

ARCADIA NEWS

VOL. 30 NO. 12

ARCADIA • BILTMORE • CAMELBACK CORRIDOR

MARCH 2023



SEE INSIDE!



DON'T FORGET YOUR GREEN

The St. Patrick's Day Parade and Irish Faire is celebrating 40 years and bringing back the fan favorites.

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A COUPLE OF ACES

AHS sophomore Vessa Turley and her partner won two national and international titles back to back.

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Joyce Clark and her horse have been long-time participants of the Irish Parade and Faire in Phoenix. And don't worry – the green coloring is safe for the horse!

PHOTO COURTESY OF JEFFERY ASPLAND



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EDITOR'S NOTE

One of my New Year's resolutions for 2023 was to put down the phone, walk away from the computer, and shut off the television. Are you sensing a theme? I've been trying to limit my screen time – and even though I'm using a screen to write this note, I'm happy to report that I've been doing a great job so far! How are your New Year's resolutions holding up?

March is the perfect month to get outdoors and enjoy all of the things our neighborhood has to offer – farmer's markets being one of those things. We've got a list of Valley farmer's markets inside this edition and a spotlight on a new business that promotes checking in with your mental health and wellness.

Of course, it wouldn't be a March edition without a shout-out to March 17. This year's "Greenest Day in the Desert" is brought to us by the St. Patrick's Day Parade and Faire, an event celebrating 40 years in the Valley.

We also checked in with one of Arcadia's favorite mailmen, Robert Emery, who kicked off his 2023 with a winning submission to the Tucson Film Festival for his film "Bottled Up Poison."

Arcadia News is happy to present the 2023 *Arcadia Home & Design* edition, where readers will find stories about mocktails, spring cleaning and The Shady Dell, a trailer court that transports guests to the past – with a little present mixed in. We are so excited to share it with you.

Keep an eye out for next month's edition. We'll be sharing the *Arcadia News* Summer Camp Guide with some fun stuff going on this summer. Happy March, and thank you for reading Arcadia News!

Mallory
— Mallory Gleich



ARCADIA'S PETS

Our new column celebrates the furry, fuzzy, four- or two-legged pets that take over our hearts – and sometimes our couches. Meet a few of Arcadia's Pets!



1. Riley is a 13-year-old chocolate lab that I rescued at nine months old. She has been a therapy dog for many years until recently retiring at age 12. She visited hospitals, schools, hospice and her favorite was volunteering at the airport. She loves to hang out in the front yard and watch traffic and people pass – I can leave her there for hours!

— A. Fogarty

3. Our Boston terrier, Gunner, is 11 years old. We got him at nine weeks old, when our daughter was in preschool. He has been her sleeping partner since, as no one else can sleep with him because he snores! He loves to walk around the house with his football and try to keep up with our 4-year-old Boston terrier. People laugh because he snorts and sounds like a pig. He puts a smile on our faces every day.

— B. Buckler

2. This beautiful girl is Karma. Karma is a three-year-old Doberman pinscher. We met her when she was only four days old and immediately fell head over heels. She knows many tricks, including how to whisper. You can often find us walking in the neighborhood in the late afternoon.

— A. Hosack

4. My name is Nigel Riley. I am a 4.5-year-old mini-labradoodle. I have lived in the Arcadia area since I was adopted at eight weeks old. I have two human sisters who I love a lot. They walk me all over to see the sights and visit with my friends, Autumn, Finn, Llave and Sweetpea.

— E. Florance

UPCOMING THEMES:

APRIL

Outdoor / Camp Guide

MAY

Celebrating Moms

JUNE

Summer

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"May your blessings outnumber the shamrocks that grow, and may trouble avoid you wherever you go." – Irish blessing



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Would you like to share your pet? Send a photo and a description (50 words max.) of your pet to editor@arcadianews.com. Include your pet's name and age, along with any fun facts about them you'd like to share. All animals are welcome!

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Arcadia Real Estate Stats

2023 HOPI SCHOOL DISTRICT SALES RESULTS

(1/01/2023-1/31/2023)

Active Homes -	85 homes
Homes Sold -	11 homes
Average Sale Price -	\$1,506,326
Average Sold \$ Per SF -	\$652
Average Days On Market -	108 days

There is currently 4 months of home inventory. (based on 2022 sales results)
2023 home sales have decreased 45% this year. (based on 2022 sales results)
2023 home prices have decreased 39%. (based on 2022 sales results)
2023 \$ Per Square Foot prices have decreased 3%. (based on 2022 sales results)
2023 homes are taking 60% more time to sell. (based on 2022 sales results)

2023 TAVAN SCHOOL DISTRICT SALES RESULTS

(1/01/2023-1/31/2023)

Active Homes -	55 Homes
Homes Sold -	6 Homes
Average Sale Price -	\$1,104,000
Average Sold \$ Per SF -	\$503
Average Days On Market -	66 days

There is currently 4 months of home inventory. (based on 2022 sales results)
2023 home sales have decreased 57% this year. (based on 2022 sales results)
2023 home prices have decreased 10%. (based on 2022 sales results)
2023 \$ Per Square Foot prices have increased 0%. (based on 2022 sales results)
2023 Homes are taking 39% more time to sell. (based on 2022 sales results)



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WHAT'S HAPPENING, ARCADIA?

BRIEFS

Save the date for the annual **Arcadia Neighborhood Meeting**, happening Saturday, March 18 at 8:30 a.m. in the gym at Prince of Peace Church, 3641 N. 56th St. At this year's meeting, the ACMNA membership will vote eight Board nominations. The following board members are up for re-election: Kim Pangolos, Michael Phillips, and Scott Zielinski. Coffee and bagels/pastries will be served.

acmna.org

The seventh annual **Arcadia Cares: Food for Kidz Packathon** is back and scheduled for March 3 (late afternoon) and March 4 from 8 a.m.-2 p.m. at Prince of Peace Lutheran Church, 3641 N. 56th St., Phoenix. The community is welcome to volunteer to help pack meals for underprivileged families. Sign-up is open.

popphoenix.org

Mark your calendars! The 11th annual **Rescue Rinse** is happening on Saturday, April 1 from 9 a.m.-12 p.m. at ReThink Agency, 4714 N. 44th St. Bring your pups for a bath benefitting Almost There, A Mom + Pup Rescue. ReThink will provide water, organic shampoo and treats for any dog family that stops by. Pet parents can enjoy coffee and pastries. There will also be a silent auction to help support the cause. Washes are \$20 minimum donation.

rescuerinse.com

Also in April: The **Team Taylor Arcadia Family Fun Run** happens April 2, 2023, at 8 a.m., starting at 48th St. along the canal. At the 11th annual event, participants will run, walk or wheel their way through Arcadia in remembrance of Taylor Cosmas and other children who lost their lives to SIDS. Proceeds benefit Phoenix Children's Safe Sleep & Home Safety Program. There will be an after-party and awards at O.H.S.O. Registration is \$45.

teamtayloraz.com



The Egyptian Motor Hotel in the 1950s (left). The resurrected hotel includes new signage.



Local Board Real Estate, Arcadia Tennis Shop and **Look Lab Med Spa** have opened their businesses under one roof on the southwest corner of Indian School and 36th St.. Local Board offers advisory services to buyers and sellers in Arcadia and beyond. Arcadia Tennis Shop offers tennis apparel, and Look Lab is a medical aesthetics business that offers Botox, fillers, micro-needling and more.

localboard.net, looklab.com,
arcadiatennisshop.com

Banner Health Center plus opened in Arcadia at 44th St. and Camelback in February. Specialty care includes orthopedics, general surgery, vascular surgery, endocrinology, gastroenterology, obstetrics/GYN and bariatrics. The 70,000-square-foot, two-story building has 60 exam rooms, six infusion bays and a separate entrance for urgent care.

bannerhealth.com

A new, fast-casual breakfast joint has opened in Arcadia. **Freshly Laid**, located in the Gaslight Square complex on 36th St. and Indian School Road, serves specialty breakfast sandwiches, coffee and juice.

getfreshlylaid.com

Uptown Plaza is hosting outdoor events every Saturday in March. **Spring into Uptown Plaza** features a flower arranging class led by AJ's Fine Foods on March 4, acoustic live music by Serena Nicolle Music on March 11, arts and crafts for kids and yoga led by Sweatshop on Central on March 18. Flower Child will provide lemonade and

dessert. Guests must register for the flower arranging class and yoga in the courtyard.

uptownplazaphx.com

Originally opened and run in the 1950s, the **Egyptian Motor Hotel** was officially resurrected and opened at its original spot, 765 Grand Ave., Phoenix, in February. The renovated hotel features 49 retro modern rooms, a pop-up food truck turned brick-and-mortar called Chilte, a cocktail bar and outdoor entertainment venue.

egyptianmotorhotel.com

The Saguaros (formerly the 20/30 Club) have kicked off team fundraising for The Olympiad, one of their yearly fundraising events. They will open up their grant application process for nonprofits interested in applying in 2023. The Saguaros – a group of 50 professionals under the age of 40 – have been raising money for children's charities since 1987. In 2022, the organization donated nearly \$1.3 million to 48 children's charities in Arizona.

saguaros.com



A new cocktail room debuted in February – hidden behind the curtains of Wren & Wolf in downtown Phoenix. There's one catch: no phones or photos are allowed! **Trophy Room** encourages guests to be fully present while enjoying interactive decor and cocktails for 90-minute seatings.

bestcocktailbarphoenix.com

WEDNESDAY 3/1

The Glass Menagerie

7:30 p.m. at the Herberger Theater Center, 222 E. Monroe St., Phoenix. Considered by many to be Tennessee Williams' greatest play, The Glass Menagerie is a poetic portrayal of a family on the brink of change that kicks off Arizona Theatre Company's 2023 lineup. Narrator Tom will explore the "complex web of love, longing, loyalty, and constraints that bind families together." Tickets are \$25-\$90.

atc.org

FRIDAY 3/3 – SATURDAY 3/4

McDowell Mountain Music Festival

Gates open at 3 p.m. on Friday, 2 p.m. on Saturday at Margaret T. Hance Park, 1202 N. 3rd St., Phoenix. The McDowell Mountain Music Festival is a two-day event featuring more than 20 musical acts, including Maggie Rogers, Jamie xx, Polo & Pan and Toro y Moi. There will be food trucks, activities, an art installation, and a vendor marketplace. Proceeds from the concert benefit three local charities. Tickets range from \$75 to \$200 with VIP packages available.

mmmfn.net

SATURDAY 3/4

M7 Street Fair

11 a.m.-5 p.m. at the Melrose District, 7th Ave. from Indian School Road to Campbell. The 20th annual event features over 200 local and independent artisans, food trucks, live music, a farmers market, activities for kids and a craft beer garden. Patrons can also enjoy Chester's Classic Car Show, with over 100 classic antique and vintage cars, trucks and hotrods. This event is free for all ages.

melrosemerchantsassociation.com

Camp Patrick Gala

5:30 p.m. at Papago Golf Club, 5595 E. Karsten Way, Phoenix. The Camp Patrick family invites guests for the 5th annual Under the Stars Gala. This year's theme is Wild Wild West – come dressed in your best western attire and enjoy dinner, drinks, a silent auction, a live auction and a short presentation about Camp Patrick. Tickets start at \$225.

camppatrick.com

SATURDAY 3/11

Cocktail Carnival

9 p.m. at Walter Where?House, 702 N. 21st Ave., Phoenix. Arizona Cocktail Weekend is here, which means the 11th annual Cocktail Carnival is back in action. Guests can enjoy an immersive experience, held inside a "giant indoor adult playground," to sample various drinks and live music. Ticket price includes premium drink samples; \$60 for general admission, \$90 for VIP. This is a 21+ event.

arizonacocktailweekend.com

St. Patrick's Day Parade & Faire

10 a.m. at Margaret T. Hance Park, 67 W. Culver St., Phoenix. This St. Patrick's Day, head downtown and catch all the festivities – starting with a parade on 3rd St. and Oak. There will be marching bands, dance performances, bagpipes and decked-out floats. Afterward, head to the Irish Faire to find live music, entertainment, food and drinks, a vendor market, and activities for the kids. Admission is \$12.

stpatricksdaysphoenix.org

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WHAT'S HAPPENING, ARCADIA?



McDowell Mountain Music Festival in Phoenix.



St. Patrick's Day Parade & Faire in Phoenix.

SATURDAY 3/11

Art d'Core Gala

5 p.m. (VIP) or 6 p.m. at Park Central, 3141 N. 3rd Ave., Phoenix. The 10th annual Art d'Core Gala: Rays of Light is a celebration that showcases artists who contribute to Arizona's creativity and community. Honorary Chair Oscar de Las Salas invites guests to enjoy visual, performing, fashion, culinary and musical works at Park Central. Ten artists will be on-site sharing their talents. Tickets are \$125 for general admission, \$350 for VIP.
artlinkphx.org

Phoenix Wounded Vets Run

9 a.m. starting at Harley Davidson of Scottsdale, 15656 N. Hayden Road. Community members are invited to ride (or drive!) to show support for local wounded veterans at the 9th annual Phoenix Wounded Vets Run. There will be a breakfast before the event kicks off. Attendees will ride to the Roadrunner in New River. Registration is \$25 per rider or \$40 for a couple, and proceeds benefit the Phoenix Wounded Vet nonprofit.
theyfoughtweridenational.com

All Things Equal – The Life & Trials of RBG

7 p.m. at the Madison Center for the Arts, 5601 N. 16th St., Phoenix. In this one-night show, Supreme Court Justice Ruth Bader Ginsberg welcomes a friend to her chambers to convey, over 90 minutes, her life and its many trials: being one of nine women studying law at Harvard while also raising a daughter and helping her husband battle cancer, fighting for women's rights, taking a stand for human rights. You might laugh, you might cry! Tickets start at \$35.
themadison.org

SATURDAY 3/11 – SUNDAY 3/12

Arizona Aloha Festival

10 a.m.-5 p.m. at Tempe Beach Park, 80 W. Rio Salado Pkwy. Celebrate the Hawaiian culture at the 29th annual Aloha Festival. This event will feature all things Hawaiian, Tahitian, Samoan and other South Pacific cultures. Guests will enjoy dancing, musical performances, food, drinks, arts and crafts, activities, and raffles/prizes. This event is free.
azalohafest.org

SATURDAY 3/18

Phoenix Flea

10 a.m.-5 p.m. at Heritage Square, 115 N. 6th St., Phoenix. Phoenix Flea is "not your typical flea market," according to the founders. This event is a modern market showcasing Arizona's makers, curators and beyond. Guests can check out small businesses showcasing handcrafted goods, fine art, curated vintage, modern fashion and design, and food and beverages. Tickets are \$12 per person.
phoenix-flea.myshopify.com

Sippin' Series

7 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. Second St. Hosted by the Republic National Distributing Company, the Sippin' Series events focus on educating guests about wine, beer and cocktails. And this month is all about St. Patrick's Day, as guests will be able to try various themed cocktails, light snacks and good conversation – and chances are one of the drinks will be green! Tickets are \$50.
scottsdaleperformingarts.org

SUNDAY 3/19

Phoenix Police Foundation Honor Run/Walk

Time and location vary. Show support for the Phoenix Police Department's officers lost in the line of duty by participating in the Honor Run/Walk.

Attendees can pick the spot – based on where 41 Memorial Markers are placed – and run or walk one or five miles. While at the memorial, participants are encouraged to take photos and share them online. Registration is \$35.
phoenixhonorrun.org

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WHAT'S HAPPENING, ARCADIA?



Animals After Dark at the Phoenix Zoo.



Floral Make-and-take at FOUND:RE Phoenix Hotel.

FRIDAY 3/24

Animals After Dark

6 p.m. at the Phoenix Zoo, 455 N. Galvin Pkwy. This year's cirque-style show features acrobats and performers – but transports guests to the 1970s, where “everything was just a little groovier, baby.” The show follows two friends on an adventure of juggling, dancing and aerial acrobatics. There will also be animal meet and greets, commemorative photos, and food and drinks available for

purchase. Tickets are \$100 per person, and this is a 21+ show.

phoenixzoo.org

FRIDAY 3/24

Floral Make-and-take

7 p.m. at FOUND:RE Phoenix Hotel, 1100 N. Central Ave. Spring is here, and that means new spring décor – and flowers! Guests are invited to a flower arrangement class hosted by Sophie's Florals, featuring instructions and tips on creating and caring

for an arrangement. Registration is \$79 and includes materials and a tutorial.

foundrehotels.com

SATURDAY 3/25

Veritas Music Festival

4-9 p.m. at Veritas Prep, 3102 N. 56th St., Phoenix. The 5th annual Veritas Music Festival happens today. Guests can come out and enjoy various student-run and professional performers and bands and even win prizes with their raffle drawing. Food and drinks will be available for purchase. Tickets are \$5 per person or \$20 per carload.

veritasprep.greathartsamerica.org

Arizona State Card Show

11 a.m. at the Phoenix Convention Center, 100 N. 3rd St. Also happening on Friday and Sunday, the 5th annual Card Show will feature hundreds of tables of sports cards, collectibles, memorabilia, gaming cards, coins, comics, Funko-Pops and more. There will also be autographs and authentication services, with food and drinks available for purchase. Tickets are \$7.50 per day or \$20 for all three days.

collectiblesoncollege.com

Arizona Wine Month Grand Festival

11 a.m. at Steele Indian School Park, 300 E. Indian School Road. In 2022, March was designated as Arizona Wine Month. Now, folks can celebrate with award-winning wines from across the state, live music, food trucks and a local artisan vendor marketplace. General admission tickets are \$35 per person and include a commemorative wine glass with eight wine-tasting tickets.

azwinegrowersassociation.com

Bubbly Brunch & Shop

11 a.m.-2 p.m. at WAYLA Studios, 3743 E. Indian School Road. Brought to you by the KNOW Women organization, attendees can enjoy a pop-up market with wares from local female makers and creators, a brunch board and cash mimosa bar by Benedict's

Catering, a 360-photo booth, lounges, and a DJ. Members of KNOW Women are in free, tickets for non-members are \$30. This event will benefit the YWCA.

theknowwomen.com

SUNDAY 3/26

Arcadia Auto Rama

8-11 a.m. at Hopi Elementary School, 5110 E. Lafayette Blvd. The 5th annual Arcadia Auto Rama is here. Exhibitor registration is currently open for those who would like to be in the show; entries include cars, trucks, tractors and specialty vehicles. It costs \$20 to register, but there's no admission for spectators. Trophies will be given out for Best in Show – People's Choice and Best in Arcadia – Judges' Choice.

acmna.org

FRIDAY 3/31

Rooftop 2023

6 p.m., at Mountain Shadows Resort, 5445 E. Lincoln Dr., Paradise Valley. Homeward Bound, a Phoenix-based nonprofit dedicated to serving families experiencing homelessness, will be honored at this year's Rooftop fundraising event. Guests can enjoy gourmet food, craft cocktails, a spirit and wine pull, a raffle, rooftop dancing and live entertainment from local band The Hamptons. Individual tickets start at \$300.

homewardboundaz.org

The Princess Bride

7:30 p.m. at the Orpheum Theatre, 203 W. Adams St., Phoenix. Fencing, fighting, revenge, monsters, true love and miracles – all themes of the cult-classic film, *The Princess Bride*, which will be shown at the Orpheum with a little help from The Phoenix Symphony. Movie-goers can watch the film while the symphony performs the entire musical score along with the show. Tickets are \$54-\$102.

phoenixsymphony.org



Sunday, March 26, 2023 – 8 a.m. to 11 a.m.

Hopi Elementary School

5110 E. Lafayette Blvd., Phoenix AZ 85018

Details at www.ACMNA.org/events

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International Buyers...*How Common Are They?*

Over the past decade, Oleg and I have personally sold over 800 homes in the Phoenix area. This high volume of sales has given us a very intimate look at the types of buyers that are transacting in our local markets. While the locals have always been the dominate buyer profile, we have seen periods of time where other buyers step into the market.

From 2009 - 2014, we saw Canadian buyers who were eager to buy up properties as investments. During that time, the Canadian Dollar was at par with the U.S. Dollar, but as their currency began to pull back so did their eagerness to buy. Similarly, from 2020 - 2022 we saw people from all over the country rush to buy in Phoenix as a Covid destination. It didn't matter if it was Spring or Summer, the California buyers were coming here non-stop. While we are still seeing a lot of buyers from the Northwest and Midwest, that too is starting to fade as people return from remote work and the market normalizes.

The biggest misperception of some sellers is how many buyers are coming from international lands. In over 800 transactions, we have only seen three buyers from outside of North America. One from Switzerland, one from Australia, and one from South Africa. Our listings have been featured in the Wall Street Journal and are syndicated to over 70 countries worldwide, but we don't lead with this as our main sales pitch like many others do because the proof is in the numbers. Your biggest exposure needs to be on the main platforms such as Zillow and Realtor.com along with a strong local presence from an agent that knows how to get deals done.

The majority of our sales still come down to good old fashioned hard work. We are constantly sitting open houses, communicating with our clients, and networking with our colleagues to put deals together. Being sold on the pipe dream that your home will be sold through international exposure is more wild than thinking you will get abs in 8 minutes. In the end, it takes agents who are willing to work and spend to achieve your goal.

Anyone can syndicate your listing to the world (that is free), but few have the ability to curate a custom marketing plan for your home like we do. If you would like to chat about the marketability of your home, please reach out. We will be here when the time is right!

Tucker Blalock

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OUT OF THE AREA, BUT WORTH THE DRIVE

FRIDAY 3/3 – SATURDAY 3/4

Beer, Bourbon, BBQ and Bands Festival

4-11 p.m. Friday, 12-11 p.m. Saturday, at Dr. AJ Chandler Park, 3 S. Arizona Ave., Chandler. This inaugural festival is hosted by Pedal Haus Brewery and SanTan Brewing Company and will feature multiple barbecue food trucks, seven bands, and – of course – plenty of drinks to be had! A portion of the proceeds will benefit the Downtown Chandler Community Partnership. Tickets are \$20 for Friday, \$25 for Saturday.

pedalhausbrewery.com

SATURDAY 3/4

Scottish Games

9 a.m.-6:30 p.m. at Gilbert Regional Park, 3005 E. Queen Creek Road. You don't have to be Scottish to join in at the 58th annual Scottish Games. Check out challenges like the sheaf toss or the hammer throw, learn about the Scottish clans of Arizona, watch traditional live performances and hear Scottish tunes. There will also be a food court and a vendor market. Tickets are \$25 for adults, and kids under 10 in free.

phoenixscottishgames.com

FRIDAY 3/10

Cave Creek Sculpture & Wine Festival

10 a.m. at Stagecoach Village, 7100 E. Cave Creek Road. Thunderbird Artists, in partnership with the Sonoran Arts League, presents the Thunderbird Artists Cave Creek Sculpture & Wine Festival, the first in Cave Creek's iconic Stagecoach Village. Guests can enjoy fine juried art, sample various wines, spirits and microbrews, enjoy festival food and hear live music. This festival is happening on Saturday and Sunday, too! Tickets are \$5.

thunderbirdartists.com

SATURDAY 3/11

Irish Fountain Fest

11 a.m.-5 p.m. at Fountain Park, 12925 N. Saguaro Blvd., Fountain Hills. Join the town



King in Concert: An Elvis Tribute at the Chandler Center for the Arts.



The Good Life Festival at Schnepf Farms in Queen Creek.

of Fountain Hills as they shamrock the hills with the Irish Fountain Fest, where guests can find a kid's zone, traditional Irish folk dancing performances, Celtic rock bands, food trucks and a beverage garden. Guests can witness the 560-foot emerald green fountain launch into the air at noon. This event is free.

experiencefountainhills.org

THURSDAY 3/16 – SUNDAY 3/19

Ostrich Festival

10 a.m. at Tumbleweed Park, 2250 S. McQueen Road, Chandler. Have you ever seen how fast an ostrich runs? If not, this event is giving you a chance. The 32nd annual Ostrich Festival has national and local entertainment, various carnival rides, food trucks, a petting zoo and animal races. Tickets are \$30 for adults, \$20 for kids.

ostrichfestival.com

FRIDAY 3/17

Carefree Fine Art and Wine Festival

10 a.m.-5 p.m. at 101 Easy St., downtown Carefree. Take the day, relax and stroll

through more than 165 juried fine arts displays. Artists from the U.S. and abroad will be on-site showcasing their paintings, sculptures and photography while guests sip domestic and imported wines. For \$15, patrons will receive a commemorative wine glass for various tastings. There will also be live musical entertainment. Tickets are \$4.

thunderbirdartists.com

Antony + Cleopatra

7:30 p.m. at the Mesa Arts Center, One E. Main St., Mesa. A Roman general. The Queen of Egypt. What could go wrong? This production shares the story of Antony and Cleopatra as they defy the emperor, share a love story, and ultimately meet their fates. Tickets start at \$30.

mesaartscenter.com

SATURDAY 3/18

Bands and Brews by the Beach

11:30 a.m. at London Bridge Beach, 1340 McCulloch Blvd., Lake Havasu City. What more do you need on a sunny March day? The second annual Bands and Brews festival invites guests to enjoy three local bands, various food trucks, and plenty of sips in the sun. Tickets are \$40 for general admission, \$65 for VIP.

havasuchamber.com

SUNDAY 3/19

King in Concert: An Elvis Tribute

3 p.m. at the Chandler Center for the Arts, 250 N. Arizona Ave. Victor Trevino, Jr., a world-renowned Elvis tribute artist, will celebrate the king in his early years. Victor starred in the Ultimate Elvis Tour and was the first prize winner of Graceland's 2022 Ultimate Elvis Competition – which means he's got the moves down pat. Enjoy songs we all know and love! Tickets start at \$24.

chandlercenter.org

SATURDAY 3/25

Barbeque & Beer Festival

2 p.m. at Tumbleweed Park, 745 E. Germann Road, Chandler. Presented by KNIX, Arizona's largest BBQ event is back. This year features music by Chris Janson, Craig Morgan, Hailey Whitters and Conner Smith, plus over 30 pitmasters serving delicious eats. There will also be a beer garden, non-alcoholic drinks, vendors and activities for the kids. General admission is \$55, VIP is \$350.

forty8live.com/chandlerbbq

SATURDAY 3/25 – SUNDAY 3/26

The Good Life Festival

2 p.m. at Schnepf Farms, 4810 E. Rittenhouse Road, Queen Creek. It's all about enjoying yourself at the 12th annual Good Life Festival. Guests can sample a variety of wine, beer and bourbons. There will be multiple lunch options and a vendor shopping market. This year's musical acts are Kansas, Blue Oyster Cult, Steve Augeri Band, 1964 The Tribute and Kenny Loggins. Sun, fun, food and music are all on the menu! Tickets start at \$50.

thegoodlife fest.com

Mesquite Festival

10 a.m. at Veteran's Park, 3435 Verde Road, Golden Valley. Mesquite Weekend is a two-day permaculture event where guests can find a mesquite pancake breakfast, a blind mesquite whiskey tasting, a vendor marketplace, workshops with Bullhead City Master Gardeners and the Arizona Mushroom Society and a kids' zone with games and activities. Tickets start at \$10.

gvmesquiteweekend.com

Have an event or brief?

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Grand Canyon

Always make sure to get the window seat

One day, about mid-afternoon, while in an airplane flying some 35,000 feet above the surface of the Earth, I was fortunate enough to get a window seat well back of the wing. About halfway through the journey, I looked down, and there was Greenland. It was a spectacular image, an abstract of swirls and contours. Immediately, I asked a flight attendant if it was all right to take photographs and, after getting approval, unleashed my camera to begin snapping.



The Lowe Road

BY SAM LOWE
A former Valley newspaperman who now writes about his travels across Arizona, the U.S. and the globe.

Good luck was with me. It was a brilliant, sunshiny day, and the landscape below was an etching in black and white as the snow-covered land gave way to gorges and rivers. I aimed and clicked more than 50 times before the scene faded away.

Since then, I have made every effort to get a window seat, but it's not easy in these days of assigned seating. And acquiring a window spot away from the wings so it affords a good view of the ground below, is also a hit-and-miss proposition.

However, through kismet and good seat assignments, I have captured a

substantial photographic assortment of what I call "The Aerials." The pictures range from the Grand Canyon to the Chicago skyline to the glaciers of Alaska. And the Salton Sea in California. The world's third tallest fountain in Arizona, a forest fire over Colorado and farmlands in Ohio.

They reflect the changing landscapes, from rugged mountains to river channels to the flatlands, and each of them is a sort of symmetry, undisturbed by the clutter of their earthly surroundings.

My favorites are Mount Rainier, taken when the pilot flew alongside the iconic Washington peak rather than fly over it, and a sunrise over Iceland.

There's not much involved in acquiring aerial shots, but two factors are key. First, get a window seat well in back of the wing. Second, make certain that it's okay to take photos. There was a time when I had been warned not to remove my camera from its case because it's battery-powered, but today there's usually no problem. Especially now that laptops and other computer-related items have been approved for in-flight operation. Ask anyway!

A couple of other things: Don't put your camera or cell phone directly against the window surface. You'll get smacked in the eye if the plane hits a bump. And since we're old enough to know better but occasionally need reminding, don't use flash. It'll bounce off the glass and smack you in the eye.

Also, because most airliners fly as high as seven miles above the surface of the Earth, don't be disappointed if the only photo subjects you get to see are clouds. That's not always a bad thing! Several cloud shots are part of my collection, especially a group of thunderheads encountered over Texas one summer day.

They were soft and billowy, and they looked almost inviting, like they wanted our airship to jump in and play. The pilot was skilled enough to know about the danger that lurks therein and circled around them – but still close enough for some wonderful images.



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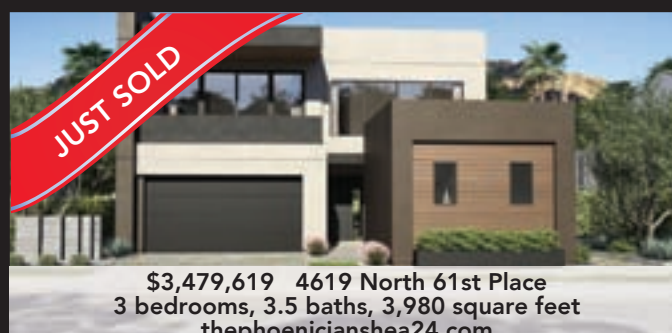
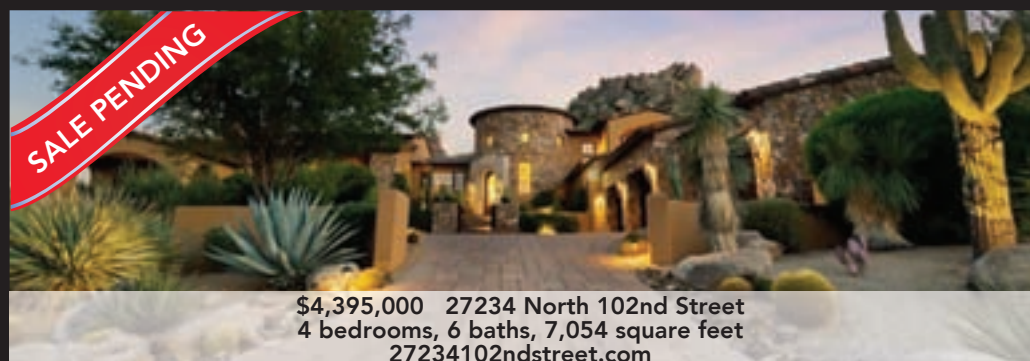
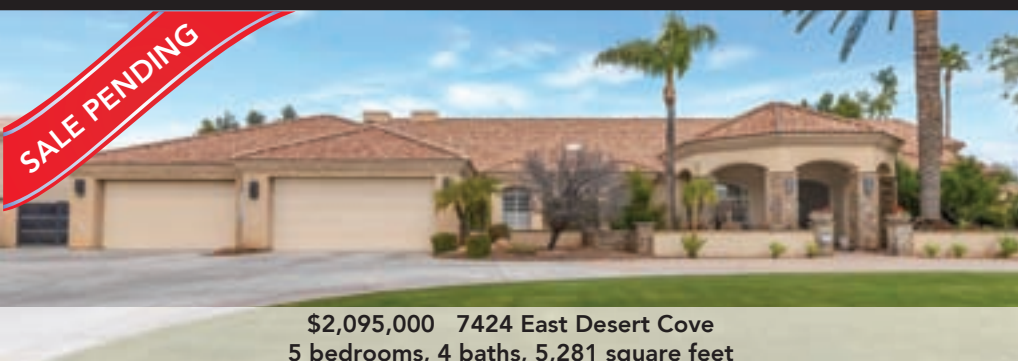
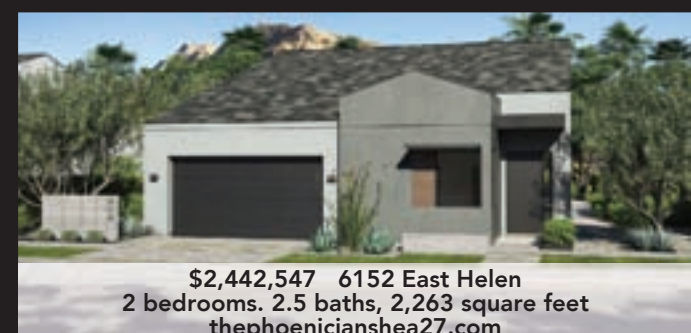
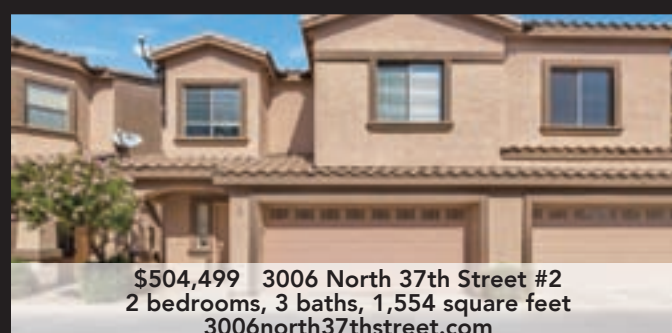
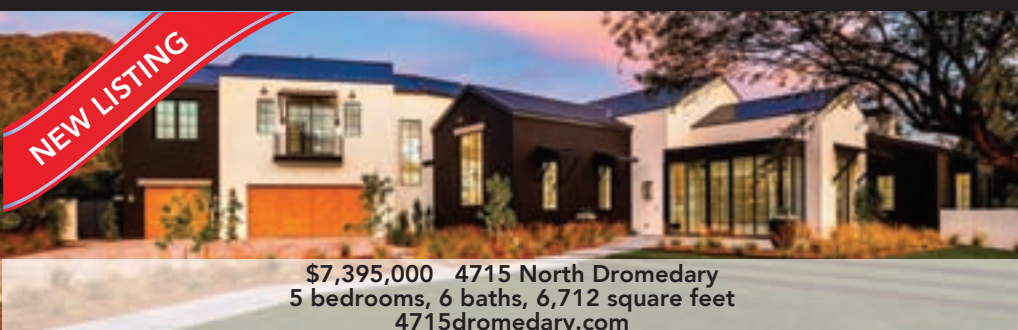
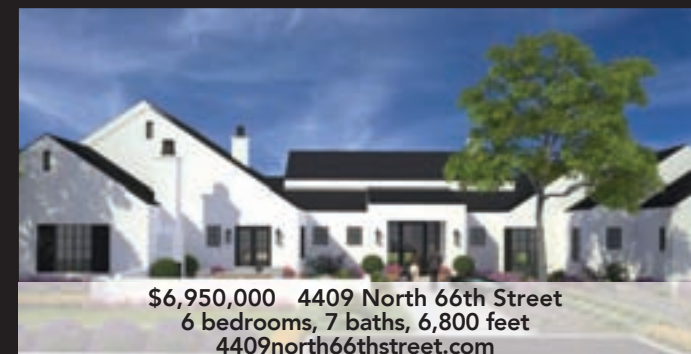


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In the Kitchen

with **John Salazar**, owner of Manuel's Mexican Restaurant + Cantina

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A neighborhood native, John Salazar has operated Manuel's Mexican Restaurant on Indian School Road since the 70s. Thanks to recipes passed down from his mother and father, who opened the original location in 1964, Salazar hopes to continue the service of traditional Mexican eats to his family, friends, and anyone who comes through those big yellow doors.

Give us a brief history of Manuel's.

We opened in June 1964. Next year is our 60th anniversary! It was started by my mom and dad, Manuel and Alice Salazar. It's a family business. They've since departed the Earth, so now me, my brother David and my sisters Cindy and Patty run the eight restaurants around the Valley. We've survived 60 years, which is quite remarkable – most businesses don't last after the first generation; people sell, retire, or something happens. This is all we know as a family, is how to run restaurants.

Where was the first location?

The first location opened at 32nd St. and Indian School – I believe there's a Massage Envy there now. We were renting that building. My dad wanted to own real estate and imparted that to his kids, so now we own our land and buildings. We don't want to have to depend on anyone, you know?

Restaurants are expensive to build and maintain. We didn't like the idea of someone coming in and saying, "okay, we're going to change this." We don't like that – we believe in longevity. Many of our employees have been with us for 20 or 30 years – we even had a gentleman with us for 40 years. They come, and they stay. And we love that!

Was the family born and raised here?

Yes – I graduated from Camelback High School. This is my neighborhood, this is where I grew up. It's so different from what it used to be, though. It's so dense here now. More people, bigger buildings. There used to be small buildings, but a lot of them. Now, buildings go up; everywhere you look, there are buildings with three, four, and five stories. Condos, apartments. There are more people, but more people comes with good things, too. We have to take the good with the bad.

What was included on the initial menu?

We have a menu from 1964 framed on our wall! Tacos were 35 cents back then. It was basic Mexican food. Tacos, burros, enchiladas. They're all my mother's recipes.

The most popular items on our menu today are the fajitas, but people like good, old-fashioned Mexican food: tacos, burritos, enchiladas and chimis. That's what we do, and I don't plan on changing it!

Where did your mother learn the recipes?

She learned a lot from her brother, who was a cook on one of the ships in the Navy. He brought those recipes back, and eventually, he became a cook for Macayo's – which is one of our competitors!

What inspired them to open the restaurant?

My dad's side of the family is very entrepreneurial, and a lot of his siblings ended up opening businesses in food service. My aunt was the founder of Garcia's Mexican Restaurants – not the one down the road. That's a different version. They still have the one location on 35th Ave. Another aunt owned Popo's Mexican

Restaurants, and yet another aunt owns La Canasta Tortillas, but they're known as My Nana's Tortillas. So, as I said, they're very entrepreneurial. It just evolved.

When did you start in the industry?

I was 11 when the restaurant opened. When I turned 13, I started working in the restaurant, bussing tables, cooking chips, and making salsa. In high school, I studied accounting, so I helped with bookkeeping. But I also help with construction, design, and remodeling.

I have a staff member who's also a CAD drawer who helps me with all building designs. This restaurant went through an extensive remodel around six years ago, and he helped me with all of it.

Did you always know you would work in the restaurant?

Honestly, I didn't want to be in the industry – I thought, 'this is for the birds' [laughs]. I was a musician and I decided, well, I could either play music or eat. Musicians don't make much money in the beginning – it's not solid work. So I came back to the restaurant, started building more. I'm good at it. You do what you know.

I was a partner in the restaurant on Cave Creek Road in 1973, right out of college. I built this restaurant [on Indian School and 28th] in 1979. I'm the owner, manager, jack of all trades. I do what needs to get done.

What are some of your responsibilities?

Mostly to keep things going. Maintenance – restaurants take a lot of abuse with all the people coming and going, so there's always painting, electrical, and remodeling because

you should keep the concept fresh. We're always looking to improve and streamline our service. We focus on how many steps it takes to get a job done – the fewer steps, the more productivity.

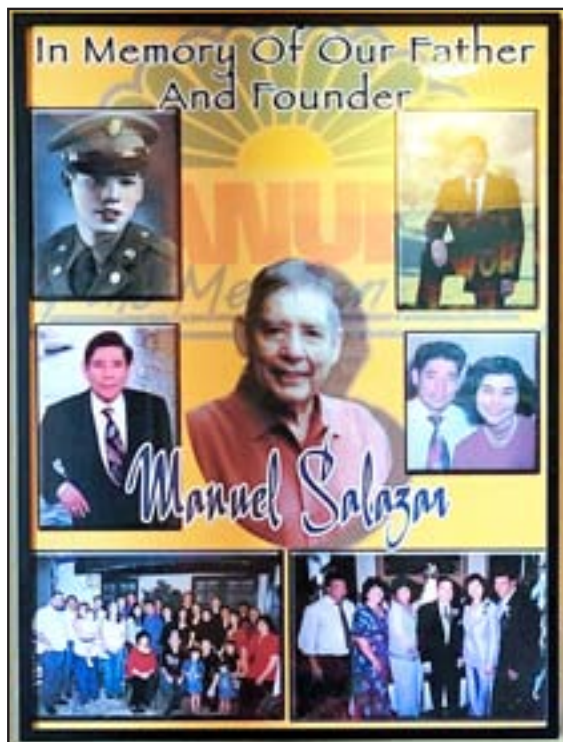
And, of course, dealing with vendors and trying to get the right supplies in a timely manner. The other issue is finding labor – that's across the board with any business. The newer people don't know how or have a different philosophy about what work is. They're a different breed. We're not a 9-5, Monday through Friday, but the nights and weekends are where the money is. So we just have to teach them, you know?

How does it feel to operate a legacy like Manuel's?

It can be burdensome. The reason I say that is because customers expect certain things, and when you have problems with labor and products, you have to be resourceful. The more resourceful you are, the better the outcome. There are a lot of people that give up and say, 'we're not going to do this.' Being part of a legacy is a pride thing, too, because you want to continue to offer people what they're used to getting. If you can't, it's a letdown. We want to keep the standards high. It's difficult, but not impossible!

What is the most challenging part of working in this industry?

The baby boomers are retiring. All the people I've had working for me for all these years are leaving or passing away. People that were part of this organization from the beginning, so that's been difficult. It's a labor thing, a commitment thing, but that's an issue in any business.



Manuel Salazar, original owner and John's father.

What is your favorite part?

The people. The customers and my employees. They are part of my family – they depend on me as much as I depend on them. To see them every day, and interact with them, is a huge plus as opposed to being alone. Lots of people work from home and don't see many others; I don't have to worry about that [laughs]. I want customers to know we're here for them as long as they're here and as long as they need us.

Who is your biggest inspiration, and why?

That's a difficult question because I'm inspired by a lot of different people in a lot of different areas. One of the things that I do – and I'm pretty good at – is finding people that specialize in things I can't do. I have a programmer that works for me, a CAD designer...to work with people that can help me learn and imagine and put it together. Is there one person? No. There are a lot of people that inspire me.

What advice has stayed with you?

On my desk, I have a thing that's called '10 Rules for Losing.' Like – if you stay with the status quo, you're losing. You have to be open-minded to figure out how to solve problems. 'If you're accepting a downfall in business as part of the normal business cycle, you're wrong.' You should always try to improve your business. Don't accept the status quo. Keep your standards high. I'm always looking at those rules – you have to figure out how not to follow them.

What do you do when you're not working?

I play music! I have a band, and we perform at the restaurant in Scottsdale on Wednesday, Thursday, Friday and Saturday nights. That's my relaxation. We play traditional Mexican music, and on Saturdays and Sundays, it's more rock, country, and Sinatra-type stuff. My father used to tell me, 'you're never going to make any money playing music,' and I'd say, 'yeah, but if I play music in my own restaurant, I'll probably do okay.' [laughs] I play keyboards and bass guitar.

What is your favorite food?

I like all the different kinds. One of my favorites is Chinese. I've met a lot of people through the Restaurant Association – I was a board member for 25 years – so we'd get together and go to different places. It's exciting!

What's next for John Salazar?

A lot of people would say retirement, but we're looking for other locations. The big challenge I have is when I do retire, who's going to take over? My son didn't care for the restaurant business, and I don't want to sell to investors.

I'm in this business for the satisfaction of my customers and the longevity of my employees. Profitability always comes when you achieve those two goals. Take care of the customers, and those who work for you – everything else will fall into place.

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Tennis starts with friendship – on and off the court

By Rachael Bouley

Arcadia sophomore Vessa Turley and her tennis partner, Notre Dame Prep sophomore Georgia Cranford, have had a busy season stacking up their accolades. Most recently, the duo became the first Arcadia junior players to win two national and international titles back to back under the United States Tennis Association.

Vessa and Georgia won the Eddie Herr International Tournament in December 2022. They went into the 16 & under girls' competition unseeded and came away as doubles champions.

The dynamic duo carried this momentum into the USTA National Winter Championships, securing a first-place finish in clay court doubles for their age group in January.

Vessa and Georgia made the USTA Southwest Section very proud, becoming the first juniors from the region to make it through the second round at Eddie Herr and win two national titles in 30 days.

Before these events, they had only played doubles together a few times, although they've known each other since they were eight years old and squared off in the AIA State Championships as singles last year.

Vessa recognizes the Eddie Herr competition as a huge highlight for her blossoming tennis career.

"It brought me a lot more confidence toward my doubles game and made me want to improve and win more," Vessa said. "The biggest highlights were beating the top seed in the semi-finals and playing our best."

Vessa said that beating the semi-finals was the push they needed going into the finals.

"That gave us more confidence," she said. "We didn't drop one set; even if we got down, we continued to push and try our best."

Vessa finished second in the 14s the previous year, which motivated her even more. She hopes to reach the top 300



Vessa Turley and Georgia Cranford celebrate their doubles tennis win at the USTA National Winter Championships.

International Tennis Federation juniors world ranking and take her skills to the next level while embracing tournament opportunities with a duo that's proven tough to beat.

"The best part of playing doubles is having Georgia on the court," Vessa explained. "We're able to communicate and help each other, which takes a lot of pressure off us. It helps us be more comfortable on the court. We have our own strengths, so we can combine them during the match."

Eddie Herr marked Georgia's first significant doubles win in a high-level tournament.

"Winning the Winter Nationals Championship and the coveted gold ball was a dream come true," Georgia said.

She hopes to continue improving her game to prepare for college and professional tennis. Regardless of the future, Georgia looks forward to making more memories with Vessa on and off the court.

"Being able to share the court with a close friend is the best part," Georgia added. "I love that we can lift each other and work as a team to win big titles such as Eddie Herr and Winter Nationals."

District 6 Runoff Election on March 14

On March 14, the City of Phoenix will conduct a Runoff Election where city voters in Districts 6 and 8 will elect their Council Member.

This election is happening because no candidates for this office received a majority of votes in the Council Election held in November 2022. The candidate with the highest votes in the Runoff Election will take office for a four-year term beginning April 17, 2023. Below is a bit of information provided by the candidates for Arcadia's District 6, Sam Stone and Kevin Robinson:

Sam's family moved to Arizona 30 years ago. He's been a resident of District 6 for the last four years. He is a small business owner and self-proclaimed sports nut and policy geek. For the last 4.5 years, he served as Councilman Sal DiCiccio's chief-of-staff, helping craft and guide policy for the office. He has also served as the Director of the Civics Education Initiative at the Joe Foss Institute and runs several local and federal candidate campaigns. Sam also hosts the Breaking Battlegrounds radio



Sam Stone



Kevin Robinson

show and podcast. samstone.vote

Kevin began his career as a patrol officer in Arcadia in 1980. He was Assistant Police Chief for 13 years. Kevin was awarded the Medal of Valor and the Medal of Merit,

the two highest citations for heroism and bravery. Kevin has served on the Ronald McDonald House Charities of Central and Northern Arizona board for over a decade. He has served on the community board for the Arizona Supreme Court Judicial Council, the Arizona Police Officers Standards and Training Board, and the Maricopa County Attorney's Office Community Advisory Board. He is currently a lecturer at ASU's Watts College, where he teaches in the School of Criminology and Criminal Justice.

kevinrobinsonforphoenix.com

Learn more at phoenix.gov and find your polling place at elections.maricopa.gov/voting.

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Downtown Phoenix Farmer's Market



Uptown Farmer's Market



Tempe Farmer's Market

The Dining Scoop

Sunshine is never in short supply here in Arizona, so there is always an abundance of home-grown, seasonal and handmade foods and home goods available at farmer's markets around the Valley. Here are a few available this spring.

BRIAR PATCH MARKETPLACE

March 11, 12 at 9 a.m.
at Greenway High School.

March 18, 19 at 9 a.m.
at La Jolla Community High School.

Where: Greenway High:
3930 W. Greenway Road
La Jolla High: 11650 W.
Whyman Ave., Avondale

Briar Patch is geared more toward the décor side of farmer's markets, with over 20 vendors showcasing their vintage crafts, homemade wares and even some sweet treats. This market is perfect for

those looking for a unique gift or piece to dress up their home décor.
briarpatchmarketplace.com

CAREFREE FARMER'S MARKET

Fridays from 9 a.m.-1 p.m. through
May, 8-11 a.m. June-September

Where: 1 Sundial Cir., Carefree

Not only will this market provide a beautiful view, but guests can also find fresh, local and seasonal produce, herbs, flowers, foods, baked goods, meats and seafood, and a selection of local arts and crafts.
arizonacommunityfarmersmarkets.com

DOWNTOWN PHOENIX FARMER'S MARKET

Saturdays from 8 a.m.-1 p.m.

Where: 5th St. and McKinley, Phoenix

The Downtown Phoenix Farmer's Market supports small farmers and businesses that produce healthy products for the community. Guests can find seasonally grown local foods and products from over 70 local vendors. Many allow guests to preorder things like eggs, meat or artisan items. There are also food trucks available.
downtownphoenixfarmersmarket.org

HIGH STREET FARMER'S MARKET

Sundays from 10 a.m.-1 p.m. through May

Where: 5415 E. High St., Phoenix

Amid various shops and restaurants, guests will find produce, herbs, flowers, homemade foods, baked goods, meat, seafood and local arts and crafts.
highstreetaz.com/farmers-market/

OLD TOWN SCOTTSDALE FARMER'S MARKET

Saturdays from 8-1 p.m. in March
and April; until noon in May

Where: 3806 N. Brown Ave.

This farmer's market is celebrating its 14th anniversary. On-site are more than 100 local growers and specialty food producers with a wide variety of organic and pesticide-free produce, seasonal

specialties such as cider and apples, flowers, natural pork, beef, fish, and free-range eggs from Arizona growers. Guests can also find cheese, artisan bread, jams, tamales, and more.
arizonafarmersmarkets.com

ROADRUNNER PARK FARMER'S MARKET

Saturdays from 8 a.m.-12, October-
May; 7-10 a.m. June-September

Where: 3502 E. Cactus Road

Here, guests will find local farm produce, including fresh veggies and fruit, baked goods, honey, nursery stock, natural pork, beef, fish, and hand-crafted items. Roadrunner Park also has a playground, a fishing pond, a swimming pool, soccer fields, and special events – so once you're done shopping, the kids can play while you relax!
arizonacommunityfarmersmarkets.com

TEMPE FARMER'S MARKET

Open daily, 8 a.m.-11 p.m.

Where: 805 S. Farmer Ave., Tempe

This neighborhood market is slightly more than the average farmer's market. Guests can find basic groceries, locally-grown fruit and produce, Arizona-based specialty products, plus vegan, vegetarian and gluten-free dishes. Guests can also order smoothies, fair trade coffees and teas, hot paninis and vegan deli items to go.
tempefarmersmarket.com

UPTOWN FARMER'S MARKET

Saturdays and Wednesdays from
9 a.m.-1 p.m. through April, 8 a.m.-
12 p.m. in May through October

Where: 5757 N. Central Ave., Phoenix

This market, hosted at North Phoenix Baptist Church, has more than 200 vendors showcasing fresh produce, food items – everything from coffee, to hot sauce, to dips and bread – and handcrafted goods. The market also hosts themed events, chef and vendor demonstrations, live music, and various food trucks on-site.
uptownmarketaz.com



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GET READY FOR THE HOPI VARIETY SHOW



The Hopi Variety Show season is underway and will be led by these 14 fifth grade emcees. This year, they are taking the Hopi community on the ride of a lifetime as they present a Disney themed show, called Hopi: The Happiest Place on Earth. Four-hundred students will perform this year on March 9-10. The Variety Show is one of Hopi's longest standing traditions and one that the whole community looks forward to each year. "We can't wait to share the Magic of Disney on the stage of Arcadia High School," PTO member Emily Blais said.

hopipta.com



(back): Brady Barnes, Owen Eisenberg, Sofia Ghelfi, Charlie Ess, Charlotte Shaeffer. (middle): Lila Blais, Sol Lipton, Jace Ellett, Lucy Richardson. (bottom): Seamus Christensen, Allie Davis, Jax Matz, Stellie Frederickson, Berkeley Garcia.

PHOTO COURTESY OF LAURA MITCHELL

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Nataliia Baker

Nataliia Baker has come a long way to get to where she is today – long as in 6,300 miles, because that is the distance between Ukraine and Arizona. Born and raised in the war-torn city of Kyiv, Baker met her husband there and followed him to the United States in 2007, hoping for a new life. They settled in Phoenix, and though they have since divorced, she never left. One word that best describes 36-year-old Baker is determined. She has overcome many hurdles as a single mother, yet none have deterred her from her goals. “No matter where you put me, I am going to grow roots and be just fine,” Baker said. “I was born in the year of Chernobyl and had a pretty rough childhood growing up after that disaster.” She learned much from her parents, who she describes as “simple and hard-working blue-collar people.” “I got most of my moral standing from my father and grandfather,” Baker said. Since arriving in the U.S., Baker has fought a language barrier, yet it hasn’t held her back. She has immersed herself in work, eagerly pursuing the many available opportunities. She initially started a house cleaning business and then – after going through extensive training – became an EMT and firefighter. Baker’s background and passion for health and fitness

“No matter where you put me, I am going to grow roots.”

led her to become a certified stretchologist. Recently she opened her own health studio, Stretch-Plus. She is also studying to earn an associate degree in business and, ultimately, a bachelor’s degree in marketing. “My business is off to a nice start. Many of the clients are from Arcadia. It’s wonderful because I get to help make people’s lives better in healthy ways that last,” Baker said with unmistakable pride. Her passion for exercise comes naturally because when she was a little girl, she and her sister would work in the fields, plowing the hard ground and planting potatoes. “We tried to turn the hard work into a game of play,” she said. Today her physical activity revolves around running. She ran her first marathon in 2018 and since then has completed two ultra-marathons, which are races that cover 52 miles. She carries a little cross to help her along the long grueling course. “It reminds me who’s really in charge,” she said. When not working, studying for the next exam, or training for another race, Baker enjoys spending time with family and friends. She is passionate about motherhood and relishes the opportunity to teach her 14-year-old daughter, Stefania. “The best part about being a mom is passing things down to other generations about what I have experienced and learned,” said Baker, “both for my daughter and future grandkids.” Her parents, along with an older sister and a niece and



nephew, remain in Kyiv, and Baker’s unwavering plan is to bring them to the U.S. and out of harm’s way. “I hope they make it through the war and come out unharmed. The worst part of the ordeal is to hear what is happening and know there is nothing I can do,” she said. In the meantime, Baker plans to continue her college education and remain optimistic about the future. “A good life is about moving forward and never looking back,” she said.

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Lentils – one of the most nutrient-dense foods on the planet. They are a good source of polyphenols that fight against heart disease and cancer. They help with insomnia and stress.

Kale – the superstar of greens. They are loaded with vitamins, minerals and fiber. It's also a cruciferous vegetable containing sulforaphane, a powerful compound that protects against cancer growth.

Seeds – dense, with minerals and plant-based protein. Hemp, flax, chia, sesame, pumpkin and sunflower seeds are all power packed. They feed our good gut bacteria and help with sleep and anxiety.

Beans – the number one common food among the Blue Zones, five

Plant-based Wellness



BY MIRIAM HAHN
Owner of YouCare-SelfCare, a private wellness practice specializing in plant-based lifestyle and disease prevention.
youcare-selfcare.com

areas in the world with the largest number of living centenarians. Beans are full of protein, fiber, minerals and vitamins and are excellent for weight loss.

Onions and garlic – Members of the allium family have powerful infection and cancer-prevention properties. Use them raw or cut them 30 minutes before cooking to enhance their cancer-fighting ability.

These three recipes are perfect for St. Patrick's Day and use the foods mentioned above. Reminder: Monthly memberships are open and include recipes, health videos, and live Zoom cooking classes for \$10 a month.

Lentil Shepherd's Pie SERVES: 6

Ingredients

- 1 onion, diced
- 4 cloves garlic, diced
- 1 package lentils (or 3 cups cooked lentils)
- ½ cup broth
- 3 tbsp. tomato paste
- ¼ cup tahini
- 2 tbsp. Tamari soy sauce
- 1 tbsp. balsamic vinegar
- 2 tsp. Worcestershire sauce
- 1 ½ tsp. smoked paprika
- 1 tsp. thyme
- 1 tsp. rosemary
- 1 tsp. pink salt
- 1 bouillon cube (optional, but adds more flavor)

Sauce

- 4 cups peeled and chopped russet potatoes (about 4 medium potatoes)
- 3 tbsp. Earth Balance butter
- ½ cup unsweetened coconut milk
- 1 tbsp. nutritional yeast
- 1 tsp. pink salt
- ¼ tsp. pepper

Directions

1. Preheat the oven to 375. Put the chopped potatoes in a pot and cover with water. Bring to a boil and boil for 12 minutes or until the potatoes are fork-tender. 2. While those are cooking, sauté the onion and garlic in a little broth for about 10 minutes. Add in the rest of the lentil ingredients and simmer. 3. When the potatoes are done, use a potato ricer to shred – or mash by hand. Add in the rest of the potato ingredients and stir to combine. 4. Spray a 9"x13" baking dish with cooking spray. Put the lentil mixture in the baking dish and top with the mashed potatoes. Bake for 20 minutes. Then change the oven temp to broil and cook for five minutes. Top with chopped Italian parsley and serve.



Pesto SERVES: 4

Ingredients

- Juice from one lemon
- 2 cups kale, de-stemmed and chopped
- 2 cups fresh basil
- ¼ cup hemp seeds
- ¼ cup nutritional yeast
- 2 garlic cloves, minced
- 3 tbsp. olive oil
- ½ tsp. pink salt

Directions

1. Put everything in a food processor and blend until smooth. Spread on toasted baguette bread and top with fresh tomatoes. Eat as a dip, use on pizza, or put over zoodles or pasta.



Shamrock Sandwiches SERVES: 6

Ingredients

- Slices of Dave's Killer bread
- 1 can garbanzo beans (drained)
- 2 celery stalks, diced
- 1 tbsp. red onion, diced (or 2 scallions, diced)
- ½ tsp. Dijon mustard
- ¼ cup vegan mayo
- ¼ cup dill pickles, diced
- ½ tsp. pink salt
- ¼ tsp. each: cumin, pepper, and smoked paprika

Directions

1. Rinse beans and mash with a fork to break – but leave some chunks. 2. Combine with celery, red onion and pickles. Add vegan mayo, pickles, and spices. 3. Use a shamrock cookie cutter to cut bread into a shamrock shape. 4. Fill with mixture and serve or pack in a lunch box.



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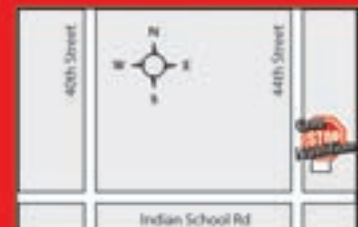


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Saving Amy founder earns distinguished Brophy honor

By Rachael Bouley

Jennifer Kiernan, founder and executive director of Saving Amy – a nonprofit focused on aiding the homeless – was honored by Brophy College Prep with a prestigious service award in February.

Kiernan received the 2023 Inés Pascual Award for Generous Service at the Mother-Son Communion Breakfast. This plaque of honor is named after the Spanish noblewoman who supported St. Ignatius through his physical and spiritual journey.

Established in 2017, the annual award recognizes a woman in the community who models the same compassion and commitment as Pascual. Kiernan was honored and humbled by this recognition of her work to support those who’ve experienced homelessness.

“I feel we all have a calling to help others and to give back. I am grateful that we provide a community to serve those in need,” Kiernan said. “Community support is key to everything that we do.”

Saving Amy was created to empower individuals and families transitioning out of homelessness through mentoring, life skills, and advancing education and employment. Kiernan was inspired to make a change after volunteering in a local homeless shelter and learning that many families fell back into the cycle of poverty once they left.

Kiernan met a single mother named Amy, who was struggling to get back on her feet.



Jennifer Kiernan with Brophy President Adria Renke and Principal Bob Ryan.

With no funds – and a group of 10 women with generous hearts by her side – Kiernan started Saving Amy.

What began as a small operation now encompasses 33 community partners across southern Arizona.

“We realized there was not an organization around here that did what we did,” Kiernan said. “We provide resources for families transitioning out of homelessness. We are

a hand-up, not a handout. We empower our families to move forward.”

Saving Amy focuses on five key programs to address individual needs, with each family assigned a Journey Partner to support them over the next years when transitioning.

Services include trauma therapy with licensed therapists and the Rolling Forward program, which provides donated vehicles for reliable transportation to work, school, and family commitments.

The Rise Up program provides a rent subsidy, furniture, and home supplies with the opportunity to move out of low-income neighborhoods. Families also receive life skills education to become more confident with budgeting, nutrition, meditation, parenting, and career development.

Kiernan is especially proud of the Kids Go Program, which connects Saving Amy children with supporters from Brophy and other area high schools for year-round tutoring, mentorship, and a summer camp.

“Working for Saving Amy is the best opportunity for Brophy students who want to make a difference,” Kiernan explained. “These mentors can play a meaningful role in the lives of children. You can be a mentor, tutor, and a friend, and on top of that, you are also forming a deep human connection with the kids that, repeatedly, I’ve seen inspire hope in countless children.”

As the nonprofit grows, Kiernan encourages more local students and the wider community to get involved and lend a hand to those less fortunate.

“We have had a 100 percent success rate, where none of our families have fallen back into homelessness. All of our families remain housed,” Kiernan added. “More than just housing, we are helping to change the lives of our families by giving them the tools to live empowered lives full of dignity and hope.”

savingamy.org

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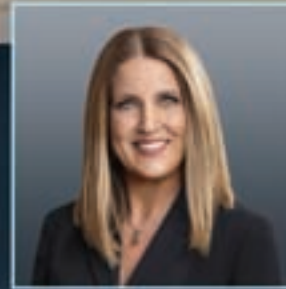
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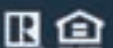
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Hopi hosts inaugural STEM Night event

By Mallory Gleich

In early February, 206 parents, fifth-graders and their siblings flocked to Hopi Elementary for its inaugural Hopi STEM Night. The event, put on by fifth-grade educator Laura Mitchell and her team, was focused on teaching kids how to embrace science, technology, engineering and math.

"I had been thinking about doing this for a few years, and with the money and inspiration I received as an ASU STEM Fellow this year, I was able to launch it," Mitchell said.

After she suggested the idea, her colleagues – Diana Bode, Debbie Voris, Justin Blacksher, Andy Banister, and Margo Shein – jumped on board to help.

"Principal Plenkovich was very supportive, and our secretary, Danielle Leivian, did a lot of work behind the scenes. Our facilities manager, Preston Brewer, was instrumental in helping us set everything up," Mitchell said.

At STEM Night, four classrooms each had a specific station: one held math games. One held estimation contests, where kids had to guess how many Cheerios were in a jar or how many rubber bands were in a ball.

Another held creation stations where kids could build gumdrop gears and cotton ball catapults. Finally, in the mystery box room, kids had to figure out which of the four diagrams (inside four enclosed black



Students were invited to create their own STEM projects.



Mirabelle and Davis Ladner.

boxes) matched each other by listening to the marble inside the box.

These classrooms weren't the only spots students could enjoy STEM activities. The gym was dedicated to student STEM projects:

"It was optional, but 30 students did projects and used the scientific method to investigate a question they had. This part was a highlight for me. Some of the questions were, 'What makes a submarine buoyant? Which liquid melts the fastest?' Mitchell said. "As teachers, we encourage kids to wonder about the world and seek

ways to test their hypotheses...and they did just that!"

The Arcadia High Robotics Team stopped by with one of its robots to show off its skills and zoom around the gym. The AHS National Honor Society also provided volunteers for the event.

The Sisters in STEM program – a volunteer group of students from Saguaro High that encourages STEM learning – were also on-site with four hands-on stations.

"They had everything from spin art to electrical circuits. The kids loved it all," Mitchell said.

There was also a photo backdrop with math and science props where families could take photos, and the ASU Mobile STEM Lab did activities with the families in the music room.

Outdoors, Hopi Hawks handed out STEM-related water bottle stickers, danced and greeted families.

The Mad Science organization hung out in the outdoor amphitheater and did a "Fire and Ice" presentation with things like dry

ice bubbles and potions – and this one was a fan-favorite:

"I thought STEM Night was so much fun! I especially loved the fire and ice show and the estimation questions," student Evelyn Vitch said.

"I really enjoyed the STEM Night. The Mad Science and the catapults were fun! It was really cool doing the activities on the sides of the gym," Lucas Heath echoed.

There was also a scaled solar system model down a long pathway, with a poster for the Sun and each planet spaced apart at relative distances. When families got hungry, they headed to the Snowy Churros food truck for churros and root beer floats.

"I liked how we got to win prizes, watch Mad Science shows, do activities with our friends, and so much more! It was so much fun, and I absolutely loved STEM Night," student Ellie Hamilton said.

"This was a wonderful opportunity for our community to come together and enjoy each other's company while learning, celebrating our students' efforts, and stretching our minds," Mitchell said.



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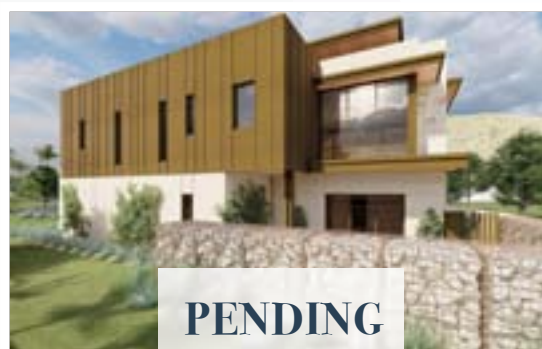
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'The Greenest Day in the Desert'

By Mark Hays

For 40 years, downtown Phoenix has enjoyed the ultimate celebration of Irish culture: The St. Patrick's Day Parade and Irish Faire. The event's roots go back to 1983 when several Irish immigrants came up with a way to honor their culture and share the enjoyment of St. Patrick's Day with their new community.

Notable founders included John Corcoran, Frank Leavy, Howard Adams, Father Gillespie and Jimmy O'Conner. Their dedication can be seen today in the continued success of the annual event.

"They had a long love for the heritage they grew up with," Jeffrey Aspland, President of the Parade and Faire Committee, said.

The committee comprises a group of elected volunteers dedicated to preserving the event and making each successive year even better for all involved. This year, the parade's theme is "The Greenest Day in the Desert."

Held on March 11 at 10 a.m., the parade will kick off with more than thirty floats traveling south on 3rd St. from Oak St. and end at Margaret T. Hance Park, where the Irish Faire takes place.

Guests can enjoy local Irish bands, Irish dancers, bagpipe music and poetry recitations. Attendees can check out traditional corned beef and cabbage, shepherd's pie and fish and chips. For those not a fan of Irish fare, barbeque and other treats will be available.

Local artists will sell their wares, including jewelry, kilts, and other cultural items at the vendor market. Celebrations of heritage can be found at the Irish Cultural Center and McClelland Library, located at 1106 N. Central Ave. – a two-minute walk from the park.

The Faire has undergone many changes, with new ideas added every few years.

"We have experimented with having a multiple-day festival, craft beer tents, and have had many other ideas come and go," said Aspland.

No matter what attractions are available, the committee has one objective: "Our goal is to provide a family-friendly day celebrating St. Patrick and Irish culture," Aspland said. "Everyone is Irish when they come to Phoenix's St. Patrick's Day Parade & Faire."

The event has continued all these years due to a commitment to foundational principles and constant change and expansion. In 2023, guests will find new attractions that the committee hopes will build on the success of the St. Patrick's Day Parade.

This year, the committee added the Irish Golf Scramble on May 12, 2023. This event will raise money for two youth programs in the Valley, the Scottsdale Sister Cities Student Golf Exchange with Killarney, Ireland, and the Arizona Colleen program – an Irish pageant to crown the queen who will attend the upcoming St. Patrick's Day Parade.

stpatriksdayphoenix.org



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WHO: Friends and families of all ages!

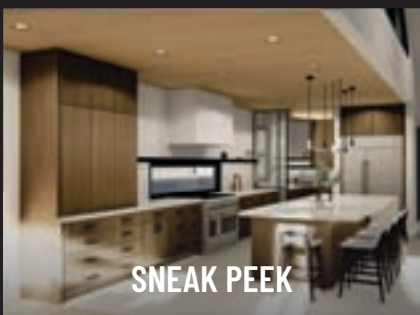
WHAT: The 40th Annual St. Patrick's Day Parade & Irish Faire.

WHERE: Parade: starts on 3rd and Oak Streets. Faire: Margaret T. Hance Park, 67 W. Culver St.

WHEN: Saturday, March 11 at 10 a.m.



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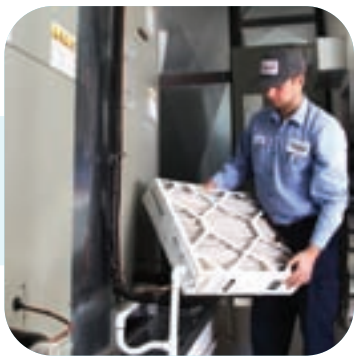
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Let's not forget child development

It's natural for parents to wonder if their child is developing similarly to children of the same age. Educators, pediatricians, and speech-language pathologists may be the first professionals that parents ask about their child's development.

As useful as normative comparisons can be, we want to refrain from thinking of child development as a kind of product with an ending or outcome that is only reached in comparison to others.

The same is true for schooling. When we group children in batches by age, it isn't always the best way to address the four areas they are developing: cognitively, socially, emotionally and physically. It's useful to think about a metaphor that describes a type of schooling we can't seem to shake.

The school-as-a-factory metaphor is one of efficiency: facts are dispensed in an assembly line fashion to students grouped by age who acquire the skills and knowledge necessary for the workforce.

The raw material to be shaped and produced in the

metaphor is disconcerting to state: it is children. Despite decades of educational research on how children best learn, this century-old remnant of schooling persists even as children face a wholly different world.

Policymakers stick with the factory model because it's familiar. It's likely how they, and most of us, went through school. In this way of schooling, children grouped by age receive information from a teacher, while standardized tests provide simple data to relay in soundbites. The message, "This school/child/district/program got an A/B/C/D," is cut and dried and easy to understand. It's much more difficult to convey multidimensional, complex learning.



Nola's Notes

BY NOLA ENGE, PH.D.

Director at The Hills School, 5524 E. Lafayette Blvd. For more: thehillsschool.org.

The school-as-a-factory model will finally lose steam once we recognize that all four areas of child development are equally important: cognitive, social, emotional and physical development.

Recently, policymakers have questioned whether social and emotional learning should be a part of education. However, any educational institution meant to equip our youth with life skills and resources cannot bolster programs if catering to only half of early human development.

This type of learning won't prepare children to be capable in a complex, changing, and still unknown future. A thoughtful prompt for discussions on education is, "What does it mean to be well-educated, and who gets to decide?"

It's an open question to ponder, but we can agree that the best we can do at home and school is to consider the child in their full humanity, in the wholeness of their cognitive, emotional, social and physical selves.

High school teams are looking to ace this season

By Rachael Bouley

The spring sports season is upon us, and high school tennis teams are eager to hit the court in search of individual bests and team success. Here's a preview of the local tennis talent we'll see this spring.

ARCADIA

The Arcadia boys team is looking to build on a 13-2 record from last season, which ended with an elimination in the first round of state. Playing in Division 2 Section 6, the Titans will have an action-packed schedule with 14 matches, including section matchups against St. Mary's, Tempe, Coronado and McClintock.

They have wasted no time preparing for a season that started in late February, with teams hitting the court early to get on top of their training.

"It shows. The team does not look rusty and looks like they are mentally and physically ready for the season," Coach Karen Fleissner said. "We're actually playing quite a few different teams this year than we normally do, so I'm expecting some good competition and fun matches."

The Lady Titans are also ready to pick

up where they left off after an undefeated regular season run and a Division 2 state runner-up title in 2022.

Their campaign opened with Peoria, AZ College Prep, and Paradise Valley, with five straight section matches at the end of the regular season against Coronado, Betty H. Fairfax, Metro Tech, McClintock, and Saguardo.

BROPHY

Brophy Prep hopes to keep up the momentum after their memorable performance last year, winning first place in Division 1.

"Our first goal is to defend our state championship and replicate our success in our out-of-state tournaments," Coach Eric Chalmers said. "More importantly, though, I always hope our team ends the season as better friends and teammates than we did to start."

The Broncos went undefeated 18-0 in last year's regular season and are focused on sharpening their skills and staying healthy in hopes of dominating the division in 2023.

The 19-man roster is ready for tough

section competition in Basha, Casteel, Chandler and Perry.

"I'm excited about this year's team," Chalmers added. "The guys have great energy and know how to balance having fun and being focused."

VERITAS

The Falcons are eager to return to the playoffs after the boys ranked third and the girls came in fourth in their region last season.

"The goal for the team this season is what it has been every season – to secure a place in state and to make it further than we did the year before. Although winning might be one end result, Coach Peter Townsend and I still hope to build lasting friendships among all of our players," Coach Lisa Townsend said.

She explained that the strength of the student athletes is the ability to adapt.

"With the challenge of their school workload and extracurricular activities outside of just tennis, they show up every day with a smile, ready to tackle the drills of the day and prepare for our next opponent," Townsend said. "We are

Veritas Prep athletes and would love to win every match. But to do so, we will not compromise our high standard of great sportsmanship and team comradery."

Playing in Division 3 Section 5, Veritas will face Valley Lutheran, Cicero Prep, BASIS Phoenix, Rancho Solano Prep, Lincoln Prep, and Scottsdale Prep.

XAVIER

After a 13-1 regular season and a second-place finish at state last year, the Gators are motivated to take the court and win this spring.

"Being in the Premier division, we have good competition from Desert Mountain, Hamilton and Chaparral – to name a few," Coach Joy Rodey said. "Our preseason always brings about excitement and a few nerves and wondering how it all will come together."

While the varsity squad sets its sights on playoffs at the end of April, the coaches focus on providing a positive and fun team sport environment.

"Our team's strengths and challenges are the same, as we have a young team, but that gives us an opportunity to grow together and improve for next year," Rodey added.

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Helping hands = happy hearts for this group

By Mark Hays

Feed My Starving Children (FMSC) is a nonprofit dedicated to “Feeding Kids, Feeding Spirits and Empowering Communities.” The organization opened in 1987 and relies heavily on the generous help of volunteers, like the third-eighth-grade students at St. Theresa Catholic School.

During Catholic Schools Week, schools throughout the Diocese of Phoenix participate in community service projects. St. Theresa picked FMSC, where the students helped raise money and prepare meal kits for the organization at the beginning of the year.

“This project was perfect for accommodating the STCS student population in number and ability on this day,” educator Kate Strohmeyer said. “Anyone ages 5 to 105 can pack food for starving children around the world at this facility.”

As a Catholic school, they believe in serving those most in need.

“We have social teachings and principles integrated into our faith and curriculum, which include respecting the human person, working for the common good, and caring for the poor and hungry,” Strohmeyer said.

In addition to volunteering in the kitchen, the students also raised over \$2,600 in donations. These funds will allow 30 children to eat daily for an entire year. What’s more, the amount they raised was much higher than their original target.

“Our goal was for each class to feed one child for a year, but we exceeded our goal by 200 percent,” Strohmeyer said. “None of this would have been possible without the support of all the members of the St. Theresa community, who contributed generously to the fundraiser.”

An important part of FMSC’s mission is providing “manna packs.” These food packages contain rice, soy, vegetables and vitamins. Volunteers put these packs together and then ship them to humanitarian organizations all over the globe. An



PHOTOS COURTESY OF KATE STROHMEYER

Sam Spiekerman, Braxton Tate, Cooper Fitzgerald, Sawyer Reithinger, Landon Radden, Brady Lauer, Rhett Lindstrom, Michael Swenson, Alejandro Ballesteros, Charlie Murphy, Roman Vaughn, and Max Garske.

exciting feature of this program is that volunteers can stay updated on the status of the manna packs they contributed to.

“By providing an email address, FMSC keeps all volunteers up to date,” Strohmeyer said.

“There is nothing more special to me than kids feeding kids. The students at St. Theresa not only packed enough to provide 24,840 meals, but they also worked to provide nearly half the cost of those meals. It was truly a blessing to have them with us to help make hope tangible for so many,” Development Manager Clint Palmer said.

FMSC has a 99 percent success rate in delivering packages to their destinations, even in dangerous areas. The organization attributes this to the blessings and prayers

they perform over the food, something all volunteers can take part in if they choose.

The students were grateful to be a part of this mission of feeding the hungry: “I think it showed me how lucky I am to be able to help people and to be in a position to be able to help them,” eighth-grader Valeria Rosas said.

“It was a good experience because it made me realize you don’t have to do a lot to help people. The process was made very easy and was well organized,” eighth-grader Michael Swenson said. “It also made me realize how fortunate I am to have everything that I do have, including food and shelter, things we take for granted.”

fmsc.org

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Arcadia mailman strikes big at Tucson Film Festival

By Tallulah Anne

Area resident Robert Emery – whom we wrote about in the March 2022 edition – had no idea that, when he tested positive for Covid and had to pull out of an acting gig – it would earn him an award at The Wild Bunch Film Festival in Tucson. He became the proud winner of the Best Originality Short Western and Director's Choice – Comedy.

After graduating from Arizona State University in 2001, Emery worked various jobs across Phoenix until he found one that made him happy – being a mailman in Arcadia. His love for film has always been a prevalent part of his life, as he recalls making home films with his children when they were younger.

Emery's acting career took off after being crowned first place in a Doc Holliday look-a-like contest. This win gave him notoriety in the Arizona Western film scene, catapulting him into acting roles in various short films. However, at the end of 2020, Emery got sick before working a lead role in a new movie. Bored in quarantine for ten days, Emery found that filmmaking was the best way to stay busy.

"I had all this time to myself and had all these outfits from the Arizona Gunfighters reenactment group," Emery said. "I went to categorize all these outfits, which turned into 'well if I'm trying these on, I may as well turn on a camera and do something with it.'"

From Emery's boredom came a ten-minute movie, the prequel to his now award-winning movie, "Bottled Up Poison." Emery wrote, directed, and starred in the Western-themed film, which focuses on a woman plagued by her former lover.

Seeing the enthusiastic reactions he received from



Robert Emery

friends and family, Emery decided to enter his film into various festivals across Arizona. Understanding the stiff competition, he didn't expect to gain much recognition. But, at The Wild Bunch Film Festival, he won.

"It was really neat to see how it translated to the big screen and hear the laughs in the audience," Emery said.

The Wild Bunch Film Festival takes place at Galaxy Theatres in Tucson every year. It's a festival for the Western genre, featuring short films created across Arizona. Each year, an award show ceremony is hosted, along with an after-party to celebrate those involved.

After his win, Emery is excited to share "Bottled Up Poison" with more people. Due to the festival's exclusive policies, he has not been able to publish it anywhere. But now, with awards season closing, he is considering publishing it on YouTube for all to enjoy. Emery is on the lookout to keep creating, but this time with a bigger crowd.

"I'm done, for the most part, with the solo thing. I want to elevate to work with a team," Emery said.

Arcadia's Cowboy Postman is set to star in a short film called *Noche* later this year. Look for "Bottled Up Poison" across social media, alongside up-and-coming projects Emery is a part of – whether that's within the Western film scene or with the community he knows and loves.



PHOTOS COURTESY OF ROBERT EMERY

Robert Emery won Best Originality Short Western and Director's Choice – Comedy.

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How this Arcadia entrepreneur finds balance

By Cassie Hepler

In 1999, Arcadian Chrissy May moved from Illinois to Arizona to further her holistic health, nutrition and rehabilitation therapy studies at the Southwest Institute of Healing Arts. Shortly after, she launched a boutique fitness company that worked with athletes, business owners and entrepreneurs seeking transformational results in all areas of their life.

"I've always formulated lifestyle plans that harmonize mind, body and spirit," she said.

Before all this, however, was coaching.

Chrissy May began her journey in the health, fitness and wellness industry as a teenager when she competed as a figure skater.

"I began coaching skaters at 16, which then transitioned to off-ice strength and conditioning training, to launching my fitness and wellness business at age 23," Chrissy said.

As a "life-long entrepreneur," she is always searching for new platforms and opportunities to connect, add value and build relationships in the community.

"Everything I do is serving a higher purpose and is intentionally designed that way to maximize what matters most, human connection. All of the brands and businesses I create or partner with serve and elevate through community and connection," she said. Creating the Aligned + Alive Podcast was the transition to expand her reach.

"I launched the podcast in June 2022. Podcasting is a great platform to connect with people from all over the world. We discuss various aspects of health, wellness and spirituality. It's a place to find guidance and a space to explore life's

meaning and purpose, allowing you to become connected, aligned and feeling fully alive," Chrissy said.

To further connect with the community and her clients, Chrissy debuted Aligned + Alive Wellness Retreats, designed for women searching for transformation, healing and sacred connection.

"They are intimate retreats that allow reconnection to self, rediscovering and reawakening, blending many spiritual modalities throughout the experience," she said. "Energy work, reiki healing, yoga, sound baths, intention circles and cacao ceremonies help with clarity, gaining confidence and experiencing a monumental shift in life."

The retreats are held in Sedona, Paradise Valley and Maui, with a few more locations being considered.

Chrissy also offers one-on-one wellness coaching for those looking for a personal touch. Her focus is alignment.

"Clients are seeking transformation in their lives, personally and professionally. It's all connected. When one area is out of balance, the other is

affected. They typically feel 'stuck' or 'stagnant' and need to overcome blockages holding them back," Chrissy said.

Nutrition plays a big part in finding this balance, so Chrissy added another service when she and her partner, Tony Giordano, opened One Stop Nutrition Arcadia in 2014 and One Stop Nutrition in downtown Phoenix in 2021.

"One Stop is known for its protein shakes and smoothies, and we offer a wide variety of vitamins, supplements and sports nutrition," she said. "Many of our customers are

“Clients are seeking transformation in their lives, personally and professionally. It's all connected.”



PHOTO: MICHAEL FRANCO

Chrissy May is co-owner of One Stop Nutrition in Arcadia, runs the Aligned + Alive Podcast, hosts wellness retreats and is a private wellness coach.

searching for solutions to lose weight, build a lean body, increase muscle mass, heal gut issues, increase the immune system and overall well-being."

Chrissy will be speaking at several events for women in business this year, including entrepreneurial conferences and health and fitness expos. She's publishing her first book in the summer of 2023 and opening enrollment for an elite mastermind class in the fall for women looking to elevate their businesses.

chrissymay.com

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Education and fun all rolled into one

Arizona Highways Television took a whirlwind tour of downtown Mesa and discovered everything: history, music, culture, and nostalgia.

We started with the Arizona Museum of Natural History, known as the “dino” museum, where guests can find giant, prehistoric reptiles and extinct mammals brought “back to life.” Animatronics



Robin's Adventures

BY ROBIN SEWELL

Robin is the host and executive producer of the Arizona Highways Television, Saturdays and Sundays on CBS.

mimic the movements of these magnificent creatures as their prowess echoes through the dinosaur hall.

T-Rex, one of the largest and most well-known meat eaters, had quite a presence in the southwest, roaming Arizona, Colorado, Utah

and New Mexico. The museum brings its stories directly to visitors. They have a research facility and a paleontology lab, so guests get the latest information about all that is old.

The museum does an excellent job



Arizona Museum of Natural History



Milano Music Center

of engaging visitors in active learning experiences. There, they can discover fossils, hang out at the dinosaur dig pit or try their hands at gold panning – even feel the rumble of an exploding volcano.

The beginnings of the Arizona Museum of Natural History were a grassroots effort championed by local chapters of historians and archeologists who recognized the importance of sharing the history that shaped the southwest.

Another place that has shaped generations is the Milano Music Center. Opened in 1946, right after World War II, it has been the musical heart of Mesa for close to 80 years. This mom-and-pop store is a destination for everything musical under one roof. They teach lessons, rent instruments like trumpets, French horns, drums, violins, and cellos, and repair all band and orchestra instruments.

They’ve also watched some of their youngest students and customers grow up to become famous musicians, like the band Jimmy Eat World and Jason DeVore from Authority Zero. They also have a fair share of well-known musicians that stop in to shop, like blues guitarist Joe Bonamassa, Alice Cooper and songwriter and singer Vince Gill.

Those looking to experience a different culture in Mesa can head to Hope’s Frybread. Hope and her husband were students at ASU. She started making fry bread using her grandmother’s recipe to earn money. Hope eventually began catering, opened a “pop-up” tent on the weekends, and opened a restaurant.

The menu includes fry bread with fixings like a Navajo taco, burgers or fry bread fusion, with grilled teriyaki chicken, pineapple, cabbage and Siracha. There

are desserts, too – check out the Nutella banana fry bread for a sweet finish to the meal.

Given Arizona’s indigenous community, Hope feels she is fulfilling a need, and customers say it’s a little taste of home.

We also stopped at the BRI Taproom and Arcade. Here, Owner Matt Trethewey combines his two passions: craft beer and old-school arcade games. He’s got 30 video consoles that include Donkey Kong and Centipede and 12 pinball machines, with new ones rotated monthly.

Trethewey says it’s not just Gen-Xers reveling in the arcade age. He gets every age group – from 6-year-old kids to folks in their 80s. He also set up retro TV’s where he plays MTV and cartoons.

A trip to downtown Mesa can be educational, historical, musical and a whole lot of wholesome fun.

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Rio Salado Audubon Center takes learning outside

By Rachael Bouley

With a mission to inspire a deeper appreciation of Arizona's natural beauty and wildlife, the Nina Mason Pulliam Rio Salado Audubon Center has launched new education programs for Valley students.

As the southwest headquarters for the National Audubon Society, the organization hopes to protect birds and their habitats through science, advocacy, education and conservation.

According to Director of Community Education Katie Weeks, they are excited to offer more ways for students and families to learn about science and nature. This includes the new STEAM (science, technology, engineering, arts, mathematics) program developed in partnership with local art educators to show students how perspective and art can connect to scientific data collection.

"We believe kids can still learn and be inspired by nature and encourage that real-world wonder through our activities and lessons," Weeks said. "There's something amazing about hearing a familiar bird's song, feeling a bobcat's pelt, or seeing pollen up close. Our new programs combine these classic lessons and phenomena with innovative experiences."

The community is welcome to get involved with field trips to Rio Salado and outdoor programs and presentations at local schools.

"Our Nature in Your Neighborhood field



Rio Salado Audubon Center offers STEAM-focused education programs for youth in grades K-8.

trip is an award-winning experience that allows students to learn about the wildlife and ecosystems along the Rio Salado," Weeks explained.

The new Nature in the Schoolyard program is an adaptation of the field trip, allowing students to investigate their campus through hands-on activities, including a guided binocular walk and schoolyard habitat redesign.

The business also offers off-site and virtual options, like Downtown Owls and Urban Hummingbirds, that teach students more about native bird species and protecting their habitats. Weekend programs include guided bird outings, live animal encounters, and art workshops, offering more opportunities for the whole family to learn about Sonoran flora and fauna.

"Our programs seek to connect people with nature, including the birds and habitats found right outside your front door," Weeks explained. "Participants can learn about local birds, mammals and plants. We always end with new ways to help conserve birds and the local environment, whether by growing native plants, getting involved in our conservation workdays, or just sharing a love for birds and wildlife."

Rio Salado is located just outside downtown Phoenix. Admission for most programs is free, and program scholarships are available for Title 1 schools. It is also free to visit, with new art installations and exhibits throughout the 7,850 sq. ft. nature center nestled within the Habitat Restoration Area.

There are more than 200 species of birds and wildlife visitors may encounter in this Sonoran habitat, including the black phoebe, Gambel's quail, black-chinned hummingbird, great blue heron, and yellow-rumped warbler, just to name a few.

Rio Salado Audubon Center is booking field trips and school visits now through the end of the school year, with more educational resources available online.

riosalado.audubon.org



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Tali won first place at the AZ State Championship Feis in January 2023. She has been participating in Irish Dance since she was six years old.

PUTTING HER BEST FOOT FORWARD

Arcadia teenager is a world champion in Irish dance

By Mallory Gleich

Villa Montessori middle-schooler Tali Mathes has been on the stage since she was six years old.

Her talent within the world of Irish dance has taken her to hundreds of competitions – local and worldwide, and earned her an international ranking. In fact, Tali just arrived home from the All Irish Championships in Killarney, Ireland – her first time there – where she placed 26 out of 149 competitors.

Tali's first foray into the world of Irish dancing came from a unique source.

One night, her family was out for dinner at Tali's favorite pizza place. There, she met another girl practicing her steps for the St. Patrick's Day parade. Tali's interest was piqued.

She enrolled in the Michael Patrick Gallagher School of Irish Dance and has been competing in regional, national and world competitions ever since. She is currently ranked fifth in the western U.S. competitions and 14th in North America.

"My mom also Irish danced when she was a kid in Chicago," Tali said. "One of her teachers was Michael Flatley, the creator of Riverdance. My teacher, Michael Pat, danced the lead role in Riverdance for seven tours."

At each class, Tali learns new choreography and steps – which she said are challenging but exciting. Companies dance three times at competitions: two hard shoes and one soft shoe.

Some of the steps Tali has mastered include birdies (a jump with one leg extended, one tucked under), clicks, scissors, tuck jumps, curls, twists, kicks, trebles and hops. Competitions are called feis.

"There are reels, jigs, hornpipes, and sets. The set dance is when you get to dance solo and show the judges what moves you are strongest in," Tali said.

At the beginner level, dancers have to place first in seven dances to work their



Tali and some classmates from the Michael Patrick Gallagher School of Irish Dance at the AZ State Championships after a Ceili dance competition.

way up through Novice, Prizewinner, Preliminary, then Open Champion.

"In the western U.S. region, we go to about 10-12 competitions a year," Tali said.

Those competitions usually have about 200-300 total competitors of all ages. Each group dances in their age group. Dresses are custom-made, with Tali's being a "Rising Star" design from a dressmaker in Belfast, Northern Ireland.

At feis, there are three judges and one live musician. Tali said they have seen keyboard players, fiddlers and accordion players at competitions who know hundreds of Irish dance songs.

The set she's working on now is called Planxty Hugh O'Donnell, but her favorite dance is the Slip Jig.

The two dances leading up to recalls [where the judges call a dancer up to

perform once more – this means a dancer is guaranteed to medal] are about a minute each. Contemporary sets range from 90 seconds to two minutes long.

Tali practices three times a week for two hours each time, and also spends one-on-one time with her instructor every week.

With years of practice under her belt, Tali will showcase her talent in Casper, Wyoming, in March, then head to the World Championship in Montreal, Canada, in April.

"I don't count how many competitions I've won. I have a lot of trophies and medals," she said. "It's fun to win and to work hard. I like seeing my competitors. We chat and laugh, and we tell each other good luck. We've grown up together on the stage."

And although winning at a local feis makes Tali happy, winning at major

competitions like regionals, nationals and worlds makes her feel like her hard work has paid off.

"I think it is a great activity to join. For kids, it's a unique sport where you can make great friends. It's very athletic and challenging, but it's also very fun and exciting," Tali said. "I want to keep dancing as long as I enjoy it and my mom supports me."

Tali's hope at the All Irish Championship was to come home with a medal. She beat her own goal by placing 26th and heading home with not one, but three medals.

Before Tali heads to Wyoming and Montreal, she'll be showing off her moves at the St. Patrick's Day Parade in Phoenix on March 11.

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Carsten Cooper.



King penguins.



The polar plunge.

My trip to Antarctica

Editor's note: Carsten is a sixth-grader at Villa Montessori School in Arcadia who wanted to share his adventure with Arcadia News readers. If you've got a youngster with a story to tell, send it to editor@arcadianews.com for consideration in an upcoming edition!

By Carsten Cooper

Antarctica is the seventh continent I've visited. I went with my mom, sister, and my Aunt Lili. We are the 4Z because all of our last names start with a Z. We saw a lot of wildlife together at the bottom of the world. So let's get our jackets, gloves, snow pants, and boots. We're flying to Antarctica!

To get to Antarctica, I had connections at Dallas and Buenos Aires before we got onto a cruise ship in Ushuaia, Argentina. Our cruise was small compared to other cruises so that it can fit through the icy canals. Hurtigruten is an expedition cruise ship, which meant that it wasn't a relaxing cruise. But in my opinion, I qualify it as a relaxing cruise.

There were three restaurants, a Jacuzzi, infinity pool, lounge, art center, science center, lecture hall, gift shop, gym, launch room, spa, sauna, cabins and suites. There were 11 floors connected by the elevator and a big screen. When I was on the boat I felt like a baby being rocked in a cradle. We spent two holidays, Christmas and New Year's, there. We were on the boat for three weeks.

During landings, we would get off the ship and take a walk to see the wildlife around us. We saw tons of animals. It didn't matter to me if they were small or big. They were all so beautiful. We saw six different species of penguins! Each species was so different compared to the others.

Also, we saw a couple of killer whales at the bridge. Another animal that we saw was seals. Two different kinds, to be



Crystal, Carsten, Christina and Lily.

precise. The leopard seal and the southern elephant seal. The Leopard seals eat 14 penguins every day, while the elephant seals eat fish. In my opinion, I think the elephant seals are fascinating creatures. They fight against each other for power. They also live to be about 15 years old. They die at 15 because they fight so much.

In our free time, we would play card games or do art. My sister Crystal got me a card game called Boss Monster. We would play with it with the other kids on the cruise, whose names were Jameson, Alli, Shannai and Ian.

When Crystal and I were playing

Animal Crossing on New Year's, we saw the fireworks on the Nintendo instead of in real life. We made origami penguins and clay penguins. Another way we were entertained was watching movies at midnight. We finished all of *The Hunger Games*.

Everyone was so nice to us, like our servers Erik, Cesar and Kim. They were super amazing. Cesar was hilarious by doing magic tricks, while Erik was super understanding because he has a son and lastly Kim always got our drinks right on the spot and he always knew what we

wanted to drink. They knew if we ever were in a bad mood or in a good mood.

A big thanks to our expedition team. They helped us every time we needed help and they made this Christmas and New Year's ones we can always look back on. I remember when Morven [another server] wore his penguin outfit and became Morvenes the Penguin.

When we arrived at Deception Bay, we saw Santa Ian, who gave me a hat and a shirt. Another time when Jameson and I were playing Scrabble, Dominic helped us find out if ET was a Scrabble word and surprisingly enough, it was. When Crystal and I gave a present to Mattia, he gave me his compass.

One time, the kids were in a lecture led by Wayne and Karen, who challenged us to put our hands in ice-cold water. All of the boys finished in two minutes and thirty seconds. Another awesome memory was when we went to Whale Bay with Morven and Zoe and we did the Science Boat. We got to use a Water Drone, so we could see what was underwater.

Another important part of our trip was doing the polar plunge. We did it at Whale Bay because it was the warmest place in Antarctica because of the underwater volcano. The water was still freezing, but at least it was not ice cold like the lecture that Wayne and Karen gave the kids. My feet were horribly cold. But I still did it. So if you ever go to Antarctica, DO THE POLAR PLUNGE! You will not regret it.

In conclusion, this trip was spectacular. I enjoyed hanging out with my sister and my family. We made a lot of new memories and took lots of photos. So when we're old, we can look back on this trip and remember when we went to our seventh continent all together. I totally recommend Hurtigruten. If you ever want to go to Antarctica. Go with the best, and get some rest.

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The stories we tell ourselves

Getting an interview is hard. Interviewing for jobs takes a lot of work. This is especially true when you don't know someone already at the company where you're applying. Through the process of automated email rejections to our job applications, we try to make sense of it all.

It's human nature to try to piece together what we can't see. It helps us to feel more in control. It helps us try to perform better next time if only we understand what went wrong.

When I hear from job seekers, they are almost always beaten down. It's a lot like dating. The entire process can be rough until you find the one person you happen to click with. The experience is a sea of rejections and unanswered questions until that point.

When you ask a job seeker why they weren't hired, you'll hear common themes: "I didn't meet the minimum number of years of experience

required." "I've never worked in that industry before." "They weren't impressed with my job history."

What is interesting is what comes next. If you ask the same jobseeker how they received this feedback, they didn't. Very often, they have yet to get a job interview. Because the job description was so extensive, it was easy to find a spot where their experience didn't align with the job posting.

They deduced that they weren't a match based on what they knew about the role.

The problem is this logic is flawed. The job seeker could be correct. More than likely, a human has yet to see their job application. Unfortunately, the system of applying online needs to be fixed. Beyond that, online job postings allow hundreds of people to apply to a single posting with just a few clicks.

Sadly, job searching has evolved into a numbers game. To find a new job, job seekers should set a goal of applying to 100 jobs. The number seems high, but it's about increasing your odds. The more applications you put in, the more likely you will get an interview.

The more often you have a friend refer you to a role who already works at the company, the more likely you are to get an interview. The more often you email the hiring manager directly, the more likely you will get an interview.

The interview is critical. If you don't speak to a human, it's possible a human never saw your resume. That's why applying to so many jobs is essential. That's why going the extra mile by tapping your network is important. Set goals and stick to them.

When you are rejected, try to accept that a large part of the problem is the system. Every rejection should not be taken as a personal attack but as a message to keep applying for other opportunities.



Career Corner

BY ANGELA COPELAND

Career expert and founder of Copeland Coaching. copelandcoaching.com

From the Archives

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In Arcadia, Saint Patrick's Day means more than four-leaf clovers and an abundance of green! Discover the magic and fun March 17 brings to the neighborhood on page 18.



LOOK INSIDE!
2014 ARCADIA NEWS
Summer Camp Guide

Page 50

Tavan Elementary Fifth graders earn a unique learning opportunity with a technology internship.

Brophy hosts annual Special Olympics and makes an impact on both participants and hosts.

Page 56

In Arcadia, Saint Patrick's Day means more than four-leaf clovers and an abundance of green! Discover the magic and fun March 17 brings to the neighborhood.

St. Theresa Basketball wins CYAA Championships

By Mallory Gleich

St. Theresa's seventh-grade basketball team recently made waves as they went undefeated through the regular season and took home the Catholic Youth Athletic Association (CYAA) Championship.

The St. Theresa Broncos start practice at the beginning of November, with games starting in the middle of that month and going through the end of January. They played 12 games this season, including the CYAA playoffs.

"We have a good amount of interest in basketball at St. Theresa," Coach Jason Elrod said. "Most of the boys in seventh grade participate. Because of that, we split the boys into two teams of seven and six for the regular season, so they all get plenty of playing time."

The coaches combined both teams for the playoffs, so 13 players participated in the CYAA games. Elrod said the strength of the team is defined by their basketball IQ.

"More than half of the boys play for the Phoenix Runnin' Rebels club program in Arcadia. They are a fun group to watch play, and they play at a very advanced level for their age," he said.

The CYAA Championship games took place in late January at St. Francis in Phoenix. The Broncos took on a "very tough St. Thomas team," according to Elrod, who explained that most Catholic schools in the Valley were in attendance.



PHOTO COURTESY OF JASON ELROD

(back) Assistant Coach Jeremy Barnes, Jackson Keeler, Jedi Lopatin, Bentley Elrod, Carter Manuel, Pierce Foster, Drew Ogan, Assistant Chip Pisoni, Head Coach Jason Elrod. (front) AJ DeMarco, Andrew Leuer, Luke Polachek, Jordan Barnes, Jake Martone, Blake Pisoni.

"We were the No. 1 seed going into the playoffs, and we beat St. Jerome, St. Vincent, All Saints and St. Thomas twice," he said. "Our team was laser focused all season. I was proud of the way they stayed focused throughout the playoffs. Being the No. 1 seed, we got everyone's best every night."

Teammate Bentley Elrod has been playing basketball since he was four years old and said his strong will to win helps him during gameplay.

"We were all locked in and didn't want to let each other down," Bentley said. "After the championship, we were introduced in front of the whole school at the closing prayer ceremony."

Seventh-grader Luke Polachek said his favorite part of winning was knowing there would be a banner hung up, so he could remember the accomplishment with his friends and teammates.

"I stay motivated by having fun and always wanting to get better," Luke said.

"When the championship was over, we told each other good work and passed around the trophy that we brought back to St. Theresa."

The team's motto, which helps keep them motivated on and off the court, is "the job's not done."

"We really wanted to finish undefeated. We were able to do that in football this season and were focused on doing it again for basketball," Elrod said.

Congratulations, Broncos!

Two-in-a-row for St. Theresa's softball team

By Melissa Hirschl

St. Theresa Catholic School's Broncos softball team was jubilant after winning the Catholic Youth Athletic Association (CYAA) championship game in January. Being a back-to-back win to last year's championship – the first in school history – made the moment even more gratifying.

Christ Lutheran and St. Theresa played a tense game due to consistent ties and excellent play on both sides. During the 5th and 6th innings, the Broncos took the lead, which they held until the last strike was called for the third and final out.

"The girls immediately rushed the field as parents, friends and family stood up, cheered and clapped with gusto," Assistant Coach Andy Bandura said. "The eighth-graders had bittersweet tears of joy knowing it was their last hoorah as a Bronco."

Teams lined up to congratulate each other with fist bumps and high fives as the coaches shook hands. According to Assistant Coach Shawn Brown, officials from the softball league said it was one of the greatest championship games they had witnessed.

The championship was the last game of a double-elimination tournament consisting of eighth-grade teams. The CYAA allowed concessions for St. Theresa team since they did not have enough girls to play on the field.

"Our starting team consisted of one sixth grader, four seventh graders and four eighth graders," Coach Brown said. "The concession allowed us to play with younger players versus all eighth graders."

Participating schools in the tournament included Christ Lutheran, St. Francis Xavier, St. Gregory, St. John XXIII and Our Lady of Mount Carmel. To commemorate the Bronco's performance, the school proudly displays the three-foot trophy the girls received. In addition, a banner will be on permanent display in the gymnasium.



PHOTO COURTESY OF ANDREW BANDURA

(front) Coach Shawn Brown, Milla Meinhausen, Meredith Shager, Valeria Rosas, Catie Murphy, Adeleine Bandura, Lulu Smith, Angie Falls, Lucy Dreier, Annie Drier, Lexi Brown, Lila Evarkiou, Gia Catton. (back) Reese Brown, Coach Eric Dreier, Coach Andrew Bandura.

"We had a unique team of sixth, seventh and eighth-graders, all playing at a high level," Bandura said. "We had players who never picked up a ball and bat and others who have played half their life."

Despite the variances in age and skill levels, the team proved to have a winning chemistry. For the novice players, coaches worked on hitting, fielding, taking signs and base running.

"It was refreshing to have such good listeners who were very coachable, despite their inexperience," Bandura said. "St. Theresa's has never won a softball championship before last year, and winning two in a row is a big deal. It was very satisfying to see younger players increase their skill levels and win."

"The championship was very exciting," seventh-grader

Addie Bandura said. "Our team had a lot of girls last year, and it was fun playing with friends since we all enjoy each other. Also, our coaches are great; they give us moral support and training."

"It was a big team effort, and we all pulled together. It was intimidating playing CLS since they were undefeated for two years," eighth-grader Angie Falls said.

Head Coach Eric Dreier said that the coaches work hard to provide balance during practices.

"We try to have a laid-back attitude but also encourage competition," he explained. "I tell them anytime they play, they need to give 100 percent effort to ensure a good chance positive things happen. Mastering the fundamentals and having a positive attitude is the most important thing. We are naturally hoping for another win next year."

DID YOU KNOW? LEPRECHAUNS

WHAT COLOR? Red

Everyone identifies leprechauns by their green clothes, red beard and derby hat. But according to Legends and Stories of Ireland from 1831, the fairies dress in red. Irish novelist Samuel Lover describes them as wearing "a red square-cut coat, richly laced with gold, and a cocket hat." So where do the green jacket and pants come from? While some believe leprechauns sport different colors according to their regions, others joke the signature green simply matched the Irish shamrock better. — huffpost.com



WHERE ELSE? Holland

Kabouters are gnomes in Holland. They are akin to the leprechauns of Ireland, and in Holland stories, they are small and hairy creatures. These tiny people live underground or in holes up the hill. In most of their folklore, male kabouters wear red pointed hats and have long full beards. Just like leprechauns, they are solitary creatures and they punish those who spy on them. — dutch-folklore.fandom.com



WHO SAID? Dick Fagan

Oregon-based journalist Dick Fagan saw a small hole in a block of concrete and began writing a newspaper column about Patrick O'Toole, the head leprechaun who lived there. Fagan added flowers and greenery to the area around the hole and made a sign, making the area the "smallest park in the world." In 1976, it became the official park of the city for St. Patrick's Day. Today, it's known as the Mill Ends Park — and boasts benches and a swimming pool. — localadventurer.com



THE MASCOT? Fighting Irish

To keep up with the Irish folklore, and the university's nickname of Fighting Irish, the University of Notre Dame chose a leprechaun as their mascot. For many years, their mascot was an Irish terrier dog. Starting 1965, however, the side-view figure of a leprechaun has been the team's official logo. Every year, a student portrays the live version of the leprechaun. The chosen student will wear an Irish country hat and a green cutaway suit for everyone to see. — 247sports.com



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DID YOU KNOW? LEPRECHAUNS

LEPRECHAUN FACTS

Leprechauns are considered fairies.

According to Irish folklore, the creatures are typically small in size and prone to mischief. They lived in Ireland long before the first human stepped foot on the Emerald Isle.

There are different theories regarding where the name leprechaun comes from, but the most popular belief is that it originates from the Middle Irish word *lúchorpán*. *Lú* means “small body.”

All leprechauns are usually described and pictured as elderly men with beards. The reason is simply that there are no female leprechauns.

In early 1975, the Lucky Charms leprechaun was replaced by Waldo the Wizard, a kind, slightly forgetful character created by Alan Snedeker. He wore a green cape and wizard’s hat, and tested high with New England audiences. However, his appearance was a brief one – Lucky came back for good less than a year later.

Legend says that if you manage to get hold of a leprechaun, he will grant you three wishes to be released again. Be careful, though. The leprechaun could jinx you to have bad luck for the rest of your days.

Leprechauns have been protected by a European Directive since 2009.

In March, there are marathons that encourage the participants to dress like leprechauns. The festive runners help raise money for charity.

According to the locals at Carlingford, Ireland, there are 236 leprechauns in their region.

Leprechaunism is a very rare disorder that’s got something to do with insulin resistance.

A brand of Irish whiskey conducted a survey asking people if they believe that leprechauns are real. The results showed that at least one-third of the Irish population believes in their existence.

Leprechauns are featured in *Harry Potter*. Known as clauricorns in the series, they are mischievous and magical beasts that were displayed during the Quidditch World Cup.

WORD SEARCH

P Y U W W K J M U P W C O L A J G K B W K O S S V
T L G E Q L K D G I B F C H D U Y A I E Z F S U P
X Z T W W M M N H M S J I N X V N U T T C X E N X
Y D A D E Y Q D C P X T N J O E D W R F L H I P G
R N I F F T B N B N K X R A R T J F T C S O R X J
J A C H O F S B S Y E Y J S U S R C L U N V I R C
W L Y F B O V B C N G W S L I E V E F O Y E A K Q
E E E W S L L G M A A K Q T M D U H D P C I F J M
W R Q G L K O O S L H O F V A H J Z H A Y J X Z R
S I H P T L F O J O X D D O R R C O W C M G H R G
G M P T K O X E L O O T O K C I R T A P O E G W Z
X N G O I R S L C P T S S G O E I B F G K F U K F
P Q Z C T E A F C Z V M I L L E N D S P A R K A K
B P S S O N I H Z K W R F R D M D L H M Z J B J O
V L T A D T C X E S H A S Q A E V S S H D A N H M
E W P M Z E R R U O D H U G O M B K H W I F S J W
H E A D Q N A G A F K C I D M E X H N X A X G O Z
C A T H H U F U Y S D Y A Q S R E T U O B A K S K
T G R F B Q T T K Y Z K S F V A N F Y M D L H Y L
I R I K L R G H L D T C C A R L I N G F O R D Y F
D D C M V B B G N M T U H W C D H G E G E G N F S
D D K I P F S Y I K S L C P G I U W G E C J Q W Z

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PATRICK O'TOOLE
QUIDDITCH
SLIEVE FOYE
ST. PATRICK

SAY WHAT?

THE LEGEND OF SLIEVE FOYE

In 1989, a local businessman in Carlingford, Ireland, claimed to have found evidence of a real leprechaun on a mountain called Slieve Foye. He said that after hearing a scream near the wishing well, he found bones, a tiny suit, and gold coins near scorched earth. The evidence is now displayed behind a glass case for visitors to come see. — atlasobscura.com





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The 1989 Ferrari F40 was the king of the auction, selling for a record \$2,750,000.

Barrett-Jackson auction brings in \$1.89 million for charity

By Greg A. Bruns

It was 1967 when two car-loving friends named Tom Barrett and Russ Jackson got together and put on a car show and parade that they called “*Fiesta de los Autos Elegantes*.” It was more than just a car show – from the very beginning they were raising money for charity. Their first car event raised enough to make a donation to the Scottsdale Art Center and purchase some books for the community library.

Four years later in 1971, the first Barrett-Jackson Collector Car Auction was held in a dirt lot next to the old Safari Hotel in Scottsdale. From there, the auction grew rapidly, along with the philanthropic

Continuing their philanthropic efforts, Barrett-Jackson sold five vehicles for charity, with 100 percent of the price from each vehicle benefiting local and national nonprofits for \$1.89 million, collectively.

The 2021 Shelby Super Snake Count's Kustoms Edition sold for \$350,000 to benefit Camp Freedom.

A 2023 Ford F-150 Lightning 4x4 Super Crew Pickup sold for \$275,000 to benefit Fighter Country Foundation.

A 2024 GMC Hummer EV Edition SUV sold for \$500,000 to benefit Tread Lightly! – which promotes responsible recreation through stewardship, education and communication.

This year, more than 300,000 came out to experience the 52nd annual Barrett-Jackson Scottsdale Collector Car Auction over nine days in January.

endeavors. They moved to Westworld in 1989, and the collector car auction became a social spectacle, earning its place as one of the largest and most-attended events in the Valley – up there with the Super Bowl and the Phoenix Open. It is also a generous charitable organization.

This year, more than 300,000 came out to experience the 52nd annual Barrett-Jackson Scottsdale Collector Car Auction over nine days in January. 1907 no-reserve vehicles brought in auction sales of \$184.2 million. Over 1,100 pieces of authentic automobilia were also auctioned for more than \$6.41 million, bringing total auction sales above \$190.6 million.

General Colin L. Powell's 2015 Chevrolet Corvette Stingray sold for \$200,000 to benefit America's Promise Alliance.

A 2024 Ford Mustang GT Fastback (VIN #1) sold for \$490,000 and received an additional \$75,000 in donations from guests on the auction block – JDRF benefited from this sale.

Barrett-Jackson typically hosts four auctions around the country every year, although Scottsdale is the largest and runs longest. This year, Barrett-Jackson will be in Palm Beach, Florida in April and Las Vegas in June. The auctions are broadcast on The History Channel and FYI.

barrett-jackson.com

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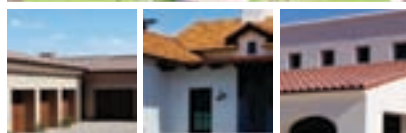
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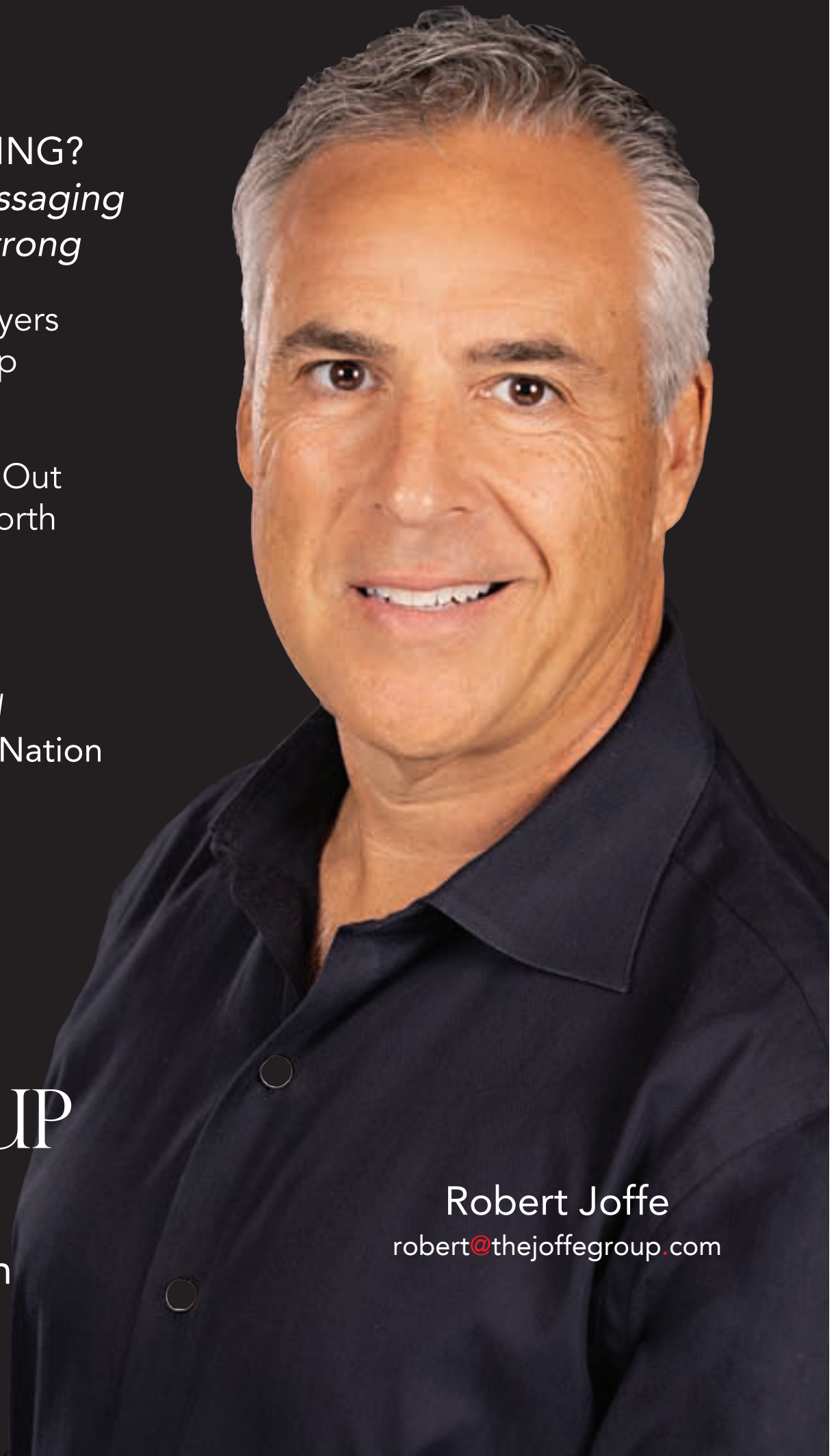
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