Arcadia News

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We've got the do's and don'ts for when a bobcat decides to come visit your neighborhood.

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Making an awesome homemade Halloween costume isn't as hard as you might think!

PAGE 30

Enjoy the cool weather by checking out the fall festivals taking place around Arcadia.



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We're already halfway done with the high school football regular season. We're checking up on some teams in the area.



COVER IMAGE:
Happy Halloween from some of the trick-or-treaters on Calle Redonda! (left-right) Stacey L, Shea O, James L, Carter L, Charley J, Ruben L, Connor P, Barlow B, Maddie M, Sam C, Carter B, Jack M, Marco S.


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ARCADIA NEWS TEACHERS we love

THIS MONTH'S WINNER: *Rachel Jasinski – Madison Camelview Elementary*

NOMINATED BY: *Hilary O'Brien*



What made you decide to become a teacher?

I always loved younger kids. I grew up in Wisconsin and I babysat when I was growing up. I would also help out at volleyball camps. After I graduated from college, I decided to venture out and move to Arizona. I didn't really know anyone, but I felt like it was an adventure. At first, I worked for the Cartwright School District, and now I've been at Madison Camelview teaching kindergarten for three years!

It must have been a strange experience to move to a place where you didn't know anyone.

It was honestly a little overwhelming having no family or friends nearby. But I'm an outgoing person, so it was pretty exciting. It's a different world out here than in Wisconsin. It was hard to get used to the heat at first. And the scorpions. But I always loved this area, even when I was teaching in Cartwright. There's a lot of fun things to do around here.

What makes Madison Camelview a unique place to teach?

What I love about Madison Camelview is how they celebrate each individual child. It was clear right away when I got here that that was a priority for the teachers. I also love the way we try to make school exciting for the kids. We will have assemblies that pump the kids up, and we always try to do things in the classroom that make the students excited about learning.

Talk about what the kindergarteners in your classroom learn during the school year.

A big thing is teaching them how to read. We work on phonics and then they progress to books. Watching them grow in their reading skills is one of my favorite parts of teaching. When they come in, they're just sounding sounds and by the end of the year, they're reading texts. It's always exciting to watch them make those connections. We also emphasize math skills. My classroom has an accelerated math program, so the kids are doing 1st and 2nd grade level math when they are in kindergarten.

How important is the social aspect for students in kindergarten?

Learning social skills is very important for kids at this age. We use strategies to teach kids social skills from the very beginning of the year. They get together in groups and are learning to speak to peers constantly. Developing these skills at an early age is huge.

What's great about teaching kindergarteners is that they are so new at learning. Some of them are excited about school and some of them are not as excited. But you're their first experience when it comes to a classroom. You can really mold their minds and help them to have a positive experience with school that they can take with them to the next grade!

Winning teachers receive Arcadia News gift items, a gift certificate for Elements Massage-Phoenix Arcadia and a gift certificate to Postinos. All winners are invited to an end of school year celebratory luncheon. Nominate a teacher you love at arcadianews.com.

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Arcadia Real **Estate** Stats

2017 HOPI SCHOOL DISTRICT SALES RESULTS
(1/01/2017-8/31/2017)

Active Homes -	139 homes
Homes Sold -	196 homes
Average Sale Price -	$1,144,000
Average Sold $ Per SF -	$330
Average Days On Market -	105 days

There is currently 6 months of home inventory. (based on 2016 sales results)
2017 home sales have increased 8% this year. (based on 2016 sales results)
2017 home prices have decreased 6%. (based on 2016 sales results)
2017 $ Per Square Foot prices have increased 0%. (based on 2016 sales results)
2017 homes are taking 18% less time to sell. (based on 2016 sales results)

2016 HOPI SCHOOL DISTRICT SALES RESULTS

Homes Sold -	278 homes
Average Sale Price -	$1,210,000
Average Sold $ Per SF -	$328
Average Days On Market -	128 days

2015 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	291 homes
Average Sale Price -	$990,000
Average Sold $ Per SF -	$300
Average Days On Market -	108 days

2017 TAVAN SCHOOL DISTRICT SALES RESULTS
(1/01/2017-8/31/2017)

Active Homes -	72 Homes
Homes Sold -	163 Homes
Average Sale Price -	$612,000
Average Sold $ Per SF -	$254
Average Days On Market -	78 days

There is currently 4 months of home inventory. (based on 2016 sales results)
2017 home sales have increased 10% this year. (based on 2016 sales results)
2017 home prices have increased 14%. (based on 2016 sales results)
2017 $ Per Square Foot prices have increased 7%. (based on 2016 sales results)
2017 Homes are taking 16% less time to sell. (based on 2016 sales results)

2016 TAVAN SCHOOL DISTRICT SALES RESULTS

Homes Sold -	219 Homes
Average Sale Price -	$527,000
Average Sold $ Per SF -	$235
Average Days On Market -	93 days

2015 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	216 Homes
Average Sale Price -	$477,000
Average Sold $ Per SF -	$225
Average Days On Market -	108 days

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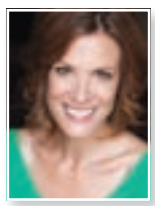


Vinegar: The amazing elixir with endless uses

CHEM-FREE *LIFE*

By Sara Lemons Vaules

As a companion piece to last month's article on baking soda, this month we are going to learn about plain ol' vinegar and how amazingly versatile it is, both alone and with baking soda. I know many people on their quest to a chemical free life who use only vinegar and baking soda as home cleaning agents. I have worked with some sensitive clients that cannot tolerate anything and usually do just fine with vinegar and baking soda. Along with vinegar being a cost effective solution, it is also as good, if not better, than many of the natural product lines out there.



For the purposes of this article, we will discuss white distilled vinegar, although many other vinegars such as apple cider vinegar have wonderful benefits as well.

Vinegar has been around since 5000 B.C. where Sumerians, an ancient civilization of Babylonia, used vinegar first to pickle and preserve food. By 2000 B.C., making homemade vinegar was being phased out and vinegar production was largely a commercial industry. In 400 B.C., Hippocrates himself prescribed vinegar to heal many ailments. Fast forward to 1986 and the International Vinegar museum was opened in Roslyn, South Dakota. That is vinegar passion!

Then in 2013, a white distilled vinegar with a higher acidity specifically for cleaning was introduced into the mainstream market.

The uses are endless! To get you started, here are several suggestions. Although I don't like to recommend certain products, there is a new vinegar out there from a company called Four Monks that is "aroma-controlled" and is also food-grade so you know it's safe. Also, you can always add some drops of your favorite essential oil to your vinegar spray bottle to curb the strong scent. But to start, just grab the bottle that is probably under your sink somewhere and get going!

Household cleaning uses:

Stainless Steel Cleaner – Use your spray bottle of vinegar and spray all appliances. Then wipe clean in the direction of the grain with a soft cloth and a gentle touch.

Dishwasher Rinse Agent – Make sure you rinse out the chemical agents you might have been using before you switch to vinegar. Do this with every cycle. Bonus tip: every month put vinegar into the main detergent compartment and run a cycle. It will clean and disinfect your dishwasher beautifully.

Fruit and Vegetable Wash – Fill a spray bottle with equal parts water and vinegar. Spray on your fruit or vegetables, rub it in gently, then rinse. The acid in the vinegar kills the bacteria, helps to dissolve the wax, pesticide and fertilizer residues found on the skins.

Removing Mineral Deposits – Fill a small plastic bag with vinegar and place it over your shower head or faucet with a rubber band. Leave the bag on for an hour or two. Then remove and brush with an old toothbrush or rag.

Laundry Booster – Simply add 1 cup of white vinegar to your washer's rinse cycle. It is one product that can replace a host of others because it will whiten whites, brighten colors, eliminate static cling, remove dye in new clothes, soften laundry and more. So effective and simple!

This is just a sampling of my favorites to get you started.

Enjoy!

— Sara Lemons Vaules is the founder of Lemon and Light, which offers consulting, products and strategies for moving with ease into an organic, chemical-free lifestyle.

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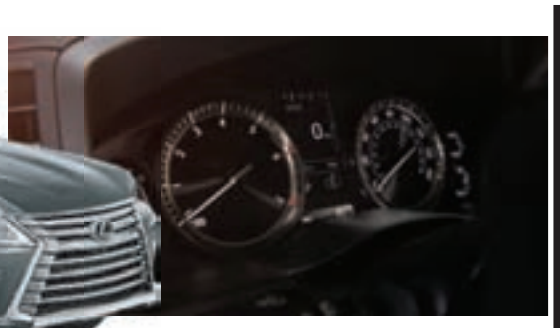
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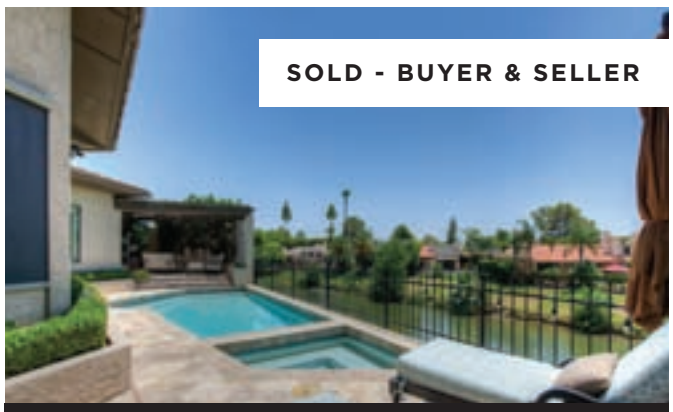


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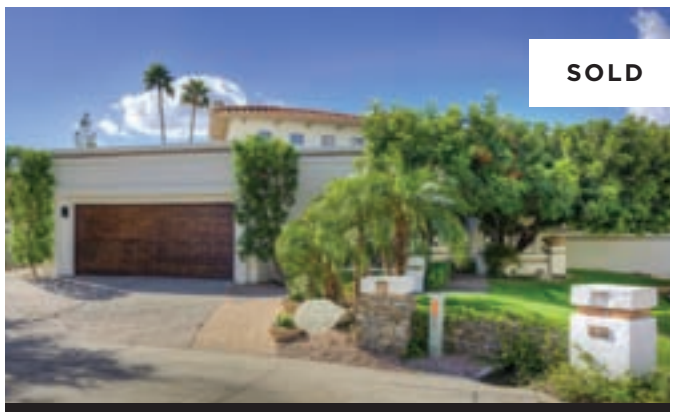


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SOLD

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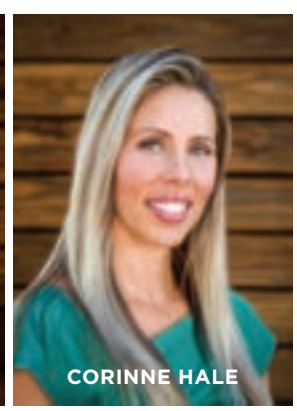
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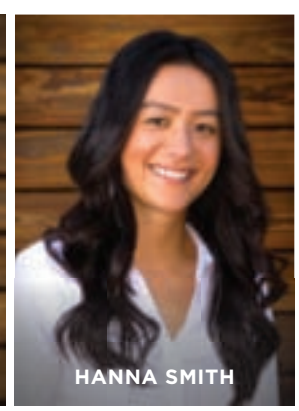
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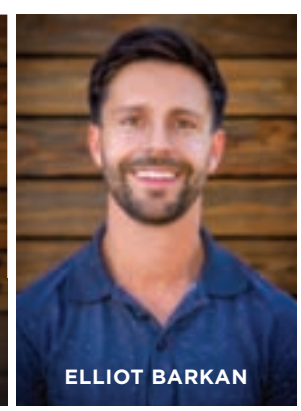
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Talk to Tucker

I started this editorial two years ago and I'm consistently humbled by all of the emails and texts that I receive about my writing. Some readers just want to say thank you for the insights, but most have very intimate questions about their home and situation. I'm incredibly grateful that you all reach out and trust me with your very personal questions. There isn't a better feeling for me than knowing that you leaned on me when one of life's biggest decisions comes knocking on your door.

To celebrate this two year milestone, I thought that it would be fun to showcase some of the best comments and questions that I have fielded over the past month. If you are ever in a position of need, please do not hesitate to contact me. I'm always honored to be a part of your decision making process.

"Tucker, congrats on the new addition to your family! How is everyone doing?" - Russ G, Biltmore
We are doing great! Ashley and Kenzie are both at full health, and Cash is a proud big brother. We are like a traveling circus now...it is probably pretty comical to watch us get in and out of the car.

"What is the latest on the Charlie Keating scholarship at Arcadia?" - Dana P, Arcadia
I worked with Nathan Slater, the Principal of Arcadia last year, to approach the Scottsdale Unified School District about getting a scholarship set up. Since then, I have been in contact with Jeff King who is heading the project. Jeff is not only a current teacher at Arcadia, but also a fellow alumni who knew Charlie personally.

The scholarship is good to go as long as we can raise $25,000 to fund the account. I'm looking for one or two local donors to fund the account. I would like anyone who is willing to donate $5,000 or more to call me immediately. I will match the first $5,000!

"I love your Relentlessly Local (tm) motto!" - Margaret, Arcadia
Thank you, we love it too! Relentlessly Local (tm) is our commitment to the community to be the best local real estate resource available. We are all-in on the neighborhood and we thought that this little motto delivered our message in a big way.

We like to say that our focus is 3 miles wide, but 50 miles deep. We don't need to be everything to everyone and are proud to represent local.

"What part of the Arcadia neighborhood would be a solid investment?" -Lisa , Arcadia Lite
Most areas of the neighborhood are extended and out of rental investment range at the moment. I really like the 32nd Street and Campbell area. I think a few blocks to either side of that intersection are really primed to pop with all of the new retail that is about to go vertical. ChopShop, a local favorite, will anchor the northeast corner and drive demand to the area. It reminds me of 40th Street and Campbell before it went bonkers.

"I think that my Zillow Zestimate is off by at least 25%. How is that possible?" - Dave, Arcadia
Zillow is like an agent from San Diego trying to value a property in Arcadia. They won't understand the local area and they have never seen the inside of your home. There is absolutely no way that an algorithm can accurately value your property. The computer doesn't know that you just installed new 7" oak flooring throughout and marble in the bathrooms. We routinely see online estimates off by at least 15-20% in most cases....either up or down.

This goes back to why local is better. You need a broker who has intimate knowledge of the area and knows the underlying trends that are moving the market. Case in point, Zillow doesn't know that ChopShop is coming to 32nd Street and Campbell, thus their algorithm hasn't factored that important information into your value.

Thanks again to all of my readers and clients for helping to keep my editorial fresh. I'm always available by phone or email if you need anything. There is no question too small!

Please, please, please.....if you or someone that you know would like to help fund the Charlie Keating scholarship, call me so that we can get the ball rolling.





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WHAT'S HAPPENING, *ARCADIA?*

SUNDAY 10/1

Pumpkin Days and Corn Maze

10 a.m. – 8 p.m. at Tolmachoff Farms, 5726 N. 75th Ave, Glendale. Start the fall season off right with a pumpkin patch and corn maze. Tolmachoff Farms presents 2017 Pumpkin Days. There's a pumpkin patch, a family corn maze with a brand new theme, mini corn maze, haunted corn maze, petting zoo, train rides, a hay pyramid, and activities for the whole family. Admission is $12. For more: www.tolmachoff-farms.com.

WEDNESDAY 10/4

China Soul

7:30 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. 2nd Street, Scottsdale. If you love gymnastics and acrobatics, this is an event you won't want to miss. The Martial Artists and Acrobats of Tianjin is an acrobatic troupe from China that was established in 1957. Join in the magic of martial arts and watch a showcase of gymnastics, kung-fu, trick cycling, tumbling and balancing acts. Tickets are $29-$49. For more: scottsdaleperformingarts.org.

THURSDAY 10/5

The Outbreak

7 – 11 p.m. at Schnepf Farms, 24810 E Rittenhouse Road, Queen Creek. "The Walking Dead" has become a reality.



Pumpkin Days and Corn Maze *at Tolmachoff Farms in Glendale.*

Gather a team and train for a zombie infestation. Once you're properly trained and fitted with a paintball gun, you'll travel to the zombie wasteland and exterminate the zombies that have taken over Schnepf Farms! Get ready to save the world and have a blast doing so. Tickets are $28. For more: theoutbreakaz.com.

FRIDAY 10/6

Samite

8 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. 2nd St, Scottsdale. Born in Uganda, Samite was taught to play the flute when he was 12 years old, and has since become a world-renowned instrumentalist. Accompanied by other instruments such as the kalimba and marimba, Samite spreads a message of love and peace through his music. Tickets are $29-$49. For more: scottsdaleperformingarts.org.

Salud! Signature Wine Dinner

7 – 11 p.m. at the Scottsdale Fairmont Princess, 7575 E. Princess Drive, Scottsdale. Gabriel's Angels presents its 2017 Salud: Signature Wine event. Gabriel's Angels is an organization that uses pet therapy to help at-risk children. There will be a wine reception, a tasting menu with wines from around the world, live music as well as specialty raffles and prizes. Proceeds will go to Gabriel's Angels. Individual tickets are $200. For more: GabrielsAngels.org.

SATURDAY 10/7

Tour De Fat

4 – 9 p.m. at Tempe Beach Park, 80 W. Rio Salado Pkwy. Michael Franti & Spearhead and the Tour De Fat ensemble are coming to town to wow you with music, circus performers, vaudeville acts, magicans, comedians, and beer. Benefitting the Tempe Bicycle Action Group, Mountain Bike Association of Arizona and Central Arizona Mountain Bike Patrol, this one party that will go down in the books! Tickets are $25. For more: newbelgium.com.

Mac & Cheese Fest

Noon – 7 p.m. at the Scottsdale Waterfront, 7135 E. Camelback Road, Scottsdale. Mac and Cheese lovers, your time has come! Spend the day tasting more than 20 different mac sensations and watch as top chefs compete to win the Golden Noodle. Drinks will also be available and there will also be music and lawn games (once your stomach is settled, of course). Tickets are $15 with VIP packages available. For more: macandcheeseestaz.com.



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WHAT'S HAPPENING, *ARCADIA?*

Bacon and Beer Classic

1 – 7 p.m. at the Scottsdale Stadium, 7408 E Osborn Road, Scottsdale. What could be better than a day filled with bacon and beer? Don't miss this event if you want to find out! Attendees will be able to sample from more than 50 craft beers and 25 different bacon dishes and unlimited bacon strips. Plus, there will be live music and games, all within the San Francisco Giants spring training stadium! Tickets start at $49 with VIP packages available. For more: baconandbeerclassic.com.

THURSDAY 10/12

Taste of the Biltmore

6 – 9 p.m. at the National Bank of Arizona, 6001 N. 24th Street, Phoenix. It's time to "unofficially" kick off Arizona's charity event season, and what better way to do that then eat great food from local restaurants around the Valley? The Taste of Biltmore event is a "block party" featuring more than 20 restaurants, such as Boss Pizza Bar, Short Leash Hot Dogs, and The Herb Box. Make sure you arrive with an empty stomach! Tickets are $75. For more: tasteofthebiltmore.com.

Illuminate Hope

5:30 – 7:30 p.m. at Arizona Falls Park. The American Cancer Society is hosting Illuminate Hope, a 3.4 mile noncompetitive glow in the dark walk. Participants will be lighting up the night with glow in the dark t-shirts and glow sticks. The funds raised from this event will support the American Cancer Society's mission to save lives, celebrate lives, and lead the fight for a world without cancer. All participants will receive a LED glow stick and a glow in the dark shirt as part of the registration. For more: debbie.cook@cancer.org.



***Oktoberfest** at Tempe Town Lake in Tempe.*

FRIDAY 10/13– SUNDAY 10/15

Phoenix Greek Festival

Times vary, at the Holy Trinity Greek Orthodox Community Center, 1973 E. Maryland Ave., Phoenix. It may be all Greek now, but after you attend this festival you'll feel like part of the family! Celebrate Greek culture with the 57th annual Greek Festival. There will be authentic Greek cuisine, dancing and live performances, music, a village market, cultural tours and a kids zone. Admission is $3. For more: phoenixgreekfestival.org.

Oktoberfest

Times vary, at Tempe Town Lake, 80 W. Rio Salado Pkwy., Tempe. What's more October-y than Oktoberfest? Four Peaks is headed to Tempe Beach Park to celebrate all things October. Grab a German beer and a bratwurst and enjoy live music and entertainment, games, activities and a kids zone. Benefits from this year's festivities will go to Tempe Sister Cities. Tickets are $7 for one day and $12 for all three days, with VIP packages available. For more: fourpeaksoktoberfest.com.

SATURDAY 10/14 - SUNDAY 10/15

Arizona Taco Festival

11 a.m. – 7 p.m. at Salt River Fields, 7555 N. Pima Rd., Scottsdale. Head to Salt River Fields and indulge in all the tacos your heart desires. Over 50 professional and amateur taco teams will compete for $10,000 in prizes. There will be a salsa and guac contest, lucha libre wrestling, Chihuahua beauty pageant, tequila tasting, music and games. Tickets are $12 for general admission. For more: aztacofestival.com.

Get Fit & Sports Expo

9 a.m. – 6 p.m. at the Phoenix Convention Center, 100 N. 3rd Street, Phoenix. Once you're done eating tacos, head over to the Europa Games Get Fit & Sports Expo to watch some live sporting events. Teams will showcase their skills in bodybuilding, cheerleading, karate and more. Plus, there will be an expo area with over 100 vendors sampling and selling their "get fit" products, from active wear to vitamins to sports equipment and more! Tickets are $20 for adults and $10 for kids. For more: europaexpo.com.

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FAMILY PHYSICIANS

WHAT'S HAPPENING, *ARCADIA?*

SUNDAY 10/15

Craft Classic Half Marathon

6:30 a.m. in Fountain Hills, 16075 E. Avenue of the Fountains. There's no contradiction quite like beer and running, but why not give it a try? The Craft Classic Half Marathon and 5K rewards all runners with a beer at the finish line. Participants will also receive a t-shirt and commemorative beer glass, finisher's medal and a race photo. Registration is $75-$105. For more: craftclassic.com.

TUESDAY 10/17

Civil War Round Table

6:40 p.m. at the Scottsdale Civic Center Library, 3839 N. Drinkwater Blvd, Scottsdale. Comprised of Civil War experts from around the country, the Civil War Round Table explores all the topics of that moment in America's history. This month, join David Dixon, a nationally known author, for a discussion of "The Lost Gettysburg Address." This is a free event. For more: scottsdalecwrt.org.

WED. 10/18 - THURS. 10/19

Taste of Cave Creek

5 -10 p.m. at Stagecoach Village, 7100 East Cave Creek Road, Cave Creek. Enjoy the sights and sounds of Cave Creek at the Taste of Cave Creek event. More than 25 restaurants will be on site serving up delicious nibbles for you to try. There will also be a craft beer garden, tequila and beer tastings, and live music from local musicians. Tickets are $10 for general admission. For more: tasteofcavecreek.com.



Taste of Cave Creek *at Stagecoach Village in Cave Creek.*



AIDS Walk Arizona *in downtown Phoenix.*

SATURDAY 10/21

Run for Success

8:30 a.m. at Arizona Falls, 56th Street and Indian School, Phoenix. Come out to Arizona Falls and help support NorthBridge College Success Program! NorthBridge is dedicated to helping students with learning disabilities like ADHD and dyslexia succeed in college or their vocation. Participants will receive a t-shirt, product samples and post-race snacks. Registration is $35 for the 5K and $20 for the 1 mile fun run/walk. For more: northbridgeaz.org.

Front Porch Festival

10 a.m. – 4 p.m. in Downtown Glendale (locations vary). Head to Glendale for a festival that brings the small town feeling close to home. More than 80 shops and eateries will showcase their specialties on lawns and porches around downtown Glendale. There will be activities, demonstrations, treats and more. Come out and learn all about the businesses of Glendale! Walking maps are provided at the Glendale Visitor Center. For more: visitglendale.com.

SUNDAY 10/22

AIDS Walk Arizona

7 a.m. starting at 3rd Avenue and Washington in downtown Phoenix. Join in Arizona's largest volunteer health charity walk this Sunday to help raise money for the prevention education and services to those affected by HIV and AIDS. Proceeds benefit Aunt Rita's Foundation. Participants will receive a t-shirt and entry to the Rainbow Festival after the 5K. There will also be food available for purchase and entertainment to keep the festivities going. Registration is $35 for adults. For more: auntritasevents.org.

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Christopher Spiekerman, DO



Ann Oland, MD



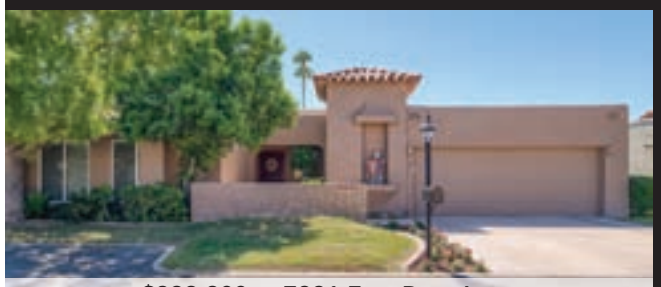
Deborah Calhoun, MD



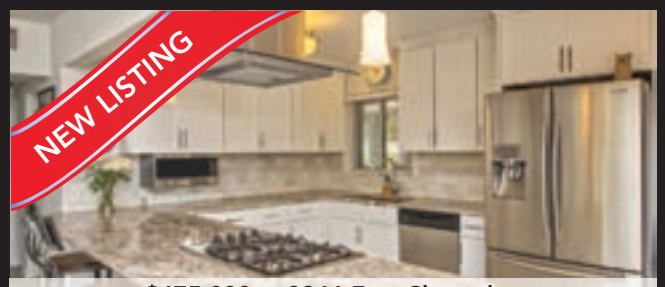
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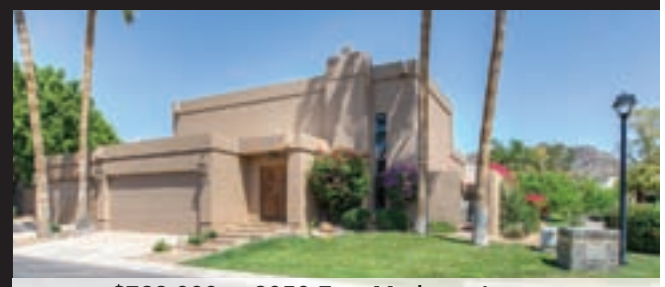
OUR FEATURED LISTINGS UNDER $1,000,000



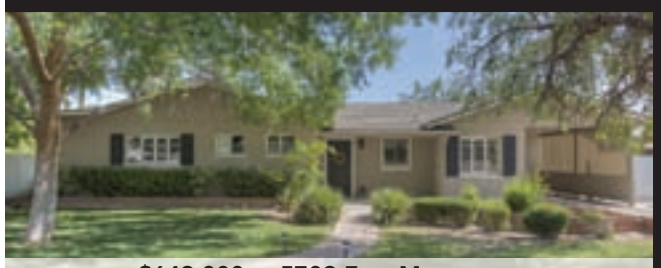
$399,900 7331 East Rose Lane
3 bedrooms, 2 baths, 2,447 square feet



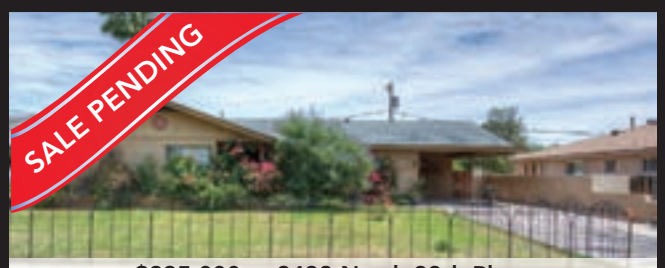
$475,000 3346 East Clarendon
3 bedrooms, 3 baths, 1,941 square feet



$799,000 3050 East Marlette Avenue
4 bedrooms, 4 baths, 3,270 square feet



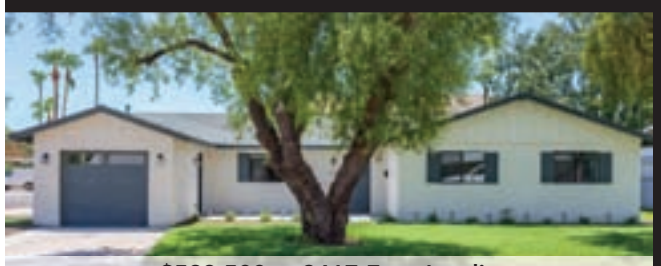
$649,000 5709 East Monterosa
3 bedrooms, 2 baths, 1,830 square feet



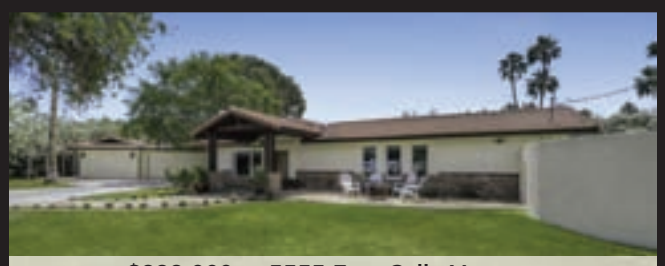
$295,000 2433 North 38th Place
3 bedrooms, 2 baths, 2,026 square feet



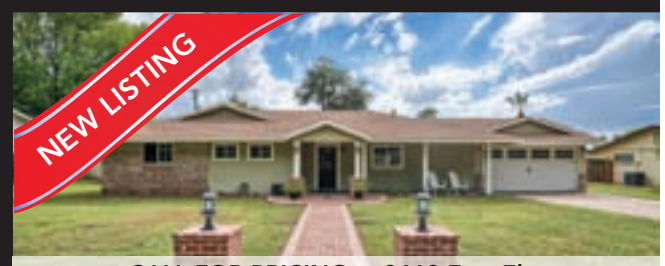
$745,000 5301 North 46th Street
Camelback Canyon Lot



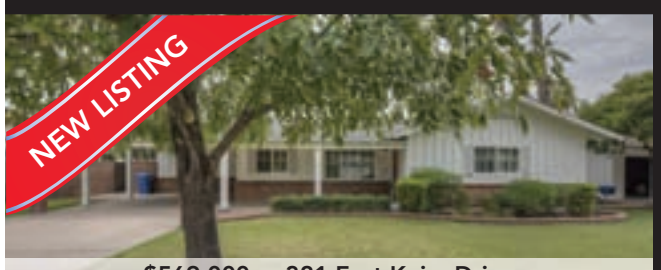
$598,500 3417 East Amelia
4 bedrooms, 4 baths, 2,175 square feet



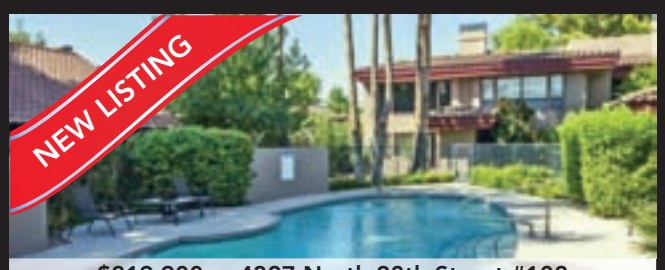
$999,000 5555 East Calle Ventura
5 bedrooms, 3 baths, 3,960 square feet



CALL FOR PRICING 3619 East Elm
4 bedrooms, 3 baths, 4-car garage



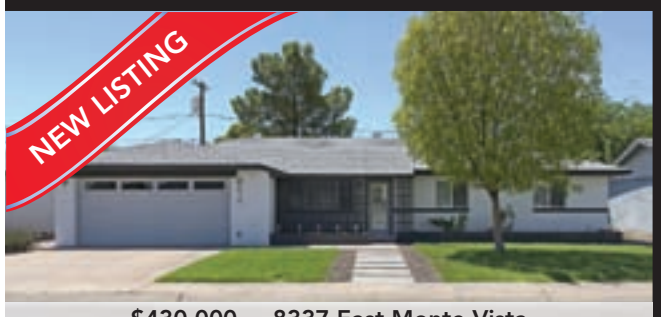
$569,000 321 East Keim Drive
4 bedrooms, 3 baths, 2,344 square feet



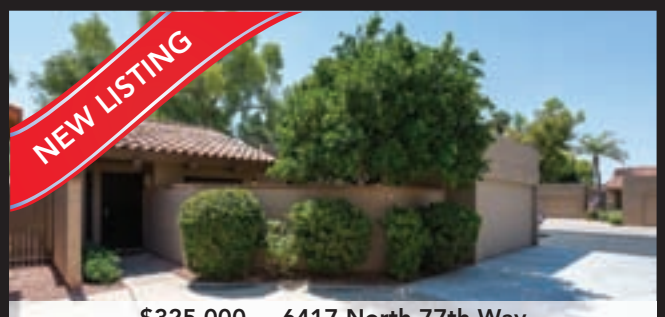
$219,900 4327 North 28th Street,#102
2 bedrooms, 2 baths, 1,088 square feet



$929,000 4808 North 24th Street #1321
3 bedrooms, 3 baths, 2,393 square feet



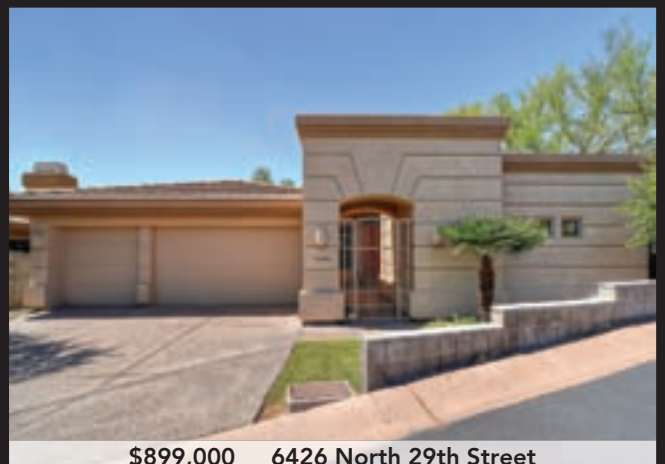
$430,000 8337 East Monte Vista
3 bedrooms, 2 baths, 1,687 square feet



$325,000 6417 North 77th Way
3 bedrooms, 2 baths, 1,263 square feet



$525,000 4404 North 27th Way
4 bedrooms, 4 baths, 2,175 square feet



$899,000 6426 North 29th Street
3 bedrooms, 3 baths, 3,008 square feet

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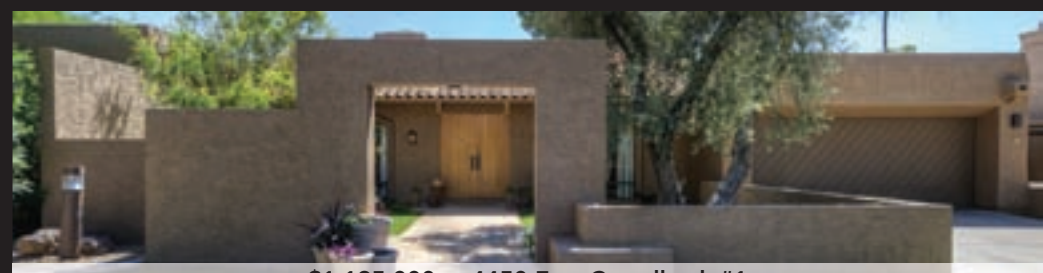
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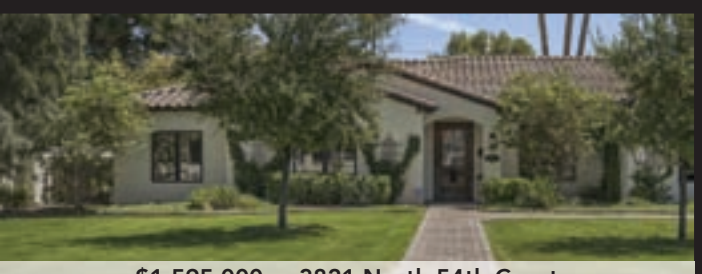
OUR FEATURED LISTINGS $1,000,000 – $3,000,000



$1,319,000 6112 East Calle Del Sud
4 bedrooms, 5 baths, 4,256 square feet



$1,195,000 4450 East Camelback #1
3 bedrooms, 5 baths, 4,000 square feet



$1,595,000 3821 North 54th Court
5 bedrooms, 5 baths, 4,766 square feet



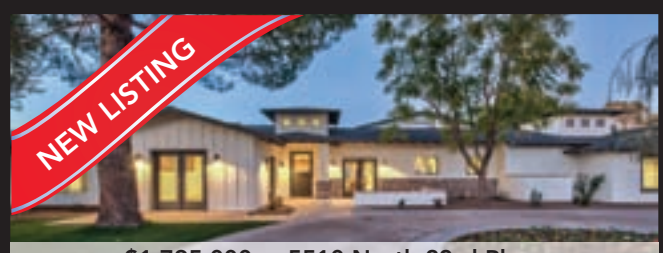
4220 North 58th Street
CALL FOR PRICING & INFORMATION



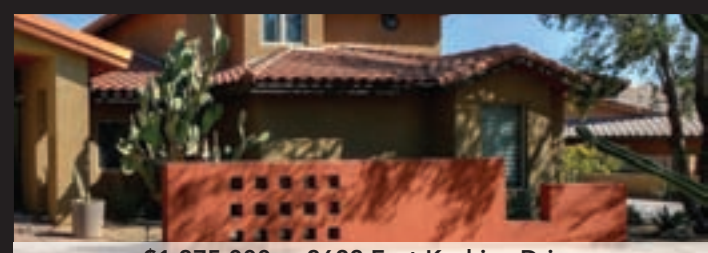
$1,995,000 4415 North Arcadia Lane
6 bedrooms, 6 baths, 7,873 square feet



$1,949,000 6064 East Jenan Drive
5 bedrooms, 6 baths, 6,008 square feet



$1,795,000 5510 North 23rd Place
5 bedrooms, 6 baths, 5,726 square feet



$1,375,000 3622 East Kachina Drive
4 bedrooms, 5 baths, 4,701 square feet



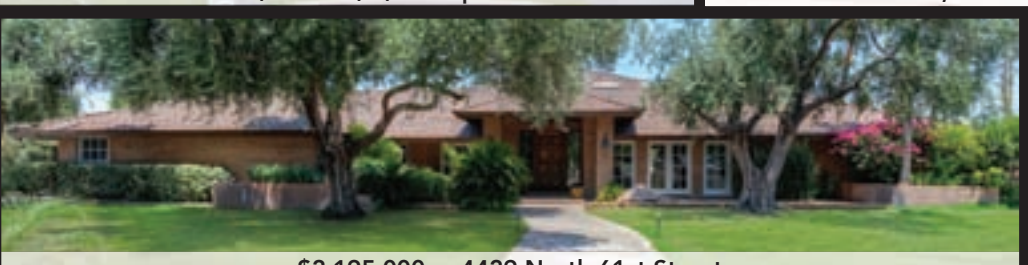
$1,995,000 5502 East Calle Del Paisano
5 bedrooms, 6 baths, 5,102 square feet



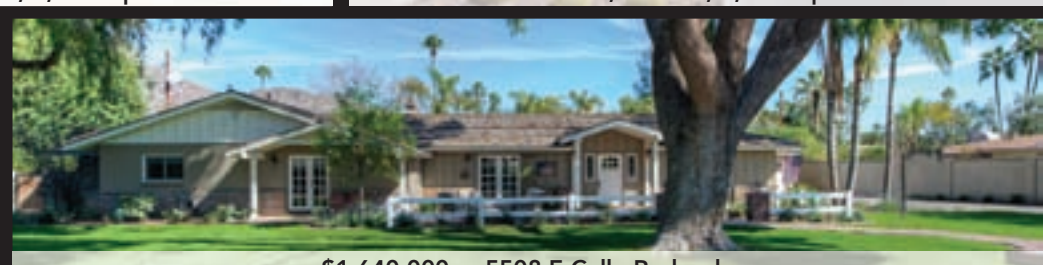
CALL FOR PRICING 6045 East Calle Del Paisano
5 bedrooms, 4 baths, 4,089 square feet



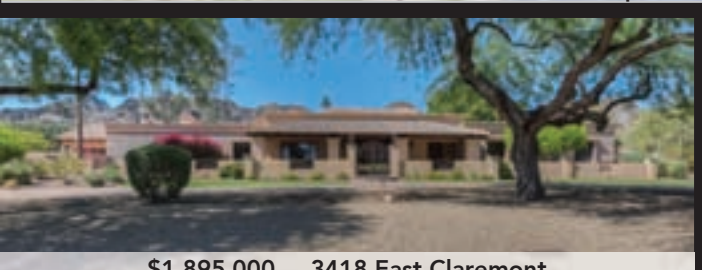
$1,695,000 4229 East Vermont
4 bedrooms, 4 baths, 3,600 square feet



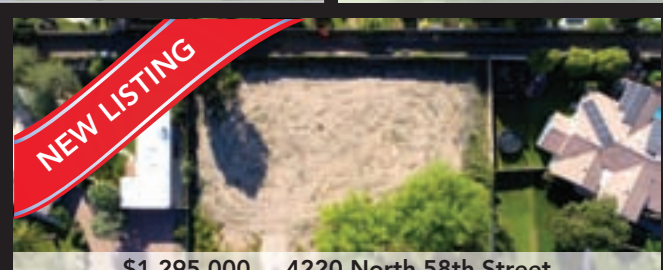
$2,195,000 4429 North 61st Street
4 bedrooms, 4 baths, 4,562 square feet



$1,640,000 5508 E Calle Redonda
4 bedrooms, 5 baths, 3,897 square feet



$1,895,000 3418 East Claremont
4 bedrooms, 5 baths, 5,686 square feet



$1,295,000 4220 North 58th Street
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$1,499,000 5731 East Calle del Paisano
4 bedrooms, 5 baths, 4,013 square feet



$1,100,000 4822 East Palomino
.93 Acres

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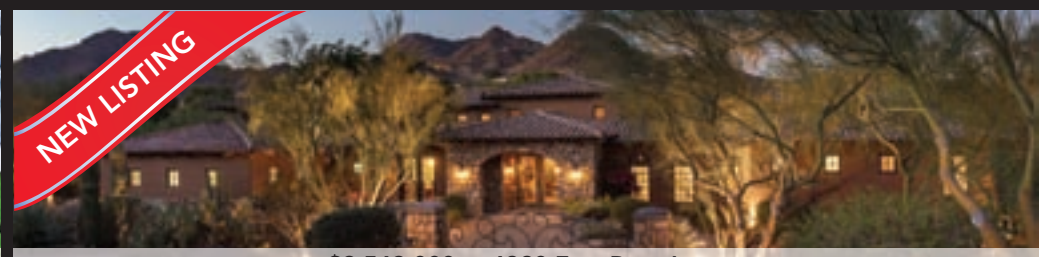
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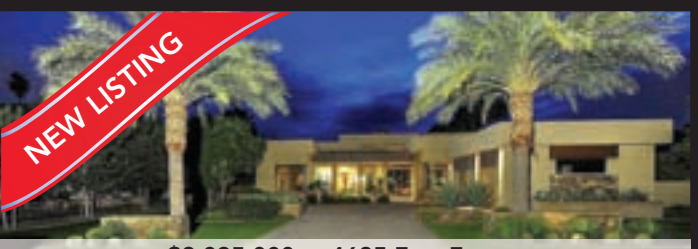
OUR FEATURED LISTINGS $1,000,000 – $3,000,000



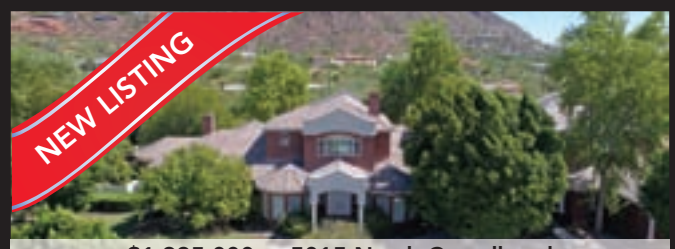
4002 North 54th Place
CALL FOR PRICING & INFORMATION.



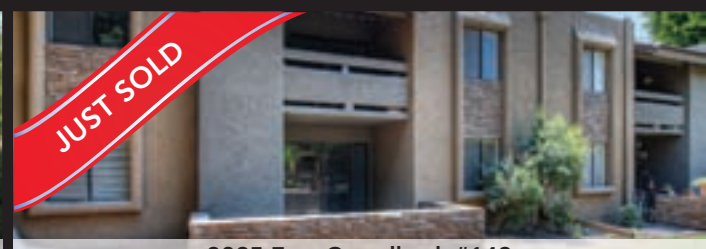
$2,549,000 4320 East Rose Lane
7 bedrooms, 8 baths, 7,685 square feet



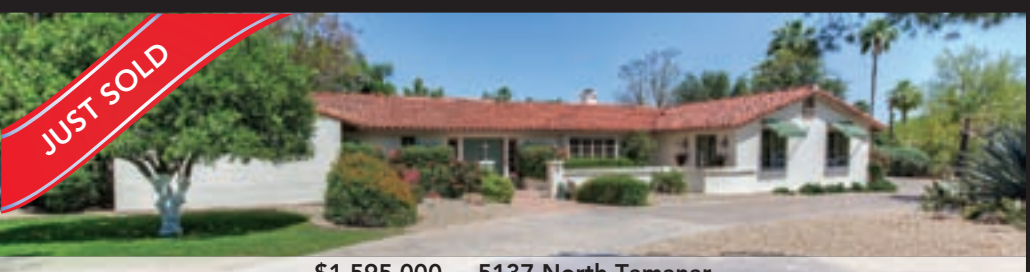
$2,095,000 4635 East Exeter
4 bedrooms, 5 baths, 3,862 square feet



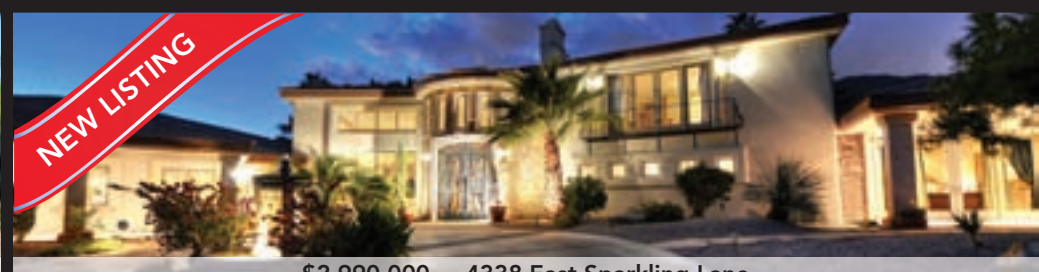
$1,995,000 5015 North Camelhead
5 bedrooms, 7 baths, 6,884 square feet



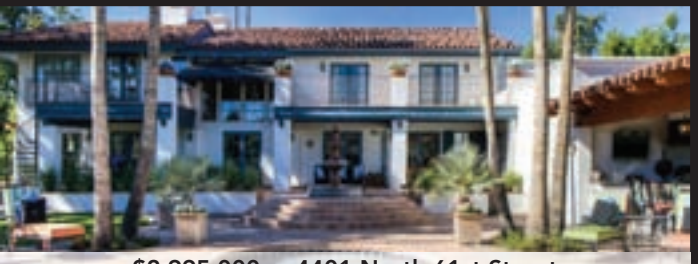
3825 East Camelback #142
CALL FOR PRICING & INFORMATION.



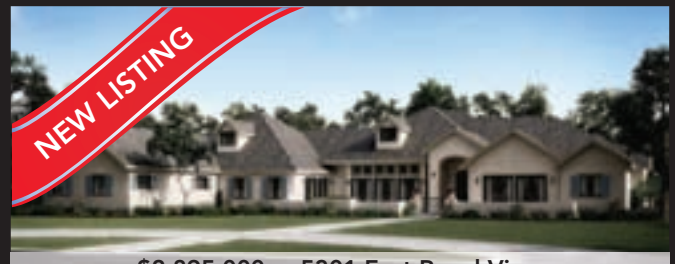
$1,595,000 5137 North Tamanar
3 bedrooms, 3 baths, 4,254 square feet



$2,990,000 4338 East Sparkling Lane
4 bedrooms, 7 baths, 7,959 square feet



$2,995,000 4401 North 61st Street
5 bedrooms, 8 baths, 7,587 square feet



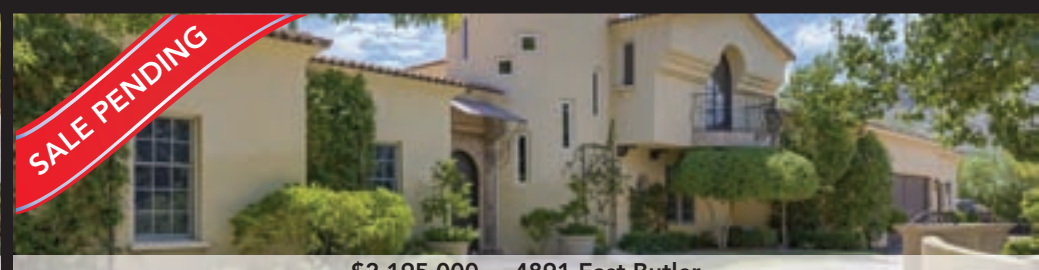
$2,895,000 5301 East Royal View
CALL FOR PRICING & INFORMATION



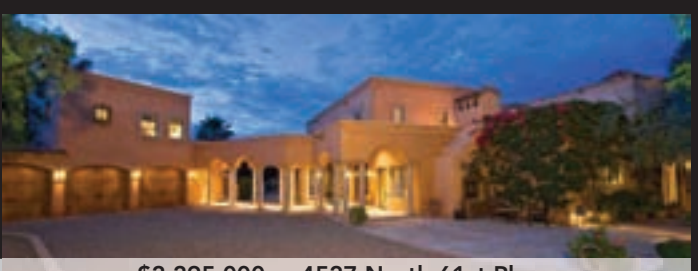
CALL FOR PRICING 5414 East Lafayette
5 bedrooms, 6 baths, 5,150 square feet



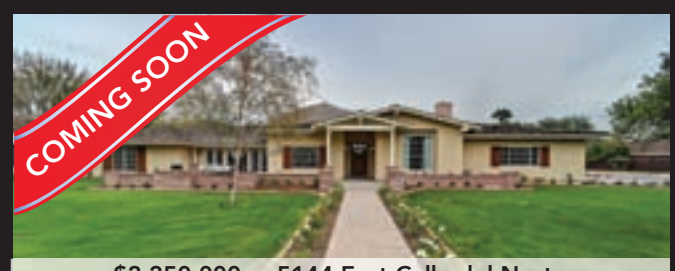
$1,225,000 3816 North 53rd Way
4 bedrooms, 3 baths, 2,726 square feet



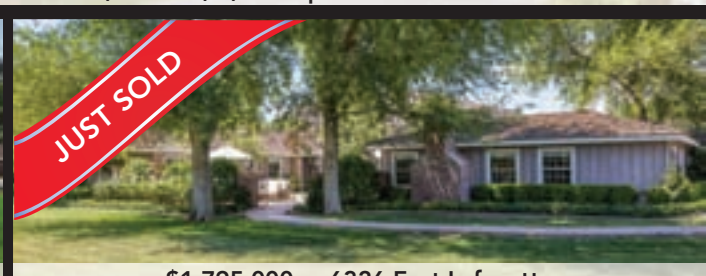
$2,195,000 4891 East Butler
4 bedrooms, 6 baths, 6,424 square feet



$2,295,000 4527 North 61st Place
6 bedrooms, 9 baths, 8,592 square feet



$2,250,000 5144 East Calle del Norte
5 bedrooms, 4 baths, 5,156 square feet



$1,795,000 6326 East Lafayette
5 bedrooms, 4 baths, 5,204 square feet

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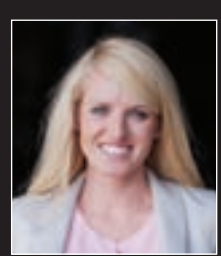
Jonathan Friedland



Adam Joffe



Karen Lafferty



Meredith Lane



Andrew Mehlman



Dallas Peagler



Jen Sheedy

WHAT'S HAPPENING, *ARCADIA?*

THURSDAY 10/27 – FRIDAY 10/28

Balloon Spooktacular

5 – 10 p.m. at Salt River Fields at Talking Stick, 7555 N. Pima Rd., Scottsdale. Halloween has come early this year! Dress up in your Halloween costume and head to Salt River Fields to witness 20 hot air balloons on display handing out 4,000 pounds of candy. There will also be live music, food and drinks, a kids zone, a haunted trail, costume contest and fireworks to top it all off. Tickets are $15 for adults and $10 for kids. For more: srfballoonfestivals.com.

Strange Garden

5:30 – 8:30 p.m. at Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix. Head to Desert Botanical Gardens for a creepy-crawly good time! Mad Botanists will be showing off peculiar wildlife and plants and creepy creatures. There will be a monster bash dance party, live music and performances, face painting, and you can even take home your very own pumpkin. Don't forget your Halloween costume! Tickets are $25 for adults and $13 for kids. For more: dbg.org.

SATURDAY 10/28

Howling Night Run

5 – 9 p.m. at Estrella Mountain Regional Park, 14805 W. Vineyard Ave., Goodyear.



Balloon Spooktacular *at Salt River Fields at Talking Stick in Scottsdale.*



Howling Night Run *at Estrella Mountain Regional Park in Goodyear.*

Start off Halloween with a howling good time! Grab your costume and head to Estrella Park for a spooky 5K. Run or walk your way to the finish line and grab a treat and a trick or two! There will also be hayrides and contests for the family to enjoy. Registration is $50 per person. For more: howlingrun.phxfr.org.

Cave Creek Wicked

11 a.m. – 4 p.m. in Cave Creek (locations vary). This Halloween celebration has something for the whole family. There will be community-wide trick or treating, a haunted maze, horse costume contest (that's right, horses in costumes), salsa tasting, live music, fashion show, arts and crafts, and a kids costume contest. Adults can come back from 6 p.m to 2 a.m. for a saloon tour and costume contest as well as Halloween-themed cocktails and a wicked good time. For more: cavecreekwicked.com.

SUNDAY 10/29

Midnight at the Masquerade

5p.m. at the Old Spaghetti Factory, 1418 N. Central Ave., Phoenix. Spend your Halloween weekend with a murder-mystery case that you can be a part of! The Murder-Mystery Company presents Midnight at the Masquerade, a dinner full of surprises and fun. While you enjoy a three-course meal, you will watch as the mystery unfolds – you'll get to interrogate suspects, gather clues and help your team figure out whodunit! Tickets are $60. For more: grimprov.com.

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OUT OF THE AREA, *BUT WORTH THE DRIVE*



Glow: Fantasy Night *at Triangle L Ranch in Oracle.*



Ghost Walk *at Spook Hall in Jerome.*

THURSDAY 10/5

Ales on Rails

11 a.m. at the Verde Canyon Railroad, 300 N. Broadway, Clarkdale. Sure, beer sampling can be a blast, but what about beer sampling on a train? Ales on Rails does just that! The party starts on the depot patio with a German-infused lunch of bratwurst, potato salad and strudel. Then at 1 p.m., the party really gets moving as you board the train and sample specialty brews while enjoying the beauty of the Verde Canyon. Tickets are around $21. For more: verdecanyonrr.com.

FRIDAY 10/6

World Margarita Championship

6 p.m. at the Hilton Tucson El Conquistador, 10000 N Oracle Road, Tucson. The Southern Arizona Arts and Cultural Alliance presents the World Margarita Championship, where Tucson original chefs and restaurants will showcase their margaritas and fight to win the People's Choice award. There will be food sampling and margarita tastings to your heart's desire. Tickets are $55. For more: saaca.org/worldmargarita.html.

SATURDAY 10/7

Glow: Fantasy Night

7 – 11 p.m. at Triangle L Ranch, 2805 North Triangle L Ranch Road, Oracle. Come out to Triangle L Ranch and watch the nighttime glow! Five acres will be lit up with twinkle lights, glowing sculptures, multimedia installations and more. There will be live music and food available for purchase. Fantasy night means you can dress as your favorite fantasy creature and step into a world of glowing art. Tickets are $20 for adults and $10 for kids. For more: triangleranch.com.

Oktoberfest

11 a.m. – 8 p.m. at Wheeler Park, 211 W. Aspen Avenue, Flagstaff. If you're ready for an Oktoberfest celebration but are looking to get out of the city, look no further than Flagstaff's 9th annual Oktoberfest. Bust out your lederhosen and get ready for eating contests, costume contests, yodeling, polka music, frozen t-shirt contests, bratwurst and of course, beer. Tickets are $7 for general admission. For more: flagstaffoktoberfest.com.

SATURDAY 10/14

Ghost Walk

6:30 p.m. at Spook Hall, 407 Clark Street, Jerome. Come one, come all to meet some of Jerome's "permanent" residents. This performance showcases the history of Jerome, played by the ghostly members who used to (and still do) reside there. Performances are every half hour. Tickets are $20. For more: jeromehistoricalsociety.com.

FRIDAY 10/13 - SUNDAY 10/15

Fort Verde Days

11 a.m. – 4 p.m. at the State Historic Park, 125 E. Hollamon Street, Camp Verde. Celebrate Camp Verde's military heritage and homecoming with Fort Verde days. There will be a pancake breakfast, car show, carnival, quilt show, vendors, historic reenactments, cooking demos and a vintage baseball game. Celebrate history and all that comes with it! For more: campverdepromotions.org.

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OUT OF THE AREA, *BUT WORTH THE DRIVE*

SATURDAY 10/14 – SUNDAY 10/15

Family Campout

Times vary, at 1500 Fools Hollow Road, Show Low. Take a break from the hustle and bustle of city life and head out for a camping trip. Arizona State Parks presents Family Campout, the ultimate camping experience! Activities can include fishing, archery, hiking, all with trained coordinators teaching camping basics, like how to set up a tent and prepare food outside. The program fee is $90 for a family of four. For more: azstateparks.com.

SUNDAY 10/15

The Great Pumpkin Race

7:30 a.m. at Buckelew Farms, 17000 W. Ajo Way, Tucson. It's the Great Pumpkin Race, Charlie Brown! Walk or run on a traditional cross-country course through Buckelew Farms and finish through the haunted corn maze. Once the race is over, enjoy activities like pumpkin carving and face painting. The kids race starts at 7:30 p.m., so make sure to get there early to skip the entry fee into the farm. Registration is $18. For more: azroadrunners.org.

THURSDAY 10/19

Relics and Rods Cruise-In

5 – 9 p.m. on N. McCulloch Blvd., Lake Havasu City. Classic car buffs won't want to miss this gathering! Nearly 800 classic and collectible cars will line McCulloch Boulevard for your viewing pleasure. There will be snacks and a beer tent on the grounds so you can fill up on food and the beauty of your favorite classic cars. Live music, vendors, and the local watering holes will be on-site to keep the party going. This is a free event. For more: golakehavasu.com.



The Great Pumpkin Race *at Buckelew Farms in Tucson.*

SATURDAY 10/21

The Great Stair Climb/ Craft Beer Festival

7 a.m. – Noon at 201 Tombstone Canyon Road, Bisbee. The Great Stair Climb is set in Bisbee and features nine staircases connected by winding roads. Climb your way through old Bisbee, and once you're finished you can head to the Bisbee Craft Beer Festival next to the Bisbee Coffee Company. The festival features beers, food and live entertainment. You can enjoy the festival if you don't climb the stairs, but those who do get a reduced entry fee. General admission is $40 for the festival. For more: www.bisbee1000.org.

SATURDAY 10/28

Dia De Los Muertos Celebration

2 – 8 p.m. at Tlaquepaque, 336 State Route 179, Sedona. Celebrate Halloween the traditional way with the Dia De Los Muertos celebration. Head to Tlaquepaque to watch fire dancers and view the altars dedicated to the dead. Visit a face painting booth, enjoy food and live music. For more: tlaq.com.

Grapes and Goodies

11 a.m. – 5 p.m. at Kief-Joshua Vineyards, 370 Elgin Road, Elgin. This wine tasting event has some tricks up its sleeve! Head to the tasting rooms at the Elgin location and sample the wines Kief-Joshua has to offer- but there's a catch. Every 12 wine tasters will get a wine-paired goody, while the 13th will get tricked! Make sure you keep up! For more: kj-vineyards.com.

Spooktacular Festival

Noon – 8 p.m. on Main and Cooley Street, Show Low. This festival boasts trunk or treating, hay rides, pony rides, a haunted house, pumpkin bowling, games and activities, costume contests, live music and food – everything you need for a fun filled family Halloween. For more: showlowchamber.com.



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3309 N. 47TH STREET **$668,000**

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5802 E. ORANGE BLOSSOM **$1,395,000**

Views galore from this exceptional property located on the 1st Fairway of the AZCC. Incredibly charming 3400' home with 3-car garage originally built in 1925 then expanded and highly upgraded over the years. Absolutely one of a kind and a must see to believe.



3006 N. MANOR DRIVE **$1,695,000**



3324 E. VALLEY VISTA **$895,000**



3122 E. MONTEROSA **$550,000**



4001 N. 33RD PLACE **$450,000**



4341 E. LEWIS **$275,000**



2709 E. CORRINE **$239,000**



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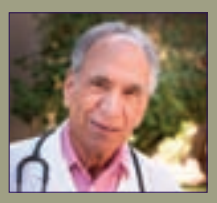
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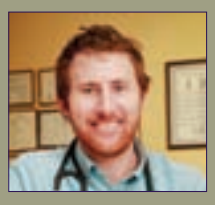

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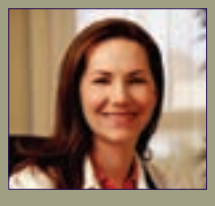

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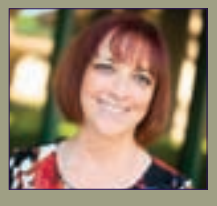

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Cost and effect: AAA reveals true cost of vehicle ownership

By Michelle Donati

Owning and operating a new vehicle in 2017 will cost a driver an average of nearly $8,500 annually, or $706 each month, according to a new study from AAA. The annual evaluation of driving costs reveals that small sedans are the least expensive vehicles to drive. However, small SUVs, hybrids and electric vehicles all offer lower-than-average driving costs to U.S. drivers.

As an automotive resource, AAA highlights key factors that shape the cost of vehicle ownership for 2017:

DEPRECIATION

Depreciation is the biggest, and most often overlooked, expense associated with purchasing a new car. New vehicles lose an average of $15,000 in value during the first five years of ownership. In 2017, small sedans had the lowest annual depreciation costs, while electric vehicles were at the high end of the scale.

MAINTENANCE AND REPAIR

AAA examined factory-recommended maintenance, replacement tires, extended warranty costs and services associated with typical wear-and-tear. New vehicles, on average, will cost a driver $1,186 per year to maintain and repair.

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FUEL

Fuel costs vary significantly by vehicle type, ranging from 3.68 cents per mile (electric vehicles) to 13.88 cents per mile (pickup trucks). New vehicle owners, on average, will spend just over 10 cents per mile – about $1,500 annually – to fuel their vehicles.

ELECTRIC VEHICLES

New to the study in 2017, AAA found that electric vehicles have lower-than-average driving costs. Without a gasoline engine to maintain, electric vehicles have the lowest annual maintenance and repair costs. By relying on electricity instead of gasoline, fuel costs are also significantly lower than average. Depreciation, however, is currently extremely high for these vehicles.

While driving costs vary widely based on vehicle type, usage and driver behavior, there are several ways consumers can reduce their annual driving costs:

- Minimize depreciation costs by purchasing a vehicle that historically holds its value well, or consider a used vehicle.
- Select a less expensive vehicle, or one with higher fuel economy to help offset costs.
- Shop around for the best rates on insurance and loans.
- Stay on top of preventative maintenance to avoid and follow the manufacturer's recommendations. AAA estimates drivers can save an average of $100 each time they visit a repair shop simply by properly maintaining their vehicle.
- Reduce mileage and minimize wear and tear by participating in a carpool, taking public transportation or using a car share service.

Determining the cost of a new vehicle is more than calculating a monthly payment. While sales price is certainly a factor, depreciation, maintenance, repair and fuel costs should be equally important considerations for anyone in the market for a new vehicle.

— For more information, visit AAA.com/YourDrivingCosts.

The largest collection of spittoons in the country?

ASK THE *APPRAISERS*

By Jonell Sloekers

Mr. Smith, an *Arcadia News* reader, asked if we could evaluate his rather large collection of over 300 spittoons, which is most likely one of the largest such collections in the country.

Of course, we can! *Everything* has a value, and some things, like spittoons, have an interesting history attached.

Chewing tobacco use was commonplace in the 19th century. It was customary for people to spit their excess saliva and tobacco juice onto the floor or street. Spittoons, also known as cuspidors, were introduced in the late 19th century, to improve public health and manners. In fact, a common sign seen in public places in the early 20th century read "If you expect to rate as a gentleman, do not expectorate on the floor."



Spittoons were made for men, women and businesses. They were designed to be short and wide, with flat, often weighted bottoms, to sit on the floor and not be easily toppled. They were often hourglass-shaped with a flared opening, so they could – catch as much as possible without spilling, and so they could easily be emptied, rinsed and reused. Some were small and made of glass, to be held by the lady of the house. They were ubiquitous in homes, hotels, banks, saloons and trains, often with the name or logo of the business stamped into the spittoon itself.

Most spittoons were made of brass, though other materials used included iron, graniteware, stoneware, glass and fine porcelain, depending on their intended placement.

Some ladies spittoons and those intended for higher-class hotels could be rather ornate or delicate.

In the early 20th century, as chewing gum became a more popular trend and cigarettes were considered a more hygienic way to consume tobacco, spittoons suffered a great decline in popularity. They had virtually disappeared from public places by the early 1930s, and many of the original brass spittoons were melted down in the scrap metal drives during WWII, thus making them rare today. Though spittoons are no longer acceptably used in public, they can still be found in public places. In a nod to tradition, the U.S. Senate still has spittoons distributed about the Senate floor, and each member of the U.S. Supreme Court has one (though used for trash) near their seat in the courtroom.

So, what are they worth today? It depends on rarity, material and maker. Reproductions of old brass spittoons have minimal value, usually less than $30. Older ones such as graniteware spittoons average around $100; jar spittoons (with lids) for tuberculosis sufferers are rarer, and can sell for around $150. A signed Red Wing stoneware spittoon in mint condition can fetch $1,000 or more. Most common spittoons, however, range in value between $30 and $100.

So, your answer, Mr. Smith, is you might have a few in your collection that have considerable value!

Do you have a question? Send it to editor@arcadianews.com. We look forward to hearing from you.

Debbie Frazelle
Homes of Distinction
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Call about several great pocket listings in PV and Arcadia Prime!

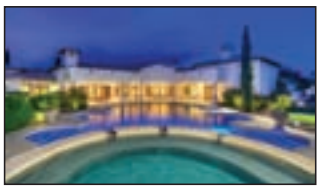
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Charming quintessential Arcadia ranch home at just under 5000 sq feet on a commercial acre this floor plan is perfect for families and entertaining. Beautiful hardwood and honed slate floors in main living areas; 5 bedrooms, which includes a split guest suite with separate entrance; 4-1/2 baths, office, library, media/rec room, and exercise room. Gourmet kitchen on the only double Cul De Sac street in Arcadia! Offered at $2,100,000.



Paradise Valley Estate

This 6B split /7BA house has an open floor plan and amazing curb appeal. A warm family home with an appealing open floor plan that's great for entertaining. Gourmet kitchen, oversized master suite with fplc, huge custom closets, elegant office & large laundry. Separate GH w/fully equipped kitchen/ living room. Billiards room, bonus room. Resort-style backyard pool, spa, built-in BBQ. Circular drive w/fountain leads to gated motor court w/8 car AC garage. 180° views of Camelback & entire Mummy Mtn. Range. Offered at $3,499,000.



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Magnificent views from this spacious hilltop 2745 sq ft 3 bedroom, 3.5 baths home in guard-gated Biltmore Greens. Once you step outside...be prepared to have your breath taken away. Large terraced patios overlook the prefect 280 degree views of Camelback Mountain, Praying Monk, the Mountain preserve and the twinkling lights of the city offered at $835,000.





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Make every night movie night at local dine-in theaters

By Megan Forrester

Movie theaters have come a long way. Say goodbye to 25-cent tickets with a cherry slushy and hello to reserved seating with gourmet food. Whether you want luxurious ambience or something a little closer to the classics, these six theaters offer unique and fun options for the whole family.





HARKINS CAMELVIEW

7014 E. Camelback Road, 85251

Looking for a twist on a classic theater? Harkins Camelview at Scottsdale Fashion Square offers a classic concession stand surrounded by modern decor. Enjoy your movie with its award-winning popcorn, candy or pretzels while relaxing on a leather recliner seat. And after the show, visit Vérité Lounge, where cocktails, wine, and beer are served on a beautiful rooftop terrace, or Harkins' Lobby Café, where dessert and expresso awaits.

For more: *harkinstheaters.com*

AMC DINE-IN ESPLANADE 14

2515 E. Camelback Road, 85016

Wouldn't it be nice to have everything in life handed to you? Well that actually might be possible at AMC Dine-In Esplanade 14, where servers cater to your every whim at the push of a button. Choose from the endless menu of hand-crafted items such as the Royal Burger with fig jam or the Asian steak and shrimp bowl. But if you are not in the exotic mood, there are traditional options such as popcorn and candy available as well.

For more: *amctheaters.com*

ROADHOUSE CINEMAS

9090 E. Indian Bend Road, 85250

If you don't want to splurge, but feel compelled to see the latest box office smash, then this might be the perfect place. Visit on Tuesday for $6 movies all day! You can enjoy a full bar with a wide selection of wines and Arizona craft beers, while dining on comfort foods such as black and white truffle fries or the "Finding Nemo" fish and chips. Be sure to wear Roadhouse Cinemas' fun tee-shirts with classic movie lines to receive a free popcorn each visit.

For more: *roadhousecinemas.com*

STUDIO MOVIE GRILL

15515 N. Hayden Road, 85260

At Studio Movie Grill in Scottsdale, dig into its dessert menu that will satisfy anyone's sweet tooth, as well as healthy options such as salads and gluten-free pizza. Also, if you order one of the chef-inspired menu items marked with the SMG badge, five percent of the proceeds will go to non-profits in the community serving special needs children.

For more: *studiomoviegrill.com*

IPIC THEATERS

1527 N. Scottsdale Road, 85254

The best of the best is certainly the motto for iPic Theaters. While the seats may be a bit more pricey compared to others ($17 for premium and $27 for premium plus), the experience is quite unforgettable. A premium plus ticket gets you a blanket on your recliner and food from the gourmet menu served right to your seat. There are also classic movie snacks at the iPic Express Counter for both premium and premium plus ticket holders.

For more: *ipictheaters.com*

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For more: *drafthouse.com*



Easy do-it-yourself Halloween costume ideas

By Elaina Verhoff

You might be feeling crafty, or not wanting to shell out the big bucks for a costume that will be worn once, or maybe you just want to avoid the hassle of digging through the Halloween costumes at Target.

Luckily, with a few simple supplies and household items, it's easy to craft a costume at home. Here are a few ideas to get you started!





Left: *DIY costumes are cost-effective and fun for the whole family. This wig for an Alexander Hamilton costume only requires a small shopping bag, cotton pads and glue.*
Right: *A homemade robot costume only requires a box, scissors and aluminum foil. Half of the fun is "shopping" for the box as a family!*

ROBOT

Materials: *large cardboard box, scissors, aluminum foil, tape*

If your family likes to get crafty, a cardboard box is the ultimate starting point. No boxes around the house? We went "costume" shopping at the FedEx store last year, and the young man working there was quite helpful, letting my daughter "try on" different box sizes until we found the perfect fit. She then cut holes for her head and arms, covered the box with aluminum foil, and *voila* – instant robot. You could take it even further and use flexible tubing? (available at hardware and home improvement stores) for the arms and legs, and a smaller box for the head. Spray-painted lids make great knobs and buttons.

EMOJI FACE MASKS

Materials: *felt, googly eyes, popsicle stick, glue*

Whether your favorite emoji is crazy tongue face or heart eyes, it's easy to make a mask and bring your favorite digital expression into the real world. Just cut out the base shape and cut and glue on pieces and jumbo googly eyes as needed. Then glue onto a popsicle stick handle. Hint: Use a glue gun to make sure you don't lose an eye before the trick or treating is done.

SNAPCHAT FILTERS

Materials: *Crepe paper, scissors, glue stick, pencil, glue, party blower, cardstock, plastic headband, hot glue gun*

Leave it to bloggers to come up with the best do-it-yourself (DIY) costume ideas. Jordan at Oh Happy Day dreamed up the idea of Snapchat filters as Halloween costumes, and the results were more than insta-worthy. The best part? Using a party blower to blow out a rainbow "tongue" (for your unicorn costume) or a dog tongue for the puppy dog costume. For full instructions on how to create your own unicorn, dog, butterfly and flower crown costumes visit ohhappyday.com/2016/10/snapchat-filter-costumes/

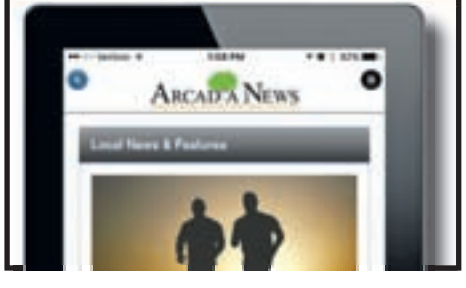
ALEXANDER HAMILTON

Materials: *small shopping bag, scissors, cotton balls or cotton pads, ribbon, glue*

If the soundtrack to Hamilton is burned in your brain, your tween might think it's pretty cool to dress up as the one and only Alexander Hamilton. The outfit is easy. Some black leggings, a white shirt, and a black jacket from mom or dad's closet. The showstopper is a DIY wig, easily assembled with a bag of cotton balls or cotton pads glued onto a small shopping bag. Full instructions at funfindsformom.com/blog/how-to-make-a-presidential-powdered-wig.

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Dates to remember:

Open House
Sunday, Oct. 29, 2017
12:00 pm - 3:00 pm

8th Grade Day
Friday, Oct. 27, 2017
9:30 am - 1:00 pm

Online application for 2018-2019 available online November 15

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Sat, Jan 20, 2018 or Sat, Jan 27, 2018

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Octane Raceway Indoor Go-Karts


AZ on the Rocks Indoor Rock Climbing

Beat the boredom: activities for adults

By Mallory Gleich

It's Friday night. You're finally off work and ready to start your weekend with something fun. Here is a list of adult-friendly activities to keep you entertained all weekend!

IFLY INDOOR SKYDIVING

9206 E. Talking Stick Way, 85250

Have you ever wanted to try skydiving, but jumping out of a plane just isn't your thing? That's okay, because Arizona has Ifly, an indoor skydiving experience. Through the science of wind tunnels, you can learn how to fly without having to leave the building. Before you fly, trained instructors will show you the proper techniques and give you the gear you need for an awesome experience. Two flights for one person is $69.95, but there are other packages available if you're ready to fly more!

For more: *iflyworld.com*

AZ ON THE ROCKS INDOOR ROCK CLIMBING

16447 N. 91st St., Suite 105, 85260

Time to test your strength and climbing abilities. AZ on the Rocks is 14,000 square-feet of rock climbing terrain where you can climb to your heart's desire – all the way to the top and back again. First timers must do an orientation to learn how to climb safely, and then it's off to the rocks. If you want to stay on the ground, AZ on the Rocks also offers yoga classes and ninja training (where some of the people from "American Ninja Warrior" train!). Day passes are $25 with gear and $19 without.

For more: *azontherocks.com*

OCTANE RACEWAY INDOOR GO-KARTS

9119 E. Talking Stick Way, 85250

If you have a need for speed, this place is just right for you. Octane Raceway offers a 1/3 mile indoor and outdoor racing track! Once you've registered, grab your gear and head to the track. Races are 14 laps for adults. Once you're done racing, you can immerse yourself in one of their interactive games, such as Zombie Survival, or Singularity, where you explore a secret military research center. In order to race, you must purchase an annual racing pass, which is $7 and includes all your gear for racing. The most popular package is 3 races for $50.

For more: *octaneraceway.com*

ESCAPE THE ROOM AZ INTERACTIVE GAME

7017 E. Main St., 85251

Immerse yourself in a totally different life at Arizona's Escape the Room experience. Once you've found your team, you'll head into one of six different rooms, such as "The Apartment," "The Submarine," or "The Western Bank Heist." From there, you must search for and use clues and find hidden objects to figure out how to get out of the room! You have an hour, so you and your team must work quickly. Tickets are $28-$30 depending on which room you choose.

For more: *escapetheroomaz.com*

SWEET BASIL COOKING CLASSES

10749 N. Scottsdale Road, #101 85260

It's never too late to learn how to cook! Sweet Basil Cooking School has started its fall season, and there are cooking classes available almost every day! Each class will provide a refreshment, apron and class recipes. You'll have all your ingredients handy as well as a teacher who will show you how to whip up a meal in no time. Examples of classes are: The French Baker, Mediterranean Mystique, Thai it On, Oktoberfest, and Noodles of the World. Classes range in price but most are around $60.

For more: *sweetbasilgourmet.com*

THE BRUSH BAR PAINTING STUDIO

4165 N. Craftsman Ct., 85251

No need to have the skill of Van Gogh to attend this painting class! The Brush Bar allows you to choose which painting you want to create depending on the day and the classes held, and then all you have to do is show up. There are instructors at each class to help you paint your picture, as well as all materials included. Plus, your first glass of wine/beer is on the house. You can also bring your own alcohol or drinks in case one glass isn't enough. Then, create your masterpiece! Classes start at $25, but prices range depending on the class.

For more: *thebrushbar.com*





ARCADIA Children's Business Fair

Photos by: Eric Krauss.

Saturday, November 11th, 2017 • 10:00 am to 1:00 pm

Arcadia Park – 56th St. & Indian School

K-8 students take to the 'Hero's Journey' as they test their creativity and business potential

Join families, friends and neighbors and see just how talented our young entrepreneurs are as they unveil their business ideas and present products and services from their customized booths. K-8 students from Acton Academy Phoenix, Hopi Elementary School, Archway Veritas and Veritas Prep Academy will compete for "Best in Class" in various categories.

Music, games and food & drink will also be available so why not join your neighbors and celebrate Veterans Day at this FREE Arcadia event.

Special thanks to Camelback Society for serving our neighborhood and arranging the Arcadia Children's Business Fair.

And say Hello to the Entrepreneurial Judges

This year's judging panel represents some of the best of local businesses and community leaders – as well as your neighbors - and include:

- **Steve Schnall, Phoenix Children's Hospital Foundation**
- **Aaron & Sarah Klusman, AK Holdings**
- **Sam & Emily Fox, Fox Restaurant Concepts**
- **Amanda Belinger, Busy Bees Babysitting**
- **Craig & Kris DeMarco, Upward Projects/Postino**
- **Ryan & Caitlyn Jocque, Original Chop Shop**
- **April Warnecke, AZ Family 3-TV & Mark McClune, CBS-5**
- **Sal DiCiccio, City of Phoenix Councilman –District 6**
- **Rhonda Hoffman, Neighborhood Initiatives Water**
- **Robert & Julie Schiller, Zoyo Neighborhood Yogurt**
- **Robert & Amy Joffe, The Joffe Group**
- **Andrew & Alicia Collins, New Learning Ventures**
- **Steve & Ann Wheeler, HonorHealth**
- **Cody & Erica Knight, The Knight Agency**
- **Scott & Amy Donnell, Apex Fun Run**

For more information and to view videos from previous Fairs, visit

azchildrensbusinessfair.org


Bricks Studio


Mambo Exquisite Dance Company


Pat Smith Dance and Yoga

Kick up your feet at these neighborhood dance studios

By Rachael Bouley

You're never too old to put on your dancing shoes – especially in Arcadia, where several studios that cater to a wide variety of styles and music. Whether you're a seasoned pro or a beginner, there's an opportunity for everyone to hit the dance floor and have a good time.

MAMBO EXQUISITE DANCE COMPANY

6398 E. Oak St.
602-621-1836

Instructors Lawrence and Claudia Garcia may be relatively new to the Valley's salsa scene, but they have already garnered a loyal following for their energetic, upbeat lessons. Their weekly mambo classes are some of the largest in town because so many dancers love their detailed and dedicated instruction, using lead-and-follow technique that helps people of every skill level.

FRED ASTAIRE DANCE STUDIO

3138 E. Indian School Road
602-900-4959

Beginners who think they have two left feet, dancers with years of experience, and everyone in between are welcome at this dance studio, where multiple dance styles are taught in a fun, inviting atmosphere. Fred Astaire offers a full range of Ballroom and Latin dance lessons, with certified instructors who are constantly training and improving. There's private lessons and group classes specializing in Latin-American dancing such as Cha Cha, Paso Doble, Jive, Rumba and Samba. There's also classes for Foxtrot, Waltz, Tango, Viennese Waltz and Quickstep, as well as nightclub dance favorites such as Salsa, Merengue, Hustle and Swing. Fred Astaire specializes in wedding dance lessons for brides and grooms who want to impress their families and friends on the dance floor.

BRICKS STUDIO

4550 E. Indian School Road
602-954-5200

This neighborhood children's dance and cheer studio caters to age six months to 18 years, with tap, jazz and combo classes. There's also a special "Bonding at Bricks" class for moms and dads who want to enjoy a fun class full of singing and dancing with their toddlers, up to four years.

KALEIDOSCOPE DANCE

3925 E. Indian School Road
602-824-8348

Founded by two friends, Kaleidoscope Dance promotes dance as a beautiful form of escape. Adults can enjoy $10 classes and learn from teachers who have led the company to appearances at the 2013 and 2014 Dance in the Desert Festival in Las Vegas and 2013's Arizona's Got Dance!

PAT SMITH DANCE & YOGA

3403 N. Kachina Lane
480-946-9269

Pat Smith first opened her studio in 1973 as a part-time business while raising her family. She studied dance in New York and Arizona, and earned a BA in education from ASU. More than 40 years later, the studio offers children's classes and special group and private lessons for Tap, Ballet and Ballroom couples. Dance classes are recreational and non-competitive, making it a fun and safe place to learn.

ARTHUR MURRAY

1210 E. Indian School Road
602-714-1598

First lesson is free at this studio, where adults can learn to dance and perfect their moves with the help of experienced instructors. No one is too young or too old, as some of the studio dancers are upwards of 70 and still moving and grooving! Arthur Murray promotes dancing as a social activity great for fun and helpful for building confidence, personality and friendships. Lessons are available for styles such as Swing, Salsa, Samba, Rumba, Merengue, Hustle, Cha-Cha, Mambo, Waltz, Tango, Country-Western and more. Couples can take advantage of special wedding classes, preparing for their first dance on the big day!

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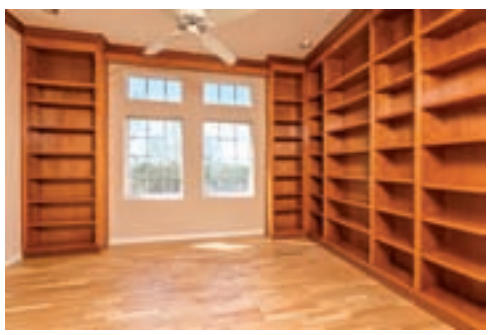
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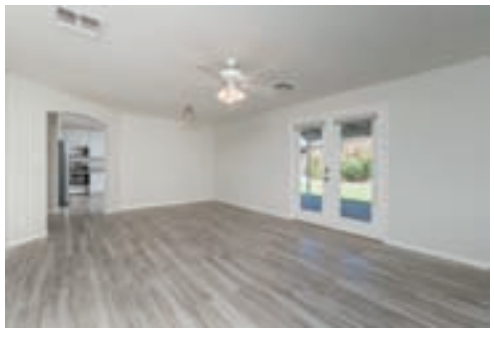
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PHOTOS BY CHRISTINE BURNS AND BOB RUSSELL

BOBCATS IN ARCADIA: What to know about these wild felines

By Rachael Bouley & Nick Smith

Arcadia is known for its safe streets and friendly neighborhoods. But every once in a while, wild animals can make an appearance, sparking both concern and curiosity. This was the case for one local family, who got quite the surprise recently when some unexpected visitors showed up in their Arcadia yard.

"We have a big walled-in back yard," said Tiffany Westlie Pondelik, who lives near 66th Street. "My daughter was looking outside and she saw two baby bobcats playing together. Then all of a sudden, here comes mama bobcat and she took a nap on our trampoline!"

These strikingly beautiful felines made local headlines back in July, when a man and his dog were bitten in an Anthem neighborhood, along with a bystander who stopped to help. While sightings are somewhat rare, bobcats actually make their home throughout Arizona's range of elevations. They more commonly make their way through outskirts of urban areas, where their food sources are more abundant. Twice the size of an average house cat, they typically weigh between 15 to 35 pounds, and feed on birds, rodents and rabbits, as well as small unattended pets, poultry or small livestock. Like other wild animals, they follow the food, and if they are spotted in Arcadia, it's because they have discovered a source of sustenance.

"If you see a bobcat in your yard, it is because they are looking for food," said Amy Burnett, Information and Education Program Manager for Arizona Game & Fish Department. "Many homes in the area have grass in their yard, which brings rabbits. In Arcadia, the citrus attracts roof rats. Rabbits and rats are definitely food for bobcats."

According to the Arizona Game & Fish Department, there is no reason to panic if a bobcat appears, as they rarely interact with or attack people. If a bobcat approaches your home, you may choose to enjoy the unique sighting. But it is important to not let the bobcats become habituated, which occurs when people let bobcats come into their yards frequently without any consequences for the animal. It may seem fun to have a wild animal in your yard, but there's a good chance that things will not end well. Bobcats will over time lose their fear of humans, which may result in aggressive behavior.

"It is important to not tolerate a bobcat in your yard," said Burnett. "If people let the animals stay, and in some cases actually feed them, the bobcats know they can get food without any risk. Once they're in the area, it is not uncommon for small pets to begin to disappear."

The death of beloved family pets is the biggest reason to not let bobcats become habituated to the neighborhood. Small dogs and outdoor cats can easily fall victim to the larger predators, and Arizona Game & Fish receives calls every week from owners who have lost their pets to bobcats and coyotes. An estimated 75% of the wildlife calls to Arizona Game & Fish in the Valley can be linked to nearby community residents who were feeding the wildlife.

Arizona Game & Fish generally does not remove animals unless there is a human safety issue. Because bobcats rarely ever attack humans, solving the problem often falls to actual neighborhood residents.

"It is important to work as a community to discourage bobcats and coyotes from being in the yard," said Burnett. "Scaring them is the best way to keep them out. Make yourself look big and wave your arms, while shouting in a low voice. Make loud noises and bang pots and pans. Bobcats will usually leave immediately if they are scared."

Some other tips to keep bobcats at bay include keeping dogs, cats and other small pets in secured enclosures with a sturdy roof, and feeding them inside rather than outside. Homeowners should also patch any holes or damage to fences, but keep in mind that bobcats can jump up to 12 feet, so a 6-foot-fence may not necessarily deter them if they are attracted to something in the yard. Maintaining trimmed grass and shrubbery will also eliminate bobcats hiding cover, making them less likely to hang out in your yard.

"Seeing wildlife is one of the best parts about living where we do," said Burnett. "But letting a predator stay in your yard is a lose-lose situation."

Maricopa County Animal Control should also be contacted in the rare event that a bobcat appears hyperactive, overly aggressive, or bites a person. As with any wild animal bite, anyone bitten by a bobcat needs to seek immediate medical attention. If you see any bobcat or animal with rabies, please stay away and call 911 or the Arizona Game & Fish Department at 602-942-3000.



BOBCAT FACTS

- Tan with dark spots on coat
- Short tail with black tip on top side
- 15-35 pounds (males are larger than females)
- 18-24 inches tall
- 24-48 inches long
- Mate February to March
- Average litter of two to three kittens, usually born from April to early June
- Kittens stay with the mother seven to 12 months
- Live 10-15 years
- Able to jump as high as 12 feet
- Carnivorous, generally feed on small mammals and birds (includes domestic birds and rabbits); will also eat lizards, snakes, and small pets, including house cats

WAYS TO SHOO BOBCATS



- Make loud noises
- Spray them with a garden hose
- Shout and bang pots and pans
- Throw small stones
- Fill a Coke can with pennies, tape the top, and rattle it loudly
- In most cases, just opening the door will scare away a bobcat

Thanks to Arizona Game & Fish Department (azgfd.com)



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Arcadia area family fall festivities

By Megan Forrester

It's finally nearing time to pull out those cozy knitted sweaters and sip on your pumpkin-flavored coffee. But during this season, it can be overwhelming to choose from a plethora of activities all over the Valley. Fret no more, for here are four festivals in the Arcadia area that are sure to leave you and your family smiling.

BARKOWEEN

4900 E. Indian School Road, 85018

Is your dog not receiving any attention for its Halloween costume? Then join the Arcadia O.H.S.O Eatery and Nano Brewery on October 30 for a chance to let your pups shine all their Halloween spirit. There will be a contest along with prizes for the best-dressed, as well as a professional dog photographer for your furry-friend to strut in their wicked wardrobes. First place receives $45 towards a bath or groom service of choice, so get your best friend's costume ready to become top dog!

For more: *ohsobrewery.com*

ARCADIA NEIGHBORHOOD PICNIC

5002 E. Camelback Road, 85018

No picnic basket required, only your appetite! Come to the Shemer Art Center to participate in G.A.I.N -Getting Arizona Involved in Neighborhoods. Join people from all over Arcadia for with a good, old-fashioned picnic. This family event from 2-5 p.m. includes hamburgers, hot dogs, popcorn, and games while also a chance to meet city officials as well as fire first responders.

For more: *acmna.org*

DIA DE LOS MUERTOS PHOENIX FESTIVAL

300 E. Indian School Road, 85012

Looking to have fun while getting a taste of a southwest tradition? Come to the Steele Indian School Park on October 29 for the Annual Dia De Los Muertos Phoenix Festival, where the theme of the celebration is life. Immerse yourself in the vendor booths of Latino art, while the little ones are decorating sugar skulls, getting their faces painted and enjoying a musical petting zoo. Stay til the end to see La Procesión, where performers join the audience in an unforgettable experience filled with music and dancing, followed by a moment of silence dedicated to ancestors who have passed.

For more: *diadelosmuertosphx.com*



Barkoween



Pumpkin Painting Party

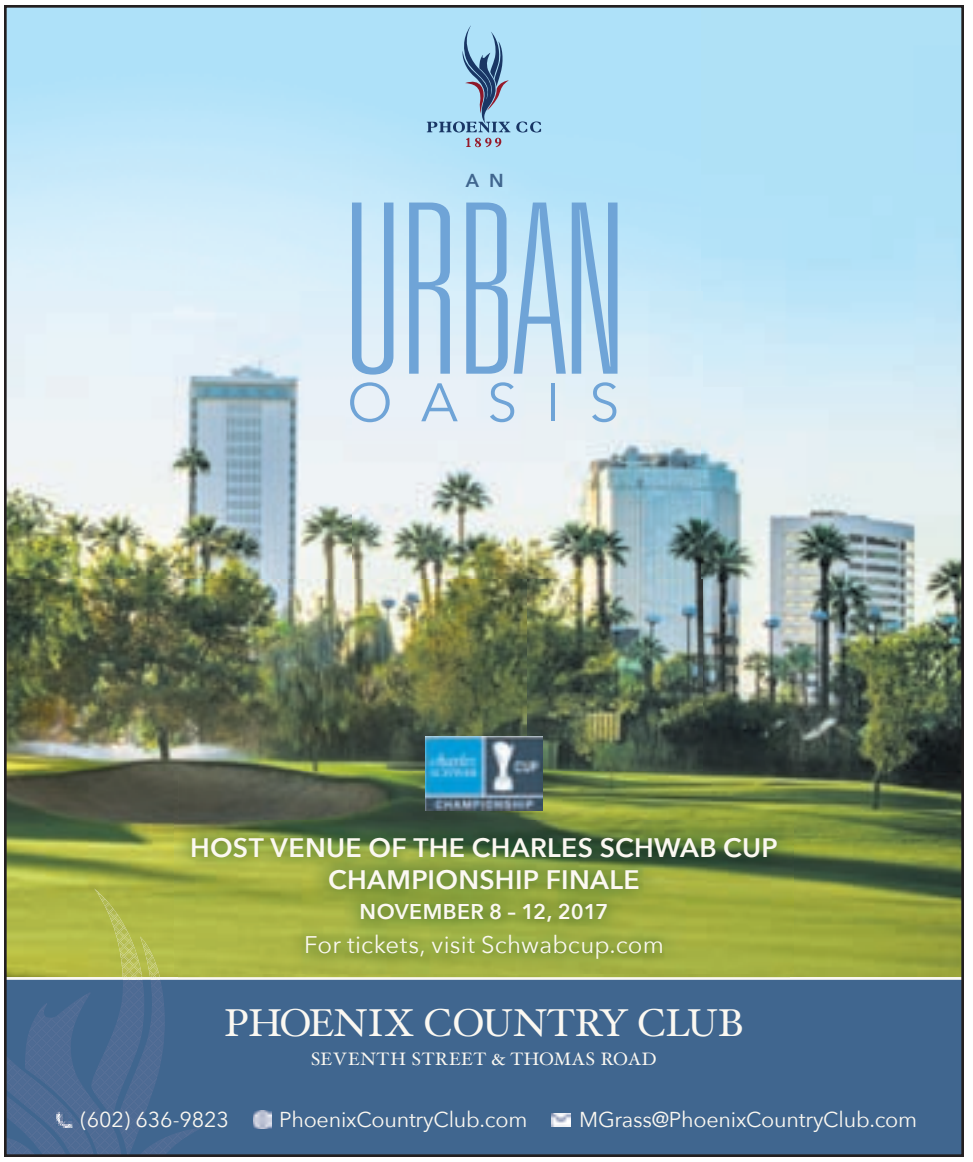
PUMPKIN PAINTING PARTY

4165 N. Craftsman Ct., 85251

Decorating pumpkins just rose to a whole new level. At the Brush Bar in Old Town Scottsdale, come for an open studio on October 22 at 2:30 in the afternoon for painting the key decoration for this season. Bring your own pumpkins and have access to spooky music, festive snacks, and all the painting supplies your Halloween heart desires. Be sure to wear ghostly attire while painting your masterpiece, as costumes are greatly encouraged.

For more: *thebrushbar.com*





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Advantages to growing during fall include fewer insect issues, which makes it easier to maintain a garden, especially if you're growing edible plants. Also, growing in the fall doesn't require as much water as it does during the summer months.

Gardening tips for the fall season

By Mallory Gleich

Summer is coming to an end, but that doesn't mean your garden has to as well. There are a plethora of flowers, herbs, fruits and veggies that thrive during the fall, so get your gardening tools ready. With the help from Berridge Nursery and Arcadia Color Garden, here are some helpful tips for a successful fall garden.

Melinda Walton, who operates Berridge Nursery, says successful fall planting revolves around determining accurate answers to these three questions: Where is the sun, how much are you watering, and do you fertilize?

Once you've decided where you'd like to plant your garden, it is important to gauge how much sun that area gets so you know which plants to plant there.

"If you have an area of your yard that gets morning sun only in October – April, but the same area receives all-day, direct sun in the hot summer months, you need to select a plant that is rated for full sun so it can tolerate the hottest heat of the day," says Walton.

For the cooler September to March season, you'll want full sun for your garden.

"Our sun, in the winter, goes to the south, so planting on the north side of a building or house is not a good idea," said Bruce Solomon from Arcadia Color Garden. "Pick a spot that gets lots of sun so your garden can grow!"

If you're watering indoor or outdoor plants in containers, it's a good idea to water them heavily so that you can see the water come out the bottom. The more soil, the less you have to water the plant, depending on what it is. For the first few weeks, make sure to water your plants frequently.

Fertilizing is based on plant type. You can fertilize monthly or as little as three times a year.

It is important to prepare the soil before planting your garden, especially if you're planting an in-ground garden, which requires more labor than a "raised bed" type of garden.

If you've already got a garden area set up, make sure to till the soil before the fall season and add organic matter and/or manures to ensure successful growth.

"If you're growing in containers, a prepared potting mix or raised garden mix is good," said Julie Moody of Arcadia Color Garden.

If you're a first time gardener, it's important to start small.

"For first time gardeners, I would say to try out container gardening. It's easy and manageable," said Moody. "Starting off with a container garden is a way to ensure that you don't overwhelm yourself."

There are advantages to growing during the fall season as well. There are fewer insect issues which makes it easier to maintain a garden, especially if you're growing edible plants. Also, growing in the fall doesn't require as much water as it does during the summer months.

All right, gardeners! Now that you know what to do, grab your rakes, trowels and spades and get your garden growing!

FALL PLANTING

VEGGIES


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HERBS


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‘Fall’ in love with the beautiful landscapes of Arizona

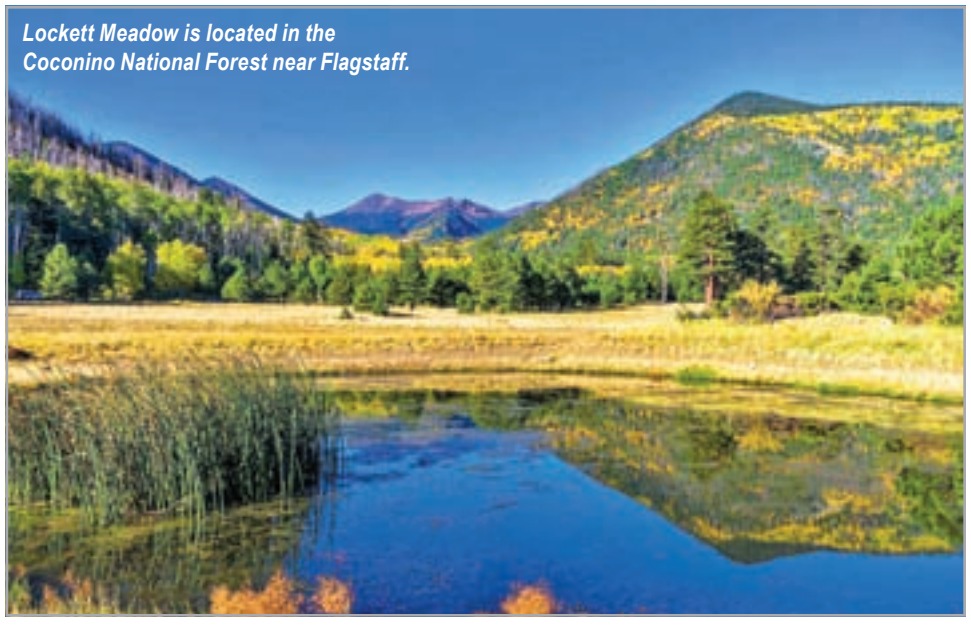
By Robin Sewell



If you’ve lived in the Valley long enough, you begin to notice a little known phenomenon that starts to happen right around this time every year. The hiking trails get a little busier and more people seem to be switching from iced mochas to Starbucks pumpkin spiced lattes. Everyone seems to have a little more pep in their step as we emerge from our extended air-conditioned hibernation. In other parts of the country, they may call this a change of seasons, yet here in Phoenix, I refer to it as a return to double digits.

Although I am not a native, I have called Arizona home for 21 years which I believe gives me the right to fight back when I hear out-of-towners naively proclaim, “Arizona doesn’t have seasons, it’s just a brown, dry desert.” Dry, yes, but lacking in color, wrong! True, folks in places like Vermont, Massachusetts and New Hampshire wake up to a swath of auburn, gold and magenta, whereas we have to take a road trip to experience our version of New England’s fall foliage, but trust me, the destination is worth the journey.

One of my favorite places is Lockett Meadow located inside the Coconino National Forest outside of Flagstaff. At an elevation of 8600 feet, it is one of the best areas to soak in the autumn colors. I don’t know about you but just thinking about my trip north on Highway 17 towards the high country conjures up visions of sweaters, scarves and jackets. Once I arrive, I’m never quite prepared for the cornucopia of pigment that washes over all the majestic aspen trees that are the cornerstone of this meadow. On my first visit to Lockett Meadow, we were there to film a story for Arizona Highways Television about fall in Arizona and to dispel the myth that our two seasons are just summer and construction.



Lockett Meadow is located in the Coconino National Forest near Flagstaff.

I will admit that prior to doing my show, I didn’t do a lot of traveling around our state, so I never gave much thought to whether Arizona did indeed have a winter, spring, summer and fall. However, as I walked around this enchanting white trunk forest capped in greens and gorgeous gold, there was no doubt that what I was experiencing was autumn, not just any autumn, but autumn in Arizona.

As excited as I was about my newfound discovery, I thought that in order to make a compelling argument that leaves do change color in the Grand Canyon State, I must have more than photographic proof from one area, proof that this was not an anomaly. I must find other places in our state where colors are unabashedly bold. Luckily, my crew was up for the task and our search uncovered all I was hoping to find and so much more.

A short drive from Flagstaff is the awe-inspiring red rock country of Sedona. It’s not only the embodiment of beauty and balance but during the months of September and October, Oak Creek Canyon erupts in color from deep burgundy, to terra cotta and honey gold. Further east towards the White Mountains where the elevation can reach 11,000 feet, we couldn’t contain our amazement as we drove through the sleepy mountain towns of Greer, Eager and Alpine. Everywhere we looked, the green was intertwined with those magnificent harvest hues. Of course, I then felt the need to give a little love to our neighbors down south who don’t seem to get as much seasonal attention as our friends in the north. Lo and behold, we discovered some fabulous leaf peeping sites such as Madera Canyon, Mount Lemmon and the Chiricahuas, often referred to as the Grand Canyon of the South or the land of standing up rocks.

So the next time your neighbors brings out their scrapbook full of Maple leaves from their trip to Maine, tell them that for the price of a tank of gas you can experience the full color spectrum and fiery brilliance of fall not far from your own backyard.

— Robin Sewell is the host and executive producer of the Emmy Award winning Arizona Highways Television.





The idea for Maggie May's Arcadia-based business was planted when she was a child.

Discovering the power locked in All The Tiny Pieces

By Elaina Verhoff

Inspiration often comes from unexpected places. For Maggie May, designer and owner of All the Tiny Pieces, a boutique jewelry line of handcrafted designs. The spark came from a broken pearl necklace her grandmother gave her as a child.

So began her passion for jewelry-making. Encouraged by her family, May would look for bead stores on family vacations and her parents would help scout out unique sources for material for her jewelry creations.

As time went on, jewelry-making took a backseat to other things. While working full time on a product development team in 2014, May got the itch to pursue her craft once again, and came up with the concept of All the Tiny Pieces.

The meaning of the unique name?

"We are all tiny pieces! Each stone is one-of-a-kind, just like you and me," May said. "Each design has been created and handmade in my local studio, never produced in a factory. I hunt down the materials all over – down the street and around the globe!"

The stones and crystals carry different meanings and are used for different things, May said. When working with a new stone, she delves into the meaning and properties of the materials.

"I have been using healing stones myself for years and have just recently created a Rainbow Chakra Collection to help others," May said.

The seven pieces in the collection are sold separately, each piece coming with a card providing all of the stone details and benefits.



Maggie May

"The response has been much better than I ever expected," said May. "When I started making jewelry again in 2014, my intentions were to do a show here and there and sell a few pieces on Etsy. I am now running All the Tiny Pieces full time."

And while she says she spends many more hours running her own business than she ever did in her previous corporate position, May wouldn't change a thing.

"I love dedicating my time to my passion and what I love to do most," said May. "I appreciate building my business and making it as successful as it can be."

She also appreciates passionate feedback from customers. May recently made a custom eagle bracelet for a woman who then ordered two matching bracelets for her friends.

"She sent me a thank you card saying she could feel good energy the moment she opened the package," May said. "Her friends loved their gifts and they all wear them to think of one another and their strengths. I posted her card on my office board because it made me feel so good, and we still keep in touch every once in a while."

All the Tiny Pieces jewelry can be found at allthetinypieces.com, on Etsy, at local markets, and at boutiques around the country.







Left: *The Xavier College Preparatory community donated nearly $30,000 to Catholic Charities USA's Hurricane Harvey relief efforts.* ***Center:*** *Madison Highland collected over 220,000 bottles of water for Hurricane relief.* ***Right:*** *Students at Ingleside Middle School have been collecting coins during "Penny Wars" where each class competes to collect the most money to send to victims of Hurricane Harvey.*

Neighborhood schools pitch in to help hurricane victims

By Nick Smith

A sense of helpless horror was felt by Americans across the country over the past several weeks, as hurricanes devastated cities in Texas and Florida. Although the storms have passed, the communities affected are just starting the long process of rebuilding. Several Valley schools have been trying to find ways to help victims of the hurricanes, with students leading many of the causes.

At Xavier College Preparatory, student council officers raised money for Catholic Charities USA's hurricane relief fund by instituting "Buck-A-Sweans Day" at the school. Xavier students usually wear uniforms, but on Thursday, September 7, they were allowed to wear jeans to school if they contributed at least $1 to the hurricane relief drive.

Many students went well beyond a single dollar, collecting donations from parents and neighbors. Students and faculty also filled 10 large boxes with athletic apparel for students in the Houston area. The boxes were added to donations collected by other athletic directors throughout the state.

"Helping those in need is integral to Xavier's mission," said Sister Lynn Winsor, BVM, Xavier's vice principal for activities and athletic director. "Our young women truly answered the call to aid the many people impacted by the recent hurricanes."

At Madison Highland Prep, students began collecting cases of water for victims of Hurricane Harvey. The goal of the relief fund was to collect more than 100,000 bottles of water, but the donations blew past that, surpassing the 220,000 mark in late September. Student body officers worked with the American Red Cross in Phoenix to get the water to locations where it was needed most. Donations could be dropped off at Madison Highland Prep in Phoenix, or at Highland Prep in Surprise.

"Potable water is scarce following an event of this magnitude," said Tim Kane, a history teacher at Highland Prep in Surprise, who helped organize the relief effort with students. "This is a once-in-a-lifetime event, and we want to help students look at things bigger than themselves."

Students at Ingleside Middle School have also been doing their part to help. The school has been taking part in "Penny Wars" where each class competes to collect the most cash to send to hurricane victims. Lauren Ohanesian, a science teacher who is a survivor of Hurricane Katrina, adopted a first-grade classroom at Mauriceville Elementary School in Orange, Texas, a suburb of Houston. She is helping to collect gift cards and pencils for the school.

"I think the relief efforts have been absolutely amazing," said Erin Alaimo, director of marketing and public relations for Xavier. "These are the students who are going to become our leaders, and it is so encouraging to see how many of them have good hearts that are backed with can-do attitude. It really instills a great deal of hope for the future."

October means farmers market season

By Elaina Verhoff

October is here! Soon the summer heat will be a distant memory, and our days will be filled with fun fall favorites like pumpkin-spice lattes, driving with the windows down, lacing up our hiking boots, weekend outings on beach cruisers and Saturdays at the farmers market. Here's everything you need to know about some of our favorite markets, opening soon!

OLD TOWN SCOTTSDALE FARMERS MARKET

Opening Day: Saturday, October 7
Location: 3816 N. Brown Ave., Scottsdale
Hours: October - May, Sat., 8 a.m. - 1 p.m.

This market has something for everyone. It might take you a while to work your way through everything the Old Town Scottsdale Farmers Market has to offer. From fresh organic McClendon's produce to hot and ready-to-eat prepared meals, to soaps, dog treats, flowers, cheeses, breads and pastries, it's hard to think of anything you can't find at this popular dog-friendly market.

UPTOWN MARKET

Opening Day: Wednesday, October 4
Location: 5757 North Central Ave., Phoenix
Hours: October - April, Sat. & Wed., 9 a.m. - 1 p.m.

If you're looking for family-friendly fun, this is the market to try. You'll love the selection of fresh produce, including McClendon's Select and more. The kids will love the breakfast burritos, bouncy house and listening to live music. Vendors may change from Wednesday to Sunday, so check the website at uptownmarketaz.com before grabbing your market bags and heading over.

THE CAMELBACK MARKET AT VINCENT'S

Opening Day: Mid-October (date TBD)
Location: 3930 East Camelback Road, Phoenix
Hours: October - May, Sat. 9 a.m. - 1 p.m.

This European-style market is the place to go if you want to enjoy delectable dishes like made-to-order omelets (big enough to share, but your kids probably won't want to), banana and Nutella-stuffed crepes and perfectly pressed panini, while watching the world go by. Bring your pup and meet your friends. Pop a bottle of bubbly, or grab a fresh cup of coffee and have a decadent, leisurely morning chatting and feasting. Pick up some warm, buttery croissants and pastries, fresh vegetables, and French delights like linens and soaps.

SINGH MEADOWS

Opening Day: Mid-October (date TBD)
Location: 1490 E Weber Dr, Tempe
Hours: October - May, Sat. & Sun., 7a.m. - 1p.m.

A newcomer to the local market scene, Singh Meadows is the latest project from Ken and Lee Singh of Singh Farm. Located behind Big Surf Water Park on the land that was once the Rio Salado Golf Course, Singh Meadows is now a 72-acre farm, farmers market, cafe and juice bar. While the café menu changes from week to week, the creative selections are sure to tempt. Lemony hummus, chimichurri-topped meatless meatballs, arugula, mozzarella and beet salad, and fresh breads and pretzels are some of the inventive dishes you can buy and take home, or spread out on a blanket to enjoy a picnic in the meadow. A variety of fresh produce is also available.





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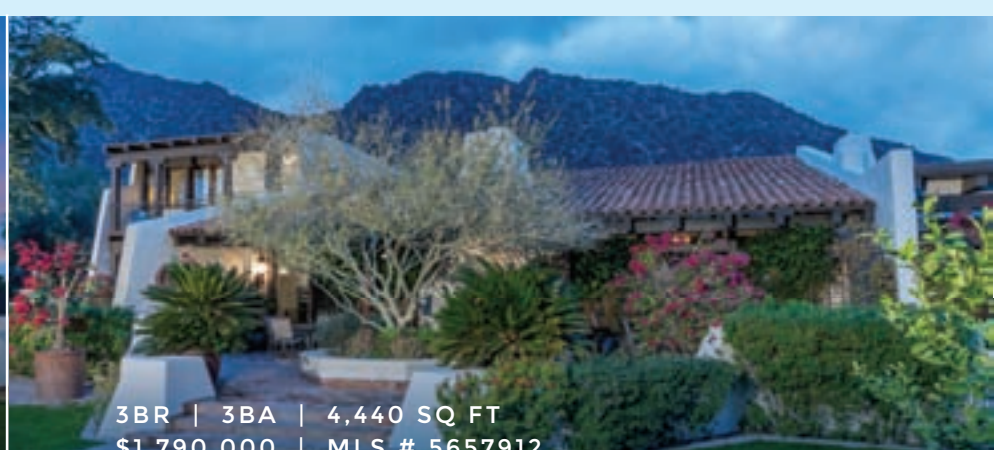
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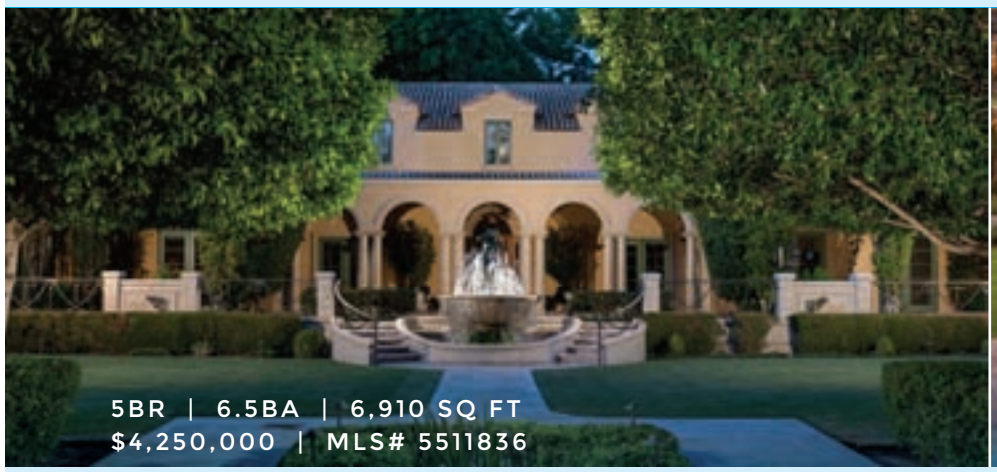
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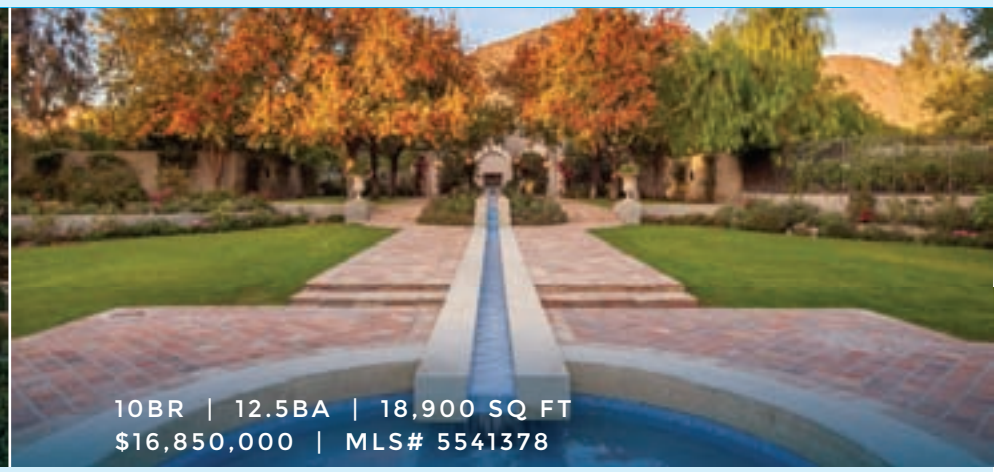
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HELIO BASIN BREWERY

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By Nick Smith

With the fast-moving revamping of so many Arcadia shopping plazas, it is easy for places to get lost in the shuffle. Locals who drive past the southwest corner of 40th and Thomas may not realize that there is an actual brewery in their midst, right across the parking lot from Planet Fitness.

Helio Basin Brewery opened last August and has already garnered a following in the area. The most noticeable element of the brewery is how large a space it is. It is hard to imagine a scenario where any group of people would have trouble getting a table at Helio. The beer brewing equipment is visible on the back right side of the restaurant and board games are laid out for visitors to play in the room on the left side.

At Helio, the food and beer appear to hold the same level of importance to the staff, with attention to detail given to both. The design is actually for the two to go hand in hand, with a suggested beer pairing set next to each offering on the menu.

The menu clearly aims for a southwest angle, with Arizona ingredients littered across almost every dish. Helio's signature appetizer is a Seared Banana Cornbread and it's easy to see why. The cornbread is baked until the bottom and top parts are crispy, with a cracked pepper honey butter adding to the sweetness of the bananas. One of the most unique items on the menu is the Sopressata Chips. A kind of Italian dry salami, the chips are very crisp and covered with crusted sesame seeds. The seasoning is spicy on these, and the jalapeno pepita dipping sauce surprisingly ends up giving a cool balance to the heat.

The main courses are full-on meals, so diners need to be hungry when they order. The Helio Bowl is a protein dish filled with hand-selected vegetables and greens, tepary beans, wheat berries and a toasted chili sauce. The raw vegetables do a good job of texturally complimenting the beans, keeping the dish from being mushy. A sunny-side-up egg is laid on top, adding some desired richness, and a protein can be added as well. Tri-tip and chicken are available, but the adventurous choice is the wild game sausage, which changes depending on the season. Elk is the current listing, and the flavor is unique without being overly gamey. Helio will warn you that the chili sauce for this is very spicy and they aren't kidding. Other dressing options are available for those who aren't up for the risk.

Tacos and hot dogs are familiar staples for bar food, and Helio has a unique take on both. Coffee-Rubbed Tri-Tip tacos include onions, jalapeno, menonita cheese and mustard-balsamic mushrooms. If you order the Sonoran Dog, you will not be eating it with your hands. It's a mountain of food, the dog itself almost completely hidden under a smothering blanket of smoked bacon, pickled fresnos, onions, pico de gallo, mustard, duckfat beans, jalapeno pesto, cotija and creama, all held in a fresh bolillo roll.

The beers are the main event for most people attending a brewery. Helio offers both core beers, which aren't leaving the menu, and seasonal ones. Of the core beers, the Blackberry Wheat and Hoppy Amber stand out. The Blackberry Wheat has a clean body, with the fruit flavor coming across very subtly. This one pairs very well with the Seared Banana Cornbread. The amber instantly gives off strong caramel notes, with hints of toffee and citrus. Those who think they don't like amber beers might want to give this one a shot. The beers here are very reasonably priced and beer flights are offered to those who want to sample more than one. The six flights are presented on a wooden board in the shape of Arizona, reminding visitors that for both food and drink, the unique elements of our state is the theme that runs throughout.





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Arcadia News 25th Anniversary Feature

What you want, Hambone?

***Publisher's note**: As part of our anniversary celebration throughout 2017, we will re-print some of our favorites from the past 25 years. These specials are identified with our "25th Anniversary Feature" banner at the top of the page.*

This "SUWAT" was originally published in July 2009.

By Greg A. Bruns

It's funny what your brain is willing to let stick on the wall up there. When I was about 8-years-old, my then 4-year-old brother and I were waiting in the kitchen for our Dad to make us some popcorn for movie night. This was before microwaves, so Dad was loading up a popcorn maker. For those who don't know what a popcorn maker is: it's an electrical appliance that take up a lot of room, due to the large popping area that doubles as a serving bowl. Dad had poured in the oil, the corn, and was putting on the top of the contraption when we stopped him.

"Let's pop with the top off, so we can catch it in our mouths as it flies through the air," I yelled.

My brother jumped on board the bad idea train immediately, so my Dad was faced with not one, but two whiny kids making a messy request. It was probably 6:00 p.m., and I'm sure Dad was counting down the minutes to bedtime. I'm sure he was exhausted too, for as a father myself now, I know that getting to the end of the day can tax any man.

"Nooooo," Dad sighed. "We're not doing that."

Instantly, the mood in the room soured. My brother saw the look on my face and attempted to duplicate it: Sadness. Powerlessness. There was a moment of silence, as I tried my best to harness my disappointment and shape it into words.

"When *I* have kids," I said, looking up with squinted eyes, to signify the amount of concentration I had put into this, "I'm going to let them do fun stuff like that *all the time*."

"Yeaaaaah," my brother chimed in, in a low voice.

"We're going to eat popsicles *for breakfast!* And popcorn will be flying *all over the house*!" I shouted.

"Yup!" my brother affirmed.

So, I'd like this column to serve as my Official Apology to my Dad. I don't know if he remembers that moment like I do, but now that I've got my own little guy, I get it. Sorry about all that. Popcorn all over the house – pfffffttttt.

That was over 30 years ago, yet I can vividly recall that summer evening in that

STRAIGHT UP with a TWIST

Indiana kitchen. For some reason, my brain has left that memory completely intact. So, I am trying to use that image as the foundation of all my childhood memories, in an effort to be a better parent.

There was a lot of egregious behavior in my childhood, teenage and young adult years. I spent a lot of time "in trouble" through that era. I may be making a serious mistake by substituting Hambone† for myself in some of those memories. Hambone is my "mini-me" and some of his flashes of temper and attitude are totally me. When I put Hambone in those memories (e.g. starting a fire in an apartment complex trash dumpster) it nearly paralyzes me with fear that the kid isn't going to live to see double digits.

I'm sure I'm not alone on this, but one of the most difficult things I am always combating as a father is the hypocrisy. When Hambone goes into a volcanic rage because he didn't get something he wants (say, a popsicle), I have trouble disciplining the behavior.

I want to say, "I understand your pain. I would scream like that too, but let's see if we can be quiet for a while so we can juke Mommy and sneak some popsicles out of the refrigerator in the garage."

I usually deliver an empathetic line like, "Yeah, it's just rotten, buddy, it's going to be like this your entire life until you move out of here."

"Hey! – let's go swimming," I say with a big exaggeration of the arms, hoping for a distraction.

Hambone has yet to let me know how much better he is going to be as a Daddy. I'm sure he already has some ideas brewing. He will probably come up with some kind of soft ice cream and hot fudge delivery system that runs uninterrupted through a complex sub-freezing food trough that snakes its way through every room in his house. He's almost four, so the good thing is we've got many more years to get all that stuff out and on the bargaining table.

I look forward to the discussions – because I have some ideas of my own that require further exploration, namely the fully automatic maraschino cherry rifle with 100-round magazine, which we will expect "Poppie" (my Dad) to wield.

† To prevent preschool ostracizing, this is the name our first son has been given for this column.

— Greg can be reached here: greg@arcadianews.com.





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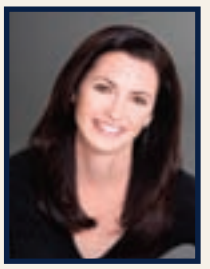
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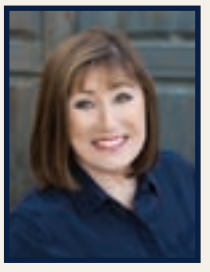
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KIDS CORNER

HALLOWEEN ORIGINS: It is widely believed that many Halloween traditions originated from Celtic harvest festivals that may have pagan roots, particularly the Gaelic festival Samhain, and that this festival was Christianized as Halloween. Some academics, however, support the view that Halloween began independently as a solely Christian holiday.

HOW BIG?

1,810.5 lbs

The largest jack-O'-lantern was carved by Scott Cully in Bronx, New York, on October 30, 2010. The pumpkin is also the record holder for heaviest pumpkin.



HOW LONG?

3,564 feet

The Haunted Cave in Lewisburg, Ohio. *Guinness World Records* has named it the world's longest haunted house. Even spookier: It's located 80 feet below ground in an abandoned mine.



HOW MUCH?

$7 Billion



Trailing only Christmas, Halloween is the second-largest commercial holiday in America. In 2015, consumers spent $7 billion on Halloween festivities.



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ARCADIA NEWS

KIDS CORNER

FUN FACTS ABOUT HALLOWEEN



Jack-O'-lanterns were once made out of turnips, beets and potatoes — not pumpkins.

Originally, you had to dance for your "treat."

Halloween is more Irish than St. Patrick's Day.



In a few American towns, Halloween was originally referred to as "Cabbage Night."

The moniker "Halloween" comes from the Catholics.



A full moon on Halloween is extremely rare.

One quarter of all the candy sold annually in the U.S. is purchased for Halloween.



The majority of children (50%) prefer to get chocolate in their trick-or-treat bags on Halloween. Only 10% prefer gum, while 24% prefer candy that isn't chocolate.

HALLOWEEN SEARCH

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Group puts their sewing efforts toward helping foster kids

By Laura Cafiso

Not all heroes wear capes as evidenced by Adriane Grimaldi who started Sewing Project to Help Foster Kids (SPHFK). Her grassroots organization sews duffle bags for children, using pillow cases and material with fun, kid-friendly prints such as butterflies, basketballs and ruby red slippers a la the Wizard of Oz. These bags are then gifted to children entering foster care, a welcome alternative to the standard black trash bags that are provided to them.

A former foster parent, Grimaldi noticed when her first foster sons showed up at her door with their belongings packed in black plastic bags. This small, yet significant, detail impacted her immensely.

"Personally I just thought that was wrong. It was a message that it sends to these children… that they're not important, their belongings are not important," Grimaldi said.

Every day in Arizona 34 children enter the foster system.

"Most children come into foster care with little more than the clothes on their back or what they can carry in a trash bag," according to Arizona Friends of Foster Children Foundation.

From 2004 - 2014, Adriane and her former husband fostered six sets of brothers, she said. In 2008, Adriane thought of transforming pillow cases into duffle bags for the children. From there her idea grew



(left) Adriane Grimaldi, founder of SPHFK, shows off her favorite butterfly pillow case bag, while volunteer Yadira (right) brings her own sewing machine to make pillow cases.

wings, as she shared it with others.

Like any volunteer-led project, SPHFK is boosted by the assistance it receives from volunteers. High school students, grandmothers and fathers all over the Valley sew bags at home, school, and church. Most days, Grimaldi has a steady supply of bags, material, cording for drawstrings and even stuffed animals dropped off on her front porch.

On the third Saturday of the month, September through May, she leads SPHFK's monthly sewing day, at Scottsdale's Granite Reef Senior Center. The room is scattered with already sewn emoji-printed pillowcases, 100% cotton material with brightly colored Disney characters, waiting to be cut into pieces, and metallic cording for drawstrings. From 9 a.m. to noon, anywhere from 10-25 volunteers sew, count, sort bags, and socialize. Other community members drop off bags they've already sewn.

September's meeting included Yadira and her son Fidel from Laveen. They've been volunteering for this project for six years.

"If we cannot help with money, we have time..so we can still do something to help," Yadira said.

Fidel, now a high school senior, sews, strings the bags and cuts material.

"Just for Adriane to share what these pillowcases have been doing for the kids... to know that...it melts my heart," Yadira said.

Even though Adriane has grown her volunteer base, she remains the point person, dropping off finished bags to benefit children served by Catholic Social Services, Child Crisis Arizona; and the Arizona Department of Child Safety (DCS - formerly Child Protective Services or CPS).

"My motto is anything's better than a trash bag. So even though the sewing's crooked or it's got the wrong color thread, the kids love it because it's something that somebody made for them," Adriane said.

In the last nine years, Grimaldi and her volunteer recruits have sewn just over 20,000 pilowcase bags.

Adriane is indeed a hero for foster children. Her "little idea" has made a tremendous impact. SPHFK's colorful soft "suitcases" soften the journey for children leaving their homes traveling to foster care.

If you would like to volunteer, contact Adriane at 480- 489-1052 or email her at sewingprojectaz@outlook.com.

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Early Childhood Center invites you to an
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12:00 to 2:00 PM

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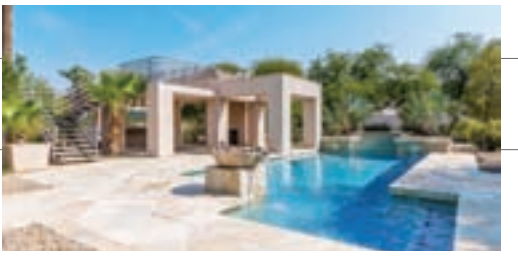


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3 BEDS | 3.5 BATHS | 1,800 SF | $555,000

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3 BED | 2 BATH | 1,752 SF | $485,000

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Five unique workouts to help you stay fit this fall

By Michelle Donati-Grayman

Summer might be over, but many Arizonans are committed to breaking a sweat all year long.

Boutique fitness studios have supplanted traditional gym memberships for many. These studios offer a personalized experience ranging from personal training to small group circuit training. They are the fastest growing segment of the fitness industry.

It's hard to keep up with the growing number of studios popping up across the Valley. Here are five classes to consider the next time you're looking to switch up your fitness routine.





Left: *Women will throw more than 1,000 punches during each 45-minute workout at Jabz Boxing.* ***Right:*** *There are no set class times at Simply Cardio. Clients can walk-in anytime during business hours and complete the 30-minute workout.*

SCORPIUS DANCE THEATRE

Scorpius Dance Theatre offers an artistic workout with its aerial silks classes. Teens and adults can opt for the beginning/intermediate class that focuses on basic climbs, knots, spotting and posture, as well as different poses and transition sequences. Classes are taught by the studio's professional performers and are designed to build strength, improve balance and increase flexibility. The workout is suitable for all fitness levels, and is great for anyone who is up for a challenge and wants to learn something new. A class for kids and young teens (ages 8 through 15) is also available. Classes are $26, but you can save $5 by registering online in advance. Visit: scorpiusdance.com.

JABZ BOXING

Jabz workouts are specifically designed for women, combining boxing, agility and core work and strength training. The workouts change daily and exercises can be modified to meet the needs of clients, from those who have never worked out before to elite athletes. Classes are limited to 16 clients, so women get the individual attention they need from certified trainers, while throwing more than 1,000 punches during each 45-minute workout. The studio prides itself on not only being a gym, but a community of women empowering other women. New clients can sign up online for a free week or pay $34 for a month of unlimited classes. Visit: abzboxing.com.

SIMPLY CARDIO

This super-efficient studio offers circuit training that packs cardio, core and strength training exercises into a 30-minute class. Each workout is led by a certified coach who guides, modifies and motivates clients throughout the compact class. Unlike most studios, there are no set class times at Simply Cardio. Clients can walk in anytime during business hours and complete the 30-minute circuit. The studio also offers Simply Stretch, a one-on-one stretching session that promises to improve posture, flexibility, muscle soreness and muscle recovery. Memberships start at $59 per month. A free 2-day trial is available for new clients. Visit: simplycardio.com.

MACCABEES KRAV MAGA

Developed for the Isreali defense forces, Krav Maga is a hybrid tactical self-defense system that features techniques from boxing, wrestling, aikido, judo and karate. It has real world applications, as it teaches students to defend themselves against weapons and multiple attackers. Krav Maga requires no prior martial arts training and promises students a total body workout that includes cardio and strength training. A free trial class is available for new clients. Monthly memberships are $99 each. The studio also offers classes for children. Visit: phoenixmartialartsschool.com.

THE BAR METHOD

The barre technique is a combination of isometrics, interval training, dance conditioning and physical therapy that reshapes muscles, improves posture and builds confidence. The Bar Method offers classes for all fitness levels, from those new to working out to competitive athletes. The studio features a fully stocked locker room and childcare during select classes to accommodate parents and busy clients heading to and from work. A variety of class packages and memberships are available. New clients can take 30 days of unlimited classes for $99. Visit: phoenix-arcadia.barmethod.com.





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AWAY						
1	2 LA 6:40	3 LA 6:40	4 LA 12:40	5 STL TBD	6	7 STL TBD
8 STL TBD	9 SF TBD	10 SF TBD	11 SF TBD	12	13 LA TBD	14 LA TBD
15 LA TBD	16	17 SF 6:40	18 SF 6:40	19 SF 6:40	20 SD 6:40	21 SD 5:10
22 SD 1:10	23	24 PHI TBD	25 PHI TBD	26 PHI TBD	27 WAS TBD	28 WAS TBD
29 WAS TBD	30 LA 6:40					

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
		1 LA 6:40	2 LA 6:40	3 LA 12:40	4 HOU 6:40	5 HOU 5:10
6 HOU 1:10	7	8 LA TBD	9 LA TBD	10 WAS 6:40	11 WAS 6:40	12 WAS 5:10
13 WAS 1:10	14 MIL 6:40	15 MIL 6:40	16 MIL 12:40	17	18 NYM TBD	19 NYM TBD
20 NYM TBD	21 MIL TBD	22 MIL TBD	23 MIL TBD	24	25 OAK TBD	26 OAK TBD
27 OAK TBD	28 CIN 1:10	29 CIN 6:40	30 CIN 6:40	31		

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
					1 MIA 6:40	2 MIA 7:10
3 MIA 1:10	4 SF TBD	5 SF TBD	6 SF TBD	7	8 COL TBD	9 COL TBD
10 COL TBD	11 PIT 6:40	12 PIT 6:40	13 PIT 12:40	14 NYM 6:40	15 NYM 6:40	16 NYM 7:10
17 NYM 1:10	18 LAA TBD	19 LAA TBD	20	21 PIT TBD	22 PIT TBD	23 PIT TBD
24 PIT TBD	25 MIA TBD	26 MIA TBD	27 MIA TBD	28 MIA TBD	29 SF 6:40	30 SF 7:10

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
1 SF 1:10	2 STL 6:40	3 STL 6:40	4 STL 6:10	5 SD 6:40	6 SD 6:40	7 SD 7:10
8 SD 1:10	9	10 COL TBD	11 COL TBD	12 COL TBD	13 ATL TBD	14 ATL TBD
15 ATL TBD	16	17 ALL-STAR GAME	18	19	20 COL 6:40	21 COL 5:10
22 COL 1:10	23 CHI TBD	24 CHI TBD	25 CHI TBD	26 CHI TBD	27 SD TBD	28 SD TBD
29 SD TBD	30 TEX 6:40	31 TEX 12:40				

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 SF 6:40	3 SF 6:40	4 SF 5:10
5 SF 1:10	6 PHI 6:40	7 PHI 6:40	8 PHI 12:40	9	10 CIN TBD	11 CIN TBD
12 CIN TBD	13	14 TEX TBD	15 TEX TBD	16 SD TBD	17 SD TBD	18 SD TBD
19 SD TBD	20	21 LAA 6:40	22 LAA 6:40	23	24 SEA 6:40	25 SEA 5:10
26 SEA 1:10	27 SF TBD	28 SF TBD	29 SF TBD	30 LA TBD	31 LA TBD	

SEPT

SUN	MON	TUE	WED	THU	FRI	SAT
						1 LA TBD
2 LA TBD	3 SD 5:10	4 SD 6:40	5	6 ATL 6:40	7 ATL 6:40	8 ATL 5:10
9 ATL 1:10	10 COL TBD	11 COL TBD	12 COL TBD	13 COL TBD	14 HOU TBD	15 HOU TBD
16 HOU TBD	17 CHI 6:40	18 CHI 6:40	19 CHI 6:40	20	21 COL 6:40	22 COL 5:10
23 COL 1:10	24 LA 6:40	25 LA 6:40	26 LA 6:40	27	28 SD TBD	29 SD TBD
30 SD TBD						

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Zipps Sports Grill

Sports bars for the non-home team crowd

By Laura Stoddard

So, you aren't an Arizona Cardinals fan (or maybe they're not your favorite team) but you still want to go out and enjoy some football in a fun, high-energy culinary establishment with other sports lovers. The question is, where in this great expanse of Big Red country, can you go to root on your preferred team without feeling like a sheep wandering into the lion's den?

We did some research and found some neighborhood restaurants and bars that attract certain fan bases. Your team may not be listed at any of these locations, but of course, they assured us that *all* fans are welcome.

HALF MOON WINDY CITY SPORTS GRILL

2121 E. Highland Ave, 85016
Open Daily: 11 a.m.-2 a.m.
Fan Following: *Chicago Bears, Florida, Alabama*

A fantastic place to watch sports, thanks to the plethora of TV screens of every size around the restaurant and bar. Expect lively crowds, quick, attentive service, and reasonably priced eats and drinks here. It's modern, clean, and spacious, and includes a large back room that can be booked for private parties or game viewings.

ARCADIA TAVERN

4801 E. Indian School Road, 85018
Mon-Sat: 11 a.m.-10 p.m. & Sun: 11 a.m.-8 p.m.
Fan Following: *Chicago Bears, Pittsburgh Steelers*

This is a cozy neighborhood restaurant for diners of all ages. Expect comfort food, like meatloaf and nachos, at decent prices, delivered with a smile. Fans here are very enthusiastic, so prepare for some passionate spectators. A dining area completely separate from the bar is available for those not necessarily interested in the game, but both are spacious. Be aware that parking is very limited here, but free valet is offered.

THE ATTIC ALE HOUSE

4247 E. Indian School Road #102, 85018
Days and hours vary
Fan Following: *Philadelphia Eagles, Green Bay Packers, Oakland Raiders*

This trendy, perfectly positioned gastropub sits just west of the very up-and-coming corner of Indian School and 44th Street, just above Sacks sandwich shop. The interior dining space and bar top are relatively small, but the views all around, especially out on the patio, make up for it. Unobstructed views of Camelback Mountain take any brunch, happy hour, or game here to the next level.

BREAKROOM BAR AND GRILL

4729 E. McDowell Road, 85008
Open Daily: 10 a.m.-2 p.m.
Fan Following: *Michigan*

This is your basic, no-frills neighborhood sports bar. Expect lots of pool tables, dart boards, and TVs. It attracts a more mature crowd, as opposed to families, but still feels welcoming and relaxed. When it gets busy, the bar and small dining area get pretty tight, but there's plenty of room around the pool tables and other game areas. Expect tons of University of Michigan pride and hearty, inexpensive eats in a place considered to be many people's favorite dive bar.

MAX SPORTS GRILLE

7134 E. Thomas Road, 85251
Open Daily: 11 a.m.-2 p.m.
Fan Following: *Nebraska, Green Bay Packers*

A roomy interior and clean decór welcome you to this sports bar and with so many TVs, any seat could be considered the best seat in the house. Inexpensive, hearty pub fare (try the Wisconsin favorite cheese curds), and a fun, welcoming atmosphere make this a great choice for getting your game face and grub on.

ZIPPS SPORTS GRILL

3647 E. Indian School Road, 85018
Open Sun-Thu: 11 a.m.-12:30 p.m. & Fri-Sat: 11 a.m.-2 a.m.
Fan Following: *Mixed Bag*

Zipps is a favorite haunt of sports lovers, thanks to dozens of large TV screens that can be seen from pretty much anywhere in the restaurant. Obviously, a lot of Cardinals fans come here, but you'll see every logo and color of jersey during football season. They offer inexpensive food and drink options (the wings get high-praise), in an airy, welcoming space.



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Local breweries break out seasonal brews

By Mallory Gleich

Yes, Halloween is at the end of the month, but we mustn't forget October's other holiday: Oktoberfest! In honor of the German celebration, here are six autumn brews that you can enjoy to celebrate the season.

PUMPKIN PORTER

Four Peaks

1340 E. 8th St. #104, 85281

The Four Peaks brewery, located in a historic building from the 1800s, boasts a multitude of brews. Staples include Hop Knot, Kilt Lifter and Peach Ale, but once the fall season hits, the brewery breaks out Pumpkin Porter, a dark, rich beer made from all things pumpkin pie. Nutmeg, allspice, clove and ginger combine to make one of Four Peaks' most popular beers.

ABV (alcohol by volume): 5.1%

RICE PUDDING PORTER

Huss Brewing Company

100 E. Camelback Road
Suite 160, 85283

Huss Brewing Company just opened its newest location in Phoenix, which is perfect timing to try out its Rice Pudding Porter. Made with a mixture of vanilla beans, brown rice syrup, cinnamon, nutmeg and cloves, this beer finishes with a white chocolate taste that will make you think of the holidays!

ABV: 5.1%

HOLLOW PUMPKIN AMBER

Peoria Artisan Brewery

10144 W. Lake Pleasant Pkwy., 85382

The Peoria Artisan Brewery boasts a few different brews for the fall season, but you won't find this beer on tap in August or September. No, this beer comes out in October, just in time for Oktoberfestivities! This amber beer is brewed with ginger, all-spice, nutmeg and cinnamon, with hints of pumpkin and yam.

ABV: 6.8%

FALL FEST MARZEN

Mother Bunch

825 N. 7th St., 85006

This beer will definitely help you get into the holiday spirit. Heavier than your pale ales, this beer could be described as an amber or red. It's a German -style brew with a full-bodied taste and just a hint of caramel. If you like malt brews, this is the one for you.

ABV: 6.2%

OKTOBERFEST LAGER

SanTan

8 S. San Marcos Place, 85225

SanTan is one of Arizona's most popular and well-known breweries, and it knows how to keep the holiday spirit going with an Oktoberfest brew. This is a German-style lager with a touch of caramel malt, special roast and wheat from Munich and Vienna. The season for this beer ends in October so make sure you grab one before the end of the month.

ABV: 5.5%

OKTOBERFEST LAGER

SunUp

322 E. Camelback Road, 85012

Tapped at the beginning of September, this is one of SunUp's best sellers for the fall season. This beer is purely German, made from bready and herbal-spiced Hallertau hops straight from the motherland. It's a sweet, malty and hop-crazy beer that goes perfect for the name it boasts!

ABV: 6.3%

SAGE THYME ENGLISH PALE ALE

The Perch Brewery

232 S. Wall St., 85225

The name is a mouthful, but so is this beer! Made from a sage and thyme mixture, one sip will have you wishing for Thanksgiving. The herbs are mixed with English Golden Promise Malt and Fuggles hops to give it a strong flavor that finishes deliciously.

ABV: 5.7%







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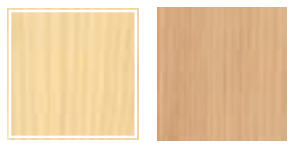


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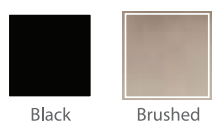
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Volleyball player makes most of high school career

By Rachael Bouley

Ambition and a desire to do her best drive Trinity Cavanaugh to give it her all on and off the volleyball court. As a junior at Xavier College Preparatory, Cavanaugh has to balance her school work with her budding volleyball career.

She plays on Xavier's varsity indoor and beach volleyball teams, dedicating time and energy to a sport that captured her heart at age 12.

"For indoor, I love being on a team and creating close relationships with my teammates," Cavanaugh said. "For beach, I love the close bond I form with my partner, as well as the free atmosphere and the mastery of all skills."

A two-time beach volleyball state champ, Cavanaugh credits Xavier volleyball with introducing her to some of her best friends. As a freshman, she was able to participate in varsity practices, where she got to know some of the upper classmen who took her under their wings.

"My favorite memory from indoor volleyball is when I got to give two of my favorite seniors their senior speeches. I grew so close to these two seniors during my freshman and sophomore years, and I'm so glad I got to give a tribute to them," Cavanaugh said.

Cavanaugh believes that volleyball has taught her many valuable lessons, including how to be a supportive teammate and overcome setbacks. One of these challenges is effectively balancing school and sports, as she strives to maintain her 4.0 GPA. "With practicing six days a week for indoor volleyball, AP classes, hours of homework, and SAT/ACT prep, it is a lot to handle," said Cavanaugh.

With two more years at Xavier, Cavanaugh aims to make the most of it, further developing her skills as she seeks a spot at a top division I program for beach volleyball. She hopes to repeat a trip to the state championships. Last year, she and her beach volleyball partner took home the winning trophy.

With these memories as inspiration, she looks ahead to this year with her eyes on the prize.

"My goals for both indoor and beach volleyball this year is to take home that state title. If Xavier beach wins again this year, we will maintain our undefeated legacy and win our seventh straight state title," Cavanaugh said.



Trinity Cavanaugh

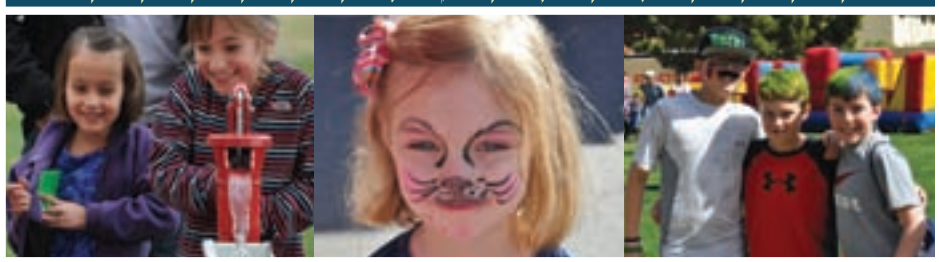
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Arcadia swim captain Matthew Schlenker exemplifies dedication

By Mallory Gleich

Getting up at 4:40 in the morning is not how most people want to start each day, but for Matthew Schlenker, it's a vital part of his routine.

Schlenker is a senior at Arcadia High School and has been swimming since he was a boy. He gets up each day before dawn, has breakfast and heads to his first swim practice of the day. He gets home, has a second breakfast and heads to school. After school, he goes back to the pool and practices until 5:30 p.m.

His hard work and dedication to the sport has paid off – he's captain of the swim team.

"He has been so involved in our program for the four years he has been on the team and really exemplifies what a member of the swim team should be in a very positive way," said Erica McClurg, who has coached the Arcadia swim team for 22 years.

Schlenker's responsibilities as a captain include making sure all the athletes feel included and part of the team, engaging with the team, planning freshman day, communicating with the team, designing the apparel and suits and planning and participating in team events.

"I feel like what makes a good captain is a leader with the ability of making everyone feel like a part of the team, is approachable and is someone who really enjoys being a part of the team," Schlenker said.

So far, Schlenker has competed in 44 meets for the Arcadia swim team. He has also competed in 12 events for the Phoenix Swim Club.

"We hear that alarm go off at 4:40 a.m. for practice and we are amazed that these kids get up and swim hard before their school day even begins," said Schlenker's parents, Linda and Brent. "And then go back and do it again after school."





Senior Arcadia High swim captain Matthew Schlenker credits his coach, Erica McClurg, with keeping him motivated and helping him have success swimming. After graduating from Arcadia, Matthew plans on going to college, but hasn't decided where that will be.

Schlenker notes that the most difficult part of being on a swim team is having to get up so early in the morning, especially during the winter time when he has to swim in an outdoor pool.

"It's a big commitment, but with all the hard work comes valuable life lessons that you can take with you for your entire life," Schlenker said.

After high school, Schlenker plans on going to college, but is unsure where and hasn't decided if he'd like to take a break from swimming to join other clubs or a fraternity.

Looking back at his Titan career, Schlenker says he's incredibly grateful for the lessons he's learned while being a competitive swimmer.

"I love it for the feeling of knowing your hard work has paid off and doing well at one of the meets. I love it because of my teammates and my coaches," said Schlenker. "I have been very fortunate to swim under Coach Erica McClurg of Arcadia High School and Coach Mike Maczuga for Phoenix Swim Club because they keep me motivated and have gotten me to where I am today."

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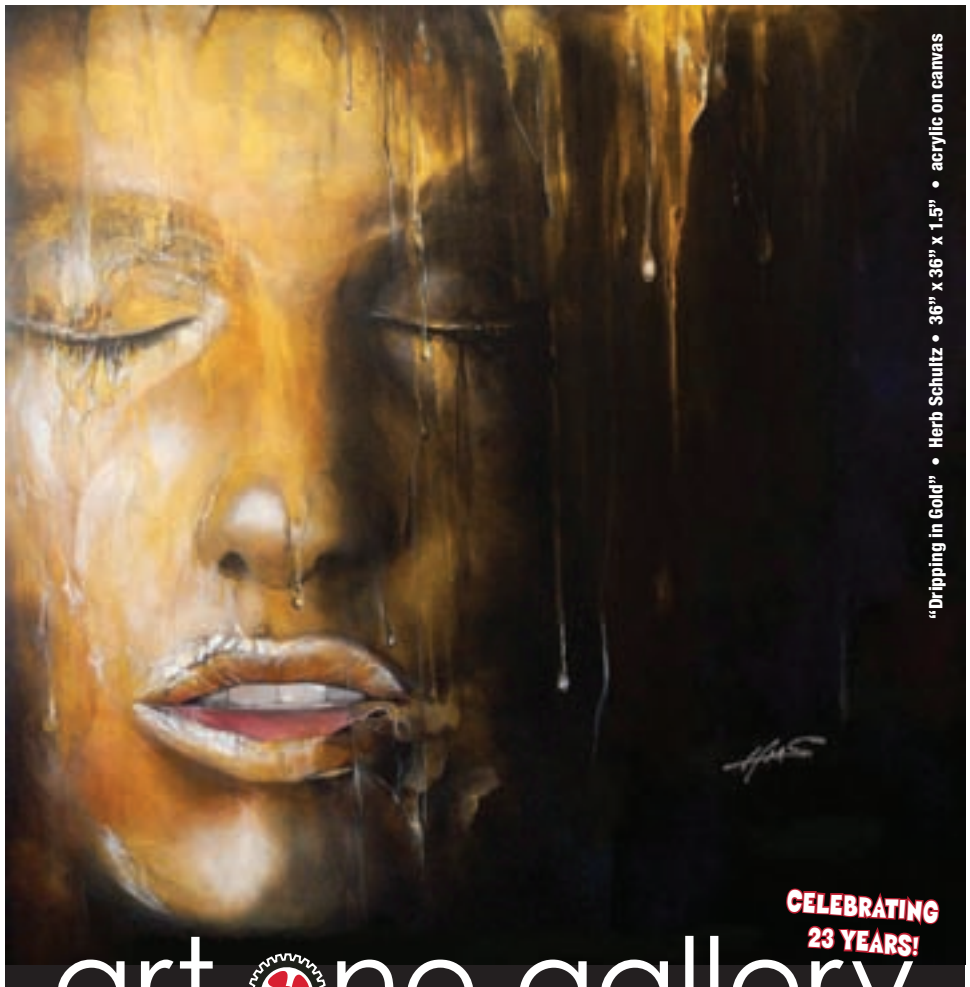


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Around the area – high school football roundup

ARCADIA HIGH SCHOOL

It has been a tough go of things for Tony Stillings in his first few months as head coach at Arcadia High School. The new play-caller has been instituting a new offense for the Titans, where pass-happy quarterbacks and five receiver sets have taken the place of the run-heavy wing-t formation. The first six games have been tough however, as the Titans have yet to get a win.

"We're not detail-oriented right now," said Stillings, who predicted before the season that it would take some time to get the program to where he would like it to be. "We opened up playing the number one, seven and three teams in the state, and against teams like that you have to do the little things. You have to get the details right when you play teams like that, and I think our attention to detail hasn't been where I've wanted it to be."

The Titans hope to turn things around by improving the run game, which will then keep the defenses honest, allowing the passing offense to thrive.

REMAINING SCHEDULE:

10/6 vs. North Canyon - 7 p.m.
10/20 @ Notre Dame Prep - 7 p.m.
10/27 vs. Chaparral - 7 p.m.



Arcadia's Luke Ashworth cuts upfield against Sunnyslope. CREDIT: SUNNYSLOPE FOOTBALL

BROPHY

Playing in the biggest conference in the state means that there are no easy matchups. Brophy has found this out the hard way this season, sporting a 1-5 record going into the month of October. Scooter Molander's Broncos got their win in dramatic fashion, with a one-point win over Westview. But losses against Pinnacle, Desert Ridge, Highland, Desert Vista and Mountain View have put the always competitive Brophy in a tough spot this season.

Senior Noah Gonzales has led the team at quarterback, throwing for over 1000 yards in five games, while both Donovan Arthur and Xavier Juniel have picked up over 250 total receiving yards. On the defensive side of the ball, junior Marques White has led the team in tackles with 56, right in front of junior Andrew Onyepunuka, who has 51. Onyepunuka leads the Broncos in sacks, with five.

REMAINING SCHEDULE:

10/6 @ Basha - 7 p.m.
10/13 vs. Perry - 7 p.m.
10/20 vs. Chandler - 7 p.m.

CAMELBACK HIGH SCHOOL

In his second year as Camelback High School's head coach, Joseph Brissette is already seeing results. Last year the Spartans sported a 3-7 record at the end of the season. This year's squad has nearly equaled that win total before September is done. The team had opening losses to Fairfax and North High School before winning big at home against Maryvale, 45-0. The team won its second game against Alhambra, scoring 13 points in the fourth quarter to complete a 33-27 comeback.

Junior Eric Marquez has been under center for most of the snaps, passing for six touchdowns and throwing for over 480 yards. The team's running game has been led by Abukar Abdi, a senior who has rushed for over 750 yards already this season. Receiving playmakers include junior Shawn Charles and sophomore Marcus Williams.

REMAINING SCHEDULE:

10/6 vs. Independence - 7 p.m.
10/20 @ Glendale - 7 p.m.
10/27 @ Carl Hayden Community - 7 p.m.

VERITAS PREP

The Falcons got off to a hot start this season, beating North Pointe Prep 19-6 in the first game of the year. The sledding became tougher as September wore on, with losses to San Manuel, Scottsdale Christian Academy, Bisbee and San Tan Foothills. Team captains this season include running back Sebastian Bautista, linebacker Anthony Jakubczyk, lineman Payson McCallister and lineman Joseph Hirsch.

REMAINING SCHEDULE:

10/6 vs. Scottsdale Prep - 7 p.m.
10/13 vs. Arizona College Prep - 7 p.m.
10/20 @ Glendale Prep - 7 p.m.
10/27 vs. Antelope - 7 p.m.



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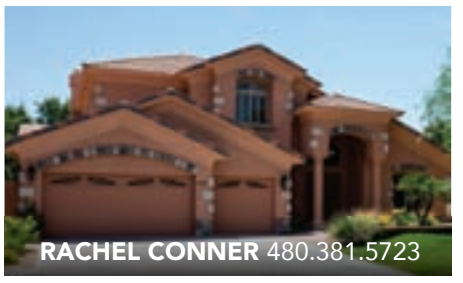


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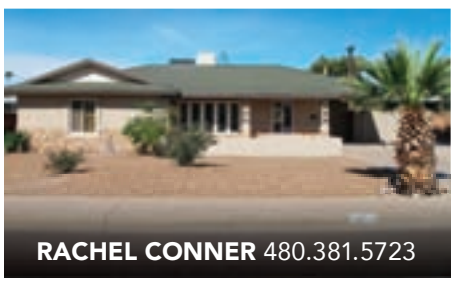


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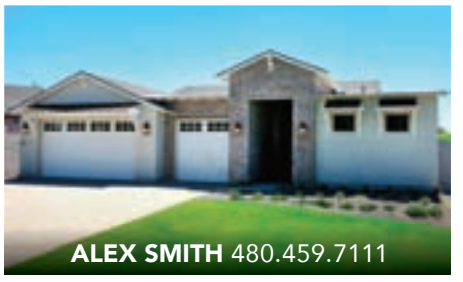


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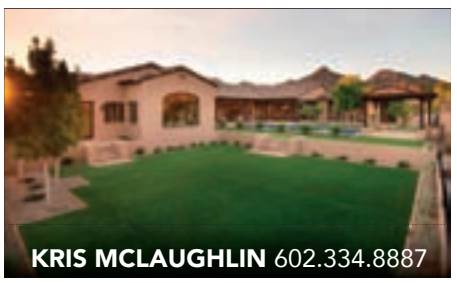


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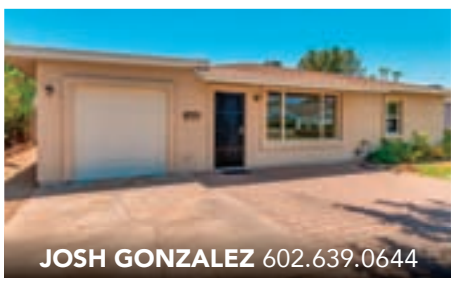


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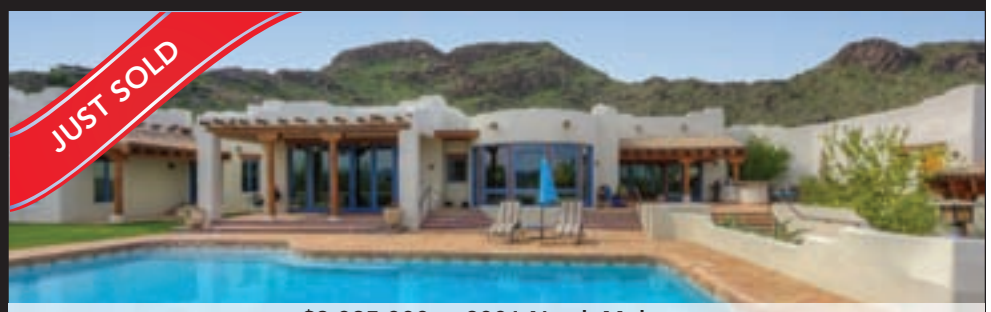
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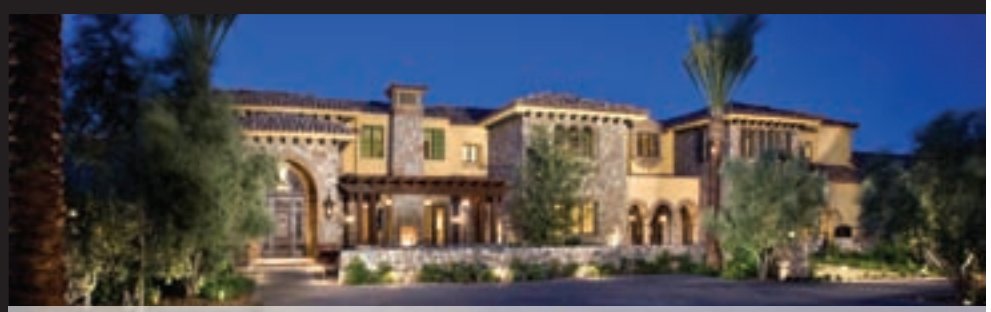
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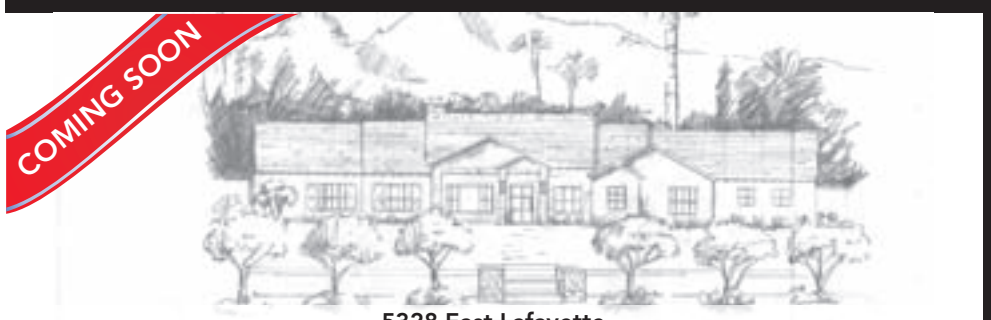
$7,495,000 6240 East Cholla
12 bedrooms, 10 baths, 19,745 square feet



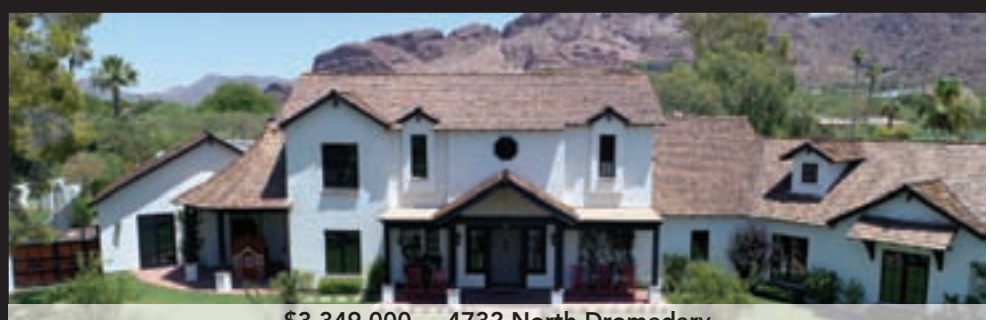
7317 North Red Ledge
CALL FOR PRICING & INFORMATION



$19,995,000 8055 North Mummy Mountain
7 bedrooms, 12 baths, 25,416 square feet



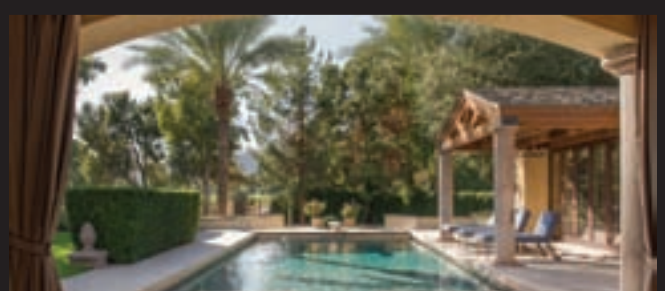
5328 East Lafayette
CALL FOR PRICING & INFORMATION



$3,349,000 4732 North Dromedary
6 bedrooms, 9 baths, 7,000 square feet



$5,995,000 or $20,000 per month
5022 East Cottontail Run Road
6 bedrooms, 9 baths, 14,000 square feet



$5,195,000 6955 East Caballo
5 bedrooms, 6 baths, 9,106 square feet



4507 East Lafayette
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