Arcadia News

Vol. 23 No. 2 AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993 May 2015

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Frank Lloyd Wright spent some time in Arcadia near Exeter and modern-day Rubicon (above), scouting and subsequently purchasing a section of land in 1950. Tucked into a citrus grove that came with the property, a home was built for his son David, now known as the David Wright House. *Our feature story begins on page 22.*

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Part-time hobby to full-fledged business, local mom finds the perfect recipe for success.

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Daughters and granddaughters gather to continue Nona's handmade gnocchi legacy.

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A photographic look at the third annual Arcadia Family Fun Run on April 19 for Team Taylor.

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PHOTO BY GREG BRUNS

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COVER IMAGE:
PHOTO COURTESY OF FRANK LLOYD WRIGHT FOUNDATION, SCOTTSDALE, AZ

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I have lived in Arcadia for over 13 years and have longtime connections at Hopi, Ingleside, Arcadia High School, Arizona School for the Arts and Prince of Peace preschool and church. I live, breathe and run in Arcadia every day!

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Showing love and respect to all

By Amanda Goossen

EDITOR'S NOTES

"Nature was to be spelled with a capital N, the way you spell God with a capital G," said American architect, Frank Lloyd Wright.

Standing at the base of the David and Gladys Wright Home – decades after Wright made that statement – one can almost feel his words, permeating with truth. The home and its property radiate everything I hold dear about Arcadia.

I adore the rolling green grass, mountain views and especially the historical significance. The daughter of a builder and a longtime lover of history, I stand on the Wright property and I smile.

Three years ago, our community was heartbroken and enraged at the thought of losing a significant part of architectural history. The people rallied, spoke up at city meetings and fought the idea of demolition.

Now, the property is the center to another community issue. Although a new owner intends to renovate the home, his eventual plans for the site have caused some in the community to worry, to question commercial use of our neighborhood, to fight back and become angry.

> ***"Nature was to be spelled with a capital N, the way you spell God with a capital G."***
> *— American Architect, Frank Lloyd Wright.*

Greg Bruns, owner and publisher of *Arcadia News,* and I have history with the David and Gladys Wright home. Greg covered a story in *Arcadia Home & Design* in 2008, following Gladys' death. The photographs of the home were full of color and life. They showcased the fulfilling lives that the Wrights led, and even included old suitcases and a shaving kit – items kept within the space, which was inhabited for decades.

I had the chance to walk through the home in 2012, before the owner at the time considered demolition. The home was sad, filthy and painful to see. Witnessing four years of neglect was eye opening.

Recently, Greg and I both had a chance to tour the property. Experiencing the changes and the small renovations was an experience I'll never forget.

Whatever side of the argument you're on, one thing is for sure: The David and Gladys Wright Home, as well as its builder, deserve to be celebrated. The fact that Wright gave our community such a stunning piece of American architectural history proves that our neighborhood is a beloved piece of this country.

We are a remarkable community.

My mother-in-law was visiting last weekend as my family ran the Arcadia Family Fun Run in honor of a local family and their beloved baby girl. She was waiting when I put my foot over the finish line and said something I may never forget.

Now, my mother-in-law is a tough as nails New Yorker who has spent the past 50 years of her life in Los Angeles. Small town life tends to be lost on her.

She looked me in the eye and said, "There are really great people here."

Witnessing families cheer for each other, watching over 900 people gather in honor of a sweet baby girl lost to SIDS, seeing teamwork and love…It wasn't lost on this 65-year-old woman, who has spent her life in big cities with a hard-to-come-by community feel.

And with this Wright home I believe we Arcadians need to employ the same level of love, trust and respect we show each other on a daily basis.

The David and Gladys Wright House deserves just that.

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You've been served: Divorcing via Facebook

LEGAL *EASE*

By Johnathan T. Hasebe

In a recent 2014 study, Facebook was listed as a contributing factor in more than 30 percent of all divorce pleadings.

In a recent March 27, 2015 court decision, Facebook played a substantive role in connection with a divorce proceeding. Judge Matthew Cooper, a New York Supreme Court Judge, held that Ellanora Baidoo, a 26-year-old nurse, could serve notice of the divorce proceeding to her soon-to-be ex-husband, Victor Sena Blood-Dzraku, via Facebook.

Service via Facebook is not a particularly new concept. As early as 2013, courts have allowed plaintiffs to use the popular social networking site as a supplemental method of service. What was groundbreaking in Judge Cooper's decision is that Ms. Baidoo sought (and was approved) to use Facebook as the sole means of serving Mr. Blood-Dzraku.

> ***"It would not be surprising for state legislators in the near future to recognize social networking platforms as an effective means of alternative service."***

Assuming service is not waived, most jurisdictions have three basic methods by which a plaintiff in a lawsuit can serve a defendant: (1) actual or personal service, (2) substituted service, and (3) service by publication.

Under actual service, a process server or sheriff physically hands the court documents to the defendant. Service by publication requires that the plaintiff publish, at least once a week for four successive weeks in the county where the action is pending and in the county of the last known residence of the person to be served. New York, like Arizona, also allows for alternative or substituted service if another method of service proves impracticable.

In the New York case, Judge Cooper found that any other statutorily authorized means of service would be impracticable for Ms. Baidoo. Still, before granting the plaintiff's request to notify her husband of the divorce proceeding via Facebook, the Judge noted a number of concerns, including that the defendant might not have created the account and that the defendant might not see the Facebook message informing him that he was being sued for divorce. To allay these concerns, the plaintiff was required to execute an affidavit stating that she knew the account belonged to her husband. She was also required to submit proof that the defendant logged into and updated his account regularly.

While Judge Cooper's opinion is unlikely to lead to a wave of pleadings filed via Facebook, the decision stands as an interesting benchmark in regards to the interplay between legal procedure and our digital lives.

With social networking becoming further engrained in American society, it would not be surprising for state legislators in the near future to recognize social networking platforms as an effective means of alternative service.

— Jonathan Hasebe is an associate at Gallagher & Kennedy. He practices in the areas of both general commercial litigation and transactional law. For more information about Mr. Hasebe, please visit gknet.com.

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Arcadia Real **Estate** Stats

2015 HOPI SCHOOL DISTRICT SALES RESULTS
(1/1/2015-3/31/2015)

Active Homes -	185 homes
Homes Sold -	73 homes
Average Sale Price -	$977,253
Average Sold $ Per SF -	$294
Average Days On Market -	122 days

There is currently 10 months of home inventory (based on 2014 sales results)
2015 home sales have increased 20% this year. (based on 2014 sales results)
Home prices have decreased 2% this year. (based on 2014sales results
$ Per Square Foot prices have increased 2% this year. (based on 2014 sales results)
Homes are taking equal time to sell this year. (Based on 2014 sales results)

2014 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	225 Homes
Average Sale Price -	$1,006,381
Average Sold $ Per SF -	$286
Average Days On Market -	119 Days

2013 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	305 Homes
Average Sale Price -	$854,430
Average Sold $ Per SF -	$262
Average Days On Market -	88 Days

2012 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	282 Homes
Average Sale Price -	$777,607
Average Sold $ Per SF -	$235
Average Days On Market -	102 Days

2011 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	238 Homes
Average Sale Price -	$635,344
Average Sold $ Per SF -	$197
Average Days On Market -	124 Days

2015 TAVAN SCHOOL DISTRICT SALES RESULTS
(1/1/2015-3/31/2015)

Active Homes -	93 Homes
Homes Sold -	41 Homes
Average Sale Price -	$481,040
Average Sold $ Per SF -	$206
Average Days On Market -	184 days

There is currently 5 months of home inventory. (based on 2014 sales results)
2015 home sales have decreased 23% this year. (based on 2014 sales results)
Home prices have increased 6% this year. (based on 2014 sales results)
$ Per Square Foot prices have decreased 1% this year. (based on 2014 sales results)
Homes are taking 57% more time to this year. (Based on 2014 sales results)

2014 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	199 Homes
Average Sale Price -	$451,117
Average Sold $ Per SF -	$208
Average Days On Market -	78 Days

2013 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	217 Homes
Average Sale Price -	$403,875
Average Sold $ Per SF -	$189
Average Days On Market -	66 Days

2012 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	207 Homes
Average Sale Price -	$326,316
Average Sold $ Per SF -	$158
Average Days On Market -	66 Days

2011 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	203 Homes
Average Sale Price -	$265,505
Average Sold $ Per SF -	$128
Average Days On Market -	102 Days

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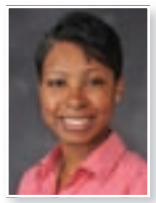
How to prevent a stroke

By Jeannine Hinds, M.D.

HEALTHY TIDBITS

Eighty percent of all strokes are preventable. It starts with managing key risk factors:



- **High blood pressure** – This is the No. 1 cause of strokes – the single most important risk factor. If it's consistently 140/90 or above, talk to your doctor about how to manage it.
- **Atrial fibrillation** – In atrial fibrillation, the heart's upper chambers quiver instead of beating effectively. This causes the blood to pool and clot, increasing the risk of stroke.

Medications may be used to control high blood pressure and/or manage atrial fibrillation among high-risk patients, including:

- Antihypertensives: They can lower blood pressure by opening the blood vessels, decreasing blood volume or decreasing the rate and/or force of heart contraction.
- Anticoagulants or antiplatelets: Antiplatelet medications, such as aspirin, and anticoagulants, such as warfarin, interfere with the blood's ability to clot and can help prevent a stroke.
- **Cigarette smoking** – Using tobacco damages blood vessels. Don't smoke. Avoid second-hand smoke.
- **Diabetes** – Diabetes increases your risk of stroke because it can cause diseased blood vessels in the brain.
- **High blood cholesterol** – This increases the risk of blocked arteries. If an artery leading to the brain becomes blocked, a stroke can result. To open blockages, medical procedures may be needed:
  - Carotid endarterectomy: This surgery removes blockages of fatty plaque from the carotid arteries in the neck. The carotid arteries supply most of the blood to your brain.
  - Angioplasty or stents: Doctors sometimes use balloon angioplasty and implantable steel screens called stents to help open a blocked blood vessel.

Transient ischemic attacks (TIAs) – Recognizing and treating TIAs can reduce the risk of a major stroke. TIAs produce stroke-like symptoms but have no lasting effects. Seek emergency medical treatment immediately.

— Jeannine Hinds, M.D., 4131 N. 24th St., Suite B102, Phoenix, 602-955-6632.

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Police advise Arcadians to be vigilent, good neighbors

By Kourtney Seaton

Home burglaries are among the preventable crimes that rely on communities interacting and taking steps to protect themselves, according to Phoenix police.

Phoenix Police Sgt. Vince Lewis said, "It's about getting outside, getting to know your neighbors and being a part and active member of the community."

The successful programs Lewis has witnessed are generated within the community and involve the officers that respond to their locations.

Community action officers assigned to each precinct get involved in the community meetings, including neighborhood associations or faith-based organizations, Lewis said.

"They host a program called 'Coffee with a Cop,' an opportunity for people to get out and rub elbows with the uniformed, the commanders, the lieutenants and so forth who work their neighborhoods. Community members can voice their concerns and really get to know us," he noted.

Phoenix Police Officer Ben Carro is the community action officer for Arcadia, Biltmore and Piestewa Peak area from the Phoenix Police Mountain View Precinct. He said the biggest problem in Arcadia is property crime related to burglary, theft and vehicle break-in.

"When it comes to preventing property crimes, it's all about awareness," Carro said.

He noted that the police ask the public to identify suspicious activity as it relates to a crime. Police want residents to be aware of more than the burglary itself. They want people in the area to notice the actions that take place beforehand, including suspicious vehicles circling neighborhoods, as well as people knocking on doors and then snooping around the house or even in alleyways.

More money drives more property crime in an area, Carro said. Locking doors, setting security alarms and keeping valuable items out of plain sight can help prevent property crimes.

"The uniformed can only be spread so thin. Communities need to be aware and help in preventing crime," he said. He added that personal awareness of your own property and surrounding neighbors helps.

The program Crime Prevention Through Environmental Design is a place for homeowners to get tips like lighting up property, keeping it clean, trimming vegetation "so there's no dark, hidden spots in front of access points," Lewis said.

What's changed in recent years, Lewis said, is that people don't spend as much time outside interacting with neighbors.

"We have to turn our eyes to our front yards and the streets and be an active part of it," Lewis said. He remarked that neighborhoods that look lived in, with people who are connected, is the best effort to take to prevent crimes that "tend to be of an opportunistic nature."

Lewis said that it comes down to what people are willing to do to protect their property. He also stated that getting to know a local community action officer and connecting as a group to be a part of what is going on in the area is a good start.

Currently, there are online resources to connect with neighbors like Nextdoor.com.

"It's less a social media, more a connected media," Lewis said. It organizes people into neighborhoods and allows for conversation among people who live close by.

Lewis said that reporting crimes alone does not necessarily prevent them; however, changing the factor(s) that created the opportunity for those crimes may make all the difference.

Some prevention programs include Block Watch and Phoenix Neighborhood Patrol.

Detective Brian Kornegay said these prevention programs "educate residents in crime prevention techniques and encourage residents to take an active role in their neighborhoods."

The Phoenix Neighborhood Patrol Program is coordinated by Kornegay, he said, noting, "PNP differs from Block Watch in residents proactively patrol their neighborhoods."

Participants must attend a four-hour class, pass a criminal background check and agree to follow a set of rules. The class is offered at least six times per year.

"This is a high-visibility, non-confrontational program," Kornegay said. "Some of the topics taught in the PNP class are observation skills, liability, communications, home security and patrol procedures."

The PNP program has trained over 2,900 Phoenix residents since it began in 1994, he said.

If you see suspicious activity in your neighborhood, report it to the police by calling Crime Stop at 602-262-6151 or call 911 for emergencies.

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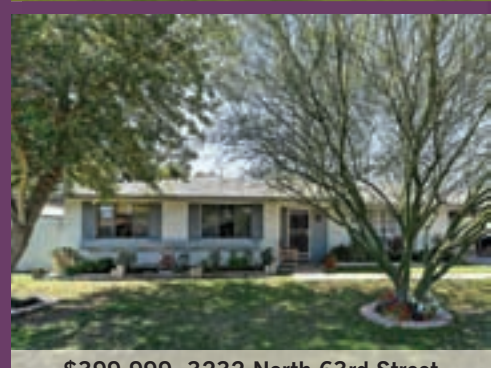

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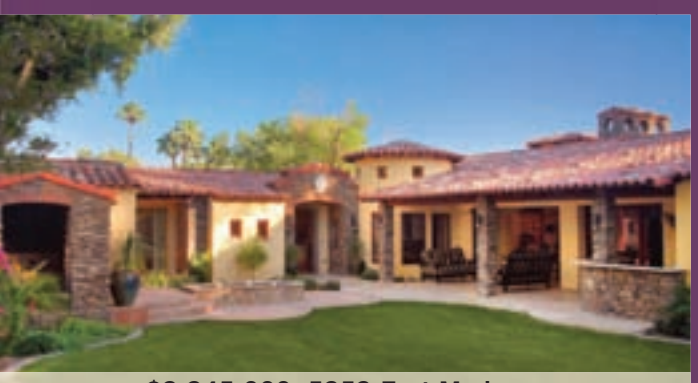
$3,749,000 5501 East San Miguel
5 bedrooms, 7 baths, 6,373 square feet



$3,345,000 5353 East Mariposa
5 bedrooms, 7 baths, 7,986 square feet

$2,995,000 5739 North Casa Blanca
4 bedrooms, 7 baths, 6,839 square feet

$1,949,000 5824 East Lafayette Boulevard
5 bedrooms, 4 baths, 4,477 square feet

$3,895,000 4715 North Launfal
6 bedrooms, 8 baths, 8,332 square feet

$1,195,000 7720 East Solano
3 bedrooms, 3 baths, 3,412 square feet

$2,900,000 6739 North 36th Street
4 bedrooms, 5 baths, 6,200 square feet

$2,199,000 4609 North Borgatello Lane
4 bedrooms, 5 baths, 6,599 square feet

3738 East Coolidge
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$859,000 6614 East Lafayette
4 bedrooms, 3 baths, 2,243 square feet

$5,000/mo 5530 East Exeter Boulevard
4 bedrooms, 4 baths, 3,800 square feet

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For more Joffe Group listings, see the back cover.

$349,000 4055 East Campbell
3 bedrooms, 2 baths, 1,566 square feet

$1,950,000 4316 North 40th Street
4 bedrooms, 5 baths, 6,881 square feet

$3,250,000 4401 North 61st Street
5 bedrooms, 8 baths, 7,587 square feet

$1,249,000 5329 North 68th Place
5 bedrooms, 5 baths, 4,592 square feet

$1,849,000 5701 East Lafayette Boulevard
4 bedrooms, 9 baths, 5,447 square feet

$1,099,000 4610 North Arcadia Drive
4 bedrooms, 3 baths, 3,316 square feet

3609 East Meadowbrook
CALL FOR INFORMATION

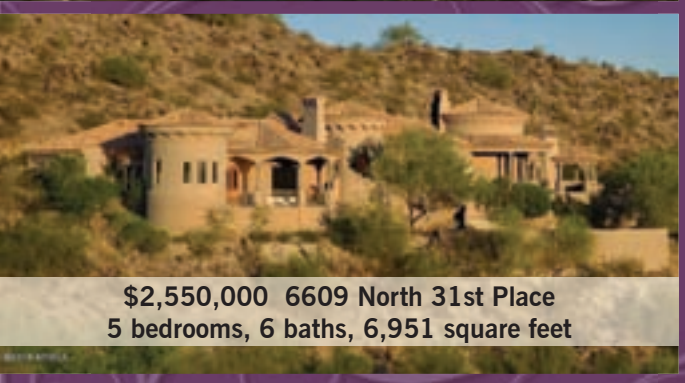
$1,095,000 6711 East Camelback #10
2 bedrooms, 4 baths, 2,578 square feet

$1,579,000 4625 East Exeter Boulevard
5 bedrooms, 5 baths, 5,238 square feet

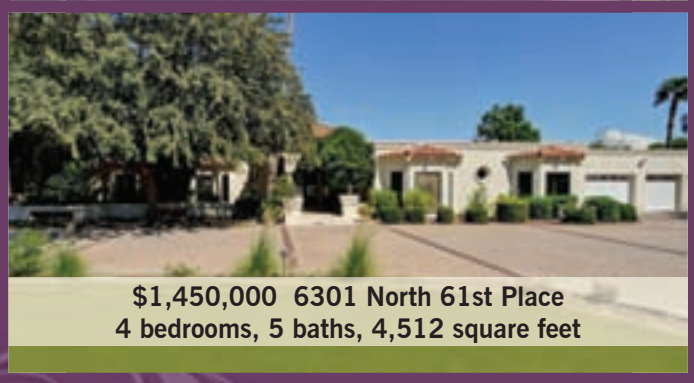
$300,000 6027 East Carnation Circle
CALL FOR INFORMATION

$950/mo 4727 East Lafayette #105
1 bedroom, 1 bath, 720 square feet

$975,000 4927 East Calle Ventura
3 bedrooms, 3 baths, 3,172 square feet



$2,550,000 6609 North 31st Place
5 bedrooms, 6 baths, 6,951 square feet



$1,450,000 6301 North 61st Place
4 bedrooms, 5 baths, 4,512 square feet

$445,000 8100 East Camelback #157
2 bedrooms, 2 baths, 1,833 square feet

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2015 Q4:	4.75%	$520,000	4.77%	$2,712.56
Difference in Monthly Payment				**$396.99**

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Ms. Kadera's class was surprised and excited as their teacher was given the Arcadia News *Teachers We Love award.*

One teacher's tireless drive to make a bigger difference

By Christina Surrano

Ms. Kadera has taught at Ingleside for two years.

TEACHERS *WE LOVE*

Teaching is a demanding job that attracts a special breed of people. These people are often motivated by a passion to make a positive impact on future generations.in spite of the tremendous demands and challenges that come with the job. So when Arcadia mom, Kerry Schulman, nominated Ingleside teacher, Erin Kadera, for the *Arcadia News* Teachers We Love award, stating, "I have never seen a teacher so dedicated to her job, her students and her school," one might wonder what it takes to stand out among such a particularly committed group.

Kadera's career with the Scottsdale Unified School District began 18 years ago. She worked for five years as an instructional assistant in a preschool, before moving to a position in the district office managing federal programs as a grant specialist. She did this all while raising her children and finishing her post-secondary education.

Eight years ago, she completed her teacher certification and took a teaching position at the same school her children had attended and where she first started as an instructional assistant, Hohokam Traditional School. Her dedication to the students and families earned her great affection and made such an impression on the then assistant principal, Dan Craddock, that upon his retirement, he urged her to set her sites on a new goal.

He told her that the great things she does in the classroom every day should not be limited to just the students in the room.

She remembers him saying, "You really need to put yourself in a position where you can impact an entire school."

Not long after receiving Craddock's council, Hohokam's principal, Chad Caudle took a position at Ingleside Middle School. Kadera believed so much in Caudle's leadership that she requested to move as well.

After being at Ingleside for two years, she said, "I feel very blessed that I have been able to build such great relationships in such a short period of time. I feel like I have the relationships with people [at Ingleside] that I had at Hohokam. It's amazing to me."

Nominating parent, Kerry Schulman, speculates that Kadera doesn't sleep as she not only makes herself available for her students before school, during lunch and after school, but she is also always available – early or late – for parents.

While putting in long hours of work for Ingleside, Kadera has also spent those two years earning her master's degree.

Kadera is now ready to follow the sage advice of her former assistant principal. She has accepted a position as assistant principal at Navajo Elementary School, where she can indeed extend her reach, impacting the lives of the students and families in an entire school.

Teachers chosen for the Arcadia News *Teachers We Love Award receive an Arcadia News tote and T-shirt, a $125.00 gift certificate from Salon Sandoval, a gift certificate for dinner for two at The Henry and an invitation to an end of the year luncheon for the year's winners at The Henry.*

To nominate your teacher fill out the form on page 18 or on arcadianews.com.

From part-time hobby to full-time job: Mama's Cold Brew

By Rachael Bouley

BEHIND *THE BUSINESS*

Jennifer Rzepecki was a woman on a mission. It all started in March 2014, when the busy mom set out to make the perfect cup of coffee. After numerous trips to Starbucks and every fast food drive-thru in town, Jennifer was left unsatisfied with her options for coffee, so she decided to make her own, putting her passion for cooking and creativity to good use.

It was in her kitchen that she first brewed her coffee for 24 hours, using a unique blend of spices to create her perfect cup of iced coffee, which became "Mama's Cold Brew."

"I decided to play around a bit with the spices and put them in the actual grind of the coffee, and it happened to work really well," Jennifer said.

She gave her coffee to her friends and family, and after hearing their positive feedback, she served her drink to over 200 people at a church event. The unique blend of spices sets her iced coffee apart from others, especially when paired with her signature creamer, sweet vanilla cream. Many people who took a sip of her coffee encouraged her to sell it. Motivated by the incredible response, Jennifer decided to go for it, thinking that she could use the extra income to pay for a housecleaner.

She signed up to participate in the Junk in the Trunk Vintage Market in May 2014. With the help of her friends and family, Jennifer's coffee – now called Mama's Cold Brew and packaged in Mason jars – made a successful showing at the market, only six weeks after she started her company.

"It was a huge launching pad for us and a lot of opportunities just fell into place," Jennifer said.

Since then, what began as a quest to find a delicious cup of coffee has transformed into a full-time job, thanks to the support of the community and her family. Throughout much of 2014, Jennifer was pregnant with her fourth child, yet she still managed to participate in numerous events and farmers markets in an effort to share Mama's Cold Brew with others in the Valley. Her husband was always on hand to help her set up for weekend events. She and her team began providing coffee for bridal showers, baby showers and private parties as well.

A year later, she has her hands full but she is learning to balance her family of four children, all under five, with the growing demands of the business. The success of the last year has been such a welcome surprise for her.

"My joke is that the business started on me, I didn't really start the business," she said.

In the future, Jennifer hopes to open her own location in central Phoenix.

"We are just along for the ride," she said. "Who knows where we will go in the future!"

— For more information visit mamascoldbrew.com.

Owner Jennifer Rzepecki began Mama's Cold Brew in her kitchen while trying to create the perfect cup of coffee.

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WHAT'S HAPPENING, *ARCADIA?*

Cinco de Mayo Phoenix Festival begins on May 2.

SATURDAY MAY 2

Arizona BBQ Festival

12-10 p.m. at the Salt River Fields, 7555 N. Pima Road, Scottsdale. The sixth annual barbecue festival is coming to Arizona. There's something for everyone at this gathering, such as the Redneck Games, which includes a watermelon seed spitting contest, arm wrestling and mechanical bull riding. Live music will play from two stages and there's even a kids' zone complete with bouncy houses. Over 20 vendors will be there to serve up various barbecue foods like brisket, ribs, pulled pork and bacon. General admission is $12. Kids 12 and under get in free. For more information, call 480-270-5102 or visit azbbqfestival.com.

Diamond Event

5:30-8:30 p.m. at The Phoenician, 6000 E. Camelback Road, Scottsdale. Guests will enjoy an exclusive dining experience provided by the restaurants of The Phoenician: Il Terrazzo, J&G Steakhouse and Relish Burger Bistro. Guests can also enjoy a signature cocktail while watching a Birds of Prey show, where attendees watch as a falconer brings the story of the phoenix to life, accompanied by a live phoenix bird. Edible delights include spring vegetable gnocchi, white truffle fondue and aged sirloin. This event costs $99 per person and includes food, tax and gratuity. To RSVP, call 602-241-2946.

Cinco de Mayo Phoenix Festival

2 p.m. to 12 a.m. on May 2 and 12-10 p.m. on May 3, at First Street and Van Buren, Phoenix. This two day street festival commemorates Mexico's victory over Battle of Puebla the French army in 1862, also known as Cinco de Mayo. Events include live music, Lucha Libre (Mexican wrestling), an Olympic style-boxing tournament, a kids' zone and plenty of food and drinks. Before 5 p.m., tickets are $5; after 5 p.m., tickets are $15. Kids 12 and under get in free. For more information, call 602-279-4669 or visit cincophx.com.

SUNDAY MAY 3

Grub in the Grove

11 a.m. to 3 p.m. at Queen Creek Olive Mill, 25062 S. Meridian Road, Queen Creek. This is the last food truck festival of the season. Entertainment is provided by Notes from Neptune; there will also be yard games and tours. The following food trucks will provide scrumptious eats for everyone to enjoy: The Grilled Cheese Truck, LA Roots Food Truck and Burgers Amore. Admission is free. For more information, call 480-888-9290 or visit queencreekolivemill.com.

FRIDAY MAY 8

"My Name is Rumpelstiltskin"

7 p.m. on May 8-9, and 2 p.m. on May 10, at the Boys & Girls Club, 8250 E. Rose Lane, Scottsdale. The Act One Youth Theater is bringing this timeless tale to the stage. In order to become the most powerful being in the kingdom, Rumpelstiltskin must obtain the royal firstborn. He convinces a weaver to weave straw into gold and when she marries the prince, she must pay a fee: her firstborn child. In order to save her baby, she must guess the wizard's name in 24 hours. Watch as the kids of Act One Youth Theater bring this children's tale to life. Tickets are $8 for adults and $5 for kids. For more information, call 480-789-1918 or visit actoneyouththeater.org

SUNDAY MAY 10

Mother's Day Brunch

10 a.m. to 3 p.m. at the Hermosa Inn, 5532 North Palo Cristi Road, Paradise Valley. Show mom how much you appreciate her with a special Mother's Day brunch at Lon's at Hermosa Inn. A four-course meal prepared by the culinary team at Lon's, will include raspberry lemon pancakes, pork belly benedict and a chocolate peanut butter tart. The cost is $70 per person. To make reservations, call 602-955-7878 or visit hermosainn.com.

Sunday Brunch: Intro to Floral Design

10 a.m. to 12 p.m. at the Camelback Flowershop, 4108 E. Indian School Road, Phoenix. Join Camelback Flowershop owner, Teresa Wilson, for a Mother's Day flower workshop. Learn the basics of floral design along with a light brunch and mimosas. Other beverages will be available as well. Tickets are $165 per person or $300 for two people. This event is a part of the Spring Floral Series presented by Pith + Marrow. For more information, visit pithmarrow.com or call 602-840-4646.

FRIDAY MAY 15

Big Pete Pearson Blues Band

7-9 p.m. at the Desert Botanical Gardens, 1201 N. Galvin Parkway, Phoenix. Valley legend and renowned Blues artist, Big Pete Pearson, is making his way to the garden. Known as Arizona's "King of the Blues" and introduced into the Arizona Blues Hall of Fame in 1995, Big Pete will make his way to the stage for a night of soulful blues. General admission is $25 and this is a 21 and over event. For more information, call 480-481-8188 or visit dbg.org.

SATURDAY MAY 16

International Museum Day

9 a.m. to 4 p.m. at the Pueblo Grande Museum, 4619 E. Washington St., Phoenix. In honor of International Museum Day, Pueblo Grande Museum is offering free admission to the public all day on May 16. There will be free gallery tours, show and tell stations, and a children's hands-on gallery. Exhibits change and will be displayed throughout the museum with topics like Southwest culture and Arizona history. For more information, call 602-495-0901 or go to pueblogrande.org.

Continued on page 18

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- BRETT AND PAIGE ROGERS

"Kelly was relentless in helping us find our Arcadia **DREAM HOME.**"
- STEVE AND JEN MYERTHALL

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- CHRIS AND TIFFANY SPIEKERMAN

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- KEVIN AND JENNIFER KINERK

"In our opinion, Kelly Knapp is **THE BEST.** She knows the market and truly cares about her clients."
- MARK AND SARA BAILEY

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TV star Alyson Hannigan will be at Phoenix Comicon on May 28.

The Froyo 5K benefits Phoenix Children's Hospital.

Calendar

Continued from page 16

SATURDAY MAY 23

Cave Creek Balloon Festival

5:30-9:30 p.m. at the Rancho Manana Golf Course, 5734 E. Rancho Manana Blvd., Cave Creek. The sixth annual Cave Creek Balloon Festival is a party for all to enjoy. Live music, food trucks, vendors and a kids' zone will be available. Balloons lift off at 6 p.m., at which time the sky will be lit with color. General admission is $10 for adults and $5 for kids. Parking is $5. For more information, visit cavecreekfestivals.com.

SATURDAY MAY 30

AJ's Summer Wine Spectacular

2-4:30 p.m. at the Scottsdale Center for the Performing Arts, 7380 E. Second St., Scottsdale. AJ's, purveyors of fine foods grocery, is holding a wine tasting event to kick off the summer. Along with over 40 wines to try, there will be live music and a silent auction. Guests will enjoy wines along with gourmet finger foods, such as artisan breads and cheeses and shrimp cocktail. All profits will go towards the Scottsdale Center for the Performing Arts. Tickets are $35. For more information or to reserve a spot, call 480-499-8587.

THURSDAY MAY 28

Phoenix Comicon

Times vary on May 28-31 at the Phoenix Convention Center, 100 N. Third St., Phoenix. This four-day festival has hundreds of exhibits, shows, celebrities, costumes and more at multiple venues. Alyson Hannigan from How I Met Your Mother will be there, along with Christopher Lloyd and many, many more. Ticket prices vary depending on the day and venue. For more information, visit phoenixcomicon.com.

SATURDAY MAY 30

Froyo 5K

7:30 a.m. at the Civic Center Mall, 3939 N. Drinkwater Blvd., Scottsdale. This 5K run benefits the Phoenix Children's Hospital. This run includes "motivation stations," "misting zones" and music throughout to keep runners motivated. All ages are welcome. There's an after party, group warm ups, and contests and prizes for categories such as fastest stroller and best group outfit. Come out and run to show your support. The cost is $34 for individuals. If you register with a group of four or more, the price is $28 per person. Check-in is at 6:30 a.m. For more information, visit froyo5k.com.

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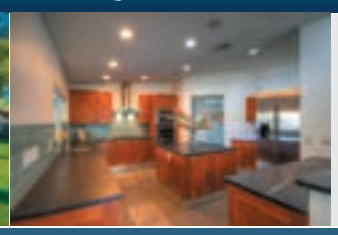

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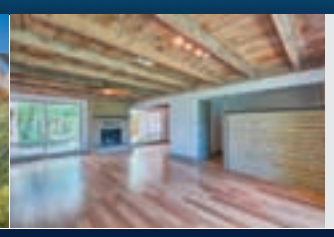
3243 East Clarendon Avenue Phoenix, AZ 85018



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EQUAL HOUSING OPPORTUNITY

Arcadia corridor construction is good economic indicator

By Kourtney Seaton

The abundance of new construction in Arcadia, especially along the 1 1/2 mile stretch of 44th Street between Camelback and Osborn Roads, reels in a plethora of new businesses, restaurants, shopping centers and living opportunities.

Phoenix City councilman, Sal DiCiccio, who represents the area, said two major components he has promoted for the city is supporting a strong quality of life and encouraging small business owners to invest in the Arcadia corridor.

"The success of the small business owner also brings success to the neighboring homes that are such a critical part of Phoenix," he said.

The state of the construction industry is recovering with a heavier aspect from the multifamily segment of the market and less from the industrial side, said Mark Stapp, executive director of the Masters of Real Estate Development program at W.P. Carey School of Business.

The post-recession economy in Phoenix is making slow progress and the recent growth in Arcadia is nothing new for the area, Stapp noted. Even during the recession, Arcadia remained strong. As metro Phoenix matures and gets densification, single-family detached infill projects are extremely valuable.

"Arcadia has always been a well-established, upper-middle- to upper-income neighborhood that is in the middle of the metro area, so it's highly desirable," he said. The relatively small inventory of homes adds to the desirability.

Apartment project is underway at 44th Street and Camelback Road. Photo by Kourtney Seaton.

Arcadia's reputation for livability and being a well-known entity drives the market, which plays a role when businesses decide where to locate, Community and Economic Development director for Phoenix, Christine Mackay said.

It is a traditional neighborhood that has been around for a long time and has possessed a strong community since the 50s and 60s, she said. Development by JLB Partners is underway on the southwest corner of 44th Street and Camelback Road on an apartment community project that is referred to as Residences at Camelback. However, the name may change and a managing partner could join the team or purchase the property closer to the opening.

This area has been in the middle of zoning controversy for the past 10 years. It is not an area with a lot of easily developable land, Stapp said, noting, the densification will drive amenities.

Mackay explained that move-in-ready living is desired and high-density residential property provides the opportunity for people who are looking for a different lifestyle, to enjoy and experience the Arcadia area. This more metropolitan type living brings in more consumers, which allows local restaurants and shops to thrive, she added.

"When you have these local concepts of restaurants, you need great density around them so they can be supported for breakfast, lunch and dinner," Mackay said. "To create a sustainable community, you need to have options to drive the economy to allow it to sustain itself."

Kathryn "Kitty" Maloney-Langmade, president of W.J. Maloney Plumbing, Heating and Cooling and a member of the City of Phoenix Camelback East Village Planning Committee, noted, "This area has been undergoing positive changes for a couple of years now. The new and infill construction makes a positive statement about what residents and businesses think about the area."

Executive director of the Arizona Association for Economic Development, Joyce Grossman, said the increase of construction is an indicator that businesses are finally feeling comfortable letting go of some of their capital after the recent recession. Companies and individuals continue to find value in the area and are committed to investing in its future. "The economic values of this area have nowhere to go but up," she said

Mackay said Arizona saw strong growth in the economy in mid-2014 and is really ramping up in 2015, which is apparent with all the building going on around Arcadia. "The economy is showing great recovery and what you'll find is people feeling more comfortable because they don't feel so threatened with their jobs and their house values are starting to improve," she said.

For the first time in about five years, more people are buying houses in which to raise their families and live again, and there are less investors in the market, Mackay said.

5319 E Rockridge Road

NEWLY CONSTRUCTED IN 2007, this 5308 sq. ft. home sits on just under an acre on Camelback's south slope. 4 bedrooms/4.5 baths, gourmet kitchen opens to family room,large pub/billiards room w/built-in bar. Resort like backyard w/negative-edge pool & heated spa. Offered at $1,650,000.

4701 E Rockridge Road

French Normandy Styled House nestled into the south slope of Camelback Mountain. Amazing 3000 sq ft Home that sits on a lot just under an acre with 4 Bedrooms/3 Baths. Watch the sunset, see either the twinkling lights of the city or the breathtaking colors of Camelback Mountain and Piestewa Peak Offered at $999,900.

4481 N Launfal Avenue

Amazing soft contemporary with basement in the heart of Arcadia. 5875 sq. ft., 5 bedrooms, 4.5 baths, library, exercise room & game room. Oversized pool, manicured gardens, outdoor kitchen, ramada for dining and built in fireplace. Wonderful views of Camelback Mountain. Offered at $1,499,000.

6246 N 47th Street

Spanish style villa with traditional elegance in the heart of Paradise Valley with Hopi/Arcadia schools. Views of Camelback Mountain, Mummy Mountain and the Mountain Preserve. Resort like backyard, N/S lighted tennis court, heated pool, spa & guest casita. Home is 4469 sq. ft. with 4 bedrooms, 4 baths, 3 car garage/man cave. Offered at $1,659,000.

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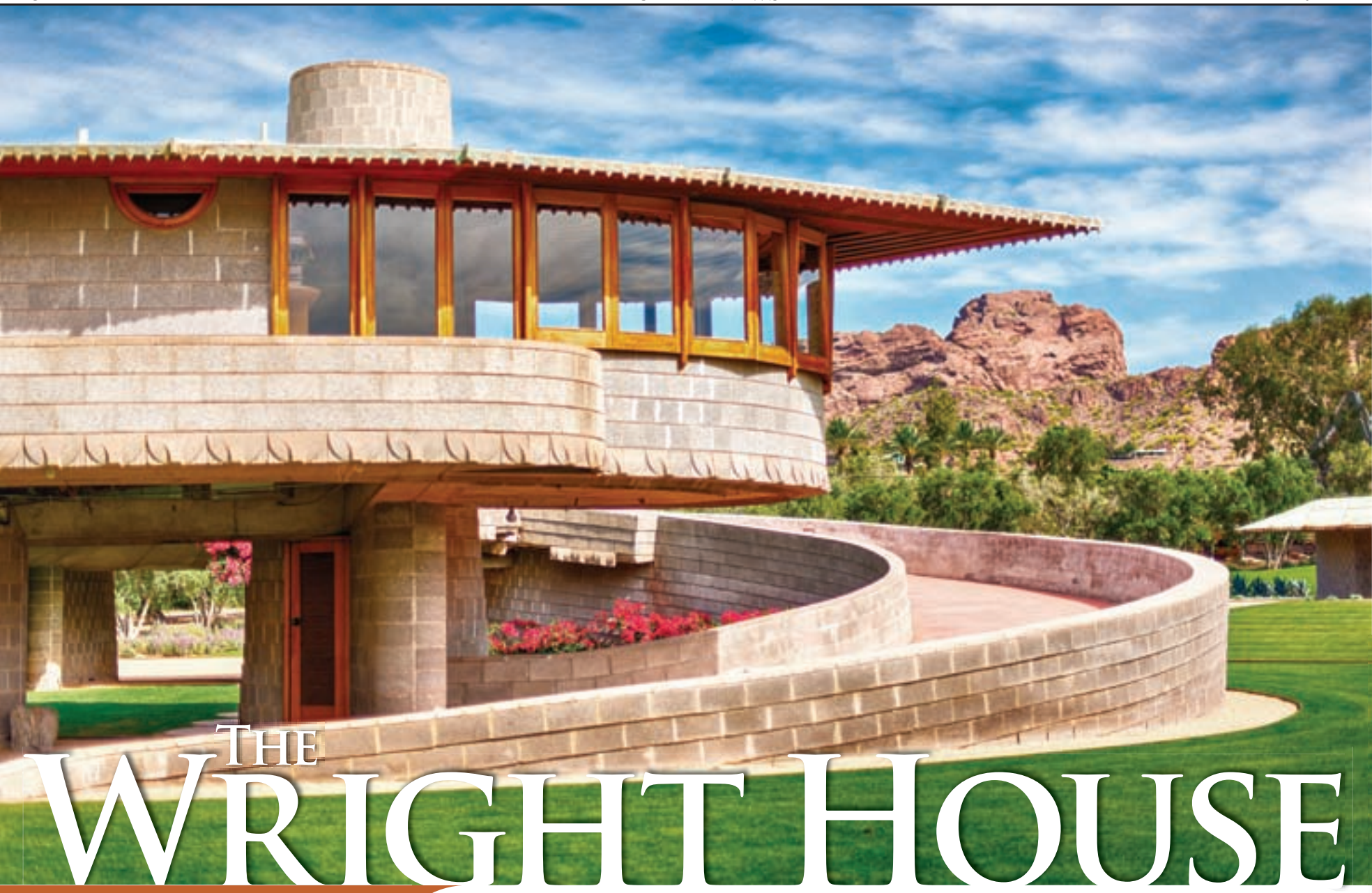

THE WRIGHT HOUSE

PUBLISHER'S NOTE

Dear Reader:

As the "good news newspaper" we strive to share and tell stories about the people, places and happenings around our community. Since we live in such a neighborly part of the sixth largest city in America, your neighbors and friends are truly what make the Arcadia News *"Your Neighborhood Newspaper." Arcadia has rallied together in the past to accomplish many things, from supporting charitable events to helping save significant pieces of our own history.*

This month our feature story is about the David Wright House and the current man behind its restoration, Zach Rawling. What we are not covering this month is the next part of the story: the potential usage of the home and property.

I want to be very clear: the paper does not maintain a position in regards to the use of the property. At press time for this May edition, the David and Gladys Wright House Foundation has not submitted any official documentation regarding the potential use of the property.

As an Arcadia resident – my family and I live about half a mile away from the house – I was glad to see the home saved from demolition, instead of subdividing the property to build four more big homes that look the same. Like many of us, I'm also anxious to hear more about the official plans and how they are going to address the concerns of the neighborhood.

In the meantime, a FAQ (frequently asked questions) page is available at www.davidwrighthouse.org/faq. We've been told this page will always have the most up-to-date information. By the way, anyone can tour the home by signing up on the web site. We have visited multiple times over the years, and still learn something new with every visit.

Hopefully, Arcadia will be able to look back and check the David Wright House off on our list of accomplishments that we have figured out and arrived at together – as a community.

Greg A. Bruns
Publisher, Arcadia News

By Amanda Goossen – PHOTOS BY: GREG BRUNS

Standing proud in Arcadia, amongst a lavish landscape of olive trees, and atop a vibrant green lawn, is a unique structure with rich history, revolutionary architectural design and a fierce amount of citywide controversy.

The house, until recently, was neglected. Although surrounded by million-dollar homes, this home and its property had seen better days. 60 years of low-desert climate and "deferred maintenance" had taken its toll. The inside showed weather damage, with water-stained ceilings as well as water penetration throughout the walls, doors and windows. The exterior masonry was patched in numerous locations and large wood beams were sagging from their inability to hold the massive concrete structures built above them.

The bold, primary colored rug designed to fit in the living room – giving the space its character – was sold to film producer Joel Silver and placed in his archive.

The 27 rows of citrus trees were long gone. The 10-acre lot was pieced off and sold over the years, with just 2.25 acres remaining.

A home with such historical significance deserved better. It was a national treasure. It was a Frank Lloyd Wright original.

Designed by Frank Lloyd Wright and built by David Wright in 1952, the home is recognized as the David and Gladys Wright Home. The couple lived in the house until their deaths: David died in 1997 at 102 years old and Gladys died in 2008 at the age of 104.

After Gladys' death, their granddaughters sold the home for $2.8 million.

The house, respected not only for who the builder was but also for his architectural vision with the entire property, is a unique circular design with concrete block craftsmanship. Originally regarded as "An oasis in the desert," Wright titled the plans of this home "How to Live in the Southwest."

This home encompasses Wright's philosophy of architecture as well as his organic philosophy of life. He believed buildings of all types, whether skyscraper or small home, should respect their surroundings and their position on the earth, while also nourishing the lives set within them.

According to the Frank Lloyd Wright Foundation, Wright said, "Above all integrity, buildings – like people – must first be sincere, must be true."

The David and Gladys Wright house was designed with just such integrity in mind. Built when Arcadia was advertised as 5-to-10-acre estates in the suburbs of Phoenix with working citrus farms and low-population density, the property was designed and developed to fit within its location. Situated within Phoenix's mountain ranges and positioned for an ideal view of each, the home finds a distinct balance within its landscape.

It was set high on beams, truly in the air, to avoid the dusty desert floor while also providing a view above the treetops, to see 360 degrees of mountain landscapes. To the north, Camelback Mountain stands with a mighty grace. To the south, now hidden from the home's view behind palm trees and power lines, is Papago Mountain, which was once in plain sight before modern development over the past 60 years obstructed the home's view of the peak.

One of Wright's most well-known career accomplishments was the Prairie house, a style of family home, eventually recognized as "the first truly American architecture." The Prairie house removed the idea of straight-sided, box-style homes and interior walls were limited to give a much more open and intimate feel.

Wright explained, "The relationship of inhabitants to the outside became more intimate; landscape and building became one, more harmonious; and instead of a separate thing set up independently of landscape and site, the building with landscape and site became inevitably one."

The David and Gladys Wright house is a post-Prairie, created during his postwar period of Usonian homes, teepees, honeycomb and hemicycles. It is another example of how Wright continued his organic theme throughout his work and constructed his legacy.

This home appears as a solid circle. A spiral path leads upward from the desert surface, toward the front door in the sky. A small kitchen, a great room with piano and fireplace, and three bedrooms make up the actual living quarters.

The spiral walkway leads around the home and eventually to the roof, which provides a majestic view of Arcadia, particularly Camelback Mountain.

A swimming pool sits underneath the home (now filled in), as well as a carport, tucked conveniently near the walkway of the home.

A guest quarters sits on a slope slightly above the home.

Nowadays, Sarah Levi, the great-granddaughter of Frank Lloyd Wright, lives in the house as a scholar in residence. In 2010 she wrote her graduate thesis for Columbia College in Chicago as a feasibility study on converting this Wright property into a Frank Lloyd Wright museum.

As the property begins a complete restoration process, a team that includes designer Wallace Cunningham, a former student of Taliesin West, works to return the home back to its original 1952 state and feature the elements that Wright intended to be seen surrounding the space.

The team is studying the original drawings from Taliesin West, including the site plan drawings.

They are even investigating the first drawing David sent to his father to commission the house. It was a hand-drawn flat plan of the 10 acres, including the natural elements in the periphery. Within the drawings, one can see where Wright drew a line to the top of the peaks and the head of the camel (on Camelback Mountain), as well as a cutout of the house, where he rotated the home until the ideal visuals were reached.

Two lines then led from the home, one to Camelback and one to the Papagos. Although it is not feasible to recreate the original views of the home, the teams from Taliesin West and the Frank Lloyd Wright Foundation want to bring back as much of Wright's plans as possible.

A replica of the eye-catching living room rug was recently placed in the home. Painstaking research was done to make the replica, which included a study of the original plans, original artist and a slew of photos. Color-matching, stitching and weaving details were adamantly adhered to, which led to an amazingly well-crafted design element that looks more like a piece of art than a floor covering.

Taliesin West provided copies of everything in their archives, while the Wright family shared their six-decade-old collection of family photographs to bring back the nostalgia and intimacy, as well as provide visuals of the home's original uses.

For Zach Rawling, the new owner of the home, reconstructing Wright's design has been an adventure.

"It's been an amazing learning experience," said Rawling, who purchased the home and saved it from possible demolition in 2012. "Every day is something new."

With an estimated three years worth of renovations expected – from structural failings that need to be re-engineered and rebuilt, to ceiling panels that need to be sanded down individually and repaired after years of water damage – the Frank Lloyd Wright Foundation and Zach Rawling are focused on the long term goal.

Once the property is complete, the next phase is to open the site to the public. This phase is expected to take an additional three years.

Ideas and drawings include an underground gift shop, cafe and museum. An educational center is an overall theme, explained Zach, while showing the property.

Zach's mother, Katharine, a former elementary school teacher, hopes to implement a field trip program for third- and fourth-grade students.

For Zach, who grew up visiting Frank Lloyd Wright homes around the country with his mother each summer, providing a space for people to visit, learn and appreciate America's most well-known architect is a matter he holds dear to his heart.

"My mom and I would take my sister to theater camp each summer somewhere in the country and then drive back to Arizona, stopping to look at architecture, particularly Wright homes," said Zach. "We want other people – other families – to enjoy that same experience."

WHO IS ZACH RAWLING?

Zach Rawling was born at the Scottsdale Memorial Hospital and resided with his family in the area off 36th Street and Medlock from the age of 6 months until he left for college at 18. He attended All Saints' Episcopal Day School and Brophy College Preparatory, before heading to the University of Virginia for college. He later studied law in Los Angeles at UCLA.

John and Katharine Rawling, Zach's parents, grew up in a small town in North Carolina and married right after graduating college. Katharine taught at an elementary school in Virginia to help pay for John's law school tuition.

Katharine grew up with a subscription to *Arizona Highways* and took a road trip West with her family in high school, where she fell in love with the Arizona desert.

Zach's parents moved to Scottsdale as soon as his father finished law school in 1973. He was an attorney at Fennemore Craig for over 20 years before he accepted a job from one of his earliest clients. He then became president of a Tempe-based aerospace company, where he worked for the last 15 years of his career.

His mother began architectural school at ASU in the 1970s, but stopped to raise Zach and his sister, Maggie.

John Rawling died in 2009 at age 60, within a year of retiring. In addition to spending time with his family in his retirement, he hoped to teach American History at either a high school or college and planned to donate resources to benefit people in his chosen hometown of Phoenix.

After attending law school, Zach applied as clerk to the courts in 22 states, eventually receiving a call from Las Vegas. He served as a clerk in Las Vegas for one year and just before returning to Los Angeles to practice law, had an epiphany.

"I decided building and architecture was my true love," said Zach.

Zach contacted a friend from college who was a civil engineer working for a commercial contractor on the East Coast.

"I said, 'Let's try custom homebuilding.'"

The friends began a two-person custom homebuilding company.

After years of exploring architecture across the country with his mother, as well as riding his bike and peeking over the wall of the David and Gladys Wright home as a young boy, Zach knew the style of architecture around which he wanted to base his company.

After much research, Zach discovered the work of John Lautner and Wallace Cunningham, both Southern California architects and students of Taliesin. Lautner actually apprenticed under Frank Lloyd Wright.

The two men were known for their dramatic use of concrete, steel, glass and ramps.

"The first chance I got to call and hire architects while building homes, I called Wallace Cunningham," said Zach.

One evening, in the middle of two projects in Las Vegas, Wallace and Zach met for a business dinner. Wallace explained that an Act of Demolition permit had been filed for the David and Gladys Wright home.

"I finished the dinner, got on the phone with my mom and told her I was flying to Phoenix in the morning," said Zach. "I asked her to please call the broker of the home and schedule a tour as soon as possible."

Within 24 hours of that dinner, the fate of the David and Gladys Wright home changed.

"We stepped on the property for the first time, turned the corner on the ramp, saw the view of the mountain and there was absolutely no question we wanted this project," said Zach.

After 6 1/2 years in Las Vegas, Zach packed up to return to his hometown.

"I moved back to Phoenix to oversee the Wright House project and have been an Arcadia resident for the last year and a half," said Zach. "My mom is remodeling a house near Arcadia and will also be a full-time resident here."

For Katharine, opening the David and Gladys Wright House as an educational and cultural space for children and families throughout Phoenix – and the world – is an appropriate way to honor the memory of her husband. She also believes it's a way to celebrate his love for his family, the city of Phoenix and the history of American architecture.

For Zach, the entire process is about learning, growing and doing something that he loves.

"It has been a dream come true," said Zach.

She brings Arcadians together to support a family in need

By Jessica Morrison

Jennifer Koeninger found her sense of community through the Arcadia Parents Google group she started four years ago, and more recently through the jewelry business she started with Tsega Woldemichael, a refugee from Ethiopia who was granted asylum in the United States in March 2013.

Jennifer started the Google group in August 2009. For the past four years, the group – now at 945 members – holds a Holiday Giving Campaign, in part with the International Rescue Committee, to help refugee families in need. Through the campaign, Jennifer met Tsega, and discovered that her family was having financial issues.

Tsega and her husband, Atakelti Weldeobzgi, along with their four children, Anbesan, 15, Haben, 8, Semira, 6, and Merhawi, 3, were granted asylum in the U.S. after spending 10 years in an Ethiopian refugee camp. Shortly after they immigrated, Tsega became pregnant with her son Abner, now 10 months. Then, a car hit Atakelti as he left a meeting at the International Rescue Committee headquarters in Glendale. The accident caused Atakelti to lose his job as a groundskeeper.

"They were in a really bad state. They were in a bad apartment, and they were going to get evicted," said Jennifer.

Arcadia Parents raised $3,600 for the family to avoid an eviction, allowing them to later qualify for Section 8 Housing.

Jennifer Koeninger shared her knowledge of jewelry making to help create Humble Jewels.

Jennifer, who does metal-smith work as a hobby, had been making wrap-style jewelry for friends. She saw that Tsega had similar skills after she observed the baskets Tsega wove, as well as Tsega's own jewelry that she made while in the refugee camp.

"She's really, really skilled at this stuff, and I figured that she would be good at doing this," said Jennifer.

Jennifer plans to teach Tsega how to do metal-smith work. Currently, Tsega does the intricate beading required for the jewelry.

Before Tsega began making the jewelry, Jennifer went to the International Rescue Committee, an organization started by Albert Einstein in 1933, that helps refugees with emergency aid and other long-term assistance, to help Tsega obtain a contracting license to begin making and selling the jewelry. They now sell the jewelry at school festivals, art shows and on humblejewels.com.

"I came from not such great beginnings, and I figure that's something that we both have in common," said Jennifer

Jennifer grew up in San Francisco as the daughter of a single mother. She has a history of helping people from other cultures. She lived in Japan for four years, and after her first year, began teaching English there. She returned to San Francisco, where she attended San Francisco State University. She and her husband moved to Arcadia six years ago.

Tsega's son Anbesan speaks enough English to be an interpreter for his family. When asked what he likes best about his life in the U.S., he said, "Everything."

Anbesan said there were no jobs in the refugee camp, very little food and they had to construct their house from mud and tin they found.

Anbesan shows Jennifer a photo album of their life in Ethiopia.

"You look so sad," Jennifer said to Anbesan. Anbesan nods his head slowly in response.

Tsega works from home, making the jewelry, allowing her to be there when her children get home from school. Jennifer, who often finds items the family needs through Arcadia Parents, visits them frequently, and helps Anbesan with his homework.

"This community is so awesome. There are so many volunteers."

Anyone who wishes to be a part of the Arcadia Parents Google group may request membership on Google or by emailing Jennifer at jkoeninger@gmail.com.

Decision on open enrollment

SCHOOL BOARD

By Francesca Thomas

On April 14, the Scottsdale Unified School District Governing Board convened for its monthly meeting. Here are some highlights of the discussion and action items from the meeting:

• A decision was made to close all high schools to open enrollment on the tenth day of each semester. While there is a negative fiscal impact of $96,000 to this decision, it will allow for better staffing and class size management, as well as align more consistently to the code of conduct. Specific to code of conduct, currently it is stated that any student who misses 10 days or more of a class cannot be graded for that class, and so can only audit the class. Under the new policy, students will not be put immediately in the awkward position of not being able to get full credit for their semester of work. This policy change applies only to high schools; all other levels of school will continue to accept open enrollment students, as space is available, throughout the year.

• The district is working on staffing for next year, and the timeline has been moved up by 3-4 weeks this year over last. Due to the passage of the override, the district will be hiring 60 new teachers- some to restore specials in the elementary schools and some to reduce class size across all levels- and will additionally be hiring teachers to replace the teachers who are resigning and retiring. Already, 40 new teachers have signed letters of intent, which puts the district in a very good position moving into the summer months. The timeline for teacher placement requires first that all unassigned teachers be placed; that will occur on April 17. Then, new teachers will be placed. Finally, any remaining open positions will be filled. The district hopes to get contracts out to teachers by early May, before the end of the school year.

• Information was presented about proposed changes to teacher evaluations and the code of conduct. The presentation specifically focused on occupational therapists and physical therapists. The code of conduct presentation spotlighted the proposal to eliminate "revocation" for open enrollment students, and instead consistently apply of the code of conduct to all SUSD students. No action was taken on either of these issues. The board will be revisiting these topics at their next meeting.

As always, a video of the entire meeting is available online, as are all the presentations made at the board meeting. To view them, simply go to the SUSD website under the Governing Board drop down: www.susd.org

— Francesca Thomas is an Arcadia mom who has volunteered in SUSD schools for 15 years.

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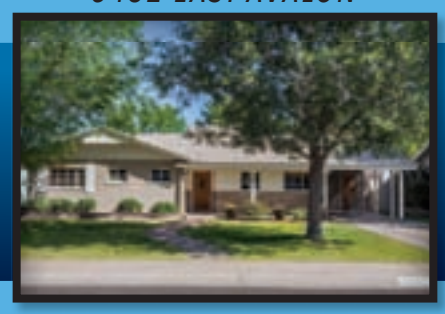

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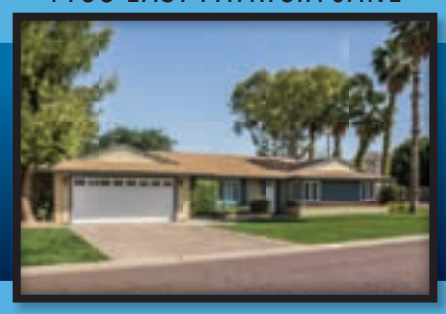

Absolute best location on a coveted street in Hopi Schools. Approx 2000' 4 bed/2 bath with pool and oversized garage.
$625,000

5101 EAST FLOWER

3200', 4 bed/2 bath home tucked into a quiet cul de sac with a 900' 3-car-garage and pool.
$715,000

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Perfect pairs: Arcadia couple gifted with three sets of twins

By Katie Mayer

Even before Arcadia residents Brennan and Jen Watkins got married, they both dreamed of having a large family. But they never anticipated the unexpected ways in which that dream would come true.

Just five years after saying, "I do," the busy couple has three sets of twins ranging in age from 10 months to 3 years old.

For the Watkins family, this means everyday life is a full-time job, a logistical puzzle and – of course – a challenge. That being said, the dedicated couple remains grateful for each little bundle of joy and said they wouldn't trade this experience for the world.

Brennan and Jen recently sat down to share their story with *Arcadia News* in hopes of recognizing all the mothers out there who make daily sacrifices to care for their families and also to bring hope to other couples facing fertility struggles.

"I wanted to recognize the moms in the shadows," Brennan said. "We've been under our own little rock for three years and it's important for people to know there are stories like this."

Jen added, "I'd like to acknowledge all of the women out there who want to be moms… just because they are struggling doesn't mean you can't be a mom or a mother to others. There is help and there are blessings."

While struggling with fertility problems during the first two years of her marriage, Jen, now 30 years old, wondered at times if she would ever be a mother – something she'd dreamed of her whole life.

"Jen has been preparing for this role since she was a little girl," said her mother, Cheryl Nordyke, of Mesa. "She was always very nurturing and maternal."

Hoping to start their family, the couple sought medical treatment from Dr. Steven Nelson of Camelback Women's Health Center. After one round of in vitro fertilization, the Watkins were delighted to learn they conceived twins. Unfortunately, Jen's pregnancy ended in miscarriage, so the couple had to begin the process again.

Six kids under four can be exhausting, but the Watkins family wouldn't have it any other way. PHOTO BY NTK PHOTOGRAPHY

The next pregnancy was a success and Jen delivered twins – a boy and girl named Colton and Perry. Since it took a long time for Jen to become pregnant, and the couple eventually wanted more children, they decided to start IVF soon after the twins were born because it may take several years again to conceive.

After another round of IVF, Jen gave birth to girls Julia and Lela and finally – in the couple's minds – their family was complete.

Jen, a former early intervention specialist, stayed home to raise the children, while Brennan, an anesthesiologist, worked unpredictable hours and jumped in as a hands-on dad at every moment he was home. The family settled in nicely to their busy, but rewarding new life.

Then the unexpected happened.

"I slipped and fell near the doggy door and felt like I had broken my ribs, so I went to urgent care," Jen said. "They did a pregnancy test just out of routine before giving me an X-ray, but I explained to them it would not be necessary since there was no way I could get pregnant on my own."

After testing Jen, the nurse came back in and asked for another test. And after the second test, the doctor came into the room.

"That's when I knew right away that I was pregnant," Jen said. "It was a complete shock."

When Jen returned home and told Brennan, he initially didn't believe her. The couple was certain they could not conceive without IVF.

The Watkins followed up with Jen's doctor. After an ultrasound, which revealed there were two sacks, the couple learned they were once again having twins.

"We felt like this was a higher power," said Brennan, who along with his wife, is a member of The Church of Jesus Christ of Latter-day Saints. "Things happen when they're supposed to." He added, "We never imagined this would happen so quickly."

About 10 months ago, Jen gave birth to babies Kate and Eliza. Like the rest of the twins, they are fraternal.

"Once the shock wore off of having our last set of twins, I was like, 'This is a huge blessing,'" Jen said. "We just had to kind of accept that this is what's right for our family." She added, "It's crazy, but every day I am so thankful for this."

Today, the couple's home and life remains a flurry of activity. At any given moment, toddlers and babies are laughing, playing, shrieking, sleeping, eating or crying. Jen calmly and gracefully runs her days in a structured (yet flexible) routine and keeps a child-friendly (but orderly) home.

The couple relies on a grocery delivery service. They can drive their family to visit relatives or go to church in their specially ordered European model GMC Yukon Denali, which fits two rows of three car seats. They also have some high school girls who help out a few days a week with the children's evening routines.

"As parents, we both play off of each other's strengths," Brennan said. "It's amazing how easily Jen has adapted to becoming a multitasking mother."

Jen acknowledges that life has been harder – she rarely leaves home and does not get to hang out with girlfriends; however, the couple makes time for monthly date nights and keeps good communication a priority.

"It's one of those things where you have to figure out what works," Jen said. "It doesn't matter if you have one child, or six, being a parent in tough."

Brennan's mother Lynn Watkins, of Arcadia, called her daughter-in-law a "perfect mother" and said that her son is extremely helpful with changing diapers, doing feedings and all of the other duties of parenting.

"They're a good match and they're family oriented," Watkins said.

Brennan and Jen said they rely on their families for help and support, which is important considering strangers, on occasion, can be unkind. But whether it's an unsolicited opinion or hurtful comment, Jen and Brennan try not to let those judgments bother them.

"When people ask me, 'Why did you have six children?' I show them a photo of all of them and say to them, 'Which one shouldn't I have had?'" Brennan said. "They are all beautiful."

For a family with such an extraordinary story, everyday life is actually fairly ordinary. There are the busy days; there are the fun days and there are the trying days – and in between all of it – there are moments spilling over with love.

Brennan and Jen looked at each other and smiled as they recalled a recent example.

"There was this one moment where everyone was playing on the floor and everyone was happy," Brennan said. "We just looked at each other like, 'This is amazing. This is so cool.'"

"For us, we chose this," Jen said. "As hard as it is – and with how crazy it can be at some points – it's very rewarding."

The Numbers Couldn't Be Clearer

*Highest Luxury Market Share in The Valley**

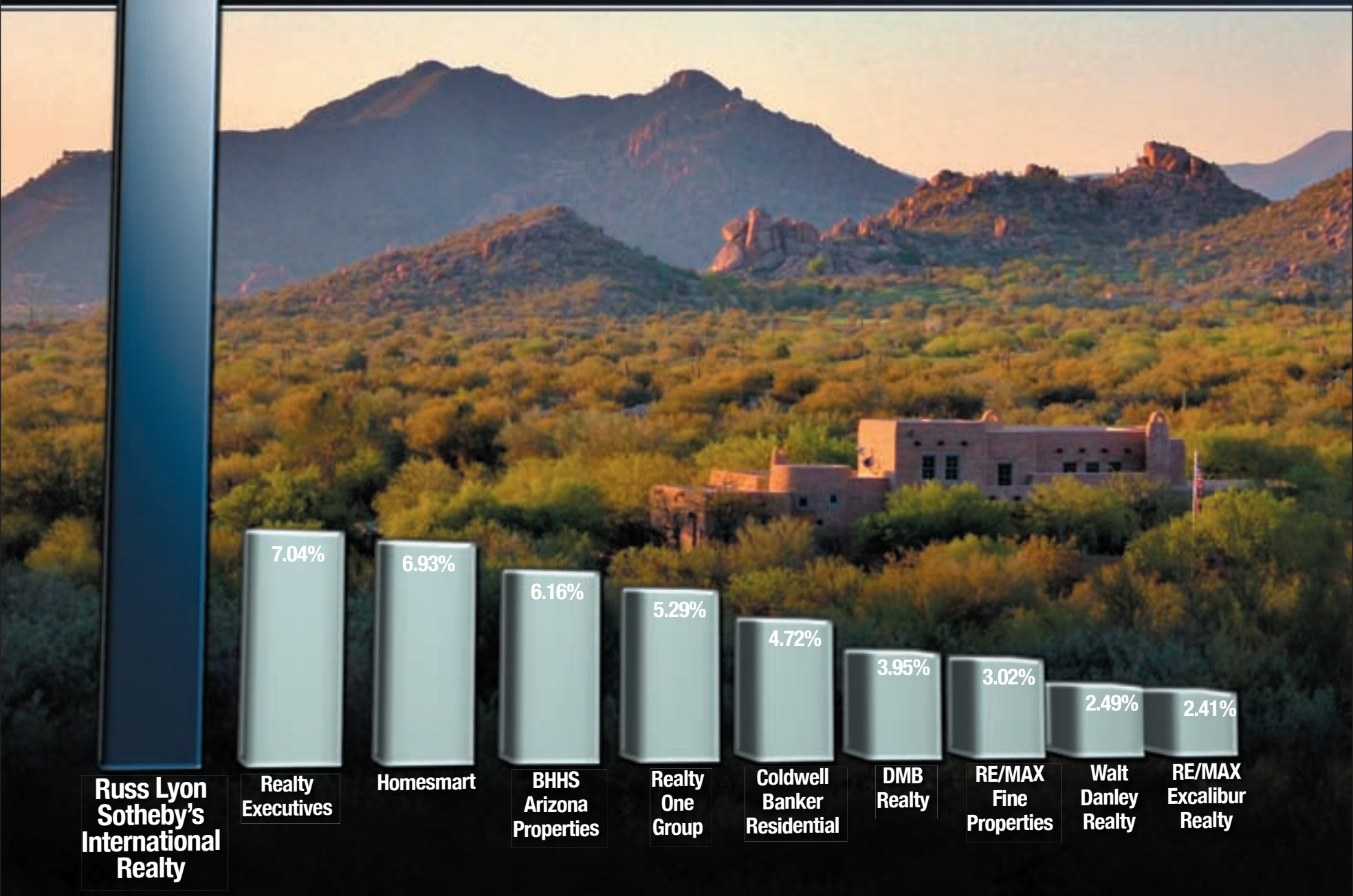
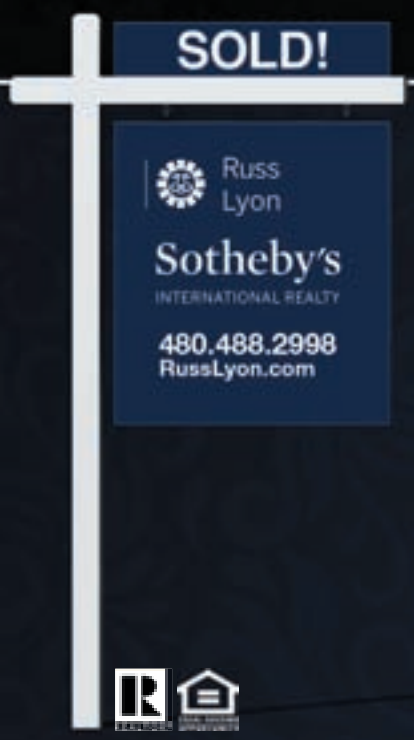


Chart source: All ARMLS by dollar volume; sales **$800K plus 2/1/2014 - 1/31/2015.*



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Group guides moms through parenting for 30 years

By Kourtney Seaton

North Central Parenting Group is a nonprofit, nondenominational organization that offers community parents a chance to learn current parenting trends from professional educators and gain insight into their child's developmental stages with age-appropriate information. The program recently celebrated its 30th anniversary.

NCPG currently offers classes between September and late April to parents with children ranging in ages from birth to kindergarten, and also have a "pre-infant" class for pregnant women. The program plans to introduce a primary class in 2015-2016 for parents with children in first through third grades. The expansion will add to the educational atmosphere that allows both parents and children the opportunity to build friendships, President Molly Livak said.

"Many alumni give us feedback that they miss being a part of NCPG and this is a great opportunity to get involved again," Livak said.

The primary class will cover pertinent topics including how to:

- Create a safety net for your child.
- Teach your child to set boundaries with their teacher and peers.
- Build relationships with teachers.
- Establish school organization in your home.
- Communicate effectively.
- Empower your child.
- Utilize successful homework and reading strategies.

The Preschool I class learns the benefits of being silly with your kids.

NCPG members are welcomed in a general session on the first day of class.

NCPG hosts family events each spring and fall.

Susie Garlick, a mother of three who has earned a Bachelor of Arts in Elementary Education from the University of Arizona and a Master of Arts in Professional Counseling from Ottawa University, will teach the new class.

While completing her master's degree, Garlick wrote and published the book *DiddleDots: Tips to Ease the Craziness of Parenting*. She actively promotes her book and shares parenting tips with the community.

Professional instruction is what sets NCPG apart and makes it the best resource to moms in Arcadia, Biltmore and North Central Phoenix, NCPG vice president and mother of two, Sarah Frey said.

"On Facebook and Instagram, we share our perfectly edited, sweet children. At NCPG, we share dirty stuff – the tantrums, the meltdowns, the frustrations. But we also celebrate the victories, from sleeping through the night to no tears at preschool drop off. And we can credit our instructors and classmates for helping us get there," Frey said.

Lindsay Morris, Arcadia mother of two, said NCPG has taught her how important it is to think ahead for our children and not get caught up in the day-to-day routine that is so easy to do.

"As all my NCPG teachers have emphasized, this precious window of time in our children's lives only comes once," she said. "As parents, we have an opportunity to help support, build and guide our kids to become thoughtful, moral, social-minded and giving, independent and confident individuals. These skills and abilities are fostered early and will carry through their lifetime."

NCPG makes you feel like you are not alone, Arcadia mother of two, Kacey Raab said. She is grateful to meet other moms and exchange ideas about how to get their children to eat their vegetables, sleep through the night, potty train and more.

"But most of all, I have been so fortunate to meet a great group of families," Raab said, She noted that many of those families live in Arcadia and she looks forward to watching their kids grow up together.

NCPG currently has 166 families as members and grows entirely by word of mouth, Frey said. "We have some members whose mothers were NCPG members when they were born."

NCPG is managed by a group of 20 volunteer board members and eight instructors teach the classes.

Classes take place every other Wednesday during the school year at The Church of the Beatitudes, 555 W. Glendale Ave., Phoenix, 85021.

An annual membership fee of $250 covers 15 classes plus social events. NCPG offers a discounted rate of $200 for early registration before June 1. On-site childcare is available but not included in membership fee.

Through the support of sponsors and advertisers, financial and scholarship opportunities are available for tuition and nursery fees to those in need.

To learn more, visit NCPGAZ.org.

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Valley women come together to form 100 Women Who Care

By Shelby Slaughter

Arcadia is home to the local chapter of the nationwide group, Giving Circles. The chapter goes by the name of 100 Women Who Care, with women coming together from all over the Valley to bring awareness to different charities.

Resident and founder of the Phoenix chapter, Cindy Little, recalls when she first heard about the organization in Ohio.

"It seemed like something I would like to put together if I could bring in the right women to start the group with me," Little said.

"I was fortunate that when presented with the 100 Women concept, Michelle, Kelley and Kathleen shared my interest and made it happen. I would say their immediate interest and commitment is a great memory for me."

By January 2014, Little and her four friends held their first meeting, which brought 100 Women Who Care to action. Now, with more than 100 women between the ages of 40 and 60, this group wants to help more people and grow. Kelley MacWilliam, one of the founders of the Phoenix chapter, revisits a special memory from their first meeting.

"One of the first charities drawn to be considered was Wigged Out, which was formed for a Xavier and U of A graduate who was diagnosed with Hodgkin's Lymphoma a few months before she got married," said MacWilliam.

(Left to right) Kathleen McClain, Michelle Wilkie Miller, Cindy Little and Kelley MacWilliam.

MacWilliam cherishes this story because her friends and family rallied around a loved one and helped make the woman a beautiful bride despite her battle with cancer.

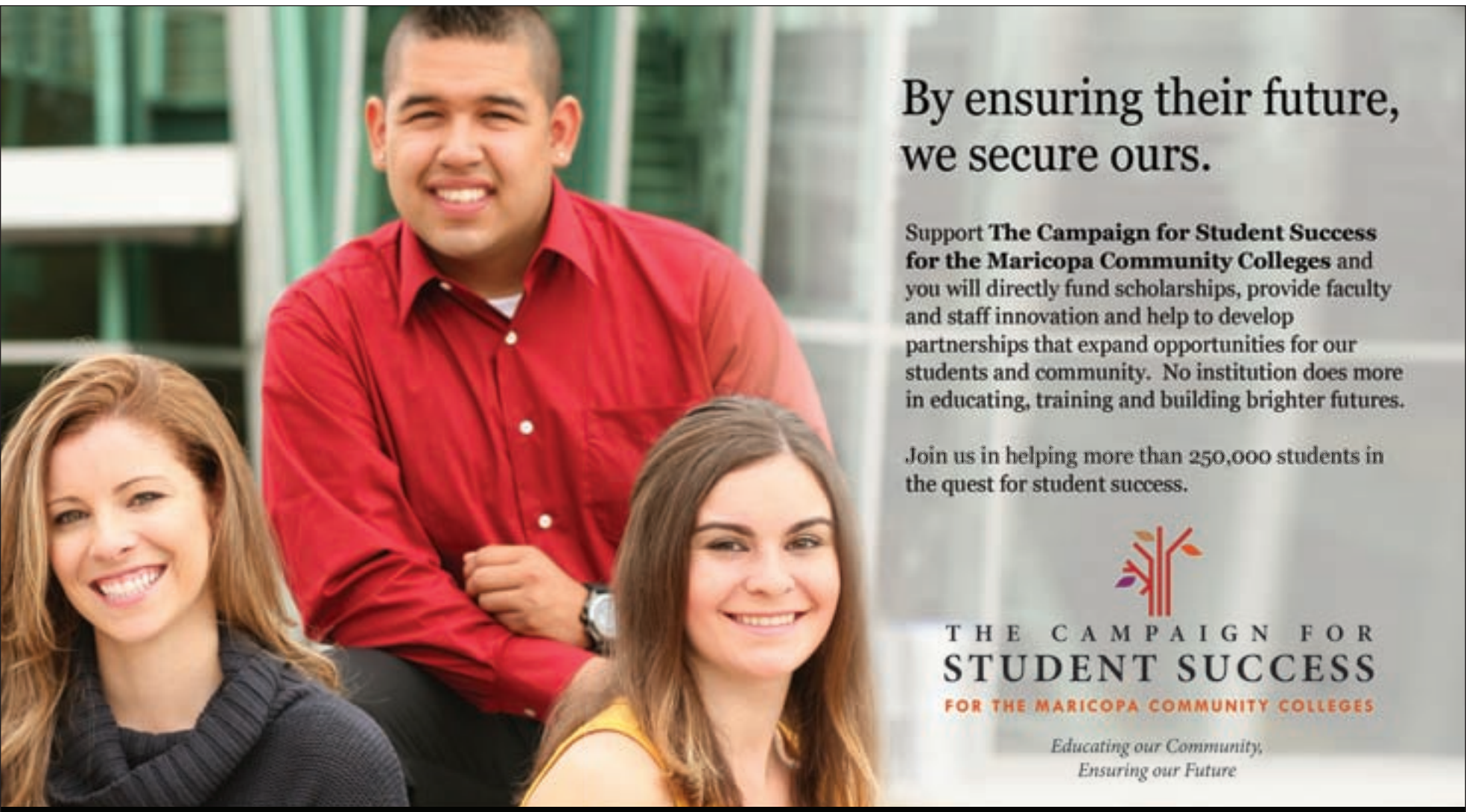
"Many of the philanthropies proposed have such local roots or branches. By forging together, we have really been able to impact and support our community."

Kathleen McClain says after each meeting she is amazed at how much the group accomplishes for charities around the Valley.

"I think most of our members feel that as a group we are able to make a large impact in our community with very little effort. In most philanthropic organizations it takes an hour just to create name tags!" said McClain.

In one year the group raised $31,000 for charities. Some of these include the Happily Ever After League which supports single mothers who have at least one child living at home, Scottsdale Prevention Institute that provides youth and families with life skills and practical strategies to foster a stronger and healthier community, Teen Lifeline which is a crisis service where teens help other teens make healthy decisions, and the Hospice of the Valley Pediatric Program that provides support and care to children and their families with life threatening diseases.

The group of women enjoys raising money for local organizations and is always open to new and local charities. The group meets four times a year at the Pink Pony in Scottsdale. For more information about the group, visit 100womenwhocarephoenix.org.



The Great Arizona Puppet Theater will perform three great shows in May.

Kicking off summer with valley-wide family fun

By Michelle Donati-Grayman

If you're looking for ideas to celebrate summer's arrival, look no further. From free concerts to theater classics, there's no shortage of family friendly events and activities taking place around the Valley this month. Check out the list below for a few ideas:

PUPPET THEATER

Located in downtown Phoenix near the Japanese Friendship Garden and Margaret T. Hance Park, the Great Arizona Puppet Theater produces fantastic puppet shows year-round. This month, the theater will feature an updated version of the classic tale *The Boy Who Cried Wolf*, from May 1 to 3, and one of the theater's most popular shows, *The Princess, the Unicorn and the Smelly Foot Troll* runs from May 6 to 31. Tickets are $7 for children 2 and older and $10 for adults. Children under 2 are free with the purchase of another ticket. Visit azpuppets.org for more information.

CONCERTS IN THE PARK

The McCormick-Stillman Railroad Park may be known for being home to the Paradise and Pacific Railroad, but it also features an antique carousel, shops, museum, playgrounds and more. This summer, this Scottsdale park is adding free summer concerts to its list of amenities. May 3 through July 5 the park will host Sunday evening concerts featuring local bands. Train and carousel rides are also available for $2 each. For more information, visit therailroadpark.com.

THEATER CLASSICS

The Valley is home to a host of family friendly theaters that offer productions of beloved classics. At the Mesa Arts Center catch Disney's *Beauty and the Beast Jr.* during May 1 to 3, or check out *The Wizard of Oz* May 8 to 17. Desert Stages Theater in Scottsdale will feature *Shrek the Musical* May 1 to 10 and *Willy Wonka Jr.* will run May 22 to June 21. You also can watch Ariel and friends May 22 to June 21 at the Arizona Broadway Theatre's production of *The Little Mermaid*. Ticket prices vary. Visit mesaartscenter.com, desertstages.org or azbroadway.org for more information.

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PRESERVE ARCADIA. SAY 'NO' TO COMMERCIALIZATION.

An open letter by Peter Sperling, Arcadia Homeowner and Chairman of Apollo Group.

Arcadia is one of the most beautiful neighborhoods in all of Arizona, and I love living here.

My father and I both chose to purchase our homes in Arcadia because of the special ambiance and low density, purely residential lifestyle.

My father first moved to Arcadia in the 1970's when many of the roads were still dirt and large citrus and pistachio orchards were interspersed throughout the neighborhood. These orchards were an important part of history, providing citrus to our American hero's fighting in World War II.

I moved to Arcadia in 1983, purchasing a property that was (and still is) home to one of the last two of these indigenous citrus groves. Both my father and I remodeled our homes but were quite careful about preserving the history and unique character of the community. Through an appreciation and respect for the Arcadia heritage, we decided to retain the orchards on our properties and today, after multiple decades, they remain.

It is no accident that our business, The University of Phoenix, is one of the top 50 community-minded companies in America. My father and I are strong believers in the concept of community.

Unfortunately, we have a new neighbor who is taking quite a different approach. A lawyer from Las Vegas recently bought the beautiful home near Exeter and Rubicon which Frank Lloyd Wright built for his son David and daughter-in-law Gladys back in the 1950s.

Back then, the Wright's decided not to pave Rubicon because they didn't want to alter the rural character of the neighborhood. But the new owner, Mr. Rawling, has a different idea. First, he bought three other nearby homes, then he knocked one down to develop a commercial complex, complete with a museum, a large outdoor amphitheater, a café, alcohol, and a huge underground special event space open for rental.

He says he intends to attract 100,000 new visitors into our neighborhood each year. When you stop for a moment and consider Frank Lloyd Wright's philosophy of organic architecture, it's obvious that this massive commercial complex doesn't make sense at this location. As Wright explained in 1939, the fundamental value he strove to bring to life was "exalting the simple laws of common sense." His gorgeous works did more than just fit in with the existing land and environment — they exalted them. He did not construct buildings to stick out of nearby mountains like sore thumbs, but rather to blend into them and reflect the natural beauty that existed there already.

If only Mr. Rawling would take the Wright approach to his new homes in Arcadia. Can you imagine what a massive café/museum/ amphitheater/ wine bar would do to parking in Arcadia? Or noise at night? Or traffic? Can you imagine what any size of a use like this in the middle of a residential neighborhood might to do the property values of the homes that so many families have poured their savings into?

Mr. Wright's winter home itself, at the much larger Taliesin West in Scottsdale, doesn't allow for wedding rentals or such commercial activity as they want to respect the architects philosophy.

Arcadia shouldn't be made to suffer because a restoration project became too expensive. The commercialization of Arcadia shouldn't be a subsidy or bailout for anyone.

Some may say look at Wrigley Mansion in the Biltmore or Paolo Soleri's Cosanti in Paradise Valley which are tourist attractions with tens of thousands of people as something we shouldn't mind in Arcadia. Well, both of those examples were there first, before people invested their homes and families nearby.

That's not the case here. If it is allowed to happen in this part of Arcadia near us, it will be encouragement to do the same with other neighborhoods near you.

The Arcadia High School basketball team put up a great fight in their recent championship game. It's up to us to show that same spirit now. And while the courageous Titans might have come up short in overtime, we can't and won't lose this fight to save our residential Arcadia community.

---

www.PreserveArcadia.com

Easy and adorable string bowl for lovely Mother's Day gift

By Lisa Weisenburger

Nothing is more precious to me than the handmade gifts I've received from my kids over the years for Mother's Day. Macaroni necklaces. Handprints. Macaroni frames. When they got a little older they presented a recipe holder made with a clothespin and a block of wood. When they grew even older, I received a potted flower pen and coupon books with sweet sentiments such as "Good for One Breakfast in Bed" and "Redeem for 10 Free Hugs."

I mean, really? How can you not get all sappy over a box with macaroni glued on top and spray painted gold? And by sappy, I mean the drawer in my nightstand is filled to the brim with each of these treasures because I have kept them all. Sure, some of the pasta pieces are cracked and have fallen to the corners of the drawer, but they are all there. How is it that as the kids have grown and the homemade gifts are replaced with store-bought lovelies, each handmade specialty becomes even more precious? Only moms, mothers, grandmothers and nanas truly know the answer.

Dad, here is an idea for a Mother's Day gift you can gently steer your sweet children into creating for their awesome mom. Come on, you can do this! And if I had to guess, this beautiful gift would not end up in a drawer, but quite possibly in a place of frequent use or prominent display.

KIDS' CORNER

Materials

- newspaper to protect the work surface
- 2 bowls
- recycled plastic grocery bag or a gallon-size Ziploc bag
- white school glue
- water
- yarn in fun colors, twine or jute string
- scissors

Optional:

- beads
- glitter
- dip dye

Instructions

Cover your work surface with newspaper. This can be messy!

Choose one bowl to use as your mold, keeping in mind that the shape of this bowl will determine the shape of your yarn bowl.

Cover the bowl with the plastic bag or the Ziploc bag. Place the bowl upside down on your newspaper-covered work surface.

Pour some glue (we used Elmer's White School Glue) into the second – unwrapped – bowl and add a little water to dilute the glue. Stir.

Unravel the string that you've chosen and submerse in the glue. Note: Use long strands or don't cut it until you've finished with the next two steps.

Pinch the yarn between your fingers to squeeze off the extra glue.

Place the upside-down bowl with the bag in front of you. Wind the yarn or string back and forth, over and around the outside of the bowl mold, making lots of U-turns. Continue until the bowl is covered the way you want it and then cut the yarn (if you haven't already). Press the yarn down gently to help the strands stick together.

Allow the yarn to dry. This could take a couple days; so find a good hiding spot where mom won't find it!

When the yarn is dry, remove the bowl from under the bag. Then, gently peel the bag off the yarn bowl. You can flake off the extra glue if you're feeling tidy.

Kids will love it if mom keeps her treasures in it!

Optional: Occasionally string a bead on the twine or yarn for additional decoration. For extra pizzazz, add glitter. You can also dip dye a bowl made of white twine.

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Walt Danley

Three generations making Nona's gnocchi

By Lisa Weisenburger

This is the story of Nona. Nona means grandmother in Italian. In this family, Nona is also mother, grandmother and great-grandmother. In this house, Nona is the equivalent of family, heart, kindness and tradition. In this kitchen, Nona means teacher, cook, recipes without note cards and the old country. It has been several years since Nona passed, but she is ever-present as the three generations of women that followed her hover together with hands covered in flour, actually up to the elbows, and carry on her recipe for gnocchi.

This happens to be the day before a large family celebration in the Tigue home. Tradition calls for homemade Italian food, of course, and Nona's daughter, Anna, granddaughters, Briana and Alysia, and great-granddaughter, Lilly, are ready to prepare gnocchi the old-fashioned way.

"If you looked in a recipe book, most gnocchi is not prepared with a sweet potato, but my mother always did it that way, so we do too," says Anna.

Anna admits that her mother never used a recipe and quite likely learned how to make gnocchi from her mother the same way.

"Getting an actual recipe was tricky. It was all about how the dough felt when it stopped sticking to your hands. Then you know it's ready," says Anna.

One key to successful gnocchi, according to Anna, is keeping the cooked potatoes fluffy and light. For this purpose, Anna produces a more than half-century-old ricer that once belonged to her mother. The tradition of making a well of flour and adding the egg, salt and potatoes, and stirring with your hands until all is incorporated into a light dough, is a skill Anna learned when she was her granddaughter Lilly's age.

Women in the Tigue family keep up tradition by making a staple Italian dish, gnocchi.

Lilly's favorite part, however, is not making the dough, but rolling the portioned out pieces into long skinny "logs." Briana says, "What makes this kind of cooking important is that not one piece looks the same as the next. It is not produced in a factory. Each one is as unique as the hands that made it. Which makes it also perfect to prepare with multiple generations," she says with a wink and a sweet look toward her daughter.

ARCADIA COOKBOOK

All of these women agree that Nona's cooking was more rustic than fancy. She would occasionally use leftovers to inspire the most delicious meals. Even for this celebratory dinner, one could use leftover potatoes.

This rustic experience is hammered home by the use of the ancient pasta board that also belonged to Nona. This board was especially made for rolling out pasta and resembles a traditional cutting board until you notice the built-up edge along one side that grips the counter or table that Anna says is "so the board doesn't slide away from you when hand rolling sheets of pasta."

Nona knew that the kitchen could be small and still produce big flavors. In fact, growing up in the town of Campobasso in the Molise region of Italy – where kitchen's weren't large and refrigerators were the size of those you'd find in dorm rooms – helped Nona feel more than comfortable in the tiny kitchen she called her own in the attached apartment at the Tigue home.

Briana recalls with the hint of a tear, "I was lucky to have been able to live with my Italian grandmother for all of my childhood. I learned some great recipes, but even more than that, I learned to have patience and to savor the time we have with our families."

Although Nona is gone, her girls work together to continue the gnocchi-making tradition. Anna leads the charge and cranks the Italian classics – to which she sings along in perfect Italian. Briana coaches Lilly while turning down the music, and Alysia does her part primarily so she can enjoy the finished product.

When the gnocchi is rolled and cut into pieces, Anna places them in a single layer on a sheet pan and dusts them with semolina flour so they do not stick. From here she can cook immediately, refrigerate for a day or two, or freeze. Anna cautions that the gnocchi should be completely frozen before ever putting them into a plastic freezer bag.

"They will stick, and that's not good," she said.

Once frozen, the gnocchi can be cooked any time.

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Pesto Cream Sauce

- 1/2 to 3/4 cup homemade pesto (recipe below)
- 2 cups cream
- 2 to 3 tablespoons butter
- salt and pepper to taste
- Grated Parmesan or Romano cheese
- In a large skillet, stir all ingredients together. Toss with cooked gnocchi. Sprinkle with grated cheese just before serving.

Anna's Homemade Pesto

- 2 cups packed fresh basil leaves
- 2 cloves garlic
- salt and freshly ground black pepper to taste
- 1/2 cup freshly grated Parmesan cheese
- extra-virgin olive oil

Using a food processor, blend basil, garlic, salt, pepper and cheese, adding olive until smooth and relatively thick, approximately 2/3 cup. Refrigerate. Best if made in advance. Can be frozen in airtight container for several months.

NONA'S GNOCCHI

- 4 large russet potatoes
- 1 large sweet potato
- 2 to 3 cups of flour (may need more depending on wetness of potatoes and size of eggs)
- 2 large eggs
- salt
- additional flour for dusting
- semolina flour for non-stick purposes

Peel potatoes, cut in quarters. Bring a large pot with lightly salted water to a boil. Boil potatoes until fork tender. Drain. Allow potatoes to cool until able to handle, but still warm. Using a ricer, mash the cooked potatoes. Allow them to loosely pile in a bowl or on a baking sheet, keeping fluffy. A food mill will also work nicely.

On a solid surface, make a well with the flour. Add eggs and salt. Stir with fingers until barely combined and add potato mixture. Combine ingredients, adding additional flour as necessary until dough does not stick to fingers.

Separate quantities of dough so that when rolled out, the dough forms a log that measures approximately 10 to 12 inches long and has a 1-inch diameter. With a knife or pastry cutter, slice 1-inch pieces and place in single layer on sheet pan. Sprinkle with semolina flour to avoid sticking.

Use immediately by placing in boiling water until the gnocchi float and are puffed up. Drain. Serve tossed with favorite sauce (see below).

Continued from page 34

As with all pastas, the prepped gnocchi are cooked in boiling, salted water. (It's probably OK if your pasta pot isn't 50 years old.)

When the question of doneness was posed, Briana and Alysia responded in unison, "When they float."

Anna also added, "And when they get puffy. Then you will have light and tender gnocchi."

When the group was asked about favorite sauces, everyone had a different answer.

"Sometimes plain butter is my favorite," said Lilly.

Briana enjoys the pesto cream sauce, which is featured today. Anna says she likes gnocchi with a traditional red sauce but her favorite is to sauté the cooked gnocchi with butter and fresh thyme.

Because Alysia is Anna's third daughter, she's not picky when it comes to homemade anything. "I like them all," she said.

Three generations are often found in the Tigue's kitchen, but this story is about the fourth – and most senior – generation. Glancing over at the shelf of treasured keepsakes and pictures of Nona, aptly placed right by the kitchen, one can absolutely hear her saying, "Buon appetito! Mangia! Mangia!"

If you would like to be featured in Arcadia Cookbook, contact Amanda: amanda@arcadianews.com

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Seven steps to banish bloat in two weeks

By Andrea Barkley

FOOD *WISE*

You're fit. You workout. You watch what you eat, but darn that swollen, bloated feeling that occasionally creeps up on you!

Bloating can come from stress, digestive issues, food sensitivities and eating large portion sizes.

Below are seven steps to banish bloat in two weeks:

1. Set down the wine (or rocks) glass – Alcohol is naturally irritating to the gut and can cause inflammation (which can equate to swelling and bloat). It's also metabolized as sugar within the body.

Your evening drink might trigger a case of the munchies, leading you to snack even if you aren't hungry, causing additional bloat.

Finally, alcohol might make you feel drowsy and help put you to sleep, but you'll likely experience a blood sugar drop in the middle of the night, causing you to wake up before you're ready, feeling tired but wired.

2. Chew your water. Drink your food – Chugging water and eating fast creates a digestive traffic jam, causing major belly distention. Try slowing down. Sip your water, and thoroughly chew and savor your food.

3. Take a digestive enzyme – Stress and food sensitivities can reduce the amount of acid needed in our stomachs to break down food particles. Try supplementing with a digestive enzyme that contains HCL (hydrochloric acid) to help you better process food.

4. Remove gluten, added sugars and dairy – The easiest and simplest way to test for common food sensitivities is to eliminate potential offenders and then slowly reintroduce them after a period of time.

Gluten, added sugar and dairy could be culprits in your belly bloat. Try giving your body a two-week break from these and any other suspected offenders.

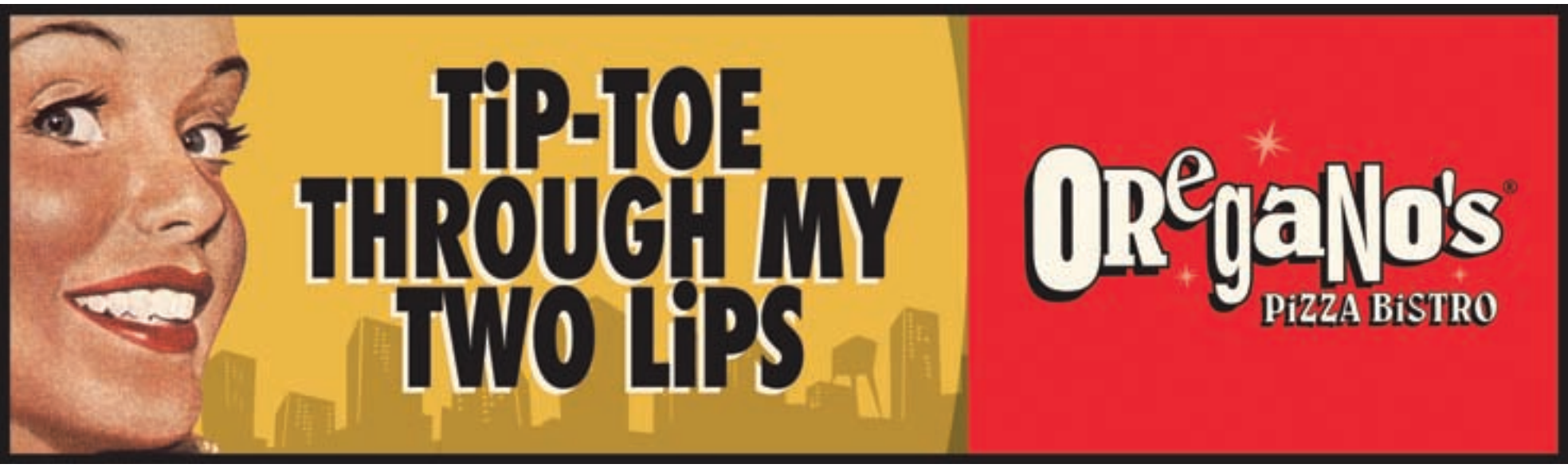
5. Consume healing foods – Bloating is all about gut health, so nurture your belly with foods that are linked to healing. For example, fermented foods like sauerkraut and kombucha (a yummy, fizzy tea) help repopulate good gut bacteria. Also try preparing very slow simmering, homemade soup broth; opt for grass-fed proteins and fats, and enjoy lots of organic produce.

6. Stay hydrated – Although you may think you drink plenty of water, try to drink enough so that your urine runs clear, helping your body eliminate water retention and banish bloat.

7. Watch your portion sizes – Eating a huge meal is like trying to overfill your grocery bag. It's going to get tight in there and begin to bulge! You might need to eat smaller, more frequent meals to meet your caloric needs while allowing your body time to process what you've given it.

Give these seven steps a try for two weeks and see if they help your tummy return to its natural tautness.

— Andrea Barkley is an Arcadia resident, trainer, private cook and writer.



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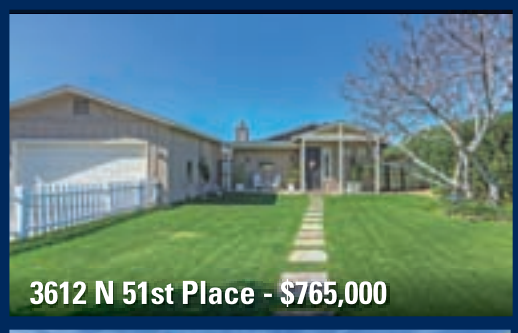

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ARCADIA NEWS

Mountain bike along Lake Arenal with breathtaking volcanic views on an action-packed Costa Rica adventure.

The road less traveled: Active tourism is on the rise

Costa Rica's Selvatura Park is home to several tree top bridges with lengths ranging from 150 to 510 feet.

By Michelle Donati-Grayman

If you'd prefer to spend your vacation cycling across Spain rather than sipping a fruity drink on the beach, you aren't alone.

It's called active tourism, and it's an emerging travel trend that incorporates adventure, culture and philanthropy into your vacation.

The travel industry has taken note, creating thousands of off-the-beaten-path itineraries for travelers to choose.

"There are parts of this world you just can't see aboard a motorcoach or cruise ship," said Amy Moreno, senior travel manager of AAA Arizona.

Active lifestyle trips are designed for travelers who want to incorporate their active lifestyle into a vacation. Components may include activities such as cycling, hiking, canoeing, paddle boarding, trekking, camping and zip lining.

AAA Arizona started offering active lifestyle packages in November 2013.

The full-service travel agency ranks the activity level for each itinerary on a scale of 1 to 5. A trip that receives a 1 rating will involve walking or hiking a couple of miles a day. On the other end of the spectrum, the eight-day Mount Kilimanjaro itinerary receives a 5 rating, as it requires a high level of fitness and involves heavy exercise at high altitudes.

From solo travelers to families, itineraries are available for all ages, abilities and price points, depending on the length, complexity and level of accommodations.

A four-day safari adventure in South Africa, for example, where you'll experience the largest and most diverse wildlife areas on the continent, starts at $499. Other itineraries are more costly, like the 11-day expedition to the South Shetland Islands and the Antarctic Peninsula – where you'll encounter majestic whales, thousands of penguins and stunning landscapes few have ever witnessed – for $8,199.

All trips are led by professional guides, with an average group size of 10 to 12. The benefit of a small group is that the guide can slow things down or speed things up depending on the group's needs and interests. However, it also means travelers need to book out a bit further as trips tend to fill up quickly.

Travelers have the option of selecting a level of service that meets their needs. Accommodations include camping, dorm-style living and luxury Five Diamond resorts.

"Travelers want their personal interests incorporated into their trips," Moreno said. "Active lifestyle trips give them the opportunity to do just that."

— Michelle Donati-Grayman is an Arcadia resident who works for AAA Arizona. AAA is the largest leisure travel agency in North America.

Navigating unique travel terms

By Michelle Donati-Grayman

Before travelers even arrive at another country, some travel terms may already sound like a foreign language.

"Like any industry, travel agents have their own vernacular when it comes to flights, hotels, airlines and cruises," said Amy Moreno, senior travel manager for AAA Arizona.

To help decode the lingo, AAA offers up definitions to common travel jargon:

- **BAR** – Short for "best available rate," it's the lowest nonrestricted rate available for a hotel room. Nonrestricted means the rate has a flexible cancellation policy.
- **Day guest** – Travelers who have an extra-long layover can opt to pay a reduced day rate for a temporary hotel room to shower, recharge or use the property's amenities or spa.
- **Open jaw** – This is a type of flight where a passenger flies into one city and out of another, but the city of origin remains the same. Open-jaw flights tend to be more popular overseas but can take place anywhere.
- **Rack rate** – This is the regular price of a hotel room before any promotions are put into effect.
- **Red eye** – A red eye is an overnight flight.
- **Repositioning cruise** – When a cruise ship needs to get from one side of the world to the other to adjust for the changing seasons, a repositioning cruise is developed. An example of a repositioning cruise is Alaska to the Caribbean to the Panama Canal. Prices are slightly less expensive than traditional cruises because more of the days are spent only at sea.
- **Shoulder season** – This is the time period between peak and low season when demand is less. Rates tend to be lower and crowds are fewer, but travelers might not have the best weather to enjoy their vacation.
- **VAT** – Short for value-added tax, this type of consumption tax is most often used in Europe. It is similar to a sales tax that adds a fixed percentage of taxation on products and services at each step of production.
- **Wave season** – This "season" takes place the first three months of the year when cruise lines heavily promote the year's bookings. While great promotions are available, it still depends on the location and time of the cruise for the best time to buy.

"It's helpful to have a working knowledge of some common terms to make your plans smooth sailing," Moreno said.

— Michelle Donati-Grayman is an Arcadia resident who works for AAA Arizona. AAA is the largest leisure travel agency in North America.

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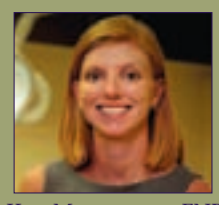
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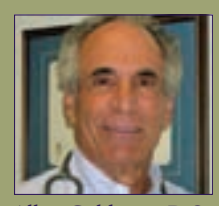
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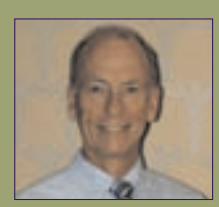
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Designer discovers her passion through new clothing line

By Jenet Simmons

Stelari goes beyond a woman's clothing line. To local owner and creator, Kim Roach, Stelari embodies a message she hopes to share with the Arcadia yoga community. Stelari has been in the business of chic yoga apparel for everyday life since launching in 2012.

In August 2014, Kim carried the clothing brand from California to Arizona after her husband was recruited to the Arizona headquarters of a structural field company. Kim says, "I was immediately attracted to the Arcadia neighborhoods for their family friendly appeal, beautiful homes and grassy yards."

Stelari is Kim's life shown through fashion. Kim's perseverance and love for fashion paved the way to attend design classes which gave a deep understanding of the fashion industry. Having a marketing and finance degree under her belt, entrepreneurial skills and a passionate drive allowed Kim to create her own line of clothing which symbolizes an association to the world around her. Kim wears the title of entrepreneur, mom, yogi & wife.

With two children in Hopi school, and as a new transplant to the area, Kim's heartfelt appreciation for the yoga community she has found in Arcadia and the general Phoenix area can be felt through her words.

Kim has been practicing yoga for 15 years and has a passion for the meaning in her yoga clothing. For Kim, there is meaning layered in her fashion collections in addition to the natural clothing being made from recycled water bottles. Both are of high importance to Kim and the message she hopes to deliver.

Arcadia mom Kim Roach hopes to turn her finance degree and love of fashion into a successful yoga wear company.

"Creating a line that embraced my love of fashion, yoga and fitness is the clearest extension of who I am at my core and the essence of my life," said Kim.

Kim has strived to live her life in what she describes as, finding her rhythm. It's her encouragement to the community at large, yoga or not to find that personal rhythm. Kim describes it as, "A quiet focus of mind. Being in the present and getting out of my head. Each person has their rhythm when they get out of their mind and are fully alive in that moment."

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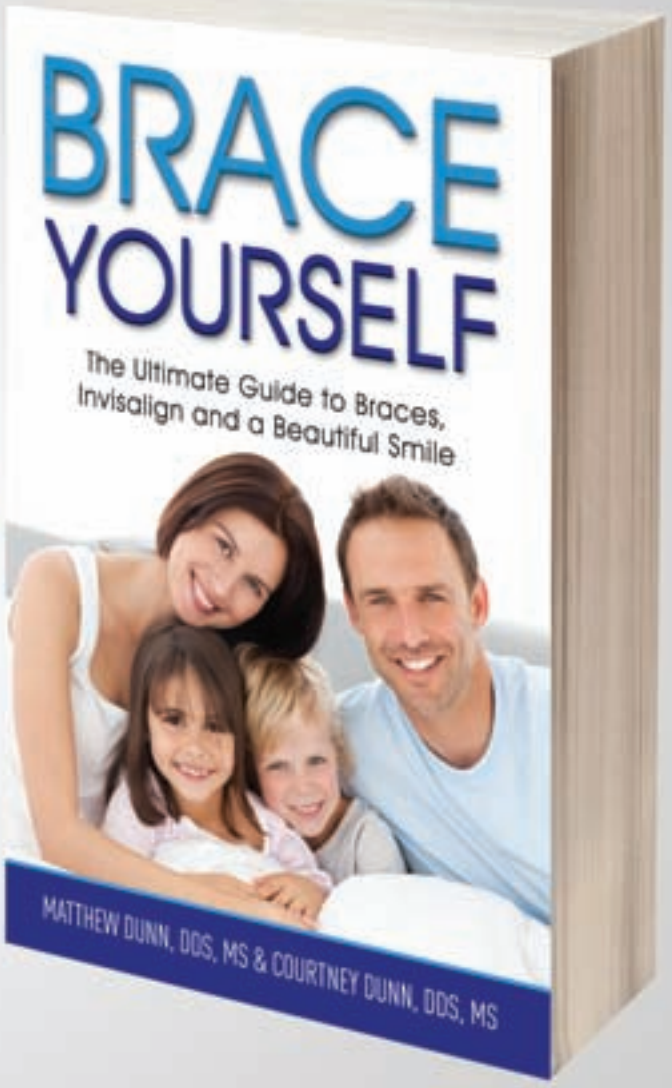

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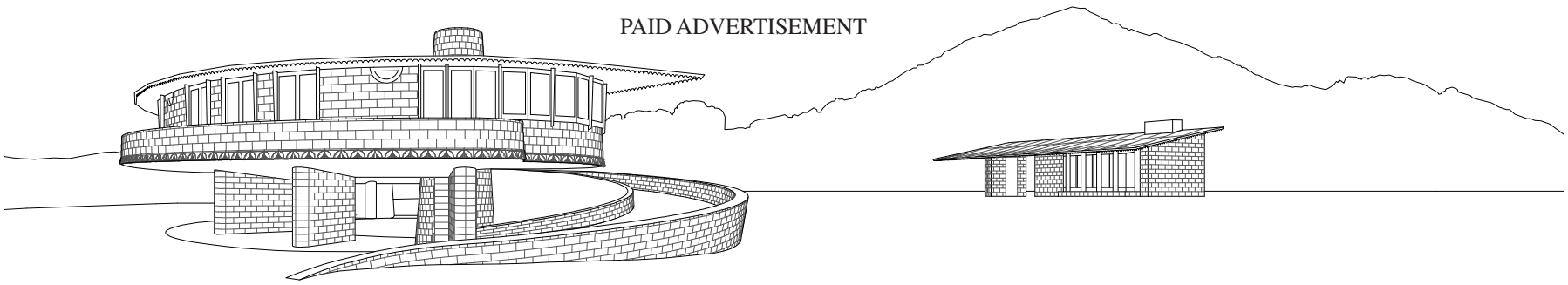

DAVID AND GLADYS WRIGHT HOUSE FOUNDATION

AN OPEN LETTER TO OUR ARCADIA NEIGHBORS

Over the coming weeks building preservation plans will be filed with the City of Phoenix to preserve the David & Gladys Wright House. The home was designed by Frank Lloyd Wright for his son David and daughter-in-law Gladys and was completed in 1952. Because the couple lived so privately in the home, many residents are unaware of the treasure that exists in their own backyard.

The home is one of 3 spiral designs realized by Mr. Wright and was a precursor to arguably his most famous design, the Guggenheim Museum in New York City.

FREQUENTLY ASKED QUESTIONS

Q: Who owns the David and Gladys Wright House?

A: David Wright House LLC holds title to the property and three adjacent parcels. The owner's family is in the process of consolidating those parcels into one. They will transfer ownership of the house and grounds to the David and Gladys Wright House Foundation, an Arizona nonprofit organization, to ensure the preservation of the house in perpetuity and to provide public access to the site for educational programs and cultural events.

When the owner's family originally purchased the David and Gladys Wright House in 2012 from a developer who wanted to tear it down, they anticipated that they could complete the restoration of the home and garden and anonymously gift the property to a nonprofit. The nonprofit would then be responsible for maintaining and operating the house and grounds as a house museum. It was always our intention that the family name would not be associated with the David and Gladys Wright House, which is why it was purchased through an LLC. David and Gladys lived in the house from 1952 until David's death in 1997 at age 102 and Gladys' death in 2008 at age 104. They carved out a portion of their original 10-acre estate for their son, David, Jr., who built a Lloyd Wright designed home and raised his daughters on the property. This is a Wright family property, and it is the Wright family legacy that the family wants to celebrate.

Q: What are the next steps to ensure the home is preserved and gifted to the community?

A: the family is in the beginning stages of a zoning application process for a Special Permit to open the house to the public for tours, educational programs, cultural events, art and sculpture exhibitions, and to have a museum café and bookstore. Two conditions of the proposed Special Permit that the family will voluntarily agree to are:

- Title to the property will be transferred to the David and Gladys Wright House Foundation, which will be dedicated to preserving and maintaining the house in perpetuity for educational and cultural uses.
- A perpetual conservation easement on the home so it is never again threatened with demolition.

The Foundation's architects and engineers anticipate completing restoration construction drawings by the end of April 2015, to submit to the City of Phoenix for a building permit to start restoration of the house. We will provide those plans to the City's Preservation Office for its review prior to filing a permit set of drawings with the City's Building Department. The architect for the restoration is Organic Architecture, Inc. Its principal is Guy West. Also consulting on the project is Wallace Cunningham, a globally recognized designer who studied at Taliesin in the 1970s. The engineer for the restoration is ARUP, the firm that designed the structure for the Sydney Opera House, among many other recognizable buildings.

We hope that restoration work will begin this summer and anticipate that it will take approximately three years to complete. The goals of the restoration are to reinforce the structure to ensure that the building survives indefinitely and to restore all of the finish materials to their original 1952 condition. We will have an architect on site at all times to make sure that all preservation protocols are adhered to during the restoration construction.

What will be the nature of the performances?
A: The mission of the David and Gladys Wright House Foundation, an Arizona nonprofit organization, is to:
PRESERVE Frank Lloyd Wright's last residential masterpiece built in 1952 for his son David and daughter-in-law Gladys on 10 acres of citrus groves, now 5.6 acres, at the base of Camelback Mountain; to
CELEBRATE the artistic legacy of Mr. Wright, the Wright Family and the history and culture of mid-century America through tours, lectures, cultural events and performances, and educational programs; and to
INSPIRE future generations of artists and architects through field trips, educational programs and internships.

For a complete list of questions please visit our website.

"As a longtime Arcadia resident, I am very happy to know that the Wright House will be preserved and available for our community to celebrate what has always been special about our neighborhood."
—Shawn Brown, Arcadia Resident

"The David Wright House pre-dates most of Arcadia and is a gem in our own backyard. I want to see that longstanding estate property tradition continue. I am pleased to see plans to preserve that tradition with the David Wright House and also that the plan includes replacing up to 200 citrus trees on the property."
—Patricia DiRoss, Arcadia Resident

"As the owner of a historic home, I have taken a special interest in the David Wright House historic preservation project. The incredible vision of those saving this national treasure should be applauded and supported."
—Karen Goldblatt, Arcadia Resident

"The David Wright House Foundation has taken a responsible approach to planning for the future of the home in Arcadia. The limitations they have put on the uses of the property prevent commercialization of the home and maintains our estate tradition."
—Ron Passarelli, Past Chair,
Camelback East Village Planning Committee

WELCOME TO THE DAVID WRIGHT HOUSE.

We invite you to tour the David and Gladys Wright House and experience firsthand the vision that Frank Lloyd Wright had for this iconic Arcadia property.

For more information visit **www.DavidWrightHouse.org** or call **602.689.6140**

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Native Arizonan no stranger to the American West Coast

By Kaley Kalil

Christopher Callan, originally from Tucson, has lived in the Arcadia/Biltmore areas for 3 1/2 years now. However, he's no stranger to the West Coast.

Callan recently enjoyed a weekend getaway to San Francisco, where he met up with a friend. Instead of staying in the city, Callan and his friend chose to head 15 miles south to Pacifica, where they stayed at a hotel in the popular surfing locale of Pacifica State Beach.

WHERE'S THE *NEIGHBOR?*

"There were about 200 surfers out on the water every morning. It was a solid black line of wet suits and we enjoyed watching them surf," Callan said.

"It was so beautiful there. If you ever go to San Fran, I highly recommend staying in nearby Pacifica instead."

Callan and his friend have journeyed on numerous road trips down the coast in recent months, driving through Washington, Oregon and California along the breathtakingly beautiful Pacific Coast Highway.

Callan and his friend didn't take any old trusty steed along for the ride. They opted for a 1976 GMC stick shift truck, nicknamed "The Horse with No Name," after the popular song by America.

"I remember we drove through this winding road that's really steep," Callan said.

"You go straight up this hill – very high elevation – and then go straight down just to get into LA. We were in the right lane the whole time, thinking, 'Come on, baby! You can do it!' And we made it. But, it was tough."

A lack of air conditioning and no radio quickly turned into a recipe for the perfect road trip. They listened to music by The Monkeys on a portable Bose Bluetooth speaker, with a fresh coastal breeze blowing through their rolled-down windows.

"That was pretty fun, because we really did put that truck to the test," Callan said.

A highlight of the journey for Callan was when they stopped off at Humboldt Redwoods State Park, with its more than 17,000 acres of old-growth coast Giant Redwood trees. They pulled over after reading a sign that read, "Drive through a Redwood."

"We might have been able to make it. But, we got the nose in, took a picture, and then reversed out because we didn't want to get stuck!" Callan said.

"Those trees are just so huge and so old. When you see them in person, you realize how small we actually are."

Callan is looking forward to several trips in the coming months to Sedona, Long Beach, Mission Beach, Las Vegas and Hawaii.

The 1976 GMC truck Callan and his friend almost drove through a Giant Redwood tree.

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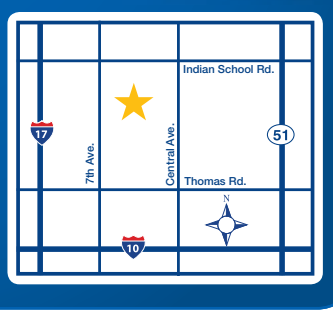

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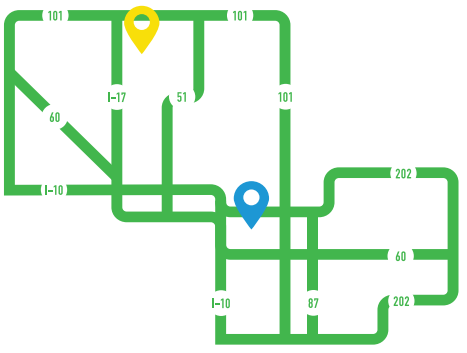

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Susan Van Dyke raised $15,000 for Juvenile Diabetes, a charity close to her heart.

Business owner turns yearly celebration into fundraiser opportunity for JDRF

By Kassidy McDonald

On February 7, 2015 Van Dyke Laser & Skin hosted their 30th Anniversary Open House benefitting the Juvenile Diabetes Research Foundation. The open house featured live music, door prizes, presentations, lectures about the latest procedures in cosmetic dermatology and a silent auction. This year, the open house had 200 people in attendance and raised over $15,000, which will be donated to JDRF Arizona. The event, which has now benefitted JDRF for 10 years, has raised over $100,000 for local charities such as JDRF, Susan G. Komen and American Heart Association.

The JDRF organization has benefited from the open house since Susan Van Dyke's son, Brian, was diagnosed with type-1 diabetes at 21 years old.

Van Dyke said, "When Brian was diagnosed with type 1 diabetes, our lives changed and I really wanted to help support the cause because I had such a strong connection to it."

Now 26, Brian hopes JDRF can help find the cure for T1D. Van Dyke is determined to help Brian and everyone else diagnosed with diabetes in the search for the cure.

According to the JDRF website, around 3 million Americans may have T1D and around 80 people a day are diagnosed with it. Their mission statement says, "JDRF's research goal is to discover, develop and deliver advances that progressively remove the impact of type 1 diabetes from people's lives until we achieve a world without T1D."

Aside from her charity work, Van Dyke is a worldwide leader in dermatology and travels year-round to give lectures and expert advice and opinions to physicians on new cosmetic procedures. She has lectured in countries such as Dubai, Korea, Hong Kong, Brazil and many others.

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The night the gala went wrong

By Kindra Hall

GIRL *NEXT DOOR*

It was January 2007 when I received the invitation to my first charity ball. A "gala," as Michael (my then-boyfriend) called it. I think it was a children's charity event, and while I was excited to help children, I was equally as excited that I – me – was going to attend a gala. My heart soared like that of a 16-year-old girl who was just asked to prom.

Moments later, the soaring sensation stopped like a bird crashing into a freshly cleaned window. I remembered one minor detail: I was a bargain shopper. Which meant I had absolutely nothing to wear to a gala. I envisioned entering through a gala security sensor, which flashed blue lights and sounded an alarm that screamed, "Bargain shopper! Bargain shopper!" I had flashbacks to junior high and the ridicule I faced because of my hand-me-down wardrobe. I could not face that kind of humiliation again. I decided I couldn't go to the gala. I informed Michael that I was unfortunately coming down with a cold and was unable to attend.

The fact that I told him a week in advance was unfortunate, and made the illness even less believable.

"Kindra," he said sternly. "My company purchased a table. We RSVP'd. You're going."

A mere three hours before my chariot to the event arrived, I still had nothing to wear. Nothing except my junior year prom dress – which I contemplated wearing. I took a deep breath and headed to the mall. When I arrived, I ran to the sale section for dresses at the least expensive department store. Within 15 minutes I found a cute black and white number that made my chest look bigger than it was, my waist look smaller than it was, and all for a price a bargain shopper could swallow. I purchased some pearls – albeit fake – from the lady with lipstick on her teeth at the jewelry counter and raced home. With five minutes to spare, I was showered, dressed and ready to run out the door when I realized I had no shoes on my feet.

Shoes! I forgot shoes!

Before panic set in, I had a moment of inspiration. I ran back to my closet and pulled out a pair of black strappy heels. The heels I purchased in 2002 at Mervyn's to wear to my college homecoming coronation. They were $24.99. They were Mootsies Tootsies. Sure the black straps were a little faded and the soles were a little ragged, but they had never let me down. I strapped those shoes on my feet, revealing my Revlon painted toes, gave my hair a final toss and headed downstairs where Michael waited.

When he saw me, he gasped (just a little) and said, "Ah! There's that million-dollar smile I love."

The bargain shopper and her pearls… and the Mootsie-Tootsies.

We arrived at the gala and it was everything I dreamed it would be: men in black coats carrying tiny bits of food; a red carpet; endless glasses of champagne; women in gowns and fur and diamonds. And in the middle of all of this … was me, feeling like a million dollars.

Then, just when I thought the evening couldn't get any better, a woman with a camera approached me.

"Excuse me, excuse me," she said. "I am with a magazine and I was wondering if I could photograph you."

I was speechless. I handed Michael my (Target) clutch and followed the photographer to the lush surface of the red carpet where I knew exactly what to do: I smiled. I put my shoulder in. I put my shoulder out. I felt like such a natural that for a moment I forgot I was a bargain shopper.

Just then the photographer shouted over the crowd that had gathered, "What are you wearing?"

Oh, this was not good.

I tried to think quickly. I tried to channel Heidi Klum, or Debbie Gibson, or someone…

"Um. It's vintage?" (After all, it was on sale).

The photographer frowned.

"What about your handbag?" she asked.

I remembered the Target clutch with the fake rhinestone heart was safe with Michael.

"Um. I lost it?"

The photographer frowned more.

"Who are your shoes?" she shouted.

I considered saying vintage again but shoes aren't vintage, they're just old.

Having had enough with my hesitations and lack of cooperation, the photographer slung her camera over her shoulder, charged the red carpet in a huff, and lifted my foot off the ground to read the name on the bottom. Her plan was thwarted. The name was worn off from years of use. Convenient and embarrassing.

Unwilling to surrender, she lifted my heel to look at my tattered sole (or should I say: soul). There, the brand remained in all its humiliating glory.

The photographer stood and announced to the world, "Mootsies Tootsies."

I felt my skin burn as I blushed. I wanted desperately to run from the red carpet. To never set foot in a gala again. I slowly walked back to Michael and when he asked how the photo went I mumbled something about "Mootsies Toosties" and "total humiliation."

"Well, as long as they snapped a shot of that million-dollar smile of yours, I don't think your shoes will matter much," he said.

I hoped he was right and tried to forget it had ever happened in the first place.

We stayed for the rest of the evening, eating great food, cheering for the children and having the time of our lives dancing the night away (in shoes that were made for dancing). The embarrassment of the gala had all been forgotten.

Until…

A month or so later, Michael came home with a magazine open to a page with photos of four women: a celebrity gala guest, a beautiful Scottsdale woman, a beautiful Phoenix woman and…

Me.

Below the photos were captions of what these style icons wore – shoes included. It went something like: Gucci, Prada, Versace, and…

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Building on experience: Finding an encore career

RETIREMENT *NOW WHAT?*

By Jean Hodgson

At the formal conclusion of a career, there is definitely no one-size-fits-all answer to the question: Now what? Maybe the response is pursuing hobbies and travel interests, spending more time with family, volunteering more, or simply adjusting to the freedom of fewer responsibilities. Unfortunately, health concerns may define or limit the options.

But for some retirees, the answer is a second act – often referred to as an "encore career." I'm particularly drawn to that expression because encore has such a positive connotation. A musician does an encore because his performance has been so heartily affirmed. Your skills and experience are at a peak – please don't stop now!

Rarely does a musician repeat a piece for an encore. It's different, but with the same excellent characteristics as the previous piece. We see something similar – not to mention successful and satisfying – in second careers.

How does one start an encore career? Lois Wallace described the path to hers as serendipitous. After many years working in all areas of the floral industry in California, including teaching design courses at the community college level and owning a flower shop, she was looking forward to traveling.

A much-anticipated trip to Scotland was in danger of being canceled due to the tour leader's illness.

Group members scheduled to travel with Lois told her that she had the skills to plan the trip.

Her efforts successfully saved the tour. But perhaps more importantly, the experience affirmed that with the combination of her passion and knowledge for travel, she could take the steps to become a professional travel planner.

Thus, a new career was born.

Chris Owens' first career was as head of security for a retail chain with over 5,000 employees. He said every employee had to embrace tight security policies. The road to accomplishing that was not through intimidation, but rather by using his people skills to create an atmosphere of rapport and teamwork.

With a career in security, the encore career he took up after retirement may seem to be an unlikely choice. Chris is now a massage therapist specializing in rehabilitation. What's the connection? He explained that when he was a high school student, his father, who had contracted polio, was slowly recuperating at home. Chris realized that massaging his feet and legs provided some relief from his discomfort, and this became part of their regular routine. So, many years later, he felt a strong pull to practice massage therapy.

"When I work on someone now, I honor my father," Owens said. His advice to others searching for an encore career is to "stay within your strengths."

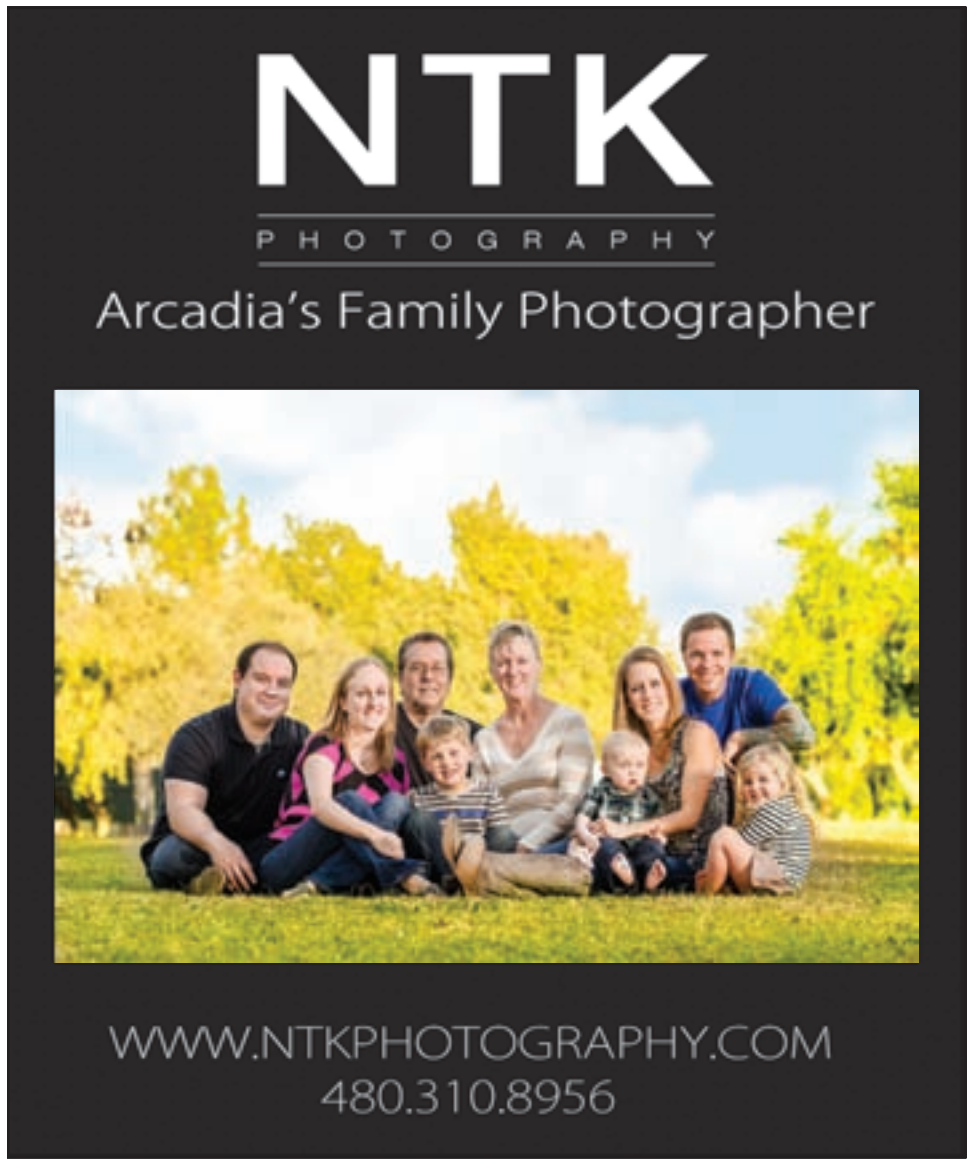
Teresa Torrey recently became the office manager at Valley Lutheran High School. So many of the skills she developed through her experiences in 40 years of grocery store management have transferred to her new role. It is instinctive for her to see what needs to be done and find the most efficient way to do it, because that was what made her successful., as she describes her former career, "A woman in a man's world."

As an office manager, she adds in the public relations element because she is the first person a family or student sees when they walk into the office. She also nurtures teenagers on a daily basis, gives them insights about their education based on her real-world experiences, and refers to her own Christian school background.

Who encouraged her to retire from her grocery store job and apply for this one? Her sons. They are students at the high school and saw her as a great fit for the position, and the timing was perfect.

The next time you ask, "Now what?", dream big. You never know what will inspire an encore career.

Mrs. Torrey's "Second Act" answers her "Now What?" question.



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The future looks bright for Arcadia tennis teams

By Kourtney Seaton

Arcadia High School spring sports are in full swing with the varsity girls tennis team currently undefeated at number one in the state at 11-0 and the varsity boys' tennis team has a good chance of making state playoffs this year, making it a successful year for both teams, Josh Olshan, varsity girls' tennis and varsity girls' volleyball coach said.

The boys' team is better than last year with the addition of a new freshman, Louis Aaron and the girls' team has three new players including two freshmen, Jilian Rasmussen and Katie Reed, and one senior Rae Aaron, he said.

Olshan has led the girls' tennis team to win state championship in 2006 and has been runner-up four times in the past 15 years he has been coach.

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Eagle Scout repairs exhibit at the Pioneer Living History Museum

By Shelby Slaughter

Austin Suder joined Cub Scouts when he was in third grade. Suder loved being outdoors and enjoyed physical activities, so he knew that he was making the right decision when he joined Troop 6. Throughout his involvement, he earned merit badges in swimming, knot tying, fire prevention, CPR, first aid, whittling, knife safety and more. All of these awards led to him achieving the rank of an Eagle Scout in December 2014.

"Scouting is the hardest journey you'll ever encounter, there is a huge chance for failure, but the harder you work, the greater the reward," Suder said of his adventures with Boy Scouts thus far. "Don't wait too long to start working on your Eagle [Scout] project. The feeling of pride you receive from helping others will stay with you for your entire life."

Austin Suder and a team of 30 Boy Scouts refurbished the Gallows exhibit which had grown worn by age and weather.

Suder and his family heard that the Pioneer Living History Museum was searching for someone to help refurbish the Gallows exhibit, an exhibit that had worn over the years and was a danger to anyone who tried to climb or walk on it. Suder grew to know the museum well when he started working in the Blacksmith shop located within the museum. With the help of Boy Scouts and other traits he had accumulated over the years, Suder knew that he could refurbish the exhibit with something more up-to-date and – more importantly – safe.

After six months, Suder's project is finally completed and he said he takes great pride in it. The student gathered nuts, bolts, sketches and wood from all over the Valley to create the masterpiece back in September 2014. The assembly line consisted of over 30 Boy Scouts, parents and scout leaders.

When it was completed, there was a presentation and dedication to Suder for his efforts. Suder gave a speech about the history of the gallows project and even did a reenactment of a sheriff coming to arrest him and then summon him to the gallows.

"It is an honor to see how giving back to the Pioneer Living History Museum can be so rewarding. I am flattered and honored to be recognized by the museum for my work. Because of this special dedication event, I now know that the museum really appreciates all of my hard work. I am inspired to continue my volunteer efforts within the community."

ARCADIA FAMILY FUN RUN

On April 19, *Arcadia News* was honored to be a part of the Arcadia Family Fun Run for the third year in a row. Thanks to the support of the community, over 20 corporate sponsors and another dozen personal family donations, the race raised $112,669.74 and had exactly 1000 runners.

The Arcadia Family Fun Run is in honor of Taylor Cosmas and benefits SIDS research. To find out more visit teamtayloraz.com.

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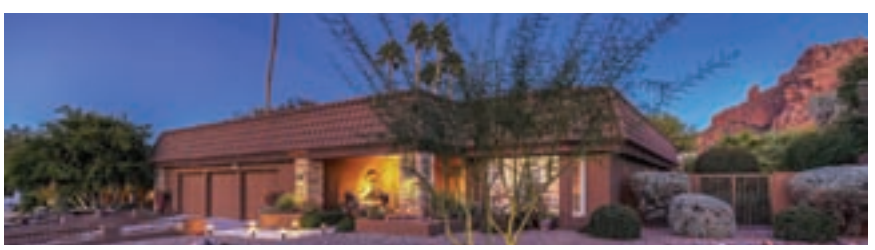

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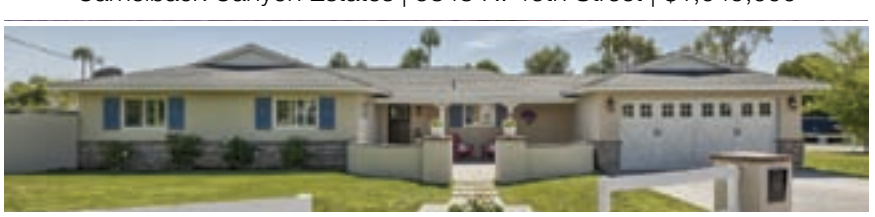

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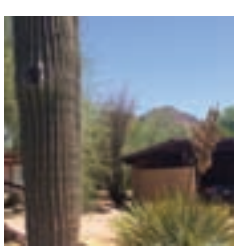

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John Lennon Educational Tour Bus brings complete musical experience to local school

By Mallory Gleich

As Miss Haley's sixth-grade class lined up outside the massive blue tour bus, their excitement was palpable; their eyes were wide and full of wonder.

On March 26, the John Lennon Educational Tour Bus made a stop at St. Thomas the Apostle School in Phoenix.

Throughout the day, each grade at St. Thomas took a tour of the inside of the bus and tried their hands at playing an instrument.

So what's in the inside of this bus, you may ask?

A music studio. The bus is a portable, mobile music-making machine.

"For two months out of the year, we travel around the country, teaching kids how to write and record music," said Bryce Quig-Hartman, who's an onboard engineer for the tour bus.

The kids of St. Thomas had an opportunity to learn about the behind-the-scenes work that goes into producing and recording music, as well as experiment with playing a variety of instruments.

Miss Haley's class was split up: The girls toured the bus first while the boys took to playing the instruments set up outside. There was a guitar, a bass guitar, drums and a keyboard set. The boys' music could be heard from miles away.

The girls, however, were much more

The tour bus arrived at St.Thomas to give the students a brief tour and music experience.

reserved and after a minute or two of coaxing, one student sat down at the drums, and sound filled the air.

Inside the bus are three separate studios that open up into one large studio. The front of the bus contains the audio and video production equipment. In the back is a recording and mixing studio. The technology is powered with Apple computers and Avid professional audio and video equipment.

Nineteen years ago, Yoko Ono Lennon co-founded the John Lennon songwriting contest.

The executive director of the tour bus, Brian Rothschild, was in a meeting with Yoko Ono Lennon and presented the idea of developing an educational music tour. One year after beginning the songwriting contest, they decided to create the bus tour in John

Continued on page 56

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Miss Haley's sixth graders jumped in at the opportunity to handle professional instruments and gear.

Lennon Bus

Continued from page 54

Lennon's memory as well.

"She said it was something John [Lennon] would have absolutely loved, and it's been evolving to what you see now," said Quig-Hartman.

The bus is dedicated to providing young people with tours of the studio as well as free songwriting, performance and production workshops, no matter their background, knowledge or experience. It's a traveling musical education center.

The bus tour had recently been a part of the South by Southwest Music Festival in Texas before making its way to St. Thomas.

As the sixth-grade boys climbed the steps to the tour bus, their eyes grew with wonder at the equipment set up before them.

"See the cameras all around you?" said Jeff Sobel, who is the chief engineer on the bus. "We utilize these cameras all the time for interviews or performances... We could even do an interview about the cafeteria food!"

The boys laughed and their excitement was contagious.

When it was time for Miss Haley's class to go, they said farewell to the engineers and waved goodbye to the big, blue bus, no doubt trying to contain their excitement of that morning's activities.

Later, when asked about the experience, Miss Haley discussed how much the students enjoyed the morning.

"They thought it was amazing that on the bus you could record a song, make a music video, and travel around the country," said Miss Haley. "I loved seeing them show their interest in music by asking questions about everything the bus had to offer."

For more information visit lennonbus.org.

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Budget Cuts put Hopi's Field Day at risk

By Rachael Bouley

Huge budget cuts in the Scottsdale Unified School District have affected Hopi Elementary School and its Track and Field Day tradition.

The cuts have forced teachers in the physical education, music and art departments to split their time between multiple schools. This leaves little time and resources for the teachers to take on extra projects and activities, such as art walks and musical performances.

This year, Hopi's tradition of track and Field Day fell victim to the budget cuts. For the physical education teachers who normally plan and run the event, their schedules at different schools made it extremely difficult to coordinate the Field Day. As of March, it looked as though Field Day was not going to happen in the spring.

That's when the women behind Hopi Fit Club stepped in to lend a hand.

A few years ago, Megan Pearson, a second-grade teacher at Hopi, organized the Hopi Fit Club with two Hopi moms, Blake VanEs and Shandi Rooney. Before school, students in the program spend a half-hour doing physical exercise in which they participate in both individual and group activities.

In March, after learning that the physical education teachers could not put together the Field Day, the PTA asked the Fit Club if they were willing to coordinate the event.

"The PTA approached the Fit Club to see if we would want to sponsor the Field Day," Pearson said. "So it's been a wild ride. It's our first time putting together a track and Field Day."

Teachers and parents came together to help the Fit Club pull off a fun-filled, traditional Track and Field Day, held on April 28 and 30. Despite the busy month of testing, teachers were willing to set aside time to help plan the event for the students.

"It came together because the teachers care about the kids and want them to have this opportunity," Pearson said. "We started from scratch and rounded up parent volunteers, especially those in the sports industry, such as coaches, who helped develop the program."

Dutch VanEs practices the long jump for field day.

Kindergarten teacher, Livia Rice, who helps at Fit Club, held a white T-shirt drive and then led a tie-dye day to make colorful shirts for the event. All 840 students had the opportunity to participate in a variety of activities, including a sack race, bean bag toss, long jump, relay, obstacle course and much more.

The Hopi Fit Club said the hard work and extra hours planning the event was worth it.

"It takes an army just to fill the shoes of a PE teacher," Pearson said. "We are so excited that we can provide the Field Day for the students."

Book Club choice combines memoir and nutrition

By Amanda Goossen

BOOK OF THE MONTH

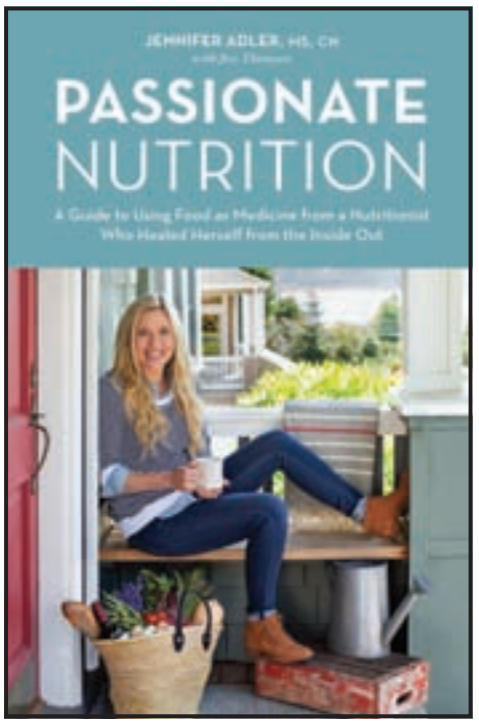
Descent

BY JENNIFER ADLER WITH JESS THOMPSON

Arcadia News Book Club Meeting

May 28 at 6:30 p.m. PST

Jennifer Adler



BOOK CLUB

In her book *Passionate Nutrition*, author and nutritionist Jennifer Adler reveals her theory of healthy eating while also opening up about her personal journey from unimaginable childhood hunger and pain to the process of learning to nourish her body, mind and soul as an adult.

Jennifer Adler grew up within an intense childhood nightmare. Her parents were both unable and unwilling to protect their children, instead subjecting them to abuse, intense hunger and homelessness. Adler was never served a real meal, instead surviving off food she would steal to feed herself and her sister.

"My sister and I developed a pattern of self-rule," said Adler. "I ate what I could, when I could… Spoonfuls of mayonnaise, handfuls of raw oatmeal and bites of raw ramen noodles were common dinner staples."

Adler's mere ability to carry-on and eventually thrive, is remarkable. Her path to success – although not without a few bumps in the road – is breathtaking.

Following or just learning from the nutritional knowledge provided in Adler's book is that much easier, when you know where she's come from, what she's overcome and how, for even the most nutritionally deprived human being, building a healthier life can be achieved.

"Food is medicine," Adler proclaims. And knowing her history, it's easy to trust her words.

Jennifer Adler will speak to the *Arcadia News* Book Club via Skype at our monthly meeting on May 28 at 6:30 p.m. at the Saguaro Library. Email Amanda@arcadianews.com for more information or to RSVP for the event.

Arcadia News recently had the chance to ask Adler a few questions:

AN: Why did you decide to turn your story, nutritional education and passion into a book?

JA: I had a waiting list of clients and wanted to help more people than I was physically able to with my nutrition counseling practice.

AN: How were the writing, creating and publishing processes?

JA: It was interesting. After the proposal was accepted, it was written in five months. I was really afraid and the whole process felt very vulnerable. I needed a lot of therapy. Typically I am a reserved person who does not disclose much about myself. Really I am so thankful for Jess. She was an incredible writer to work with.

AN: How do you hope this book will help readers?

JA: I wanted people, especially women, to read the book and feel better about themselves. I wanted them to end the book feeling more compassion for themselves.

AN: For myself, this book set me into immediate motion to look at my eating habits. Do you encourage your readers to email you with questions and thoughts?

JA: I love to hear feedback about the book; however, I have not encouraged people to email me with questions or thoughts because my inbox already overflows and is hard to manage. Also, I can answer straightforward questions, but I cannot answer a lot of questions by email because I typically need more background information about the person to answer based on their individuality. The book was written for the masses; however, nutrition is also most effective when individualized. In this situation I encourage people to make a nutrition counseling appointment.

AN: Your personal story was truly moving and inspiring. Do you think you'll ever create an expanded memoir?

JA: No. I didn't want to include any memoir. It was not my idea in the first place. I was very resistant to the idea. Now, I am glad I did because I think it has helped a lot of people.

AN: Your book talks numerous times about listening to your body and not cutting out things you enjoy. What are three of your favorite guilty pleasure foods?

JA: Well, first I would not call them guilty pleasure foods because that denotes shame or guilt. I just like to call them once-in-awhile foods. I love potato chips and sour cream, toasted sourdough bread drenched in butter and chocolate in almost any form.

AN: If you were going to escape regular life for 24 hours, what would you do?

JA: I would love to not get out of bed and read all day with my cats, eating chocolate covered strawberries.

AN: Five years down the road, Jennifer Adler hopes to…

JA: I will likely have a TV show using food as medicine to help people. That is currently in the works. I also hope to be living on a sailboat.

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Family legacy of loud music, frequent record store visits

MUSIC *NOTES*

By Craig Goossen

I don't know exactly how it happened, but it seemed they were always around and readily available. Vinyl records were abundant in my childhood home. The shelves were filled and the collection was ever-growing. My mom would make weekly trips to the record shop, picking out LPs she'd heard in dance class, and armed with my Dad's wish list, which was jammed with all the classic releases of the time. The growing collection of vinyl records in the home of my youth served as a vast library. The Beatles, Doors, Beach Boys, Dylan and The Stones were in stock and eligible to be spun on my Mickey Mouse turntable. I dove into the collection daily, indulging in ELO, Tom Petty, Steely Dan and Fleetwood Mac one day, absorbing the The Gap Band, Prince, Stevie Wonder and Sly and the Family Stone on the next. Sinatra, Gershwin, Quincy Jones and Lou Reed were all at my fingertips. It was awesome.

My home today is barely much different.

It's not simply that I love music or have an obsession; it's more about the involuntary desire to listen to music at all possible times. I love weekends with sports playing on the TV (on mute) all day and the sound system blasting music. Maybe it's not for everyone, but under my family's roof, it's how we roll.

This month's music mix features five tracks from bands we're lucky to have playing for us this perfect month of May.

THEE OH SEES: TOE CUTTER THUMB BUSTER (2013)

The psychedelic garage rock kings hailing from San Francisco are one of the most prolific bands running today. They've got a deep catalog that's over a dozen releases long and every one is better than the next. This band is coming to party, so step it up on a Thursday evening my brothers and sisters.

Thee Oh Sees will perform on Thursday, May 7 at the Crescent Ballroom, 308 N. Second Ave. in downtown Phoenix. Tickets are $15 and the show is for guests who are 16 years of age and older.

BAD SUNS: SALT (2014)

Bad Suns have gained crazy momentum and will head to Phoenix hot on the heels of blowing away the packed tent at Coachella in April. This band is poised to be popular and the Pressroom is a perfect venue for them to shine.

Bad Suns perform on Saturday, May 16 at the Pressroom, 441 W. Madison St. in downtown Phoenix. Tickets are $18 and the show is for all ages.

U2: I WILL FOLLOW (1980)

This is one of the biggest bands in the world, but this track will take you back to their roots, which sounds just as fresh in 2015 as it did in 1980.

U2 will perform on Friday, May 22 and Saturday, May 23 at US Airways Center, 201 E. Jefferson St. in downtown Phoenix.

CHROMEO: OVER YOUR SHOULDER (2014)

It'll be tough to turn down a totally happening party with Chromeo at Maya on a Sunday.

Chromeo performs Sunday, May 24 at Maya Day and Nightclub, 7333 E. Indian Plaza in Old Town. Tickets are $20 and the show is for guests 18 and older.

DONAVON FRANKENREITER: JUST LOVE (2012)

If you haven't explored the new venue in Old Town, this show may provide the perfect opportunity.

Donavon Frankenreiter will perform on Thursday, May 28 at Livewire, 7340 E. Indian Plaza in Old Town. Tickets are $28. All ages are welcome, but anyone under 18 must be accompanied by a ticketed adult.

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AHS Lacrosse team heading to the playoffs after 13-2 season

By Jessica Morrison

Arcadia High School boys lacrosse team won their final game of the regular season on April 24 against Phoenix Country Day School, moving on to the playoffs. The team ended the regular season at 13-2.

"The two games we lost were to Desert Vista and Desert Mountain. We played a really good first half, but on the second half we started losing trust between us, and we started losing goals, and once you lose goals you lose your momentum," said player Matt Keating.

Heidi Loftin, president of the Arcadia Lacrosse Parent Board, said the lacrosse team is a club sport at the school. This means lacrosse, unlike such sports as baseball or football, is not sanctioned by the Arizona Interscholastic Association (AIA). Heidi said Arizona Interscholastic Association sports such as football and baseball have fees of $150 per student to play, while club sports such as lacrosse cost $650 per student, because the school is not allowed to fund the sport, due to AIA regulations.

As a result, the team must come up with its own money through fundraising.

Grant Loftin, a sophomore, and a varsity lacrosse player for Arcadia High School, said that the total sum necessary for the team to play a full season is about $40,000. This amount covers renting the field from the school, paying referees and security for the games.

"We do all of our own fundraising. We don't get any money from the school. We have to go out and ask and get advertising banners from sponsors who donate. The organizations donate because the kids themselves ask," said Grant.

At press time, the Arcadia Titans Lacrosse team was on their way to the playoffs. For more details go to arcadianews.com or the lacrosse team's website: arcadialax.com.

Banners sporting advertisements adorn the stands outside of the football field where the team plays. Sponsors who donate over $500 get a full banner; those who donated smaller amounts are placed together on one banner.

LOCAL *SPORTS*

Coach Stephen Weis, whose full-time job is in sales for health care software and 3-D imaging products, said he makes the boys work hard to get donations for the team.

"I'm in a sales role, so I think it's imperative to not just learn how to catch and throw… but to be set up for life in general, to get more out of this than just a sport," said Weis. "They are going around to different businesses in Arcadia, cold-calling, knocking on doors and getting sponsorships from local businesses."

Weis said playing sports is important for all aspects of the players' lives in the future.

"Sports teaches you how to be competitive, how to win, how to lose. It teaches you hard work pays off," Weis said.

Weis said the school is very supportive of the team, which was formed two years ago. During the first year, the team was junior varsity, and has become a varsity team. Weis said the team had 23 students the first year. This year they have 31 students.

Weis said that next year, the lacrosse organization expects to have a junior varsity team, as well as a varsity team playing for Arcadia High School.

The players and parents are happy to have a genuine camaraderie on the team

"Without the parent board, [the lacrosse program] wouldn't have happened," said Weis. "I come up with various ideas, and bounce it off them. So the players play, the coaches coach and the parent board takes care of the rest."

The parents have also found that the team benefits them in different ways. Courtney Engle, who is the team's parent treasurer, said she formed new friendships with other parents when her family moved to Arcadia from Virginia, and her son Michael started playing lacrosse.

"It's sort of that place to meet people," said Courtney. "It's helped me to build that friendship base that I wouldn't have if my son wasn't in a sport."

Courtney also said the players benefit scholastically from playing a sport in high school.

Courtney enjoys seeing her son learn to work as a team with different people and opinions.

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The Arcadia Lacrosse team wouldn't be possible without its parental support.

to work together with a lot of different personalities," she said. "They learn that they might not always like the people they work with, but they have to work with them."

JD Van Arsdall is in his second year playing lacrosse, and he is "definitely getting experience at a higher level. It's been going well so far, I'm hoping we go to the state championships."

Player Jack Beckis said he just loves winning. "Lacrosse is life. It's pretty sweet."

Next year, in their third year, the team will be split into two teams, giving them both a junior varsity and a varsity team. Eighth graders from Ingleside Middle School are already planning to join their team and practice with them following the conclusion of the season.

The Arizona State Lacrosse Championship games for Division 1 and Division 2 will be held at Arcadia High School on Saturday, May 9, 2015 at 5:30 p.m.

Megan Reniewicki set the school record for the two-mile run (10:53.97).

Arcadia girls track and field looking toward state

By Nick Smith

The Arcadia girls track and field team is preparing for the state tournament and have several competitors who want to bring home the title for their school.

"The team is doing real well," said Head Coach Rob Reniewicki. "The team is coming into its own right now."

Some of the girls are actually threatening school records. Reniewicki's own daughter, Megan, broke the two-mile school record, with a 10:53.97 time. The record she broke was her own, as she had previously set an 11:05 time.

"It's a cool thing for her," said Reniewicki. "What's great is that her brother has the boys' record."

Mykala Ballard is also close to a record. The junior is one inch away from the broad jump record of 17 feet.

"She's definitely going to get there by the end of the year," said Reniewicki. "She's been improving steadily all season long."

Other standouts include junior Shekinah Green, who is one of the top high jumpers in the division. Also contributing in big ways are freshmen Zion Green, who is running the 200- and 400-meter, and Lena Halden, who is running in the two mile.

The style of the team has changed over the course of the season. Reniewicki notes that the team's strength last year was in field events and distance runs. This year the team is strong in sprints. Much of the credit can be attributed to the team's year-around conditioning, which Reniewicki values highly.

"You've got to be conditioning all year long," said Reniewicki. "We have kids cross train in other sports and do workouts over the summer. If you don't have that base of endurance and strength, you'll be in trouble. You'll only be able to do one or two events and you'll struggle after that. If you condition, you can handle four events."

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COURTESY TO THE TRADE

Youth is a benefit for Arcadia softball

By Nick Smith

The Arcadia girls softball team is as young as it gets this season. For most teams, multiple freshmen playing significant roles on a varsity squad signals a rebuilding year. The Titans, however, are at the absolute top of their game.

"We're just always looking for the best nine," said Head Coach Jason Foster. "We're not in rebuild mode because we're young. We're ready to win now."

Arcadia is currently using six freshmen on their varsity softball team this season. But Kelly Flynn, Maria Serrato, Morgan Ash, Regan Kerr, Haley Denning and Mae Forshey are not ordinary first-year players. Kerr and Denning are batting over .500, Forshey, Flynn and Ash over .400, and Serrato sits at .389. The girls provide the serious batting power that has led them to a 16-4 record this season.

There are currently six freshmen on Arcadia's varsity softball team.

"They've played club ball for years, so they're used to playing at a high level," said Foster. "They've been coming to my summer camps since they were in the sixth grade, so I've been waiting for them to come. I knew they'd make a big impact when they got here, but they've exceeded even my expectations."

The young help doesn't stop with just the freshmen. Abi Abalos and Gabby Sepulveda are sophomores who both hit well over .400. Sepulveda has also helped pitch, along with fellow sophomore Sarandon Raboin. The two have combined for two wins, a save and 12 strikeouts this season.

"It really is a team effort," said Foster. "Every one of our players has a role and the team as a whole has worked really well together this season."

A younger team can always use leadership from upperclassmen and the Titans have found that with Sarah Phillips. The senior has been a one man wrecking crew when it comes to pitching this season. She has a 14-3 record with a 2.69 earned run average. Perhaps most incredible of all, she has struck out an astonishing 41 batters this season.

"As the only senior, she had to step up and fill that leadership role," said Foster. "And she's done everything a senior leader is supposed to do. She has been huge for us all year."

GOLF *Tips*

"Swing easy, when it's breezy"

By Tina Tombs

The knock down shot is helpful when swinging into the wind, as well as a crosswind.

In these conditions I try to remember the phrase: Swing easy, when it's breezy. This keeps the ball low because slow swing speeds keep the ball under the wind.

Here's how to set up and execute the knock down shot:

- Take one or two extra clubs.
- Keep the grip down for more control.
- Position the ball more centered or slightly back of center.
- The shaft lean should be forward of the ball, where the butt end of the grip is pointing (toward the forward hip).
- The weight is left and the length of your swing is three-quarters with a low finish.

Remember, the more golf shots you have in your bag, the lower you can score.

— Tina was selected as The LPGA 2014 Central Section Teacher of the Year and LPGA 2014 National Teacher of the Year. You can contact her at tina@tinatombsgolf.com.

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3002 E. Palo Verde Drive • $1,795,000
4 bedrooms + office | 6 baths | 5,559 square feet
1 ¾ acres with tennis court and pool house

3816 N. 54th Court • $1,795,000
4 bedrooms | 3.5 baths | 3,821 square feet
Enchanting storybook home.

8225 N. Golf Drive • $1,695,000
4 bedrooms | 3.5 baths | 4,369 square feet
Overlooking Camelback Country Club golf course

6325 E. Alta Hacienda Drive • $1,395,000
4 bedrooms | 3.5 baths | 6,103 square feet
¾ acre. This is a gem in the heart of the city!

3500 E. Rose Lane • $1,495,000
4 bedrooms | 5.5 baths | 5,580 square feet
Enchanting Santa Barbara home.

7450 E. Sage • $1,495,000
5 bedrooms+office | 4 baths | 4,035 square feet
This charming horse property has loads of character.

4716 N. Dromedary • $1,100,000
4 bedrooms | 3 baths | 3,496 square feet
Prime location in Arcadia.

3423 E. Pasadena • $899,000
4 bedrooms | 3 baths | 2,857 square feet
Enchanting ranch home on highly coveted street.

1114 W. Seldon Lane • $899,000
4 bedroom | 4.5 baths | 4,645 square feet
Stunning Tuscan style property!

Recently SOLD Properties by Heather MacLean

4640 N. 40th Street	3307 E. Medlock Drive	3816 N. 54th Court	4036 E. Weldon Avenue
8 E. Biltmore Estates #124	3425 N. Valencia Lane	4353 E. Palo Verde	5140 E. Pinchot
3402 E. Sells	4211 E. Whitton Avenue	5250 N. 37th Place	6176 N. 28th Place
4716 E. Dromedary	4519 E. Weldon Avenue	6305 N. 30th Court	4614 E. Lafayette Blvd.
4236 E. Patricia Jane	3420 E. Glenrosa	3021 E. Rose Lane	4409 N. 56th Street
3427 E. Mariposa	3135 N. 48th Street	5748 N. 41st Place	3002 N. 47th Street

Heather MacLean | 602.840.2060 | areasuccess.com

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3055 E. Marshall • $729,000
3 bedrooms+office | 3.5 baths | 2,760 square feet
Incredible opportunity for golf course lot!

7402 E. Cholla • $749,000
3 bedrooms | 2 baths | 1,554 square feet
Great opportunity for a .82 acre piece of property.

3602 E. Coolidge • $739,000
5 bdrms+guest rm | 3 baths | 3,235 square feet
Located in the middle of Camelback Corridor.

3186 E. Stella Lane • $699,000
3 bedrooms | 4 baths | 2,860 square feet
Cul de sac lot next to serene preserve!

6040 E. Rose Circle Drive • $679,000
5 bedrooms | 4 baths | 3,779 square feet
Opportunity to own a home literally on an ISLAND.

4301 E. Clarendon
3 bedrooms | 1.75 baths | 1,500 square feet
Out of the pages of a magazine. Call for price.

3215 E. Mescal • $429,000
4 bedrooms | 3 baths | 2,625 square feet
Enchanting Santa Fe style home.

2244 E. Ocotillo • $379,900
3 bedrooms+office | 2 baths | 2,043 square feet
Spanish Hacienda near Piestewa Peak.

3314 N. 61st Place • $375,000
3 bedrooms | 2 baths | 1,554 square feet
Charming single story home in Arcadia area.

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Heather MACLEAN

EXCEPTIONAL PROPERTY REPRESENTATION

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