

ARCADIA NEWS



VOL. 30 NO. 4

ARCADIA • BILTMORE • CAMELBACK CANYON

JULY 2022



WHAT'S NEW, NEIGHBOR?

We caught up with Arcadia's neighborhood associations to find out the latest.

PAGE 31

LIT UP FOR THE FOURTH

Check out our list of Fourth of July festivities. Don your red, white and blue and prepare for fun!

PAGE 24

GIVE, AND GIVE AGAIN

The Giving Group is an assembly of local friends and business people who give to nonprofits four times a year.

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Tanner Detro
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Publisher: Greg A. Bruns
greg@arcadianews.com



Editor: Mallory Gleich
mallory@arcadianews.com



Designer: Gabe Turner
gabe@arcadianews.com



Advertising: Roni Mier
roni@arcadianews.com

3850 East Indian School Road
(602) 840-6379 • arcadianews.com
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Arcadia Fourth of July Parade. See more events on page 24.

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Sophomore Ethan Reniewicki followed in the footsteps of his older brothers, earning his Eagle Scout rank with Boy Scout Troop 6.

28 The Good Citizen Award

The DAR Good Citizens Award encourages and rewards the qualities of good citizenship – and Veritas graduate Jake Marbach is this year's winner.

31 Students vs. teachers

At the end of the school year, St. Theresa's eighth-graders faced off against the teachers at the annual volleyball tournament. This year's educator teams were no match!

40 Raising boys in today's world

Arcadia mom-of-two Kara Forney recently published a collection of essays from moms all over the country that detail the good, bad and fun parts of being a boy mom.



Nine-year-old twins Cali and Cat at Scottsdale's
4th of July celebration at WestWorld.
The family-friendly event is in its ninth year.
PHOTO COURTESY OF SCOTTSDALE 4TH



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EDITOR'S NOTE

Fourth of July is one of my all-time favorite holidays. The red, white and blue decorations, firework shows, patriotic songs, the togetherness of communities all over the USA – if only for one day – is enough to make me proud of the neighborhoods I've come to call home.

We've got an extensive round-up of Fourth of July activities around the Valley, including the Arcadia Fourth of July parade. This 26-year-old tradition gathers Arcadians for a morning of decorated cars and snacks, while the Phoenix Fire Department helps keep things cool.

We're also updating folks on what's going on with our neighborhood associations. The ACMNA recently welcomed a new president, Michael Phillips who hails from North Carolina. Phillips said that he loves the community's charm and is excited to donate his time to making Arcadia even stronger.

A boutique hair salon has opened in the space that formerly housed Salon Sandoval, which was part

of Arcadia for over 20 years. Salon Rae's new owners are stylists that some might recognize, as they worked for the previous business and its owner, Chris, before Salon Sandoval was shuttered in 2017. Raechel, Alissa and Ilse remained close, and when the opportunity to return to their home base surfaced, they jumped at the chance and opened Salon Rae earlier this summer.

Our Summer Vacation Photo Spread will happen again this year, so make sure to send photos to editor@arcadianews.com for a chance to be in the September issue. Your photo might be on the cover! The deadline to send in photos is August 8.

Stay cool out there, and thank you for reading the Arcadia News,

Mallory

– Mallory Gleich



Greg Bruns, Dorcas Guest-Nelson, Amanda Goossen, Christa Badorek, Danielle Castelli-Wright, Laura Yarkosky, Mallory Gleich. Not pictured: Jeff Tucker, Alyssa Heil, Jordan Holland and Michelle Lutz.

At the end of the school year in May, Arcadia News held a luncheon at Postino Winecafé to honor the 2021-22 Teachers We Love winners. Teachers We Love started in 2011 as a way for students and parents to honor a local teacher who has impacted their or their child's life.

This year's turnout included not only teachers but also a school nurse from Arcadia High.

Educators from St. Thomas the Apostle, St. Theresa, Hopi Elementary and Villa Montessori, also came together for Happy Hour and happy conversation. A special shout-out goes to Postino for hosting our event. Thank you to our sponsors: The Phoenician, The Joffe Group and Postino Winecafé, and thank you to all of our teachers for making a difference in the community.



UPCOMING THEMES:

AUGUST

Back to School

SEPTEMBER

Fall Sports Preview

OCTOBER

Fall Events

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"America is a tune. It must be sung together."

– Gerald Stanley Lee

Arcadia News takes home 13 awards at national contest

Recently, more than 100 newspapers from around the country gathered together for the annual Association of Community Publishers (ACP) industry conference and the "Best of the Best" Awards Show. The industry organization has more than 130 community newspaper members with a circulation of more than seven million copies in North America.

Your hometown newspaper brought home 13 awards this year in the categories of graphic design, advertising, editorial and "General Excellence." In 12 of the last 13 years, The Arcadia News has finished as one of the top three community newspapers in the overall category, including eight first-place wins.

Since the paper received its first recognition in 2009, Arcadia News has won more than 200 awards from local newspaper associations such as the Arizona Press Club, and international organizations that include the Independent Free Papers of America and ACP. Some of the categories the paper repeatedly excels in include: Best Front Page, Best Original Writing, Best Photography and Best Layout/Design. Here are some of the honors from this year's competition:



FIRST PLACE

- Best Front Page (Jerry Davis with Flag)
- Best Single Ad (Why Advertise?)
- Best Agency Ad (North & Co.)

SECOND PLACE

- Best Column (Sam Lowe "The Lowe Road")
- Best Article Layout (Roberto-Venn Guitars)
- Best Front Page (AHS Baseball)
- Best Agency Ad (North & Co.)
- Best Event Ad (Troop 6)

THIRD PLACE

- General Excellence 26%+ (Overall)
- Best Ad over 12" (BSA Wreath Sale)
- Best Agency Ad (Phoenix Water)
- Best Auto Ad (Team Tino)
- Best Classified Layout

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Arcadia Real Estate Stats

2022 HOPI SCHOOL DISTRICT SALES RESULTS

(1/01/2022-5/31/2022)

Active Homes -	80 homes
Homes Sold -	129 homes
Average Sale Price -	\$2,521,000
Average Sold \$ Per SF -	\$682
Average Days On Market -	36 days

There is currently 3 months of home inventory. (based on 2021 sales results)
2022 home sales have decreased 10% this year. (based on 2021 sales results)
2022 home prices have increased 17%. (based on 2021 sales results)
2022 \$ Per Square Foot prices have increased 20%. (based on 2021 sales results)
2022 homes are taking 38% less time to sell. (based on 2021 sales results)

2022 TAVAN SCHOOL DISTRICT SALES RESULTS

(1/01/2022-5/31/2022)

Active Homes -	44 Homes
Homes Sold -	96 Homes
Average Sale Price -	\$1,275,000
Average Sold \$ Per SF -	\$518
Average Days On Market -	35 days

There is currently 2 months of home inventory. (based on 2021 sales results)
2022 home sales have increased 0% this year. (based on 2021 sales results)
2022 home prices have increased 22%. (based on 2021 sales results)
2022 \$ Per Square Foot prices have increased 21%. (based on 2021 sales results)
2022 Homes are taking 0% more time to sell. (based on 2021 sales results)



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WHAT'S HAPPENING, ARCADIA?

BRIEFS



The Phoenix Zoo will be hosting an online auction, **Bidders for Critters**, from July 20 at 9 a.m. until August 1 at 9 a.m. Guests can bid on zoo experiences, family fun activities, jewelry, art, home and garden, sports and outdoor packages. All proceeds from the auction help care for the animals who call the zoo home.

phoenixzoo.org



A camping and outdoor retail shop opened in June near 26th St. and Indian School Road. **River Outdoor + Adventure Garage** is an active shop for off-road and overland builds. They offer lifts, wheels, tires, off-road lighting, roof racks, tailgate kitchens and more. In the front of the shop guests will find all their camping needs, including apparel.

[River Outdoor + Adventure Garage Instagram Page](#)

Phoenix Public Library kicked off its **Summer Reading Program** in June, but there's time to catch up – the contest is open until August 1. Kids can sign up for the Summer Reading Game, where participants can earn badges, points and prizes for every minute they read. This year's theme is

"Oceans of Possibilities." Kids up to age 11 can earn a free personal pan pizza from Peter Piper Pizza. At 1,000 points, participants earn a free book.

maricopacountyreads.org



Biltmore Fashion Park recently welcomed **My Little Peanut**, a boutique that offers essential items and unique fashions for both mama and baby. Shoppers will find clothing, maternity needs, nursery décor, teething accessories, etc.

my-little-peanut.com

There will be a **freshman parent orientation** meeting for students heading to Arcadia High this fall on August 1 at 6 p.m. at the school (4703 E. Indian School Road). The meeting will review freshmen expectations, explain supports available to freshmen students and highlight opportunities for freshmen to get involved in the Arcadia High School community.

Email:jwinget@susd.org for more

Hospice of the Valley is offering weekly public workshops with various speakers in July for those looking to learn more about dementia and support education. On July 7, speaker Helena Morgan will discuss Home Safety for those living with dementia from 10–11 a.m. On July 14, the topic is travel; July 21 is communication strategies and July 28 is "If I Only Knew Then What I Know Now," a discussion focused on the ins-and-outs of caring for someone with dementia. There is no cost for these workshops, but registration is required.

dementiacampus.org

The **2022 Summer Movie Club** membership pass at Pollack Tempe Cinemas

(located on the corner of McClintock and Elliot Roads in Tempe) allows guests to see one movie per week – for just \$5! The club runs through Thursday July 28, 2022, and will show films like *Minions*, *Pets 2* and *Hotel Transylvania*. Those who don't have a pass can still see the films at \$3.50 per person. The theater is open Wednesday-Sunday.

pollacktempecinemas.com

MODUS Companies, the leading Net Zero energy development company in the country, has unveiled a new partnership with HercuWall, a "steel-reinforced concrete insulating form building system engineered for superior strength and durability." The two businesses have partnered together to build Arcadia View Lofts (2640 N. 52nd St.), which will be the first community that MODUS is developing in the coming year.

moduscompanies.com



Duet, a Phoenix nonprofit that promotes health and wellbeing with services to homebound adults, is looking for volunteers to help with grocery shopping, rides, paperwork, visits or phone calls to homebound seniors in Scottsdale, Phoenix and Paradise Valley. After volunteer orientation, Duet pairs the volunteer-based on their availability, interests and location. There will be an orientation in Phoenix on July 12 from 2-4 p.m.

duetaz.org/volunteer

Phoenix mom-of-two Lilach Mazor Power is the founder and CEO of Mazor Collective, a foundation that includes the Arizona-based Giving Tree Dispensary and **Revelry**. Since establishing Giving Tree in 2013, Power has raised more than \$100,000 for charities,



including Making Strides against Breast Cancer, Chrysalis, and StreetLight USA. The Revelry line is meant to treat symptoms of menopause.

mazorcollective.com

EVENTS

SATURDAY 7/2

Letterpress Workshop

10 a.m.-1 p.m. at Hazel & Violet, 1301 NW Grand Ave., Phoenix. Curious about letterpress printing? Hazel & Violet can help! Guests will learn the basics of letterpress printing with wood and metal settings to print their very own poster, card or coasters. All materials are provided. This class is \$60 per person, and registration is required.

hazelandviolet.com

TUESDAY 7/5

Dinner and a Movie

5:30 p.m. at Marcellino Ristorante, 7114 E. Stetson Dr., Scottsdale. Guests are invited to Marcellino to enjoy a three-course summer special dinner and watch a classic film on the house. Tonight's film is *The Big Night*. Tony Shalhoub and Stanley Tucci star as brothers attempting to make their Italian restaurant succeed in America. Dinner starts at \$50 per person.

marcellinoristorante.com

FRIDAY 7/8

Balloonacy

1 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. Second St., Scottsdale. This family-friendly comedic

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WHAT'S HAPPENING, ARCADIA?

Send Arcadia area events or briefs for consideration to editor@arcadianews.com.



Letterpress Workshop at Hazel & Violet in Phoenix.



Desert Kids Camp at DBG.

play explores the power of friendship when a mischievous balloon finds its way into the home of a cranky, solitary old man, and hilarity ensues. Tickets are \$20 for adults, \$15 for 18 and under.

scottsdaleperformingarts.org

SATURDAY 7/9

Experience France

9 a.m.-5 p.m. at the Musical Instrument Museum, 4725 E. Mayo Blvd., Phoenix. France is a 14-hour flight away from Phoenix, so instead, the MIM is bringing French culture to us! Guests can celebrate Bastille Day and learn everything about the country with music, dance performances, curated talks, authentic cuisine and other family-friendly fun. Tickets are included with admission, \$20 for adults, \$15 for kids.

mim.org

SUNDAY 7/10

Chameleon Club

10 a.m.-2 p.m. at Brightside Studios, 839 E. Camelback Road, Phoenix. A new, interactive art studio called Brightside is offering four days of their new Chameleon Club for kids of all ages. This Sunday – and on July 24 – kids can partake in three activities: build and paint a wooden birdhouse, paint a clay pot and plant a flower, or paint a blank canvas. Tickets are \$15 per project.

brightsidestudios.com

MONDAY 7/11 – FRIDAY 7/15

Youth Improv Camp

10 a.m.-1 p.m. at The Bridge Improv Theater, 937 E. Broadway Road, Tempe. This camp is geared toward kids who want to find a laughter-filled outlet, feel more confident, or look for a new hobby. Improv instructors will use life experiences, voice and sense of humor to teach the “secret” tools to harness campers and highlight their creativity. Camp will end with a public showcase. Registration is \$150.

bridgeimprovtheater.com

NASA Astro Camp

8:15 a.m.-4 p.m., at Arizona Science Center, 600 E. Washington St., Phoenix. Something for all the aspiring space explorers! Astro Camp attendees will experience authentic NASA science experiments, participate in a star observation night and take a field trip to ASU to tour the meteorite museum, the Mars Control Room and a 3D Planetarium. Registration is \$325 per person for the full week.

azscience.org

WEDNESDAY 7/13

Craft Time at Arcadia Toys

10 a.m. at Arcadia Toys, 5207 N. 44th St. Head over to urBana's sister store, Arcadia Toys, for craft time! Today's event is sidewalk chalk murals – kids can join creative director Logan as he leads a step-by-step drawing class. There will also be drinks and snacks available. This activity is best for ages 3+ and is free to attend.

shop.urbanashop.com

THURSDAY 7/14

Art History Lecture, Part 1

5:30-7 p.m. Shemer Art Center, 5005 E. Camelback Road. This month's art history lecture is about Auguste Rodin (The Thinker), who is considered the founder of modern sculpture. Presented by Eleanor Sypher, Ph.D., guests will learn about Rodin's technique in a two-part series while enjoying beverages and hors d'oeuvres. Registration is \$15.

shemerartcenter.org

WED. 7/13 – TUE. 7/26

Desert Kids Camp

8 a.m.-12 p.m. at Desert Botanical Garden, 1201 N. Galvin Pkwy. Kids ages 3-12 (and their caregivers) can enjoy these summer drop-in classes filled with music, activities and games in the garden's outdoor classroom. Themes are Sensory Science from July 13-15, Plant Power from July 19-22 and Earth

mediums, students can create textures, text, and layering for depth to create a one-of-a-kind collage art book. If you have lots of photos that need a home, this might be a good place to start! Registration is \$75.

shemerartcenter.org

Brushstrokes Painting Class

6-8:30 p.m. at Butterfly Wonderland, 9500 E. Via de Ventura, Scottsdale. Local artist Judith Nunez will lead a class in painting an abstract butterfly for guests to take home and display for all to see! All materials are included. Once you're done, get yourself a ticket and check out the butterflies. Tickets for the class are \$15 and for the exhibit are \$25.

butterflywonderland.com

SATURDAY 7/16

Sip and Shop Market Series

9 a.m.-1 p.m. at Hotel Valley Ho, 6850 E. Main St., Scottsdale. This resort is celebrating local chefs, purveyors and some of their favorite beverages with this free indoor market series. July's theme is “Ole! Latin Flavors.” Guests will receive six tastings tickets and a voucher to use at ZuZu, plus live music and vendors. Food by local chefs and take-and-make cocktails will also be available for purchase. This is a 21+ event.

hotelvalleyho.com

Science on July 26. Admission covers the camp for the day: \$25 for kids, \$15 for grown-ups.

dbg.org

FRIDAY 7/15

Photo Collage Workshop

1-4 p.m. at Shemer Art Center, 5005 E. Camelback Road. Students will create an accordion-style collage book that tells a story about the artist's favorite vacation in this summer workshop. Using multiple

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WHAT'S HAPPENING, ARCADIA?

Kids' Night Out

6-10 p.m. at Arizona Sunrays, 3923 E. Indian School Road, Phoenix. Arizona Sunrays will host its Kids' Night Out event for ages 3 to 13. Attendees will participate in gymnastics, dance, organized games, etc. The evening's theme is "Shark Week." The cost is \$40 for the first child; \$35 for each additional child. A pizza dinner is included. Advanced registration is required.

arizonasunrays.com

Spirited Sipping Seminar

3 p.m. at Mountain Shadows Resort, 5445 E. Lincoln Dr., Scottsdale. Sipping Seminars are back in session. Hosted by Hearth '61, these classes are designed to teach attendees about the history of wine and spirits through a sipping seminar. Students will learn how to create classic drinks – anything from vino to cocktails is on the table. This month's theme is "summertime cocktails with spice." Class size is limited to 20 people. Tickets are \$39 per person.

mountainshadows.com

Sneaker Ball

5 p.m. at Phoenix Civic Center, 100 N. 3rd St. This annual event merges sneakers, art, fashion and philanthropy. Hosted by FAB Events, guests will experience a fashion show, dinner, raffles and vendors. FAB is



Baseball Academy Summer Camp at Salt River Fields in Scottsdale.

also looking to collect new and slightly used sneakers to donate to those in need. The award show will spotlight individuals and businesses for their contributions to the community. Tickets start at \$20.

[FAB Weekend Facebook Page](https://www.facebook.com/FABWeekend)

WED. 7/20 – THU. 7/21

Girls Mentorship Summer Session

9 a.m. at notMYkid, 5310 E. Shea Blvd., Scottsdale. Girls Mentorship is an empowerment company focused on teaching life and personal development skills to girls ages 10-13. This session is called Shine On; students will learn tools to

support self-talk regarding their goals, make room for "yes," and become the authors of their own stories. The final summer sessions, Positive Relationships, will be held on July 27 and 28. Registration is \$100.

girlsmentorship.com

FRIDAY 7/22

Sonoran Sippin'

6:30-9:30 p.m. at Desert Botanical Garden, 1201 N. Galvin Pkwy. Kick start the weekend with a drink and an evening in nature. This Friday's event features music and entertainment from various musical acts. Adult beverages are available for

purchase, and guests will get an after-hours look at DBG's latest exhibit. Tickets are \$15 for non-members, \$10 for members.

dbg.org

TUESDAY 7/26

Sunset Sweat

6:30 p.m. at Desert Ridge Marketplace, 21001 N. Tatum Blvd., Phoenix. Desert Ridge is offering free outdoor fitness classes during the summer—this Tuesday, it's time to sweat with a pilates class hosted by Reformed Pilates. This 50-minute session features the signature Reformed Method. Afterward, join others in the Nike store for refreshments and swag bags.

shopdesertridge.com

FRIDAY 7/29 – SATURDAY 7/30

Baseball Academy Summer Camp

6-9 p.m. at Salt River Fields, 7555 N. Pima Road, Scottsdale. This camp is geared toward kids aged 5-12 who want to practice their baseball skills. Trained coaches will educate campers on the fundamentals of the game: hitting, pitching, fielding and catching. Plus – it's at night, so the weather will be a little easier to handle. Registration is \$125 per person.

saltriverfields.com



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At this time, we would urge our clients to remain calm and not make any fear based decisions. Arizona will continue to benefit as it has for years in the short and long term from an influx of people moving from harder hit states like California, Illinois, and New York. Additionally, real estate may be seen as a safe haven from a stock market that has lost over 30% of its value.

-Tucker Blalock (Q1 Market Report - April 2nd, 2020)

The words above were written at the height of the COVID pandemic on April 2, 2020 for our Q1 market report of that year. The poise in those words is how your real estate advisor should respond to the markets in turbulent times. Too often in our society I feel a sense of frenetic penny stock energy coming from the masses in regards to real estate. They watch home prices on Zillow like stock tickers and calculate their equity in real time. Even worse, it seems like everyone has been brainwashed into thinking that the housing market only moves in one direction...from the lower left to the upper right...in 20% increments.

As the market changes, you will need to temper your expectations and understand that past results are not indicative of future returns. In this uncertain time of Federal Reserve tightening and increased inventory, we will not continue to return 10+%. Rather than yell, “Fire!,” we see this as a healthy break while the market digests the extreme conditions that infused wild volatility into our housing prices over the past couple of years. The housing market will feel slower in the interim and that’s ok. We still expect Phoenix real estate to remain resilient and continue to appreciate with lower single digit gains.

This next phase of the market will call for increased workload for real estate agents. The current 72Sold® model will no longer work. Your agent will need dynamic marketing power and deep relationships to help your home stand out in a more crowded marketplace. If you have any questions or need advice on how you should handle this next phase of the market, please do not hesitate to call us anytime. We are always here for you and ready to advise when the time is right. Have a great summer and we look forward to seeing you around soon!



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OUT OF THE AREA, BUT WORTH THE DRIVE

SATURDAY 7/2

Independence Day Bash

4-9 p.m. at Triple Creek Kitchen, 300 N. Montezuma St., Prescott. An inaugural event hosted by Triple Creek Kitchen & Bar, The Hilton and Sam Hills Warehouse. Guests can enjoy live music from country star Josh Scott while kids hang out in the splash pad. There will be food and drinks available for purchase, and don't forget to wear your red, white and blue. This event is free for all ages.

theprescotttimes.com

SUNDAY 7/3

C4 Foundation Benefit Concert

6 p.m. at the Hotel Del Coronado, 1500 Orange Ave., Coronado, CA. It will be worth the drive! Nate Nathan and the MacDaddy-O's Band will put on a concert at this famed hotel in honor of Charles Keating IV and the C4 Foundation, which provides support and resources to active duty Navy SEALs and their families. Make sure to save room for snacks and drinks. General admission tickets start at \$200 per person.

c4foundation.org

FRIDAY 7/8

Urinetown

7:30 p.m. at the Fountain Hills Theater, 11445 N. Saguaro Blvd. In a Gotham-like city, a water shortage caused by a 20-year drought has led to a government-enforced ban on private toilets. The citizens must use public amenities, but one man decides to plan a revolution to lead them all to freedom – and private bathrooms. This musical comedy is rated PG. Tickets are \$35 for adults, \$18 for kids.

fhtaz.org

Second Friday

6-10 p.m. along Main Street, between Center and Robson in Mesa. Like First Friday in downtown Phoenix, but instead, it's on the second Friday. This event boasts live bands, art booths, gallery openings, food trucks and contests, plus shops and



C4 Foundation Benefit Concert at the Hotel Del Coronado.



One Night of Queen at the Chandler Center for the Arts.

restaurants will be open late. This event is free, kid-friendly, dog-friendly and promises lots of fun.

2ndfridaynightout.com

SATURDAY 7/9

The Feast of St. Arnold

12 p.m. at Fibber Magees, 1989 W. Elliot Road, Chandler. The 10th annual midsummer indoor craft beer fest at Fibber Magees is back! The Patron Saint of Hops and Grains is ready to celebrate with an expanded tap list – 40 brews from 38 breweries worldwide – plus beer flights and special food offerings.

fibbermageespub.com

Goat Yoga

5 p.m. at Lil' Goat Town, 7377 S. 169th Pl., Queen Creek. Sure, yoga can be fun, but yoga with goats? Even better! This session is all about relaxing and doing yoga poses with baby goats. Well, more about hanging out with them while throwing in a pose now and

then. Either way, you'll be surrounded by cute. Registration is \$20 per person.

lilgoattown.com

FRIDAY 7/15

Arizona Wine Tour

9 a.m., locations will vary. Get out of the Phoenix heat and enjoy a southern Arizona wineries tasting tour. Tours include tastings at three vineyards, lunch (could be a café, picnic, or barbecue!), snacks, a souvenir tasting glass, and round trip transportation for groups up to 12. Tickets are \$175 per person.

arizonawinerytours.com

SATURDAY 7/16

Frozen in July

11 a.m. at Superstition Farm, 3440 S. Hawes Road, Mesa. Enchanted Dream Parties is hosting a Snow Sisters ball with – you guessed it – Anna and Elsa from *Frozen*! Guests can enjoy indoor shopping opportunities, themed activities and food truck options for when you get hungry. There will be ballroom dancing, an outdoor water slide, a petting zoo, face painting and photos with the sisters. Tickets are \$15.

superstitionfarmaz.com

FRIDAY 7/15 – SUNDAY 7/17

White Mountain Musicians Festival

11 a.m. at Foxfire Field, 42661 U.S. 180, Alpine. Get your camping gear ready and head to the mountains for three days of music. Fifteen-plus bands will take over two stages – there will also be food and beverages available

for purchase. Make sure to bring a blanket, chairs and your dancing shoes. Tickets start at \$25-\$100.

wmmusicfestival.com

SATURDAY 7/23

Encanto: The Sing-Along

7:30 p.m. at Ak-Chin Pavilion, 2121 N. 83rd Ave., Phoenix. If you're the parent of a younger child, chances are you've seen the movie *Encanto*. Now you can see it on the big screen and sing along to all the songs with a huge crowd. Tickets start at \$25-\$250.

ak-chinpavilion.com

FRIDAY 7/29

One Night of Queen

7:30 p.m. at the Chandler Center for the Arts, 250 N. Arizona Ave. This live concert will recreate the look, sound, glitz and glamour of one of the most well-known rock bands. Gary Mullen will portray Freddie Mercury with The Works completing this Queen tribute band concert – and yes, they'll sing all the songs you know and love. Tickets start at \$38.

chandlercenter.org

SATURDAY 7/30

Saturday Morning Train Rides

9 a.m. at the Verde Canyon Railroad, 300 N. Broadway, Clarkdale. Not a bad way to start the day! The Saturday morning train rides at Verde Canyon offer guests a spectacular view while enjoying breakfast dishes like cinnamon rolls and burritos. On board, there will be pastries, fresh fruit and mimosas available for purchase. Tickets start at \$99 per person.

verdecanyonrr.com

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OvertureArcadia.com

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Beauty sculpted by Mother Nature

In recent columns, we have discussed great works of art created by humans using hammers, chisels, metals and foundries. This time, we shall look at sculptures carved into the earth by Mother Nature, using wind, water and time. The Southwest abounds in such creations caused by volcanic eruptions, erosion and floodwaters. Here are ten personal favorites, presented for no other reason than they top my list of attractions.

Two major efforts – Agathla (sometimes spelled Algahtla) in Arizona and Shiprock in New Mexico resemble each other because they were formed similarly. Both are volcanic plugs and lava formations that survived when the surrounding landscape wore away over the centuries. Agathla, which rises 1,500 feet above the surrounding plain on the Navajo Reservation south of Monument Valley, is an estimated 25 million years old. The name is derived from the Navajo *aghaala* (much wool).

Shiprock looms more than 7,000 feet above sea level on the Navajo Reservation in northwestern New Mexico. Because it is such a dominating feature, early settlers named it Shiprock because they thought it looked like a 19th-century clipper ship. The Navajos call it *tse bit a'i*.

According to their legends, it is the remains of a giant bird that carried their ancestors to New Mexico.

The City of Rocks north of Deming, NM features an amazing display of rock formations that resemble things like mushrooms, tall buildings and a toilet. The latter is composed of two giant rocks; one looks like a toilet tank, and the other is the seat.

Just north of Santa Fe, Camel Rock has stood guard over Tesuque Pueblo for centuries. It is so iconic to the area that several businesses have adopted the name. It's 40 feet tall and 100 feet long, but a chunk of its nose fell off in 2017, so it lost some of its likeness. However, it's still a popular tourist attraction with its own parking lot.

Back in Arizona, Rainbow Bridge is one of the state's most visited sites, now that boaters and tourists can reach it off the shores of Lake Powell. It is the tallest natural bridge on earth, standing 290 feet tall with a span of 275 feet. Now a National Monument measuring 42 feet thick at its crest, the bridge was caused by wind and water erosion.

Bell Rock, south of Sedona, may not look exactly like a bell, but the stories surrounding it are particularly interesting. It is considered a Vintage Meditation Site in an area many believe is filled with vortexes and other similar features. A few – very few – think there's a flying saucer buried inside the rock. Regardless of either, it's one of the most photographed sites in the area.

Tales of gold and hidden riches surround Weavers Needle in the Superstition Mountains east of Phoenix. The needle, named for the early explorer/scout Pauline Weaver, is composed of tuff (fused volcanic ash) and stands 1,000 feet tall. According to legend and some mapmakers, the shadow of the lava plug indicates the site of the Lost Dutchman Mine, a rich vein of gold supposedly discovered by Jacob Waltz more than a century ago.

Window Rock in northeastern Arizona is not only photogenic but also has a town named after it. In 1936, the Bureau of Indian Affairs gave the community its name, then proclaimed it the seat of the Navajo Central Agency. The Navajos call it *tseghahoodzani* (rock with a hole



Rainbow Bridge, AZ



Shiprock, NM



Agathla, AZ



Spider Rock, AZ



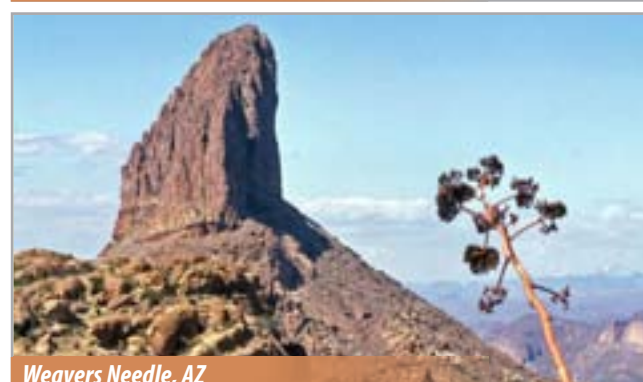
Elephant Rocks, AZ



Window Rock, AZ



Bell Rock, AZ



Weavers Needle, AZ



City of Rocks, NM



Camel Rock, NM

through it), and it is one of four places on the reservation where medicine men get water for rain ceremonies.

Not far away, in the depths of Canyon de Chelly, Spider Rock towers over the landscape. The sandstone spire erupts from the canyon floor and rises more than 700 feet to create photo ops and legends. One often-told tale says the Spider Woman taught the Navajo women how to weave; another says she acts like a nanny, swooping down

from her perch to grab misbehaving children and take them to the top of the rock.

And finally, the Elephant Rocks. The duo pops up along Highway 160 near Tonalea on the Navajo Reservation, and they look so much like elephant legs that viewers don't even have to squint to get the resemblance. They stand about 20 feet tall and are composed of eroded Middle Jurassic Entrada limestone and sandstone.



The Lowe Road

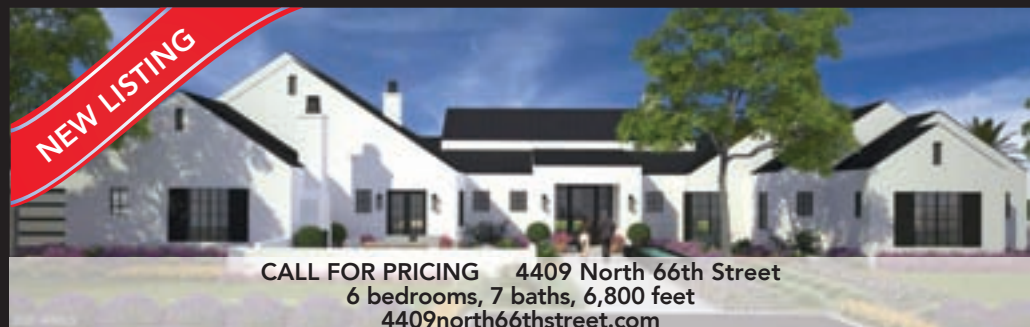
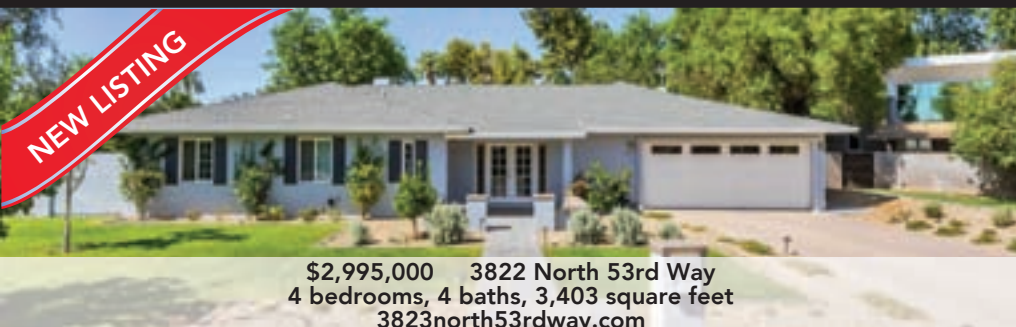
BY SAM LOWE

A former Valley newspaperman who now writes about his travels across Arizona, the U.S. and the globe.



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In the Kitchen

with **James Fox** – executive chef
and owner of Vecina

3433 N. 56th St., Phoenix • vecinaphx.com

It's been a tough few years, but not even a pandemic can slow down the popularity of Vecina, a small-but-mighty eatery located on 56th St. and Indian School Road. With a spectacular view of Camelback and a fun mixture of Mexican-American fusion cuisine, Chef James Fox faced hardships head-on and shows no signs of stopping. Arcadia News caught up with our neighbor to learn where and how he got started.

When did you know you wanted to be a chef?

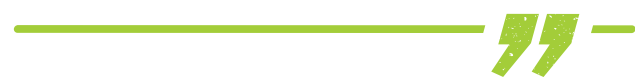
When I graduated high school, I was either going to go to college and play football or go to culinary school – I chose culinary school. Owning a restaurant wasn't really in my mind at that point. After culinary school, I worked at the Hyatt in downtown Phoenix and then worked for Matt Carter at Zinc Bistro.

In my mid-20s, I had a step-by-step plan of progression. I wanted to be a sous chef by this age, an executive chef at this age, work at a restaurant as an executive chef and have my own menu, you know? In 2012, I helped open a restaurant called Milagro Grill on 44th St. and Indian School with the Macayo family, and that was the first place I'd opened as an exec with my own dishes.

Honestly, I just love food. During football season, I would eat a lot and didn't want to spend a ton of money on food, so I would make big meals for friends, players and girlfriends later on. I didn't really know what I was doing, but I took every cooking class I could at my high school.



I enjoy cooking so much, and making people happy is what hospitality is all about.



Are any of your family members into cooking?

Both of my grandmothers cooked. They were both in Kansas, and I know my great-grandmother cooked a ton of pies and was really into baking. My granny would make fried chicken and pork cutlets a lot. Oh, and this chocolate sheet cake that I still to this day make and love very much.

In terms of becoming a chef, I just think it was me wanting to try different things. In high school, my friend took me to this place called Ramiro's [in North Phoenix by Paradise Valley High] and had me try a carne asada burrito, and it was so good – I was like, “why haven't I ever tried this?”

My dad would cook pork green chili sometimes and normal, easy things. I guess I was just looking for something different.

What was your experience at culinary school like?

I went to Scottsdale Culinary Institute. I was very young and just having fun and learning. Honestly, everything about it was fun. I loved all the cooking – I wasn't too into the purchasing or stuff like that – I wanted to learn the

basics and learn about all the different foods of the world. Catering was fun, and “International” was a really cool class, too. I graduated in 2004.

Was your first job in the restaurant industry?

My very first job was at Peter Piper Pizza. I walked in at 15 and asked if they needed help, and the guy said, “Yep, you can start tonight.” So I started that night as a pizza cutter, literally cutting pizzas for like, \$5.50 an hour.

Have you worked with many different cuisines?

I cooked French with Matt Carter at Zinc; I've cooked barbecue; Mexican and Thai food have been a huge influence in my cooking. I love the flavors of Mexico and Thailand; southeast Asian flavors are some of my favorites for sure.

What's the toughest part about owning a business?

I would say staffing – especially right now. And consistency, and I think that's the same with being a chef. It goes hand in hand. It is something every chef/business owner strives for because if you're not consistent, what's the point? You can come up with all these great dishes, but if you're not consistent with them, what are you doing?

...the best part?

Well – it's been a hard few years. Being a business owner is essentially being able to do what we want, what we think is right. We have our own vision and are able to execute that. Cooking and creativity, too. I love to cook, and as you progress in your culinary career, you don't do it as much, but when you are able to, it's really fun. When you're set up, you're able to execute things – on the line and at home – it's what I love to do. It's my passion.

We went to upstate New York for my sister-in-law's wedding, and I cooked for the family a few times, and they're like, “you don't have to cook, you don't have to,” and I kept telling them, “no, I want to, I love to!” I enjoy it so much, and making people happy is what hospitality is all about.

What does a day in the life of Chef Fox look like?

I'm all over the board. I'm here five days a week. We have a 14-month-old, so my wife and I get up with her and make breakfast – as fast as possible [laughs]. Feeding her can be a challenge. She loves good food, but it's on her time and when she chooses to love it! We get here between 10 and 12 p.m. and prep with the guys, make sure everything's set up for service. I get home anywhere between 9 and 11 o'clock.

Explain the cuisine at Vecina.

Our tagline is “Modern American, Latin-Inspired.” Essentially what we wanted to do was keep the menu broad. We didn't want to pigeon-hole it with people thinking, “these tacos should be coming with rice and beans” or “why don't you have a fried-fish taco on the menu?”

With the limited space we have in the kitchen and the volume that we do, and wanting to execute the menu consistently, some of those things wouldn't work, and we don't necessarily want that style at Vecina. I wanted



something different. Each dish is unique. We use flavors from Thailand, like, we have Thai basil. We use mint and cilantro as a salad on our salmon taco with green peppercorn. It's whatever we want to do, but we make sure to execute each item at the best that ingredient can be.

The most popular item on the menu is the Salmon tacos, by far.

What about drinks?

We are in the process of coming up with seasonal drink menus. There are really only three seasons in Arizona, right? Summer, fall-winter and spring, so that's the plan as far as cocktails go. It's a work in progress!

What's the most unique ingredient you've cooked with?

I feel like nothing's weird nowadays – everything is out in the world! Squid ink, maybe? I thought, “it's not going to taste like anything. It's just a black liquid,” but it is a super salty, intense flavor.

What's your favorite thing to cook?

It really depends on the day. I have one meal that I cook for my wife and me that's like my go-to. It's one we just really love: dry-aged beef, or the highest quality beef I can find, on a charcoal grill with grilled broccoli or *gai lan* broccoli tossed with a fish-sauce vinaigrette and cauliflower with tahini sauce.

What's the process for creating new dishes?

If I want to put something on the menu – like, let's say it's octopus – my team and I try to think about how we can execute it at the highest level possible, with consistency. We try to stay in our lane as far as flavors and our type of cuisine at Vecina.

When you're not working, what do you do to relax?

Hang out with my wife and daughter. Go to other restaurants – we're trying to make Sunday nights our date nights. We try to experience a new restaurant, go out, have fun, you know?

What's next for Chef Fox?

I worked with a group out of Oklahoma City finishing a menu for them for a restaurant there called Culprits. I'm assisting them with another restaurant that'll open in October. Around here, we are also currently looking – we've got a couple of spaces in mind – to keep the ball rolling. I think there are things in our wheelhouse that we can execute really well that Phoenix may be lacking, so we'll see!



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Arcadia Troop 6 awards 222nd Eagle to local Scout

By Mallory Gleich

As a youngster, Chaparral High sophomore Ethan Reniewicki watched as his older brothers obtained the rank of Eagle Scout through Boy Scout Troop 6 and knew he wanted to do the same. This summer, he did just that.

"My older brothers started as Cub Scouts, but I started my scouting journey as a Boy Scout with Troop 6," Ethan said.

In the five years that Ethan has been part of the troop, he said he'd learned many things: how to focus on a goal and achieve it and various skills from merit badges – which he said fostered his love for the outdoors.

"Recently, scouting has taught me a great deal on how to be a leader to the younger scouts around me, as I am currently the Senior Patrol Leader of my troop," he said.

Ethan's Eagle Scout Project involved assisting Our Lady of Perpetual Help Church by renovating an outdoor patio. The group took out the dead plants, yard debris and rocks, painted the patio walls, put in new planters and plants, and added new rocks.

"Because of this project, they can now host social gatherings on the patio for groups and organizations associated with the church," Ethan said.

Before planning, Ethan knew he wanted to help Our Lady of Perpetual Help Church, since his family has been parishioners there for the past eight years.

"We also are family friends with the



Ethan's Eagle Scout Project involved assisting Our Lady of Perpetual Help Church by renovating an outdoor patio.

Pastor at the church, Greg Schlarb. I was able to correspond with him to organize the renovation easily," he said.

After completing the project, Ethan gathered all the necessary paperwork and headed to his final Board of Review, where he interviewed with a panel of adults to review his scouting career. From there, he received the rank of Eagle Scout.

"After working so hard over the past four years to balance school, swim and scouting, I was proud to see my hard work pay off. This accomplishment was also emotional for me as I am the final son in my family to receive the Eagle Scout rank," he said, "and I have

earned the award that I saw my brothers earn many years ago. It was so great to share this accomplishment with them, and sitting in the 'eagle nest' together at the ceremony was something I will never forget."

Outside of scouting, Ethan's main dedication is swimming. He's been a competitive swimmer with Scottsdale Aquatic Club for six years and recently earned his way to the highest training group.

"I am looking forward to competing in Oregon this summer at Speedo Summer Sectionals. I swim for Chaparral and was on the varsity team this year. At D1 State, I

was a member of the 200 IM relay that placed first," he said.

Ethan plans to continue swimming and would like to study engineering in the future.

He is the 222nd Eagle Scout to come out of Arcadia's Troop 6 since it was founded in 1934. Nationwide, more than 2.5 million Scouts have earned the Eagle rank since 1912. Less than 5% of Scouts achieve this rank.

Troop 6 meets at Prince of Peace Church regularly through the school year. For more information, contact Troop 6 Scoutmaster Matt Keeler: keeler.matthew@gmail.com.



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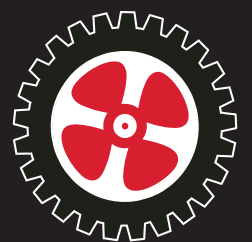
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The Dining Scoop

This summer, treat the family to a night on the town while saving a few bucks! Here is a list of some – not all, but some – eateries in the Valley that offer kids eat free deals.

Neighborly Public House

5538 N. 7th St., Phoenix
neighborlypublichouse.com

Neighborly will offer a kids eat free deal during Happy Hour until September 5. Kids can choose between pasta marinara + parmesan, crispy chicken tenders, bologna sammich, roasted chicken breast or a cheeseburger. Each meal comes with french fries, fresh fruit and a treat. Happy hour at Neighborly Public House is daily from 4-6 p.m.

Cold Beers & Cheeseburgers

3950 E. Indian School Road
coldbeers.com

Kids 12 and under eat free every Tuesday with the purchase of an adult entrée. The kid's menu at Cold Beers & Cheeseburgers features chicken tenders, cheeseburger sliders, grilled cheese, hot dogs, corn dogs, or their famous "mmmac & cheese." A small drink and choice of a side (fries, chips or fruit) are included.

Famous 48

8989 N. Scottsdale Road
Famous48.com

Family Night at Famous 48 (located at the Shops at Gainey Village) means kids 12 and under eat free with the purchase of an adult entrée. The kid's menu includes favorites such as mac and cheese, cheeseburger sliders and chicken tenders that comes with a small drink and a side of fries.

Chompie's

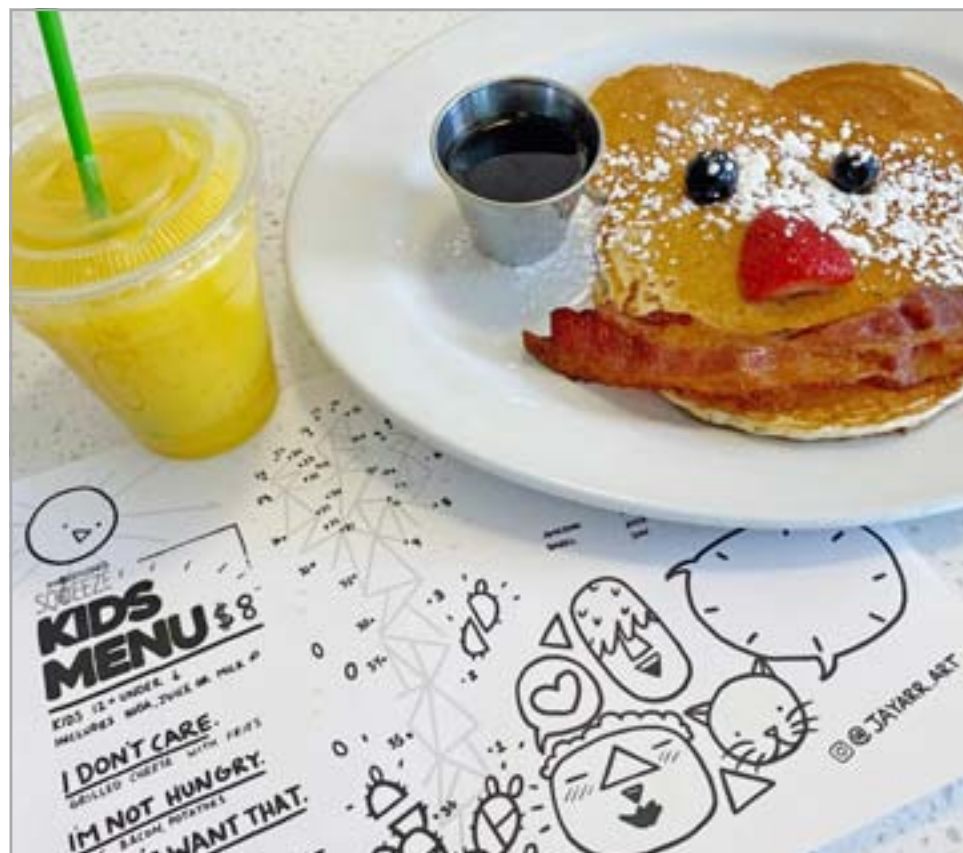
Various locations
chompies.com

With T.G.I.T. (Thank Goodness it's Tuesday!), kids eat free every Tuesday with the purchase of one adult entrée.

Pita Jungle

4340 E. Indian School Road
pitajungle.com

Kids can build their own meal by choosing a grain or carb, vegetable and protein along with a side of seasonal fruit and a kids-sized drink. Vegan, vegetarian and gluten-free options are all available. Kids eat free is available every Tuesday in July with the purchase of an entrée. The offer must be mentioned and is for children 12 and under, dine-in only.



Morning Squeeze mouse-cake

Salt and Lime Modern Mexican Grill

9397 E. Shea Blvd., Scottsdale
saltandlimeaz.com

Every Monday night, kids eat free with the purchase of an entrée. Kid menu items include refried bean burritos, mac & queso, chicken or beef tacos, cheese quesadillas and, of course, chicken fingers and fries! The meal comes with a kids-sized drink and choice of a side of beans or rice. Valid for children 10 and under for dine-in only.

Streets of New York

Various locations
streetsofnewyork.com

Now through August 15, kids can eat free on Tuesdays with the purchase of any dinner-sized salad, pasta, sandwich or 10-inch or larger pizza. Kids can choose from spaghetti or ravioli in tomato sauce, a large slice of cheese pizza or chicken strips with fries, served with their choice of drink. Offer valid for children 12 and under for dine-in only.

Koibito Poke

4280 E. Indian School Road
koibitopoke.com

Every Sunday in July, kids can eat free with the purchase of both a regular-sized bowl and a soft drink. The kid's menu includes one scoop of protein (chicken or tofu), one sauce, two toppings and a garnish. Kid's bowls come with a drink and dessert. Offer valid for children 12 and under.

Morning Squeeze

4233 N. Scottsdale Road
morningsqueeze.com

This breakfast and lunch spot in Old Town Scottsdale is offering a kids eat free deal on weekdays in August. Choices include the "I Don't Care" – grilled

cheese with fries, "I'm Not Hungry" – eggs, bacon and potatoes, "I Don't Want That" – French toast sticks or the "I Want to Go Home" – mouse-shaped pancake. The offer is good Monday-Friday, August 1-31, for children 12 and younger with no purchase necessary.

ComicX

1001 N. Tatum Blvd., Phoenix
comicx.us

Located in Desert Ridge Marketplace, ComicX offers a kids eat free deal every Tuesday with the purchase of one adult entrée. Superhero-inspired kids' meals include a soft drink to pair with the choice of chicken tenders, grilled cheese with tomato soup, sliders, pasta, mac and cheese or a corn dog.

Pie Snob is getting a makeover – complete with a brand-new location! The eatery will move from 3630 E. Indian School Road, a couple of blocks east to 3933 E. Indian School Road, in the space formerly known as Oh One Eight Coffee.
piesnob.com

Taberna de Arcadia is closed for a summer remodel. No word yet on when the eatery will reopen.

tabernadearcadia.com

Fox Restaurant concepts is opening a third **Fly Bye** location on 40th St. and Camelback Road this fall. Fly Bye is a to-go-style eatery with a menu that boasts Detroit-style pan pizzas like meat lovers, specialty pies, chicken tenders, sandwiches, and house-made sauces. Stay tuned for updates!

flybyetogo.com

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SUMMER VACATION PHOTOS THAT MADE OUR COVER:

2018:

Elle, Andrew and Jacob during their hiking trip in Switzerland.

2019:

Antonella, Owen and Avianna Klein fishing in Darling Lake, Minnesota.

2020:

Cole Krawczyk and Loki take in the views at Yellowstone National Park.

2021:

Avianna and Antonella Klein at Mount Rushmore.

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Be sure to let us know the names of the family or people
in the photo, where you went and what you did!

DEADLINE: MONDAY, AUGUST 8



Alissa, Raechel and Ilse, owners of Salon Rae.

New salon opens with legacy intact

By Jennifer Marshall

Arcadians might remember Salon Sandoval, a boutique hair salon located next to the Gaslight Square Complex near 36th St. and Indian School. The locally-owned venture was in business for over 20 years.

The salon was massively popular, with owner Chris Sandoval at the helm until a tragic medical issue caused the salon to close in 2017. Now, three former stylist-turned-business owners are back in the same building with the same purpose: to provide beauty services to the neighborhood.

Salon Rae is the brainchild of Raechel Xericos, Alissa Bentle and Ilse Almuina, all of whom worked together for years at Salon Sandoval.

"Chris was our mentor and family," Xericos said. "It's hard to describe the fun, joy and endless laughter we experienced growing as stylists together in our years there. It's a huge part of where we are as hairdressers and created the bond of friendship we share today."

In 2016, Chris had a brain aneurysm and had to close Salon Sandoval as he could no longer work and operate the business.

"It was a very sad and difficult time in our lives and the lives of those who know and love him," Xericos said.

A year later, the three colleagues were working together at Wild Willow Salon on 32nd St. and Indian School Road. Then, they learned Salon Sandoval's building was up for lease.

"Alissa and I knew we were ready for this exciting step," Xericos said. "With Ilse by our side – and support from our amazing clients – here we are. We've opened back up in our cherished space as Salon Rae."

The trio brings a combined wealth of talent and experience to their new business venture.

"I started in the industry at 17, so I've got 15 years behind the chair," Xericos said. "I worked with Aveda for ten years, specializing in balayage and natural lived-in color. Every day, I'm learning something new as I'm always working on growing and changing in this constantly evolving industry."

Bentle has been a stylist for 20 years, including being certified and specializing in hand-tied extensions.

"A huge part of our job that I love is not only making people feel beautiful but connecting with them on a personal level," she said.

Almuina trained at Toni and Guy Academy when she started in the industry 15 years ago.

"Soon into my career, I realized I was into more of a natural, classic look and less of the edgy hair," she said. "I love styling on every level, from hair to fashion and even interior design. I'm excited to be a part of the team as Raechel and Alissa start their journey as owners of Salon Rae."

While the three remodeled the salon to reflect their business, they all agree that a familiar peace still exists inside the new space.

"It feels exciting and also very comforting to be back where it all began," Xericos said. "And we know Chris is proud of us. It was his love and mentorship that brought us back. We'll always honor him. We are home; this is ours, and we're proud."

Salon Rae's Instagram Page

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Making a bigger impact together

By Sabrina Proffitt

The Giving Group is a nonprofit made up of 120 Arizona residents who are on a simple, but effective, mission: to give. Since 2017, the organization has donated almost \$190,000 to nonprofits city and statewide.

Brian Yampolsky started the Arizona branch after a friend in Seattle told him of a similar program there. He explained that this is a new way to make a difference in the community – rather than donating individually.

“A lot of people will donate to worthy causes, but there aren’t a lot of groups that come together to leverage the impact they make,” Yampolsky said. “When there’s a group of over 100 members who are donating \$10,000 or more, it has an amplified impact. It goes from making a donation that makes you feel good to making a significant change for some of these nonprofits.”

Member Adam Coe said not only has the group been a way for him to give back to the community, but it has also been a way for him and other members to learn about the places in which they live and work.

In monthly meetings, members pitch their nonprofits, allowing others some insight into problems their communities face, ways charities are helping and what individuals can do to help.

“We get to learn about all of the nonprofits and how they are making an impact,” Coe said. “With the donation they are receiving from the Giving Group, we can see where that money is going and how it is being put to use. It’s been a great opportunity for the people in the group and the charities receiving.”

The Giving Group donated \$10,000 to Harvest Compassion Center, a nonprofit that “assists cancer patients and their families with the financial burden that cancer treatments pose so that they can focus on healing and recovery.”

“I joined The Giving Group after being introduced to the



PHOTO COURTESY OF BRIAN YAMPOLSKY

Giving Group AZ donated \$10,000 to Foster Arizona Housing Project, whose mission is to “educate, empower and encourage Arizonans to positively impact the lives of young adults transitioning out of foster care.”

organization through a friend. I loved how easy it was to be a part of something so impactful,” member Robyn Patterson said. “I love giving back, and being part of The Giving Group sounded like a wonderful opportunity to support Valley nonprofits while networking with philanthropic people at the same time.”

Cloud Covered Streets, a nonprofit dedicated to those experiencing homelessness, is another nonprofit that received a generous donation. Executive Director Robert Thornton said the funds were used to buy new equipment for their mobile shower and laundry trailer, allowing its guests to wash their clothes, shower, receive a haircut, and freshen up.

“The Giving Group is amazing. They are people who are focused on making this world a better place,” Thornton said.

At their most recent meeting, the Giving Group raised more than \$13,000 and selected Foster Arizona Housing Project, whose mission is to bridge the gap between impacting kids in foster care to impacting youth as they transition out of foster care, for a \$10K donation.

The group had an extra \$3,200 to donate, so three runner-up nonprofits received a donation, as well: The Care Fund, CASS Family Shelter and AZ Chapter of Paralyzed Veterans of America.

The Giving Group is always welcoming new members; find out more on the website: tggaz.org.

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AHS graduate heads to the Naval Academy

By Mallory Gleich

Four years of high school have flown by for Scottsdale-native Chase An, and now it's time for him to embark on his next adventure: The United States Naval Academy.

Chase said that he'd admired the Armed Forces from a young age. However, he never saw himself joining up.

"The 'what if' was always there, in my mind as I grew up, but it wasn't until junior year that I decided to pursue that 'what if,'" Chase said.

A group of close friends – and one in particular – inspired him to look deeper into the Armed Forces as a post-graduation option.

"One of my teammates from Phoenix Swim Club had always been someone I'd admired for his academic and athletic talent. He was an extremely well-rounded, motivated, and optimistic individual," Chase said. "I watched him trudge through the application process, further develop as an individual, and achieve appointment to the United States Naval Academy a year ago."

Chase explained that it wasn't just that single accomplishment that motivated him; it was years of being around the teammate's motivational attitude toward life.

"The idea of achieving appointment to an academy through character and rigorous academic and athletic work seemed like a challenge I had been preparing for my entire life," he said.

The Naval Academy is a four-year military institution located in Annapolis, Maryland. Chase said that all students graduate with a Bachelor of Science degree to help prepare them to take on a commissioned officer's responsibilities in the Navy.

The student body is known as the "Brigade," and the



Chase An made his way to "plebe summer" in June.

students themselves are midshipmen. Chase said that there are around 4,200 students who attend.

"It has many aspects of regular university with the added commitments and lifestyle changes that come with being a military institution," he explained. "It is extremely rigorous, structured and tight-knit."

All midshipmen must play a sport, have mandatory military-related training and physical fitness tests, and study under a STEM-based course load. After graduation, a five-year commitment to the Navy or Marine Corps is required.

Chase received a Letter of Assurance in November, which guaranteed him a spot as long as he had a nomination from a senator or congressperson. He went to various nomination interviews and received a letter from Senator Kyrsten Sinema in January.

"Receiving the Letter of Assurance was extremely

satisfying, but the celebration had to wait because I still had nomination interviews to do. Once I received a letter from Senator Sinema's office congratulating me on the nomination, I finally felt content. A long six-month application process led to that feeling of security and accomplishment. It had finally paid off," Chase said.

He reported for Induction Day on June 30 and is currently attending six weeks of basic naval training – also known as plebe summer.

"It's a shock to the system, and I'm naturally nervous about being woken up by detailers banging on my door at 0500, the physical and mental challenges, and being thrown into a foreign environment with no one I know 2,000 miles from home," he said. "I'm nervous, but it's a healthy nerve that will make the experience fun and exciting and is more than expected heading into plebe summer."

He plans on majoring in engineering and aerospace at the academy, explaining that he has a very analytical, math-oriented way of thinking.

"Conversely, I enjoy the free-flowing and creative aspects of visual arts; I believe it would be wise to apply these skills to engineering, where both are needed in their unique ways," he said.

He looks forward to new opportunities, trying out new sports and making new friends. Post-graduation, Chase plans to use the skills he's garnered as "a carrier working on F-18s or manning a nuclear sub 300m under the sea. The future is big and scary, but I hope that the Naval Academy can guide me through this future so that my skills as an individual are utilized to their furthest extent," he said.

He also can't wait for the Army-Navy game, stating as a final hurrah: "DON'T GIVE UP THE SHIP and BEAT ARMY!" Congratulations and best of luck, Chase!

Hard work and heart pay off for this graduate

By Cliff Summerhill

Every year, local chapters of the Daughters of the American Revolution around the country award high school seniors with the Good Citizen Award for qualities rooted in dependability, service, leadership and patriotism to an outstanding degree.

The Camelback Chapter of the DAR has awarded this year's Good Citizen award to Veritas Preparatory Academy graduate Jake Marbach. According to DAR member Brenda Dettmann, Jake was chosen for this award because he participated in various organizations and activities during his high school career. He was also chosen because of an essay he wrote, called, "How do the qualities of a good citizen help support our nation?"

Director of College Counseling at Veritas, Judi Paffenbarger, has been a big supporter of the Good Citizen award and helped bridge Marbach to the Camelback Chapter of DAR. She is also a former recipient of the award.

Jake is a three-time Arizona State swimming champion and led the varsity

team as captain. He was also honored as part of the 2021 USA Swimming Scholastic All-American Team. (*Read about a few of his achievements in the April and November 2021 editions of Arcadia News!*)

Marbach was a member of his high school's elite choral group, acted as a school mentor, and was the Consul House Leader at Veritas Prep. He also served on the Arizona Science Center Teen Advisory Board.

"I'm pretty proud of the DAR award because it means that I have been able to demonstrate leadership, citizenship, patriotism and dependability. I won the scholarship because of how I act every day with the people around me and the morals I stand by,"

Jake said.

The Good Citizen award consists of a framed certificate, a customized DAR Good Citizens' pin and a monetary prize. Before graduating in May, Marbach was also given a math honor and an Academic Excellence Award. Jake will attend the United States Air Force Academy in the fall.

"I plan on continuing to swim while

"The objectives of the DAR have remained the same in over 100 years of active service to the nation – history, education and patriotism."



Judi Paffenbarger, Brenda Dettmann, Jacob Marbach and Deianna Jones.

at USAFA and will pursue a degree in mechanical engineering. I hope to be a pilot after graduation," Jake said.

While the Daughters of the American Revolution was founded in 1890, the Good Citizen award originated in 1934 as a scholarship contest to showcase students who embraced good citizenship throughout the country. The tradition continued with the Camelback Chapter when it was organized in 1982.

"The origin of the Daughters of the American Revolution came about during

a time that was marked by a revivalism in patriotism and intense interest in the beginning of the United States of America," Dettmann shared. "The objectives laid forth in the first meeting of the DAR have remained the same in over 100 years of active service to the nation – history, education and patriotism."

The Daughters of the American Revolution has more than 3,000 chapters nationally, with Camelback being Arizona's 15th chapter.

dar.org

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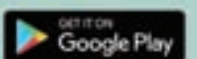


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Kingman packs a wealth of history and fun into one

The romance of Route 66 still captivates people worldwide, as a piece of Americana stretches from Chicago to Los Angeles and makes a few pit-stops right through Arizona.

If you want to get your kicks on Route 66, how about a road trip?

Kingman is an important part of pop culture that even includes Hollywood. Clark Gable and Carole Lombard were married there, Frank Sinatra and other members of the Rat Pack liked to pop in for a bite on their way in and out of Las Vegas, and even John Wayne spent a little time in the town. One of Kingman's very

own is a Hollywood legend himself, and hence Kingman's main drag was renamed after him.

"Andy Devine Avenue" was named after a local folk hero whose acting career happened by accident. Devine was



Robin's Adventures

BY ROBIN SEWELL

Robin is the host and executive producer of the Arizona Highways Television, Saturdays and Sundays on CBS.



Mr. D's Route 66 Diner.

standing on a street corner in Hollywood when he was "discovered." Once they heard Andy's squeaky, raspy voice, he became a studio favorite and would go on to make more than 400 film and TV appearances.

Driving into Kingman, vacationers will pass by plenty of 66 kitsch. Gift shops, gas stations, motels and diners line both sides of the main drag. Pull into Mr. D's Route 66 Diner. Nostalgia is front and center in this fun bubble gum pink and mid-modern blue malt shop, complete with its 50s vibe. Burgers, fries, splits and shakes are perfect for rocking around the clock to the oldies. Mr. D's serves

breakfast, lunch and dinner all day long; be sure to try the Creamy Carmel Root Beer, a fan favorite.

The Mohave County Historical Society has a great walking tour map highlighting historical buildings, architecture, public art and murals. The Arizona Route 66 Museum was built inside this old powerhouse.

Since Kingman sits in the heart of what is now the longest remaining stretch of Route 66, this is where the history of the Mother Road – from the dust bowl migration to its pop-culture resurgence – is traced and celebrated.

Check out the award-winning Desert

Diamond Distillery while you're here, too! They offer tours and a place where you can belly up to an old Las Vegas Strip bar that was once a favorite hangout of the Rat Pack. The tasting flight comes with a keepsake glass.

Guests can grab a bite at the Last Rail Car Restaurant, a historic #30 Pullman for all the train buffs. According to the reviews, this is a place that attracts people from across the globe.

Hualapai Mountain Park offers ten miles of great outdoor trails for hikers and mountain bikers to explore. Situated atop the Hualapai Mountains, this trail system began because of Roosevelt's New Deal in 1936 and was completed by the Civilian Conservation Corps. Trails can take hikers to elevations from 4,984 to 8,417 feet (about the height of Mount St. Helens), so check the weather and dress accordingly. These elevations let guests experience different mountain inhabitants, including elk, deer, raccoon and fox.

I am not sure whether it is the allure of Route 66, its historic charm, Hollywood history, scenic outdoor beauty, restaurants, or Americana kitsch that makes Kingman unforgettable. I know this: it is truly one of those great Arizona towns with an amazing story for you to discover.



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What's new in the neighborhood?

By Jennifer Marshall

Arcadia News reached out to our neighborhood associations for the latest news and information.

ARCADIA CAMELBACK MOUNTAIN NEIGHBORHOOD ASSOCIATION

From Camelback Mountain south to east Indian School Road, and from 44th Street to 64th Street, the ACMNA (Arcadia Camelback Mountain Neighborhood Association) represents residential neighborhoods and their community interests.

The ACMNA was established in 1987, with “the purpose of preserving the appealing ambiance and qualities that make our neighborhood such an enviable place to live.

These qualities include: the non-commercial, family-friendly and single-family residential character; our generous setbacks within large lots, and a green desert oasis with broad lawns and the historic citrus trees that shade us from the summer heat and stand as a symbol of our unique area.”

The ACMNA recently welcomed

its new president, Michael Phillips, to the neighborhood. Phillips and his family moved to Phoenix from North Carolina in 2018.

“We instantly fell in love,” Phillips said, “and we chose Arcadia because of the neighborhood feel and how the strength of the community has helped preserve the charm that sets this place apart from other areas.”

The residents’ passion and commitment to preserving the neighborhood’s integrity are what has and what continues to fuel the objectives and momentum of the ACMNA. The Board is continually donating their time and energy in service to making the neighborhood the best it can be in every capacity.

“Community involvement is something I highly value, and I feel that working with the ACMNA is the most effective way of donating my time and energy,” Phillips said.

In meeting its objectives and fulfilling its mission, the ACMNA often works with the City of Phoenix. Together, they host various events that keep the community connected.



Michael Phillips

The annual “Getting Arizona Involved in Neighborhoods” event is a picnic held at Hopi Elementary, which brings folks of all ages together to focus on improving their community in terms of general safety and happiness.

The ACMNA and the City of Phoenix also host a car show, a children-volunteer food drive, Halloween Trunk or Treat and Adopt-a-Street cleanup each year.

“I’m honored to be helping to serve the community in the expanded role of president,” Phillips said, “and I look forward to building on the momentum this group has generated over the years.”

acmna.org

ARCADIA OSBORN NEIGHBORHOOD ASSOCIATION

Founded in 1997, Arcadia Osborn Neighborhood Association (AONA) is a nonprofit organization dedicated to “connecting neighbors and protecting quality of life.” The boundaries are Indian School and Thomas, from 56th St. to 40th St.

“AONA volunteers protect our neighborhood by focusing on public safety and also urban planning and zoning,” Vice

President Neal Haddad said. “Connecting and protecting our neighborhood and the people in it is the core of what we do.”

Haddad said that the AONA works on issues related to the neighborhood and often partners with other neighborhood associations on infrastructure, like the 56th St. improvement plan, public safety issues such as the policing of the 48th St. linear park, and zoning issues such as the use of digital billboards.

The AONA hosts an annual Fall Festival. Haddad said last year nearly 1,000 people attended the event, making it one of the largest for any City of Phoenix neighborhood G.A.I.N. event.

AONA also hosts its annual community-wide Yard Sale in February, and recently held a Food Truck Night last October. AONA will be back to holding monthly board meetings that are open to the public beginning in August.

They are looking for volunteers.

Also coming up is the Arcadia Fourth of July Parade and fireworks on Monday, July 4 at 7:30 p.m. at the corner of 52nd St. and E. Osborn, thanks to Barry and Joan Paceley.

arcadiaosbornphx.com



Famous Leaders: Finn Sheridan, Nicholas Comedy-Love, Mael Huarcaya, Lucas Fissore, Brody Londrigan and Jake Glow.



Toy Story cast: Abby Longmuir, Jessica Collins, Izzy Catton, Zoe Martin, Andrea Segura-Gonzalez, Katie Bizzozero, Mary Devereux Brunner and Jordan Keeler.

Eighth-graders win bragging rights at this year's tournament

By Jennifer Marshall

St. Theresa Catholic School held all the usual pomp and circumstance as their eighth-graders finished the school year: awards assemblies, a school-wide prayer and a graduation ceremony. However, one of their celebrations was a little unorthodox, but a lot of fun: the annual Teachers vs. Students volleyball tournament.

Eighth-grade teacher Mary Beth Abbot said that the original teachers vs. students volleyball game was held sometime around 1982 and began when a few eighth-graders played their teachers during an activity to celebrate Catholic Schools Week.

“Catholic Schools Week is five days of celebrating the value that Catholic education brings to society,” parent Beth Wand said.

Wand explained that each day has a different theme and may involve treats, games or other fun activities. Usually, there’s a free dress day or a themed day, like “neon clothes day.”

“It’s a big deal to have free dress when the norm is a uniform! This year, we kicked off the week with a party and open house after mass on Sunday,” Wand said.

Six teams of eighth-graders participated in this year’s

volleyball match. The individual teams dressed in a theme to make the tournament even more fun and inventive. One featured the characters from the *Toy Story* movie franchise, while another team represented the *Power Rangers*.

The remaining teams boasted famous world leaders, “the good ole boys,” complete with mullets and handlebar mustaches, Soulja Girl (based on the rapper Soulja Boy), and Lucha Libre wrestlers.

“It was a fun day,” Wand said. “The eighth-graders won two to one, and it was tied after the first two games. No one remembers the final scores of each game – we were all having too much fun!”

“My favorite part was being together with friends and having fun with my class,” student Carsten Ellingson said. “We had six people on our team and dressed up as ‘backwoods boys.’ I also played in the championship game which was a mixture of boys and girls from various teams.”

As Carsten heads to Brophy next year, he said the biggest thing he’ll miss is the St. Theresa teachers because of their guidance and support.

“A number of parents attended and you could hear a

combination of cheers, laughter and applause throughout the gym,” Carsten’s mom, Kate, said.

She said the best part was seeing the creativity of each team and their smiles.

“The camaraderie during the matches was palpable and you can’t help but to get brought into the fun,” she said.

Student Zoe Martin’s favorite part of the tournament was being able to play against the teachers that she had known since preschool.

“I got to run around the gym dressed up in a costume and we ended up beating the teachers!” she said.

There were nine people in Zoe’s group and they dressed up as characters from *Toy Story* – Zoe was Mr. Potato Head. What’s more, Zoe’s dad Brett was one of the refs at this year’s game.

“I was asked by one of the moms to be the ref – it was worth it to see the look on Zoe’s face,” Brett laughed. “It’s so great to see how excited the eighth graders were to dress up, let loose and be able to act like teenagers.”

"Meet Mrs." | Ray Artigue

Shonna James

Shonna James' life journey has been one of resiliency, resolution and reward. This self-made woman moved to Arizona when she was 17 to begin her sophomore year at ASU. She settled in Arcadia and soon after that met her husband, Dave. They married in 1993, and they will celebrate their 30th anniversary next year.

In 1986, Shonna joined Del Webb Corporation, and after working in the real estate divisions, she found her niche in public relations. As part of the corporate team, she learned about media community relations and crisis communications – all on a national stage.

"I started in public relations at Del Webb at an exciting time, as the company was changing from a multi-faceted national company to a corporate entity focused solely on active adult community development," James said.

After working with numerous PR and advertising agencies around the country, James started her own marketing firm. For nearly two decades, Shonna James Communications was ranked among the top 10 public relations and event planning companies in the Valley.

Active throughout the community, Shonna has

served numerous nonprofit organizations, including three decades as a volunteer for the Fiesta Bowl and board service for the Foundation for Senior Living and the Scottsdale Unified School District Foundation. James has also worked with the City of Phoenix, starting with an appointment by Mayor Rimsza to the Senior Services Advisory Committee and coordinating a Presidential Portrait Collection donation to Mayor Johnson for historic City Hall.

"I've had the privilege of working with so many business leaders and companies and have learned from so

many people along the way," James said.

"Now, hopefully, all my experience and connections can come together to benefit the city and contribute to our community."

In 2015 Shonna began consulting with the Shemer Art Center and, four short months later, was named Interim Director. She became executive director in January 2016 and since then has

been recognized by the board for leading the financial turnaround of the Shemer and helping increase its visibility in the business and arts community.

"Shemer is such an amazing community treasure. We are one hundred percent community-funded, and every day our team is working to show potential donors the impact art makes in people's lives," James said. "It is

It is inspiring to continue this legacy and see the impact one person like Martha Shemer can make in a community.



inspiring to continue this legacy and see the impact one person like Martha Shemer can make in a community."

When Shonna is not at work, she enjoys playing golf with her husband or spending time with their daughter, Katlyn.

"I'm lucky to live and work in Arcadia, and I am so very thankful for the support of my husband and daughter and our great team at Shemer," said James.

She points to advice received from her mother as the most instructive in becoming who she is today, remembering, "she always encouraged me to 'go for it.'" Advice Shonna has taken to heart.



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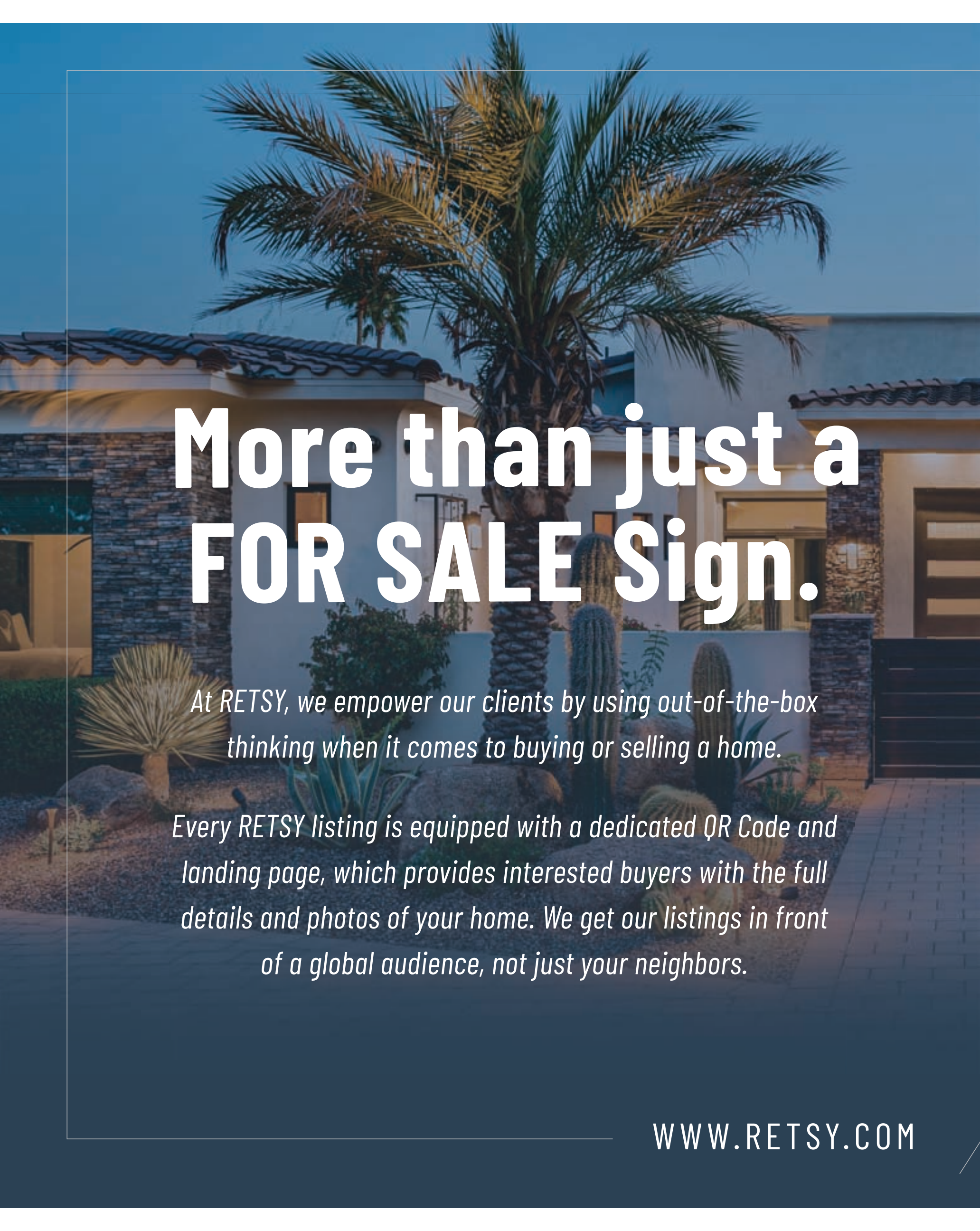
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Plant-based Wellness



BY MIRIAM HAHN

Owner of YouCare-SelfCare, a private wellness practice specializing in plant-based lifestyle and disease prevention. youcare-selfcare.com

Effortless summertime meals are best

Summer is flying by and it won't be long before the kids are getting ready to go back to school. July is a great time to eat simple and light. Fresh salads, lots of fruit, and not too much time in the kitchen. If you are taking a road trip this month, here are some ideas of things to throw in the cooler:

Apples, bananas and grapes travel well. Carrots, celery, and sugar snap peas. Stack in a small mason jar with hummus at the bottom!

Chia pudding, mock-tuna sandwiches, chia bites, lentil salad (find recipes on my Instagram). Lara bars – these are my favorite bar because there are only 3-5 ingredients. Mary's Crackers, Trader Joe's turkish figs, oatmeal packets, home-made trail mix and almonds are also good snacks for road trips.

And, in keeping with the holiday theme, here are some fun, healthy recipe ideas for Fourth of July:

Grilled corn and zucchini salad

Ingredients

- 2 ears corn
- 1 zucchini, cut into thick slices
- 1 bunch radishes, chopped into matchsticks
- ½ English cucumber, de-seeded and chopped
- 12-15 grape tomatoes, halved
- 1 red pepper, chopped
- 2 avocados, chopped
- 1/3 cup pine nuts
- 1/4 cup cilantro, chopped

Dressing

- 3 tbsp. olive oil
- 1 tbsp. Braggs vinegar
- 1 tbsp. lime juice
- 1 tsp. maple syrup
- 1 garlic clove, crushed
- ½ tsp. pink salt
- ¼ tsp. pepper

Directions

1. Brush corn and zucchini with avocado oil, salt and pepper.
2. Put on grill or griddle pan and char on all sides.
3. When done, cut corn off cob, chop zucchini.
4. Mix up dressing and toss with everything else!

Serves: 4



Watermelon and mint fruit salad

Ingredients

- 1 mini watermelon, chopped
- 2 cup strawberries, sliced
- 1 ½ cups blueberries
- 1 cup raspberries
- ¼ cup fresh mint chopped
- 3 tbsp. raw honey
- 2 tbsp. lime juice

Directions

1. Toss everything together and chill for an hour before serving.

Serves: 4



Pineapple salsa

Ingredients

- ½ pineapple diced
- 1 red pepper, diced
- ½ cup red onion, diced
- 1 jalapeno, diced
- 2 tomatoes, diced
- 1 clove garlic, minced
- 1 tsp. cumin
- 1 tsp. pink salt

Directions

1. Mix everything together to combine. Chill.

Serves: 6



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The importance of leadership

Before 2020, a remote job was a unique find. Today, it has become the norm for many. But working from home has introduced challenges related to human connection, and leadership has never been more important.

Before remote working, I knew much more about my coworkers, and I bet you did too. I had seen photos of their families. I knew the kinds of cars they drove. I had a good sense if they were morning people and whether or not they liked coffee.

Remotely, these details are lost. So is the connection. Many interactions have become far more transactional than before. Gone are the days of chatting over your cube wall to the person next to you or at the water cooler.

The other area that has changed is how we interact with our leaders. In the past, it was not unusual to talk with your manager at least once a day. You'd likely have a one-on-one meeting once a week. But, even more importantly, you'd have casual conversations.



Career Corner

BY ANGELA COPELAND

Career expert
and founder of
Copeland Coaching.
copelandcoaching.com

Those were the most important ones. They were where creative ideas would come together, where problems were solved. It's where you'd build a real relationship with them. You might learn about their family, and they'd learn about yours.

You'd become work friends in a way. These sorts of interactions are where mutual trust and respect are formed. It's where loyalty and common purpose are developed.

Trust and respect are the foundation of any good working relationship. They're why you keep getting your job done, even when the boss isn't looking over your shoulder. It's why your boss can count on you to keep the lights on while they're on vacation.

But what happens when these personal interactions begin to dwindle? I would argue that work becomes more transactional. Work becomes something you are simply bartering your time for in exchange for a paycheck. And, like any consumer in a store, you'll look for the best deal. You'll want to put in the least amount of effort for the most amount of money.

To the leaders who aren't taking the time to connect to your team, their work is suffering. They may be producing less work than they could. They may be producing lower-quality work. Or they may have no hesitation in leaving when another job opportunity arises. It may not be clear today, but someday this pattern will catch up with you.

Remote work requires you to do more than controlling those who work for you. It requires you to lead – more now than ever before.

From the Archives

ARCADIA NEWS

FREE

Vol. 16 No. 4

www.arcadianews.com

July 2008

ALL AMERICAN PARADE



This year is the 12th anniversary of our infamous Arcadia 4th of July Parade! Everyone is invited to this family event which will take place the morning of July 4. The parade route will start at 3061 N. Jokabo. Bring your family, pets, bicycles, in-line skates, wagons, baby strollers, antique cars and even floats! See story on Page 12.

There's quite a history to those exciting fireworks that we enjoy watching every 4th of July. Tracy tells us how they first came about and how different countries and cultures have used them over the centuries.

Page 11

An Arcadia couple's plan to build a backyard patio turned into an exciting excavation adventure when they discovered ancient tools used by the Hohokam Indians many hundreds of years ago.

Page 13

Have you heard of the Back to School Clothing Drive? Learn how one Arcadia girl turned her birthday party into a chance to help kids who are less fortunate.

Page 9

YOUR SOURCE FOR NEIGHBORHOOD NEWS SINCE 1993

The inspiration for the annual Arcadia Parade happened in 1996 when Johanna Boslin decided to plant flags in her neighbor's yards. Since then, it's grown to include a parade with decorated cars and bikes, treats from local eateries and even a cool-down thanks to the Phoenix Fire Department.

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Valley organizations hold back-to-school supply drives

By Rachael Bouley

Another school year will be here before we know it, and neighborhood nonprofits are helping students get ready with back-to-school supply drives:

UNITED NATIONS CHURCH

uncphx.org

When: Through July 14

Drop-off: 5437 S. Central Ave., Phoenix.

Needs: Pencils, pens, paper, notebooks, folders, binders, backpacks, highlighters, crayons, markers, glue, erasers, rulers, scissors, etc.

CITY OF SCOTTSDALE

scottsdaleaz.gov

When: Through July 15

Drop Off: Donations can be dropped off at Vista Del Camino Center, 7700 E. Roosevelt St., Fridays from 9 a.m.-4 p.m. Donate online: scottsdalecommunitypartners.org/donate.

Needs: Large backpacks, 3-ring binders, markers, pens, pencils, erasers, rulers, index cards, glue sticks, notebooks, paper, etc.

HARVEST COMPASSION CENTER

harvestcompassioncenter.org

When: Through July 15

Drop Off: At any HCC location (North Phoenix, West Phoenix or Maryvale) or have them delivered directly through Amazon Wishlist.

Needs: Backpacks, lunch boxes, pencil boxes, spiral notebooks, glue, scissors, crayons and folders.



BOYS HOPE GIRLS HOPE

bhghaz.org

When: Through July 31

Drop Off: Donations are accepted through Amazon Wishlist or in-person at the Boys Hope Girls Hope office, 3443 N. Central Ave., Phoenix.

Needs: Spiral notebooks, graphic calculators and batteries, Post-it notes, display boards and posters, index cards, folders, backpacks, etc.

NOURISH PHX

nourishphx.org

When: Through July 31

Drop Off: At the NourishPHX office, 501 S. 9th Ave., Phoenix or Amazon Wishlist.

Needs: Backpacks, scissors, pencils, pens, markers, highlighters, notebooks and paper.

ARIZONA HELPING HANDS

azhelpinghands.org

When: Through August 31

Drop Off: At the Arizona Helping Hands office - 3110 E. Thunderbird Road, Phoenix or through the website.

Needs: Pencil pouches/boxes, sharpeners, No. 2 pencils, erasers, black/red ballpoint pens, highlighters, glue sticks, scissors, washable markers, Post-it notes, filler paper, spiral and composition notebooks, 3-ring binders and lunch totes.

SALVATION ARMY - BACKPACK SOS

salvationarmyphoenix.org

When: July 11-31

Drop off: Any Fry's Food Store or BOK Financial (closest is 3001 E. Camelback Road) location.

Needs: Backpacks, colored pencils, crayons, erasers, folders, glue sticks, loose-leaf paper, markers, pencils, pens, sharpeners, rulers, spiral notebooks, scissors.

SOUTHWEST HUMAN DEVELOPMENT

swhd.org

When: Throughout July

Drop off: At the office, 2850 N. 24th St., Phoenix, or with the online donation cart on the website (folks can purchase pre-filled backpacks here).

Needs: Backpacks, spiral notebooks, pencil boxes, scissors, glue sticks, binders, pocket folders, rulers, dictionaries, lunch bags, etc.

PHOENIX RESCUE MISSION - BACK TO SCHOOL EVENT

phoenixrescuemission.org

When: July 23 from 9 a.m.-12 p.m.

Drop off: Donations can be dropped off at the warehouse, 2515 N. 34th Dr., Phoenix. They also have an Amazon Wishlist.

What: This year's Back to School event will help students receive and fill backpacks with supplies donated to Phoenix Rescue Mission. Volunteers will guide students in grades kindergarten-eighth grade in picking out supplies. The nonprofit is still in need of boxes of pencils, pens, pink erasers, crayons, lined paper, spiral notebooks, dry erase markers, pencil boxes, glue sticks, binders, Kleenex boxes, etc. Those interested in volunteering for the event can reach out to volunteer@phxmission.org to sign up.

Leading with experience: Arcadia mom speaks on parenthood

By Rachael Bouley

Kara Forney is celebrating the release of her new book, *Boy Moms: Collective Tales of Mothers and Sons*, an assemblage of 46 essays written by moms highlighting the happy times, sad times and significance of raising sons in today's world.

Forney was inspired to write the book after her experiences raising two boys – now 22 and 19 – in Arcadia.

"We moved a year before my oldest was born and have been here ever since," Forney

said. "I feel so fortunate to have raised them in such a wonderful, community-focused neighborhood. They grew up with best friends down the street and had multiple neighborhood 'mothers' watching over them."

Forney is proud of her parenting journey. She's been speaking on motherhood for decades as the founder and former CEO of thebump.com, a pregnancy and parenting website.

Her latest project came about after she

observed a lack of public discussion about raising sons in the modern world. She wanted to open up the conversation about stereotypes and how to support the next generation of young men.

"Raising boys today looks so different from a generation ago, and we need to talk about what it means to raise the type of men the world needs," Forney explained. "It is a huge responsibility. We need to know how fellow moms are doing it and their stories."

On a mission to shine a light on the most challenging and rewarding parts of parenthood, Forney started collecting essays last fall, with the final version published just before Mother's Day 2022. *Boy Moms* features essays from moms across the U.S. and several from England and Australia.

"I intentionally wanted stories from regular, everyday women – no celebrities, no well-known names," Forney said. "I wanted every mom to be able to find herself in the pages of this book and for it to be extremely relatable."

With more submissions than could be included, Forney had the challenge of narrowing down which essays made the cut.

"We put a great deal of thought into curating a collection that showed the incredibly diverse experiences mothers can have, but that also have some common



Kara Forney

themes that we can all relate to," Forney said. Now that she's a published author, Forney keeps the door open to writing another book.

"It has been such a privilege sharing these stories with the world, and there has been an amazing response to the book and topic," Forney said. "I'm already being asked about Volume 2. Since the book was published, I have received many additional stories from moms."

The book is available on boymoms.org or amazon.com.

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Brophy's accomplished soccer coach returns to the field

By Sydney Carruth

After a nine-year hiatus, Brophy Prep's former soccer coach, Marc Kelly, will return to lead the program in the upcoming season.

Kelly returns after having coached the Brophy Broncos from 2001 to 2013, during which time he led the soccer team to state titles in 2008, 2011 and 2013.

"I'm excited to be back on the sidelines after being away for nine years and watching the program develop differently," said Kelly.

Kelly graduated from Brophy in 1987 and now teaches ceramics and sculpture in Brophy's art department. He also works as the technical director for the school's theater department.

"Marc is not only an accomplished coach, but he is also a veteran teacher and Ignatian educator, having taught at Brophy since 2000," Principal Bob Ryan said.

Kelly began his athletic career as a student, playing two years of soccer under the late Paul Micheletti, a revered coach cherished by many in the community. Micheletti led the Broncos to their first state championship in 1990.

"He's this legendary coach. He was one of the first who rounded out Brophy soccer," Kelly said.

After graduation, Kelly went on to play division one soccer for Gonzaga University as a defensive midfielder before graduating in 1991 and moving back to the Valley to pursue a career in education and athletics.

"It was a natural progression for me to move into a coaching role," Kelly said.

In his early career, Kelly began training various teams and clubs to learn more about the game of soccer from a coaching perspective. He dedicated time to learning how to coach the game from different angles. He spent time pursuing additional licenses and coaching for Paradise Valley Community College before being asked to return to Brophy for a teaching position in the art department.

Kelly, who is now in his 23rd year at Brophy, said he felt lucky when the school first asked him to join its staff. He was in his second year of teaching when he began his coaching career.

Under Kelly's leadership, the team won three state championships and took the runner-up position in championship tournaments twice. Kelly also oversaw the nomination of three Gatorade Players of the Year and pioneered the program's travel schedule, giving the team a seat in tournaments with other highly accomplished out-of-state teams.

"The school really allowed me to see the way forward for developing young leaders and men of integrity," Kelly said.

He's been with the same group of gifted players for many years, meeting some of them as young as middle school because they had older brothers on the varsity team. In 2013, after the Broncos secured another state championship title, the coach felt it



Coach Marc Kelly has been part of the Brophy community since 1987.

was an appropriate time to focus on his teaching career.

"It was an epic team, we went straight to the final, and we won it. It felt like that was the right moment to step away," said Kelly.

With many of his long-time players graduating and a capable coach ready to take his place, Kelly said it was the first time he felt he could feasibly let the whole thing go. Still, Kelly remained highly involved in the Brophy community and focused his efforts on developing the school's art program.

"In reality, what I do in the studio, teaching sculpture, is more profound," Kelly said. "I have the opportunity to interact with young people who can lead in the future in many ways."

Despite no longer being head coach, Kelly was still part of the soccer community as he watched his son, Christian, progress through the program and cheered the team on from the stands.

"I never really stepped away," said Kelly.

Now, nine years after retiring, Kelly is ready to seize the opportunity to coach again by bringing his refreshed vision and initiatives to the program.

"I look forward with enthusiasm to bringing in my different perspective as I have looked at it over the years, seeing what needs to be tweaked and improved upon and the things I can just allow to flourish," Kelly said.

He plans to drum up a new sense of student morale and support, something he believes boosts team motivation and acts as a home-field advantage. The coach also wants to reinstate the team's travel schedule and hopes to add new tournaments and out-of-state challenges to the program.

"It's a first-class operation all around, with all of the support I could ever want, and there's no reason for us not to see great success over the coming years," he said.

This summer, the coach will begin his

program with open kickaround nights at the Brophy soccer complex, followed by pre-season speed and strength conditioning for athletes in the fall as they gear up for the 2023 season.

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DID YOU KNOW? VIDEO GAMES

ORIGINS



In October 1958, Physicist William Higinbotham created what is thought to be the first video game. It was like tennis and similar to the classic 1970s game Pong. It was quite a hit at a Brookhaven National Laboratory open house.

Higinbotham graduated from Williams College in 1932 and then went to graduate school for physics at Cornell University. At

Cornell, as a graduate student, he worked as an electronics technician. In 1941, Higinbotham joined the MIT Radiation Lab, where he worked on cathode ray tube displays for radar systems. In 1943 he moved to Los Alamos to work on electronics for a timing system for the atomic bomb.

Higinbotham created blueprints for a small analog computer that could display various curves, including the path of a bouncing ball on an oscilloscope. Technician Robert Dvorak spent about two weeks building the device, and after a little debugging, the first video game was ready for its debut. They called the game Tennis for Two. – [history.com](https://www.history.com)



HOW MANY?

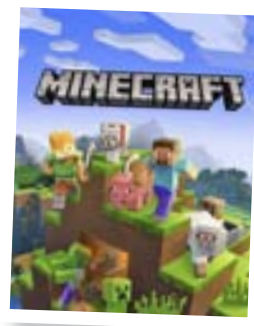
145 HOURS

In 2021, Kory Breden of Nanaimo, B.C., played a video game for 145 hours, 29 minutes and 41 seconds. Breden spent six days playing Call Of Duty: Warzone on his PS5 inside his Nanaimo home. – vancouverisland.ctvnews.ca



238M

Released on November 18, 2011, Minecraft has sold over 238 million copies across all platforms. – [guinnessworldrecords.com](https://www.guinnessworldrecords.com)



158M

The PS2 is the best-selling video game console of all time. As of February 2022, it has sold almost 158 million units worldwide. – [statista.com](https://www.statista.com)



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DID YOU KNOW? VIDEO GAMES

TIMELINE – thefactsite.com

1972 Gen one, where it began: Consoles in the first generation had pre-built games stored directly on the device.

1976 Gen two emerges: In this generation, games were sold separately rather than programmed into the device.

1983 Gen three, the “8-bit generation:” This era’s consoles typically had 8-bit processes, which allowed for more advanced graphics for the time.

1987 Gen four elevates handheld gaming: Home consoles were released with 16-bit systems, meaning that audio and graphics improved even more in this era.

1993 The 3D start of gen five: This generation saw the move away from pixels and towards 3D polygons.

1998 Gen six and the internet: At the start of this generation, the three major players in the console arena were Sony, Sega and Nintendo.

2005 H.D. graphics and motion controls of gen seven: Microsoft and Sony were competing with high-definition graphics, faster processors, and different forms (Blu-rays or DVDs) on one side of the market.

2012 Gen eight’s modern consoles: Consoles of this era started increasing connectivity and processing power, with full H.D. an expectation.

2020 Gen nine and beyond: So far, this generation has brought upgraded graphics (up to 8K resolution), more giant games and game-streaming capabilities.



WORD SEARCH

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FUN FACTS – mentalfloss.com

Over 3 billion people played video games in 2021 alone.

The League of Legends World Competition has drawn nearly as many viewers as the Super Bowl in the past several championships.

Space Invaders had a glitch: as players destroyed aliens, the game sped up since the processor load was reduced. Developers felt the glitch made the game better and left it in.



According to a recent study, the average age of a gamer is 34.

The popular fighting game Mortal Kombat was developed in ten months by a team of four people.

Player reaction to a simulated disease in World of Warcraft so closely resembled historical records about real plagues that epidemiologists are currently using the data from WoW to evaluate how people would respond to a potential virus outbreak.

SAY WHAT? WORST GAME EVER

E.T., the Atari 2600 title based on the hit Steven Spielberg movie, is one of the first movie tie-in games and is widely regarded as the worst video game ever created.



A year after it was released (in 1982), nearly 800,000 unsold copies were dumped in a landfill in the New Mexico desert. The game has been accused of triggering the collapse of the entire industry and shaped the way video games are made today. – *looper.com*



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Valley businesses unveil a new way to think about oral health

By Luke Chatham

We all know how important it is to go to the dentist regularly, right? Our dentists tell us the dos and don'ts of oral health, but often it's hard to know which foods help best with keeping our mouths clean and tummies full.

To combat that problem, Neighborhood Outreach Access to Health (NOAH) and Delta Dental of Arizona Foundation used their partnership to release the "Mouth-Healthy Cookbook," specifically designed to provide readers with recipes that can help keep bodies and mouths in top form.

The goal was to provide educational outreach to the schools to help kids eat nutritional meals. Using recipes and information provided by dieticians from NOAH, the authors filled the cookbook with meals that kids could help prep and cook along with their families.

"The idea behind it was easier recipes that kids can be involved with alongside their parents or guardians," Stephanie Olzinski, dietician supervisor for NOAH, said. "And also set it up to show different aspects of how we can think about food."

Olzinski said that it is common for people to label food as just "good" or "bad." But within the cookbook, the recipes mention what each meal can provide for one's mouth and teach the basic nutrition behind their food.

The cookbook is separated into different categories, ranging from breakfast ideas

to beverages. Recipes are simple and affordable, as NOAH and Delta Dental wanted to provide options that were not challenging and contained ingredients that folks could easily swap for another in necessary.

With the different kinds of patients that NOAH and Delta Dental see, it was essential to provide diverse recipes to represent the eating styles and practices of different cultures.

"They are varied, things that contain plant-based items but also protein like chicken and traditional dishes," Delta Dental's Jessica Arnold said. "We wanted to make it friendly for all dietary needs and preferences but still focused on overall health."

Currently located on the NOAH website, the cookbook is available to download for free. The teams are working to bring hardcopy versions to Valley NOAH centers. They hope to use the cookbook to educate "as many people as possible" and incorporate it into other programs and nonprofits.

Both NOAH and Delta Dental are currently using a grant that they received to provide treatment to those patients that come into the emergency room with oral problems. This program is meant to continue their work to provide better oral health across Arizona and ensure that regardless of where someone visits, they have access to it.

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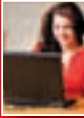
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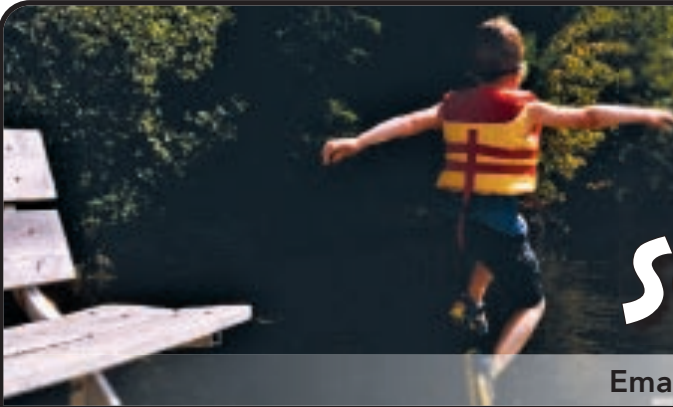
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