

ARCADIA NEWS



VOL. 28 NO. 6

ARCADIA • BILTMORE • CAMELBACK CORRIDOR

SEPTEMBER 2020



POPULATION: 6

Tortilla Flat is a tourist destination with a restaurant, saloon and a population of...six.

PAGE 24

SUMMER VACATION

Check out our annual summer vacation photo spread to see where Arcadians traveled this year.

PAGE 36

BRONCO NEIGHBORS

Three Brophy alumni started a neighborhood assistance program to help those in need.

PAGE 11



Tanner Detro
NMLS ID# 1182443

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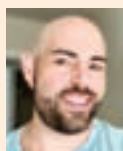
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Tortilla Flat's Superstition Restaurant & Saloon (p. 30).

SEPTEMBER

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Back-to-school traditions are less than traditional this year. Here's how to deal with the unpredictability and how to navigate parent involvement in remote learning.

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Xavier student Serena Turner was recently awarded early admission to Stanford, where she is hoping to dominate in her studies and on the volleyball court.

ON THE COVER:

The annual summer vacation photos are here!

Cole Krawczyk and Loki take in the views at Yellowstone National Park, which spans Wyoming, Montana and Idaho.

PHOTO: CINDY KRAWCZYK



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EDITOR'S NOTE

I've got some questions for our readers:

How are you doing out there? Parents, did you survive the first few weeks of remote learning? Students, are you all settled with the new school routine? Neighbors, are you making sure to stay six feet apart?

I'm not a parent, but I've been keeping tabs on what I like to call the "school situation." Two choices, two programs, different teachers, Zoom meetings, too much information – it's stressful. Thankfully, you're not alone. Arcadia is a strong community, and we're all in this together.

The start of the school year is also a time to celebrate new beginnings, and we've got something new from *Arcadia News*. This month, we are unveiling the **Arcadia Podcast** – a brand-new podcast where we interview local businesses and people to get behind-the-scenes information on what's going on in our neighborhood.

The first episode will introduce Lindsey Holt and Coley Arnold, creators of Junk in the Trunk Vintage Marketplace and

owners of The Vintage, a gathering spot on Osborn Road where patrons can eat, shop and relax all in one place. The podcast will be available on Spotify and Apple Podcasts starting September 1.

September also means that we share all the vacation photos that neighbors sent over the past couple of months in our annual vacation summer spread. Many of you may not have had the opportunity to travel as much as last year, but it looks like you had a lot of fun either way! Check out the spread on page 36.

We love hearing about our awesome community, so please send your story ideas to editor@arcadianews.com, and as always, thank you for reading *Arcadia News*.

Be well,

Mallory
Mallory Gleich

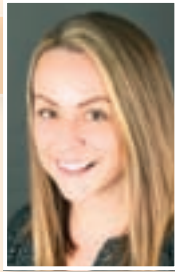


PHOTO COURTESY OF SUSAN PANGANIBAN
Amber, Vivienne, Reese T., Rowynn, Erin and Reese O. Not pictured: Charlotte and Gigi.

Local Girl Scout troop collects 1,000 books, earns top award

By Jennifer Marshall

In August, Arcadia Girl Scout Troop 312, composed primarily of Veritas Prep students, worked on their Bronze Award. Their mission was to collect 1,000 K-8 books to donate to the United Methodist Outreach Ministries, which focuses on preventing and ending homelessness. The girls reached their goal and then some, donating over 1,000 books to the nonprofit at the end of August.

"The Bronze Award is the highest award a Girl Scout Junior can earn," troop member Rowynn said, "and it involves improving in your community."

Girl Scout Juniors are comprised of fourth and fifth graders. After advancing to Cadettes, troop members are eligible to earn the Silver Award. The Silver Award then prepares high school seniors to earn the Gold Award, which is the highest honor.

The U MOM homeless shelter sponsors a weekly program called "Read to Me," where volunteers read to kids to promote literacy.

"Every year, U MOM tries to get 1,000 books donated for their reading program, so our goal was to get those books for them," troop member Charlotte said.

The "Read to Me" program allows kids to keep two books after every reading session.

"These kids don't have many possessions, so those books are special to them. This program is a very good deed," troop member Amber said.

U MOM requests fiction books geared toward kids ages 4-13. Superhero books,

pop-up books and serial books like "Diary of a Wimpy Kid" are in the highest demand.

"We established a couple of ways for people to donate," Charlotte said. "We made an Amazon Wish List, and we also donated personal books we no longer needed."

The troop members also contacted a couple of bookstores and a Goodwill, where they were presented with a \$20 gift card to buy books.

"I did a neighborhood walk where I handed out flyers letting people know they could place books in the box on my front porch," Rowynn said. "I feel good when I get another book. It's fun to set a goal and then meet it."

According to Troop Leader Susan Panganiban, to achieve the Bronze Award, the troop members must utilize the Girl Scout leadership keys: discover, connect and take action.

Panganiban explained that to "discover" means the troop members learn what the community needs most and how they can best contribute while using their talents. To "connect" is essentially interacting and working with each other and family, friends and the community. And to "take action" literally means to go out and drive actual change with their efforts.

"The girls are avid readers," Panganiban said, "so their U MOM project tied into a need in the community and a passion. While they worked as a team, each girl also created a plan on how she was going to achieve her goal."



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Keeping art alive during the pandemic

By Mallory Gleich

While most of us are accustomed to using the internet to purchase things, the pandemic has made shopping, ordering food and discovering new places online much more prevalent.

Many larger retail and restaurant businesses have managed to stay afloat through their online presence. However, local shops have struggled to stay open without the foot traffic they're used to. One of the industries that's been hit is art galleries. *Arcadia News* spoke to gallery employees in Scottsdale and Phoenix to see what they've been doing to keep the art scene relevant.

"It's been an interesting year. Last year was the best year we'd had in the past five to seven years, so to go from that to the worst – it's been a huge change," said Max Smith of **Art One Gallery**. "We're hanging in there like a lot of businesses in the area and doing what we can to stay busy and stay relevant. We just unveiled a brand new website and we are increasing our social media presence."

Smith explained that while they're open to the public and available for online appointments, it's been tough.

"We're such a month-to-month business that we couldn't afford to close. We had to do what we had to do, taking the necessary precautions and all that – people weren't walking around anyway," Smith said.

Safety precautions at art galleries include employees wearing masks and asking that people wear a mask when they're inside. They provide hand sanitizer, and some places offer gloves.

"We've had to change our hours because there wasn't any foot traffic, and for our business, that's crucial because art is visual. Seeing it in person is far different than seeing an image of the piece," Smith said.

Paul Eubanks of the **Paul Scott Gallery** said that thankfully they haven't had to change their business model too drastically since the shutdown.



Max Smith
Art One Gallery
artonegalleryinc.com



Paul Eubanks
Paul Scott Gallery
paulscottgallery.com



Valerie Hildebrand
On the Edge Gallery
ontheedgegallery.com



Shonna James
The Shemer Art Center
shemerartcenter.org

"Paul Scott Gallery has always been strong at reaching out to a vetted mailing list built over nearly 30 years. These outreach efforts primarily involve various mailings and a little bit of emailing," Eubanks said. "We are fortunate in that our existing clients often contact us proactively. Sales, so far, have been in line with past years and summer month sales."

Eubanks said they are actively exploring several ways to engage patrons, ranging from targeted "unveilings" of new works, a new catalog, a more consultative relationship with key artists and online options.

Valerie Hildebrand, from **On the Edge Gallery**, said they received help from Jeff Handley of 360° Niche (a virtual reality/photography business) to create a virtual tour of the gallery in March after they closed. "We made that available on our website. It has been well received," Hildebrand said.

Hildebrand said that their art sales have suffered. The gallery had just moved to a new location in February (7077 E. Main St., Suite 1, Scottsdale) and sales were up over the previous year – but that changed after the pandemic hit.

"We were very excited about the

opportunities in our new location. It's been a little difficult losing that excitement and momentum, but we're currently preparing for the beginning of our ninth season, which begins September 1," Hildebrand said. "We have some very talented new artists joining us and many of our artists who are returning for another season are doing some very exciting new work."

The Shemer Art Center debuted a mobile app in March, which made it easy for students to stay connected from their phones. They also created an arts activities book for families and started converting all of their art classes to virtual platforms.

"From there, our classes started growing and we are now in our fifth month of virtual classes," President Shonna James said. "We have also converted our last four exhibitions to virtual, and we are currently in the process of uploading our latest exhibition, *Inside Perspectives*, which opened August 4."

At Art One Gallery, they've started The Art One Show, an in-depth online interview with an employee at the gallery and one of their many artists.

"It's been cool, and we're learning things that even we didn't necessarily know about

our artists," Smith said. "It's been cool to talk with them and understand their perspective and influences and how they found out about the gallery. It's been really fun."

Smith said they are planning to change up the format for their second season. They're going to go even more in-depth and check out the artists' studios and see their process.

"The whole point is to keep attention on our artists' and the gallery and cross-promote both. What's been awesome is a lot of the videos have generated sales," Smith said. "It's been nice to have the online option, and it has kind of saved us because people are definitely on their phones – they're just not leaving the house as much."

This year, Art One is holding a fundraiser to raise money for personal protective equipment for students when they return to school. Masks, shields and cleaning supplies will be donated to schools around the Valley.

"We want to spread the message of local art and the importance of supporting up-and-coming artists because that is what I think will bring a lot of joy to people in this dark time. Staying positive and doing whatever we can to stay relevant is the best thing that anyone can do," Smith said.

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Arcadia Real Estate Stats

2020 HOPI SCHOOL DISTRICT SALES RESULTS

(1/01/2020-7/31/2020)

Active Homes -	142 homes
Homes Sold -	181 homes
Average Sale Price -	\$1,610,000
Average Sold \$ Per SF -	\$416
Average Days On Market -	115 days

There is currently 5 months of home inventory. (based on 2019 sales results)
2020 home sales have increased 0% this year. (based on 2019 sales results)
2020 home prices have increased 15%. (based on 2019 sales results)
2020 \$ Per Square Foot prices have increased 11%. (based on 2019 sales results)
2020 homes are taking 1% more time to sell. (based on 2019 sales results)

2019 HOPI SCHOOL DISTRICT SALES RESULTS

Homes Sold -	312 homes
Average Sale Price -	\$1,362,000
Average Sold \$ Per SF -	\$371
Average Days On Market -	117 days

2020 TAVAN SCHOOL DISTRICT SALES RESULTS

(1/01/2020-7/31/2020)

Active Homes -	58 Homes
Homes Sold -	118 Homes
Average Sale Price -	\$718,000
Average Sold \$ Per SF -	\$304
Average Days On Market -	63 days

There is currently 3 months of home inventory. (based on 2019 sales results)
2020 home sales have decreased 1% this year. (based on 2019 sales results)
2020 home prices have increased 9%. (based on 2019 sales results)
2020 \$ Per Square Foot prices have increased 9%. (based on 2019 sales results)
2020 Homes are taking 31% less time to sell. (based on 2019 sales results)

2019 TAVAN SCHOOL DISTRICT SALES RESULTS

Homes Sold -	221 Homes
Average Sale Price -	\$651,000
Average Sold \$ Per SF -	\$276
Average Days On Market -	91 days

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WHAT'S HAPPENING, ARCADIA?



Brandon, Jack and Brad.

Three AHS junior football and basketball players made sure to stay busy during the quarantine summer. Brad Gooch, Jack Spiekerman and Brandon Austin started **Valley Window Cleaners**, a window washing company that serves the Arcadia neighborhood and surrounding areas. The business has allowed the boys to earn some extra money and learn about starting and running their own business.

For more: bit.ly/3fs9Xkx

Looking for a volunteer opportunity? **Hopi Elementary** is looking for help with programs like Go-To Crew, Dad's Club, Variety Show and the Used Book Fair, along with classroom opportunities like Room Parent and Art Masterpiece volunteer.

For more: hopipta.com

Arcadian Stephanie Burnside and her husband Josh launched their first location of **Premier Martial Arts** in the Kachina Village Center on 32nd St. and Indian School Road. Classes offered will include martial arts and self-defense training, plus kickboxing, karate and Krav Maga. There are over 100 locations around the country.

For more: premiermartialarts.com

Bricks Studio, a children's dance studio on 45th St. and Indian School is offering a free toddler class on the first Tuesday of each month. Children up to age two (who can walk) can participate in "Toddler Tuesday" classes. The goal is to teach toddlers the fundamentals of dancing and music while

helping them get comfortable with a class-like setting. Classes begin September 1.

For more:

bricksstudio.com/register-online

AZ Sunrays has launched a new program "to help families find some balance in their lives for their children's upcoming school season." The Sunrays Balance Program will provide parents with student care in a supportive environment where students access their virtual learning with structured activities throughout the day. The program is geared toward kindergarten to 10th-grade students. Prices vary, and safety measures will be put in place.

For more: arizonasunrays.com



Impact Gymnastics Academy, a gymnastics and fitness center on the corner of 12th St. and Northern in Phoenix, offers study camps to assist parents with student needs. The staff will provide a safe and structured environment where students can balance their online education with healthy physical activities. Price and class times vary.

For more: impactgymnaz.com

Teaspressa, a local tea shop across from Arcadia High School, has expanded its dining room hours daily from 10 a.m.-2 p.m. Products can be ordered on Teaspressa's website and shipped or picked up at the Arcadia café, located inside. Guests can also pick up a cold brew set that includes everything needed

to make Teaspressa signature drinks at home. The set is \$35.

For more: teaspressa.com

Encore Creative CEO and entrepreneur Stefanie Lerner created **SaniCrew**, a "modern Ghostbuster approach" to safety and sanitization in public areas or gatherings. Lerner wanted to create something that could give people peace of mind as they return to the new "normal" during COVID. The team at SaniCrew uses wands, hand sanitizer and wipes to keep public venues and spaces clean.

For more: getsanicrew.com

LON's at the Hermosa Inn has hired Rebecca Tillman as its executive chef. The Hermosa Inn is a boutique resort in Paradise Valley. Since 2017, Tillman has been the executive sous chef at The Phoenician and helped open Mowry + Cotton, The Phoenician Tavern and The Marketplace. She also worked at the Pointe Hilton at Squaw Peak. Tillman studied hospitality administration at NAU and is a culinary mentor for the Careers Through Culinary Arts Program, which helps prepare students for college and careers in the restaurant and hospitality industry.

For more: hermosainn.com



Rebecca Tillman

Registration is now open at **Scottsdale Community Learning Center**. SCLC is a place where students can go for a quiet place to study and complete their online assignments. Professional staff will supervise children logging into their virtual classrooms for learning and facilitate any schoolwork or homework assignments they need to complete during their remote learning time. SCLC's focus is "creating a physical setting to complement virtual instruction from schools, including supervision, technical support and socialization for school-aged kids." Safety guidelines like masks, sanitizer and distancing are being followed.

For more:

scottsdalecommunitylearning.com

Uptown Farmers Market, located at North Phoenix Baptist Church, 5757 N. Central Ave., is open year-round on Saturday mornings. The market's summer hours are 7-11 a.m. to accommodate the heat. Patrons will find local produce, bread, drinks, flowers, homemade masks and more. Online shopping and curbside pickup are also available.

For more: uptownmarketaz.com

Arcadia High School's National Honor Society is offering free, student-led, virtual tutoring for students at Arcadia, Ingleside,

Tavan and Hopi. Students participating in either SOL or EDL can request a tutor at any time for any subject. Tutoring may begin as early as the first day of school if needed.

For more: contact NHS

Vice President Max Lunifeld at mlunifeld66@susdgapps.org



Mackenzie Mullins is the creator of a new company called **Thyme + Honey**. They specialize in custom gift baskets for any occasion – be it a birthday, anniversary, promotion or just a little something to brighten someone's day. Check out Thyme + Honey's Facebook/Instagram pages to see the latest creations.

Saguaro Branch Library is not open for regular services due to the current public health issues, but it does provide curbside pickup. Customers can access the library's website to view their account, search the online catalog, use digital resources, and place holds.

For more: phoenixpubliclibrary.org



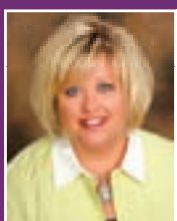
Executive Chef Brian Archibald is leading the culinary team at **Francine**, a new Mediterranean restaurant that opened in early August at Scottsdale Fashion Square. The menu is inspired by dishes from the south of France, with an open floor plan and lots of natural light in the dining room. Archibald brings over three decades of expertise to dishes like grilled octopus, zucchini carpaccio and steak tartare.

For more: francinerestaurant.com

For the fifth year in a row, **Barro's Pizza** reached their goal of donating \$40,000 to Arizona Cancer Foundation for Children, a local nonprofit whose mission is to help Arizona families with the high costs and challenging logistics of caring for their children during cancer treatment.

For more: azcancerfoundation.org

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WHAT'S HAPPENING, ARCADIA?

FRIDAY, SEPTEMBER 11

Sonoran Sippin'

6:30-9 p.m. at the Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix. The DBG is open again for some socially distanced fun and beautiful views. Kick start the weekend with a drink and an evening in nature. This event features music and entertainment and an after-hours look at the Wild Rising exhibit. Tickets are \$15 for nonmembers.

For more: dbg.org

SATURDAY, SEPTEMBER 12

Beer vs. Wine

6 p.m. at Hotel Valley Ho, 6850 E. Main St., Scottsdale. Patrons can enjoy a reception and three-course meal at ZuZu while Stone Brewing and DAOU Family Estate battle it out in the next round of Beer vs. Wine. While enjoying Chef LaCasce's menu of BBQ pork bao bun, hot duck pastrami and dessert, guests will vote for which drink they like best. The event is \$99 per person. Space is limited to 50 people to comply with social distancing.

For more: hotelvalleyho.com

TUESDAY, SEPTEMBER 15

HonorHealth NICU High Tea Event

11 a.m. (virtual event). September is



AZ RESTAURANT WEEK features more than 75 local restaurants, including Chelsea's Kitchen.

NICU Awareness Month. This year's virtual event aims to create awareness and honor families who have experienced a stay in the Neonatal Intensive Care Unit and the health professionals who care for them by providing support and additional resources. Proceeds

will benefit HonorHealth Scottsdale Shea Medical Center's NICU unit. The goal is to raise \$50,000. Guests will hear from experts in the NICU field and participate in a raffle and silent auction.

For more: aesaz.co/elp/nicu2020

SEPTEMBER 18 - 27

AZ Restaurant Week

Empty bellies, prepare yourselves. Arizona Restaurant Week is back and offering dining opportunities for any palate. From Mexican favorites like Los Sombreros to comfort foods like Honey Bear's BBQ and everything in between, guests can dine to their hearts' desire. *For more: arizonarestaurantweek.com*

SATURDAY, SEPTEMBER 19

Teacher Excellence Fund Telethon

9 a.m.-5 p.m. (virtual event). Great Hearts Academies announces the first-ever Teacher Excellence Fund Telethon, which will be live-streamed across Great Hearts' YouTube and Facebook pages. This event supports the Teacher Excellence Fund, which provides compensation for Great Hearts teachers across Arizona. Community members can donate by calling into the telethon or by making a donation before the event. Drinks and snacks for telethon volunteers are also accepted.

For more: greatheartsamerica.org

Have an event or brief that you'd like us to consider for What's Happening, Arcadia? Send it to editor@arcadianews.com.

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DEBBIE RETTERER

By Mallory Gleich

In times of crisis, the need for medical care and supplies can skyrocket, and for many, that's where the real challenge lies. This is where organizations like Flights for Life and Angel Flight come in.

Flights for Life is a nonprofit pilot organization that transports blood and blood products to and from needed areas in northern Arizona. In the past five years, they've expanded to New Mexico, Texas, Oklahoma and Arkansas. And with the COVID-19 pandemic going on, help is needed more than ever.

FFL started in 1984 and works with Arizona hospitals, blood banks, health care agencies and private individuals. The organization is made up of volunteers from various professions, including doctors, airline pilots, ex-military pilots, engineers and business people.

Arizonan Jerry Kapp has flown with FFL since December 2006 and

"This is our opportunity to give back and to remember to remain humble. I feel just as blessed as the patients and supplies I fly."



Tino Ferrulli has been part of both organizations since 2015.

"I was a glider pilot, and I bought an airplane. Going out and getting a hamburger or something was always good, but I thought, 'I'd like to do something more,'" Kapp said. A friend of Kapp's was a member of FFL and suggested he check it out.

Kapp said FFL flies over 1,500 missions a year with 125 pilots flying three times a day.

"In Arizona, we send out two planes every morning and one plane in the evening," he said. "We never know how bad the need is for the items we fly."

Angel Flight has the same concept, except they fly actual people who need medical care around 13 western states. The organization started in 1983 with a simple mission: "Fly people in their own planes for free."

Angel Flight West (the AZ branch) uses a network of volunteer pilots who fly their own private or rented airplanes, paying for fuel and other flight-related expenses. In 2020 alone, Angel Flight has transported almost 500 people to their medical treatments.

"Angel Flight flies patients who are

'Angel' pilots deliver supplies

quite ill and need doctors and hospitals to treat them without costs. The pilots get them to and from these locations on their dime as well," Ferrulli said.

Angel Flight typically serves patients who require specialized medical treatment at a facility far from their homes, like a clinic with expertise in the treatment of a particular form of cancer or experimental treatments for rare childhood disorders.

Ferrulli explained that other needs are served in some cases, such as transportation to visit a hospitalized family member, transportation to help in times of emergencies or disasters, and even relocation of victims of domestic violence.

"Many public benefit flying groups helped in the aftermath of Hurricane Katrina, for example, while others develop partnerships with veteran groups, such as the Wounded Warrior Project, to help recovering veterans," Ferrulli said.

"Angel Flight was created by a group of pilots who believe in the benefit of volunteering," Ferrulli said. "This is our opportunity to give back and to remember to remain humble. I feel just as blessed as the patients and supplies I fly as a way of giving back."



PHOTO COURTESY OF TINO FERRULLI

Tino Ferrulli has been a pilot for Angel Flight West and Flights for Life for the past five years.

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Paid for by Elect Aaron Lieberman, Kelli Butler for Arizona, and Chris4Arizona. Authorized by Aaron Lieberman, Kelli Butler, and Christine Marsh.

Students offer a gift of compassion for isolated neighbors

By Melissa Hirschl

Throughout this pandemic, the demands and responsibilities people are facing make it easy to develop tunnel vision. As a result, the most vulnerable in our society can be overlooked and fall between the cracks. Seniors are a prime example, especially when they live alone.

Determined to alter that scenario, three Brophy College Preparatory alumni decided to come to the rescue. Patrick Wintergalen, Christian Leber and Jackson Chiao may not wear capes, but they are local heroes to the people they help each week.

They call themselves the Bronco Neighbors, named after the Brophy Prep mascot. The trio shop for food, medicine and necessities for seniors or anyone who is immunocompromised and at-risk by being outside their home.

"We don't charge for our services, and typically people just give us their credit cards or cash," Wintergalen, who started the group, said.

"Bronco Neighbors is something we are all very proud of," Chiao said, "and we hope that we are positively impacting our community during these difficult times. Not all people are impacted equally by COVID-19, so we are trying to be a resource to help those who experience greater risk than others. I am delighted to help those in need and fortunate to be doing it alongside my friends."



Brophy Prep alumni Christian Leber, Jackson Chiao and Patrick Wintergalen.

The genesis for Bronco Neighbors began when Wintergalen shopped for his grandparents during his summer break. He soon realized that other seniors in the area live alone and may not have that luxury.

Empathizing with their plight, he decided to become an intermediary and assist them with their shopping needs. He quickly enrolled his friends Leber and Chiao into his mission, and they were both enthusiastic about providing this much-needed service to the community.

"We began by talking to people at Paradise Valley United Methodist Church and Aldersgate United Methodist Church in

Scottsdale," Wintergalen said. "We asked them for the names of elderly people in their church who could use our help shopping."

The three friends also started collecting clothes and toiletries for Andre House of Arizona, which ministers to the homeless and underprivileged.

"I'm very grateful to Bronco Neighbors for their support during the pandemic," recipient Karen Bloch said. "With health issues that make us particularly vulnerable to COVID-19, the caring and professional service helps limit my family's exposure. On several occasions, Patrick has gone the extra mile, searching for hard-to-find

items and delivering them to our front door. With so many concerns in the world, it's heartwarming that Bronco Neighbors takes the time to assist others."

Wintergalen is a pre-med student at Southern Methodist University in Texas and is majoring in history and biology. Chiao attends Seattle University and is pursuing a double major in finance and accounting. He plans to be an accountant or consultant. Leber attends University of Arizona and majors in physiology and business, as well as pre-med.

For more: visit Bronco Neighbors COVID-19 Outreach on Facebook.

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Hotel Vendome



Coal Mine Canyon



The Red Ghost replica

Arizona's ghost stories aren't in short supply

By Sam Lowe

Arizona has an ample supply of ghost stories, enough to raise the hairs of novice campers listening to spooky tales while roasting hot dogs over an open fire.



Here are a few of those ghostly legends from around the state.

If the stories of many guests are worth serious consideration, Abby Bry is the resident "spooks-person" at the Hotel Vendome in Prescott. She's been there since the 1920s when she became ill and sent her husband out for medicine. He never returned, leaving poor Abby to expire alone in Room 16.

Now she roams the hallways and alarms the guests, especially those who believe in ghosts. She opens and closes doors, turns TV sets off and on and causes cold air currents to breeze through and cause goosebumps.

A few blocks away in the Prescott Fine Arts Association Theater, the alleged ghost of Father Edmund Clossen messes with the actors who perform there. The theater was once a church, and Father Clossen was originally buried under the altar. But after

THE LOWE ROAD

his remains were dug up and removed to a local cemetery, his spirit preferred his original grave and stayed behind.

Now performers swear they hear rattling doors and see shadows behind the stage. One night after a show, three actors claim they watched glasses rise from a table, then drop to the floor and shatter.

In Northern Arizona, Oatman is best known for the wild burros who saunter into town every afternoon, looking for tourist handouts. But locals also tell the story of Odie, an Irishman who immigrated to Oatman to find his fortune in the goldfields, leaving his true love behind in Ireland. When he acquired enough money, Odie mailed her cash to pay for a trip to Arizona. But she never showed up.

Naturally distraught, Odie took to drinking. Eventually, he lost everything and began living in the alley behind the Oatman Hotel. Workers found his corpse there one morning, and the town gave him a decent burial. But Odie wasn't ready to leave Oatman, and he still hasn't, according to the

townsfolk. His body might be six feet under, but his ghostly presence still roams the hotel hallways. He sits in a favorite rocker and rumples the sheets in the room he planned to share with his bride, the one who never crossed the sea from Ireland.

Both Native Americans and Anglos tell about the ghosts who frequent Coal Mine Canyon south of Tuba City. They claim that on certain nights, when the moonlight dances across the hoodoos, a mist rises from the canyon's bottom and forms the shape of a beautiful woman.

Some say the apparition is a young Navajo wife who was walking along the rim of the canyon with her husband and child. But the man and youngster fell to their deaths, and the grief-stricken wife returned to the spot every night until she died. And now, her ghost returns when the moon is full. Another legend tells of a young man who disappeared in the canyon on the eve of his wedding. When he didn't return, his bride-to-be followed his trail but never found him. Now she continues her search as a milky apparition that walks along the canyon rim on moonlit nights.

Arizona's most famous ghost of all time wasn't actually a ghost. It was a camel.

However, he is justifiably included in the state's annals of the weird and eerie because of his name: The Red Ghost.

The camel was a leftover from a failed Army attempt to use the humped creatures as beasts of burden, carrying supplies and other stuff across the Arizona desert. When the project was abandoned, the Army sold some of the camels to miners and others who eventually turned them loose to fend for themselves. The Red Ghost was among them.

He soon achieved legendary status when spotted by prospectors and freighters, who claimed they saw a skeleton on his back. One group even found a human skull after a sighting. But the Red Ghost turned outlaw when he stomped a rancher's wife to death. Now feared and hunted, the rogue camel came to an untimely end when he was shot and killed by a farmer who caught him in his garden eating his turnips.

There are some who give little credence to ghost stories, saying they are mere figments of the imagination. But if you're ever near Coal Mine Canyon on a moonlit night when the mist is rising, and there's a camel snorting in the distance, you may change your mind.

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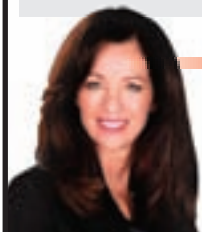


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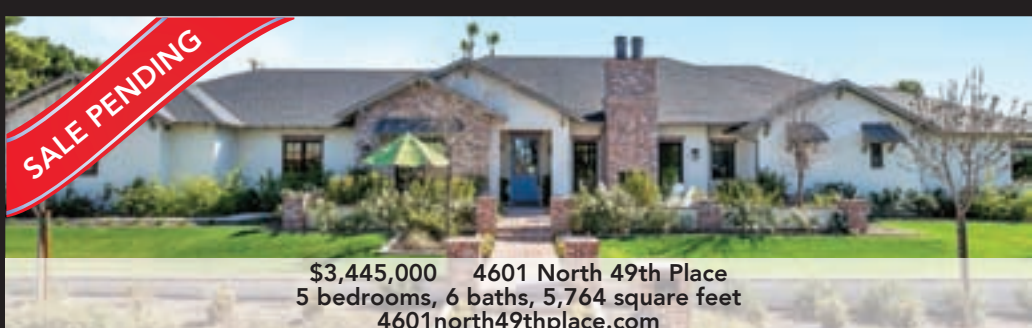
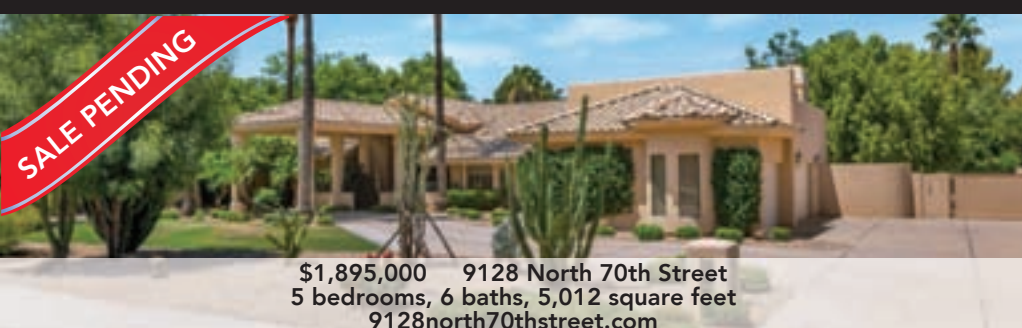
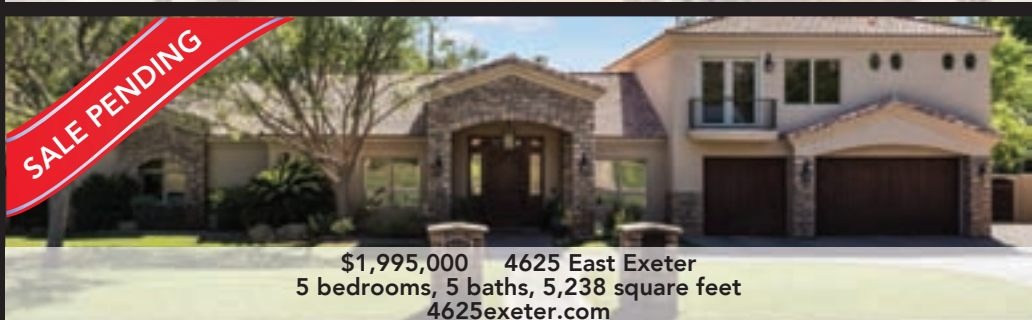
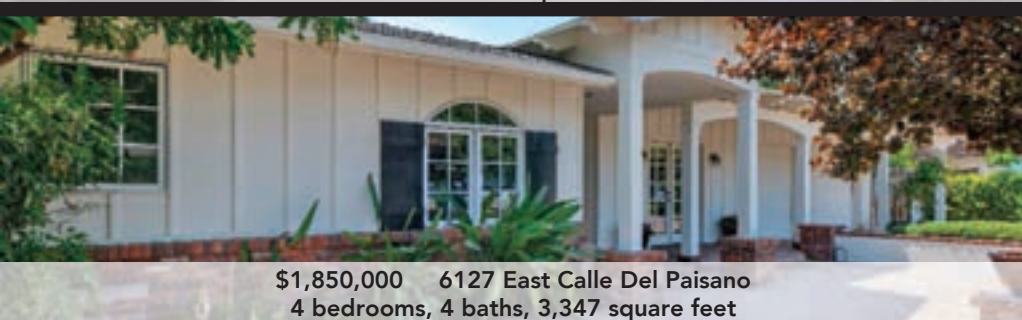
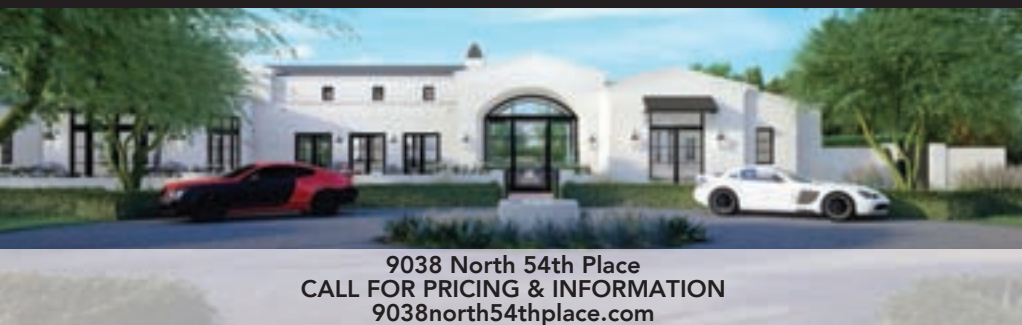
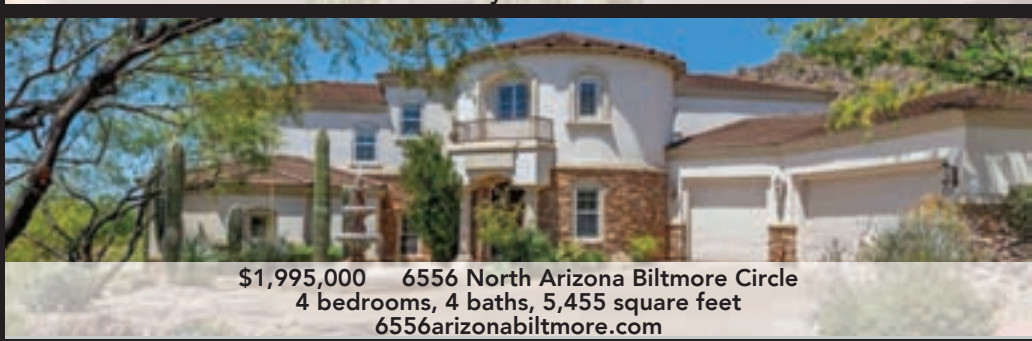
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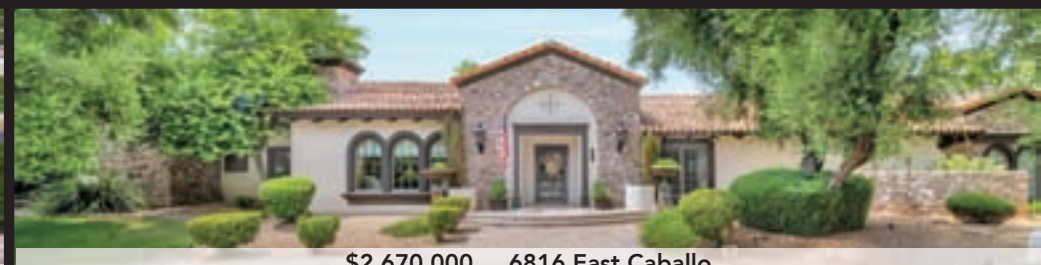


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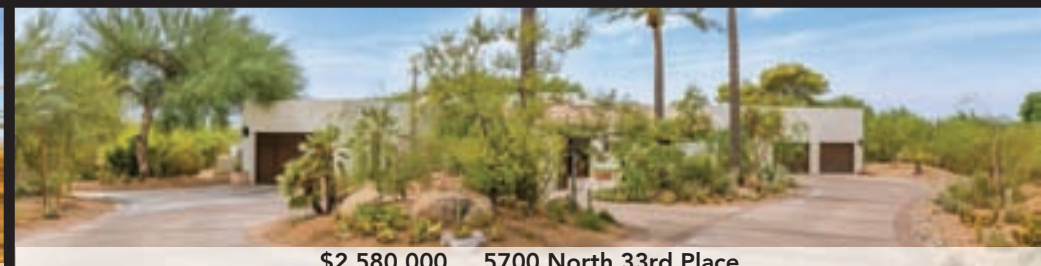


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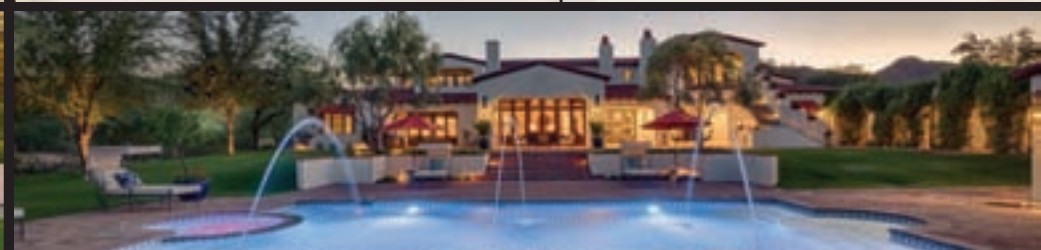
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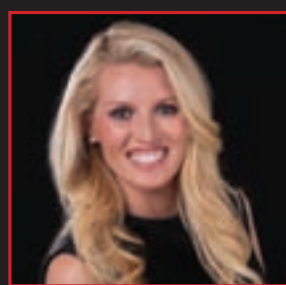
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Arcadia News launches community- focused podcast

By Amanda Goossen

Arcadia News is starting something new, and I'm so happy to be a part of it!



Amanda Goossen

My name is Amanda Goossen and for five years, I was part of the *Arcadia News* family. I was lucky to be at the helm of the editorial department as managing editor, putting out some wonderful stories about the Arcadia community. Now, I'm back to once again bring my passion to the paper in a whole new way.

With the creation of a new podcast, *Arcadia News* will be able to do what we do best, but through a different medium.

Now you'll be able to hear the laughter of the women who own a new retail and dining hot spot, and you can sense the frustration of the chef who's trying to run a local restaurant during a pandemic. You will discover, firsthand, the stories that make up the businesses in our community.

Greg Bruns, owner and publisher of *Arcadia News*, explains, "Podcasting gives us the opportunity to expound on topics and stories that we don't have room for in print. These are the stories that are best told in interviews with people, where they can use their own voice to connect with the listener."

"We're just getting started, so I'm really looking forward to seeing what kind of compelling stories we can share."

Using audio and video technology in connection with the paper was something the team at *Arcadia News* wanted to do for a while. The COVID-19 pandemic just accelerated the process.

"We've wanted to put together a podcast for the last year, but it was a Google grant that really enabled us to bring it to life. In May, Google News put together a Journalism Emergency Relief Fund, and *Arcadia News* was one of the newspapers selected to receive a grant. It was pretty cool to know that we made the cut," said Bruns.

The podcast, titled *Arcadia*, can be found on a number of platforms, including Spotify and Apple Podcasts. Video footage for some interviews can be found on YouTube.

"It's been a lot of fun just exploring the options with this new (for us) method of news delivery. We're just getting started, so I'm really looking forward to seeing what kind of compelling stories we can share," said Bruns. "Working with our former editor and a friend of the paper helps bring a fresh perspective to the storytelling. I really like that we can offer a print alternative to our readers and advertisers."

So get ready *Arcadia*, because we can't wait to share our new project with you. We hope you will tune in and enjoy!



Podcast #1 – The Vintage (26 min.)

Meet the famous "Junk in the Trunk" ladies and find out how they got their start (did you know the police were called at their very first sale?). See how these Arcadia business owners have learned to pivot

after they opened their new neighborhood destination place right before a pandemic shook the world. Catch the video on YouTube or listen with your favorite podcast player. Links are on the facing page.



Since it was built in the late 1950s, the building that previously stood at 4418 E. Osborn Road had several suites inside that were occupied with small businesses of all types, including:

Frontier Barbershop (1960-1977), Fashionette AZ (1960-1961), Totten Dance Studio (1960-1961), Dynamic Electronics (1962-1963), Neptune Supply Co. Swimming Pool Supply (1962-1964), Benedicts Bicycle Lock & Key Shop (1962-1965), E G R Company Aircraft Supply (1964 – c. 2000), Arizona Wholesale Jewelry (1968-1970), Bill Cline Realty/Cline Insurance Agency (1965-1970), Cline Campbell & Associates Realtors (1970-1971), Red Carpet Realty (1972), A Erickson Sports (c. 1975), Inter-west Construction (1975), Scripts Relief (1990-1995), John E McCarville MD (1987- 2014).



When the crew removed the siding from the building, it revealed an old memory of the Frontier Barbershop that operated from 1960-1977.

Stay tuned for upcoming episodes!

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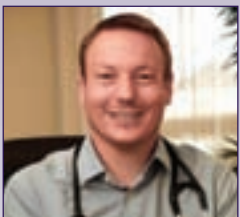
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Coping with remote learning

By Nola Enge

Back-to-school traditions didn't feel very traditional this year, and parents are trying to figure out how to roll with all of the unpredictability. One issue that many parents are trying to navigate is their involvement in remote learning.



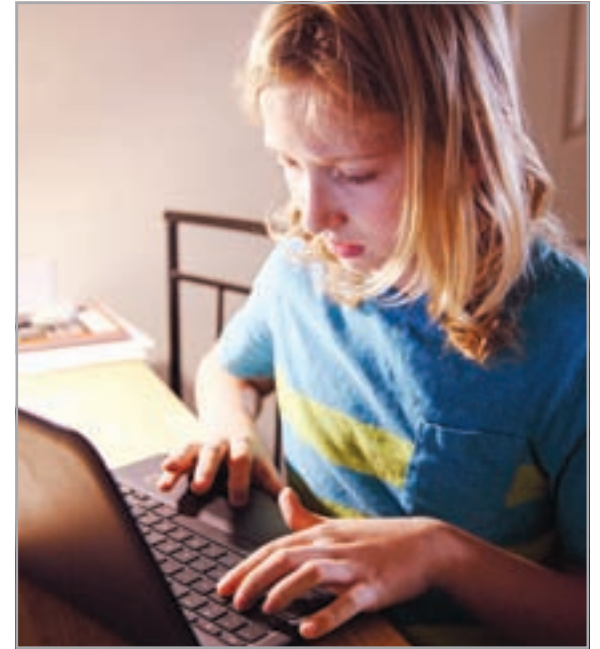
Over the summer, there was a lot of talk about the "summer slide" – the idea that academic skills diminish somewhat during school breaks. While this can be a real concern, parents don't need to fret about lost time or pass that stress on to their children. Lots of learning takes place over breaks: reading for pleasure, experiencing a first job, caring for siblings, learning to swim or learning an instrument.

Parents shouldn't worry about what kind of educational role they need to fulfill for their child. You don't always need to be your child's cheerleader, keeping them motivated and on-task. Keep in mind the most productive learning comes when children take ownership of their education.

Parents must permit themselves to move gently during these tough times. Remember, all students are experiencing these school changes simultaneously, so concerns about falling behind may be less critical than one might think. The bottom line is that teachers, whether online or in-person, are well prepared to meet your child exactly where they are.

Create a new family schedule that includes classes, homework, recreation and sleep to help all ages be successful. Children may benefit from the same predictable bedtime cues used when they were toddlers. Establish set meal times, turn off media and have a regular bath and reading time for younger children. Teens may need persuasion to turn off phones at night.

Remote learning can't magically mimic in-person schooling. Parents may need to communicate with teachers more than usual.



If screen time becomes tedious, encourage your child to take physical and mental breaks. Teachers want to nurture independent thinking and curiosity, not stamina for sitting.

Speak up if things become cumbersome or modifications need to be made for different learning preferences. Remote teachers may not immediately see these cues. The same holds true for homework. Teachers may not realize the cumulative amount of homework given from multiple teachers and will appreciate your communication.

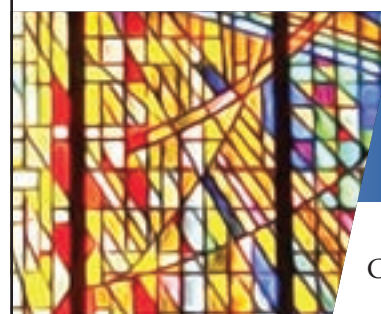
Also, stay up-to-date with the technology needed for remote learning. Speak to your school if you need resources, Wi-Fi access, IT assistance or have multiple children needing access at the same time. You may need to help young students with logins and passwords before class starts each day.

Students and parents have made many adjustments these past six months, and the future still remains unknown. But what we can all do in the meantime is be kind to teachers, other school personnel and yourself as we all do our best to educate the next generation.

— Nola Enge, Ph.D., is director of The Hills School at Shepherd of the Hills. For more: thehillsschool.org or call 602-952-2616.



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In the Kitchen

with **Ranch House Grille's** Leland Cline

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By Mallory Gleich

Inspired by music, Leland Cline moved to Phoenix with dreams of starting a band. When he realized that wasn't in the cards, he went back to his roots in the restaurant industry and opened the Ranch House Grille, one of the Valley's hidden gems on Thomas Road and 56th St. Leland sat down to share his story with *Arcadia News*.

How did you come to open Ranch House Grille?

I helped my parents open the original Ranch House Grille in Page in 1999. I was a cook – always a cook – but I went on with my life. I wrote a CD and came down to Phoenix 14 years ago to find a band and play some punk rock. That didn't work out too well.

Around 2006, I was working at a Village Inn, but I always had in the back of my mind that I wanted to own my own restaurant. Village Inn wanted to make me a trainer and an opener and travel around the country opening restaurants, and I thought, "Okay, is this really what I want to do?" I called my dad when I was driving home from work one day and told him, "I think it's time. I want to look for a restaurant."

I started searching the internet, but mostly everything was \$500,000, \$300,000. Then I found one for \$25,000. I thought something must be wrong with it. So my sister and I went to check it out. It came down to me and another couple, and in the end, I got it.

How did you get into the restaurant business?

I started working in restaurants at 12. That's all I've ever done. I started serving at 15, cooking at 16. It's just my thing. When my parents bought the restaurant in Page, they asked me if I was on board – and the rest is history.

Who first taught you how to cook?

There's a mom and pop fast-food place in Page called R.D.'s Drive-In. The owner of that restaurant was an old lady back then, and she taught me how to cook. That's where I learned about speed and precision and thinking ahead. Learning a routine. And that was good for me because it was fast-food, so I knew what to do in a kitchen from then on.

What are the most popular dishes at Ranch House?

We serve Southwest comfort food. The southwest chicken fried steak was once named one of the top 50 dishes in the Valley from *Phoenix Magazine*. Our pork chili verde is the most famous and well-received dish around here. It's won tons of awards. It's also the reason we're still a restaurant. Probably about half the people that come in here order it in some form or another.

Are there any interesting stories about the restaurant?

In 2010, a neighbor burned down the whole strip mall. It was kind of good because the restaurant was way different before, and I don't think it was actually meant to be a restaurant. It took 17 months to rebuild, but the positive was that I got to renovate the whole place and change it into a proper restaurant.

We also get a lot of baseball players in here when they come for spring training. The president of the Diamondbacks comes in a lot. He was on a radio show once and mentioned that we were his favorite breakfast place, so that was cool.

What is unique about the dishes at Ranch House?

I rewrote the menu after the fire and changed everything. I added the "off the griddle" section, with sweet stuff like crepes and new versions on pancakes. I focused on the Southwestern aspect and added a little spice. I've also heard that we have the best gravy around – bacon grease, pepper, sausage – it comes out really good. Our thing is big portions – we don't want anyone leaving hungry.

What is the most challenging part of working in the industry?

In Phoenix, getting through the summer is rough. It slows down quite a bit; people aren't here, the heat is so bad that people don't come out as much. That took me years to get used to and realize that you have to prepare for that and schedule accordingly.

What is your go-to comfort food?

Chicken fried steak, over-medium eggs and sourdough toast. That's actually my license plate. Most people don't know

what it means, but it's the shorthand/old-time waitress version of that dish: CFSOMSD – that's what my license plate says. That's my ultimate – if I just want to eat, that's what I go for.

Who is your favorite chef to work with?

I've worked with professional chefs, but I like working with my guys. My chef's name is Porfirio. I hired him four days after I opened the restaurant 14 years ago. He's been running the kitchen for the last eight years. I could work with him all day. I taught him all the "stuff." He does everything. He's awesome.

What or who inspires you?

My wife inspires me. She knows her stuff, and she's awesome. Aaron Franklin – he's the best "smoker" guy in the world right now. He works in Austin. His restaurant has people lining up at 4 a.m. when they open at 11. To get to that point, where people line up every morning and then to sell out [of food] every day, that's the ultimate restaurant goal. I'd love to be as busy as I am on Sundays every day.

What do you do when you're not working?

I run a lot – I'm really into trail running. That's my hobby. I also hang out with my family. I have three kids, so I stay busy. We swim a lot.

What advice has stayed with you throughout the years?

It's funny, this morning I was just saying

to myself: "When the going gets tough, the tough get going."

Or "only serve it if you'd eat it." Or only serve it if you'd serve it to your grandma. And be proud of it. We like our plates to look nice. That's important.

How is Ranch House being affected by COVID?

I'm confident that we're going to make it through this thing, but it's been sketchy. It's devastating. We had our busiest day on March 1. March is always our busiest month because of spring training, so it's been crazy hard.

I have a big smoker for smoking meat. I recently got it for my house, but I've been thinking about starting a side business. So I brought it to the restaurant, and I started throwing barbecues. I started smoking a bunch of brisket and ribs and pulled pork, and that was when there were hardly any cars on the street.

My wife and daughters stood on the sidewalk with signs that said: "barbecue today." That kind of helped. We had to change everything up and go to being a barbecue restaurant three days a week. I sold 130 racks of ribs one weekend. We've done five barbecues so far, but it's so hot out.

There's been a couple of issues, but we're going to bring it back in October and have a monthly "meat up." It'll be a great neighborhood thing. We want to collaborate with Arcadia Premium, set up tables, music and every second Saturday have a big cookout. So that's the plan.



Leland, Quintin, Audrey, Cassandra and Danielle.



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"Meet Mr." | Ray Artigue

Justin Bayless

By Ray Artigue

They say the apple doesn't fall far from the tree, and in the case of Justin Bayless, that couldn't be truer.

Bayless is the product of two health care clinicians: his mother, a counselor with advanced degrees, and his father, a forensic psychologist.

"I started going to the office with my father as a 9-year-old and even wore a suit. I always loved dressing like a professional and being in a professional environment from an early age," the 36-year-old businessman said.

Bayless is an Arizona native and attended St. Mary's High School. He earned an accounting degree from Morehouse College in Atlanta, attending on a Presidential Scholarship. Upon graduation, he moved to New York to begin his career as a Wall Street banker.

His time in the Big Apple was short-lived. He returned to the Valley in 2008 to work with his father – Dr. Brad Bayless – as CFO of Bayless Integrated Healthcare. Bayless immediately began to pursue his vision for incorporating primary care and behavioral health services under one roof, which hadn't been done before.

Today the Bayless proprietary model of wellness addresses the mind and body as being equally

important, and their ongoing expansion of health care services makes for "one-stop" patient care. Bayless is now CEO and has grown the company to 270 employees in eight locations around the Valley.

He has been just as prolific in his personal life as he and his wife, Jamil, have added three daughters to their young family in only two years. "We have twins, but actually, all three girls look alike."

Bayless said the pandemic has been challenging for his family but finds the positive in spending more time with "all four of my ladies." Like so many families, they enjoy walking the bike paths of Arcadia and connecting with neighbors.

"Our clinics have been prepared for something like COVID because we have practiced telemedicine for a while. My dad was a pioneer, and he used to talk about how technology would change medicine someday," he said.

"Ultimately, I hope to have the ability to improve the lives of millions of people," Bayless said.

Bayless Integrated Healthcare is currently developing what he calls

"lifestyle medicine," which addresses sleep, diet, physical conditioning and more.

Bayless has been widely recognized for his business acumen and community leadership. In 2017, he was named a "Top 20 Influential Millennial Honoree" by *AZ Business Magazine*, and in 2018 he was included in the "Who's Next: Entrepreneurs" list by *AZ Central*. Most recently, he was included in 2019's "Forty under Forty" by the *Phoenix Business Journal*. He was also appointed by Governor Ducey

to serve on the Arizona Commission on African American Affairs.

In his spare time, Bayless enjoys mentoring youth, traveling with his family, attending car shows and movies, and challenging his younger brother-turned-NBA-star, Jerryd, to pickup basketball games. He doesn't say much about the outcomes of those contests.

Asked how he would title his autobiography, he responded without hesitation, "*The Relentless Pursuit of a Better Patient Experience.*"

"I hope to improve the lives of millions of people."



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Dr. Sophon Heng D.D.S. caters to those people who don't have dental insurance. Dr. Heng provides comprehensive dental care exclusively to uninsured adults in a modern, yet modest office in Phoenix. Dr. Heng grew up in Seattle and graduated in 2001 from the University of the Pacific School of Dentistry in San Francisco, and he relocated to Phoenix after graduation.

"After watching the dental profession change," said Dr. Heng, "I felt it had to be done a different way: 'A Non-insured Way.' We use the latest technology and treatment, yet we keep our facility modest and control our business overhead, which allows us to offer lower fees to serve the people in the community."

For example, Dr Heng's office charges \$599 for a lifelike crown made with latest materials and technology. His crowns are guaranteed for life against breakage or defects. There is never a charge for a so-called crown build up. Other dental offices could customarily run from \$800 to \$1200 or more for a similar crown in this area. Also, other general procedures in Dr. Heng's office run 30-60% less than those typically charged. For example, \$599 for a root canal, \$499 for immediate denture (each), cleaning starts at \$30.

Patients often remark they find Dr. Heng's office a breath of fresh air in an age where profit and greed driven corporations and "banksters" are invading every aspect of our lives, including our health care. "We have had a great response from all of our patients and we have met so many wonderful and appreciative people," said office manager Channa. "We treat all of our patients like we would our own family."



"We explain to our patients that we don't cut corners on care, treatment or materials," said Karen, dental assistant. "We pride ourselves in treating people not just their teeth. We love dentistry and feel great about providing excellent care. We are driven by our desire to help others."

Many of Dr. Heng's patients are young adults and seniors who have no dental insurance or have only a limited policy that gives them a few benefits and then charges more for their other needs. Dr. Heng offers no gimmicks, just modern quality dentistry at an affordable cost.



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AZ couple dedicate time to building a hospital in home country

By Mallory Gleich

For the past four years, Maggie and Peter Ole-Sabay have been extremely busy. The couple has dedicated their time, money and lives to building a hospital in Maggie's native country of Uganda.

Peter moved to the United States from Kenya in the 1990s. He lived in Minnesota and worked for the Mayo Clinic before he and Maggie moved to Arizona in 2012. Both of them have spent over 20 years in the medical field.

"We moved to Arizona for better opportunities, but we also preferred a warmer climate compared to Minnesota, which was extremely cold," Peter said.

Peter received his bachelor's degree in global health from Arizona State University. Maggie is a nurse practitioner working on her Ph.D. in industrial psychology at Grand Canyon University, where she serves as chief infectious disease officer and works in the campus health and wellness clinic.

Years ago, the pair visited Uganda and noticed that many community members were having trouble finding and receiving medical attention.

"The disparity and suffering from the community touched our hearts and moved us to do something to change the situation," Peter said. "Our inspiration came from the community's willingness to rally behind this cause and the long-term commitment for us to establish sustainable healthcare delivery in the region."

Construction for the Love4Bukwo Regional Hospital began in 2016. Bukwo is located right at the border of Uganda and Kenya. The hospital will serve both countries since the next health facility is more than two hours by road.

Maggie and Peter bought the land and then contacted the local government to acquire the correct permits. They hired a local construction team and reached out to the community to obtain construction supplies.

"This allowed us to create robust



Love4Bukwo Regional Hospital under construction.

opportunities for the local employment; women who helped supply food and young people also actively participated in daily work," Peter said.

Love4Bukwo will serve as a general hospital with women and children's health as the priority. There will also be a surgery center where specialized doctors will come from all over to perform surgery that would otherwise not be available.

At first, Peter and Maggie only intended to improve existing hospitals. "When we visited Bukwo District Hospital, a government facility and the only one in the area, we found crumbling infrastructure, termites, medical instruments being reused, multiple patients per bed and rats eating corpses in the hallway," Peter said. "There are no mortuaries in the area or even a refrigerated container for storage. We felt compelled by compassion to do something about this and have learned there is no substitute for being there."

Maggie and Peter started working two jobs to help raise funds for the hospital. So far, the project has cost around \$350,000. The pair

has also received donations from family and friends that has totaled \$150,000.

They hired local community members to build the medical center while using natural materials from Uganda and Kenya. The hospital is modeled after traditional homes with handmade bricks. It includes four wards (surgical, maternity, women and children, and men), an outpatient clinic, administration and support services, and a campus mission house that includes 20 rooms for patients' family members, medical teams and other visitors to stay on-site.

Peter said the hospital will include a conference center with a kitchen and restaurant to serve patients, though food is not typically provided in Ugandan hospitals. It will become the first restaurant in the community that will also offer training in food preparation.

Construction of the hospital is 90% complete. Love4Bukwo is now on the hunt for hospital beds, personal protective equipment, ventilators and lab diagnostic medical equipment for prevention and treatment.



ASU Edison College of Nursing dean and staff with Maggie and Peter Ole-Sabay.

"We are introducing American medical expertise, education, technology and medical partnerships into one of the most remote and medically underserved communities in the world," Peter said. "We have been asked by the people of Bukwo to bring them the modern healthcare they desperately need and we have answered that call whole-heartedly."

Peter said that community members already feel pride and ownership in the hospital, which will also become a community learning center.

"We will train them in health, sanitation, disease prevention, and food safety and preparation," Peter said. "Some of these topics overlap with key job skills and entrepreneurship, which will increase social and economic capital. We believe that by combining our cultural roots with our American medical and educational experience, and with the help of American partnerships, we can help transform lives for the whole region."

For more: love4bukwo.org

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Leveling the playing field

CAREER CORNER

By Angela Copeland

Internships are an essential part of a college education. They allow students



to test out their skills and to dip their toes into a future career.

They can also help confirm interest in one field. Or they can help

redirect attention to a new field.

During my time in college, I was fortunate to have completed four summer internships. For two summers, I worked as an engineer for General Motors. I worked at Westinghouse. And, for one semester, I taught photography at a Boys and Girls Club.

These internships helped me learn what I liked and didn't like about companies. They helped me learn what I was good at. And they built up my resume so that I could compete for better jobs when I graduated. As an engineering student, I had paid internships. Not only did I receive a respectable salary, but I also received relocation assistance.

However, when I moved on to business school, I wasn't so lucky. As an MBA student, an internship is essential, but most are unpaid. And because I couldn't afford to work for free, I had to forego an internship and opted to graduate early instead. Although not having an internship didn't affect my career success, having one would have helped me more easily transition from engineering into the business world.

Although internships have been significantly cut due to the COVID-19 pandemic, there is one bright spot: Most internships are virtual. This means a student doesn't need to spend money to relocate to the city where the internship is located. They can work for companies anywhere.

So despite the possibility of unpaid internships, the new virtual reality we're all working in is helping to level the playing field. If you're thinking of hiring an intern, there's no better time. And paying students for their work can help them pave their way to a future career or even a shot at your job one day.

— Angela Copeland, a career expert and founder of Copeland Coaching, can be reached at copelandcoaching.com.

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MAKING SENSE OF INVESTING

Coffee connoisseur opens first brick and mortar at The Marilyn

By Jennifer Marshall

Lance Larson, the owner and barista behind recently-opened Java Hustle on Thomas Road and 44th St., has been a coffee aficionado almost his entire life.

"My husband Lance is the coffee guy," Patsy Rethore-Larson said. "He's been making coffee well over 20 years, and he's been at the helm of the espresso machines at some of the Valley's most hallowed coffee houses."

When Larson moved to Phoenix from Nebraska in 1987 to attend ASU, one of his first jobs was at a coffee shop. There, he discovered his niche, and the "coffee guy" was born. During his time as a barista at Hava Java, he realized that he longed to operate his own coffee house.

"He'd hit a point where he wanted to be his own boss," Rethore-Larson said. "So we researched how to do that. We soon realized that establishing a coffee house was proving to be more daunting than we'd initially thought."

That's when Larson got the idea to start a mobile coffee service. They had a custom trailer built with a window low enough for

customers to drive up to get their coffee. The business started in May 2019.

"Lance came up with the name Java Hustle because he wanted to be able to provide fast service," Rethore-Larson said.

Then, in February 2020, Renae Tomasewski of Culinary Roots Catering contacted them. The Arcadia-based caterer planned to lease the kitchen space in The Marilyn building on Thomas Road to enable her to cater to private events. The previous restaurant had left behind plates, utensils and furniture, so it was easy to get started.

"The owner of The Marilyn knew Lance from his days at Hava Java," Rethore-Larson said, "and she told Renae, 'I know a coffee guy.' The space is beautiful, flexible and creative, with an outdoor patio, so we jumped at the chance to partner with Renae."

The original concept was that Culinary Roots provided the food – an assortment of grab-and-go breakfast and lunch items – and Larson provided the coffee. Customers could fuel their day with lattes, cappuccinos, mochas and traditional coffee and stay and dine on the property, or take their goodies to-go. Then came COVID-19.



Lance and Patsy Larson.

"We opened on March 9, and we closed on March 18," Rethore-Larson said. "When the order was lifted in mid-May, we studied the CDC recommendations. We reopened knowing we could do so responsibly and carefully."

Currently, Java Hustle and Culinary Roots are open for breakfast and lunch during the week. Eventually, they want to offer weekend breakfast service and are also

looking into creating smoothies. They're focusing on staying positive about the future.

"Lance loves being behind the espresso machine making drinks and being creative," Rethore-Larson said. "He prides himself on serving the best. He's very particular as he knows the small details that are important to his customers, and he wants them to have their best drink experience ever."

For more: javahustle.com



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An Arizona native, Dr. Roden enjoys spending time outdoors with his wife and their two dogs. He also enjoys traveling, woodworking, leatherworking, photography and being involved in his church.

For his complete bio, go to www.arizonaeyes.net/doctors/joshua-j-roden-o-d/.

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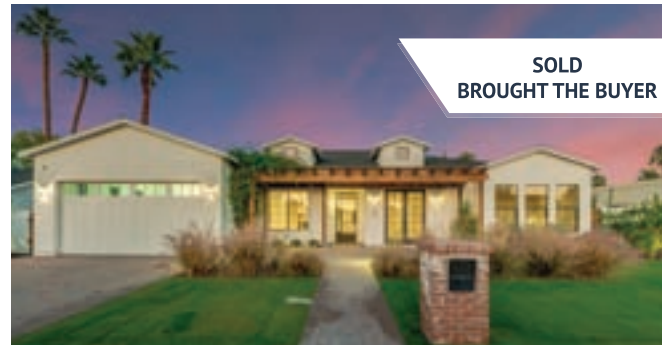
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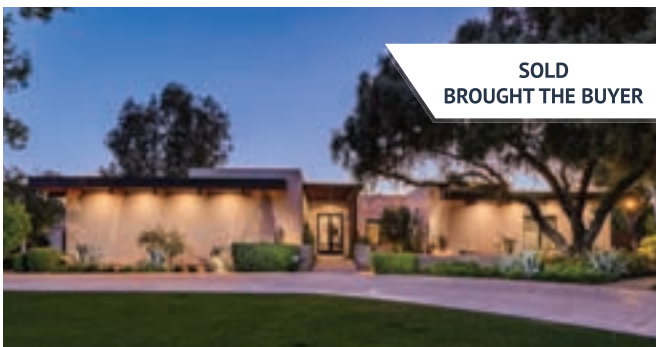
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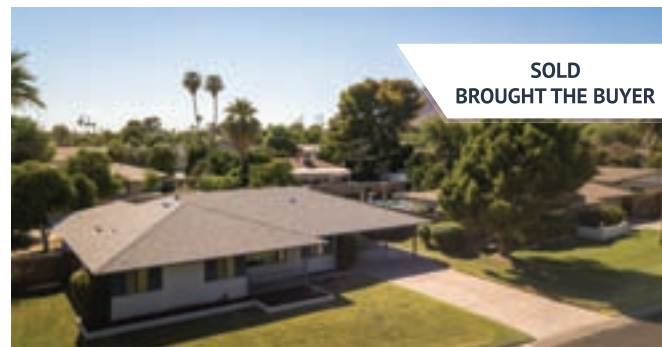
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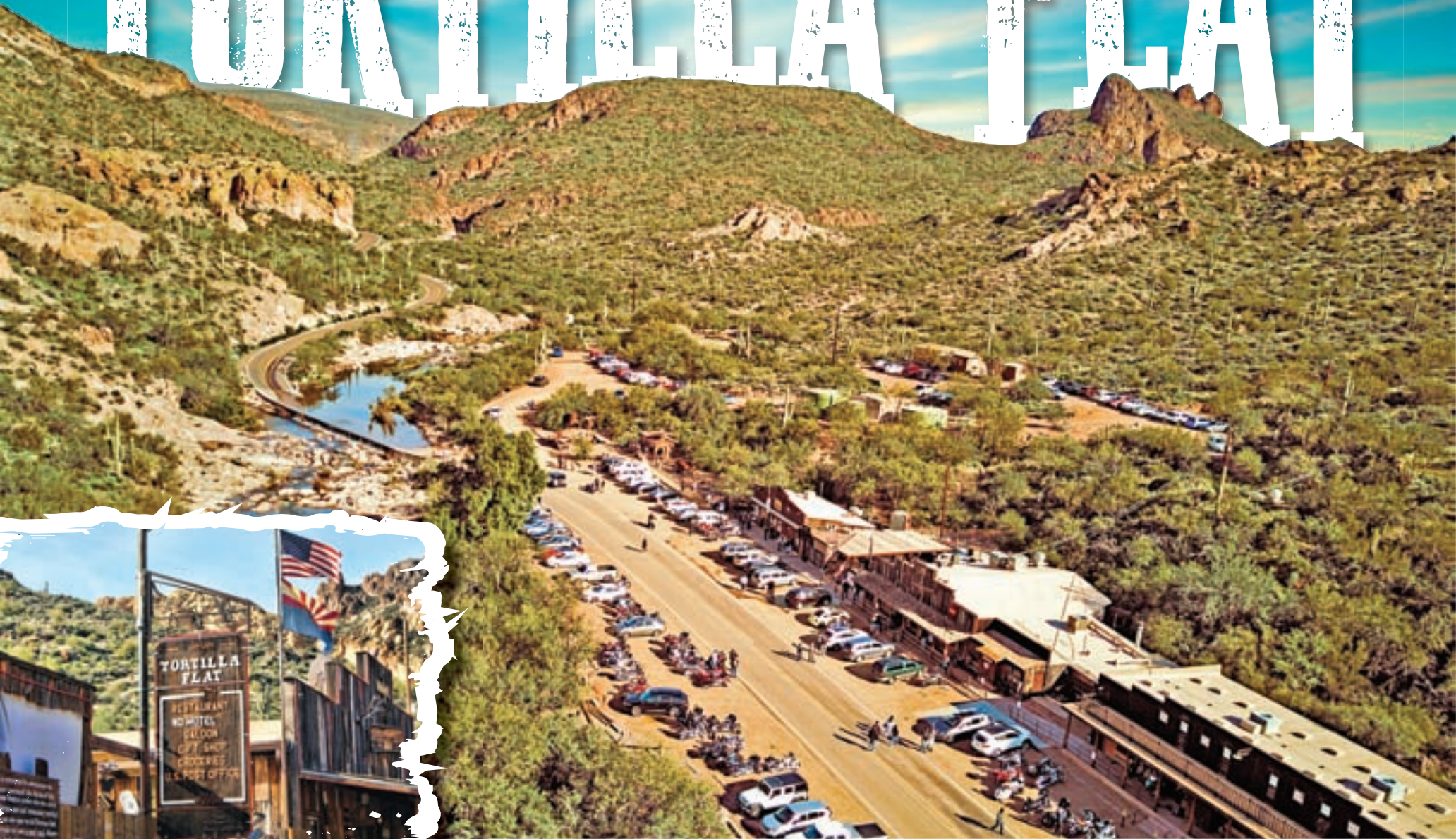
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TORTILLA FLAT



Tortilla Flat got its name from a nearby butte that's shaped like a tortilla.

THE LAST STANDING OLD WEST WAY STATION

By Amanda Savage

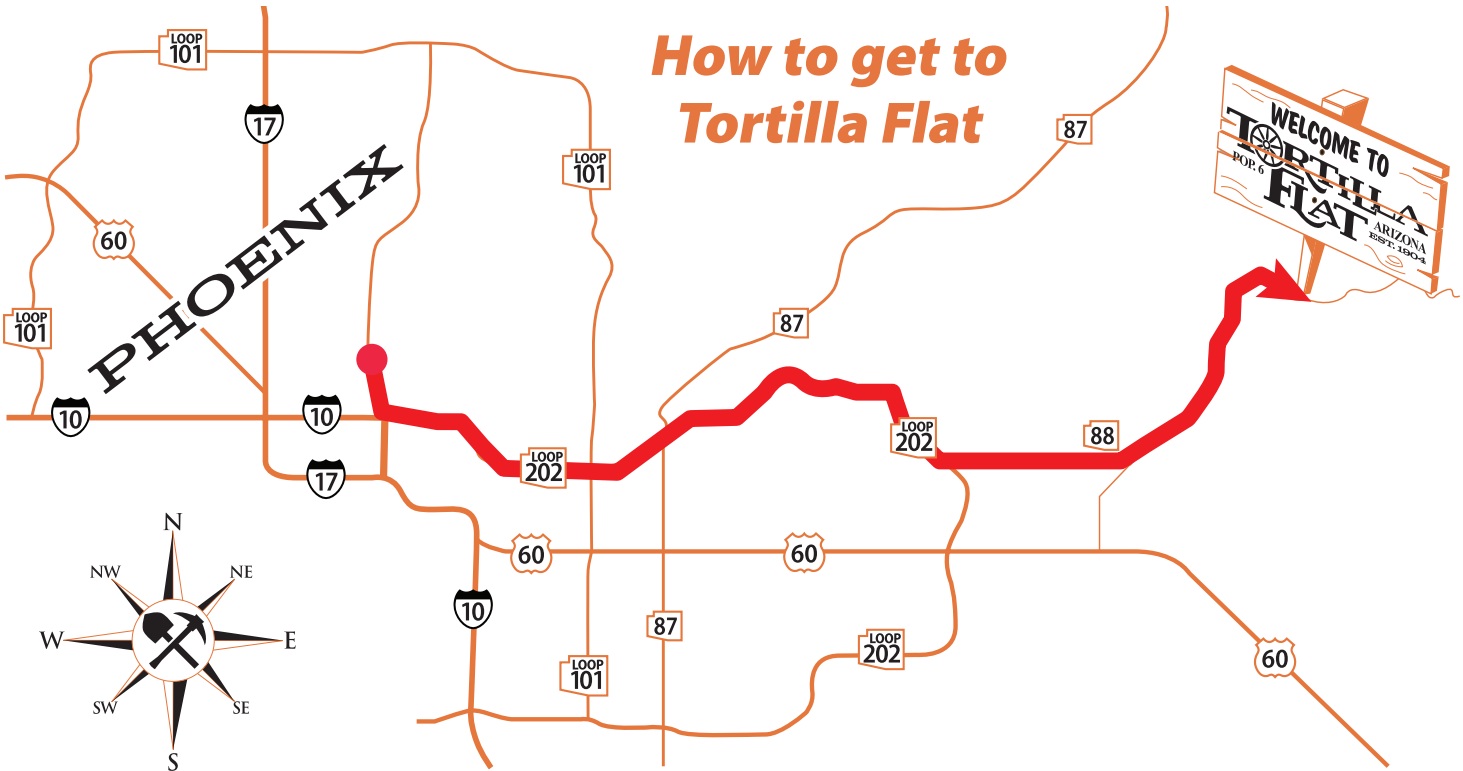
Tortilla Flat is a historic unincorporated community in a mountain passage near the Salt River in the Superstition Mountains. It's entangled in the history of Phoenix and many legends of the Old West.

"Tortilla has always been a way station of something," Chris Field, director of operations for Tortilla Flat, said.

"It's such a unique property. There's nothing like it anywhere in Arizona," Tortilla Flat co-operator and Chris's fiancé, Katie Ellering said.

Documents indicate that Tortilla Flat came into existence during the Great Depression. However, unofficial stories date it back to the ancient Hohokam, conquistadors in search of golden cities and the Civil War.

Field and Ellering purchased the last remaining stagecoach on the Apache Trail



in September 2019. “We want to give the exposure to this place that many people never even knew was here,” Ellering said.

The town is not a replica of what once stood (like many Western-themed towns), but is a true original. “We are a genuinely authentic, historic landmark,” Ellering said.

The Apache Trail road that passes through Tortilla Flat was officially developed to support the construction of the Roosevelt Dam in the early 1900s.

The dam was part of the U.S. Reclamation Act of 1902 and was built to dam the water and end the flood and drought climate in the Salt River area. “This allowed cities like Phoenix and Tempe to develop – and for Arizona to become a leader in farming and crops like cotton and citrus,” Shannon Fleischman, curator at the Arizona Historical Society Museum, said.

Fleischman explained that the Salt River Indian tribes fought for rights to access the water that was promised to them before the dam was completed. They still have not received access almost 120 years later. So while the Roosevelt Dam allowed the city of Phoenix to progress, it came at the cost of denying the Salt River Indian tribes their water rights.

The U.S. Forest Service purchased the town around the time the Tonto National Forest was established in 1905.

The Tonto National Forest owns all of the land that Tortilla Flat sits on. The land is leased to businesses and tourist attractions.

Tortilla Flat thrived as a small community throughout the 1930s. Although it never reached enough residents to become incorporated, it was big enough to get a post office.



Superstition Restaurant & Saloon features a large selection of popular dishes including the Killer Chili Burger (inset). The Saloon has horse saddle bar stools and the walls are adorned with dollar bills from around the world. For over a century, Tortilla Flat has been a migratory route and camping ground for the Apache tribe, Mexican prospectors, pioneers and cattle ranchers. PHOTOS COURTESY OF TORTILLA FLAT

“Tortilla wasn’t owned necessarily in its entirety by one family up until the 1950s. Before that, it was a settlement of people that built their houses and stayed out here,” Fleischman said. Historians believe that significant flooding in the 1940s drove most residents out of the town – but six residents still remain today.

“How we envision our leadership of Tortilla is that we’re taking it into the 21st century,” Field said.

Since Field and Ellering’s involvement with the town, they’ve battled forest fires, monsoon storms and flash floods.

“We’re at the mercy of mother nature,” Ellering said.

Tortilla Flat is open to travelers passing through or looking for a getaway for the day. “We’ve been kind of an escape for people in this hard

reality that we’re all living right now,” Field said.

Visitors can enjoy the restaurant and saloon, country store and dozens of nearby recreational activities like the Dolly Steamboat, hiking, boating and horseback riding.

While Tortilla Flat is only 20 miles from the city, Ellering said it can feel like it’s 100 miles away. “It’s easy to throw everybody in the car, enjoy the drive out here, relax and take in the sights. Enjoy some good food, and have a history lesson.”

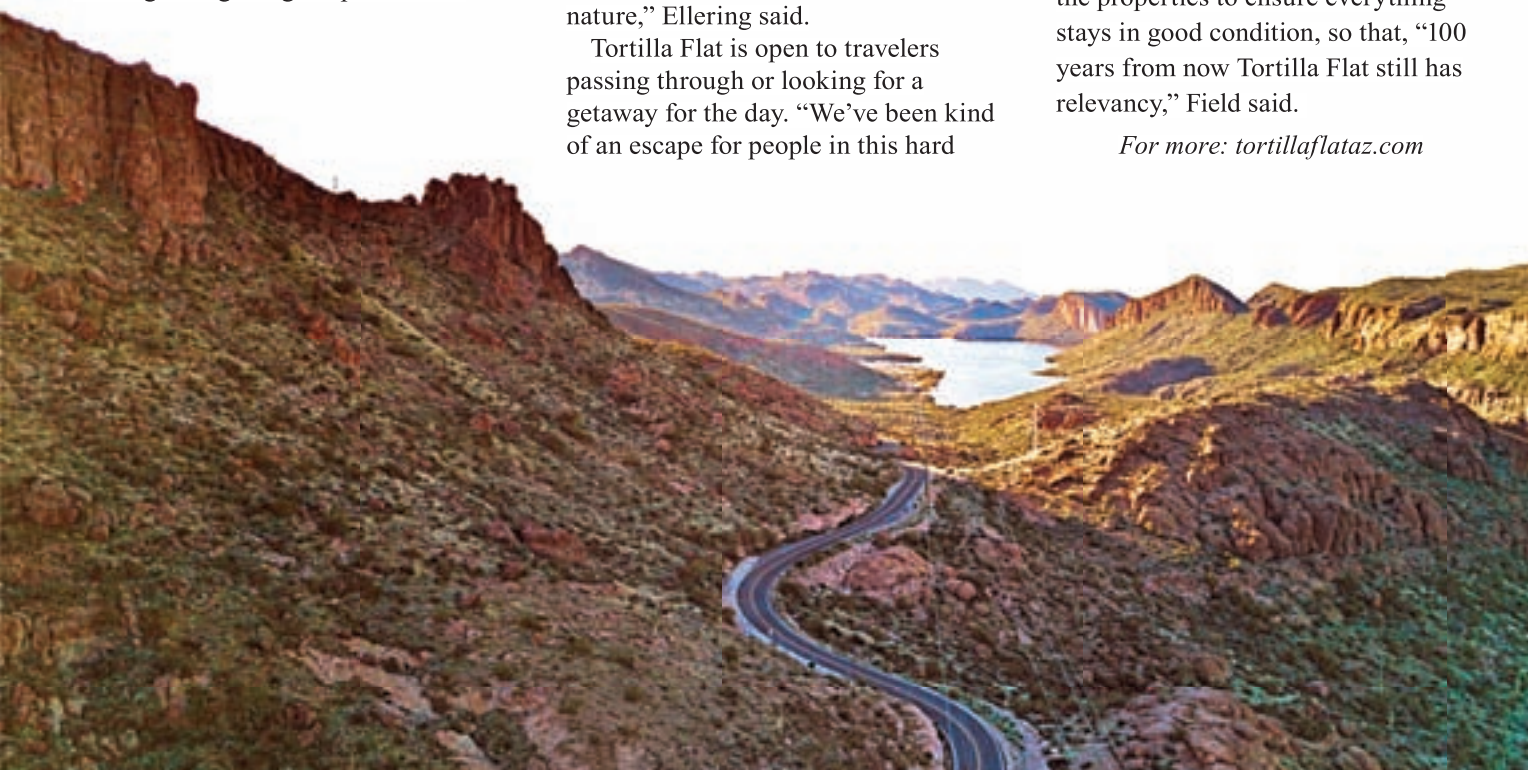
Field and Ellering plan to maintain the properties to ensure everything stays in good condition, so that, “100 years from now Tortilla Flat still has relevancy,” Field said.

For more: tortillaflataz.com

POPULATION:

6

According to the U.S.P.S., Tortilla Flat is presumed to be Arizona’s smallest official “community” having a U.S. Post Office and a voter’s precinct.



Canyon Lake is only a nine-minute drive from Tortilla Flat.



The oldest standing structure on the property, circa 1904.

Former Hopi teacher helping two generations of students

By Melissa Hirsch

Phoenix resident and educator Kari Kling is a testament to the immense joy and satisfaction that can accompany a teaching career. Her prolific educational journey began in 1981 as a second-grade teacher at Hopi Elementary School.

Until recently, memories of her time as a teacher were in her rearview mirror. But now, Kling's life has come full circle with former students reaching out to her for guidance and teaching tips for their children.

Former student Ryley Katz says she measures her own daughters' teachers against Kling's high bar. "She was the best teacher I ever had," Katz said. "Now that I'm teaching my kids at home, I turn to Kari to help me create an environment where they are actively learning and having fun. I have even pulled out my old second-grade lessons and adapted them for my girls."

Through the wonders of the internet, another one of Kling's second-grade students, Susan White, reconnected with her through Facebook. "My son is only two and a half, but she gave me some terrific tips and inspiration on teaching him math concepts," White said. "We are incorporating math into everyday activities, and he's blossoming from it."

An exuberant cheerleader for children, Kling possesses a strong commitment to having kids live their best lives academically and behaviorally. One of her favorite phrases is, "we don't get a second chance at our children's childhood."

In addition to being a seasoned educator, Kling is a parent coach, author, speaker and mom. She has given many presentations and workshops and coached thousands of educators and families. Her unique teaching philosophy centers around neuroscience. Her fascination with this modality began in 1987 when she started researching the subject.



Kari Kling

She also had the opportunity to work with pioneers on the subject, such as Dr. Rob Sylwester, recipient of numerous awards for his research on brain science and learning. "What sets me apart from other

parent coaches is the lens I look through of brain research," Kling said.

Kling is currently the owner and operator of KariKling.com, an online parent coaching business. "I provide personalized one-on-one coaching via Zoom, Skype or FaceTime for parents," she explained. "Topics may cover learning opportunities and challenges, sibling rivalry, behavioral issues, behavior outcomes, social situations and improved family dynamics."

Kling's Facebook page also provides educational resources for parents, offering valuable strategies and activities. "In the fall," she said, "there will be a membership option for those parents who want a more in-depth, more personalized approach, including



PHOTO COURTESY OF KARIKLING

Kari's former second-grade student Ryley Katz (far left, blue top) is now utilizing Kari's help with her own daughters.

monthly guest experts, master classes and Q&A sessions.

In addition, Kari is offering an online parent coaching opportunity in September to support parents with their children's schooling this fall.

Kari has been featured in the *Arizona Republic*, the *New York Post* and *Raising Arizona Kids*. She was part of the KPNX School Solutions Series and also appeared on *Sonoran Living*.

For more: karikling.com

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Urban Farm's Fruit Tree Program goes virtual

By Amanda Savage

The 21st annual Fruit Tree Program kicks-off on Saturday, September 12 – and this year, it will be virtual.

“We’ve taken the guesswork out of fruit trees in the desert,” Greg Peterson, founder of Urban Farm’s Fruit Tree Program, said.

Peterson has been planting fruit trees for 24 years and had started hosting informal classes to the community in his living room.



Greg Peterson

Three people attended his first gathering.

“I started doing it because I discovered back then that people could go into most nurseries and every big-box store and buy a fruit tree that would never

make it here,” he said.

When the world was fearing a Y2K malfunction, Peterson decided to plant an orchard of 50 fruit trees in his yard.

Before long, people were asking Peterson if they could buy fruit trees from him. By 2015, Peterson was ordering 4,000-5,000 plants every year. Since the program started, Peterson and his farm have distributed more than 30,000 fruit trees in the Phoenix metropolitan area.

There are about 80 fruit trees on Peterson’s property. He utilizes solar panels on the roof, greywater harvesting, and up until this



PHOTOS: URBAN FARM AND COURTESY OF CLAIRE NATALE



Since its inception, at least 35,000 fruit trees have been planted with help from the Urban Farm's Fruit Tree Program.

year, offered tours of his orchard four or five times a year.

The program starts with an educational event that offers discounted pricing on trees, followed by classes on everything about planting and growing.

From September 12 through December 1, Urban Farm hosts dozens of additional classes ranging from what to know before purchasing and planting to fertilizing.

“The success of your trees is highly

dependent on the health of the soil underneath it. So I’m doing another new class this year on all of the different products for your trees’ success and how to use them,” Peterson said.

Peterson explained that there are a few major factors you need to know before you purchase a fruit tree. The most important being the “chill hours,” or the amount of cold weather a fruit tree needs.

“If it doesn’t tell you how many chill hours

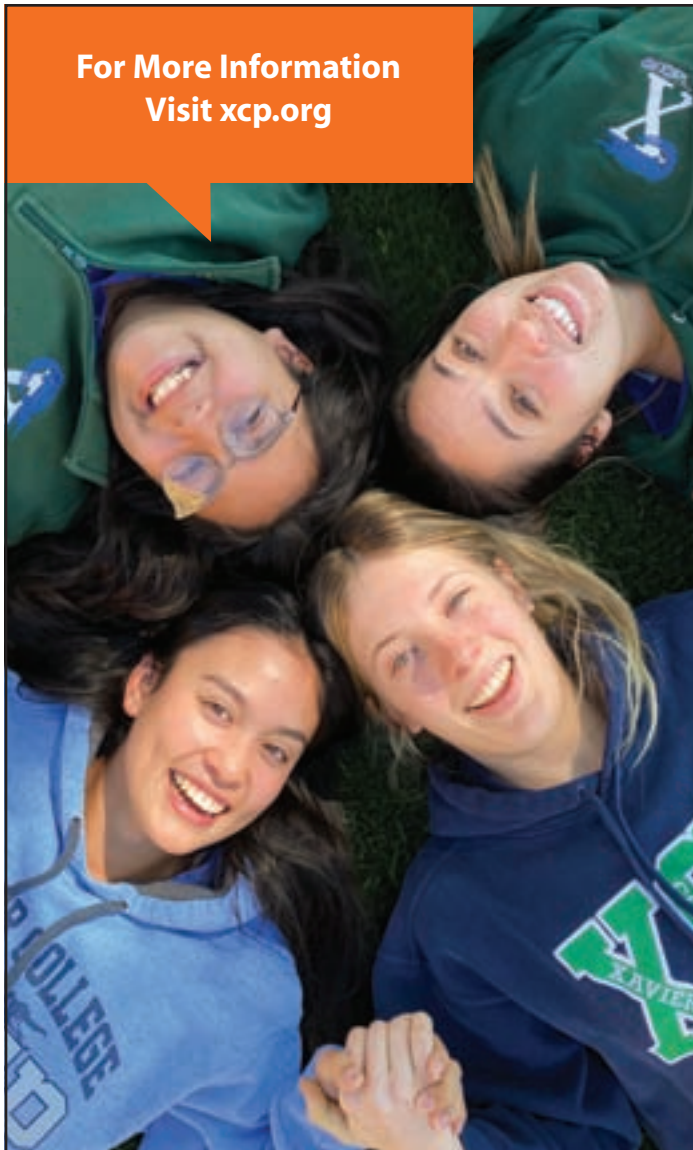
are required for that tree, walk away from that tree,” he said.

“If you plant an apricot tree, or peach tree or an apple tree in your yard, you should have an ‘oh my God’ amount of fruit coming off of that tree within three to five years. If you do it right, if you follow my directions, that’s what will happen,” Peterson said.

Over 600 people attended last year’s event.

For more: urbanfarm.org

For More Information
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SUMMER Vacation Photos

FROM OUR READERS



TOP ROW:

Allison Bosworth and daughter Emma in Coronado, CA.

Ace Paget and Gatta the cat in Tuscany, Italy.

MIDDLE ROW:

Antonella and Avianna Klein at the Grand Canyon.

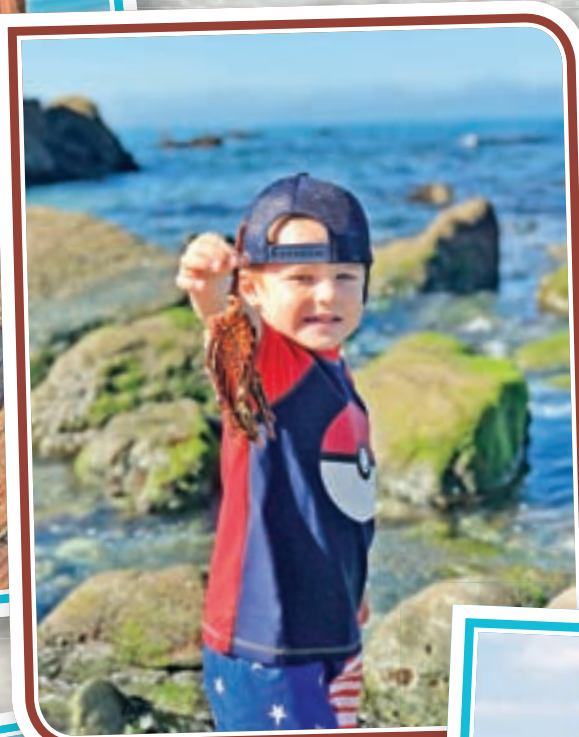
Avi, Neelu, Jyothi, Ari and Isha Patil in Sedona.

Ben and Sterling Pearson at Pickerel Lake, SD.

BOTTOM ROW:

Jack, Casey, Cole, Abby, Brooke and Cindy Krawczyk at Jackson Hole, WY.

Carter and Campbell Lampe in Aspen, CO.



TOP ROW:
Charlotte O'Brien picking strawberries in Lake George, NY.

Heidi and Bill Staudenmaier at Mount Rushmore in Keystone, SD.

Matt Jensen with his daughter Clara in La Jolla Cove, CA.

MIDDLE ROW:
Jamesby and Will Leonetti at Dana Point, CA.

Jamesby Leonetti at Dana Point, CA.

Lila Somal on Mission Beach in San Diego.

BOTTOM ROW:
Sydney Guest-Nelson celebrates her 18th birthday in Coronado, CA.

Jaclyn Reid and Ava Camberlango in Emerald Bay at Laguna Beach, CA.

Thomas and Julia Purcell tandem wake surfing on Big Trout Lake, MN.



Thank you for sending us your favorite summer vacation photos! Unfortunately, we didn't have room for all of them, but you can see more of the summer vacation photo collection online at arcadianews.com.

E-tournament raises money for Phoenix Children's Hospital

By Cliff Summerhill

Over 400 gamers came together at the Extra Life Phoenix Tournament in July to raise money for the Hope Fund at Phoenix Children's Hospital.

"We're excited and honored to support the Extra Life Phoenix event to bring awareness to Phoenix Children's Hospital through gaming and esports," Axis Replay CEO Allie Young said. "The work they do is so important for the Phoenix community, and we're looking forward to what the next event will bring."

During the two-day tournament, the gamers raised \$104,062 for the Hope Fund.

The Hope Fund helps support the hospital's clinical programs, purchase essential equipment, conduct new research, expand charitable care and much more. Their purpose is to ensure the hospital can serve and treat every child who needs their help.

"COVID-19 has impacted nonprofit fundraising throughout the country," Steve Schnall, senior vice president and chief development officer with Phoenix Children's Foundation, said.

Extra Life started as a small-town fundraiser for a little girl in Orange, Texas, but it soon evolved into a national tournament to raise money for sick and injured children.

Gamers aged 13 and older competed July 13-19 for a spot at the final competition held in Phoenix on July 25-26. Those 432 gamers battled it out on four popular esports titles: Rocket League sponsored by Cox, Madden NFL 20 sponsored by the University of Phoenix, NBA 2K20 and Fortnite. The winners of the competition won cash prizes and



Since its inception in 2008, Extra Life has raised over \$70 million for afflicted children across the country. The tournament recently raised over \$100,000 for Phoenix Children's Hospital.

played with Twitch celebrities like Markygooda, Dazerin and Sattthew.

Twitch is an online service that allows video gamers to digitally stream themselves as they play their favorite video games in real-time. For the winners of this tournament, the ability to play with their idols is paramount.

"This unique event allowed the public to have a good time safely from their home while benefitting the work at Phoenix Children's Hospital, which does not stop during a pandemic. We are most grateful," Schnall said.

In addition to the tournament's competitors and popular

Twitch streamers, the online fundraiser also featured two-time Super Bowl champion Tyrone Poole and famous sportscaster Larry Ridley. They were cast members of the Madden NFL video game series.

Phoenix Children's Hospital is looking to host another esports event in November 2020.

They plan to make Extra Life an annual event to help bring more awareness to its Phoenix Children's Foundation Hope Fund project.

For more: extra-life.org or phoenixchildrensfoundation.org/signature/extra-life

Family Promise holds virtual "without a bed" event

By Kelly Richmond

Families across the country spent a night without a bed in June to raise money to protect children from homelessness. This inaugural event was held virtually by Family Promise of Greater Phoenix, an organization that "rescues first-time homeless families from the streets and provides emergency shelter and basic needs in a sixty-day program designed to assist their return to self-sufficiency." The organization worked with over 50 different congregations to help raise money.

With so many families in danger of losing their homes, Family Promise of Greater Phoenix wanted to find a way to show they cared about what these families are going through.

"A night without a bed is a way to join them and raise money to serve more families," Family Promise of Greater Phoenix's Executive Director Ted Taylor said.

For the event, each family member who participated chose where they wanted to sleep. That person would then ask their friends and family to sponsor them to sleep for a night without a bed. Taylor slept on his floor with just a blanket.

"It was quite a night of experiencing

what can happen when you lose your home, and you have nowhere to go," Taylor said.

Family Promise of Greater Phoenix raised around \$21,000 from the event. However, it didn't stop there. Families continued to donate money to the campaign even after the event ended, bringing in a total of over \$30,000 in donations.

"Night Without a Bed is going to be a permanent fixture around here," Taylor said. Family Promise of Greater Phoenix hopes to be implementing more virtual events soon.

"We are looking at innovative things that we can do in the fall," Taylor said.

Congregations across the Valley are talking about creating a virtual Halloween event. There may be costumes and story sharing through a live broadcast, allowing everyone to participate while still respecting social distancing.

Money raised from these events will go to helping keep children off the streets. It costs roughly a \$1,000 per child to help save families from homelessness.

"It's super important that we stand beside these children and recognize that no child should ever be without a bed," Taylor said. "The home is your health, and health is challenging to come by without a home."



Toni and Gaby, from Corpus Christi Catholic Church, donated 60 new pillows for the fundraiser.

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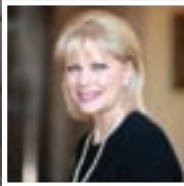


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Resources for seniors to keep busy during quarantine

By Melissa Hirschl

It might be hard to believe, but COVID-19 can have an upside. The pandemic has ushered in a new paradigm for learning. There are now countless ways for people, and specifically seniors, to keep their neurons firing with just the click of a button. Here are some ideas to help stretch the mind, discover foreign lands and learn a new skill.

AARP VIRTUAL ACTIVITIES

Promoting health and well-being for older Americans for more than 60 years, AARP provides a goldmine of stimulating classes and fun activities. Examples are trivia nights, Arizona virtual tours with the Hip Historian Marshall Shore, Fitness Boot Camp, music and voice jams and university lecture series.

For more: local.aarp.org/phoenix-az/events

COVIA COMMUNITY SERVICE PROGRAMS

Covia provides online and telephone classes for seniors, with over 70 groups meeting each week. The classes are made up of participating staff, facilitators, presenters and other volunteers. Some of the classes offered include TED Talks, Open Mic, Exploring New Zealand, New England Summer Road Trips and Netflix movie talks.

For more: seniorcenterwithoutwalls.org

MARTIN PEAR JEWISH COMMUNITY CENTER (JCC), SCOTTSDALE

According to Melissa Markovsky, chief marketing officer of the Martin Pear JCC, "The JCC exists to build connections in a setting that enriches physical, mental and spiritual growth. Though we have pivoted to currently supporting those connections mainly in a virtual manner, supporting Scottsdale seniors continues to be a vitally important part of our mission." JCC's online program, J at Home, offers classes such as flower arrangements, learning about Parkinson's disease, brain games and a book club.

For more: vosjcc.org/j-at-home

PHOENIX LIBRARIES

With a Phoenix library card, you can open the window to a wealth of enriching self-guided classes. Knitting, clutter control, photography, calligraphy, cake decorating and gourmet cooking are just some examples. Some classes have assignments where participants send in pictures, and there are practice sessions as well. Library cards can be obtained online.

For more: phoenixpubliclibrary.org

SCOTTSDALE PARKS AND RECREATION

Dozens of classes can be accessed through the parks and recreation website. Examples include racquetball, ballroom dance, guitar,



Spanish, adult Aikido and much more. Fees are listed with a class description.

For more: scottsdaleaz.gov/parks

SCOTTSDALE SOCIAL SERVICES/ CASE MANAGEMENT

The City of Scottsdale provides social services to senior adults and their families. Social workers are available for in-person or telephone appointments every day from 8 a.m.-5 p.m. free of charge. Examples of topics they cover include low vision, Alzheimer's support, chronic pain and other senior issues. Services are offered at:

Granite Reef Senior Center

1700 N. Granite Reef Road,
Scottsdale
(480) 312-1700

Via Linda Senior Center

10440 E. Via Linda, Scottsdale
(480) 312-5810

In-person senior classes will be offered at Granite Reef Senior Center and Via Linda Senior Center starting Sept. 14.

For more: anc.apm.activecommunities.com/scottsdale

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COAs: Fakes, forgeries and the authentic

By Jeff Pearson and Tom Helms

As collectors, we require a valid certificate of authenticity to prove that art, signed posters or autographs are authentic. A COA is similar to maker's marks, branded furniture and stamped or molded designs or symbols that not only identify the item but add a possible "guarantee" to the validity of the object, enhancing its value.

A reputable COA is the most essential document for any collectible today. Over the last century, these certificates have allowed collectibles to be positioned as branded products, serving as deeds, legal statements and fiscal invoices. They provide credibility and are considered a promise that the piece in question is authentic. If a celebrity or artist has signed it, the COA promises that the signature is real.

Not all COA are legitimate. Some shops, online auctions and cruise ships create their own COA and use it to produce fakes and forgeries. This has caused controversy for sellers who have been provided a fake COA to market their collectibles and art.

The COA has become misleading, as people will see it and automatically believe that the document is valid. However, for current collectibles, fake certificates usually are followed by a trail of forgeries. Because these documents are not legally binding, it is the buyer's responsibility to make sure the COA contains all the proper information from its inception.

A genuine COA must accompany every purchase of a professional artwork or valuable pop culture collectible sold. The certificate must contain complete descriptive information about the item to guarantee its value. Without this information, many forgers can create fake COA, particularly if they are selling items on online auctions and markets.

Many fakes have little to no contact information of the person selling the item.



ASK THE APPRAISERS

The buyer should never accept an incomplete or photocopied certificate with illegible signatures (unless physically witnessed) or generalized information. The only valid type of COA is one stating conclusively that the art or collectible is by the author whose signature it bears.

If possible, try to be on-site when a COA is first being created, as this is the only way to know whether the collectible item or art piece is legitimate. Be careful of online auctions and other websites that state they have signed collectibles. Make sure that if they are selling online, they have a reputable COA company affiliated with them, and they don't have their own branded COA.

The reputable COA companies are James Spence Authentication (JSA), Certified Guaranty Company (CGC), Comic Book Certification Service (CBCS), Beckett and Professional Sports Authenticator (PSA/DNA).

We've created a website called Days Gone (days-gone.com) that reviews on-site COA and celebrity signature witnessing, as well as assistance with insurance replacement cost appraisals for their collectibles.

— Contact Jeff with questions:
damshill@yahoo.com or send your letter
to 5525 N. 12th St., Phoenix, AZ 85014.

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**Based on customer experience reviews shared online at www.thehartford.com/aarp as of April 2019.
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Edgar's mom Linda Rider, Grandpa Paul Fannin and Grandma Elma Fannin during campaign days, circa 1964.

New book offers a tribute to grandparents

By Rachael Bouley

Grandparents can play a huge role in many people's lives, and Arcadia area resident Edgar Rider acknowledges these strong family ties in his new book *5990: Tribute Story about Grandparents*.

Rider is a Scottsdale native who works as a freelance writer and paraprofessional in special education. His latest book takes a trip down memory lane to reflect on the influence his grandparents had on him and his siblings.

After publishing his first book, a memoir titled *Riding Out the Kipling Effect*, Rider shifted his focus to family for his second book, sharing his history and specifically the sacrifices his grandparents made.

"After dealing with lots of high school students, I have a new appreciation for my grandparents," Rider said. "My grandfather was the hardest working person I ever met, and my grandmother was always supportive."

In the book, Rider recounts how his grandfather, former Arizona Governor and U.S. Senator Paul Fannin, was looking forward to retirement with his wife, Elma. However, life had other plans for the couple, as they ended up helping raise Rider and his two siblings.

The book explores generational differences, frequent disagreements and life lessons, and how sometimes, grandparents may try to impart their wisdom on stubborn grandchildren who won't listen.

"On the more humorous side, they took us to places they wanted no part of. Grandpa hated comic books and wrestling, but

ended up taking me to the comic bookstore and closed-circuit Wrestlemania," Rider recalled. "They didn't understand pop culture; it wasn't part of their upbringing. We had Duran Duran, Alice Cooper, Wrestlemania, *Back to the Future*, TV

shows and music we were obsessed with. Despite it, they would take us to places because we liked going there. It was an unselfish act on their part."

Rider's story is also about his appreciation and deep respect for family dynamics and the effect grandparents can have on their grandchildren's lives. He writes that looking back on his childhood, he now knows how much his grandparents

cared about him and his siblings and how much they tried to help them. The couple did their best to support and prepare them for bright futures.

If there's one thing Rider wants people to take away from his book, it's that grandparents deserve more credit. He hopes the book reminds readers of the genuine love and appreciation many grandparents have for their grandchildren and the impact they can have on their lives. He says his grandparents helped shape him as an adolescent and made him the person he is today.

"I believe people will relate to a specific place and the importance of grandparents and many in the Arcadia area

will recognize some of the people in our Arizona Fannin family," Rider said. "People will remember things from their own families and remember growing up in the eighties."

5990: Tribute Story about Grandparents is available on Amazon.



Young Edgar Rider.



Mama Fox publishes sixth children's book

By Mallory Gleich

If you know anything about Jim Fox, it's probably that he was once a professional basketball player for the Phoenix Suns. What you might not know, however, is that he's also an accomplished watercolorist and that he's helped his daughter-in-law, Phoebe Fox (sometimes lovingly known by her family as mama Fox), illustrate two of her children's books.

Phoebe grew up reading, though, as a kid, it was hard for her.

"I was always a slow reader. Picture books are my favorite. My parents read to me every night when I was little, and I still have all of my childhood books in my collection," Phoebe said.

Before she was an author, Phoebe was a teacher and a librarian. She's been around books her whole life, but it wasn't until 2015 that she got serious about writing.

"Back in college, I was a volunteer at the Civic Center Library. One day I picked up a book about writing for children. My husband and I spent a summer in Riomaggiore, Italy, where I studied that book and focused on creating stories," Phoebe said.

In 2015, Phoebe submitted a manuscript

for one of her books, and it won a national contest run by First Edition Project, a program offered through Southwest Human Development that helps promote early literacy nationwide. Phoebe credits that win for kicking off her writing career.

Her newest book – *Babies' Bond* – is the sixth that she's published. Others include *Up Up Up*, *Starry's Haircut*, *Starry Gets Lost*, *Panda Proud* (written to celebrate the 20th anniversary of the Arizona nonprofit PANDA) and *Babies' Nurse*, which was illustrated by Jim.

Babies' Bond was introduced in late-August, and it highlights the relationship between mammal mothers and their offspring.

"Animals have always fascinated me, and there's nothing sweeter than seeing a mama taking

care of her baby," Phoebe said. The book is written in sixteen haiku poems with four pages of animal "fun facts."

"It is a wonderful learning tool and a gentle introduction to haiku poetry," Phoebe said. "I've always enjoyed writing poetry. It's rare to find a children's book written in haiku, and I thought it would be a good way



Jim Fox and his daughter-in-law Phoebe in Italy, 2013.

to introduce this form of poetry to young children."

Jim has been painting in watercolor for almost 15 years. This book is the third that he's illustrated.

"When I first started, I wanted to paint everything that appealed to me. Nothing was safe from my brush," Jim said. "Thanks to Yvonne Joyner, my first teacher, I wanted to attempt portraits, probably because she

was so good at capturing expressions. She suggested that I take a workshop from renowned portrait painter Ted Nuttall. After that workshop, I was drawn to portraits, and they are 90% of what I now paint."

Phoebe is currently searching for a literary agent and hopes to continue sharing her stories with children. All six of Phoebe's books are available on her website.

For more: mamafoxbooks.com

Arcadia author publishes first children's book

By Rachael Bouley

Local author and mom Staci Hauk encourages kids to value their friendships with her first children's book, *Sawyer's Two Cents*.

The book is set in the Valley and was inspired by her two children, 12-year-old Sawyer and 10-year-old Garrett. She originally wrote the story as a college essay. "I was asked to create a story where an inanimate object had a greater purpose," Hauk said. "I wrote about a penny that was passed around town, bringing all those who touched it good luck in different ways and somehow bonding and connecting them."

Hauk's story was put aside for years, but she always remembered the advice from her professor, who told her to hold onto it as it might make a good published book one day. "I revisited the penny idea with my children navigating the ebb and flow of finding true friends," Hauk said.

In the book, Sawyer collects pennies for every friend she meets, but as the story unfolds, she realizes real friends or 'shiny pennies' are more important than duller pennies. Hauk said that quality over quantity is the moral of the story.

Sharing this message about the power of healthy, happy friendship is important for Hauk, who fell in love with reading at a young age, thanks to Dr. Seuss books.

"The Lorax is my all-time favorite story – caring

about others always seemed to resonate with me. *The Giving Tree* is another favorite," she said.

Hauk hopes that people of all ages can benefit from her book and its lesson. "The idea is for kids and adults to read this book together, no matter their age," Hauk said. "When children choose friends, it can often feel like they are special and going to give as much as they get out of the friendship. Sawyer realizes in this story that while she has a lot of friends, many are not willing to help her in difficult situations."

Throughout the story, Sawyer acknowledges that she has two friends she can always trust to lift her spirits and help her out through the good and the bad, and they are the two shiny pennies in her collection. "It is hard at any age, even as adults, to sort out the good friends from the not so good ones. This story can help kids rationalize this concept easily and through illustrations both figurative and literal," Hauk said.

The book's illustrations use the Grand Canyon State as the backdrop and were created by fellow Arizonan Rebecca Steward. Hauk looks forward to publishing two more books in the series. "Next up is *Garrett's Good Fortune*, and *Angus Deals with Anguish*. Each book follows one of Sawyer's two best friends as they use inanimate objects to tell their stories."

Sawyer's Two Cents is available at Barnes & Noble, Amazon and other major retailers.



Staci Hauk.

DID YOU KNOW? RUBIK'S CUBE

WHEN? 1974

In 1974, a 30-year-old Hungarian Professor of Architecture, Ernő Rubik, came up with a handheld puzzle game based on geometry that could help students understand spatial relations. The prototypes made from woodblocks and paper clips saw the original Magic Cube get modest distribution. In 1980, when Ideal Toy Company licensed the cube, developers changed the name to Rubik's Cube; they felt "Magic Cube" invoked ideas about witchcraft.

— mentalfloss.com



HOW LARGE? 6.7'x6.7'

In 2020, Hobbyist Tony Fisher set the world record for the largest Rubik's Cube measuring six feet seven inches tall by six feet seven inches wide.



HOW MANY?

43,000,000,000,000,000,000

With six sides representing nine blocks of a single color – yellow, white, blue, red, orange and green – a Rubik's Cube is said to hold 43 quintillion potential configurations. — mentalfloss.com

HOW FAST?

3.47 seconds

In 2018, Yusheng Du of China set the fastest time to solve a cube at 3.47 seconds. In 2010, Jakub Kipa of Poland solved the puzzle in 20.57 seconds using only his feet.

— guinnessworldrecords.com

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FUN RUBIK'S CUBE FACTS

The inventor of the Rubik's Cube took over a month to solve it.

In 1981, 12-year-old Patrick Bossert's cube guide *You Can Do The Cube* sold over 750,000 copies.



In 1983, there was a Saturday morning animated series called *Rubik, The Amazing Cube*.

The yellow side originally had unsafe levels of lead.

Will Smith may have re-popularized the cube by solving one in the 2006 movie *The Pursuit of Happyness*.



Artist Josh Chalom created a rendition of Michelangelo's *Hand of God* using 12,000 cubes.

In 2016, while blindfolded, seven-year-old Chan Hong Lik solved a cube in two minutes and 21 seconds.

In 2018, a robot built at MIT set the record for solving the cube at .38 seconds.

In 1995, Diamond Cutters International created a \$1,000,000 Rubik's Cube out of 185 carats of diamonds.



SAY WHAT?



LIFE OR DEATH FOR A PUZZLE

In 2003, Dan Knights jumped from a plane at 12,000 feet, giving him roughly 45 seconds of free fall time to solve the cube before his parachute had to open. Knights solved it in 32 seconds and was filmed for *The Jump* on VH1. — *mentalfloss.com*

RUBIK'S CUBE WORD SEARCH

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U S Q C K I T N P Z L C G R U O E E P C S Y C O I
C X X L S J O Z C O K H I O R R N U N H E V M T M
S Y V Z V H O S W A Y B R K M J O C H V R B T O O
K O V V N P N K V R P O U H M P A N U T T P P T V
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PHOTO: DAN DUREN

Serena Turner's mantra, "hard work pays off," is setting her up for a bright future.

Xavier senior earns athletic scholarship to Stanford

By Jennifer Marshall

5 a.m. school day practices and an arduous class schedule are a testament to Serena Turner's dedication to her ultimate goal, which she achieved with an early acceptance to Stanford University.

Turner was introduced to volleyball in the sixth grade and discovered how much she enjoyed the game. In eighth grade, her mom suggested beach volleyball. She took her mom's idea and discovered one of her passions.

"The recruiting process began in eighth grade, and I was recruited for indoor and beach volleyball," Turner said. "By the end of my freshman year, I had verbally committed to the application process for beach volleyball at Stanford."

Turner said she still had to apply for regular academic admission – and she's recently been accepted.

"Stanford has always been my dream school," Turner said. "I reached out to them for indoor and beach, and when they responded for beach, a bond was formed. Stanford and I talked, and they came and watched some of my games; they liked me."

"Serena has such a positive, contagious attitude," Turner's mom Kathy said. "Combined with her strong discipline and determination, she's successful at reaching her goals. We're extremely proud of her hard work."

During the summer months, Turner's volleyball practice started at 5 a.m. and lasted for an hour and a half to two hours. She also lifts weights twice a week, and



Serena Turner

she's recently started spin classes.

Academically, Turner is passionate about school and taking rigorous classes, which she cites as the key to receiving so many opportunities.

"Hard work pays off," Turner said, "that's why I'm always pushing myself to take more challenging classes to make me the best I can be."

Turner plans to major in computer science and minor in environmental science at Stanford.

"I'm passionate about getting more women into computer science," Turner said. "While the gap is decreasing, women are still underrepresented in the field. With a computer science degree, I can go in so many different directions after college."

When not playing volleyball or studying, Turner enjoys hiking, traveling, photography, playing the piano and being outdoors.

"I am so proud of my daughter for all of the hard work she has put into her academics, volleyball and community give-back activities. She's truly a great kid and such a kind person to everyone," Turner's dad Rich said. "I think her future is exceptionally bright, and we're excited to watch her continue to grow, develop and make a positive impact."

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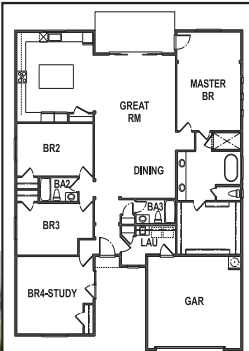
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FREQUENCY: Repetition is key. It takes time for readers to see an ad. If a business advertises for one month to try and get customers, it's not likely to be successful. Your advertisement needs to be there when the customer needs you, not when you need the customer. If your business was on a heavily traveled road, you wouldn't put a sign out and then bring it in after a month if no one came in. Potential customers want to know they are calling on a stable and trustworthy business, so consistency is important.

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