# Arcadia News

Vol. 22 No. 8 | AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993 | November 2014

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**As a member of the fourth graduating class of the Women's Airforce Service Pilots (WASP), Arcadia resident Ina Chloe Barkley Petsch not only proved to a nation that women could compete, she proved to herself that her dream of manning a plane, could come true.**

**LOOK INSIDE!**
***Arcadia Home & Design***
WINTER ISSUE

With skateboard in hand, retired U.S Army sergeant Ian Parkinson shines a light on optimism and true heroism.

**Page 14**

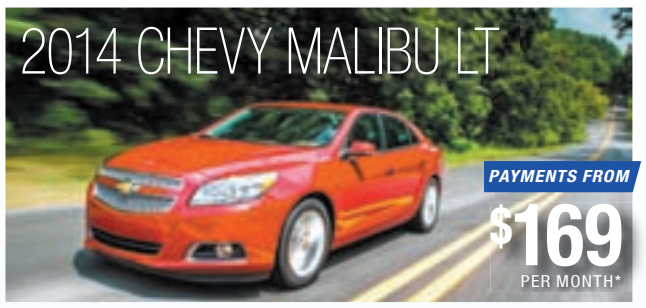
From kids to vegans and everyone in between, our Thanksgiving coverage will satisfy your entire table.

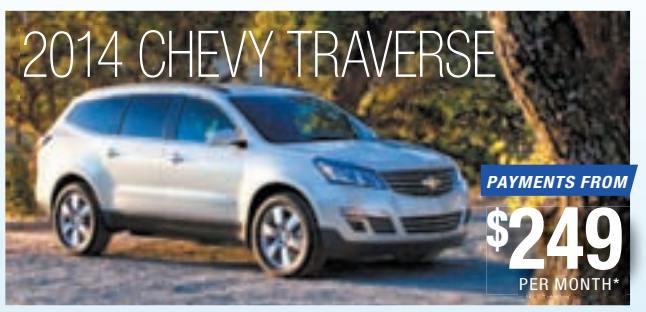
**Page 24**

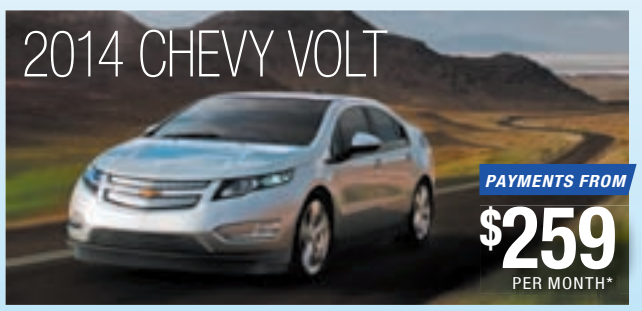
Courtesy CHEV.COM EST 1955

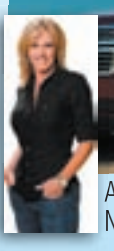
# HAPPY THANKSGIVING

## FROM THE COURTESY FAMILY TO YOURS







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AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993

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## Departments

12 Teachers We Love
24 Kids' Corner
29 Veggie Beat
35 Places We Liked
38 Girl Next Door
39 Where's the Neighbor?
40 Now What?
46 What's Happening?
48 Music Notes
49 Julie at the Movies
50 Book Club
51 Sports

## Articles

**14 Skateboarding to Recovery**
Against all odds, retired U.S. Army sergeant not only finds the will to walk, he skates into rehabilitation.

**20 A Passion for History**
When a local boy showed an interest in WWII, his parents indulged his intrigue, eventually leading to a trip to Normandy for the D-Day anniversary.

**26 Talking Turkey**
Local chefs share their favorite Thanksgiving tips, stories and original recipes to give your holiday a burst of flavor.

**44 Chefs in the Garden**
The Arcadia Neighborhood Learning Center plays host to a series of professional chefs as they demostrate cooking techniques amongst the school's natural vegetation.

Cover Image:

Ina Chloe Barkley Petsch kept dozens of scrapbooks which her granddaughter Susie Danesi shared with *Arcadia News*.
Image colorized by Greg Bruns.

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# Life's lessons bring thanks

*By Amanda Goossen*

**Editor's** *Notes*

The last two months have been filled with lessons for me. Lessons of being thankful for what we have and giving constant love to those around us.

When I was 18 years old, I was a hostess in a restaurant. There was a family who came in a few times a week and one man, a man larger than life, was obviously the patriarch. He would enter with his two young sons, remarkably cute little boys dressed with significant detail. His wife was always at his side. She had a certain amount of grace that cannot be explained.

The family was impressive. They caught your eye.

The man's name was Dan. He would often have other people with him as well. They looked to be his brothers. Each had the same strong jaw and great hair. They walked tall and with purpose. I would soon find out that one, the youngest of the crew, was Dan's oldest son.

They would all gather for dinner. They always kissed each other on the cheek and put their arms around each other. They were a team. They had a bond.

One year later I married Dan's oldest son. It was the greatest day of my life.

I believe it was one of the greatest days of Dan's life as well.

Dan Goossen had a true belief in two things: family and God. His kids all went to Catholic school and he never missed a Sunday Mass. He wanted his family members around him. He loved them. He found comfort with them. They were his team. For a man who built his life in the sports business, you are nothing without your team.

And boy, did he welcome me onto his team.

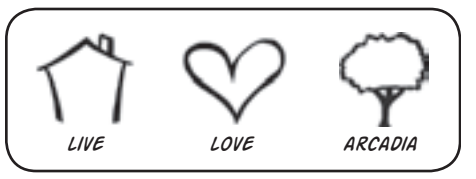
The day his son was married, I saw a smile on his face that meant appreciation and pride. He radiated joy; he walked even taller.

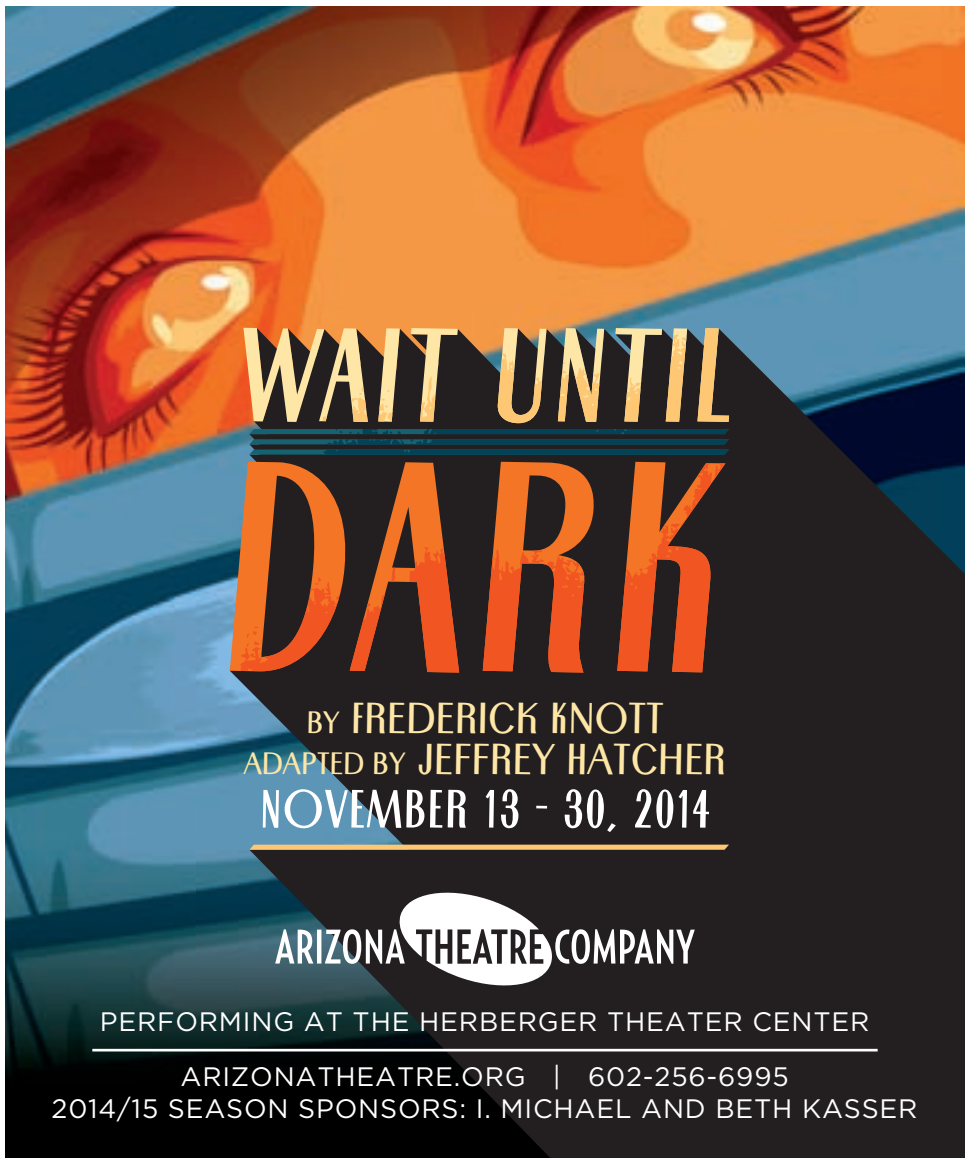
The only moment I remember him happier was the day his granddaughter was born, three years later. She would become the absolute apple of his eye.

During Labor Day weekend this year, my beloved father-in-law went to the hospital, not feeling well. Pain led to surgery and eventually a cancer diagnosis. On September 29, before the sun even rose, Dan passed away. It was a moment that took our breath away.

I tell you this, my friends, not because I want to bring you down, but because as we all know, life is too short. We lose the ones we love. What my family has been through over the last two months has taught me about the meaning of love. The things we do for our family and our friends in a time of need are truly remarkable – the way people can rally, can connect, can hold each other up.

For that, I am thankful.





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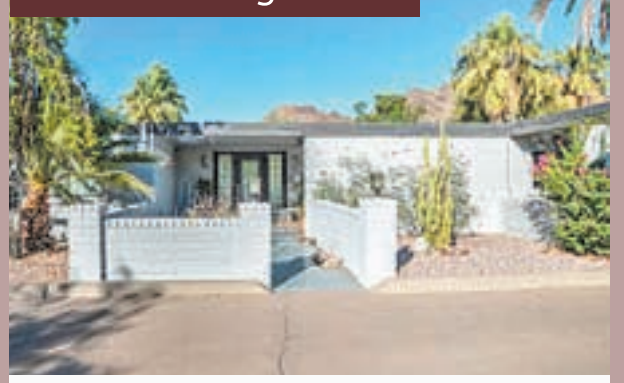

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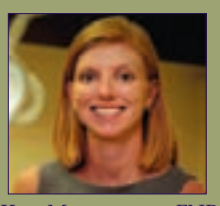
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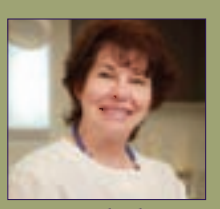
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# Legal controversies raised by new rideshare trends

*By Jennifer A. Cranston*

Legal *Ease*

Rideshare companies, like UberX and Lyft, offer a popular alternative to traditional taxi service by using a smartphone app to connect available drivers with passengers. The service is touted for its affordability and convenience, as well as environmentally friendly mission to reduce the number of vehicles on the road.

Recently, however, rideshare companies have become a topic of significant debate in the media and legal community. The controversy stems from the fact that most of the drivers are not commercially licensed and lack some of the legal safeguards imposed upon standard taxi companies.

For instance, taxi drivers and other individuals who offer transportation-for-hire services are subject to state regulations, including the requirement that they have a commercial driver's license. Rideshare drivers who operate without a commercial license may be fined by the state. However, these fines are typically paid by the rideshare companies on behalf of the drivers.

An additional concern associated with the rideshare trend is safety, specifically the lack of pre-employment drug testing and background checks. While some companies voluntarily conduct pre-employment screening, opponents argue that the checks are insufficient and fall below the standards applicable to licensed transportation companies.

Perhaps the greatest concern raised by rideshare critics is the lack of sufficient liability insurance, which can expose victims of rideshare accidents to uncompensated injury and property damage. Most rideshare drivers use their personal vehicles, which are covered by personal use auto policies. These policies only provide coverage for damage caused while the vehicle is driven for personal use. They exclude coverage for accidents arising from commercial (for pay) use of the vehicle. In response to this problem, the more popular rideshare companies now purchase separate policies that provide insurance for their drivers while carrying passengers.

But there is still a gap in coverage for accidents that occur between passenger pickups. This gap was highlighted by an accident in California in late 2013, when an UberX driver hit and killed a 6-year-old girl while he was driving around waiting for his next passenger. Because the driver did not have a passenger at the time of the accident, the rideshare company's insurance arguably did not apply.

In the wake of the California fatality, several states considered laws that would require rideshare companies to obtain certain minimum levels of insurance coverage, but still less than required for other commercial drivers. Proponents of rideshare services argued that additional insurance coverage, which would lead to higher insurance premiums and higher passenger fares, was unnecessary.

In Arizona, the legislature approved a bill that would have imposed some regulation on rideshare companies. However, Governor Brewer vetoed the bill, citing concerns that the law did not do enough to protect the public because it did not require pre-employment drug testing or close the gaps in insurance coverage.

*Jennifer A. Cranston is a shareholder at Gallagher & Kennedy, where she focuses her practice on three primary areas: real estate disputes, including condemnation and valuation matters; insurance coverage analysis and bad faith litigation; and public utility regulation. For more information about Ms. Cranston, please go to gknet.com.*

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## Charming Arcadia Ranch

**6243 E Monterosa · $1,895,000**
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## Spacious Santa Barbara

**6241 E Calle Del Norte · $1,595,000**
6 bedroom / 5 bathroom • 4,800 square feet

## Charming Arcadia Ranch

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## Arcadia Fixer Upper

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# **Arcadia** Real **Estate** Stats

### 2014 HOPI SCHOOL DISTRICT SALES RESULTS
(1/1/2014- 9/30/2014)

| | |
|---|---|
| Active Homes - | 135 homes |
| Homes Sold - | 178 homes |
| Average Sale Price - | $970,317 |
| Average Sold $ Per SF - | $280 |
| Average Days On Market - | 121 days |

- There is currently 5 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 22% this year. (based on 2013 sales results)
- Home prices have increased 13% this year. (based on 2013 sales results)
- $ Per Square Foot prices have increased 6% this year. (based on 2013 sales results)
- Homes are taking 26% more time to sell this year. (based on 2013 sales results)

### 2013 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 305 Homes |
| Average Sale Price - | $845,430 |
| Average Sold $ Per SF - | $262 |
| Average Days On Market - | 88 Days |

### 2012 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 282 Homes |
| Average Sale Price - | $777,607 |
| Average Sold $ Per SF - | $235 |
| Average Days On Market - | 102 Days |

### 2011 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 238 Homes |
| Average Sale Price - | $635,344 |
| Average Sold $ Per SF - | $197 |
| Average Days On Market - | 124 Days |

### 2010 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 202 Homes |
| Average Sale Price - | $670,142 |
| Average Sold $ Per SF - | $200 |
| Average Days On Market - | 156 Days |

### 2014 TAVAN SCHOOL DISTRICT SALES RESULTS
(1/1/2014- 9/30/2014)

| | |
|---|---|
| Active Homes - | 81 Homes |
| Homes Sold - | 152 Homes |
| Average Sale Price - | $449,155 |
| Average Sold $ Per SF - | $208 |
| Average Days On Market - | 77 days |

- There is currently 4.5 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 6% this year. (based on 2013 sales results)
- Home prices have increased 10% this year. (based on 2013 sales results)
- $ Per Square Foot prices have increased 9% this year. (based on 2013 sales results)
- Homes are taking 14% more time to sell this year. (based on 2013 sales results)

### 2013 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 217 Homes |
| Average Sale Price - | $403,875 |
| Average Sold $ Per SF - | $189 |
| Average Days On Market - | 66 Days |

### 2012 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 207 Homes |
| Average Sale Price - | $326,316 |
| Average Sold $ Per SF - | $158 |
| Average Days On Market - | 66 Days |

### 2011 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 203 Homes |
| Average Sale Price - | $265,505 |
| Average Sold $ Per SF - | $128 |
| Average Days On Market - | 102 Days |

### 2010 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

| | |
|---|---|
| Homes Sold - | 145 Homes |
| Average Sale Price - | $294,278 |
| Average Sold $ Per SF - | $142 |
| Average Days On Market - | 140 Days |

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# Phoenix sets example for ending vet homelessness

*By Steven Sarkis*

**Judge's** *Corner*

When the Obama administration officially set out to eradicate homelessness among military veterans their hope was by the end of 2015. Phoenix, however, has reached that goal even earlier. It was officially announced recently that we are the first city in the nation to eliminate chronic homelessness among veterans.

Ending homelessness among military veterans has become an important national issue, as they tend to have the highest rate of health and substance abuse problems among the homeless population. As a consequence, homeless veterans have increasingly put huge strains on every aspect of the health care system from emergency services, to hospitals, to rehabilitative services.

Just a few years ago, Phoenix had identified well over 200 homeless veterans living on the streets. A little over a year ago, that number had dropped down to about 50. Recently, the last of these homeless veterans were placed into secure housing facilities with the use of state and federal funds. The funding was provided through an initiative known as "Housing First," which provides places for these individuals to live without first requiring them to be drug and alcohol-free. Although this may seem strange to some, the thinking is that homeless individuals with drug or alcohol problems, or both, will be much more likely to address these issues if they first have a safe and secure place to live.

Nationwide, while there is still some progress to be made in reaching the goal of ending homelessness among veterans by 2015, the numbers are steadily declining. According to the latest information, there are well over 50,000 homeless veterans in the United States, which is about 12 percent of the total homeless population. While that number is high, it actually represents a 24 percent drop from just four short years ago. And while nationally the issue is still highly apparent, city officials in Phoenix and those involved with the homeless veteran population, deserve a lot of credit, as Phoenix officially became the first city in the nation to fully eradicate homelessness among military veterans.

*Steven Sarkis is the Justice of Peace for Arcadia Biltmore Justice Court.*

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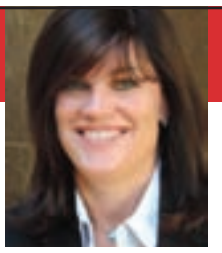

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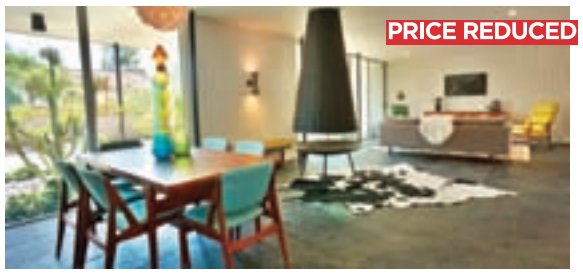


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# Know your risk for diabetes

*By Tiffany Pankow, M.D.*

This fact might startle you: Diabetes causes more deaths a year than breast cancer and AIDS combined.

Diabetes causes blood glucose (sugar) levels to rise higher than normal. Approximately 95 percent of those with the disease have Type 2 diabetes. This disease:

- Involves the inability of your body to use insulin properly – insulin resistance.
- Can occur at any age, but it most often happens in middle-aged and older individuals. Overweight and inactive individuals are also more likely to develop it.

If you have Type 2 diabetes, treat it, because it can lead to complications such as kidney disease, stroke, heart disease and diseases of the eye. See your physician for a fasting blood test that evaluates your glucose levels.

Between 2009 and 2013, 37 percent of adults older than 20 had prediabetes, according to the National Diabetes Statistics Report, 2014. Prediabetes means your blood sugar level is higher than normal but not at a Type 2 diabetes level. Without intervention, prediabetes is likely to become Type 2 diabetes in 10 years or less. You should ask for help from your doctor to prevent that progression.

The more items you check below, the higher your risk for Type 2 diabetes. You:

- Are 45 or older.
- Are overweight or obese.
- Have a diabetic parent, brother or sister.
- Have a family background that's African American, Alaska Native, American Indian, Asian American, Hispanic/Latino or Pacific Islander American.

## Healthy *Tidbits*

- Had gestational diabetes.
- Had a baby weighing more than nine pounds.
- Have a blood pressure of 140/90 or higher, or you've been told you have high blood pressure.
- Have higher than normal cholesterol levels.
- Are fairly inactive.
- Had prediabetes on previous testing.
- Have a history of cardiovascular disease.

You can lower your risk with:

- Healthy eating.
- Attaining your ideal weight.
- Not smoking.
- Controlling high blood pressure.
- Being physically active 30 minutes a day for five days a week.
- Healthy cholesterol levels.

*Tiffany Pankow, M.D., is a primary care physician at Scottsdale Healthcare Primary Care Arcadia 101, 4840 E. Indian School Road, Suite 101, 480-882-7350.*

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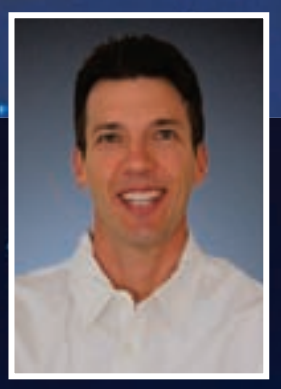
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# Teacher of the Month

*As Casey Greene gave his favorite teacher the award, he explained his reasons for nominating him, one of which was his creativity when teaching his middle schoolers.*

# Coveted for high standards

*By Christina Surrano*

As a kid, Ari Blankstein didn't necessarily have aspirations to be a teacher, but he did have a tremendous respect and admiration for the special teachers in his life who demanded the most of their students and truly cared about them as individuals. For 18 years Ari has taught social studies at Ingleside Middle School. During that time he has been tough and compassionate, developing relationships with families in the community, like the teachers who inspired him.

Student, Casey Greene, who nominated him for the award said, "He encourages you… and helps you any way that he can, but will give you an honest grade. Even though it's not always the best grade, it's the right grade. So he is kind of like a tough parent. We are kind of like his kids. It's like he feels like he is responsible for us."

Casey adds, "He wants us to learn how to deal with life and learn from our mistakes."

Some of Ari's passion for education comes from watching the resulting difficult challenges and struggles of a family member who never finished high school.

When asked what he hopes most for his students, Ari said soberly, "I hope they take their education seriously. There are people in other parts of the world who risk their lives for the right to an education. I want them to have the background and skill sets so they can be as [successful] as possible."

Casey's mom, Stacey, who also happens to be a teacher, notes that Ari has developed a great reputation among students and parents as having, "high standards for his kids. [He] builds excellent habits."

She adds that the creativity and passion that he puts into his lessons are exceptional.

According to Casey, Mr. Blankstein is not one to teach straight out of the textbook. He encourages students to think independently.

"You have to figure stuff out for yourself," Casey stated.

Ari currently teaches social studies at Ingleside to sixth-graders in the self-contained gifted program as well as to seventh- and eighth-graders. When asked what he hopes students learn from social studies specifically, he said, "I want them to take away the value of freedom… Freedom dies when we stop paying attention to it. [I want them to think about] what we need to do to uphold it."

Ari Blankstein's reputation as a fun but challenging teacher has earned him highly desirable status among Ingleside students.

*Teachers chosen for the* Arcadia News *Teachers We Love Award receive an Arcadia News tote and T-shirt, a $125.00 gift certificate from Salon Sandoval, a gift certificate for dinner for two at The Henry and an invitation to an end of the year luncheon for the year's winners at The Henry.*

*To nominate your teacher fill out the form on page 18 or on arcadianews.com.*

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# Behind the Business

*By Michelle Donati-Grayman*

Tony Guido grew up around cars.

His father, Anthony, owned an Exxon gas station on the southeast corner of 44th Street and Thomas Road for 30 years.

After graduating from Arizona State University and working in the family business, Guido opened a shop of his own in the late 1980s.

"I didn't go far," Guido says. "We're only 12 blocks away from the original. Arcadia has always been home."

Tony's Auto Service Center has called the northeast corner of 56th Street and Thomas Road home for 26 years. It started as Tony's Texaco, a small two-bay gas station, before being converted into an auto repair facility.

"It's a real community shop," Guido says. "The main thing that's important to us is taking care of people our customers, employees and the community."

One longtime customer who was recently widowed expressed concern to one of Tony's employee's that he didn't have any family to check in on him. After hearing this, manager Scott Petrie made an arrangement with him and his mail carrier. If the daily mail didn't get picked up, the mail carrier would call the shop and alert Petrie to check on the customer.

In addition to loyal customers, the auto shop is full of veteran employees. In fact, many have worked at the shop for more than a decade and one employee came to work for Guido after working in his father's shop.

Community involvement is also a priority to Guido. Each year, the shop performs discounted repairs for several charities, including St. Vincent de Paul, the Salvation Army and St. Mary's Food Bank. They've hosted a Christmas party for a local assisted living facility and sponsor Arcadia High School's football, baseball, soccer and golf teams.

*(Top) Tony's in 1970. (Bottom left) A look at Tony's Auto today. (Bottom right) Tony's crew.*

Guido's business approach of putting people first has earned his shop an array of prestigious honors, including AAA Arizona's Top Shop award for six years running.

"As an auto resource, the Top Shop award is designed to recognize local shops that exceed our expectations and standards," says John Walter, director of automotive services for AAA Arizona. "When it comes to AAA Approved Auto Repair facilities, Tony's Auto Service Center represents the best of the best."

In 2013, the shop was one of five local businesses to receive the 2013 Better Business Bureau's Business Ethics Award. This year, Tony's Auto Service Center received the BBB International Torch Awards for Ethics. The award is presented to businesses in four categories, in recognition of their best practices in leadership character and organizational ethics.

"Tony's Auto Service Centers has proven to be a strong leader in our business community," says Erin Harshfield, BBB foundation director. "The company's leadership team is highly committed to developing positive, long-term relationships with its employees, customers and the community around them."

Guido says both the AAA and BBB honors serve as a confirmation of what his business tries to do every day.

"We want to make sure our customers, employees and community are taken care of the way they should."

*Michelle Donati-Grayman is an Arcadia resident who works for AAA Arizona, an automotive resource.*

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# Retired U.S. Army sergeant skates his way to recovery

*By Katie Mayer*

The grinding sound of skateboard wheels against pavement and the clicks and clacks of riders' tricks echoed off the concrete skate park walls while Ian Parkinson carefully stepped onto his board.

The Arcadia native leaned over to position himself, and then took off down the ramp. He built momentum and raced up a quarter pipe, before stalling on the coping and sailing back down again.

With his athletic build and coordination, the 24-year-old looked like any other experienced skateboarder riding at the Wedge Skate Park in Scottsdale. But there was one major difference – Parkinson has no legs.

While serving in Afghanistan in 2011, the retired U.S. Army sergeant survived a 60-pound improvised explosive device blast directly below his feet. The explosion shattered his arm, cracked his pelvis and destroyed his legs – but didn't break his spirit.

After nearly 30 surgeries and hours of practice, the avid skateboarder is riding again and learning new tricks every week. His friend and fellow skateboarder R.J. Galloway is filming his progress.

Galloway recalls, "When he came back, I was like, 'What do you want to do?'" And according to Galloway, Parkinson's exact words were, "Let's go skate."

Growing up in Arcadia, Parkinson became so skilled at skateboarding that he once received a sponsorship.

"Learning to ride again was a very incremental process," Parkinson said. "I had to first learn to stand without falling and it was tough because I mentally wanted to do so much more."

As a child, Parkinson knew that one day he would either skate professionally or join the U.S. Army.

"My mom tried to push me away from joining the military," Parkinson said.

So after graduating from Arcadia High School in 2008, Parkinson kept a promise to his parents and gave college a try. He attended Scottsdale Community College, but couldn't shake his dream of joining the Army.

*Army veteran Ian Parkinson spins his wheels at the Wedge Skate Park in Scottsdale.*

"I got horrible grades," he said with a laugh.

Finally, in 2009, after years of talking with U.S. Army recruiters, Parkinson enlisted and began basic and specialized infantry training. He then spent a one-year tour in South Korea, and in March 2011, was deployed to Afghanistan serving in the 10th Mountain Division.

"I did everything I could to get there," Parkinson said of being deployed to a combat zone.

But after just three months, Parkinson's military career was cut tragically short.

"Our outpost had been attacked that morning, but then we went out like it was any other day," he said. "It was supposed to be a two-hour patrol, but after about five hours, we headed back to base."

As Parkinson and his team were walking down a road in a single-file line, he intercepted an enemy transmission. Moments later, the ground erupted around him.

"There was so much noise and light," he said. "I flew up into the air and my mind was racing."

He added, "The second I hit the ground, I just went through the motions – Am I alive? Am I hurt? I didn't know how badly I was hurt."

In the middle of the chaos, Parkinson heard his lieutenant shout, "IED!" Then he heard the medic yell, "I have a double amputee!"

"I knew that was me," Parkinson said.

The soldier was taken to an area hospital before flying to Fort Sam Houston in Texas for months of surgery and rehab.

"My first thought was 'Bummer, I don't want to leave my friends' and I thought of my fiancé and my family," he said.

In October 2011, Parkinson married his high school sweetheart, Ashley, in a simple military wedding. Last month, the pair held a formal ceremony in Chandler.

"She is loyal, loving and caring," Parkinson said. "There are days when she needs to lift my wheel chair in and out of the car, come to medical appointments and wait through surgeries."

*Continued on page 15*

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# Skateboard

*Continued from page 14*

Today, Parkinson is back at Scottsdale Community College – this time earning straight As. He's working toward a degree in computer science and will transfer to ASU next semester. He also started his own freelance Web development company and is speaking at various community events.

"I don't know anyone who has made the transition [to living without legs] and said it has been a piece of cake," Parkinson said, "but regardless of what anyone says about the VA [Department of Veterans Affairs], they have been fantastic."

For the optimistic veteran, some days are challenges and sometimes there are setbacks in his progress, but he doesn't let it bring him down for very long.

"You go to war and see the worst of our species, how could you come back and not enjoy a beautiful day or time with family?"

In fact, Parkinson said if he had to do it all over again, he still would. But he doesn't want to be called a hero.

"It's like that saying, 'All gave some, some gave all,'" Parkinson said. "I'm not a hero, just for joining."

But to those who know him, follow his story and hear him speak, he most certainly is a hero. And to the skateboarders who regularly see him at The Wedge Skate Park, he is undoubtedly an inspiration.

*Parkinson is a hero to many, especially at the skate park where his smile and enthusiasm are contagious.*

"He's one of a kind," Galloway said. "It's a pretty traumatic situation and he is extremely humble."

As Parkinson and Galloway pick up their boards to skate on a recent October day, the two friends join a small group of other skaters in the park. One female rider smiles and waves as she whizzes by on her board.

Parkinson smiles and waves back, before once again taking off down the ramp. Like the other skaters in the park, he occasionally falls down while trying a trick. But like the brave soldier he is, he doesn't let it keep him there.

"When I first came to the skate park it was pretty intimidating," Parkinson said. "Now they'll stop and say, 'Hey, that's really cool what you're doing.' They're really supportive."

To watch a video about Ian Parkinson or to make a donation to support education and employment for veterans, visit see4vets.org.


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# Following her childhood dream, she flew into the future

*By Amanda Goossen*

A large white Cadillac drove through the streets of Arcadia throughout the latter part of the 20th century, running the regular homemaker errands of grocery shopping and carting kids to school. The car's license plate, however, held the secrets of the past.

Ina Chloe Barkley was born on New Year's Day in 1919 on a ranch in Patagonia, Arizona to a large family. With an upscale boys boarding school just down the road from her family home, Ina took notice of the small planes that brought in the new students. In the late 1920s she made a decision about her future.

"She said, 'Oh one day I'm going to fly one of those,'" said her granddaughter Susie Danesi.

Before World War II women had begun to make inroads into the world of aviation. The most well-known example was Amelia Earhart, who in 1932 became the first woman (and second person) to fly solo across the Atlantic Ocean, and the first person to cross the Atlantic twice by air.

In 1932, Nancy Harkness, the daughter of a wealthy physician with a real passion for aviation, would be dubbed "The Flying Freshman" and receive national attention for her adventurous spirit and determination to fly. Harkness even earned extra money while attending Vassar College by taking fellow students for rides in a rented aircraft.

In 1936 Harkness married Robert M. Love, an Air Corps Reserve major and the two built a successful Boston-based aviation company, Inter City Aviation, for which Nancy was a pilot.

After the beginning of WWII in Europe in 1940, Harkness wrote to Lt. Col. Robert Olds, then in the Plans Division of U.S. Air Corps, letting him know she had 49 excellent women pilots. Her plan was to have these women help with military needs once the men were called to more dangerous duties. Although many were skeptical, by 1942 with a shortage of male pilots to do such duties as ferrying planes, Harkness' plan was put into action.

In September of 1942, Harkness was appointed as the director of the Women's Auxiliary Ferrying Squadron (WAFS) and sent out telegrams looking for the women she needed. The women had to be between 21 and 35 years of age, have at least 500 hours in the air, hold a commercial license, a 200-horsepower engine rating, and have recent cross-country flying experience.

In 1943 WAFS merged with the Women's Flying Training Detachment to establish the Women Airforce Service Pilots (WASP). Nancy Harkness Love was named executive of the Ferrying Division of ATC. Together the WASP division would surpass all expectations and prove that women could not only fly, but they could fly military aircraft just as well as their male counterparts. The program ran until December 20, 1944.

*(Top) Ina (middle with suitcase) was part of the WASP, or Women Airforce Service Pilots, in the fourth graduating class (Bottom.)*

Back home in Arizona, Ina Chloe Barkley had moved from her childhood home to attend ASU and become a teacher. Working at Madison school in Phoenix, Ina saved every last penny in order to pay for her own flying lessons. After obtaining her pilot's license and hearing about the WASP program, Ina filled out an application and was accepted.

Stationed at Avenger Field, the largest all-female air base in American history, the emphasis was on teaching the women to ferry the planes from base to base.

"My favorite story is about how my grandparents met," said Susie Danesi.

As the story goes, Roy Petsch was asked to take a Jeep out to meet the pilot and co-pilot of a plane being ferried onto his base. After arriving, Ina and her co-pilot got into the jeep and sat patiently for Roy to start the engine.

Ina, finally growing impatient, looked at Roy and asked, "Are we ready to go?"

Roy looked at Ina and said, "Sure, but don't you want to wait for your pilot?"

Ina looked at him and said, "I am the pilot!"

Roy, expecting a man, was stunned.

The two somehow turned that moment of embarrassment into a love story, writing letters and eventually reuniting after the war. After marrying, they moved back to Roy's home state of Wyoming and once he earned his law degree, the couple moved to Arizona.

Roy and Ina Petsch settled in Arcadia. They built their home on the golf course of the Arcadia Country Club and raised three children, two girls and one boy. Ina bought her white Cadillac and had WASP4 put on the license plate, which stood for the fourth graduating class of the Women's Auxiliary Ferrying Squadron.

Ina lived in her Arcadia home until she passed away in 1994. Her VA status (which she and a group of women fought for in the late 1970s) allowed her to have Taps played at her graveside and an American flag given to the family in her honor.

"Being a WASP was my grandmother's big claim to fame," said Susie. "Other than her family, it was her life's greatest accomplishment. She went after her dream and made it come true."

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# Special promotions for Vets

*By Mallory Gleich*

Veterans Day is a special occasion that America holds close to its heart, one where the many men and women who have risked their lives for our country deserve to be honored. The establishments below are just a few that show their appreciation for our military personnel.

For starters, there are a multitude of restaurants that offer discounts to veterans. Burger King, Dairy Queen, Denny's and Famous Dave's offer 10 percent discounts to military when they show their military identification. At Lone Star Steakhouse, active military personnel are able to get 15 percent off their meal every Monday, not just on Veterans Day!

After you're done eating, head over to AMC Theaters after 4 p.m. to receive discount movie tickets. If you're out and about, a free annual pass to any of the United States National Parks is offered to veterans. Travel discounts are also offered to military personnel; Best Western and Choice Hotels offer discounted room rates and the Hampton Inn offers 15 percent off of your reservation.

After a quick nap at the hotel room, it might be time to head out and do some shopping. Various stores offer 10 percent discounts to veterans with proof of ID, such as American Eagle, Banana Republic and Eddie Bauer. The best part is that these discounts are available throughout the year, not just on Veterans Day. Home improvement stores such as Lowe's and Home Depot also offer 10 percent off throughout the year for military personnel.

Veterans Day is right around the corner, and many businesses plan to offer discounts and benefits as a way of honoring veterans and current military personnel. These businesses range from restaurants to barber shops to movie theaters; a few offer benefits throughout the year, not just on Veterans Day.

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# Passion for history takes Arcadia family to Normandy

*By Larissa Garza*

Seventy years after D-Day, the Herding family traveled to Normandy, France in June to get a hands-on learning experience for their son about the history of D-Day and other World War II events.

The main reason for this trip was to visit Normandy on the 70th anniversary of D-Day because their son, Carson Herding, 9, is a big fan of anything WWII, said Keri Herding, Carson's mother.

"Every chance we get we want to encourage and inspire his desire to learn about WWII," said Keri.

On the trip, Carson bought a D-Day poster that numerous WWII veterans would sign when he met them throughout the trip.

"They would sign it and put where they were during D-Day on the picture," said Carson.

When asked about his favorite part of the trip, Carson said, "Meeting the survivors."

Carson would approach the veterans and talk to them on his own. It is nice that someone so young is interested in who they are and their stories, said Keri Herding.

"It lets their legacy live on," said Keri.

The Herding family even met a WWII veteran, Rich Winters, who was one of the men who paratrooped onto Normandy beach on D-Day.

While on Normandy beach, there was a reenactment of paratroopers jumping down onto the beach.

*With his parents, Carson Herding visited WWII monuments and men who saw battle.*

"It gave me the chills just looking at it," said Keri.

Carson's father, Mark Herding, also enjoyed meeting the many WWII veterans. "It's amazing because there are not that many left. In five years there will be even less," he said.

The family visited Pointe Du Hoc where they saw barricades and bunkers.

"Carson went into a bunker and popped out 30-60 yards away from where he went in," said Mark.

The Herding family also visited Omaha and Utah beaches, one of the many places that the Americans helped fight Germany. Omaha and Utah are the two more commonly known beaches because the Germans could fight back here with heavy artillery, Mark explained.

At one of the beaches, Carson said he found "sunken landing craft still in the water."

Another stop on their trip was made at the Memorial on Omaha Beach and the American cemetery where they met many dignitaries.

Carson is interested in anything WWII and even watches the military channel to learn more.

"To have him soak it all in after watching it all on TV, and then having him be there – it's fulfilling," said Mark.

Carson has been interested in anything WWII since his father read him *A Boy at War* when he was younger.

The Herding family also visited Pearl Harbor for the 70th anniversary of the bombing of Pearl Harbor a few years ago.

"It was a very special trip for us," said Keri.

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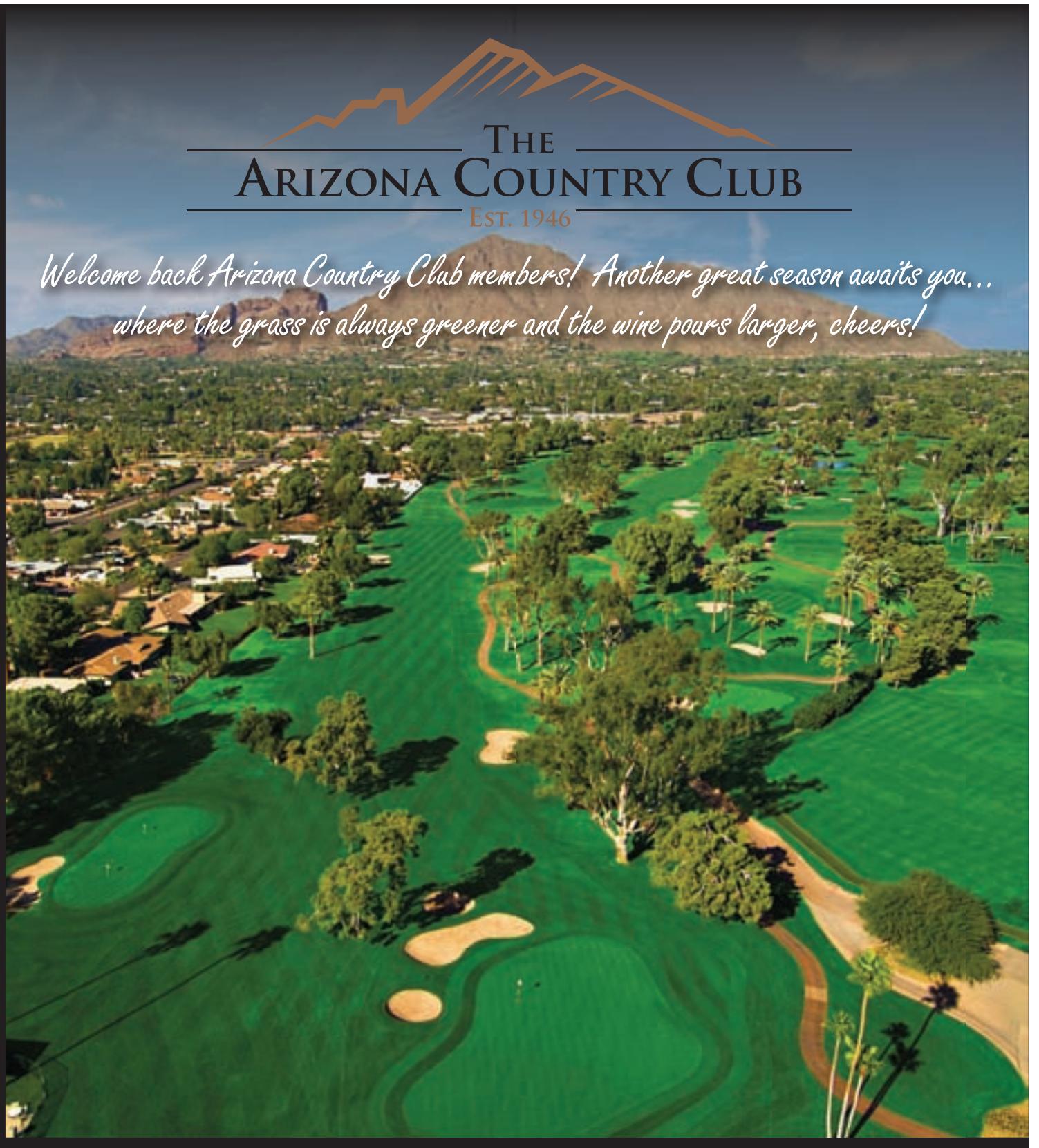

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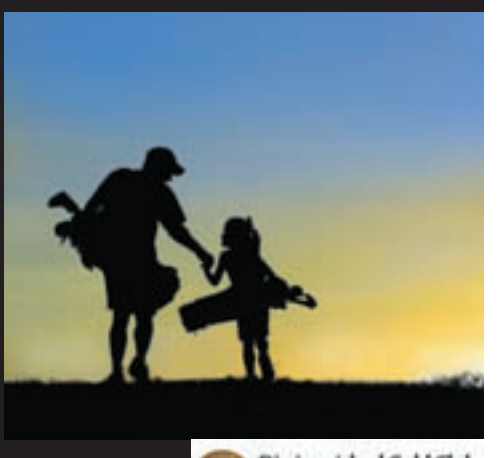

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# Phoenician one of few to witness monumental moment

*By Alyssa Hillman*

Navy veteran Marshall Roberts is one of the few who witnessed the surrendering of the Japanese in World War II.

Roberts joined the Navy shortly after graduating from high school in Tolleson, Arizona. In 1942, he and a friend drove to Buckeye with intentions of enlisting in the Marines, but with one eye lacking 20/20 vision, he was ineligible. However, Roberts was determined to serve, leading him to join the Navy and attend boot camp on January 1, 1943.

After finishing boot camp in San Diego, California, he was sent to San Francisco and positioned on the USS Portland. Roberts and his crew boarded the ship that was recently repaired after being struck by a Japanese torpedo, and were then deployed to their first stop: Alaska.

"They called our boat the Sweet Pea because the ship got along so well," said Roberts.

Since Roberts was trained in typing, he was positioned as "storekeeper," which meant he was in charge of tracking provisions and recording the supplies needed for the crew. He also assisted in logging payroll for the 1,200-manned ship.

Standing on the starboard side from midnight to 4 a.m., Roberts' night post was to watch for enemy ships. "It was so foggy and cold up there, you just almost froze. You couldn't see your hand in front of your face. "

*During WWII Marshall Roberts was positioned on the USS Portland, which became a vital entity of the War.*

After two years, the USS Portland embarked on what would be its last "big mission." On April 1, 1945, the ship went to Okinawa to complete more operations. However their assignments were cut short, because in August Japan announced their formal surrender to the United States.

Roberts was on one of the two vessels Japanese surrender parties boarded and he witnessed the action.

"I still remember the whole ship cheering when, over the loud speakers aboard ship, they said that the Japanese had surrendered," Roberts stated. "We thought it was fantastic, now maybe we could go home. I didn't know I was going to get in on the trips to France to bring troops back."

During their travels from France to New York, a storm hit causing non-repairable damages to the cruiser.

Fortunately, it was able to finish the trip to the States; however, it never sailed again and was scrapped.

While enlisted, Roberts met his wife, Lenore Walters, who was also in the

*Continued on page 23*

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# Veteran

*Continued from page 22*

Navy. He took her on one date while he was in San Francisco, before having to leave her for months.

"I'd write to her practically every night, and she'd write to me practically everyday, I guess," explained Roberts. "When my ship would come into port maybe once every 30 days or once every 60 days, we'd be in harbor and get mail all at one time. There would always be a bundle of letters."

The two made plans to get married when he returned to the States for Christmas. However, due to the setbacks caused by the storm, he did not arrive in Arizona until about January 3, 1946. Walters then took a train from San Francisco to Tolleson where Roberts took her shopping for a wedding dress. After a long time of waiting, they were married on January 6.

Following their wedding, Roberts' leave was over and he had to return to Philadelphia where he stayed for two months.

Roberts was offered a promotion upon returning to his base, to which he declined and was officially discharged March 20, 1946.

"I was always glad I didn't sign over because I would've been away from my wife and our new daughter on the way," said Roberts.

***Now 90 years old, Roberts lives in Phoenix.***

Lenore and Marshall were married for 63 years before Walters passed away in October 2009.

Today, Roberts, 90, currently resides in Phoenix, which keeps him close to his kids and grandchildren. Along with other mementos from his serving days, he displays his late wife's Navy photo next to the burial flag presented to him at her funeral above his fireplace.

"I was always glad I went into the Navy," said Roberts.

# Thanksgiving done right with kid-friendly trimmings

**Kids' Corner**

*By Lisa Weisenburger*

Some kids *love* turkey and all the traditional trimmings. Some kids are lucky to walk away from the gorgeous traditional feast having had a piece of white meat and a roll. Here are four recipes that passed the test at our house for tasty side dishes to accompany the traditional roasted turkey. They were a hit with the big people, too.

## LEMONY SNAP PEAS

Recipe from Laraine Perri, *Cooking Light*, May 2012

**INGREDIENTS**

- 8 cups water
- 12 ounces sugar snap peas, trimmed
- 1/2 teaspoon grated lemon rind
- 2 tablespoons fresh lemon juice
- 1 tablespoon extra-virgin olive oil
- 1 teaspoon Dijon mustard
- 1/2 teaspoon sugar
- 1/4 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1 shallot, minced

**PREPARATION**

- In a large Dutch oven, bring 8 cups of water to a boil. Add peas. Cook 30 seconds or until crisp-tender. Drain and plunge into ice water; drain. Slice half of peas diagonally.
- Combine lemon rind and remaining ingredients in a medium bowl; stir with a whisk. Add peas; toss to coat.

## LIGHTENED WALDORF SALAD

Recipe from October 2007 issue of *Cooking Light*

**INGREDIENTS**

- 1/2 cup raisins
- 1/2 cup apple juice
- 1 cup finely chopped celery
- 1 cup chopped Granny Smith apple
- 1/4 cup coarsely chopped walnuts, toasted
- 2 tablespoons fat-free mayonnaise
- 2 tablespoons fat-free apple-flavored yogurt

**PREPARATION**

- Combine raisins and apple juice in a microwave-safe bowl; microwave on high for 30 seconds. Let stand 2 minutes; drain.
- Combine raisins, celery, apple and walnuts in a medium bowl. Stir in mayonnaise and yogurt.

*Continued on page 25*

# Kids

*Continued from page 24*

## GOLDEN MACARONI AND CHEESE

Recipe from
January 2014 issue
of *Southern Living*

**INGREDIENTS**

- 1 (8-ounce) package elbow macaroni (about 2 cups uncooked macaroni)
- 2 cups milk
- 1/4 cup all-purpose flour
- 1 teaspoon onion salt
- 2 (10-ounce) blocks sharp cheddar cheese, shredded (about 4 1/2 cups) and divided*
- 1 cup soft breadcrumbs (4 slices, crusts removed)
- 1/4 cup butter or margarine, melted

**PREPARATION**

- Heat oven to 350 F.
- Cook macaroni according to package directions; drain well. Set aside.
- Place milk, flour and onion salt in a quart jar; cover tightly, and shake vigorously for 1 minute.
- Stir together flour mixture, 3 1/2 cups cheese and macaroni.
- Pour macaroni mixture into a lightly greased 9-by-13-inch baking dish or two (11-inch) oval baking dishes. Sprinkle evenly with breadcrumbs and remaining 1 cup of cheese; drizzle evenly with melted butter.
- Bake for 45 minutes or until golden brown.

*20 ounces loaf pasteurized prepared cheese product, shredded or cut into small cubes, may be substituted. Omit breadcrumbs if using prepared cheese product.

## GINGERSNAP SWEET POTATOES

Recipe from
the May 2003 issue
of *Oxmoor House*

**INGREDIENTS**

- 6 sweet potatoes (4 pounds)
- 1/2 cup firmly packed light brown sugar
- 1/2 cup butter or margarine, melted
- 1/3 cup half-and-half
- 2 large eggs
- 1 teaspoon vanilla extract
- 1/2 cup firmly packed light brown sugar
- 2 tablespoons all-purpose flour
- 1/4 cup cold butter or margarine, cut into pieces
- 32 coarsely crushed gingersnap cookies
- 1/4 cup butter or margarine, melted

**PREPARATION**

- Heat the oven to 350 F.
- In a Dutch oven, cook sweet potatoes in boiling water to cover over medium heat for 30 minutes or until tender. Cool. Peel and mash potatoes.
- Combine mashed sweet potatoes, 1/2 cup brown sugar, melted butter or margarine, half-and-half, eggs and vanilla extract in a mixing bowl; beat at medium speed with an electric mixer until smooth. (Or mash with a potato masher until smooth.) Spoon mixture into a greased 2 1/2-quart or 9-by-13-inch baking dish.
- Combine 1/2 cup brown sugar and flour. Cut in 1/4 cup cold butter with a pastry blender until crumbly. Stir in crushed gingersnaps. Sprinkle streusel over sweet potato mixture. Bake uncovered for 25 minutes, or until streusel is lightly browned.
- Make ahead: Prepare sweet potato filling, and spoon into a greased 2 1/2-quart microwave-safe dish. Cover and chill overnight. Microwave on high for 10 minutes, or until hot. Prepare streusel, and sprinkle over filling. Bake uncovered for 20 minutes or until streusel is lightly browned.

* Note: Purchase crisp gingersnap cookies rather than the soft variety to make the streusel.


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# LOCAL CHEFS *talk turkey*

**Arcadia area chefs share their favorite Thanksgiving recipes, stories and tips.**

From Steve Freidkin, chef and owner of Texaz Grill

## PECAN MUFFINS

**INGREDIENTS**
- 1 cup dark brown sugar
- 1 cup pecans, pieces
- 1/3 cup butter, melted
- 1/2 cup flour
- 1/4 teaspoon baking powder
- 2 eggs, beaten
- 1 teaspoon vanilla extract

**PREPARATION**
- Combine all ingredients and mix.
- Fill 12 baking cups in a muffin tin until they are half full.
- Bake for 25 minutes.
- Serve warm.

## *TRADITION*

My family used to get together every year for Thanksgiving at my mom's house in Dallas. Most of my siblings (there are five of us) would travel from all over the country. One year I was opening a restaurant in Phoenix and couldn't be there. I rented a turkey costume, took a picture and had a life-sized blow up made. It sat in for me at the Thanksgiving dinner table. My siblings said it was the best time they'd ever had with me.

## PASTRAMI TURKEY

**INGREDIENTS**
- Brine
- 1 gallon of water
- 1 1/4 cup dark brown sugar
- 35 cloves fresh garlic, smashed
- 3 ounce of thyme sprigs
- 1/4 cup red pepper flakes
- 1 1/4 cup freshly cracked black peppercorns
- 1 1/4 cup kosher salt
- 1 1/4 cup crushed juniper berries
- 3 cups hickory chips
- 1 (750 milliliters) bottle of malbec
- 20-25-pound all natural turkey

**PREPARATION**
- In a medium saucepan, combine water, sugar, garlic, thyme, spices and berries. Heat until sugar and salt are dissolved. Cool.
- In a separate saucepan toast off hickory chips and add the remaining 600 ml. of malbec that you didn't drink into the pan. Bring to a simmer remove from the heat and cool. Once cool, strain into other part of the brine and pour over turkey. Place in refrigerator for three days.

## RUB

**INGREDIENTS**
- 1 cup juniper berries
- 1 cup black peppercorns
- 1 cup dark brown sugar
- 1 tablespoon red pepper flakes

**PREPARATION**
- In a spice grinder or coffee grinder pulse all of the ingredients.
- Cover the bird with the rub.
- Cover and refrigerate for 24 hours.

## TO COOK

**INGREDIENTS**
- 1 pound butter
- 8 ounces smoked bacon
- 10 cups chicken stock

**PREPARATION**
- Heat oven to 300 F.
- In a pan, place bird breast side up. Stuff the turkey with bacon and cubed butter. Then pour chicken stock into pan.
- Cook until the turkey breast hits 155 degrees. Remove from oven and let rest for 10 minutes. Reserve pan drippings.

From executive chef Josh Bracher, Second Story Liquor Bar

*Photo courtesy of Debby Wolvos, DW Photography*

## FALL SPICE BARBECUE

**INGREDIENTS**
- 2 tablespoons oil
- 6 cloves garlic, smashed
- 2 tablespoons tomato paste
- 1 Tablespoon chili powder
- 1 tablespoon paprika
- 1 teaspoon crushed red pepper
- 1/2 teaspoon ground allspice
- 1/2 teaspoon ground cloves
- 1 tablespoon five spice
- 4 ripe tomatoes
- 2 cups water
- 1 cup cider vinegar
- 1/4 cup dark molasses
- 1/2 cup dark brown sugar
- 1 tablespoon kosher salt
- 2 tablespoon soy sauce
- 1 tablespoon Worcestershire sauce
- 1/4 cup whole grain mustard
- 1 teaspoon black pepper
- 1 bay leaf
- turkey pan drippings

**PREPARATION**
- In a medium saucepan heat the oil over medium heat. Stir in the garlic, tomato paste, chili powder, paprika, red pepper, allspice, cloves and five spice and cook, stirring, until paste is dark brick red, about 3 minutes.
- Add the tomatoes, water, vinegar, molasses, brown sugar, salt, soy sauce, Worcestershire, mustard, black pepper and bay leaf.
- Adjust the heat to maintain a gentle simmer and cook until the flavors come together, about 45 minutes. Remove and discard bay leaf before using and add in the turkey drippings.

From executive chef AJ Rajda of Sunfare home delivery

## CHEF TURKEY TIPS

One thing I have done recently when cooking my turkey is I take herbs (thyme, rosemary, sage, parsley and marjoram) and mix them with butter. Then rub it under the skin. Season with sea salt and black pepper and place it in the freezer for 30 minutes. This is just enough to firm up the butter mixture.

Place the turkey in a 500-degree oven for 20-30 minutes. Then I cover it and cook for the remaining time at a lower temperature, like 325 F. It has a nice flavor, crispy crust and very moist.

## FUN FACT

One other fact I learned long ago is when the Pilgrims and Indians had their first Thanksgiving, turkey was not the main attraction. They used eel as the centerpiece, according to historians. I can see why Americans didn't like that – who wants a slimy eel at Thanksgiving?

# THE DAY-AFTER-THANKSGIVING SANDWICH

### INGREDIENTS

- country bread
- your favorite mayonnaise
- leftover roasted turkey breast
- leftover mashed potatoes
- leftover stuffing
- creamy gravy
- vine-ripe tomatoes
- sea salt
- Salanova lettuce
- leftover cranberries

### PREPARATION

- Slice and toast your favorite crusty country bread.
- Generously spread mayonnaise on one piece of toast.
- In a sauté pan, heat turkey with a touch of turkey of chicken jus.
- Shred or slice the turkey and place on toast.
- Heat left over mashed potatoes and spread on top of turkey.
- Heat stuffing and stick into mashed potatoes to prevent it from rolling off the sandwich.
- Heat and drizzle gravy over stuffing.
- Top stuffing with tomatoes and season with sea salt.
- Layer with lettuce.
- Spread the cranberry jam onto the second piece of bread.
- Top sandwich with the second slice.

Enjoy!

From Justin Beckett, chef and owner of Beckett's Table and Southern Rail

## THANKSGIVING COOKING TIPS

- Always let the bird rest at room temperature after it is done cooking.
- I am a fan of deboning the whole bird, tying it up and roasting it in 1 to 1 1/2 hours. This is a much more predictable and easy way to prepare the turkey.
- Always plan for plenty of leftovers as the "day-after-Thanksgiving sandwich" is the best part of the meal.
- I like to ask the family and friends that are coming over if they have a request for a dish or dishes. Sometimes I even ask how their family made it or what their tradition is so that I can make them feel right at home. Thanksgiving is about being together and a lot of nostalgia around cooking and eating and family.
- If you are cooking for a big group, don't be afraid to assign tasks (whether it is cooking, cleaning, picking up ice, etc.) to the guests ahead of time. This way the expectations are set and all the work gets done.
- On that note, know your strengths. If you aren't strong at something (say baking pies – hint, hint) outsource it to friends, family or your favorite restaurant.

# AZ's Last Slinger Standing

**Hey, *Bartender!***

*By Amanda Goossen*

Arizona Cocktail Week isn't until February, but the Arizona chapter of the United States Bartenders' Guild isn't going to sit back and wait patiently for the excitement to begin.

The Last Slinger Standing, one of Cocktail Week's most anticipated events is on February 16 and the festivities began on October 6 with the preliminary competition.

The Last Slinger Standing is an unparalleled battle of the bartenders, as teams from Arizona, Colorado and Nevada each attempt to out-mix and out-pour the rest.

On October 6, 30 bartenders from Arizona faced the opening round of competition at Crudo Bar in Phoenix with blind judging and mystery ingredients. The drinks were judged by A-list cocktail mavens Travis Nass, Cocktail Currator at Last Drop Bar at the Hermosa Inn, Aaron Defeo, Property Mixologist for Casino Del Sol Resort in Tuscon, Rachel Burkons, Managing Editor of Talking Panel magazine and Kailee Gielgens, a Sales Manager for Azunia Tequila. The individuals who created the top five cocktails will be announced November 4, thus establishing the Arizona team.

On February 16, the final round of The Last Slinger Standing will be at Bitter & Twisted Cocktail Parlour in downtown Phoenix at 4 p.m. The Arizona team will face teams from Colorado and Nevada, as well as a mystery competitor from another chapter of the Bartenders' Guild located somewhere else in the United States.

***Jason Magers from Bitter & Twisted competes in the preliminary competition.***

The pressure is on for Arizona as last year's winner was Phoenix's own Micah Olson, owner of Crudo Bar.

Good luck bartenders! Go Arizona!

# Tofurkey day fixings for the vegans and vegetarians

**Veggie** *Beat*

*By Amanda Savage*

When I was a kid back in Cleveland, we had a huge family Thanksgiving. All of the extended family was present, and everyone was asked to bring a dish.

Everyone raved about my grandma's gravy. I was at an age when I was finally starting to step out of my food comfort zone and try the adult fixings. I loved my grandma's gravy. I poured it all over the different foods on my plate, and wondered why it tasted so good, and what her almost secret ingredients were.

As a vegan or vegetarian, the holidays can be a land mine. Luckily, we are in a golden age of meat-free living; there are a lot of alternatives out there. Whether you don't fancy yourself a chef and prefer pickup, want convenience in the kitchen, or want to go all-out and cook a meal completely from scratch, there are options available. If you find it difficult to stick to your meat-free or completely animal-free lifestyle during this time of year, read on – there are no excuses!

## GET IT TO GO

If you're not into cooking, chances are you're not into having to read through something to get the information you want, so here it is: Green New American Vegetarian. Green, who I've mentioned a few times in these columns, does a whole Thanksgiving feast. You can call ahead and pickup a meal to go. Call Green's Phoenix location for details, 602-258-1870.

## CONVENIENCE COOKING

Tofurky sells a meal box during the holiday season that comes complete with: tofurkey (fake turkey) roast, gravy, wild rice and whole-wheat breadcrumb stuffing, Tofurky Jurky Wishstix, and a fudge brownie. They are almost always available at Whole Foods during the holiday season. I've seen them here and there at other health food stores, but Whole Foods is the safe bet.

## FROM-SCRATCH HOMEMADE COOKIN'

Making traditional Thanksgiving food that tastes good, and happens to be vegan, will impress even the most skeptical that you can eat tasty, hearty food that's animal free. For this portion I looked at the classic dishes served at Thanksgiving – turkey, cream corn, green bean casserole, sweet potato casserole, pumpkin pie, mashed potatoes and stuffing – to see what I could make vegan.

While vegans are pretty out of luck when it comes to basically all-traditional Thanksgiving recipes, vegetarians are able to eat most of the food. The exceptions being meat broth in dishes like gravy and stuffing. Meat broths and stock are easily replaced with vegetable ones, without sacrificing the food's flavor or consistency. Instead of a meat-based gravy, opt for a mushroom, herb and barley-based recipe.

Recipes for mashed potatoes, cream corn, sweet potato casseroles and pumpkin pies call for ingredients like cream cheese, half-and-half and butter. It's easy to swipe out cream cheese for Toffuti cream cheese, butter for original Earth Balance spreads, and half-and-half for Silk creamers. If you haven't tried putting cream cheese in mashed potatoes, you are truly missing out on life. I use a recipe from the Pioneer Woman that calls for cream cheese and half-and-half. I use Toffuti cream cheese, then one cup of Silk vanilla creamer and one cup of unsweetened soy or almond milk (the original recipe calls for two cups of half-and-half). The creamer adds a subtle sweetness, that when combined with garlic salt and chives, really creates a balanced, and mouth-watering flavor.

*With a little effort and recipe alterations, Vegans can enjoy Thanksgiving dishes such as stuffing.*

Pumpkin pie and stuffing usually requires eggs. I find replicating the binding tendency of eggs with other ingredients to be extremely difficult when it comes to cooking vegan. For this column, I attempted to use flax seeds as a substitute. I had read that if you combine a tablespoon of ground flax seeds with three tablespoons of water, that a gel-like substance forms, and can be substituted for eggs. To good to be true? Sort of. While the gel-like substance did form, it broke up when it was mixed in with the other ingredients, leaving my pumpkin pie more like pumpkin pudding, which actually was pretty good. But, if you put the pie in the fridge overnight, the consistency hardens. Although it is still a lot softer than normal pumpkin pie, I was still able to cut the pie into pieces. The flax-gel did not quite bind the stuffing the way I wanted to either, but it was hardly noticeable.

There are other egg substitutes out there like soft tofu, which is pretty hit or miss, depending on what you're making. There are also egg replacers you can buy from Whole Foods that are usually pretty successful.

Stuffing can turn out great without the egg. With so many different stuffing recipes out there, the Food Network offers a mix-and-match recipe, which lets you interchange the ingredients you like and want. I found that the trick to making delicious meat- and egg-free stuffing comes in the herbs and bread. Choosing good bread can make a big difference. I especially like using the Artisan sourdough loaves from Safeway, and baking them a bit so that they are hard when you mix them in with the other ingredients. Then, use herbs like thyme, sage, fennel and parsley to add a savory level of flavor to the mix. For vegetarians, I recommend adding MorningStar's veggie sausage links (they are not vegan) to the base mix of onions and celery.

One of my favorite Thanksgiving dishes is the green bean casserole. While I've always followed the canned-mushroom soup and French onion recipe, I was curious to see if I could replicate a vegan version of it.

Alton Brown has a homemade recipe that calls for half-and-half and sautéed mushrooms instead of canned soup, and onions cut thin and baked with panko breadcrumbs instead of French onions. I subbed the half-and-half for creamer, and while the recipe wasn't as "mushy" as the original, it was still good, and much lighter and cleaner tasting than the well-known recipe.

When it comes to a turkey replacement, I recommend the Tofurky loaf. It is also sold individually from the box set. I'm sure there are homemade recipes out there, but to be honest, that's more work than I want to do.

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# At new Arcadia bar, pigs don't whine, they meow

**The Pig's Meow**
**3730 E. Indian School Road**
**602-633-2134**
**facebook.com/TheWhiningPig**

*By Michelle Donati-Grayman*

Greg Malkin started out as a bankruptcy attorney. He practiced law for five years, which may not seem like very long, but it was long enough for Malkin to find out it wasn't for him.

Once he had enough, he traded his career with one bar for another.

"I got bored and wanted something fun to do," said Malkin, a smiling, comfortably rumpled dark-haired guy with a quiet but sharp wit. "Opening a bar seemed like a good idea."

Malkin and his wife, Chrissy, opened The Whining Pig at 16th Street and Bethany Home Road in October 2013. It has become one of the most popular bars in the area. In fact, with more than 50 five-star reviews, it is the top-ranked bar on Yelp in the nation, according to Malkin.

After finding success in north central Phoenix, the Malkins opened a second establishment in Arcadia last month.

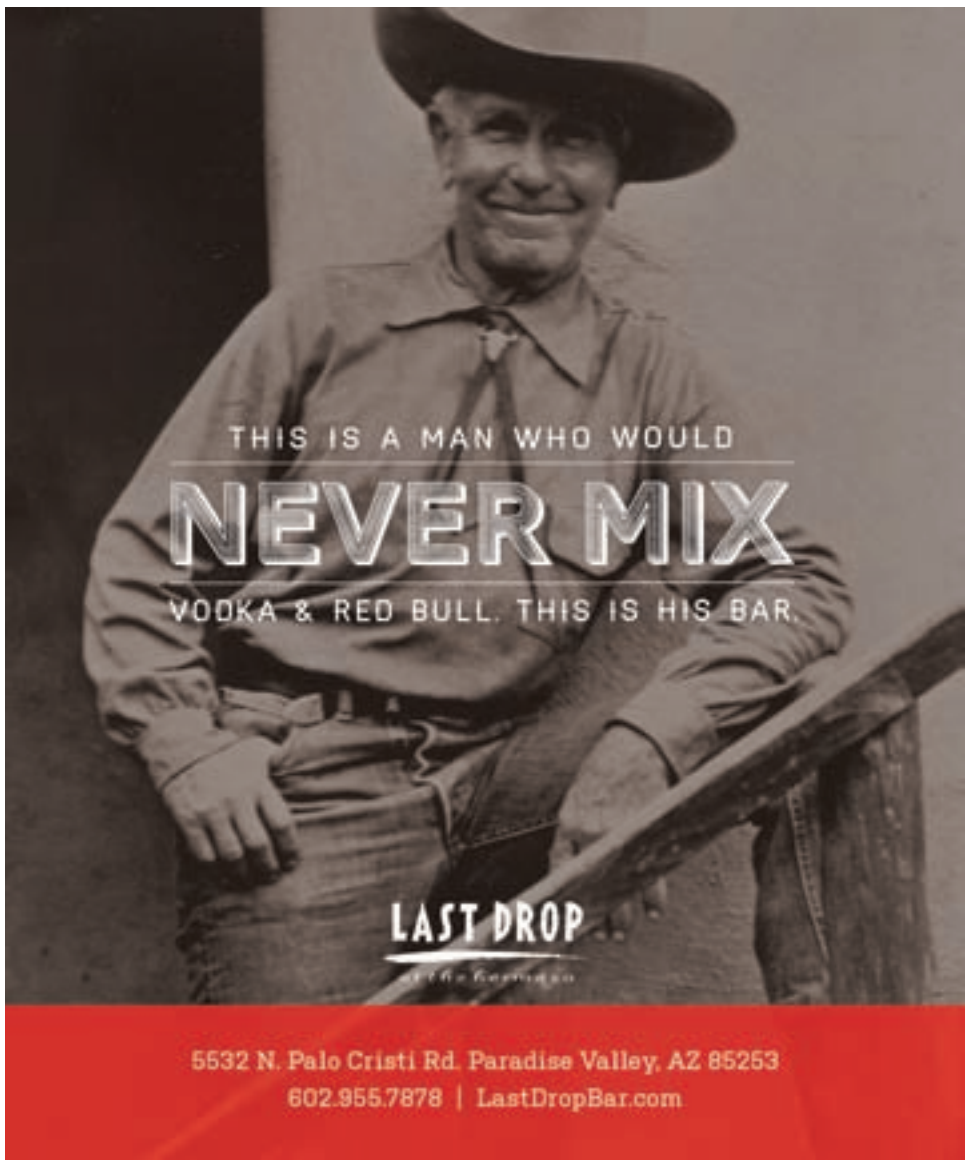
Located at 3730 E. Indian School Road, The Pig's Meow is situated between two Arcadia mainstays: Zipps on 36th Street and The Vig on 40th Street.

Keeping true to its original location, the bar, which offers a relaxed atmosphere, does not offer spirits, but it does highlight Arizona beer and wine. About a quarter of The Pig's Meow's wine options come from Arizona vineyards, while 18 of the 20 taps feature beer from Arizona breweries. A variety of gourmet grilled cheese sandwiches – all for $5 – are featured on its limited food menu.

When Malkin practiced law, his workday often didn't wrap up until after happy hour had ended. As a result, both of his bars offer happy hour daily from 3 to 8 p.m. and reverse happy hour from 11 p.m. to 1 a.m. on Tuesdays through Thursdays. Each features 60 beers and 25 wines for $3 and $5 a glass, respectively.

A variety of games – from Uno to Rock 'Em Sock 'Em Robots – are available to keep patrons entertained.

"It's not a dive bar and not a wine bar – it's somewhere in between," Malkin said. "It's a place you can go before or after dinner."



# Local boy's mitzvah project feeds more than just hunger

*By Katie Mayer*

Moments before the guests arrived, Ben Gavartin smiled as he surveyed the room.

Plates clinked in the kitchen as busy chefs plated the first course. Neatly dressed servers buzzed about the room to their assigned tables.

Pressed white and black linens draped long tables where whimsical lace parasols hung overhead. Sunset-colored flower centerpieces adorned each place setting. In the background, the energetic notes of a string trio added an extra air of formality.

The elegant event looked like any other high-end dinner party, but this was no ordinary event – the host was just 13 years old and his guests were homeless.

Arcadia seventh-grader Ben Gavartin secured the donations, raised the money and organized a first-class event on September 30 for about 200 homeless men, women and children at UMOM Watkins Homeless Shelter in Phoenix.

The event called "Ben Feeds Back" was the 13-year-old's mitzvah project, which he performed before his bar mitzvah. A mitzvah is a commandment or good deed performed in the Jewish tradition as an expression of one's active role as a caring and righteous person. Ben selected his project after he was inspired by a YouTube video where a comedian surprised homeless people with a dinner.

As part of the project, Ben also raised more than $14,000 for UMOM New Day Centers. The organization operates the largest homeless shelter for families in Arizona.

As the evening kicked off, men, women and children filed into the elaborate dining room for a surprise formal event. Once inside, young children smiled, some guests gasped and others cried. One family held hands and bowed their heads in prayer.

For many of the newly homeless guests, simply finding the next meal is often a challenge, and dining in a restaurant is completely out of reach.

Guest Charlene Seider sat with a group of women who chatted and smiled as they dined on a pasta and short rib dish. She called the event "inspiring."

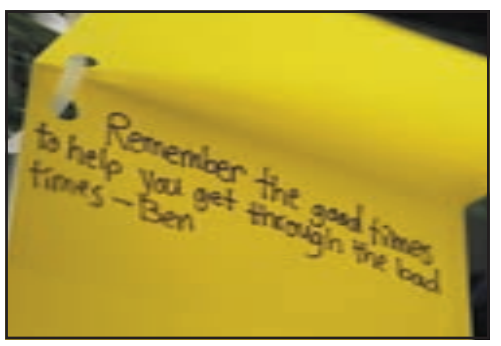
"It's a blessing," Seider said. "Whoever thought about this is kindhearted."

She added, "Some people look down on us, and to feel like somebody cares. The world needs more of that."

Mother of three, Danielle Foster called the evening "spirit-lifting."

"It's a thing that makes your heart melt," said guest Tawon Woodruff.

In addition to musical entertainment from the string trio, the guests and staff sang happy birthday to a little boy who was celebrating a birthday. And at the end of the evening, each child received a toy and a candy bag or cookie, while the mothers took home flower centerpieces and homemade truffles. Men and adolescents received footballs, basketballs, nail polishes and toiletries. Young girls were given fairy wings.



"Words cannot describe how everyone feels because someone took the time to put something like this together for them," said LaShawn Lewis, shelter director. "We've never ever had anything to this scale."

Ben and his mother Amy, father Leon and 10-year-old sister Shayna also helped at the event, in addition to more than 40 volunteers – including restaurant servers and members of the family's synagogue Temple Solel – to ensure the evening went smoothly.

Ben's football team from Veritas Preparatory Academy also helped by writing the inspirational notes attached to each centerpiece.

"We tried to talk Ben out of doing this in the beginning, because I knew how much work it would be," said Amy Gavartin, "but he started working on it six months ago and I'm proud that he sustained his desire and of how he composed himself the entire evening."

Throughout the event, Ben cooked in the kitchen, managed details and visited with each guest individually.

"A lot of them shook my hand," Ben said. "They thought Ben was an older man and they were all surprised when they met me."

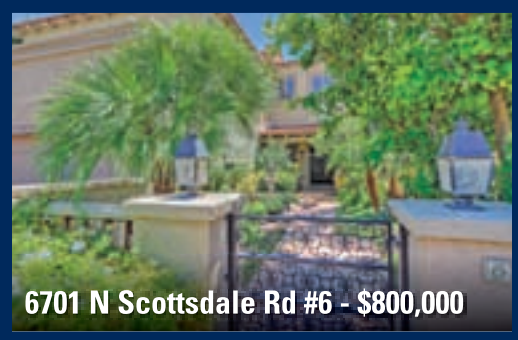
He added, "A lot of these families and these women are just like any other person you'd find out walking around, but they just don't have a lot of the things we have."

Amy said one woman gave a handwritten letter to Ben explaining that she had fallen on hard times and that this event touched her.

"It was the first time in a while that she said she saw a smile on her children's faces," Amy said. "She was crying and Ben was crying reading the letter and I started crying."

She added, "It was one of those special moments you never forget. I think about this woman and her boys every day."

Although the event is over, Ben and his family are thinking about how they can someday host another event to serve more homeless families. In the meantime, they continue to raise money for UMOM and are still collecting donations. To learn more about "Ben Feeds Back" and to make a donation, visit benfeedsback.com.

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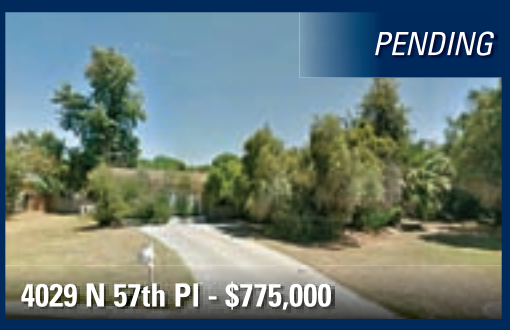
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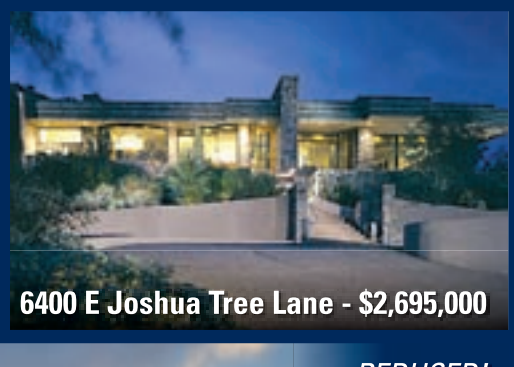
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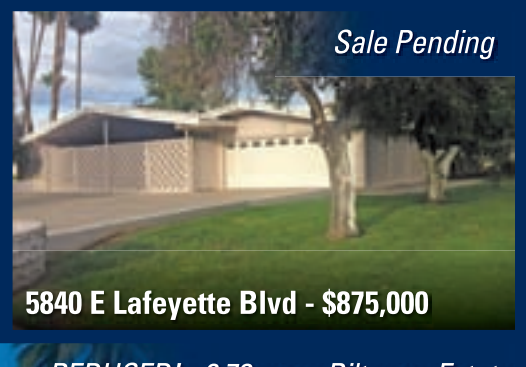
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*By Getcrocked.com*

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- 5 lbs. red potatoes, cut into chunks
- 1 tablespoon minced garlic
- 3 cubes chicken bouillon
- 8 ounces sour cream
- 8 ounces cream cheese, softened
- 1/2 cup butter
- Salt and pepper to taste

### PREPARATION

- In a large pot of lightly salted boiling water, cook the potatoes, garlic, and bouillon until potatoes are tender but firm, about 15 minutes. Drain, reserving water.
- In a bowl, mash potatoes with sour cream and cream cheese, adding reserved water as needed to attain desired consistency.
- Transfer the potato mixture to the slow cooker.
- Cover. Cook on Low for 2 to 3 hours.
- Just before serving, stir in butter and season with salt and pepper to taste.

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# Grilled cheese and craft-beer concept officiates opening

**Places** *We Liked*

**Union Barrelhouse**
**3636 N. Scottsdale Rd.**
**480-946-7258**
**unionbarrelhouse.com**

*By Amanda Savage*

Union Barrelhouse hosted a delayed grand opening on Thursday, October 9, after opening over the summer. The event welcomed the community with live music and free food samples.

The new restaurant brings another craft-beer concept restaurant and bar to Old Town Scottsdale.

Next to German restaurant and bar Brat Haus, and not far from the newer Sip Coffee and Beer House, there is no shortage of beer selection in the area.

This craft-beer bar is similar to others like Handlebar in Tempe that have popped up over the years, concentrated on an "authentic" thought-through plan which includes a New American look with wooden floors, metal, concrete and rusted accents, with slick bars and tables.

The aesthetic is fresh and alluring, the restaurant's standout quality being its roomy patio.

The beer taps, like Angel Trumpets and Ale House in downtown Phoenix, are numbered, instead of represented by a tap handle. A chalkboard lists the tap numbers and what kind of beer they represent. But unlike Angel Trumpets, who dedicates an entire wall for their beer list directly behind the bar (so it's easy to see from wherever you stand), Union Barrelhouse's chalkboard is located on one side of the bar, and somewhat behind it.

The restaurant's menu looks to create a niche with its Modern Melts, which are gourmet grilled cheese sandwiches. There are seven sandwiches total. The grand opening event offered samples of the Caprese, made of mozzarella, tomato, basil, chicken breast, beef steak and balsamic drizzle and the Classic, made of aged cheddar, Swiss and a crisp Parmesan crust. Although adding chicken and beefsteak to a caprese is somewhat confusing, the flavors of both sandwiches blended well together.

Servers brought around samples of the Liberty Fondue, which was three cheeses melted together with a balsamic drizzle, served with soft pretzel sticks. The last sample I tried was the creamy Mac and Cheese, which is made of a three-cheese sauce poured over corkscrew pasta.

When it comes to beer, they offer over 40 beers on tap, with some unique brews like Destihl Juicy Juicy Mango IPA and Tieton Cherry Cider.

**Kids in the Kitchen**

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# Growth and development mean neighborhood changes

*By Kassidy McDonald*

The Arcadia community has experienced changes in the neighborhood with an influx of local construction and new development. Thomas, Indian School and Camelback roads, as well as 44th Street are among the locations that are undergoing transformations this year.

One of the largest improvement is a $4 million project occurring on Thomas Road, called the Streetscape Project. It extends from 73th Street one block east of Scottsdale Road and ends at Indian Bend Wash. Construction began almost a year ago and is expected to be completely finished in January 2015. The purpose of the advancement is to provide increased safety for the drivers and pedestrians.

The streetscape project includes creating sidewalks, bike lanes, a raised landscape median, a traffic signal (at Civic Center Plaza and Thomas Road) and the creation of frontage roads to provide a safer exit route for people coming out of their homes.

The push for improvements of Thomas Road came largely from residents in the area.

Transportation director for Scottsdale, Paul Basha, stated that, "The neighborhood was concerned about the extra asphalt in the streets, and safety concerns for motor vehicles, pedestrians and bicyclists. This is why we are providing a much safer and convenient bicycle lane for our pedestrians and widening the sidewalks."

Another installment to the project includes a public art element to the Thomas Road bridge crossing at Indian Bend Wash. Named the "Swale," it will provide an 8- to 14-foot steel artwork of gamma grasses with the colors blue, green and teal, which will reflect what grows in the Indian Bend Wash. It will be the third installment of public art pieces along the greenbelt.

Senior project manager for Scottsdale Public Art, Jana Weldon, stated that, "The artist, Stacy Levy always tries to bring the natural world into all of her art projects. She wanted something that looked like water and something that was there when the wash was dry as well, to look like waves of grasses and water."

Other improvements to the Scottsdale community include plans for 56th Street and Indian School Road, which will include a Starbucks and 3,120 square feet of retail space. There will also be improvements to a retail complex on 32nd Street and Indian School Road. The De Rito Opportunity Investors LLC bought the center from Bashas'. The plan is to redevelop the property, add 18,000 square feet and name the location Arcadia Fiesta. There are plans to add restaurants to the area and remodel the parking lot and landscape.

The southwest corner of Camelback Road and 44th Street will also experience construction with plans to build multifamily homes. It is a 5-acre property that will include a new restaurant from LGO LLC and a 370-unit residence at Camelback Road.

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# Phoenix police provide crime statistics on internet

*By Danika Worthington*

Phoenix police recently joined other Valley police departments in putting crime statistics in an online database for people to search.

The departments, including Scottsdale, Tempe and Chandler, partnered with Regional Analysis Information Data Sharing to provide data for crime in specific areas.

"If a resident or a business thinks they want to move in an area, you can go to these areas and look at the crime statistics," said Sgt. Trent Crump, Phoenix police spokesperson. "The more informed you are, the better decisions you can make for yourself."

RAIDS is used national and locally. Twenty-five cities in Arizona submit crime statistics to the site.

An online user does not have to sign up to use the site and can customize their search per area, date, event and sex offenders. The list of crimes includes homicide, drug paraphernalia and driving under the influence. It can also highlight crime trends in specific areas.

This information was previously available through public record requests. The new information streamlines the process and eases some of the workload for the department.

This was something police Chief Daniel Garcia wanted the department to implement when he first came to Phoenix, Crump said. The Phoenix Police Department had been working on the project for 1 1/2 years but was unable to have the information up and running until July, Crump said. The department ran into several technology issues when attempting to use the system.

The site also allows individuals to provide anonymous tips if they think they have information regarding a crime, Crump said. He described crime prevention as a shared responsibility between the police department and residents.

Arcadia resident Jeff Hecht said he would likely use the website to look at crime information. He said the information shows transparency from the police department and can help community building.

"I think it's great to know about the state of our neighborhood," Hecht said. "Now we can know and verify how safe our neighborhood is."

But Andy May, who is part of the family that owns the breakfast chain Over Easy, said she was less likely to use the site.

She said the family typically knows the areas they plan to expand to and despite a drive through, won't look in depth at an area's crime statistics. Such was the case when the breakfast joint expanded into their location on Indian School Road and 48th Street.

"We don't really look at, 'oh, there's six murders on this block,'" she said. "We're all pretty familiar with the areas we go to."

May said the family does look at demographics for housing values, population, age and income.

To look at the crime statistics, go to raidsonline.com.

# A heaping spoonful of gratitude

Girl Next Door

*By Kindra Hall*

I felt a little out of balance.

You know that feeling? The one where when someone asks you how it's going, and you have to physically restrain yourself from releasing a deluge of information including – but not limited to – the health of your children, the location of your spouse, and your crazybusy (yes, one word) schedule in the days to come and those just passed.

I hate that feeling. For several weeks I just couldn't shake that unbalanced sensation.

So, one morning while the kids were eating breakfast and Michael was messing around with the hole in our screen door that was letting entire colonies of mosquitoes into our home, I decided to attack that feeling. I snuck into the other room and onto the Internet to search for solutions to "feeling out of balance." Google had several suggestions:

Yoga. But I've never been very flexible.

Meditation. But I've never been very good at sitting still.

Tightrope walking. But I'm not crazy.

I was just about to give up – my family was getting suspicious of my 3-minute absence – when something caught my eye. It was a headline that said something to the effect of "Gratitude, Nature's Cure All." Apparently, a heaping spoonful of gratitude is all an unbalanced soul needs.

Though I could hear the noise level in the kitchen rising, I anxiously kept searching. I wanted gratitude strategies. Something I could implement in just a few seconds at the beginning or end of each crazybusy day.

I scrolled swiftly and found a link claiming Oprah attributed her massive success to a gratitude journal. Jackpot! Just then I heard the unmistakable sound of a cup of milk crashing to the floor and the cry of a toddler and I knew I had just seconds to spare.

"For 16 years, every night before bed Oprah writes down five things she is grateful for that day," the article said. Practical and quick, I thought. Totally doable. I'm feeling better already.

"Kindra," my husband appeared in the doorway having given up on the mosquito war. "What are you doing?"

"I'm trying to be more grateful!" I exclaimed frantically. Michael merely raised an eyebrow. Off to a great start, I thought.

However, I spent the rest of the day on a gratitude roll, making mental notes of things to record. That night I ceremoniously pulled an untouched journal from a stack of journals I have collected, and numbered five lines.

I am grateful for:
1. My adoring husband.
2. My precious son.
3. My feisty daughter.
4. My work.
5. My friends.

Fifty-six seconds later, I closed the journal. Done! And while I didn't necessarily sense an increase in balance, as I lay my head on the pillow, I started planning my very own Favorite Things episode.

For three whole days I lived an efficiently gratuitous life; spending 56 effortless seconds before bed jotting down my five items. Then came the fourth day.

The fourth day was a crazybusy imbalanced blur. I'll restrain from sharing the details.

I crawled into bed that fourth night crabby and exhausted. Just before I passed out, I thought to myself, oh shoot. I forgot to be grateful. I sat back up, hastily pulled my journal off my nightstand and numbered the lines.

I am grateful for…
1. Spanx.
2. Iced coffee.
3. Nutella.

I stopped at three. I didn't have time for this. It was dumb.

I immediately abandoned my gratitude strategy – it just wasn't working. And I was pretty sure if I sat down with Oprah and asked for the truth about her gratitude journal she would lean forward and in a throaty whisper say, "Oh honey, I only made it three days. Nobody got time for that."

These thoughts and others raced through my mind that Thursday morning while I drove my 3-year-old to preschool. Per the usual, he talked the whole way – the only person on the planet who can outtalk me. On that particular Thursday, the one-way conversation centered entirely on the color turquoise.

"Oh! Look Mama! I just saw a turquoise car! Did you see that turquoise car? Mama! Did you see that sign? That sign was turquoise. Oh! Mama! Look at the sky. The sky is kind of turquoise. The ocean is turquoise too. Oh! Mama! Look at that gate! It's - it's - TURQUOISE!

"Mama!" he crescendoed from the confines of his car seat. "Mama! There is just so much turquoise in the WORLD!"

He paused. Then slowly, quietly, thoughtfully said, "This is my world. My beautiful, turquoise world."

There was breathless wonder in his voice. He was completely overwhelmed – with gratitude.

I pulled into the parking lot and sat for a moment.

I was doing gratitude all wrong. I was trying to manufacture it, or simply retrace or recall it – but that's not how gratitude works. Gratitude takes us by surprise. It overwhelms us and fills us with wonder. In its truest form gratitude can't be captured on a list or strategically felt in less than a minute. If I wanted to shake my imbalanced life, tallying good things at the end of an otherwise disconnected day wasn't enough. I had to engage in my own turquoise world and from the confines of my crazybusy days, be aware of its beauty.

That night I pulled out my mostly untouched journal from the nightstand and instead of writing five things, I wrote about the one time I drove my son and all his gratitude to school. It took me 30 minutes. And for the first time in a long time, I felt my balance return.

In this month, when we take time to be with the ones we love and give thanks...

In this month where things start to get crazybusy and completely off kilter...

It is my hope for you, *and* me, that our tables are filled with laughter, food and heaping spoonfuls of real, overwhelming gratitude.

# Couple enjoys island living on Hawaiian honeymoon

**Where's the** *Neighbor?*

*By Kaley Kalil*

Peter and Caitlyn Noel, Arcadia newlyweds, recently returned from their 10-day Hawaiian honeymoon on the islands of Oahu and Kauai.

After being wed in Carefree, Arizona on September 13, the new husband-and-wife team kicked off the rest of their life together with a four-day stay at Oahu's Turtle Bay Resort. They found the resort staff to be extremely helpful while planning their activities.

"We had dinner at The Surfer, a restaurant in the lobby of Turtle Bay the first night. Just so happened to be an open mic night [and] local live music. It was awesome," Peter said.

The second half of their trip was spent at the Prince Kuhio Condos at Poipu Beach on the South Shore of Kauai.

"It was the perfect location – not too far away from the airport and close to many attractions on the South Shore," Caitlyn said.

"We were able to go to Shipwreck Beach in Poipu and do some diving under the waves for about an hour, which was a lot of fun," she added.

The Noels fully embraced island living in the paradise of the Pacific, partaking in horseback riding, snorkeling, hiking, surfing, kayaking, golfing, attending a luau and enjoying all of the sea turtles.

"Our hike along the Na Pali Coast was the best hike of our trip," Caitlyn said.

"The views were so beautiful! At the end of the hike was a secluded beach, where we hung out for about an hour before heading back."

The Noels enjoyed taking a surf lesson from a local surfer who had lived in Hawaii his whole life.

"Besides the regular 'aloha' and 'mahalo,' we learned 'aloha kakahiaka' from our surf instructor, which means, 'Good morning to you,'" Caitlyn said.

The Aloha state had no shortage of fancy cocktails and fresh seafood to offer the couple.

"My hands-down favorite drinks were the piña coladas. I was obsessed with them," Caitlyn said.

Not only did these two enjoy "long walks on the beach," but they enjoyed sitting on the grass and watching the sunsets from the Beach House Restaurant in Kauai as well.

"The weather was great until the last two days in Kauai. It was raining all day and all night, which kind of ruined some beach plans," Caitlyn said.

Peter, a lifelong Arcadia resident, works part time for Southwest Groundwater Consultants and is the part owner of Smarty Pants Consignment. Caitlyn, originally from Iowa Falls, Iowa, is a physical therapist assistant at an outpatient clinic and teaches dance at various locations across the Valley.

The Noels thoroughly enjoyed the 85-90 degree weather and warm ocean water, and their Hawaiian honeymoon was full of memories they'll cherish forever.

"It was both adventurous and relaxing. There were days when we would go hiking, and then there were days where we would just relax on the beach and snorkel. It was a perfect place because we could do both," Caitlyn said.

*Traveled lately? Tell Kaley via email: kaley@arcadianews.com.*

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*Jean puts together photo albums and a memory box to pass on some of her heritage to her daughter.*

**Retirement** *Now what?*

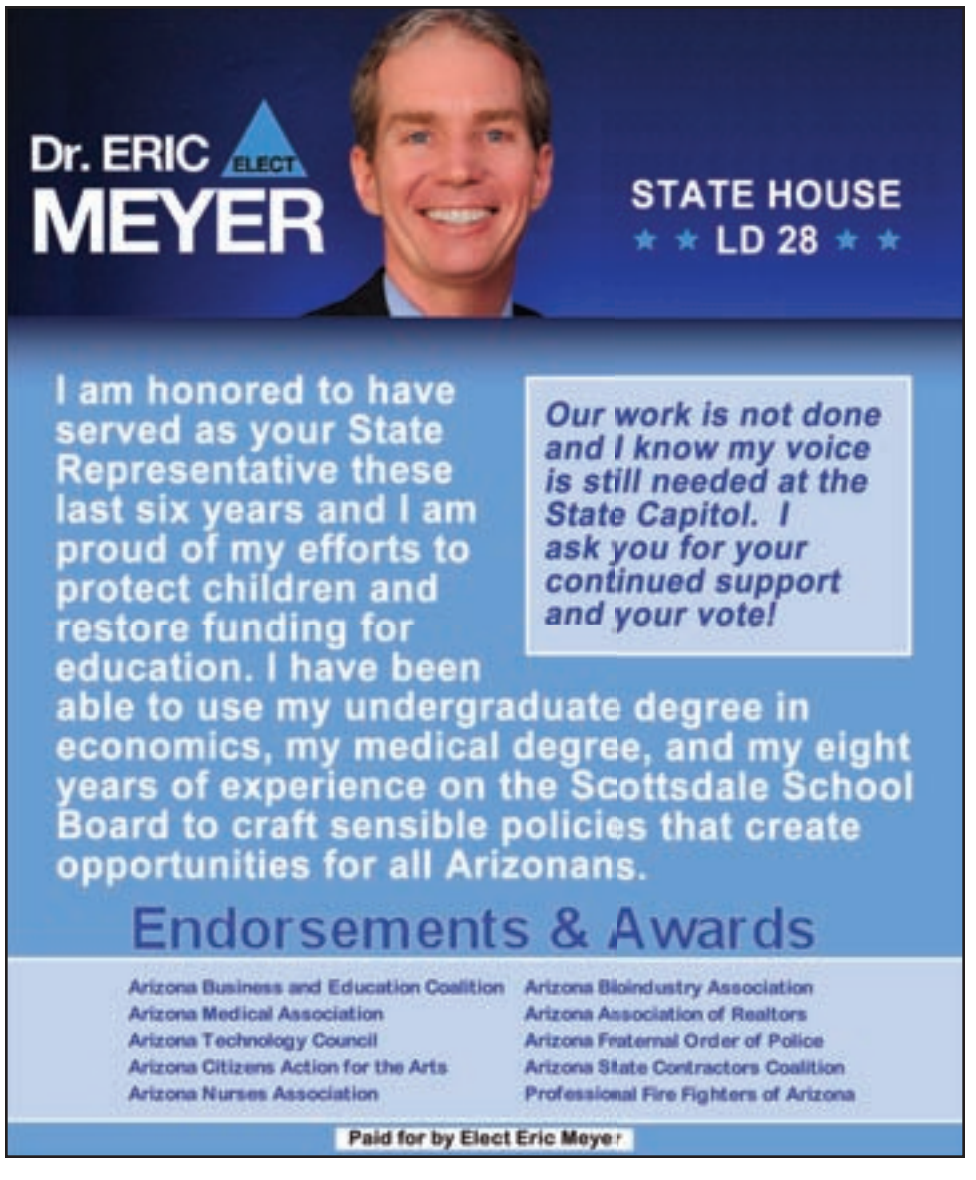
*By Jean Hodgson*

This is the time of year when we start thinking about gift giving and asking ourselves, "What would be the perfect present for my family members?" Here's an idea where you don't have to be concerned about size, color or cost. This gift is truly "one of a kind" and can only be bestowed by you.

What have you done to pass on the history and heritage of your family and your own unique memories to the next generations? Preparing that information in a permanent and meaningful way could be one of the most thoughtful and treasured gifts they will ever receive.

I received this when my uncle died and his widow called to tell me that his boxes of family photos were mine because there was no one else on whom to pass the photos. My mother's siblings had no children and I am an only child, so I am the last of this generation of the Hartfelder family. I realized that there would be no one for my children to ask about this part of their heritage if I didn't put the

*Continued on page 41*

# Now What

*Continued from page 40*

information into writing.

Unfortunately, it is also a project that can seem overwhelming and frustrating because we often don't know where to start. Therefore, it gets relegated to the "Things I Really Should Do Someday" list where it sits and nags at our conscience. How many of us have albums or boxes of old photos with no identification of the people in the pictures, let alone a labeling of the time or place?

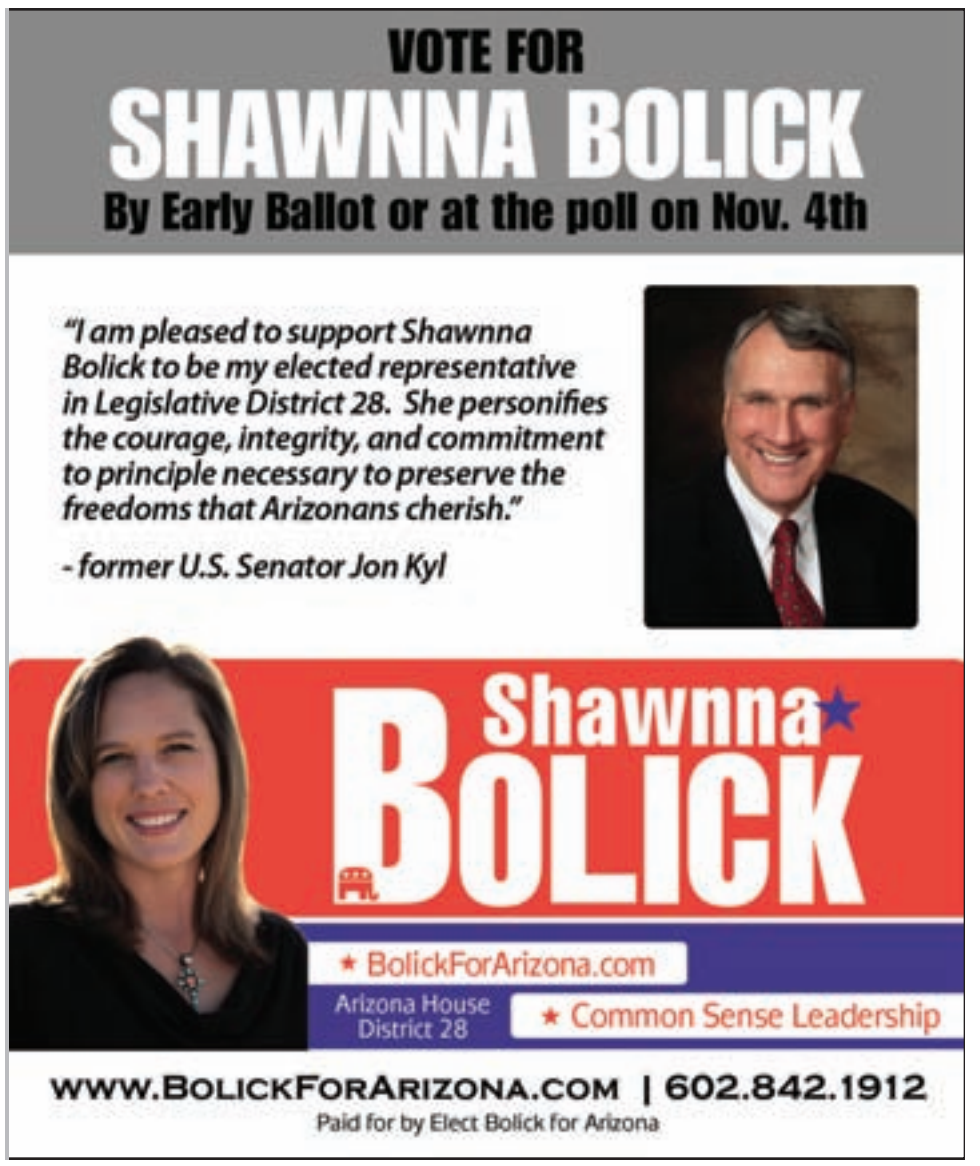
My uncle's death was a huge motivator. It led to a truly satisfying experience of remembering, searching for details and sharing the outcome with my children. Each family situation is different, so there is no one-size-fits-all model for approaching this project or what the finished product should look like. The key is making it meaningful for your family – and getting started!

For me the way to begin was to create a large envelope for each ancestor with labeled photos and memorabilia inside and on the outside I recorded my memories of my relationship with that person. Of course I included the traditional family tree diagram, but my grandparents emigrated from Romania and there was no history of earlier generations. Ancestry.com provided the treasure of a copy of the manifest and a photo of the ship on which they arrived in America in 1905.

This memory box is a work in progress and I will revisit it with more details that I missed in the initial organization. It also inspired me to create the same kind of remembrance about my father's family and for my husband to connect with distant family members and even meet them to share information.

Now, how do you pass on the details and insights about your own life? We discovered excellent tools in record books with titles like A History of our Family and A Grandparent's Book: Answers to a Grandchild's Questions. Besides providing an organized way to supply factual details, they include creative prompts for sharing your interests and insights about which you might not otherwise think to write. If you'd prefer not to write, how about an audio or video recording of you relaying your history? Maybe a family member would be interested in interviewing you and preserving the memories you share with them.

In a recent Pickles comic strip the grandfather tells his grandson, "There's an old African proverb... When an old man dies, a library burns to the ground." The young boy asks, "Yeah, but we'll still have Google and Wikipedia, right?" We chuckle at his response, but appreciate the wisdom of his grandfather in valuing the personal history of each generation.

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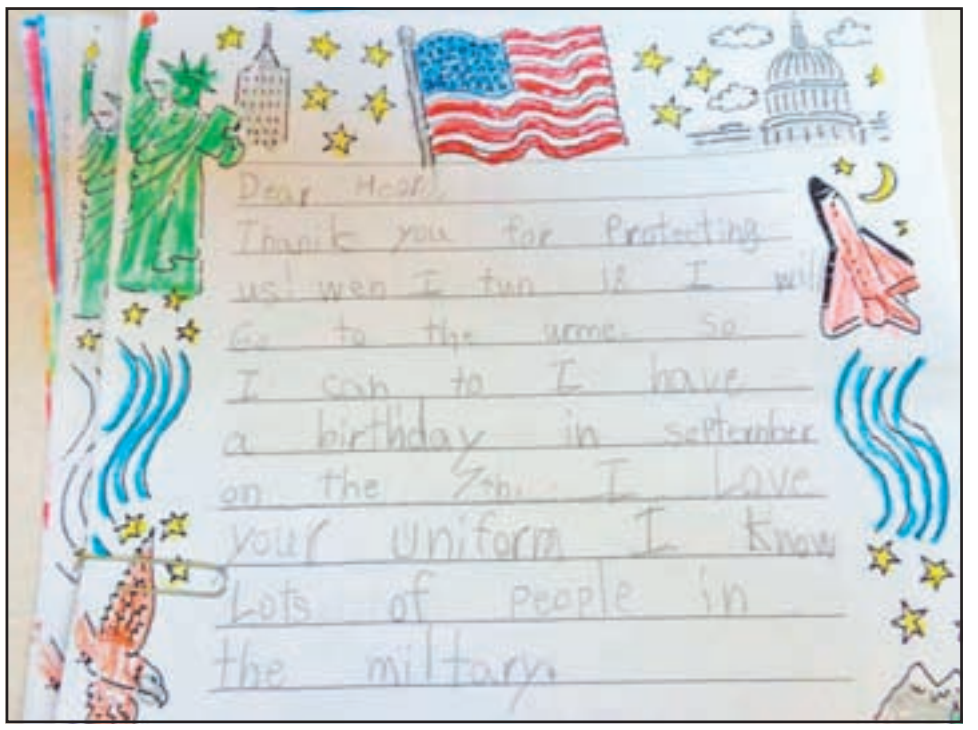


# Students thank the troops

It is with pride and pleasure that Tavan Elementary kindergarteners through fifth-graders are participating in a program where they will write letters to our troops for the holidays. This is in partnership with a local shopping mall.

Each year, the generous people of Macerich and Scottsdale Fashion Square, sponsor Packages from Home, where they gather food, letters of encouragement, sundry items and more to send to our troops overseas. Tavan students generate the letters! Last year Navajo and Tavan Elementary schools wrote over 500 letters that were included. The troops love receiving boxes from home, and some of them even wrote back to the students. Whether they write back is not the important aspect to our Wildcats, though. They understand the primary objective is about supporting some of our country's finest!

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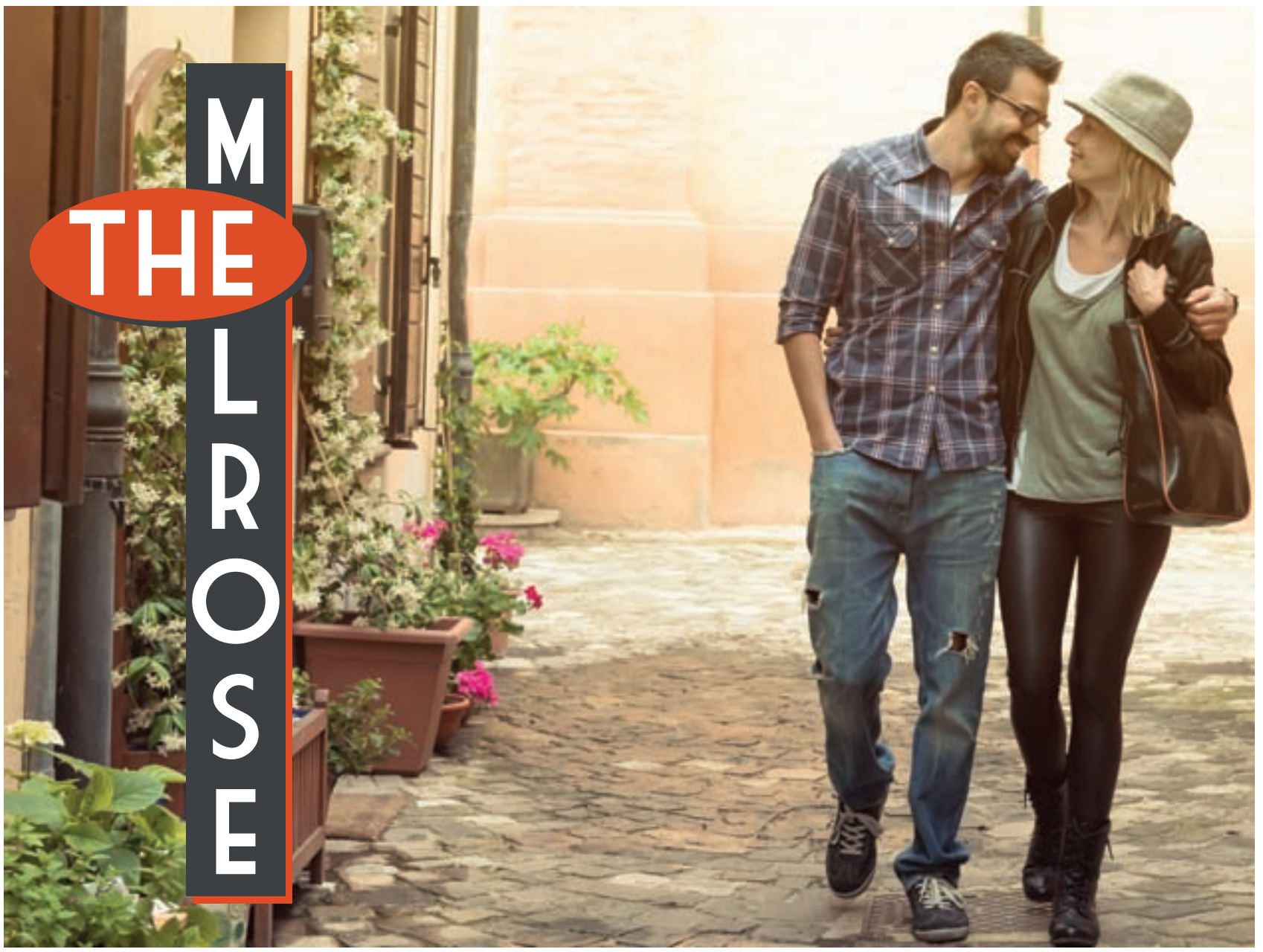


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# Local chefs demonstrate healthy cooking for ANLC kids

*By Christina Surrano*

Arcadia Neighborhood Learning Center students enjoyed a unique and healthy post-workout snack prepared by local award-winning chefs.

Every Wednesday morning the Roaring Jaguars of ANLC gather in the courtyard, under open skies, for in-person morning announcements, poetry readings and dance warm-ups followed by a "walk for wellness," as it is touted. The walk on September 16 was covered by News Channel 3 and followed by a healthy snack generously provided by chefs Charleen Badman and Sacha Levine of FnB Restaurant.

The cooperative Chef in the Garden program at ANLC rotates their interactive events through the different grades, and this time, it was the fifth- and sixth-graders turn. It took place in one of several garden courtyards on campus, among the growing fruits, herbs and veggies.

*Chef Charleen Badman, co-owner of FnB Restaurant recently spent the morning in the ANLC garden with the school's Chef in the Garden program.*

The menu was anything but typical. Brilliantly hued and thinly sliced quick-pickled vegetables, pickled apple wedges, cheese and multigrain crackers were plated for excited and adventuresome students.

Some seemed surprised by how much they liked the snacks. After biting into a pickled apple wedge, Gabby Pierson exclaimed, "Oh my gosh! There's vinegar on here. That's really, really good!"

When asked what their favorite typical snack was, Gaby and her friends listed Cheez-Its and Flamin' Hot Cheetos as the top two, but the majority agreed that they preferred the provided snack.

Delilah Defibaugh declared, "The veggies, are better, especially because you know that you made them yourself."

Chef Levine was not surprised by the general positive reaction. "Quick pickles tend to be very mild."

Students also made their own pickled apples to take home in reusable mason jars along with the printed recipe.

Chef Badman stated that she always relates the snack to what is growing in the garden. There are currently pickling vegetables like okra growing as well as an apple tree.

"Pickling is big with gardening," explained, chef Levine, who has a reputation for making fabulous pickles.

Chef Badman added, "I try to make sure that kids see that they have good choices.

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# Community specialist fills gap for parents and teachers

*By Mallory Gleich*

Ask any of the 780 students at Ingleside Middle School who Chayito Hernandez is and chances are, you'll get a multitude of different answers. She might be known as the lady checking to make sure a student's homework gets done, or helping a family in a time of need. Hernandez may wear many hats, but at Ingleside, she is known as the community specialist.

As the community specialist, Hernandez serves to bridge the gap between teachers and families, especially those whose primary language is Spanish. Many Spanish-speaking families feel they are unable to fully engage in their child's educational success because of the language barrier – Hernandez is there to break down that barrier.

Hernandez not only serves as an interpreter to the 230 Spanish-speaking families that are a part of Ingleside, but is also there to assist lower-income families with any help she can offer.

Ingleside Middle School is a Title I school, which means that financial assistance is provided to the institution to help with low-income families. Around 40 percent of the students qualify for free or reduced-priced lunches.

A number of families have had to move out of the area and students are unable to take the district school buses to and from school. These students now have to take the city bus, which costs around $30 per month, a fee that some families cannot afford. Hernandez has been there to help these families in any way, and is trying to come up with a better solution so that these families can get their children to school.

***Chayito Hernandez (on the right) with Lori McClelland (left), the Vice President of the Parent Teacher Organization at Ingleside Middle School.***

Hernandez is also involved in parents' lives outside of the classroom. She teaches English-language classes twice a week, and after the school's fall break she will offer parenting classes once a month.

Since the holiday season is fast approaching, Hernandez, along with the community specialists from surrounding schools, plans to have a Thanksgiving meal drive to provide students and their families with supper for the Thanksgiving holiday. Service Learning students from the surrounding high schools and a local nonprofit organization called Feed Our Babies USA are coordinating the drive. Fox Restaurant Concepts is also helping with the drive.

Along with the Thanksgiving meal drive, Hernandez also has a Christmas toy and clothing drive in the works.

For the past three years, Chayito Hernandez has been an essential part of Ingleside Middle School and an important individual to the surrounding communities.

To learn more about how you can help with the Thanksgiving meal drive, contact Chayito at chernandez@susd.org or call 480-484-4914.

# What's Happening, Arcadia?

## NOVEMBER 2014 EVENTS

### Food Truck Saturdays

**Northwest corner of Fifth Ave. and Goldwater Blvd.**
**6:30-10:30p.m., Every Saturday**

Here's an opportunity to sample from the food trucks and listen to live music in downtown Scottsdale every Saturday.

**foodtruckcaravan.com**

### Cala PHX! Festival

**The area between First and Third streets and Adams and Monroe**
**Nov. 1-2**

The Cala festival is held to celebrate Latin American culture and customs. The event will have music, activities, food trucks and a Mercado to buy art. The event is free to the public.

**calaalliance.org/calaphxfest**

### Charles Schwab Cup Championship

**10333 E. Rockaway Hills Dr.**
**Nov. 1-2**

The Charles Schwab Foundation and PGA Tour are partnering to benefit local Scottsdale and Phoenix charities through selling tickets for $20 for the event. The event signifies the end of a race for the cup and it will conclude at Desert Mountain Club in Scottsdale.

**schwabcuptfc.com**

### Día de los Muertos

**1201 N. Galvin Parkway**
**10 a.m. to 5 p.m., Nov. 1-2**

The 12th annual Día de los Muertos is occurring at the Desert Botanical Gardens. There will be singing, dancing and storytelling as well as an Ofrenda exhibition. There will be food, art and jewelry for sale at the event.

**dbg.org**

### Phoenix Fearcon

**Fear Farm**
**99th Ave. and McDowell Rd.**
**Nov. 1-2**

The Phoenix Fearcon is a horror film festival convention, which features four films and 10 short films. It is an independent film festival that presents independent horror films from all around the world. Tickets range from $10-$110.

**phoenixfearcon.com**

### The Polar Express

**Grand Canyon Railway**
**233 N. Grand Canyon Blvd.**
**5:30-7:30 p.m., Nov. 7-Jan. 3**

The Polar Express offers an hour-long train ride to the "North Pole." It has entertainment such as elves, singing and dancing. The train will stop and give kids a chance to see Santa and drink hot chocolate. Tickets range from $20-$34.

**thetrain.com**

### NASCAR

**7602 S. Avondale Blvd.**
**Nov. 7-10**

Phoenix International Raceway will hold the NASCAR Pro Series Practices. Tickets start at $5.

**nascar.com**

### Annual Pie Social

**Roosevelt and Second streets**
**2-5 p.m., Nov. 15**

The annual pie social is partnered with Chow Bella to provide a large selection of pies. There will be celebrity chefs as well as local bakers at the event. Tickets are on sale for $10 for tasting the pies.

**rooseveltrow.org**

### Anything for My Prostate Run

**Wesley Bolin Plaza**
**17th Ave and Adam St.**
**10 a.m., Nov. 15**

This run is a fundraiser to help pay for medical treatment for those who cannot. The event will also offer vendors, music and barbecue. Tickets range from $10-$35.

**active.com**

### Arizona Aircraft Expo

**Landmark Aviation / Pacific Air Center**
**14600 N. Airport Dr.**
**10 a.m. to 4 p.m., Nov. 14-15**

The expo will have some of the most advanced aircraft on display. It will provide opportunities to speak with representatives and learn details about aircraft. The expo will also have seminars on Friday, November 14 at 11 a.m.

**azaircraftexpo.com**

### Tamale Dinner and Festival

**400 E. Van Buren St.**
**12-10 p.m., Nov. 15**

The Tamale Dinner will be held at the Arizona Center, celebrating culture and family. This is the 78th annual Tamale dinner and will have a Battle of Tamales, live music and activities for kids.

**tamaledinner.com**

### Phoenix Tequila Fest

**U.S. Airways Center**
**201 E. Jefferson St.**
**12-5 p.m., Nov. 15-16**

Phoenix Tequila Fest will feature tastings of tequila. It will also have live entertainment, tequila booths and expert mixologists. There will also be food from Mexican restaurants selling their signature dishes.

**phoenixtequilafest.com**

***Continued on page 48***

# It happens to everyone: Thanksgiving mishaps

*By Amanda Goossen*

It's inevitable.

We gather. We cook. We prepare for a gaggle of friends at the table. But without a doubt something will go wrong. Whether big or small, things will happen. And when the worst takes place, at least it makes for a spectacular story. Arcadia residents share theirs:

Ninty-two-year-old Gammie wanted to bring a dish to contribute to our family Thanksgiving. Knowing that cooking was difficult for her because she was elderly, we tried to talk her out of it, but she was insistent. When the day arrived, the whole family was tickled to see how proud she was of her molded jello salad. Everyone gathered round to watch her remove the upper plastic molding, then gasped in horror as the jello slithered out, made three victory laps around the sink, and the whole thing went straight down the drain with a resounding burp. The silence was deafening as we stared at Gammie and waited for her to start crying, but she cracked up and we all laughed until we cried. That was the first, last and only time she offered to bring a dish to Thanksgiving!

*- Tess Miller*

Many years ago, I was president of the North Scottsdale Rotary Club, and we had a journalist from Seoul, Korea spending Thanksgiving weekend with us. The night before Thanksgiving, I volunteered to cook the turkey a different way on the BBQ. Darkness came, and I wound up burning and dehydrating the entire turkey. I believe I am only alive today to share this story because on Thanksgiving morning (a few hours before 20+ people were to arrived at our home), we went to Smitty's, and there happened to be one turkey there that was partially defrosted and available. Family and international relations were saved thanks to this one turkey who gave the ultimate sacrifice.

*- Stephen Cohen*

Three out of four of my kids got croup on Thanksgiving day and I had to take my youngest to the ER for treatment!

*- Jenny Kelly*

I cooked my turkey upside down last year and not on purpose! My brother-in-law and I didn't even notice (it looked really golden and delicious) until he was having the hardest time carving it. We kept it our little secret but I really think it kept the turkey from being dry and it tasted great!

*- Kathleen Moroney*

My story happened when I accidentally left the "frozen" turkey out on the counter overnight on Thanksgiving Eve.

I didn't want two unexpected guests at the dinner (Sam & Nella) so I was the first shopper that morning at the market asking for a "fresh" turkey!

Thankfully they had one.

*- Shirley Bruns*

# Tavan Elementary brings longtime teacher to new role

*By Heidi Jaenicke*

Julie Ballard relishes the rewards of hard work as she conquers her new role as Tavan Elementary School's assistant principal.

"We have a strong team of teachers, we will do anything it takes to make all of our kids successful. Everybody is really committed to doing what we have to do," says Shelly Rose, a fifth-grade teacher at Tavan.

Ballard brings Tavan Elementary over 20 years of experience in the educational industry with an emphasis on special education. Ballard holds two degrees from Northern Arizona University: a bachelor's degree in education and a master's degree in education leadership. Along with her two degrees, she has a K-12 Special Education Certificate and an English Language Studies Certificate.

Ballard has been working for Tavan Elementary for the past 14 years and completed an internship at the school while completing her master's degree.

"I believe Julie will be an essential asset in reaching our ultimate goal of regaining our Arizona Education Department 'A' Label!" said Margaret Serna, Tavan Elementary principal.

Serna continued, "We have many exciting staff changes this year and we are poised and ready for student and teacher success!"

*Julie Ballard began as a Special Education teacher at Tavan and is now the Vice Principal.*

This year Ballard will face a variety of challenges both in and outside of the classroom.

"The whole staff was thrilled to have her on board. She knows the struggle, the angle and what it's going to take," said Jenny Martin a fifth-grade teacher at Tavan. "We really have a strong team of teachers who believe in supporting each other."

Besides working on improving the children's education, Ballard enjoys spending time with her husband, kids and hiking Arizona trails.

"She loves Camelback. That's her big thing; she hikes that almost every morning," said Martin.

"Most people would be so gosh darn tired they wouldn't think about getting up and going hiking at 4:30 in the morning," said Rose.

Ballard is currently registered to participate in the Phoenix Summit Challenge & U Rock Festival; a noncompetitive event that challenges Arizona hikers to climb selected trails within a limited time frame.

For this team event Ballard has to hike 26.4 miles with an approximate 6,000-feet elevation gain over the course of 11 hours.

"She's just driven. I think that's just her biggest thing: She's driven to help others," said Martin. "She's got four healthy, happy kids and a happy staff."

"She's very dependable. [When] she says she's going to do something, she's going to do it and it'll be done well," said Rose.

"She applied for the position… she really wanted [to work at] Tavan because it's her home school," said Martin.

Making sure education isn't compromised and committing to success is the overall trend Ballard sets as she fills her new role at Tavan Elementary.

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# What's Happening, Arcadia?

## NOVEMBER 2014 EVENTS

### American Heritage Festival

**24810 S. Rittenhouse Rd.**
**Nov. 21-23**

The American Heritage Festival is an interactive presentation and reenactment of American historic life. The festival will include speeches, music, shopping and fashion from different historic ages.

**americanheritagefestival.com**

### Young @ Art

**Burton Barr Central Library**
**1221 N. Central Ave.**
**3:30-4:30 p.m., Nov. 21**

The Young @ Art event is hosted by Burton Barr Library and is offered as a free art club to children after school. No supplies are necessary to be involved.

**phoenixpubliclibrary.org**

### Third Annual COOK Phoenix

**Margaret T. Hance Park**
**1202 N. Third St.**
**12-4 p.m., Nov. 22**

The HRC of Arizona will host 10 local restaurants for the COOK Phoenix event. It is a tasting and cooking competition and costs $25.

**events.downtownphoenix.com**

### ArtFest of Scottsdale

**7380 E. Second St.**
**10 a.m. to 5 p.m., Nov. 22-23**

The annual ArtFest includes 180 artists from across the United States. There is live music, food, authors and many pieces of arts and crafts for sale.

**888artfest.com**

### Harvest Festival

**Enchanted Island Amusement Park**
**1202 W. Encanto Blvd.**
**11 a.m. to 6 p.m., Nov. 22-23**

The Harvest Festival is a family oriented event, which has a train, pony ride, face painting and animal farm. It also has amusement rides and rock wall racing. The event will offer $1 per person for those who donate canned food. Price is $6 for admission.

### ZooLights

**455 N. Galvin Parkway**
**5:30-10:30 p.m., Nov. 24-Jan. 11**

ZooLights is an annual event held at the Phoenix Zoo. It is a friendly event that offers a view of the zoo at night, decorated with festive lights and light shows. ZooLights offers camel rides, wagon rides and a stingray bay. General admission is $16.

**phoenixzoo.org**

### Arizona International Auto Show

**Phoenix Convention Center**
**100 N. Third St.**
**9 a.m. to 7 p.m., Nov. 27-30**

The Motor Trend Auto Shows Inc will host the Arizona International Auto Show. There will be new cars on display, trucks and auto manufacturers. Tickets are $11 for adults and $7 for children.

**motortrendautoshows.com/phoenix**

### Thanksgiving Day Parade

**Downtown Fountain Hills**
**9-11 a.m., Nov. 27**

The Thanksgiving Day Parade in Arizona is the only parade in Arizona. It will have floats, school groups, classic cars, a Grand Marshall, marching band and more. There are parade entry forms available online.

**fountainhillschamber.com**

### Small Business Saturday Artists Market

**Scottsdale Center for the Performing Arts**
**7380 E. Second St.**
**1-8 p.m., Nov. 29**

The small business Saturday will feature a variety of artisan jewelry, gifts and handmade items, all made by local Arizona artists. The event will feature a raffle and limited-edition items. It is a chance to support local businesses and meet Arizona artists.

**scottsdaleperformingarts.org**

**To have events considered for the Calendar, submit information to calendar@arcadianews.com by the 15th of the month prior to publication. Calendar listings may be edited and published by Arcadia News as space allows and at the discretion of the editorial team.**

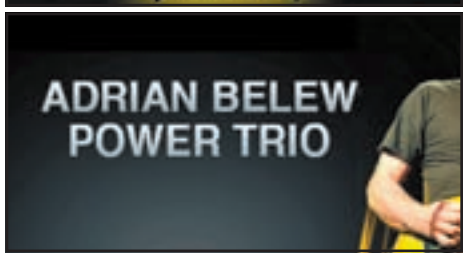
# Music aplenty in November

**Music** *Notes*

*By Craig Goossen*

There's absolutely no shortage of live music in November with shows ranging from the Orpheum Theater hosting the likes of Diana Krall and Primus, Gila River Arena (having a break in hockey action) to stage Judas Priest, and Comerica Theater with Slayer and two separate Yo Gabba Gabba gigs for the kids. The MIM Theater will present Alejandro Escovedo taking the stage with REM's Pete Buck, while the Marquee is loaded with shows highlighted by Death from Above 1979, Flying Lotus and Tegan and Sara. Of course the Crescent Ballroom will have their usual calendar of awesomeness, so get your ears open and ready.

The abundance of action made it difficult to pinpoint the shows to recommend this month, but the November music mix showcases a fine balance of styles and undoubtedly a good time out on the town. Get a taste of these tunes and make your way out to a show or two, or three this month.



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PULSE
*(1980)*

A band that was at the top of the heap throughout the '80's post-punk scene, and has never left the road comes to Phoenix to play the hits. The Lemonheads are in the opening slot, making it a great reason to arrive early. Both bands will be able to draw from their rich catalog for this great double bill that is just down the road from Arcadia.

The Psychedelic Furs will perform on Saturday, November 8 at Talking Stick Resort, 9800 E. Indian Bend Road in Scottsdale. Tickets start at $25 and the show is 21 and older.

### THE BLACK KEYS
TURN BLUE
*(2014)*

The Black Keys come back to US Airways touring their latest release and bring along the youthful and exciting Jake Bugg to open up the show. A no brainer gig.

The Black Keys will perform on Monday, November 10 at US Airways Center, 201 E. Jefferson St. in downtown Phoenix. Tickets start at $30.25.

### ADRIAN BELEW
THE MOMUR
*(1982)*

One of the great living guitar benders, Adrian Belew, has been a key member of King Crimson, toured and recorded with the likes of Frank Zappa, David Bowie, Talking Heads and has enjoyed an interesting solo career. The Twang Bar King comes to Scottsdale to perform with his power trio for the mere price of $10.

Adrian Belew will perform on Tuesday, November 18 at Talking Stick Resort, 9800 E. Indian Bend Road in Scottsdale. Tickets start at $10.

### CHRISSIE HYNDE
DOWN THE WRONG WAY
*(2014)*

The great Chrissie Hynde has just released her first solo recording and this cut taken from the release features the legendary Neil Young on guitar. Expect a wealth of Pretenders tunes and a spot-on performance from one of the all-time great rock vocalists.

Chrissie Hynde will perform on Wednesday, November 26 at the Ikeda Theater at Mesa Arts Center, 1 E. Main St. in Mesa. Tickets start at $37.

### MEAT PUPPETS
TIME AND MONEY
*(2013)*

A hometown gig for the Kirkwoods as they come back to the Crescent and bring along the talented Cass McCombs to open the show. Last year's gig was an all-timer so don't ask yourself the question about whether or not you should go.

Meat Puppets will perform on Friday, November 28 at Crescent Ballroom, 308 N. Second Ave. in downtown Phoenix. Tickets are $20.

*All acts are subject to change. Check with the venue prior to attending.*

# Gather the family on the couch, it's holiday movie time

**Julie** *@ the Movies*

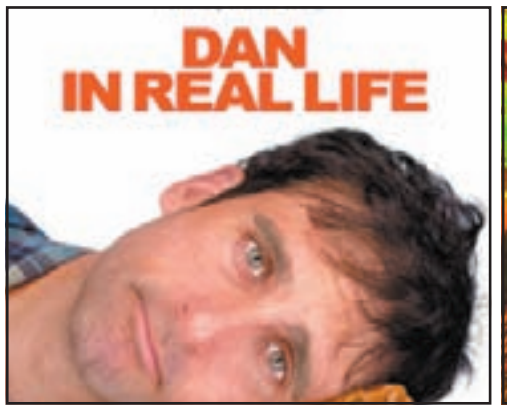
*By Julie Demetros*

It's time to prepare for the holidays. Meaning, it's time to prepare for all the family gatherings that occur around this time of year. In the spirit of those reunions, and specifically Thanksgiving, here are some movies to bring the family together– mostly comedies, with a pinch of horror and a dash of nostalgia.

### HOME FOR THE HOLIDAYS

*(1995)*

Claudia Larson, recently fired from her job, goes to spend Thanksgiving in mostly awkward familial tension at her parents' house. The holiday gathers a wide range of characters, such as Claudia's conservative sister and her pretentious brother-in-law, their spoiled kids, Claudia's gay brother and his friend, and her eccentric aunt. The tense air in the household only grows until the family Thanksgiving turns into a shouting match that may have broken up the family for good. Claudia tries to patch things up as best as she can before her flight back home.




### DAN IN REAL LIFE

*(2007)*

The annual family gathering brings Dan Burns, a newspaper advice columnist and controlling father to his three daughters, from New Jersey to Rhode Island. In attendance at the event are Dan's brothers, Mitch and Clay, their sister, Amy, their parents, and other various family members. Dan drags his middle daughter grudgingly – as she doesn't want to leave her boyfriend – claiming that it's impossible to fall in love in three days. So of course, the day after they arrive for the family gathering, Dan meets someone new in a bookstore with whom he feels an instant connection. The problem is that she is Mitch's girlfriend, Marie. Over the course of the next few days, Dan struggles with the situation with Marie and juggling his daughters, not to mention the rest of the family.

### THANKSKILLING

*(2008)*

If horror comedy is more the taste of the audience, perhaps this movie about a monstrous, homicidal turkey will fit the bill. It's certainly not something for the kids to watch, but the more mature crowd might get a laugh from it. This beast called Turkie was created by a shaman many centuries ago, and is supposed to come back every 505 years. Full of strange and sometimes disturbing humor, this one is for people with a specific set of tastes in films.

### A CHARLIE BROWN THANKSGIVING

*(1973)*

This animated holiday TV special is the 10th movie based on the classic comic strip, Peanuts. Charlie Brown faces a sticky predicament when he's planning to go to his grandmother's house for Thanksgiving dinner but he realizes that a few of his friends have invited themselves to Charlie's house for dinner. He attempts to host one dinner and attend the second in one day but needs help from Linus, Snoopy and Woodstock.

### THE FAMILY STONE

*(2005)*

When Meredith Morton goes with her boyfriend, Everett Stone, to join his family for Christmas, it's basically a disaster from the get-go. Her uptight personality doesn't fit in with the loose, rambunctious Stones. She asks her sister, Julie, to come to the event for moral support, but a wrench is thrown into the plan when Everett becomes more interested in Julie than his girlfriend. Meredith struggles to get along with Everett's family, while Everett struggles with the expectation of proposing to Meredith when his heart wants to marry Julie instead. The conflict all comes to a head after gifts are exchanged, and the family starts working out their issues and growing closer together.

# Longtime author finds new success with historic novel

**Book** *Club*

**BOOK OF THE MONTH**

***Whistling Past the Graveyard***

*BY SUSAN CRANDALL*

*By Amanda Goossen*

Susan Crandall has published 10 novels in her 11 years as an author. In 2013 Crandall released her most successful novel yet, *Whistling Past the Graveyard*, set in Mississippi in 1963. Following 9-year-old Starla Claudelle, a tenacious girl determined to escape the confines of her grandmother's strict home and find her mother who left her in search of fame and fortune in Nashville, TN, *Whistling Past the Graveyard* is a significant coming-of-age story.

With an important lesson on the South in the 1960s, *Whistling Past the Graveyard* not only follows Starla's journey to freedom, it also tells the story of the many others hoping to find freedom from the torturous circumstances they've been forced to endure.

On November 20, the *Arcadia News* Book Club will host a Skype session with Susan Crandall at 7 p.m. at the Saguaro Library. To attend, email Amanda@arcadianews.com.

*Arcadia News* had the recent honor of talking with Susan Crandall about her life as an author and the success of her most recent novel.

**AN:** Can you tell us a bit about your path to becoming a writer?

**SC:** I've always loved getting lost in a novel, just never imagined getting lost in one of my own creation. I have a science degree and my previous career was in dentistry.

When I was in my mid-30s (some years ago, now), my younger sister brought out a manuscript she'd been secretly working on and asked if I would help her whip it into shape. I was, of course, willing. It was a book after all and I was the older sister. She and I began our co-authoring. I soon discovered I did not possess the skill set necessary to create a marketable novel. But I set myself to learning (a wonderful journey in itself that brought some very dear people into my life). She and I wrote five novels together, all unpublished. I consider those [novels] my writing education. She moved away and started a career in real estate. By then I was totally hooked on writing, so I forged ahead.

*Back Roads* (2003) was my first solo novel and my first published.

**AN:** You've authored many popular novels over the past decade. How has your writing changed over time?

**SC:** A large part of what I enjoy about writing is that I can always improve. I learn something with every book I write, as well as with every one of my critique partners' books that I'm involved in. So I hope that I'm a better skilled storyteller than when I began.

I'm an eclectic reader and I've always had a desire to tell a variety of types of stories, which is quite difficult when you're just starting out publishing popular fiction. Your publisher wants (as do you as a writer) to build your audience. An important tool for doing that is to deliver similar stories in a similar genre. My first books were contemporary women's fiction (a woman's journey to find herself and her place in the world) laced with mystery or a touch of suspense.

I'm now writing general fiction with many fewer restraints and loving it.

**AN:** Since your first novel was published what has been the most significant change in the publishing business?

**SC:** Publishing is in a huge time of change. I'd have to say the shrinking number of traditional publishers is one. Followed closely by the rise of the e-book.

**AN:** What surprises you most being an author? What do you enjoy the most?

**SC:** When you tackle that first novel, you assume it'll get easier each time you write. That just isn't the case. Every novel presents its own problems and difficulties. Each journey from idea inception to completed manuscript is different. It's always an adventure.

My favorite part of the writing process is what I call "wallowing in my work." After I have a first draft of a scene, I like to go over it time and again, adding details, finding new forks in the road, crawling deeper into my characters' heads. Doing research comes in a close second – it feeds the wallowing process.

**AN:** After putting out books consistently every year, you took some time before publishing *Whistling Past the Graveyard*? Why?

**SC:** It goes back to that publisher expectation. I'd decided I wanted to write something entirely different. That required some serious decisions. I parted ways with my publisher. I ended up parting ways with an agent. And then I had to choose exactly what I wanted to write. Apparently, endless possibilities have a downside.

It took me a while to make that decision. Then more time to experiment with exactly how I wanted to present it. There are so many choices when you begin a novel. I wanted to take my time and find the right combination. And then, there's writing without a deadline, which leads to lollygagging.

**AN:** *Whistling Past the Graveyard* is a historically rich novel following characters from very different backgrounds. Were you always interested in writing about this time period?

**SC:** I'm a lover of history, all history. For me every novel begins with the characters. Spunky Starla was chirping in my ear for some time before I began writing. Her search for maternal love, the one thing every child needs, was the jumping off point. The time period evolved as I developed strategy for upping the conflict. And once I decided Starla was going to run away, I wanted to go back to a time when children weren't watched as closely; before Amber Alerts and cellphones and the Internet. I'm not saying a child cannot disappear today, but for my story idea to work, I needed another time setting.

Plus, I remembered the 60s. Although it was quite eye opening to do the research and compare my 7-year-old perception with reality.

**AN:** Starla is a very likable character, despite her precocious and impulsive behavior. What do you like most about Starla?

**SC:** I love her compassion and her bravery. She often makes the wrong decision, but her heart is always in the lead.

**AN:** *Whistling Past the Graveyard* has been very successful, including a Target Book Club Pick. With all the accolades, how did you celebrate?

**SC:** Watching this book being so well received and well loved is like watching a child find the road to true happiness. These characters are very special to me and it's been hard to let them go. The success this book has had keeps them close in my life. And that makes every day a celebration.

I do share a glass of wine with family and friends when something remarkable happens. I've been going through quite a lot of wine.

## SCHOOL AGE BOOKS

*By Dan Wirtel*

### DEMONOSITY

*BY AMANDA ASHBY*

Celeste Gibson, a girl who goes to Cassidy Carter-Lewis' high school, has an ancient force inside her called the Black Rose and it has recently been set free. She meets Thomas Delacroix who is a spirit of a knight who protects the Black Rose, but he needs a human to help him. So he gets help from a girl named Cassidy. She's an odd high school student who doesn't want to help Thomas. She just wants to hang out with her best friend and take care of her father, who is recovering from surgery. But she doesn't get a choice in the matter.

### CITY OF BONES

*BY CASSANDRA CLARE*

Clary Fray is a 15-year-old girl who witnessed a murder at the Pandemonium Club in New York City. The strangest thing, however, was that three teenagers did it and they all had tattoos and odd weapons. Even though she saw it happen, she doesn't have enough proof to tell the police because the teenagers disappeared and the body of the "boy" vanished after his death. She will soon discover that the Sight is the meaning of it all.

*Dan Wirtel is an avid reader and a sophomore at Valley Lutheran High School.*

# Makings of a strong season for Arcadia High football

*By Nicholas Smith*
*Photo by NTK Photography*

After a 2013 campaign that produced a 5-5 record, the Arcadia Titans set a goal of having a winning season this year.

"Our goal isn't just to win," said Coach Lenny Abt. "It's to consistently keep that winning going."

Through the first five games of the season, the Titans were well on their way to achieving that goal. They won all five contests, equaling their win total from a season earlier. But it wasn't just that they won. Arcadia dominated their opponents.

They shut out the first two challengers and only one opposing team scored more than 13 points against them. The offense did their job as well. The Titans did not score less than 30 in any game and three times scored over 50 points. In the first five games, Arcadia's average margin of victory was over 37 points a game.

For fans hopeful that Arcadia will be one of the up-and-coming football schools in the state, the start could not have been better. But no season goes off completely without a hitch. And the last two weeks have been a rough return to Earth for the Titans.

On October 2, the Titans suffered their first loss of the season, a 44-14 beat down at the hands of Paradise Valley. The loss took place at home and Paradise Valley's 37 first half points were too great an obstacle for Arcadia to overcome.

The team was upbeat at practice the following week, confident that they would get back on track for their road game against Chaparral. But the game wasn't much better than the previous contest. Arcadia ended up on the short end of a 31-6 score. This time it was the offense that suffered, as the Titans went the first three quarters without scoring.

*Arcadia High cheerleaders root for the team which hopes to improve on last season's record.*

With the playoffs coming in November, Arcadia hopes to get back to the kind of football that made them so dominant in September. The team has proven that it has the talent to win and to win big. Now it needs to prove that it can overcome adversity.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# Sophomore golfer hoping for top ten state finish this year

*By Nicholas Smith*

Madison Voisard says her goal for this golf season is to get back to state. Going to the state tournament is a lofty goal for most high school athletes and it would seem to be especially hard to achieve for a sophomore. But Madison isn't an average sophomore. And she didn't misspeak when she said "back to state."

"She was one of only six freshmen to make it to state last year," said Kim Voisard, Madison's mom. "She finished 23 out of 65 kids, the highest of the freshmen. She's hoping for a top ten finish this year."

Madison only started playing golf around four years ago. She started playing through The First Tee of Phoenix, a nonprofit organization that allows youth around the Valley to have access to golfing facilities. According to their website, The First Tee's goal is to provide young people with character-building and life lessons through golf. The instructors and the community made a huge difference to Madison.

"I loved my coaches and the friends I made," she said. "The community was my favorite part. And then I liked that I got better and better."

Golf isn't the only sport that Madison plays at Arcadia High School. She was on the basketball team last year and said she enjoyed it. But she isn't sure if she will return to the court this season, because she wants to join the school baseball team. There currently are no girls on Arcadia's varsity baseball team but this doesn't seem to faze Madison.

"She's not scared," said Kim. "She just wants a shot. She doesn't want any favoritism, just a fair chance."

Madison's desire to go against the boys may be part of her genetic makeup. Kim played professional baseball for the Colorado Silver Bullets, an all-female professional baseball team that barnstormed against all-star men's teams. She also won a gold medal with the US National Team in 2004.

"Madison is passionate about whatever she does," said Kim. "As a parent I want to help her find what she loves the most, so she can put the most effort into that to be successful."

Although she is a multi-sport athlete, golf is what Madison hopes to play primarily in the future. She has long-term plans to play the sport in college, then to play professionally. And of course, she's talking about the PGA.

"I'd like to go to college and play golf there first," she said. "After that I'd like to play on the PGA Tour. I want to play against the best."

"She can do whatever she wants to do," said Kim. "I always tell her, if you put in your part, work as hard as you can, and give your best, God will take care of the rest."

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# High energy leads to dance

*By Nicholas Smith*

Olivia DeMichele admits that her parents may have started her in dancing to protect themselves as much as to benefit her. Olivia first started dancing when she was 3 years old.

"I almost think they didn't know what to do with me," said Olivia. "I've always been very energetic, strong and outgoing, so they were hoping this would be good for me and tire me out."

It apparently didn't work, as Olivia today maintains a schedule that would exhaust most people. She is a co-captain for the Spiritline at Arcadia High School. She also does choreography for the dance company at school, which puts on different types of school dances. When she's off campus, she works on her dance at her studio, which she has been going to since she was a kid. Her favorite styles are tap and hip-hop.

"I love every single style of dance," she said. "I just enjoy being able to express myself. If I ever have a bad day, I can dance and everything is better."

Being co-captain on Spiritline is a full-time job for Olivia. The team's coach has been sick to start the year, so Olivia and fellow co-captain Kathryn Chamberlin have taken on a much greater role in the Spiritline choreographing. They attend every football and basketball game and their job is to hype up the crowd, which includes the Chaos Corner, Arcadia's student section.

"The corner is much bigger than it's been in past years," said Olivia. "They get really into it and it makes cheer more enjoyable when other people are excited."

Olivia's life will get even busier soon. She was chosen to be an assistant for tap dancing with the NRG Dance Project, which tours to different cities so that leading choreographers can teach students.

"This is the first year I've done this and I'm very excited," said Olivia. "I'll be another set of feet for students to look at and I'm hoping to make some good connections through this opportunity."

Those connections could help Olivia achieve her future goals. She hopes to move to Los Angeles someday and work on the commercial side of dance. But she wants to attend school first, to dance and to major in either sports medicine or physical therapy. She feels like the injuries she has suffered through her career would help her relate to other dancers.

# Warm-up before great round

*By Tina Tombs*

Here are two questions to ask yourself:

1. Why is a warm-up important?
2. What is it that you want to think about and do when you get ready to play?

Remember, a warm-up is exactly what it sounds like: To warm up is to get loose; get your rhythm, tempo, balance and mind in a state that is ready to play your best round of golf that day.

First you want to allow yourself time to prepare for the golf course on which you are playing. If you came from the office and don't have time to warm up, the two most important things to do are to stretch with two golf clubs, and take golf swings and chip and putt to get the feel and pace of the greens. That way you save some strokes with your short game and develop feel for your golf swing. In this golf tip I will focus on a routine that I use – and many other tour players use – to prepare for a round of golf. If you can allow yourself a half-hour to warm up and use this routine, I know you will see better scores and feel more comfortable during your round of golf. You can always adjust if you want more time.

1. Stretch wrists, back and shoulders.
2. Putt longer putts first – 20, 30 and 40 footers. This gives you the feel and speed of the greens. You can putt to a tee or to the edge of the green. The goal is to get the right distance and develop a feel of the greens. At this time, you can also chip some to get the feel for your chipping.
3. Next is the range. Start with a pitching wedge. Allow yourself 10 balls to loosen up. Use a 7 or 6 iron, long iron or hybrid, fairway wood, then driver. This warm-up time is to get loose, and find your rhythm and timing, hit solid shots, see the target and be in balance. Incorporate your routine in your warm-up to play with the same intensity and consistency you will use in your round of golf.
4. Then go putt some short putts. If you have time, hit some bunker shots to test the sand on that golf course.
5. Now you have prepared yourself physically and mentally before your round. You have given yourself an opportunity to play your best round of golf!

Hit it high and let it fly!

**Golf** *Tips*

*Tina Tombs is the 2014 LPGA Central Section Teacher of the Year and Director of Instruction and an LPGA Tour Professional. Contact her at tina@tinatombsgolf.com.*

Alana, age 6

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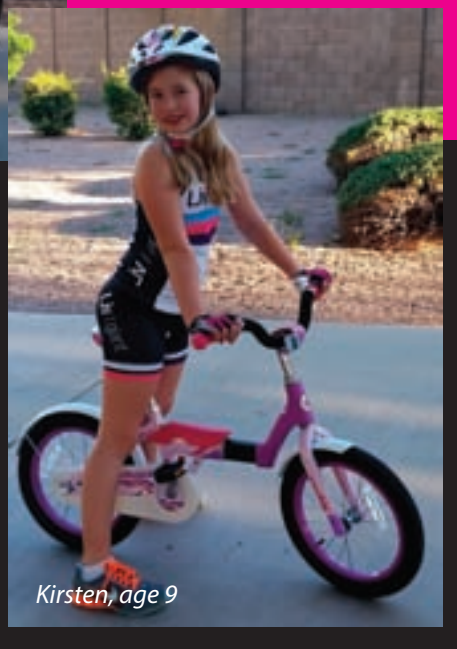
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PUBLIC INFO.

**Contractors / Handyman Information**

In Arizona, a contractor must be licensed through the Registrar of Contractors (ROC) to legally perform construction, home repair and remodeling jobs that require a building permit or when the total project cost is $1000 or more (see A.R.S. §32-1121A14(c).

One exception to this requirement, the "handyman exception," applies when the labor and materials on the entire project do not exceed $1,000.

For more information contact the Arizona Registrar of Contractors at 602-542-1525 or at www.azroc.gov.

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# The MacLean Team Properties

**58 E. Biltmore Estates Drive, Phoenix 85016 - $1,950,000**
Incredible golf course estate placed on the Arizona Biltmore Circle. Built in 1984, 3,845 sq ft, 4 bedroom property is gated and beautiful!

**1114 W. Seldon Lane, Phoenix 85021 - $899,000**
Tuscan style 5 bedroom, 5 bath spacious 4,645 sq ft home on a 15,000 sq ft lot. Nestled in newer 6 home private gated community. Intricate wood work and details are found in each and every space.

**5555 E. Rockridge Road, Phoenix 85018 - $1,449,000**
Beautiful 4 Bedroom, 3 Bath, 3032 sq ft, 41,818 sq ft lot Camelback Mountain home with stunning views of downtown Phoenix and Camelback Mountain itself.

**4640 N. 40th Street, Phoenix 85018 - $424,900**
Amazing Al Beadle designed 3 bedroom 1.75 bathroom townhome in a quiet private community. Ultra modern kitchen has upgraded cabinets, granite countertops and stainless steel appliances.

**3186 E. Stella Lane, Phoenix 85016 - $705,000**
Tucked at the end of a quiet cul de sac and siding the private reserve.2,800 sq ft, 2 master suites and an office. Formal and casual living areas and beautiful trim work throughout.

**8 Biltmore Estates, Phoenix 85016 - $949,900**
3 Bedroom, 2.5 Bath, 2446 sq ft, Biltmore Estates newest luxury condos is located on Adobe golf course. This particular residence has the most premium view of the golf course w/ 10' ceilings.

## *Our Buyers Are Waiting!*

**We are working with a number of buyers looking from $1,000,000 to $3,000,000.**
**If you are considering selling, please contact us...We might already have your buyer!**

## Recently Closed Properties By The MacLean Team!

3307 E. Medlock Drive SOLD
3425 N. Valencia Lane SOLD
4211 E. Whitton Ave SOLD
4519 E. Weldon Ave SOLD
3420 E. Glenrosa SOLD
3135 N. 48th Street SOLD
3816 N. 54th Court SOLD
4353 E. Palo Verde SOLD
5250 N. 37th Place SOLD
3700 E. Camino Sin Nombre SOLD
4242 E. Amelia SOLD
6305 N. 30th Court SOLD
3021 E. Rose Lane SOLD
5748 N. 41st Place SOLD
4232 E. Whitton Ave SOLD
4036 E. Weldon Ave SOLD
5140 E. Pinchot SOLD
6176 N. 28th Place SOLD
4614 E. Lafayette Blvd SOLD
4021 E. Avalon SOLD
4409 N. 56th Street SOLD
3002 N. 47th Street SOLD
5511 N. 32nd Street SOLD
6310 E. Lafayette Blvd SOLD
4932 N. 42nd Way SOLD
5225 E. Whitton Ave SOLD
8 Biltmore Estates #124 SOLD
5101 N. Casa Blanca Dr #332 SOLD
4027 E. Avalon Dr SOLD
3050 E. San Miguel LEASED
4519 E. Weldon Ave LEASED
3045 E. Claremont Ave LEASED
3318 E. Montecito LEASED
3015 E. Montecito LEASED
3419 N. 63rd Place LEASED*
2244 E. Ocotillo Rd LEASED*
3833 N. 33rd Street LEASED
3232 E. Hazelwood LEASED
4605 E. Palo Verde Drive LEASED*

*Listed/Closed more than once!

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# The MacLean Team Properties

**5111 N. Camelhead Road, Phoenix 85018 - $1,895,000**
2 Acres. Prime location!

**3051 E. Marlette, Phoenix 85016 - $474,900**
One of, if not THE greatest lots in the coveted gated subdivision of Biltmore Colony. 1,888 sqft, vaulted ceilings, 2 master suites and an office/guest room. Truly a gem!

**2201 E. Ocotillo Road, Phoenix 85016 - $449,000**
3 Bedroom, 3 Bath, 2374 sq ft, 9875 sq ft lot. Graciously set bordering the Granda Park preserve with no neighbors on one side or behind, this home has been renovated with Magazine worthy style!

**3427 E. Mariposa St, Phoenix 85018 - $529,900**
This is the one you have been waiting for! Walls have been taken down and concrete floors fill this 2000+/- soft open floorplan home. Warm contemporary design with 3 bedrooms and 2 1/2 baths, botanical backyard with pool and a quiet cul-de-sac street!

**1333 E. Nicolet, Phoenix 85020 - $449,000**
Set on the largest lot in the subdivision with views! This 3 bed plus pool house/2 bath/2027sqft home has been renovated perfectly and is turn key!

**4716 N. Dromedary, Phoenix 85018 - $899,000**
4 Bedroom, 3 bath, 3,496 sq ft. Incredible opportunity on one of Arcadia's most coveted streets!!

The MacLean Team
WE ARE THE NEIGHBORHOOD

Heather MacLean

## *Looking To Sell Or Lease A Property In Arcadia/Camelback Corridor?*

**The MacLean Team is #1 for successfully listing and leasing properties within the neighborhood.**
**Call us to find out why!**

### Awards

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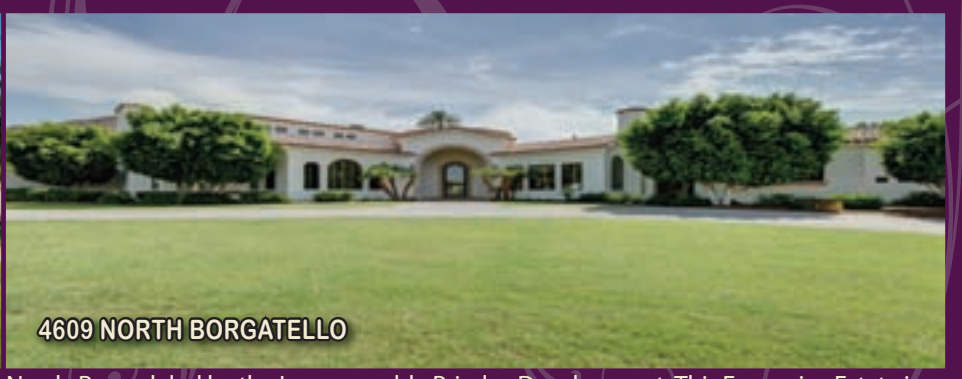


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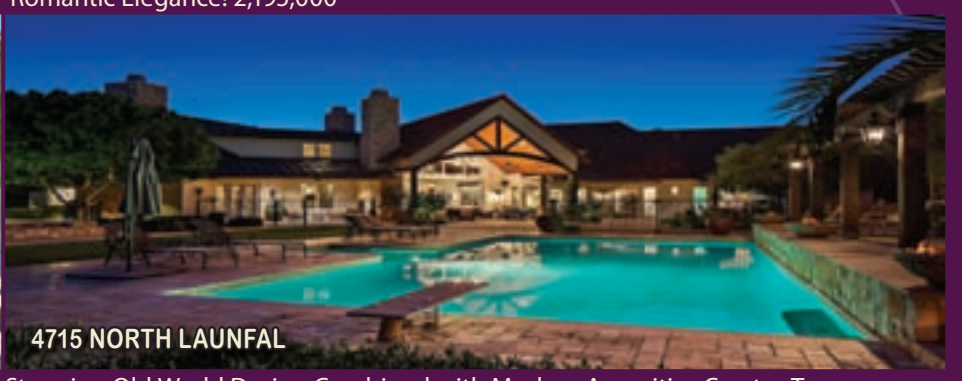


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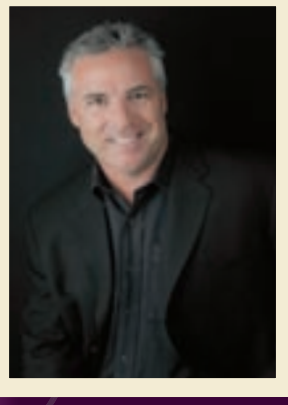

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