your own business and they see a lot of that now, and see it being more of a turn off. They see both the positives and the negatives. Our son wants to be the next Amazon [laughs]. He's got an engineering mind.

What would you like readers to know about Scooptacular?

We're so much more than just ice cream. We're excited to serve the community and provide a great experience. Our core values are to be authentic and genuine.

What's next for the business?

We'd like to see store number three in the next few years. We'd love to open more locations, but also we're hoping to grow our wholesale side. There's so many spots in the Valley, but we want it to be a family-friendly area.

Xavier takes first and third in annual Illuminate Challenge

By Mark Hays

Solving global issues through student-lead projects – that's the aim of ASU's Illuminate Challenge, a scientific competition that saw a group of Xavier change makers winning first and third place.

The Illuminate Challenge is part of Arizona State University's Luminosity Lab, a project founded in 2017 and spearheaded by the school's president, Dr. Michael Crow, and the Director of the National Science Foundation, Dr. Sethuraman Panchanathan.

The program aims to integrate a range of scientific disciplines through student-led innovation. Small, loosely structured groups of students and academics develop new ideas focusing on innovation. According to its website, the lab's fundamental mission is to "be a leading global force in interdisciplinary innovation, powered by an exceptional community of thinkers and doers who blend youthful creativity with advanced expertise."

From this backdrop of science and collaboration comes the Illuminate Challenge, a yearlong scientific competition for Arizona students where teams attempt to tackle an issue assigned by the United Nations Sustainable Development Goal #9: Industry, Innovation, and Infrastructure.

Students drafted a 10-page written proposal and a video presentation for the first round. Two of the four Xavier teams participating in the semifinals were chosen for the final. In the semifinal round, the



Mackenzie Lopez, Sonya Colattur, Cara Schillinger and Abby Pearson with the winning innovation: the EcoPod.

students showcased their projects in a pitch to the judges and audience.

During the process, participants gain experience, develop teamwork skills, are mentored by ASU professionals and earn \$1,000 toward development. This year's final round consisted of a series of slideshow presentations, speeches and demonstrations to a panel of judges.

Abby Pearson, Mackenzie Lopez, Sonya Colattur and Cara Schillinger won first place for the EcoPod, a small movable garden with solar-powered irrigation systems, programmable sensors, and a built-in

composting machine that turns organic food scraps into soil.

The foursome plans to place the EcoPod in an elementary school to help introduce composting to younger generations. The winners were each given an iPad and Apple Pencil.

"The process of designing, prototyping, and constructing provided us with a supportive and competitive environment, which allowed us to grow in our technical skills and bond as friends," Pearson said.

The school's third-place team consisted of juniors Aku Baral, Sophia Herget,

Anna Johndrow, and Alexis Muirhead, who created a project called EcoDen. This sustainable solar-powered tent features a closed-loop cooling system and aims to offer shelter for homeless individuals.

"Watching my students excel and take first place in the ASU Illuminate Challenge is a testament to the power of diversity and the limitless potential within our field," Computer Science Teacher Leon Tynes said. "Their success showcases their talent and serves as an inspiration for future generations of young women pursuing careers in computer science and related fields."

“Meet Mrs.” *Ray Artigue*

Jessica McClain

The Summer Games of the XXXIII Olympiad will happen soon, and the whole world may be watching from the comfort of their homes. Jessica McClain doesn’t care to watch – she hopes to be there, competing for a medal.

Earlier this year, the 32-year-old Phoenix native ran the race of her life and placed fourth in the U.S. Olympic Marathon Trials. Her time of 2:25:46 – a personal best – made her an alternate to the marathon team and she will head to Paris to compete if one of the top three qualifiers withdraws.

“Our team’s gonna be a knockout,” Jessica predicted, “but I’ll be training hard, so I’m ready for August if needed. If not, I’ll be cheering for those three.”

Not content to sit and wait for her name to be called, Jessica has decided also to try to qualify for the U.S. Track & Field Olympic Trials in Eugene. Her mark of 31:35 punched her ticket to do so on June 29.

“It’s a bit of a long shot, but that’s what I thought about my chances in the marathon, and that worked out,” she said with a grin.

Jessica began running when she was 12 and has only improved over time. She was a local track star, racing

“*I love running through the neighborhood; it’s the best part of my day.*”

at Xavier Prep before competing in cross country and indoor/outdoor track at Stanford. There, she earned her bachelor’s and master’s degrees in communication and was a seven-time All-American.

She said it can be challenging to know just how hard it is to train for competitions – how to properly fuel and recover and also how to best hydrate during the actual race. She doesn’t have a coach and trains on her own. Jessica runs every day, beginning at 5 a.m. in the summer, but takes one day off every other week.

“It’s like having a part-time job, really,” she said.

Jessica ran professionally while living in Seattle until she returned to Phoenix in 2019. After her impressive marathon finish, Brooks Footwear re-signed her, and she represents them in the marketplace, competing with and speaking to community groups.

“It’s a perfect fit. They’ve shown me great support and understanding,” she said.

Her real job is serving as Executive Director of the Johnjay & Rich #LoveUp Foundation, a nonprofit that advocates for youth foster care. She also serves as Marketing Director of the #LovePup Foundation and is a freelance marketing consultant.

Jessica met her husband, Connor, at her cousin’s surprise birthday party in 2019 and the real surprise – only because she didn’t think she’d ever have time to date – was that they hit it off and married a little over two years later.

When she isn’t running, she likes to cook, hike, and spend time with her family, friends, and her rescue pup, Clyde.

“I always try to sprinkle in some fun with whatever



I do. Connor and I enjoy living in Arcadia, and I love running throughout the neighborhood; it’s the best part of my day,” she said.

Always on the move and juggling to fit everything into a schedule, she tries to remember the advice of her college coach, who told her, “Be where your feet are; be in the moment.”

Easier said than done for someone who is always on the run.

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Becoming a voice for four-legged friends

By Mallory Gleich

When Arcadia High sophomore Jordan Sucato was eight years old, she started volunteering at Luv of Dogz Fund, a nonprofit that provides advocacy and resources for rescued, abandoned and homeless dogs and those who care for them.

Jordan and her mom, Courtney, would donate their time helping out – and it was this organization and volunteer work that inspired Jordan to become a voice for animals by starting her own nonprofit.

Laws for Paws’ mission is “to be a voice for those who cannot speak for themselves,” and Jordan works to impact the lives of animals in need on a legislative and everyday level. The organization officially opened in 2024.

“I encountered numerous animals who had come from horrible situations,” she said. “What broke my heart was how sweet and gentle the dogs were. Witnessing and helping these animals is the sole inspiration behind my desire to ensure they are advocated for.”

Jordan worked with Senator John Kavanagh earlier this year to pass a bill prohibiting the sale of animal-tested cosmetic products. Although the bill did not pass, the duo plans to reintroduce it in

the next legislative session. In everyday settings, Laws for Paws cares for animals through fundraisers like Bear’s Boots.

One of the first projects for the organization – and an ongoing venture – Bear’s Boots donates dog booties to Dog’s Day Out AZ, a Valley-based nonprofit. Bear’s Boots got its name in honor of the family’s Belgian Malinois, who passed away in 2019.

“He was one of the best dogs I’ve ever had. He was sweet, funny and intelligent. I grew up training and playing with him; we would swim together, and he loved to dance,” Jordan said. “Bear passed away after a long battle with cancer. This fundraiser is being used to honor his memory.”

Bear’s Boots purchases the booties listed on Dog’s Day Out AZ’s wish list and prioritizes the boot size that is needed at the time.

“Upon receiving the boots, the organization creates care packages with items such as bottled water, dog bowls, food and toys. We then distribute these packages and boots to unhoused individuals and their pets,” Jordan said.

One of her goals is to expand Laws for Paws by starting a club at Arcadia so other



Dog’s Day Out AZ Founder Monique Burns Hebert with Jordan Sucato.

students can get involved. So far, Jordan and Courtney have donated over 400 boots and raised over \$6,000 for Dogs Day Out.

“They are a fantastic organization, and we are lucky to be a part of it. Founder Monique Hebert has expressed gratitude and excitement upon receiving the boots. She has repeatedly thanked me for the donations, and we are so happy to be able to support them,” Jordan said.

Bear’s Boots will continue until February

2025, allowing Laws for Paws to reach its goal of \$20,000 raised for Dog’s Day Out. Jordan hopes to eventually partner with organizations nationwide to provide relief.

“By 2026, we aim to have at least one partner in all 50 states,” she said. “Additionally, we hope to advocate for a complete ban on selling cosmetically tested products in Arizona, and hope this will happen during the next legislative session.”

lawsforpaws.org



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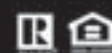


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Celebrating an AHS teacher's decade of dance

By Jennifer Marshall

Arcadia High's robust and successful Dance Program is led by teacher Tracy Puddy. Over the past 10 years, she has poured her heart into creating a space where students can express themselves and showcase their creativity.

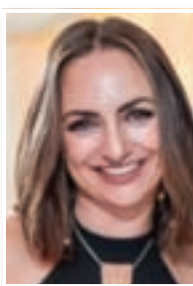
She started dancing at age two and said she's had a passion for it her entire life. After joining high school dance and pom teams, Puddy took the hobby a step further and started taking studio classes and choreographing for musicals.

"I decided to major in dance in college and became the director of my college dance company. One of my teachers, Leslie Miller, was trained by Fosse/Chet Walker, and she inspired me to continue in dance in some capacity," Puddy said.

She moved to Washington, D.C., in 2002 and was chosen to dance for Chita Rivera at the Kennedy Center Honors. When her now-husband moved to Phoenix, Puddy tagged along and started her own dance company, MarioCoDance.

"We had two successful seasons at The Herberger Theater before I decided to focus more on teaching," she said. "I started in the district at Coronado in 2013 and moved over to Arcadia in 2014."

When putting together upcoming shows, she finds inspiration from themes, music, movies and books that give her



Tracy Puddy

visions or inspire her to create – and then movement comes.

Puddy caters each piece based on dancer's personalities and strengths, making them inclusive to everyone on stage.

She works with the Scottsdale Unified School District and administration to gather funds for costumes and stage props.

In addition to running the program, she also takes the dancers on field trips to broaden and deepen their knowledge and experience of dance. In the spring, 40 advanced students traveled to Chicago where they explored various studios and learned the history of where some styles started. They participated in jazz classes at Gus Giordano's School, ballet at Ballet Chicago, hip hop at Rhythmhood Studio and contemporary at Joel Hall Dancers.

The students attended The New York City Ballet at Millennium Park and the Broadway show "Gloria Estefan's 'On Your Feet.'" They also did some sightseeing at Shedd Aquarium, the Field Museum, and went on the Skydeck at Willis Tower.

This year, Arcadia hosted the Scottsdale District Dance Festival, where all five high schools' dance programs participated in



PHOTO: TRACY PUDDY

Brooke Tessmer and Brittany Tirado perform at the Garden of Enchantment show, which debuted in May.

three classes and performed for family and friends at the end of the day.

"This was a fantastic time of support and encouragement to students and teachers in attendance," dance mom Sue Tessmer said. "As the Dance Guild President and a program parent for the past nine years, I can't say enough about Tracy Puddy and her hard work and dedication to these students."

All interested students are welcome to audition at the beginning of the year.

Depending on how they perform various styles, dancers are placed in a particular skill class: Dance 1, Dance 2, Dance 3, Advance Dance and Dance Company, which is Arcadia's performance ensemble. More than 100 students were involved in the program in 2023-24.

All members perform two shows during the year, in the fall and spring. Each level performs at least two pieces. Students can also audition for small group performances, duets and solos.

Education and fun rolled into one

By Tiffany Gonzalez

Prince of Peace Preschool played host to a variety of vehicles for its annual Transportation Day Parade. This event is a continued vision from the preschool's director, Sue Covey, in the early 1990s.

Transportation Day serves as a demonstration and celebration for preschoolers to learn about a variety of transportation modes that can be found on our streets, in our water, even above our heads.

"Sue invited other preschools and always ended the day with treats from an ice cream truck," Admin Assistant Hayley Pachman said.

This year, 17 different vehicles participated, including a motorcycle, dump truck, boat, the ASU 'Fanbulance,' and the students' favorite, the Positively Polar ice cream truck.

"The parade is only about 30 minutes long, and many of our teachers take the opportunity to make a lesson plan for the week educating students about the various types and methods of transportation," Pachman said.

The excitement for this occasion starts building months in advance, with Prince of Peace reaching out to parents and community members to request their participation. As the parade unfolds, students watch from the playground as vehicles make laps around the school grounds,



PHOTO COURTESY OF HAYLEY PACHMAN

This year, Prince of Peace saw 17 vehicles stop by for its annual Transportation Day parade.

with engines revving, horns honking, music playing, and participants waving. "It's fun to see little kids laughing and parents driving their favorite vehicle," participant Bonnie Tomlin said. "It's the one time of the year that my 1948 Overland Jeepster gets out of the garage and makes everyone happy."

"Some of the vehicles my kids enjoyed were the boat, trucks, 'fanbulance,' and especially the ice cream truck," parent Laura Denley said. "The kids got to see the vehicles at their school versus seeing them on the streets. They enjoy seeing family members involved because it makes them happy to have family at school."

Transportation Day also holds educational significance for young learners, according to Pachman.

"At Prince of Peace, our philosophy of education is that all learning is through play," she said. "Transportation Day encourages these concepts by building vocabulary and strengthening children's imagination."

Pachman explained that the children develop essential skills such as learning letters, number recognition, cooperation, and planning. Moreover, the event serves as a window into future career paths, inspiring children to see what jobs they could hold. Plus, the children love it.

"It's great seeing the kids' happy faces and to see how much fun they were having while watching the different vehicles pass by," parent JD Bushard said. "It was a fun event and we're already looking forward to next year's parade."

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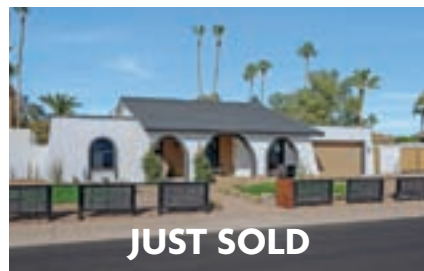
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Four Arcadia ladies take on the SCAR

By Sherry Sklar

Four local women took on a monumental challenge known as the SCAR Swim, a 4-stage open-water swim running 40 miles through four lakes in four days. The grueling competition was the ideal event for friends Susie Paul, Marnie Whitley, Dana Price and Kerston Corns.

Bound by their friendship and shared love for open-water swimming, they embarked on a journey that tested their endurance and drew on their camaraderie and personal resolve.

Held annually in April, the 40-mile SCAR Swim gets its name from the four Salt River Project reservoir lakes it goes through, in upstream order: Saguaro, Canyon, Apache, and Roosevelt. This year, there were 55 swimmers who signed up and lined up to tackle the largest open-water race in the state of Arizona.

Saguaro Lake is considered the warm-up swim at 9.5 miles. Up next is Canyon Lake – known as the coldest part of the swim – that spans nine miles. Apache is the longest stretch at 17 miles, and swimmers finish up with six miles at Roosevelt.

“I’ve participated in this event in some form or fashion seven times since 2014,” Paul said. “Each event is different, shaped by what’s happening in my life at the time. Swimming has been incredibly therapeutic for me.”

Whitley, who joined the swim a few years ago, agreed.

“I met Susie through the Phoenix Swim Club around 2021. I used to swim at the slow end while Susie was at the fast end,” she recalled. “She encouraged me to consider SCAR, and initially, I didn’t think I could do it, but her encouragement pushed me to try.”

Swimming has become a sanctuary for Paul, helping her navigate through traumatic experiences.

“Swimming SCAR helped me process PTSD after a near-fatal plane crash,” she said. “I swam all the anxiety away.”

Whitley echoed similar sentiments, saying



Dana Price, Susie Paul, Marnie Whitley and Kerston Corns.

she finds solace and joy in the open waters amidst breathtaking scenery and a supportive community. Each lake presents unique challenges, testing the women’s endurance and mental resilience.

“The relentless wind at Canyon Lake this year was particularly tough,” Paul said.

Whitley, who completed all four lakes, describes Canyon Lake as the most difficult, “But finishing all four lakes was an amazing feeling,” she said.

Safety is a significant concern for open-water swimmers. While there isn’t a designated area at some lakes, participants take precautions like staying close to shore and using safety buoys. They also protect their skin from the elements with copious amounts of Desitin (yes, the diaper rash cream). The triple-paste formula provides an effective barrier against the sun and wind.

Although the series is held in the landlocked state of Arizona, its origin story is connected to England. Kent Nicholas, a seasoned

marathon swimmer and native Mesa resident, went looking for a local stand-in to train for his upcoming English Channel Swim, which stretches 21 miles from Dover, England, to Calais, France, and is one of the world’s most challenging open water swims.

In preparation, Nicholas swam in Arizona’s SRP lakes, recreating the Channel’s conditions, including a night swim through Roosevelt Lake. This experience led to the creation of the SCAR Series in 2012.

In 2024, the event drew athletes from across the globe to Arizona waters. Its growth mirrors the broader evolution of open-water swimming, which has seen a surge in popularity, particularly among younger athletes.

“Marathon swimming has become a sport in its own right, attracting a diverse range of participants,” Paul said. “The SCAR Swim started with Kent’s vision and has become one of the world’s top open water swimming events.”

For those interested in testing the course, Price recommends starting with the Roosevelt Lake segment, which spans 6.2 miles.

“It’s important to begin slowly and gradually increase your endurance over time. A coach can make a significant difference in refining your swim stroke, maximizing efficiency, and preventing injuries,” she explains.

“Always be curious. Don’t be afraid to try new things,” Paul added. “The friendships and experiences I’ve gained are invaluable. I have met people from all over the world. There’s so much more to starting than just finishing.”

Susie, Marnie, Dana, and Kerston hope to inspire others to embrace challenges and pursue dreams. Their journey is a testament to the strength of belief and the unwavering support of friendship, showing that a journey of a thousand miles begins with a single stroke.

scarswim.com

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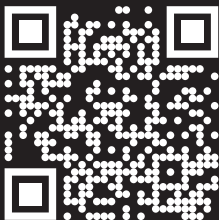
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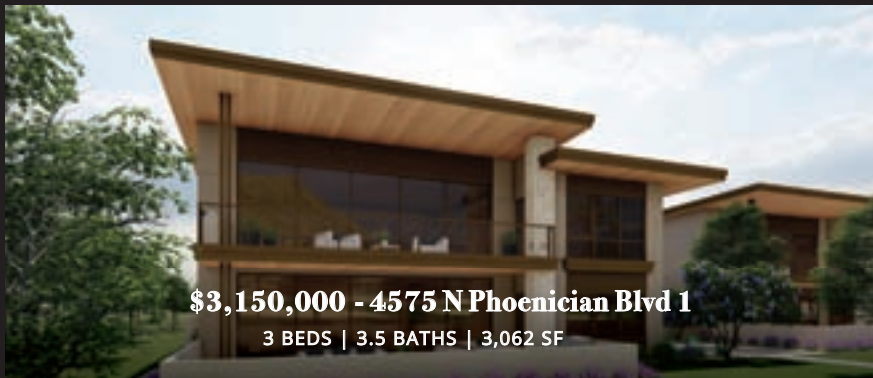
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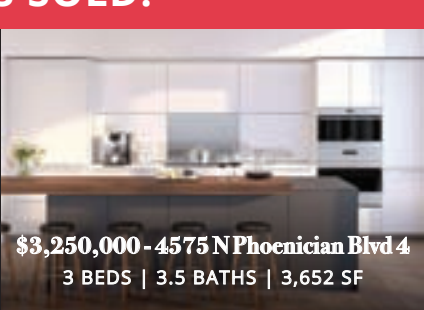
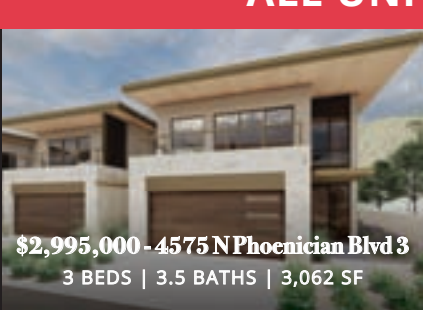
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THIS MONTH: KIDS EAT FREE!

This summer, treat the family to a night on the town while saving a few bucks! Here is a list of some – not all – eateries in the Valley that offer kids eat free deals.

Through July 31, kids can eat free seven days a week after 4 p.m. with the purchase of any size poke bowl at

Koibito Poke (4280 E. Indian School Road, Phoenix). The kid's menu includes one scoop of protein, one sauce, two toppings and a garnish. The kid's bowl comes with a small drink and dessert. Offer valid for children 12 and under.

koibitopoke.com

Manuel's Mexican Restaurant (2820 E. Indian School Road, Phoenix) offers a free kid's meal with purchase of entrée every Wednesday. On the menu is a cheese enchilada, bean burro, cheese crisp, mini tacos and more, served with a side and drink.

manuelstore.com

At **NYPD Pizza** (1949 E. Camelback Road, Phoenix), kids 10 and under eat free on Wednesdays and Saturdays with the purchase of an adult entrée. Items include pizza bites, chicken bites, spaghetti or mac n' cheese; drink and dessert included.

aznypdpizza.com

Pita Jungle (4340 E. Indian School Road, Phoenix) is bringing back the Kids Eat Free promotion every Tuesday in July. Kids 12 and under can build their own meal by choosing a grain or carb, a vegetable and a protein with a side of fruit and a kids-sized drink. Vegan, vegetarian and gluten-free options are available. Valid with purchase of an entrée.

pitajungle.com

From 3-6 p.m. daily – which coincides with happy hour for the grown-ups – kids can eat for free at **The Neighborly** (5538 N. 7th St., Phoenix). The menu includes pasta marinara, chicken tendies, crispy shrimp and more. Meals are served with fries, fruit and a treat.

theneighborlyaz.com

On Tuesdays at **Streets of New York** (214 E. Camelback Road, Phoenix), kids can eat free all day with the purchase of any dinner-sized salad, pasta entrée, sandwich or 10 inch or larger pizza. Kids can choose from spaghetti or ravioli, slice of cheese pizza, mac and cheese, and chicken strips with fries served with a drink. Offer valid through August 27 for children 12 and under.

streetsofnewyork.com

At **Cold Beers and Cheeseburgers** (3950 E. Indian School Road, Phoenix),

kids can enjoy cheeseburger sliders, a hot dog, a corn dog and more with the purchase of an adult entrée every Tuesday. Meals come with a drink and chips or fruit.

coldbeers.com

Through July 31, for **Los Sombreros** (2534 N. Scottsdale Road, Scottsdale) 'Los Amigos Rewards' members, kids 12 and under can eat for just \$2 all day, every day with an adult entrée purchase. Cuisine options include bean and cheese tacos, nachos and quesadillas.

lossombreros.com

WORTH THE DRIVE

Chompie's (4550 E. Cactus Road, Phoenix) offers free kid's meals with the purchase of an adult entree every Tuesday. Kids can pick from breakfast, lunch and dinner faves like pancakes, bagels, grilled cheese and hot dogs. Meals come with a side and a cookie.

chompies.com

Every Monday night, kids eat free at **Salt and Lime Modern Mexican Grill** (9397 E. Shea Blvd., Scottsdale) with the purchase of an entrée. Menu items include refried bean burritos, mac & queso, tacos, cheese quesadillas and chicken fingers and fries. The meal comes with a drink and a side.

saltandlimeaz.com

At **Famous 48** (8989 N. Scottsdale Road, Scottsdale), children 12 and under eat free with the purchase of an adult entrée on Tuesdays. The kid's menu includes mac and cheese, cheeseburger sliders and chicken tenders that comes with a small drink and a side of fries.

famous48.com

Kids are taking over Tuesdays at **Lakeside Bar & Grill** (9980 W. Happy Valley Pkwy., Peoria)! Kids eat free with the purchase of an adult entree – menu items include a cheeseburger, grilled cheese, corn dogs or chicken tendies, served with fries and a drink.

lakesidebarandgrillaz.com

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2023: Garrett, Katie, Riley, Parker and Frances Otondo at Glacier National Park.

2022: Henry McCarty (with Zane Gulick behind) at the Arizona Country Club.

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2020: Cole Krawczyk and Loki take in the views at Yellowstone National Park.

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Postino WineCafé



The Italiano



Lane Park

THE SCOOP

The Spot at Arcadia (4801 E. Indian School Road, Phoenix) has closed its doors to make way for a new (to Phoenix) concept. **Dirtbags**, a popular spot for the UofA crowd in Tucson, is making its way to Arcadia. The sports bar is slated to open in August. Stay tuned as we learn more! dirtbagsphx.com

Postino WineCafé introduced the second annual **Battle of the Bruschetta**, a summer-long, bracket-style competition between four limited-time recipes. This year's contenders are French onion, buffalo cauliflower, Philly cheesesteak

and berry mascarpone. Guests can order two competing flavors and vote on their favorite by texting "BATTLE" to 602-637-1510. Finals start September 1 and the winner is crowned September 16. postinowinecafe.com

This summer, the Maggiore Group has plans to open its latest concept, **The Italiano**, located at 90th Street and Shea Blvd. in Scottsdale. This will be the group's sixth concept in the Valley. theitaliano.com

A new ice cream shop called **skoop premium ice cream** recently opened next to Bicycle Haus at 7113 E. 1st Ave.,

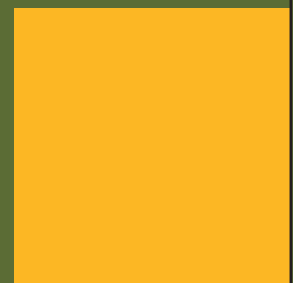
Scottsdale. Flavors include vanilla, double chocolate, peanut butter chocolate, caramel pecan, cookies and cream, coffee and more. The business also offers pupcups for the doggos – all money from those sales goes to the LovePup Foundation. skooppremiumicecream.com

The Ends (7137 E. Stetson Dr., Scottsdale) a restaurant inspired by the spirit of Anthony Bourdain's food travels, opened in June in Old Town. The eatery offers an eclectic menu led by Executive Chef Jordano Sessions – options include "Life Changing Biscuits" and "Tomahawk Tuesdays." The restaurant's private dining room, The Bourdain Room, offers

a family-style dining experience that incorporates the entire menu. endsrestaurant.com

Lane Park (7232 E. First St.), an upscale activity and dining experience, has opened in Old Town Scottsdale. Spanning 8,000 square feet, the concept offers a variety of games, like duckpin bowling, axe throwing lanes, ice curling and Sapo, a Peruvian coin tossing game. The menu, created by Chef Matt Hearn, includes items like chicken benders, spicy crab croquette, chef's mezze platter and more. Alcoholic and non-alcoholic beverages are available. lanepark.games

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For this third grader, it's always tee time

By Rachael Bouley

A renewed passion for golf is bringing plenty of fun opportunities to 8-year-old Julee Diaz, who is going into third grade at Great Hearts Veritas this coming school year.

Julee was in preschool when she first started swinging a club after watching her older brother take golf classes and lessons. She started playing competitively at the age of 5, participating at her first tournament in the US Kids Golf Phoenix Local Tour girls 8 and under group.

"She was a little discouraged playing with girls three years older than her, who could drive the ball much further than she could. She stopped until she wanted to try again at the age of seven," mom Cyndi Diaz said. "She played in the 2023 US Kids Golf Winter Tour and finished in the top 5."

The whole family was overjoyed with her success, and now Julee has fully embraced the junior golf circuit, regularly practicing at Papago Golf Club, Biltmore Golf Club, and in their backyard, where she chips over the pool onto the putting green.

Julee is a member of First Tee Phoenix and attends weekly classes in addition to lessons at the Biltmore with her golf coach, Tina Tombs, once a week. She is also a member of local golf organizations including First Tee Phoenix, LPGA Girls Golf of Phoenix, and PGA Jr. League, where she is playing for the Papago team this summer.

With events and tournaments every month, Julee stays busy on the course and is dedicated to improving her game. Her family said they are happy to see her having fun while chasing her golf goals, so much so that even after flying in from an overseas trip late on a Saturday night, she still wanted to take part in her First Tee tournament Sunday morning.



Julee (and her extra-large hat) took home first place at the LPGA Girls Golf Day Tournament.

What's extra special for the family is that Julee's older brother Gavin still plays golf and the siblings both participate in US Kids Golf and Arizona Junior Golf X3 tournaments.

"The whole family also likes to play when we have some free time on the weekends or when the kids have a day off from school," Diaz said.

Her parents said they are very proud of how far Julee has come. When Gavin first joined the Rising Stars program with Tina Tombs Golf, Coach Tina observed Julee's natural

swing at the range, encouraging her to hit more balls and eventually fall in love with the sport.

Julee then joined Rising Stars and started to practice and play more frequently, eventually moving up to train with older and more experienced kids.

With multiple first and second-place finishes in the First Tee Phoenix 7-10 age group and LPGA Girls Golf of Phoenix tournaments, Julee said she has gained confidence while navigating the challenges of the course.

She also got to test her skills as the family headed to Edinburgh, Scotland in May for the US Kids Golf European Championship. Julee was the only participant from Arizona and one of four girls from the US in the 8 and under group. She was five shots out of the lead after the first round and finished middle of the pack, placing 14 out of 30.

Later this summer, she will attend the US Kids Worlds 8 and Under Tournament in Pinehurst, North Carolina. As she strives for more competitions and achievements, her family will be there to cheer her on.

"We hope Julee continues to enjoy playing golf, loves the game, and overall goes out there to have fun and make new friends," Diaz said. "She has aspirations of playing golf professionally, and we will support her along the way."

Outside of golf, Julee enjoys math as her favorite subject and also likes to play softball and play outside with her dog. However, golfing has captured her heart, and she has her sights set on one day heading to the LPGA.

"I like playing the game, having fun, and making new friends," Julee said. "My favorite memories are when I play with my family and they tell me to always have fun, no matter how bad or good I am doing."

Phoenix Fire Department holds training sessions in Arcadia

By Sherry Sklar

In an inspiring collaboration, Spartan Luxury Homes recently offered one of its properties to the Phoenix Fire Department as a training ground, providing firefighters with a unique opportunity to enhance their skills in a realistic environment.

Firefighter Cameron Allen lives next door to a Spartan property that was slated to be torn down, so he contacted one of the project managers and pitched the idea of using the home for training.

"These exercises are crucial for us. It's like building muscle memory," Phoenix Fire Captain Shaun Dubois said. "You use it or lose it. These sessions help us stay sharp and prepare for emergencies."

Older homes in established neighborhoods like Arcadia provide an opportunity to train newer firefighters, so when Allen contacted Spartan Founder Jason Lockett, it was an easy decision.

"It's a house I've had for a while, and we were going to tear it down. So why not allow them to do what they do?" Lockett said. "I'm a huge supporter of these guys. They deserve all the appreciation the community can give them, so we were happy to offer the home."

Dubois explained that captains value having firefighters trained in simulated scenarios. This equips them with the knowledge and skills to handle challenges of older structures, ensuring readiness and effectiveness.

"By the end of the day, there were at least three or four different trucks, and different



Jason and Amy Lockett with the crew from Fire Station 11.

groups of firemen were gaining essential skills from the training," he said.

Multiple crews from Station 11 – around 10 firefighters – performed all the functions they would typically enact during a fire. Stringent guidelines and regulations on when and how to use training props mean no actual fires were set to the home.

"We set up supply lines, hooked up to the fire hydrant, and pulled hoses off our trucks. We put water into the hose lines and dragged them through the house, wearing all our gear. This included going upstairs, around corners, and over carpets, which added to the difficulty," Dubois said.

Training sessions lasted up to 90 minutes. Lockett and his wife, Amy, also

contributed by bringing their ice cream truck, Leo's Ice Cream, to help cool the firefighters off.

Dubois said he appreciates Spartan Homes' gesture, noting how such opportunities benefit the firefighters and the broader community: "Training in a real-life setting like this is essential for us. It's not just about the drills but about building confidence and skills that we can rely on during actual emergencies."

Lockett's motivation for offering the property extends beyond his role as a home builder.

"This is one of those opportunities where you feel you can give back. It's about contributing to the community and

doing so selflessly. I'm a strong advocate of this," he said.

The collaboration also underscores the value of acknowledging and supporting first responders.

"I come from a family of teachers and police officers. We should thank them more often: EMTs, police officers, teachers, and firefighters," Lockett said. "Just look around and see that these people are part of our community, and we expect them to be there when we call. I hope they always know they're appreciated."

"Knowing that the community supports us makes a significant difference. It motivates us to keep doing our best," Dubois said.

SCHOOL SUPPLY DRIVES NEED YOUR HELP

By Mallory Gleich

Every year, we cover local businesses and nonprofits who are organizing donation drives to ensure each student has the supplies they need for a successful academic year.



NOURISHPHX

nourishphx.org

When: NourishPHX accepts donations throughout the year. This summer, people can bring school supplies to the Arcadia News office until July 24.

Where: 3850 E. Indian School Road, Phoenix, Monday-Friday from 8 a.m.-4 p.m.

Needs: Backpacks, scissors, loose leaf paper, pencils, pencil cases, markers, highlighters, spiral notebooks, pens, folders, and index cards.

BACKPACKS 4 KIDS

bp4kidsaz.com

When: Ongoing

Where: 6819 N. 21st Ave., Phoenix or 1244 E. Kerry Lane, Phoenix. Tuesdays from 11 a.m.-12:30 p.m. and Thursdays 6-7:30 p.m. Donors can also schedule a pickup online.

Needs: Backpacks, pink erasers, pencil pouches and No. 2 pencils, highlighters, pencil sharpeners, crayons, colored pencils, folders, glue sticks, spiral notebooks, 1.5-inch binders. The organization is also collecting individually wrapped snacks.

ARIZONA FOSTER ALLIANCE

azhelpinghands.org

When: Throughout July

Where: Donations are accepted at the Phoenix Resource Center at 3110 E. Thunderbird Road, Phoenix, Monday-Friday from 9 a.m.-4:30 p.m.

Needs: School supplies are welcome, but Arizona Foster Alliance is also in need of clothing items – shirts, socks, underwear, etc. – and shoes for school-aged children. AFA's back-to-school shopping event will happen July 8.

BOYS HOPE, GIRLS HOPE

bhghaz.org

When: Through July 26

Where: 3443 N. Central Ave., Phoenix, or through its Amazon Wishlist.

Needs: Composition notebooks, 5-subject notebooks, 1- and 2-inch binders, dividers, mechanical pencils and leads, college ruled and graph paper, index cards, sticky notes, dry erase markers.

JEWISH FAMILY & CHILDREN'S SERVICES

jfcasaz.org

When: Through July 15

Where: 4747 N. 7th St., Phoenix from 8 a.m.-5 p.m.

Needs: Backpacks, index cards, rulers, spiral notebooks, pocket folders, crayons, markers, blunt-tip scissors, highlighters, erasers, pens, pencils, etc. JFCS will also accept donations of hygiene products like body wash, shampoo/conditioner, hand soap, socks, toothbrushes and toothpaste and deodorant.

STUFF THE BUS 2024

aztv.com/stuffthebus

When: Through July 6

Where: Through the website or at participating Desert Financial Credit Unions (there's one at 2500 N. 44th Street).

Needs: Backpacks, glue, construction paper, markers, crayons, pens, pencils, flash drives, notebooks and loose leaf paper, etc.

PHOENIX RESCUE MISSION

phxmission.org

When: Through July 24

Where: 2515 N. 34th Dr., Phoenix, Monday-Friday, 7:30 a.m.-3:30 p.m.

Needs: Composition notebooks, backpacks, pencil sharpeners, pens, pencils, markers, crayons, colored folders, spiral notebooks, lined paper, glue sticks, highlighters, etc. PRM will host a back to school event on July 27 to hand-out backpacks, supplies, shoes and uniforms to the community.

DUET

duetaz.org

When: Through July 8

Where: 10000 N. 31st Ave., Phoenix, Monday-Friday, 9 a.m.-4 p.m. or via Amazon Wishlist.

Needs: Sharpies, Post-its, pens, folders, spiral notebooks, fidget toys, backpacks, lunch bags, water bottles, erasers, colored pencils, markers and tissues. The nonprofit will also accept donations of new clothing and shoes.

SOUTHWEST HUMAN DEVELOPMENT

swhd.org

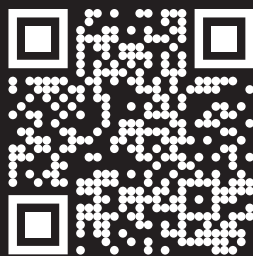
When: Through July 22

Where: SWHD recommends donating through the website.

Needs: Backpacks, spiral notebooks, pencil boxes, scissors, glue sticks, pencils, colored pencils, crayons, pens, rulers, dictionaries, rulers, binders, planners, highlighters, etc.



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Veritas graduate recognized with award for good citizenship

By Rachael Bouley

It's been a big year for Kishan Bhatnagar, who not only ended his final year of high school as valedictorian but was also awarded the Good Citizens Award by the Daughters of the American Revolution (DAR).

The DAR Good Citizens Committee presented Kishan with this award following his compelling essay, *A Duty to Act and Love*, in which he wrote about the importance of doing what is right and remaining respectful of one another, even during disagreements. The Arizona State Society DAR judges were impressed by his essay on building a brighter future for America by working together and embracing civic responsibility.

"DAR is a women's service organization founded in 1890 and based in Washington, DC. Its main objectives are to promote historic preservation, education, and patriotism," Schulz explained. "It consists of women who can prove direct lineage to men and women who served on the patriot side in the Revolutionary War."

The Good Citizens Award essay contest started in 1934 and recognizes outstanding high school seniors who exhibit the qualities of good citizenship in their homes, schools and communities.

"Kishan received extremely high ratings from all three judges. He is an outstanding individual who represents a great hope for the future of this country," Barbara Schulz, Arizona State Chair of the committee, said.



Barbara Schulz, Arizona State Chair of the DAR Good Citizens Committee, Kishan Bhatnagar, and Sallie Béraud Lovorn, Arizona State Regent, at the 2024 awards ceremony.

There are two ways to receive an award within the Arizona State Society DAR. At the chapter level, a school may select one student per year for recognition, with the winner receiving a pin, a certificate and sometimes a monetary award. These students may choose to submit an essay on a particular subject to be considered for further awards, such as the Good Citizens Award, which three judges decide.

Kishan's essay was chosen out of seven submissions for this year's honor, which considers criteria like dependability, service, leadership, and patriotism – all core values of DAR.

Kishan founded the Veritas Peer Tutoring Organization to help fellow students succeed and also served as captain of the cross-country team and a member of the Student-Athlete Advisory Committee for Great

Hearts Academies. While at Veritas, he was part of the Elite Chorale and participated in the Arizona High School Leadership Academy and Arizona Boys State simulation of state government, which inspired his Good Citizens essay.

"My teachers nominated me for the local award, and then I filled out an application and wrote a two-hour timed essay to win the Good Citizen Award," Kishan said. "I think I was so tired after the essay that I didn't expect to win, so I was definitely surprised and honored when it happened."

This was not the only award bestowed upon Kishan this year. Veritas Prep's athletic director presented him the AD award for student-athlete leadership. He also received the Ronald Reagan Presidential Foundation and Institute Medal for Leadership and earned an Iron Man medal for competing in school sports over three seasons.

"My essay reflected on the basic principles of service and how it was the foundation of freedom in the United States," Kishan said. "I strive for my life to be one focused on serving the community and making positive changes because that's one of the most gratifying feelings to have."

He will continue his academic journey at Barrett Honors College at Arizona State University this fall.

arizonadar.org

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An experience to remember lies in this northern Arizona town

If you're looking for something special, out of the ordinary, or even magical, then Williams, AZ might be your destination. A small town nestled in Ponderosa Pine country, Williams was one of the last Route 66 communities

to be bypassed by Interstate 40 in 1984. As a result, this quaint northern town could have become a pit stop between Flagstaff and the Grand Canyon but instead blossomed into a must-see, all-season destination.

In addition to the charm of the well-preserved Mother Road running right through the middle of town, Williams offers activities for all ages, like the

Grand Canyon Railroad, Bearizona, and Canyon Coaster Adventure Park. When you are done getting your kicks on Route 66, you may want a place for some well-deserved rest and relaxation.

Welcome to Sheridan House Inn, a



PHOTOS: ROBIN SEWELL

The Sheridan House Inn in Williams offers add-ons like charcuterie boards, celebratory flowers and curated dinners.



hidden gem just a few blocks away from Route 66. Despite its proximity, it feels like a world away, nestled in a peaceful forest. Guests have described it as a place where stress melts away, thanks to the attention to detail from the moment they arrive. Each room is a cozy haven, filled with special touches like luxury linens that adapt to the season, plush towels, and delightful treats, making your stay a truly memorable experience.

Debbie Santy and her husband, Mark, are the innkeepers of this picturesque property. They fell in love with it and decided to leave their corporate life in Colorado behind. Mark was an architectural engineer with a passion for food, and the Sheridan Inn gave him the space to take his passion to a new level.

One of the big things they offer regarding food is choice. Breakfast and dinner are offered, and there are four options for each. There's always something sweet, something savory, something American Southwest, and a healthy choice.

Unlike a traditional B&B, Sheridan House serves dinner on Tuesdays, Thursdays, Saturdays, and Sundays for an added charge. On the nights they don't serve dinner, you can purchase what Debbie and Mark call an Art-Cuterie Board. It's like a typical charcuterie board with meats, cheeses and crackers, except this is bigger and includes everything from shrimp to dessert. They also offer picnics for two, rose arrangements, chocolate-covered strawberries, a balloon bouquet, and customized options. What

also makes this getaway unique is that it is for adults only.

Debbie and Mark believe every stay is an adventure waiting to unfold, and each guest is seeking something different from the Sheridan House Inn. This unique philosophy and desire to help guests create that special experience also inspired them to curate an itinerary and create special moments guests will always remember.

Williams is known as the gateway to the Grand Canyon – and what could be more comforting after seeing one of the world's greatest natural wonders than coming back and being treated like family with a personal chef while enjoying a little slice of heaven in the pines?

sheridanhouseinn.com

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EMERY LANE
HOMES & DEVELOPMENT

Helping young entrepreneurs launch businesses from "Scratch"

By Lauren Geiser

Arcadian Brandon Clarke has embarked on a new venture to empower the next generation of business owners. Whether it be a sidewalk lemonade stand, birthday party planning, lawn mowing or babysitting, Clarke has developed a new app to fully equip young entrepreneurs with the tools to manage and grow a successful company from the ground up.

"I grew up in an age where you mowed lawns and delivered newspapers. You did things that were available until you were old enough for a part-time job, usually fast food or the grocery store," Clarke said. "I think this next generation is the most entrepreneurial. They are very curious about digital marketing and social media. They want to think of ways to make their own money."

The app equips kids at any stage with the tools to market their businesses to new customers. The app's main feature guides users in developing a website to promote their services. Users can customize the service, set availability, design a logo and select a color scheme. A helper icon is shown throughout the dashboard to guide users in case they get stuck.

The Scratch Mentor, an AI tool built within the app, helps users generate a description.

One of the standout features is its



PHOTOS COURTESY OF KATE BYARS

Scratch owner Brandon Clarke offers young entrepreneurs a chance to learn more about the ins-and-outs of starting a successful business.



financial management tool. Entrepreneurs can easily track their income, expenses and profit margins. This instills financial literacy and provides valuable insights into the mechanics of running a day-to-day business.

"I'm very inspired by creating opportunities where kids can get exposed to an ownership mindset. I think when you do it early, it propels them into what they will do in the future," Clarke said.

Scratch also addresses safety concerns by

eliminating the danger risk when knocking door-to-door for business leads. All customer messages are processed through the app, so users do not need to give out their phone numbers or information to customers. Before messaging the business, all customers must have a registered account.

Clarke also created an interface that grants teachers and educators access to the app. His advice to new users? Be bold and take risks.

"Be comfortable putting yourself out

there," he said. "Use your network – family, neighbors and friends to spread the word. If your first idea doesn't work out, try something else. Don't get discouraged. All great entrepreneurs that we hear about and make movies about have faced setbacks before finding success."

This app empowers entrepreneurs to turn their ideas into reality by providing the necessary tools and resources to successfully run a business.

startscratch.co

And the Historic Preservation Excellence Award goes to...

By Sherry Sklar

Scottsdale's official historian, Joan Fudala, was recently honored with the prestigious Historic Preservation Excellence Award by the Grand Canyon Chapter of the Daughters of the American Revolution (DAR). Fudala's contributions to preserving Scottsdale's heritage are celebrated as invaluable to the community's historical legacy.

The Grand Canyon Chapter of DAR, established in 1983 and headquartered in Scottsdale, champions patriotism, preserves American history and supports children's education. DAR members are spread across the globe, exceeding one million since its founding 130 years ago. The chapter's Historic Preservation Excellence Award celebrates individuals who excel in preserving genealogical records and enhancing community heritage.

Fudala has contributed research to two notable projects, both recognized with Arizona State DAR Historical Markers. In 2022, she researched and provided letters of recommendation for the Scottsdale Grammar School #2, home to Scottsdale Artists' School. Her research was crucial in memorializing the Roald Amundsen Pullman Car at the McCormick-Stillman Railroad Park in 2023.

Fudala gave her remarks to an audience of more than 60 who attended the ceremony at The McCormick Scottsdale. DAR's Historic Preservation Chair, Gera King, chapter Regent Stephanie Troth, and former



PHOTO COURTESY OF GERA KING

Historic Preservation Chair Gera King, Scottsdale Historian Joan Fudala, Grand Canyon DAR Regent Stephanie Troth and former Scottsdale Mayor Sam Campana.

Scottsdale Mayor Sam Campana presented her with a framed Certificate of Award and a pewter medallion.

DAR members share a deep connection with the organization's mission; many are long-standing members.

"Historic preservation has been a love since my early childhood. Leading this committee as a member of this women's service organization perfectly aligns with my interests. Other members can also be involved with historic preservation, education outreach, or patriotism projects, which may resonate with them," King said.

Her insights reveal why they thought Fudala, a community advocate and engaged preservation volunteer, was a top choice for the award.

"Meeting and working with Joan has been a delight. Finding a professional who is still passionate about her decades-long work means a great deal. She has never steered us wrong in our projects. She has a strong and sure voice concerning Scottsdale's history," she said.

Discovering a deepening interest in historic preservation in the 1990s while working in public affairs and communications, Fudala's

passion for local history developed into a full-fledged consulting business spanning over three decades. Although Arizona is a relatively young state, she emphasizes the importance of cherishing and safeguarding its heritage.

"My favorite part of being a historian is meeting the people, hearing the stories, and delving deeply into the nooks and crannies of research. You don't always know where it will lead. It's a process of discovery," she said.

The historian has a vast archive to draw from, having authored seven books, produced over 300 articles and videos, and contributed a column in Scottsdale Airpark for 23 years. She also contributes to the Scottsdale Public Library's historical archive and is invited to lecture at various venues throughout the Valley.

"By preserving our history, communities like Scottsdale can ensure that future generations understand and appreciate their heritage," Fudala said. "One straightforward way for individuals to engage is by exploring old photo albums. Through this, valuable insights and source materials may emerge. Additionally, many institutions eagerly accept contributions of photos and documents for digitization, enabling community members to actively preserve local history."

arizonadar.org

Summertime – let's hydrate!

Staying hydrated during the summer months is crucial for maintaining energy levels, supporting bodily functions and preventing heat-related illnesses. When the temperature rises, our bodies lose more water through sweat, making it essential to replenish fluids regularly.

To make hydration more enjoyable and flavorful, consider incorporating fruit-infused water and herbal teas into your routine. Adding citrus fruits, berries, cucumber, or fresh herbs like mint and basil to your water can enhance its taste, encouraging you to drink more. Herbal teas like hibiscus, lemon balm, and raspberry leaf served cold offer a refreshing and hydrating alternative to sugary beverages. In addition, consume hydrating foods such as watermelon, cucumbers, strawberries and leafy greens. These foods have high water content and provide essential vitamins and minerals.

Try this watermelon mint cooler:

Plant-based Wellness



BY MIRIAM HAHN

Owner of YouCare-SelfCare, a private wellness practice specializing in plant-based lifestyle and disease prevention.
youcare-selfcare.com

- 2 cups of seedless watermelon, cubed
- A handful of fresh mint leaves
- Juice of 1 lime
- 1 cup of cold water or coconut water
- Ice cubes

In a blender, combine watermelon cubes, mint leaves, lime juice, and cold water and blend until smooth. Pour over ice and garnish with mint. Below are three more yummy summer recipes!

Join my membership for recipes, health videos and live Zoom cooking classes for only \$10 a month.

Blue Zones-inspired potato salad SERVES 8



Ingredients

- 3 lb. bag of Yukon gold potatoes (don't peel if organic)
- 2 cups green beans cut into 1" pieces (or use asparagus)
- 1 lemon, zest and juice
- 1 tsp. dijon mustard
- 1 tsp. salt
- 1 tsp. oregano
- 1 cup halved grape tomatoes
- ¼ cup olive oil
- ½ tsp. pepper
- ¼ fennel bulb, sliced
- ¼ red onion, sliced
- ½ cup pitted green olives
- ½ cup pitted black or kalamata olives

Directions

1. Put potatoes in water and bring to boil. Once boiling, cook for 11 minutes (check to make sure they are almost done), then add green beans and cook one more minute. Drain.
2. While potatoes are cooking, mix together lemon zest, lemon juice, olive oil, Dijon, salt, oregano and pepper.
3. When potatoes are done, drain and quarter (or cut smaller if the potatoes are big) and add to a large bowl. Pour over the dressing.
4. Add the grape tomatoes, fennel, red onion and olives and toss.

Grilled corn salad & lime vinaigrette SERVES 6



Ingredients

- 4 ears of corn
- 1 tbsp. avocado oil
- 2 chopped romaine hearts
- 1 cup halved grape tomatoes
- ¼ cup sliced red onion
- 1 large, chopped avocado (make sure it's on the firmer side)
- ¼ cup dried cranberries

Lime vinaigrette

- 3 tbsp. olive oil
- 2 tbsp. lime juice
- 1 tsp. salt
- ½ tsp. pepper

Directions

1. Preheat the oven to broil or grill to high heat.
2. Place the corn on a baking sheet and brush it with a little avocado oil and shake on salt. Cook for 15 minutes, turning frequently to char all sides. If you're grilling, place corn directly on the grates and cook until all sides are charred.
3. Add lettuce to a large bowl.
4. When the corn is done, hold each cob vertically in the bowl and remove the kernels with a knife into the bowl.
5. Add tomatoes, red onion, avocado and dried cranberries.
6. In a small bowl combine the olive oil, lime juice, salt and pepper.
7. Pour dressing over salad right before serving and toss.

Patriotic popsicles SERVES 6



Ingredients

- 1 cup chopped strawberries
- 1 large banana (no brown spots)
- ¾ cup canned coconut milk + 1 tbsp.
- ½ tsp. blue spirulina

Directions

1. Blend strawberries with one tbsp. of coconut milk and pour into the bottom half of six popsicle molds. Freeze for two hours.
2. Blend the banana with ¾ cup coconut milk and pour into the molds to fill another third. Save the remaining mixture in the fridge for the next step. Freeze for two hours.
3. Add the spirulina to the remaining banana and coconut milk mixture and fill molds to the top.
4. Put in popsicle sticks and freeze overnight. Run under warm water to remove from the molds when ready to serve.



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DID YOU KNOW? YELLOWSTONE

HOW MANY?

720K

Yellowstone Museum houses more than 720,000 items, including 30 historic vehicles, millions of archived documents, and more than 20,000 books, manuscripts and periodicals.



HOW BIG?

3,472 SQUARE MILES

Yellowstone encompasses over two million acres. It's larger than Rhode Island and Delaware combined!



HOW BIG?

449 FEET

The tallest active geyser is Steamboat Geyser in Yellowstone National Park. During the 80s, it erupted at intervals between 19 days and four years. There were periods in the 1960s when it erupted as frequently as every 4-10 days. Its maximum height ranges from 197–377 feet tall, but its largest measured eruption on record was 449 feet in July 2020.



WHY THE NAME?

People might assume that Yellowstone got its name from the yellow colors seen in the park. However, the name stems from the sandstone along the Yellowstone River in eastern Montana, which is several hundred miles downstream and northeast of the park.



FUN FACT: At Yellowstone's "bear shows," (held from about 1890 until World War II), visitors would come and watch black and grizzly bears eat the park's garbage. There were even bleachers for the event!

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DID YOU KNOW? YELLOWSTONE

YELLOWSTONE FACTS

Yellowstone National Park was established in March 1872.

It is the world's first national park.

Around 290 waterfalls can be found throughout Yellowstone's 2.2 million acres.

The park spans three states: Wyoming, Idaho and Montana.

There are more than 10,000 hydrothermal features in Yellowstone.

The four types of thermal features are geysers, hot springs, mud pots, and fumaroles.

Yellowstone is home to more than 500 active geysers – more than half the world's.

One of those, Grand Geyser, is one of only a handful that are "predictable," meaning scientists have a solid idea of when they will erupt.

Yellowstone Lake freezes each winter and begins to thaw in late May or early June.

It has 141 miles of shoreline and is the largest high elevation lake in North America.

Yellowstone is home to more than 65 species of mammals.

Over 280 species of birds can be found there.

There are more than 1,800 known archaeological sites within the park.



WORD SEARCH



DELAWARE
DEMON
DRAGON
ERUPTION
FUMAROLE

GEYSER
GRIZZLY
MONTANA
NATIONAL
PARK

STEAMBOAT
THERMAL
VOLCANO
WATERFALL
YELLOWSTONE

SAY WHAT?

BEWARE OF DRAGONS AND GHOSTS

With areas named Demon's Cave, Devil's Gate, Coffin Spring, Black Dragon's Caldron and Skeleton Pool, Yellowstone may leave a spooky impression on visitors. Inside a cave at Mud Volcano, visitors have reported hearing mythical creatures – dragons, to be specific – lurking in the depths. The noises actually come from a hot spring known as Dragon's Mouth. Gasses and steam create pressure bubbles that explode against the roof of the cave, creating a booming and gurgling noise that might sound like the growling of a dragon from deep within.



Ghostly formations appear in the park when the weather turns cold, but not to worry! The "ghosts" only show up when hydrothermal steam covers the trees. Water droplets from the steam freeze, encasing them in a ghostly coat of what is known as "rime ice."



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FOR MORE: EDITOR@ARCADIANEWS.COM

Former Sun Devil becomes new athletic director at ASU

By Kylie de Best

Ever since Graham Rossini was four years old, he's been immersed in baseball. He played throughout school, eventually becoming part of the Sun Devil team in college while earning an MBA and a bachelor's in business management. After graduating and spending 25 years in the industry, his path veered toward a managerial aspect: Rossini is now Arizona State University's athletic director.

This new role includes managing all 26 sports, hiring head coaches and finding ways to generate revenue from ticket sales.

"Everything good that has happened to me has happened because of ASU. Having a leading role and enriching my experience and the experiences of other students here is a dream come true scenario," Rossini said.

While in this position, he wants to focus heavily on football and men's and women's basketball and find ways to improve the fan experience as the school advances into the Big 12 this fall. He also finds relationships and

connections between coaches and athletes crucial to success.

"One of my biggest goals is to focus on championship outcomes and motivating student-athletes to success and graduation," Rossini said. "Some of the best athletes in the world are from the university, with numerous Sun Devils in the Olympics, and I would love for them to showcase their experience."

He also looks forward to other successful athletes sharing their stories and why they chose ASU. Rossini has been in numerous other leadership roles involving sports.

He worked with the Diamondbacks for 13 years with his wife Alison, where he served as vice president of unique projects and fan experience while Alison worked with corporate partnerships.

He said that one of his biggest accomplishments thus far was creating the D-backs Give Back Youth Jersey



Graham Rossini

Program, which provided more than 70,000 free caps and jerseys to little league teams in the Valley. In 2021, he became the senior associate athletic director for ASU and helped with the corporate partnership with Mountain America Stadium.

Rossini moved to Arcadia in 2018. He said he loves the sense of community, which reminds him of his hometown in Mobile, Alabama. The Rossini family has a couple connections to the school – Alison is a former Sun Devil volleyball player, and his children have grown into fans as well. Rossini hopes they will continue the

legacy and attend ASU in the future.

Rossini has high expectations for his work in the coming years.

"I am looking forward to throwing an awesome game day and having an entertaining product at ASU while focusing on those who support us," he said.

Veritas junior/senior rivalry boasts two winners

By Maggie Powell

For the past six years, Veritas Prep has hosted two annual sports games for the junior and senior classes that have two motives – to raise money for charity, and to have a great time. This year, the classes raised over \$1,200 for Phoenix Children's Hospital while both the boys' and girls' teams battled to be the winners.

THE GIRLS

Veritas junior and senior girls played in their annual flag football match, known as the Powderpuff.

Leading up to the game, each team practiced for a month with its coaches, made up of juniors and seniors who play varsity football for Veritas. The practices consisted of drills, scrimmages, conditioning and stretching. The seniors won the Powderpuff last year, and were confident they could do it again.

The seniors scored first with a touchdown, but the juniors weren't deterred, especially after McKenzie Perrault caught a long throw from quarterback Taylor Nicks, which quickly tied up the game.

With the score at 7-7 during the first half, things were heating up on the field.



Funds made from the Powderpuff and Powderbuff games were donated to Phoenix Children's Hospital.

Players got more physical, and a few penalties were called against the seniors, bumping the juniors further up the field until senior Maddie Lucas snatched their hopes away with an interception returned for a touchdown.

At the end of the first half, the seniors led

14-7, and the score stayed there until late in the second half.

With just five minutes left in the game, Maddie scored again, extending the seniors' lead to 21-7. However, the juniors were not giving up. On a fourth down, with hopes dwindling, McKenzie made a daring rush of 60 yards, evading numerous close tackles, to score a crucial touchdown for the juniors.

The crowd erupted in cheers, and the players sprinted to the end zone to celebrate – but the game wasn't over. The seniors still had some time left on the clock.

The celebrations switched sides as the seniors scored their fourth touchdown, sealing the victory with a final score of 28-14.

THE BOYS

The Veritas girls weren't the only ones having fun for a good cause this year, as the senior boys played indoor volleyball against the junior class for the Powderbuff game, held in May.

After the defeat of the Lady Falcons in the Powderpuff, the junior boys wanted a victory to avenge the girls. The boys played

two out of the three sets, with the seniors – despite having fewer players – emerging victorious in both.

The first set displayed resilience and determination from both teams. The lead bounced between the seniors and juniors, each refusing to back down. The seniors eventually pulled away with a considerable lead, but the juniors did not give up.

They managed to narrow the score to a few points. After a long rally for the last point, the seniors won 25-23. After a short break, the second set began. The seniors came out strong and took the lead, 7-0. The juniors added a few points to the scoreboard, but the seniors had the momentum to keep scoring. Frustration was evident on both sides as players began to tire. The second set ended with a score of 25-16.

With previous wins from both the junior and senior classes at the Powderpuff and buff tournaments, next year it's anyone's game – but one thing is for sure, both the juniors and seniors are sure to bring their best!

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This is how I spell summer: I-C-E C-R-E-A-M

Inspiration to do or make something comes from all reaches of our surroundings, yet at times the mind remains stubborn and doesn't pick up on the tiniest of clues. Sometimes we find ourselves a tad intimidated by the thought of stepping out of our comfort zone. Here's the incentive: Summer is upon us, our A/C units are roaring like lions, and we're shifting toward cooler foods and desserts.

I came upon an old photo of my partner sharing his ice cream cone with our dog Barkley. This photo ignited my inspiration – this is what summer is all about: ice cream. If you're anything like me, there's nothing that feels better than reminiscing about the times and places where eating ice cream was the height of daily activities.

I spent years enjoying summer camping trips at Apache Lake. After dinner dishes got cleared, time was spent outdoors. The sky was pitch black, making the



twinkling stars magically bright. How blessed we felt when we caught a glimpse of a falling star soaring across the sky while in the background the electric ice cream maker hummed away. I'll never forget visit upon visit to the now closed Haagen Daz Shop at

Biltmore Fashion Park. My favorite flavor was vanilla ice cream infused with honey.

Recently one of my grandchildren revealed the simplicity of making ice cream. "Gram, it only takes two ingredients ... milk and sugar and then everything goes in the freezer." With a few minor tweaks, he was spot on. Don't get me wrong, many store-bought versions are fantastic, while some are highly processed using additives, gums and preservatives to make their consistencies firmer.

Homemade versions should never be crossed off the 'Must Try List.' Half the fun of making ice cream comes from the freedom to use a plethora of ingredients. Whether your inspiration comes from William Sonoma's "Desserts of the Day" or magazines such as *Food and Wine*, there are endless sources that will excite your inquisitive side.

Summer is the perfect time to pull out the ice cream machine and begin thinking about the world of chopped fruits, nuts, zest and candy bits. Let's drift toward thoughts of s'mores, pistachio, mango and chocolate ice cream. If you have a garden or citrus trees, think lemon basil, strawberry and apricot ice cream. Twirl your summer dress a few times and get sassy ... add cinnamon, espresso powder, rum or maybe a splash of Grand Marnier to the blend.

I'm a Cuisinart girl. Their ice cream machines are straightforward to use, and with a few minutes of chopping prep beforehand, a tasty ice cream presents itself in no time. Most ingredients are stocked in our kitchens without needing to rush to the grocery store at the last minute.

Consider this basic recipe:

- 2 cups of _____ (fill in the blank)
- 2 tbsp. water
- 1 ½ cups of half and half
- 2/3 cup superfine sugar
- Pinch of salt
- 1 cup of heavy cream
- 1 tsp. pure vanilla extract

Rinse and cook diced fruit over low heat until tender. Let cool and puree slightly. In a small saucepan over medium heat, warm the half and half with the sugar. Stir until dissolved. Let cool. Stir in the puree, heavy cream and vanilla. Transfer to a container to chill in the refrigerator for about three hours. Within 15 to 20 minutes a soft serve consistency will present itself. If you want a firmer ice cream, transfer everything into an airtight container and freeze for a couple of hours. Pour the mixture into a stainless-steel or copper bowl and place it in the freezer and mix every hour or so. The more times you repeat the freezing and processing, the smoother the resulting mixture will be.

July's cookbook recommendation:
"Vanilla" by Janet Sawyer

July's novel recommendation:
"The Violin Conspiracy" by Brendan Slocumb

July's recipe: Homemade ice cream

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Titan Times

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JULY 2024

From the students of Arcadia High School

Campcadia: A valuable experience for incoming freshmen

By Amelia Guzman

Are your teens worried about starting high school? The adjustment from middle to high school can be a little jarring, especially if students are going in with no knowledge of how the whole system works. Well, Arcadia has a way to ease some of their anxieties – Campcadia, a program that takes place this year on July 29 at Arcadia High. The event is just one way for students to calm their nerves when it comes to starting high school.

Campcadia allows incoming freshmen to talk to rising seniors about the Arcadia High experience. The camp takes place from 8 a.m.-2 p.m., modeling a semi-regular school day. Future students will be given a tour around the campus.

Amongst other activities, a mini club rush will also be held during the day. Current students will have tables displaying information about the various clubs Arcadia offers, allowing future Titans to learn about what clubs and activities they might join when school starts in August.

The program's main goal is to make acclimating to high school easier for future freshmen by allowing them to learn about their classes and what extracurriculars they can participate in. They also get to meet other incoming freshmen – their future classmates and potential new friends.

The cost of the camp is \$40 and includes lunch and an Arcadia t-shirt. Pay can be taken care of online or in person at the Arcadia office. Registration for the camp closes on Friday, July 26. Learn more at arcadiapto.org.



Let's make this one a sustainable summer

By Maya Campbell

Summertime in Arizona is the time of year when everyone has one goal: get to the water. The season – and time off school – is defined by lake trips, pool parties, tanning with friends, and of course, the beach. One of the most important parts of vacations and summertime events is making sure that we keep our areas clean – for the next beachgoers and the next generation.

The textile industry has been known for large amounts of waste often ending up in oceans and lakes. Synthetic fabrics, like polyester and nylon, make up most of the swimsuits people own and wear.

These fabrics are made entirely of plastic, and the waste of manufacturing them can add to the micro and macro plastics present in the oceans. That is why shopping sustainably for swimsuits is more important than ever.

The brand SoSo Swim has quite a few options to choose from – in lots of vibrant summer colors. Best of all, they make every swimsuit from discarded fishing nets and other waste present in the ocean. They also donate one percent of sales to Healthy Seas, an organization that collects fishing nets to help keep our oceans clean.

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Buying sustainable swimwear and clothing is a good way to keep the oceans clean and carbon emissions low, and help make sure that summer stays summer.



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