Arcadia News

Vol. 22 No. 3 | AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993 | June 2014

ARCADIANEWS.COM / ARCADIAHO.ME



Local resorts are the place to be this summer. Discover the fun, food and relaxation that can be had without leaving the city limits. **See *Places We Liked* on page 28.**

Happy Father's Day Arcadia! Four local dads earn the spotlight this month for their dedication to the community.

Page 15

Summer travel doesn't require airfare or exotic locations with a variety of Arizona landmarks just a car ride away.

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In their own words, Arcadia High School athletes share their big thanks to dad for always cheering them on.

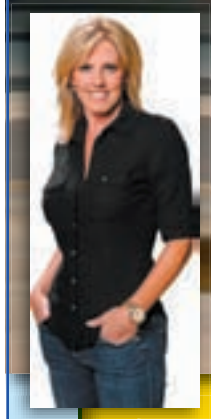
Page 60

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ARCADIA NEWS
AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993

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Correction: Page 20 of the May 2014 issue of the *Arcadia News*, Ryan Opel is not playing with the symphony, he is donating his time on the board.



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By NTK Photography
Location: JW Marriott Desert Ridge



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Summer has new meaning

By Amanda Goossen

Editor's Notes



I don't know about you but this year, more than any year in my life, I'm ready for summer.

I have young children. The school schedule and day-to-day hustle begins to wear on one's spirit. I know in the scheme of things it seems rather petty to complain about having too many after school activities, but holy cow I'm exhausted.

Making lunches, preparing class parties, meeting deadlines at work...goodness, summer sounds good.

I'm blessed. I work at a job where I can, for the most part, develop my own schedule. My mom lives down the street so babysitters are never a problem. Still, I ache for summer, for freedom and unscheduled happiness. I yearn for my kiddos to play all day and beg to spend the afternoon in the swimming pool with Otter Pops, goggles and sunscreen.

I think back just a few decades ago to when I was a kid. My first recollection of the end of the school year and coming summer was the end of the year party in 5th grade.

It was a swim party. The kind of party that the only girl in 5th grade with a woman's body suddenly realizes is her worst nightmare disguised as fun. My mom brought home three bathing suits from Wet Seal the day before the festivities.

I was 10. And I was terrified. I spent the entire party in a t-shirt, sitting in a patio chair. Arms crossed over my chest. Super hip bathing suits tucked neatly in my bright pink beach bag. Summer was the worst, at least school required clothing.

As an adult however, summer means potential vacations. Rising temps mean a possible decrease in the workload. Evening sunshine brings possibilities.

Three years ago, the summer before my daughter began kindergarten, I realized our world was about to change. Life as we knew it would alter forever and we had absolutely no choice.

School meant a forced routine. A regular beginning and end. For some reason it scared me. But now, it's inspiring.

I love the fact that each year my children get to finish something. They complete one stage of life and prepare for another.

And although each June, as if the director shouts 'it's a wrap' and I feel one year older, I'm thankful for this milestone.

The world evolves. We all grow. The 10-year-old girl hiding in her stupid oversized t-shirt gets to become the woman she always wanted to be and all the while watch her beautiful babies grow.

Summer is here…and it's full of possibilities!



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PROTECTING FAMILIES

5 REASONS to Have a Trust

by Sharon Ravenscroft, Esq.



A Revocable Living Trust allows you to create the legal framework for your assets to be handled if you become incapacitated or upon your death. Here are 5 of the top reasons to have a trust:

1 Without a trust, a court conservatorship will be required if you want to leave more than $10,000 to minor children or grandchildren. Conservatorships involve annual disclosure of assets, limitations on use and annual expenses, and the funds are dispersed at 18.

2 You choose who will oversee the funds, how to invest, use and distribute the funds – delaying distribution to 21, 25, 30 or more.

3 A trust can include incentives for children to go to college, stay away from drugs and become gainfully employed.

4 A married couple can utilize provision which will limit the amount of estate tax assessed on the death of the couple.

5 A trust provides the easiest way to manage 401k's, IRA's, life insurance, real estate and other investments. It also limits delay and ease access to operating the family's business if one becomes incapacited.

Sharon Ravenscroft, Esq., The Cavanagh Law Firm, PA, with offices in Sun City and Phoenix, can be reached at (623) 815-7451 or Sravenscroft@CavanaghLaw.com. For more information regarding wills, trusts, healthcare powers of attorney, premarital agreements, domestic partnership agreements as well as business law, see: www.sharonravenscroft.com.



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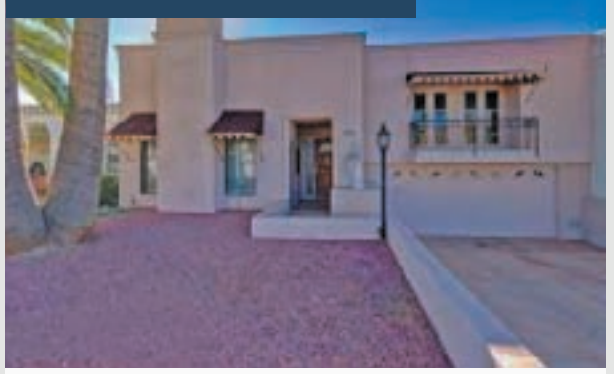
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What's Happening, Arcadia?

JUNE 2014 EVENTS

Sunday Evening Concerts

McCormick-Stillman Railroad Park
7301 E. Indian Bend Rd.
Sundays in May - 7:30 p.m.-9 p.m.

Bring a blanket or chair to hear a variety of favorite local bands. Train and carousel rides will be available for purchase throughout the concerts. Children under three ride free with a paying adult.

therailroadpark.com

Garden Flashlight Tours

Desert Botanical Garden
1201 N. Galvin Parkway
Thursdays and Saturdays – 7 p.m.-9 p.m.

Bring a flashlight for an evening stroll along the Garden's trails to a variety of discovery stations. Flashlight tours run through August.

http://www.dbg.org

The Harvey Girls of the Southwest

Pueblo Grande Museum
4619 E. Washington St.
June 4 – 7:30 p.m.-9:00 p.m.

This presentation explores the origins of the Harvey Girls, their influence on the changing roles of women in the American workforce and society.

www.pueblogrande.com

Disney in Concert

Magical Music from the Movies, Symphony Hall
75 N. 2nd St.
June 6-7

Experience this concert and multi-media event featuring acclaimed Broadway vocalists, and scenes from your favorite Disney movies projected above the orchestra.

www.phoenixsymphony.org

39th Annual Mighty Mud Mania

Chaparral Park
5401 N. Hayden Rd.
June 7 – 8 a.m.-1 p.m.

Mighty Mud Mania offers muddy obstacles for people of all ages and ability levels. There are non-muddy activities for those who don't want to get muddy.

www.scottsdaleaz.gov/MightyMudMania

Spring Performance

The School of Ballet Arizona
Dorrance Theatre
2835 E. Washington St.
June 7-8

Get a glimpse of the progression in ballet training, from beginning students to advanced-level students.

http://balletaz.org

Discovery Series

Scottsdale Center for the Performing Arts
Through August 25

Recent Brazilian cinema will be showcased this summer.

www.ScottsdalePerformingArts.org

Prowl & Play

Phoenix Zoo
455 N. Galvin Parkway
June 13-14

Unique and exciting activities allow visitors to explore, see and hear the Zoo differently at this evening event.

www.phoenixzoo.org

Peter Pan presented by Valley Youth Theatre

Herberger Theater Center
222 E. Monroe
June 13-29

Join Peter Pan, Wendy and Captain Hook in the high-flying musical that whisks you away to a place where dreams are born and no one ever grows up!

www.herbergertheater.org

Israel Scouts Friendship Caravan

Various Valley locations
June 17-25

Scouts share their lives in Israel through song, dance and storytelling. For locations and times, call 480-216-4280 or email: brookyn1955@gmail.com.

Phoenix Writers Club

Bluewater Grill
1720 E. Camelback Rd.
June 21 – 12 p.m.-2 p.m.

Join the club for lunch. For cost info and to RSVP by June 18, email with Phoenix Writers Club in the subject line to: Juneneeliepubl@aol.com.

Vacation Bible School

St. Theresa Parish
5045 E. Thomas Rd.
June 23-27 – 9 a.m.-Noon

Registration forms are available in the Church office or online.

www.sttheresaphx.org

After Dark in the Park

Deer Valley Park
19602 N. 19th Ave.
June 28 – 7 p.m.-9 p.m.

Celebrate Independence Day at the park. Activities include free inflatables, music, food vendors and fireworks show. For more information, call 602-495-3735.

http://phoenix.gov/parks/

To have events considered for the Calendar, submit information to calendar@arcadianews.com by the 15th of the month prior to publication. Calendar listings may be edited and published by *Arcadia News* as space allows and at the discretion of the editorial team.

AZ Supreme Court clarifies damages for loss of access

By Jennifer A. Cranston

Legal Ease



Access, the ability to get to one's property from a public road, is a vital part of property ownership and often impacted by government actions. If the government restricts or completely eliminates access, that loss can have a significant, negative impact on the property's value. Recently, the Arizona Supreme Court issued a decision in City of Phoenix v. Garretson that could open the door for many landowners to receive compensation for loss of access to a public street.

Before the Court's ruling in Garretson, a common notion among Arizona condemnation attorneys was that property owners were entitled to compensation for loss of access under very limited circumstances. Specifically, earlier cases suggested that loss of access was not compensable unless (1) some of the landowner's property was actually acquired for a public project, and (2) the loss of access left the property totally or effectively landlocked.

In Garretson, the Court clarified that a property owner is entitled to just compensation under the Arizona Constitution for loss of access even if no portion of the property is taken for a government project. And the property owner may have a claim for compensation if access to a public street is destroyed even though the property has other points of access.

Under the specific facts presented in Garretson, the Court ruled that the downtown Phoenix landowner could pursue his claim against the city for the decreased value of his property caused by the light rail project's elimination of the property's access to Jefferson Street. The Court held that Garretson could make this claim even though his property still had access points on Madison Street.

In addition to addressing elimination of access, the Court also reaffirmed the rule that, under certain circumstances, a property owner may be entitled to compensation for reduced land value caused by a government roadway project that substantially impairs access to a public street.

The Court's decision in Garretson can provide a means of recourse to landowners whose access is impacted by a government act. The Court has made it clear that cities, counties and the state are no longer free to cut off a property's access to a street as part of a public project without paying just compensation.

Additionally, the reach of Garretson may go beyond the realm of traditional condemnation. Because compensation may be available to landowners whose property is not actually acquired for a public project or is restricted only temporarily, it is especially important for all landowners to remain informed about anything that could potentially impact their property values.

Special thanks to fellow G&K attorney, Jeff Gross, for his assistance and collaboration on this column.

Jennifer A. Cranston is a shareholder at Gallagher & Kennedy, where she focuses her practice on three primary areas: real estate disputes, including condemnation and valuation matters; insurance coverage analysis and bad faith litigation; and public utility regulation. For more information about Ms. Cranston, please go to www.gknet.com/attorneys/jennifercranston.





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Charming Arcadia Ranch



6243 E Monterosa · $1,995,000
6 bedroom / 4 bath • 4,593 square feet

Charming Lafayette Ranch



6333 E Lafayette · $995,000
4 bedroom / 4 bath • 3,827 square feet

Charming Red Brick Ranch



3132 E Coolidge · $665,000
4 bedroom / 4 bath • 2,820 square feet

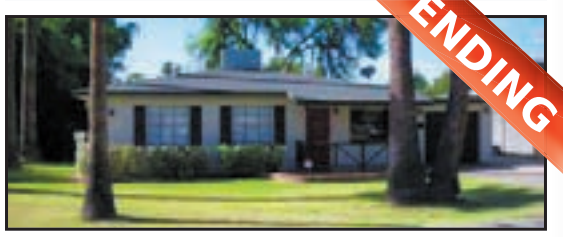
17,712 square foot lot



2536 N 57th street · $499,000
3 bedroom / 2 bath • 1,491 square feet

Charming Ra

PENDING



4129 E Indianola · $330,000
3 bedroom / 2 bath • 1,332 square feet

13,471 sf subdividable lot



3122 N 40th Street · $210,000
3 bedroom / 1 bathroom • 1,212 square feet

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Arcadia Real **Estate** Stats

2014 HOPI SCHOOL DISTRICT SALES RESULTS
(1/1/2014- 4/30/2014)

Active Homes -	197 homes
Homes Sold -	65 homes
Average Sale Price -	$902,229
Average Sold $ Per SF -	$277
Average Days On Market -	114 days

- There is currently 7 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 36% this year. (based on 2013 sales results)
- Home prices have increased 6% this year. (based on 2013 sales results)
- $ Per Square Foot prices have increased 5% this year. (based on 2013 sales results)
- Homes are taking 4% more time to sell this year. (based on 2013 sales results)

2013 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	305 Homes
Average Sale Price -	$845,430
Average Sold $ Per SF -	$262
Average Days On Market -	88 Days

2012 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	282 Homes
Average Sale Price -	$777,607
Average Sold $ Per SF -	$235
Average Days On Market -	102 Days

2011 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	238 Homes
Average Sale Price -	$635,344
Average Sold $ Per SF -	$197
Average Days On Market -	124 Days

2010 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	202 Homes
Average Sale Price -	$670,142
Average Sold $ Per SF -	$200
Average Days On Market -	156 Days

2014 TAVAN SCHOOL DISTRICT SALES RESULTS
(1/1/2014- 4/30/2014)

Active Homes -	92 Homes
Homes Sold -	62 Homes
Average Sale Price -	$430,068
Average Sold $ Per SF -	$202
Average Days On Market -	76 days

- There is currently 5 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 14% this year. (based on 2013 sales results)
- Home prices have increased 6% this year. (based on 2013 sales results)
- $ Per Square Foot prices have increased 6% this year. (based on 2013 sales results)
- Homes are taking 13% more time to sell this year. (based on 2013 sales results)

2013 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	217 Homes
Average Sale Price -	$403,875
Average Sold $ Per SF -	$189
Average Days On Market -	66 Days

2012 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	207 Homes
Average Sale Price -	$326,316
Average Sold $ Per SF -	$158
Average Days On Market -	66 Days

2011 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	203 Homes
Average Sale Price -	$265,505
Average Sold $ Per SF -	$128
Average Days On Market -	102 Days

2010 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	145 Homes
Average Sale Price -	$294,278
Average Sold $ Per SF -	$142
Average Days On Market -	140 Days

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Thyroid problems disguised

By Claire Bowey, M.D.

Healthy *Tidbits*



Some of my patients complain of feeling tired and sluggish. If they're also frequently cold, constipated, have dry skin and hair, and are gaining weight, I'll check for hypothyroidism — underactive thyroid.

Hypothyroidism occurs when the thyroid gland, a butterfly-shaped gland in the front of your neck, produces too little thyroid hormone. If it's too low, you'll need to take a small levothyroxine pill daily. It has the same thyroid hormone replacement as the hormone produced by your body and works the same way.

Heart-related Issues

Hypothyroidism is more common in women and in those over 50. It's important to have your levels checked annually because heart problems can occur even with mild hypothyroidism.

Both thyroid hormones (T3 and T4) are related to heart disease because they affect your heart rate and the amount of blood your heart pumps. Thyroid hormones help your blood flow smoothly by relaxing the muscles of your blood vessels and keeping blood vessels open.

Hypothyroidism also can lead to increased levels of LDL (the bad cholesterol), total cholesterol, triglycerides and other fats related to heart disease.

Rare but serious heart disease problems can include:

- Congestive heart failure, when the heart can't pump enough blood for your body to work properly.
- Heart attack, when a blood clot blocks the flow of blood in your heart.
- Stroke, when blood vessels to the brain are blocked.
- Peripheral artery disease, when your legs don't get enough blood.
- Sudden cardiac arrest, when your heart stops.

You also can have a very slow heart rate and irregular heartbeats with hypothyroidism.

Heart-related problems that can happen with hypothyroidism include:

- Higher blood pressure.
- Low heart rate — less than 60 beats a minute.
- Increased stiffness of walls of the blood vessels.
- Increased strain on the heart.
- Enlargement of the heart.

Hypothyroidism is a lifelong condition, but taking a daily thyroid hormone pill can prevent related health problems.

Claire Bowey, M.D., is a family practice physician at Arcadia Family Clinic, 4131 N. 24th St., Suite B102, Phoenix, 602-955-6632, JCL.com/practices.

Non-Attorney judges more common than you'd think

By Steven Sarkis

Judge's *Corner*



When I tell people what I do for a living and a little bit about myself, they often say something like, "Wait... so, you're a judge, like a real judge!?" Yep. The next question is generally, "And you don't have a law degree?" Nope.

People often follow the initial conversation with things like, "I've always thought about running for Justice of the Peace" or, "I can't believe the qualifications to become a Justice of the Peace are so low." To which I often reply, "Well, the qualifications to become a Congressman, Senator, or heck, even President of the United States are also pretty low, you just need to be 35 and a citizen of the US. So...I suppose you could always give that a shot as well."

Most people don't realize that Arizona is far from unique in its vast representation of non-attorney judges that take the bench through the election process. A total of 32 states hold competitive elections for their judges and many of these states do not require judges to be attorneys, even at the highest levels of the court system. In fact, not even our United States Supreme Court Justices, the highest judges in all the land who make the most important legal rulings regarding our nation's future, are required to be attorneys. Of the 112 United States Supreme Court Justices, only 46 have had law degrees, an additional 18 attended some law school but did not receive a degree, and 47 received their legal education without attending law school at all.

I won't go into the long disputed argument of appointing versus electing judges, as there are valid pros and cons of each method.

In the end, there are many ways to be trained in the law. Sure, law school is a good way, but it's certainly not the only way. In Arizona all newly elected judges are put through Arizona Supreme Court certified training programs in addition to having on the job training and mentoring by veteran judges. And as anyone in any profession knows there is no substitute for real world experience.

Steven Sarkis is the Justice of Peace for Arcadia Biltmore Justice Court.



The Arizona Country Club

Est. 1946

Club Happenings

Pat's Run with Team Arizona Country Club

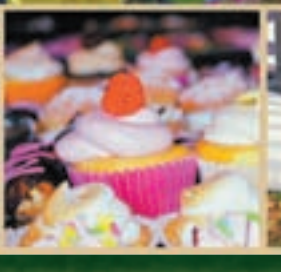





Easter at the Club

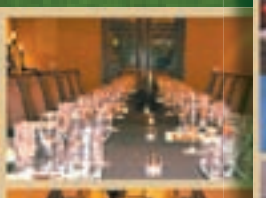





Our Year-End Wine Expo











A special thanks goes out to our members for another great season at the club!

**** Membership at The Arizona Country Club is by invitation only. ****

For Membership Information, contact David Stocke at 480-889-1504 or membership@azcountryclub.com

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Arcadia News awards 10th Annual Scholarship to AHS journalism students



Journalism students Monica Goodman and Carlos Moreno are the recipients of this year's Arcadia News college scholarship award, each receiving $500 to go towards their education. Photo by Melissa Nava.

By Kathleen Shipman

Every year, *Arcadia News* is proud to offer a $1000 scholarship to deserving seniors at Arcadia High School (AHS) and this year marked the 10th year that the scholarship was granted. Journalism students Monica Goodman and Carlos Moreno were selected to be the recipients of the award, each receiving $500 to help further their education. It was because of their dedication and incredible work ethic in the field of journalism that they were chosen for this honor.

"Monica Goodman and Carlos Moreno represent the best of the next generation of journalists. Both have a sense of how their peers think and what is important to them, and find tech worthy approaches to keeping the interest in news alive," said Journalism Educator, Bryce McKinney-Wain. "The boost in the right direction offered by *Arcadia News* can make the difference in their levels of success."

Goodman and Moreno played very important roles at Arcadia during their high school careers. Goodman was greatly involved in the Contemporary Music and Sound Program, where she worked in the background on production. In addition, as a junior Goodman was the Co-Editor of the yearbook, earning the title of Yearbook Editor her senior year. Although there was a lot of work in creating the school's book of memories, she thoroughly enjoyed her experience in doing so.

"It did get stressful at times, but it's something that I'm really happy I did through high school," said Goodman. "I spent a lot of time on the yearbook and I am very proud of it."

Moreno was the Business Manager of the Journalism Program, in charge of gathering advertisements for their school's newspaper. Moreno would travel to local businesses in the area to raise money for the production of the paper. Along with his professional skills, he also has a passion for writing.

"I like getting the word out there," said Moreno. "I'm always a man who likes to express what he's thinking and I think journalism is a pretty exciting way to spread it."

Both students have planned individual paths in pursuit of higher education. In August, Goodman will be attending the music school CRAS (Conservatory of Recording Arts & Sciences) in Tempe, with plans to transfer in March to their campus in Los Angeles. Moreno was recently accepted into Arizona State University, where he hopes to study this fall. Goodman and Moreno are both very appreciative of their scholarships, which will help go towards the high costs of these establishments. AHS has also expressed their gratitude for the annual award.

"Finding scholarships is a challenging and time consuming process," said Monica Merritt-Benson, College and Career Coordinator at Arcadia. "Arcadia High School is very grateful for the support *Arcadia News* has provided our students over the years."

For *Arcadia News* Publisher Greg Bruns, he enjoys nothing more than being able to lend a hand to Arcadia students as they begin a new chapter in their lives.

"It is an honor to be able to help some of our graduating seniors as they embark on an expensive college career," said Bruns. "From all of us at *Arcadia News*, we wish the best to the departing class of 2014!"

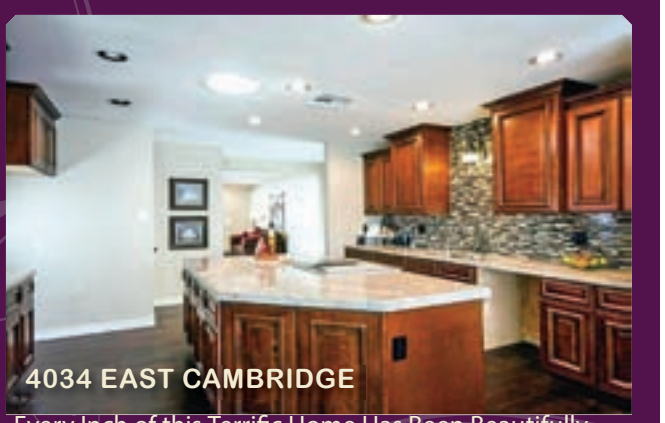
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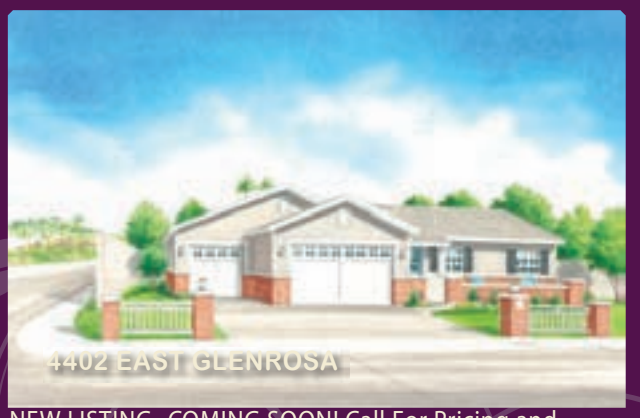
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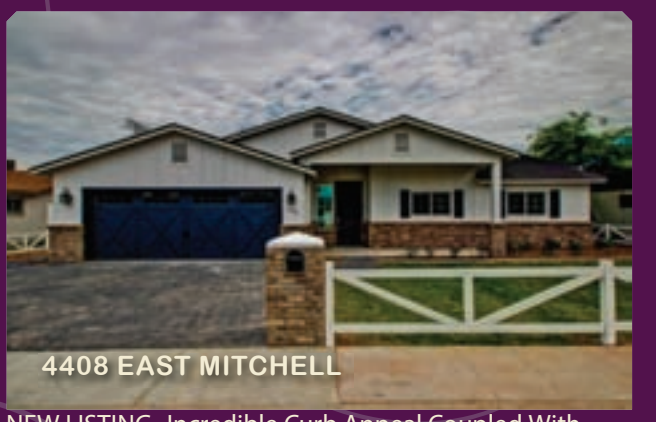
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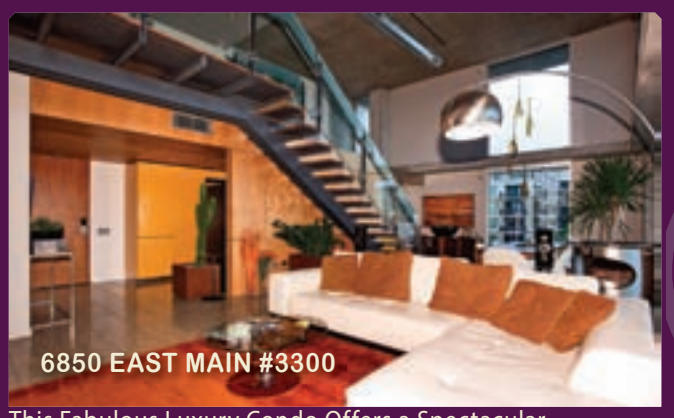
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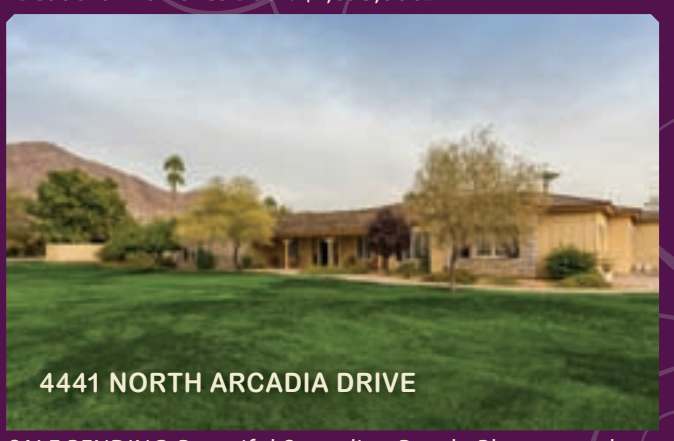
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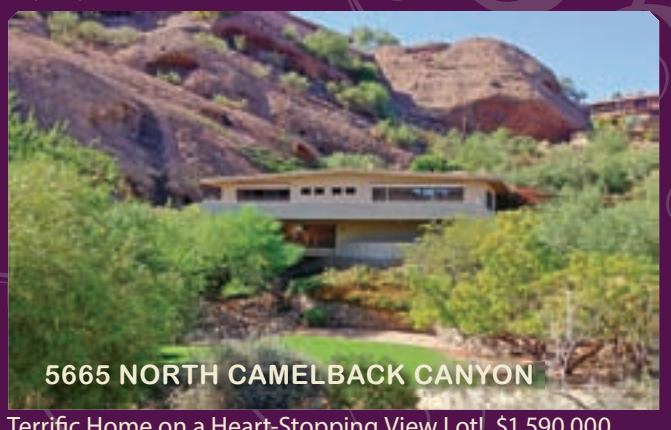
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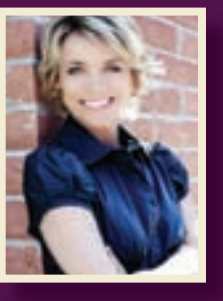
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Get to know the writers

By Amanda Goossen

In the past year, *Arcadia News* has worked to build a great team of writers who bring you the stories and columns each month. This month we begin a fun new segment to help you, our readers, get to know the people bringing you great articles to read in every edition.

What are you looking forward to about Summer 2014?



Kaley Kalil

"This summer, I'm most looking forward to spending a week at Mission Beach with my family – my first time back since high school!"



Michelle Donati-Grayman

"This summer is full of excitement. At the end of June, my spouse will return from a deployment with the Air National Guard. In early July, I'll have a new niece. And, by the end of the summer, I'll become a mother myself to twin boys!"



Amanda Savage

"This summer I'm looking forward to traveling! I'm road-tripping across the U.S. for Bonnaroo, then heading up to Antelope Canyon, Lake Powell and Zion for 4th of July!"



Christina Surrano

"Family vacation at my brother's house in San Carlos, boating, fishing and free diving in the Sea of Cortez, just like we did as kids."



Kathleen Shipman

"I would say going on vacation to San Diego, and also not having to follow as many school schedules."



Jean Hodgson

"We are BIG fans of Downton Abbey and are visiting Highclere Castle (where it is filmed) as part of a trip to England and Scotland."

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Behind the Business

Arcadia dads making a difference in family, community

By Amanda Goossen

The words Arcadia and family go hand in hand. Little league games, farmers' markets bustling with strollers, and charity family fun runs are just a few things this community does together on a regular basis, strengthening both our neighborhood and the ties that bind us together.

This month as we prepare to celebrate Fathers, *Arcadia News* is thrilled to highlight four dads who work hard to make a difference not only in their own lives, but in the community where their children will and have grown up.



The Joffe men.

Robert Joffe
Realtor
Dad to Adam and Jonah

Arcadia has been home to the Joffe family since 1991. Robert, his wife Amy and their two sons Adam (23) and Jonah (18) have not only lived here, they've made their life here.

With the majority of their real estate business being in Arcadia, moving to the neighborhood only made sense.

"Amy is from Ohio and I'm from Michigan," said Robert. "It just feels mid-western. This space resonates with us."

The Joffe boys grew up in Arcadia Little League, with their dad as their coach and even sometimes as umpire.

Robert ran the Arcadia High School Titans Football Booster Club for the past three years and now his oldest son is on the coaching staff.

With the Joffe men, sports are the force that connects them. Basketball, football and baseball were a large part of Adam and Jonah's childhood, with dad either coaching or helping out. And Robert still plays hockey regularly.

Hiking in Flagstaff is another favorite activity.

Giving back to the community, however is also a major part of their lives.

"We've worked with Phoenix Children's Hospital for many years," said Robert. "And Fresh Start Women's Foundation has been a big part of our life for over 15 years."

The Jewell McFarland Lewis Fresh Start Women's Resource Center offers counseling, mentoring, education, career services, legal services, child watch, an E-Learning center and personal development services that include clothing sessions, makeovers and empowerment classes.

Whether a woman is going through a divorce, just became unemployed or is just looking for something new in her life, Fresh Start is dedicated to supporting women who want to thrive.

"We had a dear friend whose son needed help," said Robert, "so PCH was a no brainer for us. The hospital is really incredible."

"And Fresh Start just does really great things for women. We've always felt it was important to be involved."



Doug Beischel and his crew.

Doug Beischel
Dentist
Dad to Lyndon, Lara, Liv and Lars

Doug Beischel was born and raised in Calgary, Canada and moved to Phoenix in 1993 after graduating from the College of Dentistry at the University of Iowa.

His dental practice on the corner of Scottsdale and Thomas Roads and his home, which he purchased in 1996, make Arcadia home.

"The best thing about Arcadia is the people. Arcadia residents have a real sense of community and pride in their neighborhood," said Doug.

The Beischel family might have their feet planted in Arcadia, but they're fully aware of the world that surrounds them.

Lyndon (13) and Lara (11) attend Christ Lutheran School. Both are active in sports, playing Arcadia Scottsdale Unified Soccer and little league. Lyndon is active in his Boy Scout troop and is going to China this summer as he was accepted to a cultural immersion program in Xianyang in July.

Liv (9) and Lars (8) attend the International School of Arizona. They both played recreational soccer and are both in Arcadia Little League.

The kids are fluent in both Spanish and French and know a surprising amount of Mandarin.

And giving back is a major part of this family's life.

They have learned about giving back to the community through their church, Prince of Peace, their schools and their extracurricular activities.

The Prince of Peace youth group travels to San Diego in the summer to help in shelters and soup kitchens. This summer they're travelling to New Orleans and New York to help with hurricane clean ups.

Lyndon's Boy Scout Troop 6 does a number of local civic improvement projects, many in Arcadia.

And the Beischels have been to Mexico several times with Christ Lutheran Church helping the impoverished in Rocky Point.

Doug's own volunteer work is done through his profession. He has volunteered at the John C. Lincoln Children's Dental clinic for over 16 years with about 40-50 other local dentists.

He was also one of the dental leads with the Central Arizona Dental Society Mission of Mercy project held at Veterans Memorial Coliseum the last two Decembers. With the last Arizona MOM project and 1500 volunteers, CADS was able to help over a thousand low-income people receive over a million dollars in donated services.

"With our children, I just want them to realize that they are extremely lucky to live in such a beautiful and safe community, and not to take it for granted," said Doug. "We have tried to foster the idea that time is a precious commodity for everyone, and that helping others in giving of their time is important."

Continued on page 16



Dads

Continued from page 15



Andy Everroad and the ladies in his life.

Andy Everroad
Lawyer
Dad to Ashley, Taylor and Nia

Family and faith are two driving forces in the lives of the Everroads.

Growing up in Phoenix and even attending Christ Lutheran School as a child, Andy Everroad spent a lot of time in Arcadia as a child.

"My friends and I would have orange fights among the now-fewer orange groves," said Andy. "Our family moved to Arcadia four years ago."

The Everroads enjoy Arcadia because of the close-knit community. And the greenery doesn't hurt.

"Arcadia is very much a front patio neighborhood, which is evidenced by the amount of outdoor furniture you see driving around," said Andy. "When we moved in, Barb and I wanted to be intentional about getting to know our neighbors, so we built a fire pit in the front yard with the hope of having a gathering place for our neighbors."

The connection the family feels with their neighbors stems directly from the love and respect they have for each other, under their own roof.

"Ashley (17), finishing up her junior year at Arcadia, is possibly the most empathetic person I know with a real heart for people who feel different, overlooked, and excluded," said this proud father. "Taylor (15), finishing up her freshman year at Arcadia, is naturally gifted with children – they are drawn to her, and she has always been very confident taking care of even the youngest child."

And the newest addition to the Everroad family is the gift they all cherish.

"Nia was our third foster child, and we were blessed to pick her up from the hospital when she was just two days old. She's been with us ever since, and she forever became a part of our family on May 1. She truly is a gift from God, and we are all so blessed to have her," said Andy.

When it comes to giving back, this family is dedicated and determined.

"Our passions tend to be as either a couple or as an entire family," said Andy. "Barb and I have long histories with Christ Lutheran School, where I attended, where Barb taught for several years, and where Ashley and Taylor both attended."

And for the last 15 years, the family has been involved with Scottsdale Bible Church, where Andy is currently completing his second term on the Elder Board.

Andy and Barb have taught Sunday school classes and have co-led a foster and adoption support group. Recently they even kicked off a Foster Care & Adoption Ministry at Scottsdale Bible Church to educate the community on the need for direct and indirect participation in fostering and adoption.

"The Arcadia neighborhood has given so much to us and to our neighbors, but that's because others have invested time and energy into the individuals and establishments in Arcadia," said Andy. "We all need to continue to be a part of that. We can't sit back and expect others to do what needs to be done."



The Alexander team.

Lorenzo Alexander
Arizona Cardinals Linebacker
Dad to Vanessa, Zoie, Mason and one on the way

For Arizona Cardinal's linebacker Lorenzo Alexander, giving back has always come naturally. And since arriving in Phoenix two years ago, Lorenzo has made a point of helping out in any way he can.

Growing up in Oakland, California, it was instilled in Lorenzo at a young age to give of both time and resources.

"Faith also plays a part in it," said Lorenzo. "It's important to understand and be thankful for all I've been given."

Now he and his wife Manjanique are making it a point to show their children Vanessa (18), Zoie (6) and Mason (4) the same values they hold so close.

Lorenzo has worked with the Kidney Foundation and the American Diabetes Foundation for many years. Diabetes runs in his family and Lorenzo knows how these organizations can do so much to help those in need.

"I'm really just a champion of the cause," said Lorenzo. "I can use the NFL platform, help get the names of the organizations out there in the minds of the people and advocate for them."

And with the Cardinal Foundation, Lorenzo has participated in multiple events at Phoenix Children's Hospital, especially when Barney the therapy dog comes to cheer up the kids.

Lorenzo and Manjanique have made it a point to bring the children to volunteer and charity events when possible, although Lorenzo mentions he wants the kids to be old enough to understand and appreciate the message.

Vanessa, however, has gone to South America to build homes and participate in aide services.

"We get lost about what reality really is," said Lorenzo. "We live in such a nice area and I want my kids to learn about the world. When it makes sense, I definitely bring them along."





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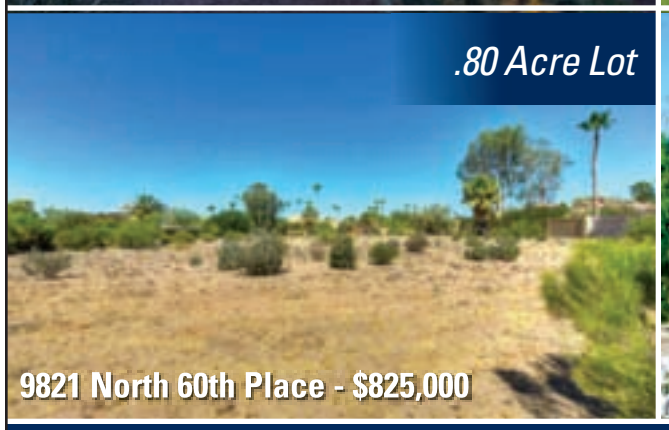
















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Looking for a Father's Day gift? Think local and original

By Michelle Donati-Grayman

As Father's Day approaches every year, I find myself scouring stores and poring over websites in an attempt to find the perfect gift.

Sometimes, I'm successful – like this past Christmas when I found a Sriracha gift basket – which happens to be my dad's favorite condiment. However, more often than not, I end up settling for a gift card to a home improvement store. He claims to love it, but I have to believe that's the equivalent of buying mom a blender.

This year, I started early and looked local to create a list of my own that hopefully will serve as a resource for other Arcadians shopping for their dads this month:



O.H.S.O. offers "Brew with Us" courses.



Spoil Dad with relaxation at V's Barbershop.

For the craft beer lover...

If your dad is into the craft beer craze, give him the gift of crafting his own at an O.H.S.O. "Brew with Us" event. At the events, guests learn about the brewing process, help brew beer and craft their own versions of beer. The cost is $50, but that includes a $50 gift certificate to O.H.S.O. Register for "Brew with Us" on your Smartphone by downloading the O.H.S.O. app. You can also call 602-955-0358 for more information.

For the grill master...

The Phoenician, a AAA Five Diamond property, is offering a BBQ Basics for Dads & Kids class on Saturday, June 14. At the event, families will learn about marinades, rubs (which the kids will get to put together and mix) as well as techniques and methods to grill chicken, pork and beef. Dads will receive a gift basket with house-made BBQ sauce from Relish Burger Bistro, golf balls and a Phoenician apron to take home. The event is open to resort guests only. The cost is $49 for adults and $24 for children 12 and younger. Summer room rates are a steal at $159 per night. For more information, visit thephoenician.com.

For the foodie...

Whether you make the journey to Queen Creek or the storefront at the Biltmore Fashion Park, a gift from the Queen Creek Olive Mill is sure to satisfy the foodie in every dad. The company offers olive oils, balsamic vinegar, stuffed olives, jarred spreads and other specialty foods that can be purchased à la carte or as a gift basket. If your dad is into spicy food, he'll love the chile or chile lime-infused olive oil ($13.95 per bottle). If he's more of a bacon guy, the mill's bacon-infused olive oil ($15.95 per bottle) is sure to be a hit. For more information, visit queencreekolivemill.com.

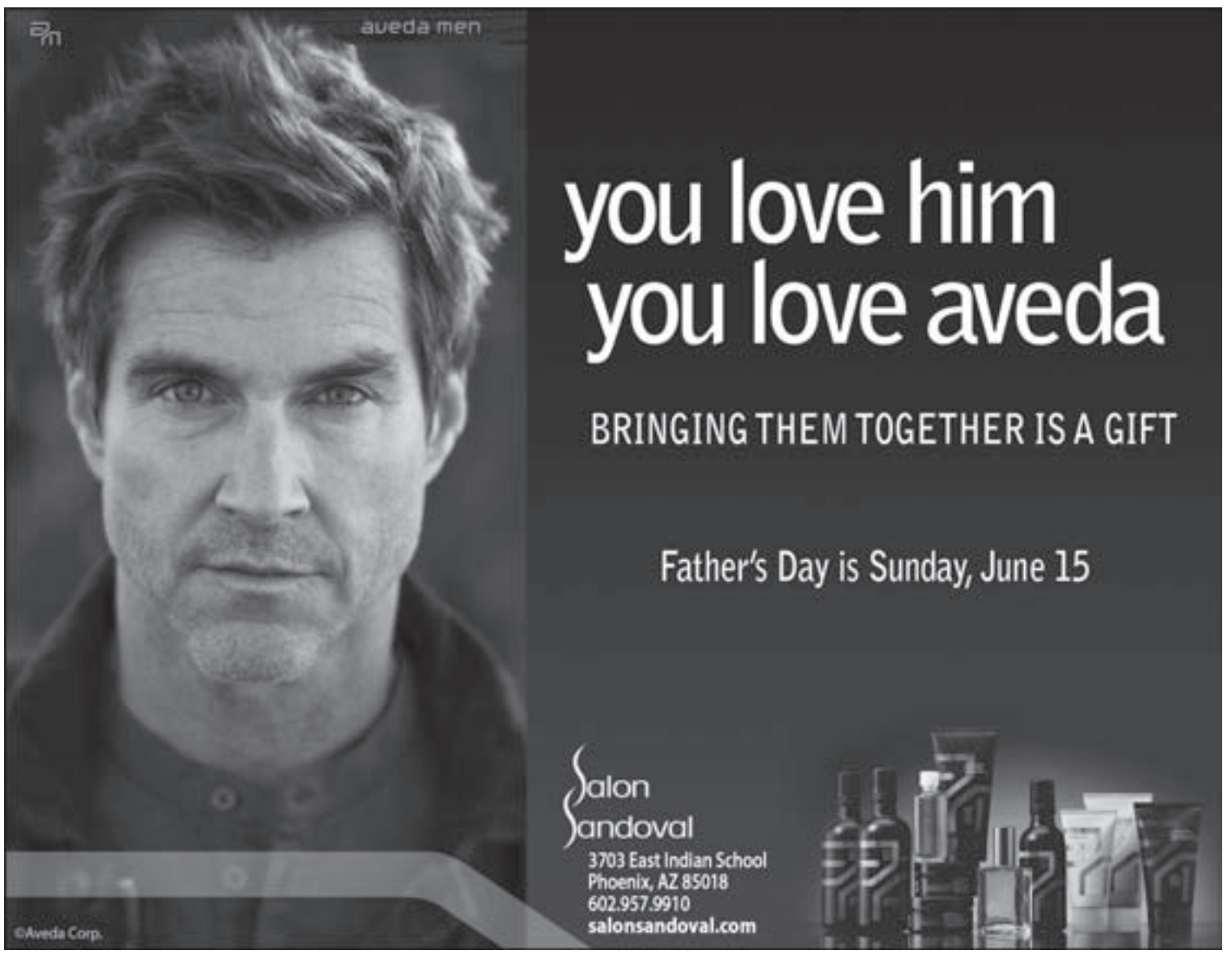
For the stressed...

Most dads get regular haircuts, but they likely don't indulge in many extras at the barbershop. Pamper dad this Father's Day by spoiling him with a package from V's Barbershop. Options range from The Works ($45) which includes a shampoo, haircut, shave and shoeshine to The Whole Deal ($70), which includes a relaxing facial and face massage, in addition to everything included in The Works. Gift certificates are available for purchase at V's Barbershop, which is located at 4801 E. Indian School Road, Suite 3.

For the hard to buy for (aka my dad)...

La Grande Orange creates custom gift baskets for all occasions, including Father's Day. Contents are based on what you think dad would enjoy, with the help of LGO's suggestions. Options for basket components include wine, microbrews, gourmet cheese, meats, olives and other treats. An assortment of books, including my personal favorite, "Dads are the Original Hipsters," by Brad Getty as well as masculine-scented candles to help Dad relax and unwind also are available. There is a $10 charge for the basket along with the cost of the contents. For more information, call 602-840-7777.

No matter what type of guy your dad is, don't be afraid to get creative this Father's Day. Perhaps the best gift of all will be surprising him with a thoughtful gift that comes from the heart.



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Here's what a client of Susan's has to say...

Dear Susan and Rich, I know the sale of Mom's home was a challenge on a lot of levels. Your suggestions for showing; working through what seemed like an insurmountable title issue (I'm not sure anyone else could have done that on the first run at it like you did – that took a tremendous amount of expertise and singular focus); sharing resource information when I had no idea where to begin... My words can never express how much I appreciate you and all of your considerable efforts on our behalf. Everyone should have the good fortune to work with such an outstanding team. - Bev Hanson

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Mountain View Precinct commander begins role

By Katie Mayer

He has been a patrol officer in Phoenix's busy Maryvale Precinct, trained the department's newest recruits, supervised tactical training, and most recently served as the Duty Commander overseeing the city's active nighttime hours.

Phoenix Police Commander Marcel Spaulding recently brought his nearly 29 years of policing experience to Arcadia residents, as he stepped into his newest role leading a team of 200 sworn and civilian staff as Mountain View Precinct Commander.

"I like helping people and I like serving the community and the city," Spaulding said. "I also appreciate the stability. This is still a noble profession."

Although Spaulding has worked in nearly every unit in the Phoenix Police Department, he has also spent years working in the Mountain View Precinct, which was formerly known as Squaw Peak Precinct. The Mountain View Precinct has an estimated population of 214,386 and is just less than 37 square miles in size.

"The versatility attracts most of the officers who work here," Spaulding said.

The Mountain View Precinct houses some of Arizona's multi-million dollar homes as well as low cost apartments and housing, and the day-to-day work is varied.

In his new role, Spaulding works days during the week and oversees the patrol, property crimes and domestic violence units, as well as the Neighborhood Enforcement Teams and Community Action Officers.

He said he is most excited to be able to make a positive impact on the officers he oversees, including helping them continue building their careers and reach their goals.

"I have known Commander Spaulding my entire career and I have had the opportunity to work with him in different work assignments," said Phoenix Police Assistant Chief Harry Markley. "He is an extremely hard worker, knowledgeable, caring and brings almost three decades of police experience with him."

He added, "I know he will be successful in this assignment and he will further the community policing efforts within the Mountain View Precinct."

Although Spaulding has built a highly successful law enforcement career, he said he almost joined the military instead of going into police work.

"I really didn't have any interest in being a policeman," Spaulding said. "I wanted to go into the medical field, so I took the ASVAB test for the military."

However, while Spaulding waited for his results, two of his cousins working for Phoenix Police Department told him how much they enjoyed their work and explained that if Spaulding didn't like the academy, he could quit at any time.



Commander Marcel Spaulding

Needless to say, Spaulding stuck it out, and at the age of just 22 years old, began patrolling the streets of the Maryvale District.

Today, Spaulding enjoys the role of helping to mentor and train not only the officers he oversees, but youth in the community as well.

He has served as a wrestling coach in the Deer Valley Unified School District and continues to work as a wrestling referee. A few of the students he coached have even joined the police force because of the impact Spaulding had on their lives.

Spaulding has a Bachelor's Degree in Human Services from Ottawa University and holds teaching credentials for substitute teaching in Arizona, as well. He also has a Community College Teaching Certificate and has served as adjunct faculty for Rio Salado Community College in the area of Law Enforcement Technology.

In his free time, Spaulding enjoys spending time with his wife and teenage daughter, as well as staying involved in sports and fitness.

Spaulding said he looks forward to continuing his new assignment and serving Arcadia's residents.

"The people in Arcadia are pretty active and they call us if there is something suspicious," Spaulding said. "It seems like there is a pretty good network of neighbors that look out for each other."

"He added, "Anytime that you have an active community, in my opinion, you have less of a chance for crime."

To learn more about Phoenix Police Department's community events or to attend the precinct's "Coffee with a Cop" which Spaulding attends, visit phoenix.gov/police/precincts/mountainview.



Matt Murphy works with couples at St. Theresa to strengthen marriages, as well as families.

Longtime parishoner looks at improving marriages

By Sarah Stecko

Father of five and life-long parishioner of St. Theresa's Catholic Church in Phoenix, isn't just focused on his close family bond, but also strengthening marriages in the community.

Matt Murphy started the group as the ministry's Covenant of Love and it was just introduced to St. Theresa last February. It stemmed from a Texan ministry where couple, Greg and Julie Alexander created date nights and other relationship-building activities. With the increase in the divorce rate, Murphy decided it was needed here.

"I grew up with divorced parents, it's hard to find solid marriages these days," Murphy said. He believes it is important to have good role models for children, so they can see healthy marriages to build united families.

For him, it's not just about marriage—it's about creating the stable foundation for the children. "As a father, my job is to help lead my wife and children closer to God and ultimately to heaven," Murphy said. "The best way for me to do that is to send them to a faith and love centered Catholic school and for them to grow up in a home with a strong, healthy, faith-filled marriage."

In the Murphy family, it is tradition to attend St. Theresa School and his father and his seven siblings did, as well as Matt and his five siblings. Now, his four young children are either already enrolled or will be soon. The couple has a fifth one on the way.

Murphy's commitment to his family and his church goes back generations. "My grandfather was very close with the previous Pastor and even helped build the current church back in the 70's," he said. "My parents and later I, became close with the current Pastor, so I grew up with a very strong sense of community at St. Theresa."

So when Murphy and his wife, Olivia began their marriage and family, they wanted that same sense of community. But going to church every Sunday was not enough involvement for the family, they wanted to become a part of the parish. The two purposes for the covenant was to enrich marriage of course, but also to strengthen the community.

Murphy and Olivia were just looking for a fun activity to do as a couple, not counseling. "I realized there was really no group just for couples with no problems," he said.

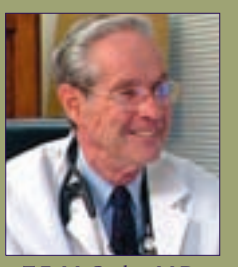
The Covenant of Love's date nights are held once a month on Friday. The upcoming evening out will be June 13, running from 6:30 p.m-8:30 p.m. and opens with various speakers, including the priest and couples telling their stories, followed by a romantic dinner with drinks. There is no charge to attend a date night and child care is also offered on-site for no cost. RSVP is not necessary, however it is recommended if child care service is needed.

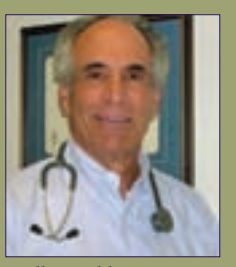
Today, there are 10 couples who attend core team meetings according to the curriculum from the Alexander House ministry in Texas. While some discussions are from a Catholic perspective, couples outside of the parish are welcome to join.

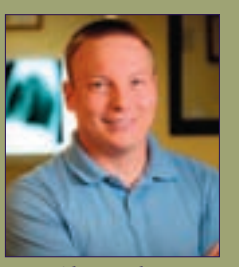
"It's so amazing to see couples come that have been together for 20, 30, 40 or even over 50 years," Murphy said.

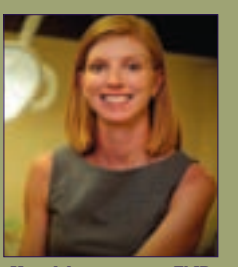
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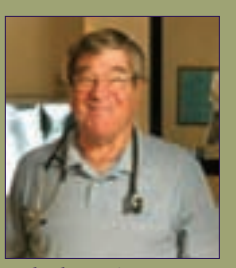

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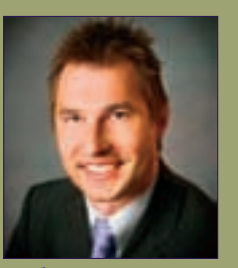

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Honor bestowed on vets with D.C. trip

By Katie Mayer

U.S. Air Force Capt. John Marusiak, Jr. had just finished bombarding a railroad yard and was getting ready to fly his P-47 Thunderbolt back to the base, when something in the sky caught his attention.

Two puffs of white smoke emerged nearby. Then, two more appeared.

Marusiak looked back from his single engine plane and saw an aircraft behind him. It was trying to shoot him down.

The quick thinking fighter pilot scrambled to go after the enemy, but then he remembered – he was out of ammunition.

"I couldn't go after him," Marusiak said. "I hit 500 miles an hour downhill getting away from him."

Marusiak made it back to the base safely that night. And fortunately, despite 105 WWII missions serving in the 512th Fighter Squadron, Marusiak made it home safely every time.

Today, the 97-year-old veteran and entrepreneur lives near Arcadia, and in April, attended the Honor Flight Arizona trip to Washington D.C. with his daughter Carol Ann Marusiak. The Honor Flight Arizona trip provides a free three-day trip for WWII veterans to see the National World War II Memorial.

Unfortunately, the memorial was only completed in 2004, so the majority of the 16 million veterans who served in the war, have not been able to visit. Marusiak was the oldest to ever attend from Arizona, Carol Ann said.











Veteran Captain John Marusiak Jr. flew the P-47 Thunderbolt for the U.S. Air Force in WWII and recently visited the monument with his daughter, Carol Ann.

"He is a fascinating man with a very interesting story that should be shared," the proud daughter said of her father.

Carol Ann's son Jason Marusiak has even followed in his grandfather's footsteps and recently returned from deployment in Afghanistan where he flew Apache helicopters in the U.S. Army.

Marusiak, originally from a small town south of Pittsburgh, said he made the decision to join the military on December 7, 1941 when he heard that Pearl Harbor had been attacked. It wasn't long afterward that Marusiak boarded a coal-burning train and headed west to Santa Ana, California to take his physical and begin training.

The U.S. Air Force, then called the U.S. Army Air Corps, assigned Marusiak to train at Thunderbird Field in Glendale which is currently home to the Thunderbird School of Global Management. He first learned to fly a twin engine biplane.

From there, Marusiak went to several other bases to train, including fighter pilot training before being deployed to England. During his time in service, Marusiak flew fighter planes that often held 1,000 rounds of ammunition and two bombs. His missions were mostly focused on destroying enemy supply lines and airplanes on the ground. He flew all over France, Belgium and Germany.

"When D-Day occurred, we had 45 airplanes at one time and flew over Normandy," Marusiak said. "We were there to protect them from other airplanes bombing the troops, but it was a terrible time for the troops on the ground."

Marusiak remembers his time serving in WWII clearly despite how many decades have passed. He often smiles when he speaks about the P-51C Mustang and P-47 Thunderbolt he flew, and especially loved the second one. He remembers sleeping in tiny tents, always staying on the move and enjoying fine French champagne for only 50 cents a bottle. And he also remembers the close calls.

"One day when we came back from our missions, they told us not to land where we were planning to land, and they had us go to another place," Marusiak said. "When we landed there, we learned that evening that the Germans came by and bombed our area, but we had already left and there was no one there."

Marusiak retired from the military in 1965 and then bought a home in Arcadia. After a while he "got tired sitting around golfing with old guys" and he and his wife Angeline founded the now Tempe-based business Micro-Tronics, Inc., a full service machine shop, which has grown to 140 employees and is now being operated by their children.

Angeline, a businesswoman and pilot herself, died more than eight years ago. She and Marusiak first met dancing and Marusiak knew she would be the woman he'd marry. He wrote her letters throughout his time in the war. Together, the couple had five children and today there are 12 grandchildren and four great-grandchildren.

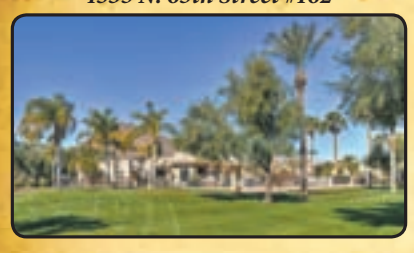
Throughout the rest of Marusiak's military career, he worked as a test pilot and flew parts for delivery across hazardous skies. He also patrolled the skies over the White House, was stationed in Okinawa Island and even worked at the Panama Canal Zone. He retired with the rank of Lieutenant Colonel.

On his 95th birthday, Marusiak flew the beloved P-47 Thunderbolt from Deer Valley to Casa Grande. Today, he still enjoys attending air shows, playing golf and bridge and reading all of the latest technology and military publications.

"It amazes me all that he did and he is so humble," Carol Ann said.

For more information on Honor Flight Arizona or to donate to the program, visit www.honorflightaz.org.

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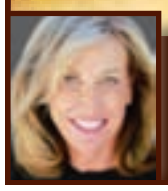


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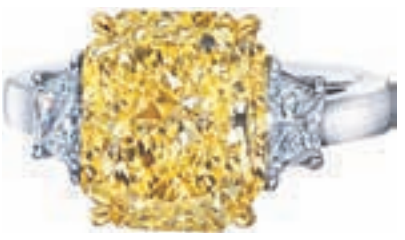
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Arizona offers adventurous summer vacation options



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Arizona parks offer many options.



Time travel to the Old West.



All aboard for a rail adventure.

By Michelle Donati-Grayman

Summer adventures often begin with a road trip.

Most of us have a memory of a road trip tucked away from our childhood. I'll never forget the time my family got lost en route to our hotel in California. My dad refused to stop and ask for directions. We drove around for what seemed like hours, begging him to pull over. When we finally arrived, he claimed we were never lost. Rather, we were just taking the scenic route.

In the words of Clark Griswold – and my father – getting there is half the fun. However, let's not forget that while the adventure may begin when you pull out of your driveway, the other half awaits you at your destination.

As a travel resource, AAA Travel has compiled a list of four Arizona adventures to take this summer:

Arizona Jeep Tours

If you want to experience Arizona's diverse landscapes while enjoying some off-road fun, look no further than a Jeep tour. For a casual, comfortable experience, consider the Scenic Sedona Adventure aboard a luxurious, custom-built Mercedes Benz. Another option is the Cactus Canyon Adventure, a medium impact, 4x4 tour through the starkly beautiful Sonoran Desert. And for the brave, consider the Broken Arrow Jeep Tour. This high-impact tour will leave you holding on tight for a heart-pounding descent down the "Road of No Return." Tours range from two to 12 hours and start at $80 per person. For more information, visit az.aaa.com/travel.

Park It

Arizona is home to more than 30 state parks. Each provides different activities and scenery, including beaches, boating, biking, swimming and more. In fact, some even offer free WiFi. Entrance fees are affordable and camping is an option at 14 state parks during the summer months, with fees ranging from $15 to $50 per night. Three parks offer camping cabins complete with beds, heating, cooling and electricity – that's my kind of camping! Rates range from $50 to $75 per night. Visit azstateparks.com to reserve your campground or cabin today.

Old West

The Old West is alive and well in many parts of the state. Tombstone, Bisbee, Jerome and Prescott are just a few Arizona towns filled with family-friendly attractions, tours and entertaining re-enactments. Spend a day reliving the reality and legends of the Wild West. Ghost tours, mining, shoot-outs and more await you. Map out your Old West adventure by visiting az.aaa.com/travel/maps.

Ride The Rails

The Grand Canyon is included on almost every Seven Natural Wonders of the World list, attracting more than 5 million tourists every year. This summer, consider exploring the Canyon by rail. The Grand Canyon Rail offers an unforgettable experience for the entire family. Several travel options and offers are available, from train only to train and hotel packages. Kids can ride for as little as $29. The train departs from a depot in Williams, which is about a 2.5-hour drive from Phoenix. Give yourself extra time in Williams to explore Bearizona, a popular, drive-through wildlife park. For more information, visit aaa.thetrain.com/.

The desert that surrounds us makes for a perfect summer playground. Whether you opt for something on this list or an idea of your own, hop in the car and create your own Arizona adventure this summer.

But if you get lost – or opt to take the scenic route as my Dad would say – please know that it's perfectly acceptable to pull over and ask for directions, or download an app that can serve as your co-pilot, like AAA Mobile. Your family will thank you for it.

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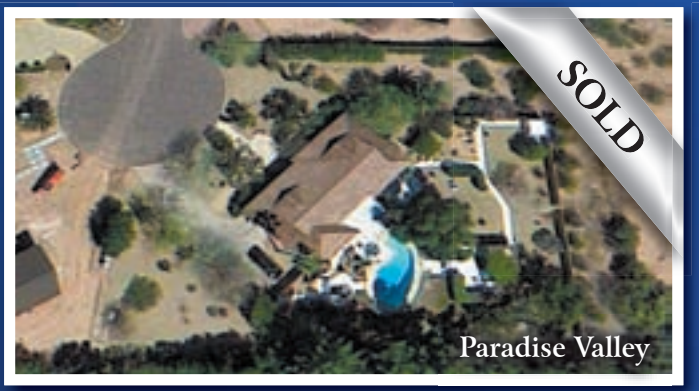
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Imagination destination takes kids all over the world

Kids' Corner

By Lisa Weisenburger

Sometimes you don't have to leave the house to get away. In this month's Kid's Corner, we turn the air conditioning down, fill the blender with a little fruit, coconut water and lots of ice, dial up some Jimmy Buffett and escape to a far off land.

At the Weisenburger home, we call this the Imagination Destination.

When my older boys were young we went to some pretty fantastic places in the summer. We escaped. We went to the rainforest and the jungle. Last summer we even went to outer space. But in reality, we never left our dining room table!

In my quest to bridge academic years, each summer excursion has a little lesson with math, science, reading, and of course writing in the travel log. To avoid any initial arguments, I pick the destination.

I gather all the books from the kid's shelves and even my own that remotely relate to the place we'll go. I spend some time on the Internet with my printer close at hand and collect the toys and parts of games sets and play sets that are in some way connected to our destination. Every single item is then piled on the dining room table.

From there we let our imaginations drift to our destination...a little bit...almost every day of the long hot summer.



A summer lesson can be disguised as fun through art and travel.

This summer we are off discovering ponds, learning everything we can about that microcosm. My online research revealed hundreds of free reproducible goodies connected to ponds, their plants and animals, and their entire ecosystem.

A frog life cycle worksheet and booklets that the kids can color, cut and assemble are also great parts of this lesson. We will read *Frog and Toad, Froggie Learns to Swim, and The Red-Eyed Tree Frog.* I am finally putting all those Scholastic book orders to excellent use

I found directions for little origami jumping frogs and we have now spent hours folding and creasing and coloring and then having hopping contests. We have measured ten consecutive hops and figured out the average distance an origami frog can hop. Not a lot, by the way.

We mixed all of our left over green paints (because I didn't have enough of any one shade) and created our own special shade of green lily pad. And to add a few pink flowers to the lily pads, we used the leftover pink tissue paper from Valentine's Day and made petite paper flowers to attach with simple white school glue.

After creating the separate parts of a pond, it was clear to me that we needed to pull it all together. I wish you could've seen the look on my six-year-old's face when I said, "Come on, let's paint the windows blue and pretend we're IN the pond!"

I did mix a little dishwashing liquid into the paint in hopes that at the end of the summer the paint is easier to remove, but I will worry about that in August. We put a tree on the edge of the pond made of brown craft paper and used recycled magazine pages for a leaf here and there. We have marsh grass made of leftover scrapbook paper and Easter basket filler.

So far, my son's favorite thing, besides painting the windows blue, has been making butterflies and dragonflies out of random plastic utensils.

We even found a use for the plastic flies and spider rings that were lurking at the bottom of the toy box and played a toss game into the mouth of an empty oatmeal container "frog."

Every fulfilling academic experience culminates with a field trip. Did you know

Knife Dragonfly

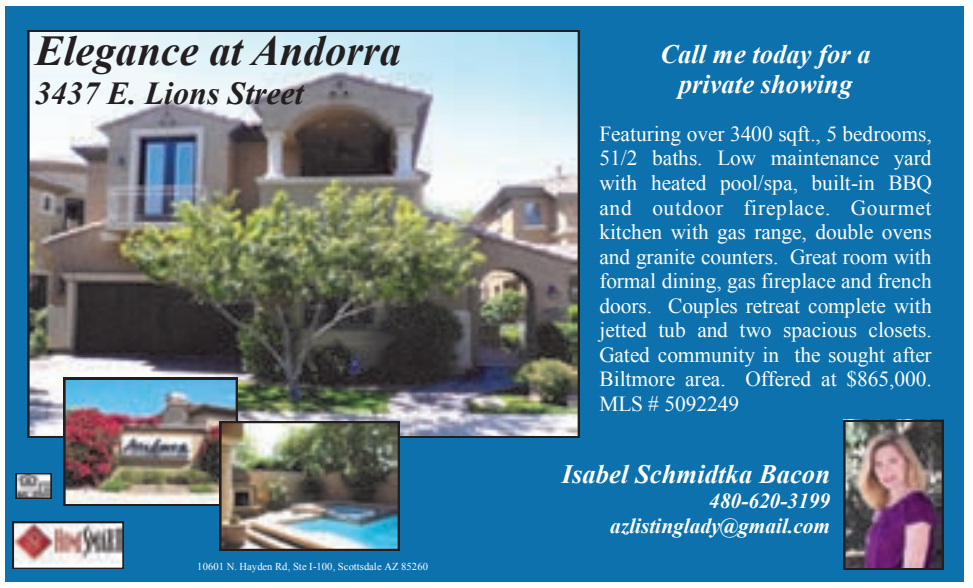


WHAT YOU WILL NEED:

- One plastic spoon
- Two plastic knives
- Googly eyes or sharpie
- Spray paint
- Glue gun

Spray paint the knife "wings" your color of choice and do the same with the spoon "body." With low temp glue gun, glue wings crisscrossed onto the spoon. Add eyes and decorate.

Continued on page 27



Kids' Corner

Continued from page 26

there's a Greater Phoenix Pond Society? This group is for pond lovers and pond owners. They have an annual pond tour that ranges from a few hundred gallons to 11,000 gallons. Check out www.phoenixponds.com.

Have you ventured to the Boyce Thompson Arboretum State Park? Queen Creek runs right through the arboretum and is a beautiful example of a desert water source and the beautiful plants that provide a home for wildlife in the area. Their calendar includes a Butterfly Walk, a Dragonfly Walk, and an Edible and Medicinal Desert Plants Walk just to name a few of the educational offerings. Go to www.pr.state.az.us for hours, fees, and an event calendar.

In addition, the Arizona Game and Fish Department is recognized as having one of the best urban and community fishing programs in the country? Papago Ponds is open from sunrise to sunset and has three ponds totaling over six acres. The ponds are stocked from mid-September through June for fishing. See www.azgfd.gov for details.

Our recent field trip took us to the Rio Salado Habitat Restoration Area, which is a five-mile stretch of the Salt River just south of downtown Phoenix. Not only is the space incredibly green and lush, we were able to see ducks, herons, very large



catfish, and toads. The water lilies and other marshy plants were just as we'd seen in our pond and frog books.

The Rio Salado Restoration Area has paved and gravel trails and is an effort to restore the native wetland and riparian centers that were historically part of the Salt River habitat. It is remarkable to me that this exists in the heart of our city.

Our pond-life Imagination Destination is limited only by our creativity. And of course, as I was focusing on the life cycle of a frog, my son reminded me that "fish live in ponds too, and don't you think it would be cool if we got a Japanese fighting fish?"

It just may be time for a road trip!





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With temps on the rise, local resorts offer prime deals

Places *We Liked*

By Amanda Goossen

Phoenix Arizona might be hot in the summertime, but for those of us locals who decide to stay in town, there is a distinct advantage. The luxurious resorts that tourists visit all year long are suddenly offering amazing rates, packages and offers that are simply too good to pass up.

Taking a tour throughout the city over the past month, it's become quite obvious to me that our city is home to some of the most fabulous hotels, resorts and accommodations not only in the United States but also in the world. Many rich with historical significance, and all with distinct attributes, living in the lap of luxury has never been so easy or affordable.

Whether you're looking for a quick getaway with the one you love or a summer vacation with the family, take a look at what the Valley has to offer; it might be more than you ever expected.





Hotel Features

- Fine Eateries
- Plush Accomodations
- Elaborate Aquatics
- Entertainment
- Spa and Relaxation
- Kid-Friendly
- Summer Pricing

William Wrigley Jr. passed away only one year after building the home. He left the home and hotel to his son, Philip. The Wrigley family owned the Arizona Biltmore for over 44 years.

In 1973 the Wrigleys sold to Talley Industries and the hotel was closed for renovations. During the construction a welding torch ignited the gold leaf ceiling in the lobby, leading to a 6-alarm fire. Architects and construction workers worked around the clock to not only mend the fire and water damage, but to continue their original efforts. In a record 82 days the hotel was back in business, with finer detail and greater beauty than ever before.

Now a Waldorf Astoria Resort, the Arizona Biltmore still lives up to its reputation as The Jewel of the Desert since 1929.

A sprawling property with an old fashioned feel, the hotel has worked tirelessly over the years to renovate and keep things up to modern day standards.

Complete with High Tea, a piano played over the years by music's most talented pianists and lush grounds of green lawns and oversized palms, the Biltmore is rich with old fashion beauty and historic relevance.

A 20,000 sq. foot spa and fitness center, 18-holes of golf and a variety of pools including the Paradise Pool with water slide and the historic Catalina Pool which was Marilyn Monroe's favorite and a more peaceful, tucked away place to swim and sunbathe, make the resort a place to not only relax, but play as well.

And elaborate activities such as a kids' camp, firework displays, campfire s'mores, kids' cooking classes, restaurant beer tastings and history tours make the Arizona Biltmore a high society hotel with a definite family feel.

Continued on page 30



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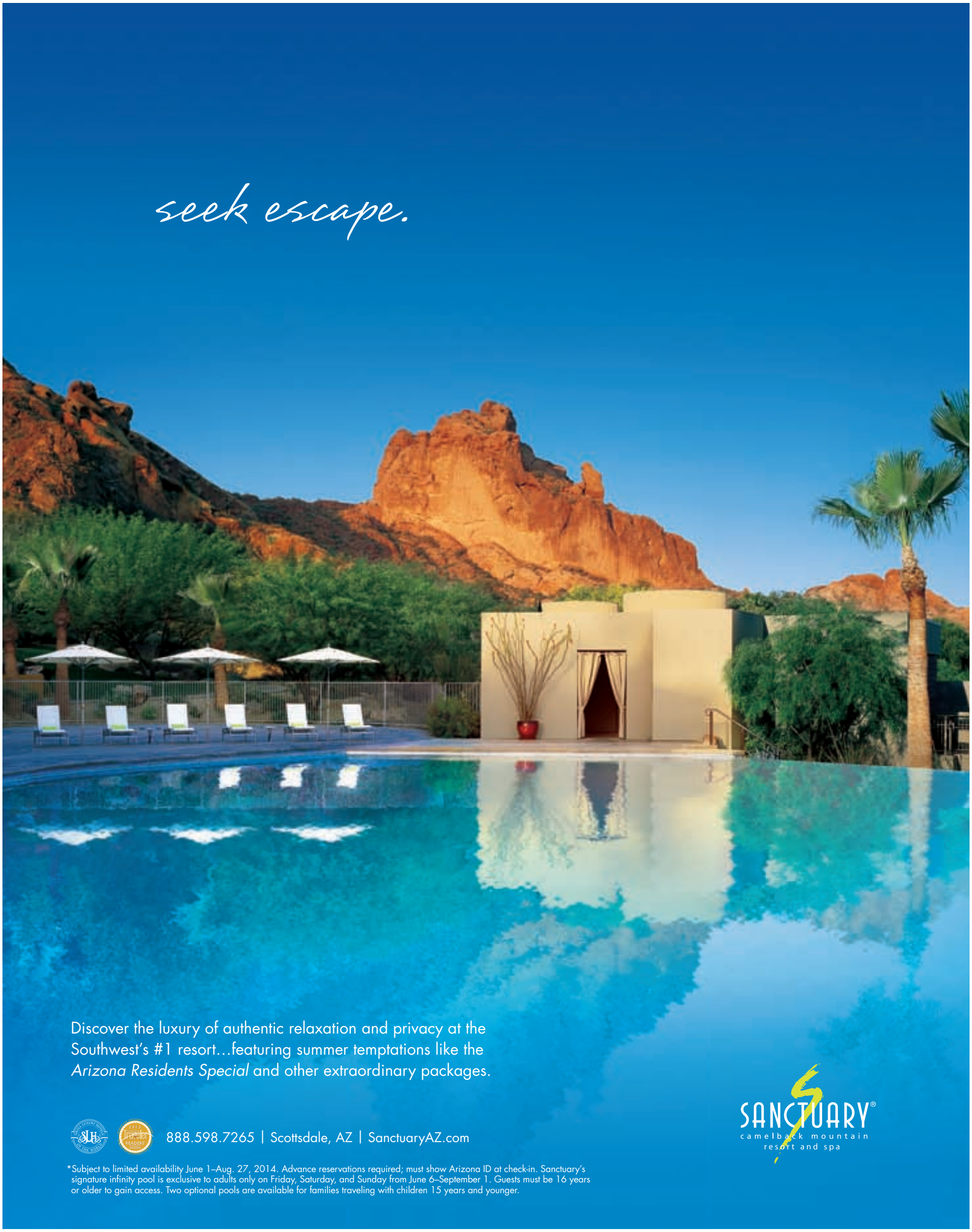
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ARIZONA BILTMORE
2400 East Missouri Avenue
602-955-6600
www.arizonabiltmore.com

Warren McArthur Jr. and his brother Charles McArthur, along with John McEntree Bowman, the entrepreneur behind the Biltmore chain of hotels, opened the Arizona Biltmore in 1929.

The McArthurs lost control of the Biltmore during the depression and chewing gum mogul William Wrigley Jr. bought out their interest. Under his ownership, the Catalina Pool and the Cowboy Bunkhouse areas opened. The hotel became a hot spot for celebrities, including Marilyn Monroe. He also built a home for his wife on the hill overlooking the hotel. The mansion was finished in 1931 and was meant as a 50th wedding anniversary gift for Ada.



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camelback mountain
resort and spa

*Subject to limited availability June 1–Aug. 27, 2014. Advance reservations required; must show Arizona ID at check-in. Sanctuary's signature infinity pool is exclusive to adults only on Friday, Saturday, and Sunday from June 6–September 1. Guests must be 16 years or older to gain access. Two optional pools are available for families traveling with children 15 years and younger.

Resorts

Continued from page 28





ARIZONA GRAND RESORT AND SPA
8000 S. Arizona Grand Parkway
602-438-9000
www.arizonagrandresort.com

Located on 164 acres on South Mountain next to the preserve, Arizona Grand Resort and Spa was originally the Pointe South Mountain Resort until 2006.

Only miles from Sky Harbor airport, the Arizona Grand Resort is the perfect spot to getaway with your family and friends for a fun-filled weekend. Complete with an oversized 7-acre outdoor entertainment center, The Oasis Water Park, the fun is never-ending.

Parents can escape to an afternoon of golf or a moment in the spa before taking the family to one of the five specifically themed restaurants.

An all-suite hotel, The Arizona Grand will remind your family of what summer is all about.





THE HERMOSA INN
5532 North Palo Cristi Road
602-955-8614
www.hermosainn.com

In the 1930s, Alonzo "Lon" Megargee set his sights on a piece of land in present day Paradise Valley. The land was extremely isolated and as he saw it, the perfect location for his one-room art studio.

Lon earned a living as a cowboy, broncobuster, stud poker dealer, commercial artist and homebuilder. Although he was reportedly a ladies man, chasing numerous dreams, the most important thing was his adobe studio. Using sandy desert soil, Lon hand made each adobe brick on site and slowly began the building process. With no formal plans, Lon learned the skills he needed along the way, eventually completing the home he came to call Casa Hermosa (beautiful house).

With little cash rolling in from his artwork, Lon began making extra money running Casa Hermosa as a ranch house. The casa became a quick hit, possibly due to the rumors of gambling as well as underground tunnels, used to disguise any illegal activity.

Decades later, after changing hands multiple times and even surviving a fire, which destroyed the main house on the property, the Hermosa Inn remains one of the areas most extraordinary hotels.

A boutique experience, the hotel pays tribute to its original owner and builder with Lon's at the Hermosa restaurant and a $2 million art exhibit from Figarelli Fine Art, which can be experienced through the Hermosa Inn Art Walks Tuesdays, Wednesdays and Fridays at 11 a.m.

A newly added art program with area artist Carrie Curran allows for even the most inexperienced guests to feel like an artist for the day with individual and group classes. Ask about the "Artist for a Day" summer hotel package, which brings together not only a luxurious hotel stay but the art experience as well.





HOTEL PALOMAR
2 East Jefferson Street
602-253-6633
www.hotelpalomar-phoenix.com

Downtown Phoenix has grown to be one of the most happening parts of the city, evolving to a dining and artistic hotspot.

This summer there is no better place to get away with a group of friends to enjoy everything downtown has to offer, while also experiencing some of the Kimpton hotel's excellent service and comfortable, plush rooms.

Set in the fantastic Phoenix CityScape, Hotel Palomar is a stylish stop in the middle of a bustling area. The rooftop pool provides a great place to party or even take a morning yoga class, while Blue Hound Kitchen will mix up their signature cocktails.





HOTEL VALLEY HO
6850 East Main Street
480-248-2000
www.hotelvalleyho.com

In the mid-1950s, Robert and Evelyn Foehl came up with an inspired hotel concept. Robert had worked at the Arizona Biltmore and had managed the Jokake Inn. He was confident in his knowledge and worked hard to establish investors and an architect, to bring his dream to fruition.

Designed by Edward L. Varney, a student of Frank Lloyd Wright, the building was created with the desire to be "forward looking and futuristic." In March 1956 a contest was held to name the hotel. "Valley" was applied because of its location, near Paradise Valley and "Ho" was used because of its Aboriginal translation "You Are Welcome Here."

The Valley Ho opened its doors in 1956 and became a quick hit amongst locals, tourists and celebrities.

In 1973 Robert Foehl passed away and Evelyn sold the Valley Ho to Ramada Hotels. The new ownership brought with it a total redesign, as Ramada tried to cover up the 1950 design that they saw as outdated. Slowly, the Valley Ho lost its popularity.

Westroc Hotels bought the Valley Ho in 2002 and worked to bring back the brilliance that had once pulsated from the walls. A seven-story tower was added in the spirit of Varney's original design and the "retro-chic" look was dramatically brought to the forefront. The hotel

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THE PHOENICIAN
A LUXURY COLLECTION RESORT

Scottsdale



SURGE INTO SUMMER

This summer, The Phoenician invites you and your family to get together while getting away from it all. Surrounded by the contemporary Five Diamond luxury you've come to expect from Arizona's premier resort is SURGE: a refreshingly new interactive water experience sure to bring out the kid in everyone. Elevate your escape among our emerald green fairways, lavish spa, and eight enchanting pools. Presenting a mountain of cool and relaxing pursuits from which to choose, The Phoenician is your summer vacation destination.

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*Mention Rate Code: LCSMMR when calling or visit thephoenician.com/offers. Valid May 26, 2014 – Sept. 1, 2014. Subject to availability. Cannot be combined with any other discounts or offers. Some restrictions may apply. Basic room rate does not include $29 resort charge imposed per room per night, and state/local taxes.

Resorts

Continued from page 30

reopened in 2005 and is now a AAA 4-diamond award winner.

Along with its retro-chic vibe, the Valley Ho promises comfort and class within a hip atmosphere. Known for its excellent spa services, stylish bar and a restaurant not only overflowing with the cool-factor but also excellent food, the Valley Ho is the place to be.

A variety of room options allow for guests to choose their own experience, while regular pool parties and the Old Town Scottsdale trolley stopping just outside the property, give guests a variety of ways to have a good time.



JW MARRIOTT CAMELBACK INN
5402 East Lincoln Drive
480-948-1700
www.marriott.com

Once upon a time, Jack Stewart had a dream. As a young hotel manager, he convinced a group of investors led by John C. Lincoln, to finance a resort, which looked upon Camelback Mountain. In 1936, Stewart's wish came true and the Camelback Inn was born.

Known as Scottsdale's first luxury resort, it originally accommodated 75 guests and became a favorite spot of wealthy travelers. The hotel was reached by enduring a 12-mile road of rough terrain from Phoenix and brought its guests into a secluded world of Southwestern adventure. Horseback riding and desert explorations, as well as numerous outdoor activities charmed guests.

The Camelback Inn was a resort that took great pride in entertaining its guests and establishing a deep connection with those who returned again and again. This great camaraderie developed in the Stewart years has brought families to the Camelback Inn for generations.

Amongst the guests who visited the Camelback Inn in its early years were Clark Gable, Dwight D. Eisenhower and J. W. Marriott, Sr.

Marriott loved his time at the resort so much that The Marriotts made the Camelback Inn their first resort, in 1967.

J. W. Marriott Jr. continued his father's love and interest in the property, expanding and improving various aspects. And the resort has only continued his improvements throughout the years.

The resort features 453-oversized guest rooms and suites, each with a private entrance and garden patio or balcony. Although the hotel is large in size, the overall vibe is serene and quaint.

The Camelback Inn is home to 36 holes of championship golf, six tennis courts, a 32,000-square-foot spa, three swimming pools, and seven restaurants and lounges. It could be said that guests can escape to this desert oasis, experience a world of entertainment, dining options and relaxation and never have to leave the 125-acre property.





JW MARRIOTT DESERT RIDGE
5350 East Marriott Drive
480-293-5000
www.marriott.com

With 950 guest rooms, including 81 suites all renovated in 2011, 10-distinct dining experiences, an 18-hole golf course, a four-acre space of water ways, including a Lazy River, slide and separate pools, 8 tennis courts, and an incredible Botanical Garden, the JW Marriott Desert Ridge is a space where one can escape, with all the amenities you can image.

While the Marriott family may have a property in the area with the Camelback Inn, the Desert Ridge resort is the more family oriented space. With a variety of options for the kids, such as the Family Escape Club, s'mores by campfire in the evening and an aquatic area made with the kiddos in mind, Desert Ridge does an excellent job catering to families without feeling like a family fun center.

Plush rooms and gorgeous grounds make this massive property upscale yet still approachable. The detail-oriented staff creates a world you'll want to enter and never leave.

The JW Marriott Desert Ridge is quite simply a world of its own.



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Resorts

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THE PHOENICIAN
6000 East Camelback Road
480-941-8200
www.thephoenician.com

In the early 1900s, artist Jessie Benton Evans bought 40 acres at the base of Camelback Mountain, giving twelve of those acres to her son, architect Robert T. Evans and his wife Sylvia. On their land, Robert and Sylvia chose to build a unique home, made of adobe bricks and two large bell towers. Upon seeing this home, a young Hopi Indian boy called it "Jokake" meaning, "mud house." The name stuck and as the building was eventually expanded to accommodate visitors for tea in 1926 and overnight guests, in 1928, it was called the Jokake Inn. Although small, the Jokake Inn became the place to stay in Scottsdale.

The property went through multiple changes over the years, even housing an elite school for girls from 1932 to 1945.

In 1985, real estate developer and financier Charles Keating had a vision to build a massive, multi-million dollar resort, bringing a bit of European decadence to the desert. He would purchase the property originally owned by the Evans family, keeping the Jokake Inn intact at the entrance of the new Phoenician Resort.

Now in 2014, the Phoenician is as glamorous as Mr. Keating had once planned, with an upscale beauty that translates for traveling business guests, romantic getaways and families alike. Now owned by Starwood Hotels & Resorts Worldwide, Inc the property includes two experiences – a 583-room AAA Five Diamond luxury resort hotel, and Arizona's only Forbes Five Star, AAA Five Diamond boutique hotel, The Canyon Suites, all on the grounds of the huge 250-acre resort.

Three restaurants, Il Terrazzo, J&G Steakhouse and Relish Burger Bistro, provide guests with dining options as versatile as their own taste buds.

Walking in to The Centre for Well-Being Spa complex is a rejuvenating experience with a variety of spa treatments and a Meditation Atrium to relax even the most tense of shoulders.

A water wonderland sits outside the elaborate hotel lobby with eight swimming pools. Determined to create something for everyone, the Phoenician has built patio tiers, with an activity pool up top including SURGE activity area for kids, and a quieter, more subdued aquatic experience down below. Developed by someone who understood the different needs of guests, the various pools are close enough together to create unity yet feel unique in their options and amenities.

SURGE, the 5,000 square-foot water venue is designed with make-believe palm trees, turtles, lady bugs and other kid-friendly elements, all of which serve as charming water features through which to romp and play. A neighboring cabana-like lounge offers food and beverage to pool guests, including a great kids menu.

The 11 tennis courts, Afternoon Tea, 27-hole championship golf course, Cactus Garden Tour and shopping options will keep guests busy, while the Funicians Kids Club entertains the youngest guests.

And with a variety of room options, the Phoenician is a large hotel with a slight boutique feel.



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Resorts

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POINTE HILTON SQUAW PEAK RESORT
7677 North 16th Street
602-997-2626
www.squawpeakhilton.com

Originally built in the 1940s as the Cactus Rock Lodge, a 14-room hotel and dude ranch, The Pointe Hilton Squaw Peak Resort has undergone many renovations over the years.

Once a favorite getaway for ranch hands and mercury miners from the nearby mountains, the land was purchased in the 1970s by the Gosnell Development Corporations and developed into a 27-acre resort paying tribute to the Old West.

The original building, which housed the Cactus Rock Lodge became the Hole-in-the-Wall Eatin' and Drinkin' place, while the rest of the property was used for the large aquatic space and a variety of hotel rooms.

Hilton purchased the property in 1991 and the hotel underwent $24 million in renovations. Keeping with the Old West theme, Hilton decided to upgrade the amenities and add additions to the already beloved resort.

Now along with the original dining experiences, guests can enjoy Rico's American Grill. The Tocasierra Spa is also a fabulous advantage, even offering classes and specials for locals.

The Hole-in-the-Wall River Ranch, however, is the main attractions on the sprawling property, providing cascading waterfalls, three swimming pools, a lazy river and water slide for guests to enjoy.







ROYAL PALMS
5200 East Camelback Road
602-840-3610
www.royalpalmshotel.com

Delos Cooke, a New York financier, industrialist and the nephew of J.P. Morgan, came to Phoenix in the 1920s with his wife Florence, in hopes of building a sprawling winter home. Sixty-five acres were purchased at the southern slope of Camelback Mountain and a 3,500 square feet mansion was designed by the architectural firm of Lescher & Mahoney. The couple wanted the home to be built in a "Spanish colonial style" and eventually filled it with treasures from their frequent trips throughout the world. The property became home to over 900 palm trees imported from Egypt and were a breathtaking focal point for anyone passing by.

After Delos Cooke's untimely death in 1931, his wife continued to spend her winters at the property. In 1937, however, Florence sold the property to W.E. Travis, then president of Greyhound Bus Lines.

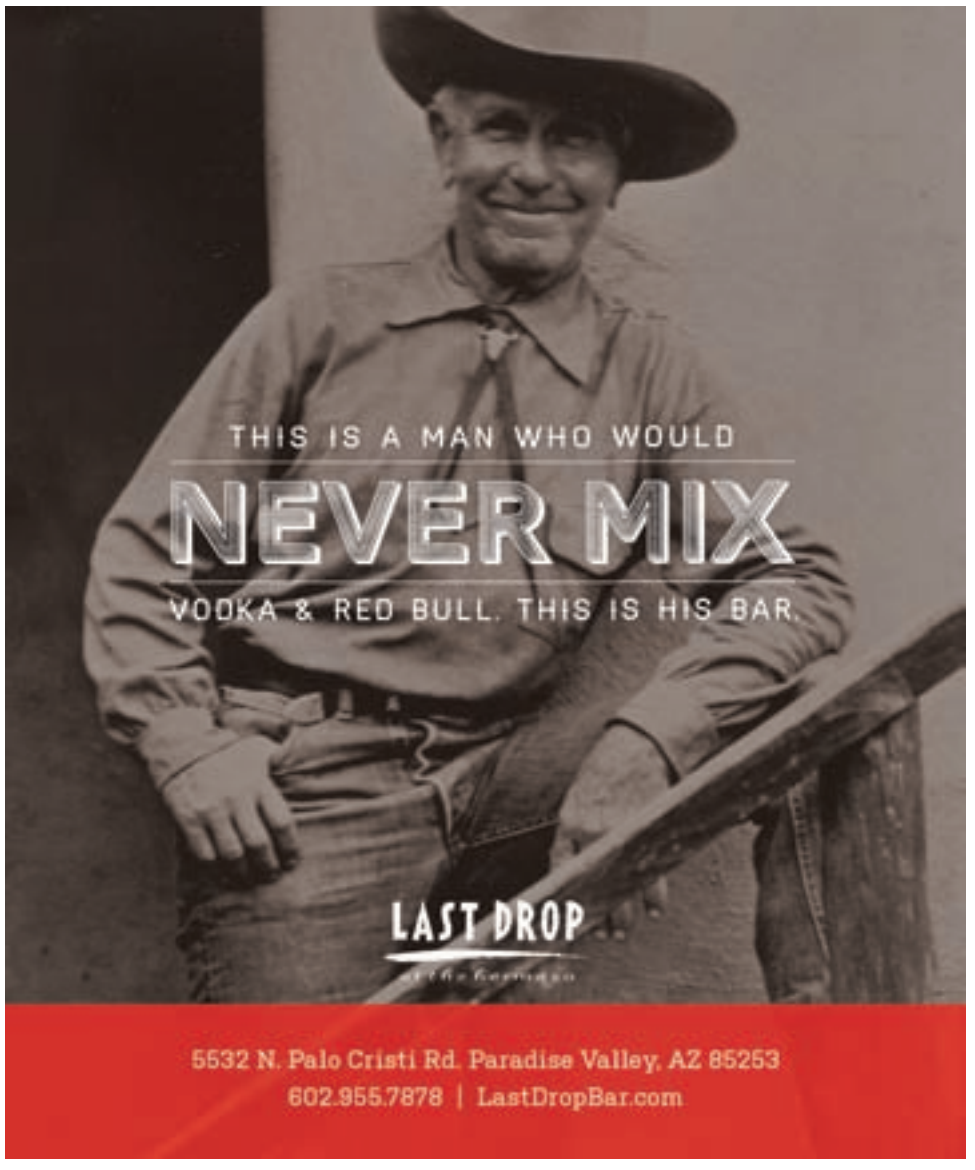
The home changed hands a number of times through the next few years and eventually became the residence of former bandleader, Al Stovall. Stovall and his partners expected a boost in Southwest tourism after World War II and began plans to transform the glorious mansion into a first-class inn. In 1948, the first guests stayed at the Royal Palms Inn, named for its regal palms, which welcomed guests at the entrance.

Charles Alberding purchased the hotel in 1956 and began renovations to turn the beautiful inn into a spectacular resort, adding a swimming pool, additional lodging options and a golf course.

Now owned by Destination Hotels & Resorts, the Royal Palms is rich with Spanish charm and elegance. Lush landscaping surrounds the property, allowing guests to feel as if they've traveled to a true paradise.

A variety of room options including casitas, terraces and luxury suites offer amenities to please, such as views of Camelback Mountain, an intimate bungalow feel, or a 900-sq. ft space

Continued on page 35





Resorts

Continued from page 34

tucked in the private Arcadia gardens. No matter what your choice, each space has tranquility in mind.

The hotel restaurant, T. Cook's, has received local and national praise as one of the best restaurants in Phoenix. The restaurant was renovated in 2013 and shortly after, nationally renowned Chef Paul McCabe took the helm. We are fortunate to have this ingredient-driven restaurant right in our backyard.





SANCTUARY CAMELBACK MOUNTAIN
5700 East McDonald Drive
855-245-2051
www.sanctuaryoncamelback.com

The Paradise Valley Tennis Club, owned by John Ireland, Joanne Dru and Sydney Chaplin (Charlie Chaplin's son), opened its doors in 1956, with five tennis courts, a clubhouse and a casita, where John Ireland would live. His private casita would become a secret hideaway for many famous stars of the 1950s, such as Dean Martin, Esther Williams and Charlie McCarthy. In the 1960s however, after numerous financial problems, a group that included Vik Jackson and John Gardiner purchased the club. Jackson and Gardiner had owned a tennis ranch in California for over ten years and were anxious to create an Arizona tennis resort.

The John Gardiner Tennis Club opened in 1970 with the addition of four new courts and 41 casitas. The ranch quickly attracted celebrities, including Katherine Hepburn and Elton John.

In 1994, however, Gardiner sold his interest and in 1999 Jackson followed suit. The hotels new owner, Robert Castellini, of Castellini Company, was a long-time casa and casita owner at the club.

Westroc Hospitality was hired to take over hotel operations in 1999 and closed the property for construction in 2000. In 2001 the Sanctuary Camelback Mountain Resort and Spa entered the Phoenix landscape. Many of the original tennis courts had been replaced with a pool, spa and a variety of leisure activities.

The property, now in 2014, is nothing short of what the name promises. Sanctuary Camelback Mountain is a slice of paradise situated against our city's most prized landmark.

A truly decadent spa experience along with a swimming pool that exudes relaxation and enjoyment are just two of the advantages of this property. The individual room concepts, placed throughout the property give guests the ability to choose their hotel experience, while always keeping luxury in mind.

And the dining experience at elements brings award-winning cuisine by Food Network star and Executive Chef Beau MacMillian to the hotel, Jade Bar and even poolside. The Sanctuary's kitchen is high on the list of the valley's treasures.





TALKING STICK RESORT
9800 East Indian Bend Road
480-850-7777
www.talkingstickresort.com

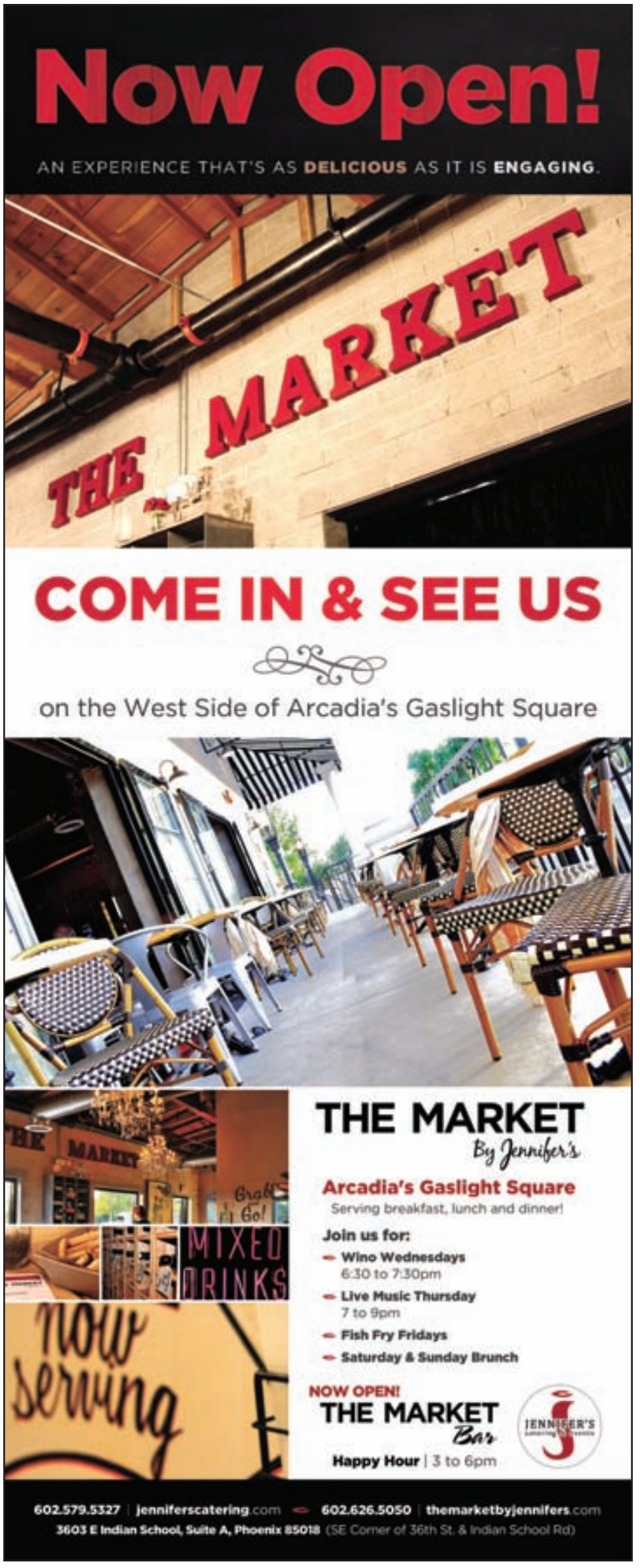
Originally the Casino Arizona, the Talking Stick Resort broke ground on the casino property in September 2006. Once a small casino with 332 slot machines and 45 table games, Talking Stick Resort would open in April 2010 to bring an over-the-top experience to a site once reserved for a tiny taste of Vegas fun.

The Talking Stick Resort now houses 496 deluxe rooms in an environment inspired by the Maricopa Indian Community.

Seven hundred slot machines and a slew of table games fill the 240,000 sq. ft. gaming floor. Five restaurants, an outdoor stage and concert area and a Talking Stick Cultural Center are also part of the resort.

The concert series is something to keep your eye on, with a consistently strong line-up of performers. The summertime pool parties are another advantage, having been called one of the "Best Pool Parties" by the *Arizona Republic*.

With Talking Stick Resort in our backyard, the drive to Vegas seems almost unnecessary.







































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Getting to know your bartender, one question at a time

Hey, *Bartender!*

By Amanda Savage

Full name:
Kaitlynn Bormann
Position:
Bartender, Boondocks Patio and Grill

Where was your first job?

My first job was at the gymnastics facility in NY where I started going to when I was 2. I began working birthday parties on the weekends starting at age 12 so I could help pay for my gymnastics tuition.

When did you get your start in the bar business?

Back in 2010, I had just graduated from ASU. I had been on a full ride for gymnastics and knew I was going to need a job that would enable me to continue school and still pay the bills so I got myself a serving job.

How do you spend your free time?

I don't have too much free time since I need to study but I love playing with my dog and taking him on runs, being outdoors and hiking (when it's not too hot), and just lounging and watching endless hours of Netflix.

I love when I get a chance to do some kind of project having to do with my home.

Oh and I recently bought myself a set of golf clubs and have been trying to become a pro. I've also taken a recently dangerous liking to the blackjack tables at Talking Stick.

Guilty pleasure?

Grey's Anatomy, ice cream and pizza!

Fun fact people might not know about you?

My twin sister and I were adopted from Korea and we met our identical triplet and birth mother for the first time this past October.

What is your favorite thing about being a bartender?

I absolutely love all the people I get to meet and talk to. There are so many interesting people out there and Arizona is a frequently visited state (for obvious reasons) so they come from all over the place!

What about your least favorite thing?

It would definitely have to deal with those few really rude and inconsiderate customers, especially when you're clearly working your butt off and they're not being understanding of whatever situation is at hand. We bartenders are people too and we make mistakes and have off days just like everyone else.

If you could only pick three things that embody a great bartender, what would they be?

1. Strong work ethic
2. People lover
3. Multi-tasker

It's a given that as a bartender you get hit on, or see others get hit on, what is the worst pick-up line you've ever heard?

A guy called me over once to tell me he had yellow fever.

What's your go-to drink when you're out?

I'm a huge fan of craft beer and Moscow Mules.

Where are some of your favorite local spots to hang out?

I honestly spend a lot of the off time I have at Boondocks but on a weekly basis I like going to places like Carlsbad Tavern, O.H.S.O., Rehab Burger, and Talking Stick.

What's your favorite cocktail from Boondocks?

I absolutely love our cocktail at Boondocks called the "Boondocks Blossom." I'm a huge fan of peach flavored anything and it's combined with a few other ingredients to make it flavorful, light and refreshing all at the same time.



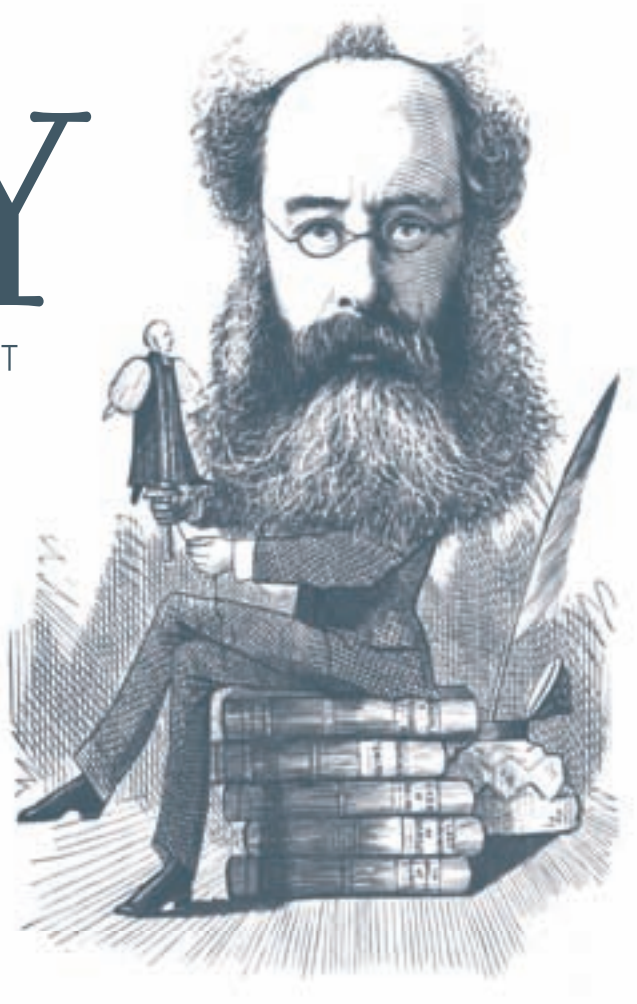
Kaitlynn Bormann

"Boondocks Blossom"
- Peach Ciroc
- St. Germaine
- Lime juice
- San Pellegrino limonata
- Muddled mint leaves

It's your day off, you have nothing to do, money is not an object — what would you be doing?

I would get my friends together and just do anything fun and adventurous we could whether it be hopping on a plane to an agreed upon destination or renting a bunch of water skis and heading out to the lake.

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Dairy alternatives expand options for vegetarian eaters

Veggie *Beat*

By Amanda Savage

June is National Alternative Dairy Month (who would have thought?) so I thought it would be fitting to do something a little different.

Even if you eat meat, the popularity of lactose-free lifestyles has made alternative dairy options popular between both meat eaters and non-meat eaters. Although this column will focus on meat and dairy free living, there's something in here for herbivores and omnivores as well.

I like Sprouts and Whole Foods for alternative dairy shopping. Other grocers sell them too, but I've found that Sprouts and Whole Food consistently supply a lot of options. When it comes to price, alternative dairy products are about double the price of regular, but it depends on how you value food to say if that's just or not. I personally believe in buying less but better quality.

Cheese

Most people I've talked to are a little freaked out by the idea of "fake" cheese. And while there is no true, store bought alternative you can enjoy raw, there are a few decent finds that you can use as toppings and ingredients in recipes. Typically there are soy, rice and almond based alternatives that come shredded, sliced and in blocks. Mozzarella and cheddar are the two most popular flavors when it comes to substitutes, although there are pepper jack and ricotta out there. The shocker with a lot of people when they try cheese alternates is that a lot of them don't actually melt. Daiya is the best melting cheese alternative I've found, it's sold shredded and in slices. It has a sort of funky smell in my opinion, but regular cheese does too. Almond by Lisanatti,



Daiya and Go Veggie are the best I've tried for flavor and melting. The Lisanatti "cheeses" are sold in blocks while the other two brands are sold in shredded and slices form. All of these are soy-free as well.

Mayo

To me, Veganaise is hands-down the best, I've tried Nayonaise but to me it had an odd, overpowering sour flavor that I just couldn't get past. Veganaise is great on sandwiches and substitutes well in recipes that call for the real thing.

Sour Cream and Cream Cheese

There are a few different options out there, but Tofutti is the most realistic to me. While I have never really liked cream cheese or sour cream by themselves I do use these as alternatives in a lot of recipes like artichoke dip, buffalo wing sauce dip and you honestly can't tell the difference. My meat-eating family even loved it, and when I can convince them to eat vegan food, that really means something.

If you are trying to push out dairy, but love cream cheese on things like bagels and toast, try mixing it with fruit, making your own "flavored" cream cheese. This helps disguise the fact that you aren't eating real cream cheese. It works for sour cream by mixing in some chives or garlic salt to really add some strong flavors.

Yogurt

I'm a huge fan of the coconut milk based yogurts. Although they aren't great for diets, they're creamy and sweet. The chocolate SO Delicious makes a great dipping sauce for fresh strawberries. There are a lot of different brands that offer different styles (regular or Greek) from different bases (soy and almond). I do not like the taste of almond based yogurts, and find their consistency to be more like Jell-O than yogurt. Silk brand's consistency comes the closest to real yogurt, although none of them really match up to the real thing.

Milk Alternatives

We're all aware of these. No specialty store required. If you're dieting almond milk is low in carbs and sugar, whereas soy is sweeter and creamier than its watery counterparts and is also higher in calories, carbs, sugar and all of that good stuff. Although I find rice milk to be a little too watery for my liking, almond and soy are both adequate alternatives that go great in cereal or mixed in to recipes.

I know, where's the ice cream? I'm dedicating an entire column to that next month, so stay tuned!

Dining Out

Although dairy alternatives aren't on a lot of local menus, they do exist at local eateries. Below is a list of restaurants that offer meat and dairy-free options. All of the items listed are meat and dairy-free, even though it says 'sausage' and 'nacho cheese.'

Bragg's Diner: waffles, pancakes, biscuits and gravy, nacho cheese, pesto sauce and mayo. www.braggsdiner.com/menu

Sage Kitchen: mozzarella, cheddar and blue cheese available on pastas, pizza, wraps and much more. www.sagekitchenphx.com/vegetarian-menu/

Pizza Heaven Bistro: ranch dressing, veggieball (their vegan version of meatball) sandwiches, hoagies, sausage sandwiches, pasta, calzones, pizza and cheesecake. www.phbistro.com/#!vegan-menu/c14ai

Green: crab puffs, artichoke dip, mayo, a pita quesadilla and more. www.greenvegetarian.com/menu/green-menu

Mellow Mushroom: They offer Diya cheese on pizzas, calzones and salads. www.mellowmushroom.com/corpmenu



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World Champion BBQ rib recipe becomes family favorite

Arcadia's *Cookbook*

By Amanda Goossen

In July of 2013, the Panattoni family made a move that would change their life.

Mark Panattoni had been working in Phoenix for five years, commuting back and forth to Sacramento on the weekends to be with his family. The time had finally come to make Arizona home.

Mark and Marisa, both originally from Sacramento, made the move with their four children, Adone (6), Capri (5), Giada (5) and Giovanni (3), but before they could do that, a lot of research would have to be done.

The couple would travel back and forth a few times in early 2013, visiting the city, looking at school and neighborhoods, before finally settling on Arcadia, the area of town that reminded them of California.

"And now I love it here," said Marisa, "I wouldn't want to go back."

And now with their family settled in to a life in Phoenix, it's a regular event for the Panattoni family to hang out with newly found friends, whether in their own backyard or at their favorite new spot, the Arizona Country Club.

"We've met great people at the club," said Marisa.

If the entertaining falls upon this family, however, one can expect Mark to make his award winning baby back ribs. A recipe born from the other move this couple made, ten years ago, to Memphis, TN.

"Mark's dad had opened offices out there," said Marisa. "He wanted Mark to help out and it was amazing."

While living in Memphis, Mark and Marisa experienced all the sites and sounds of the city, finding themselves ingrained in the incredible culinary scene of the south.

Rendezvous Charcoal Ribs and Gus's World Famous Fried Chicken were two of the couple's favorite restaurants. Both are icons of the area.

"They represent the people and the culture and make great food. It is rare to find BBQ joints in the West that can match the South," said Marisa. "The line out the door and hour long waits for a table or a bag of fried chicken to-go are the proof."

Soon after moving in for their one-year stint in the city, the Panattonis found they were living next door to a celebrity. Well, a celebrity of southern barbecue standards.

Their neighbor Joffre DiSabbatino had previously won the Pork Ribs category of The World Championship Barbecue Cooking Contest, one of Memphis' most well known and popular events with hundreds of teams from all over the world



Continued on page 41



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Cookbook

Continued from page 40

competing for over $110,000 in prizes.

Joffre's recipe however was a closely guarded secret.

So at the end of their year in Memphis, Mark and Marisa made a deal with the BBQ master, trading Mark's award winning family ravioli recipe for the Pork Ribs that had garnered such success.

They were thrilled.

But years later and many attempts at creating the famous recipe, Mark was never able to get the slabs of pork to taste just right.

"They were terrible," said Marisa. "Eventually he had to start changing it up."

Mark would tinker with the recipe again and again, until eventually finding the key to perfection.

"I eventually stopped trying to recreate the recipe and just played with flavors," said Mark. "I finally realized instead of Southern spices I should use Asian flavors."

So Mark recreated the rub and the glaze, using the award winning recipe as his starting point and switching things out for their Asian counterparts, for example a jalapeno is used instead of a chili pepper.

And now, not only do the kids love them, Marisa is finally a fan as well.



by Mark Panattoni

INGREDIENTS

Rub:
- 1 1/2 Tbsp. salt
- 1 1/2 Tbsp. pepper
- 1 1/2 Tbsp. brown sugar
- 1 Tbsp. onion powder, garlic powder and paprika
- 1 tsp. Chinese five spice

Glaze
- 1/2 cup Hoisin sauce
- 1/2 cup soy sauce
- 1/2 cup karo syrup
- 1/2 cup honey
- 1/2 cup cooking sherry
- 4 Tbsp. brown sugar
- 1 jalapeño
- 3 cloves garlic
- 1 tsp. Chinese five spice
- 2 Tbsp. fresh ginger
- 2 cups white wine

- 4 racks of baby back pork ribs

PREPARATION

Mix rub ingredients and apply liberally to ribs 30 minutes before cooking. Mix glaze ingredients in sauce pan, bring to a boil and remove from heat. Start ribs at 300 degrees for 30 minutes. Reduce heat to 225 degrees and cook for 2 hours. After 2 hours wrap ribs in tin foil with 2 tablespoons white wine. Place back on grill for 30 minutes. Unwrap ribs and place back on grill. After 15 minutes apply glaze and let cook for another 15 minutes.





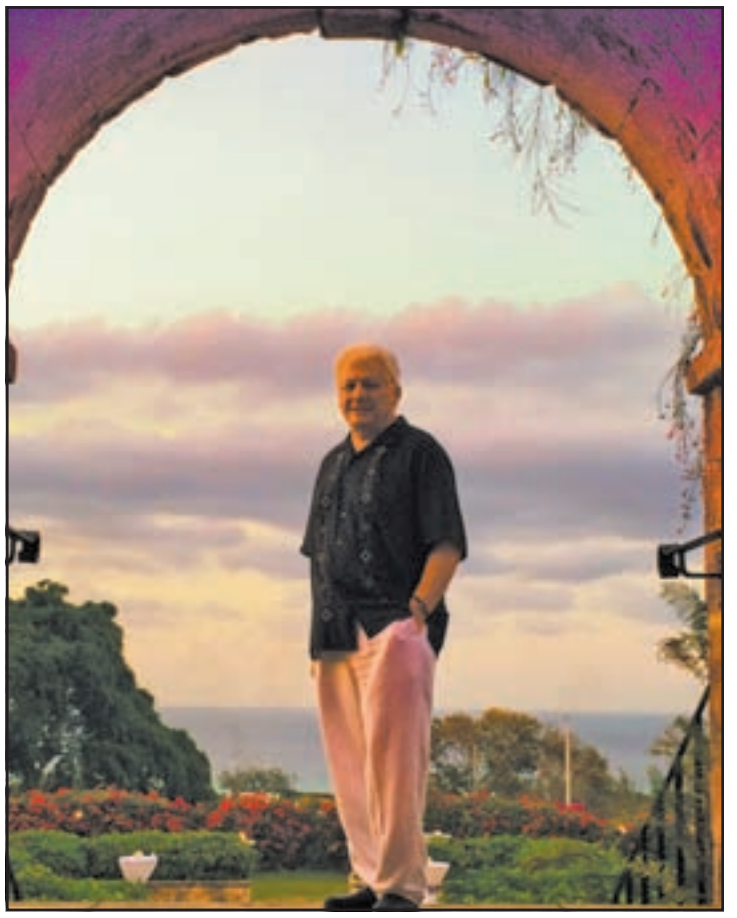
In honor of Father's day, writer covers dad's recent trip

By Kaley Kalil

Where's the *Neighbor?*



John and Nick admire the bobsled used by the Jamaican Olympic team.



John Kalil enjoying the tropcial setting.

In honor of Father's Day, this month's neighbor is John Kalil, my dad.

A "neighbor" of more than 33 years, Kalil bought his first home in the Arcadia area on Halloween Day back in 1980, where he began raising a family two years later.

This past April, Kalil discovered a "beautiful country full of beautiful people" in an island country in the Caribbean Sea – Jamaica, mon.

"Since this was a packaged trip, I was able to kick back and relax," Kalil said of his trip to Montego Bay.

"It was nice to be able to pre-select activities ahead of time, and not spend time looking through tour brochures while on Jamaican time."

While there, Kalil enjoyed a Jeep tour through the jungle, driving by old sugar plantations "complete with trees growing out of old buildings, just like on the Indiana Jones ride."

"We also saw a ghost," he added.

"I don't believe in ghosts, but I have this darned photo I keep looking at. It was taken in an old mansion, one that is supposedly haunted. I also got a great massage at the spa – from a real masseuse, not a ghost!"

Despite the possible ghost, Kalil said he felt safe everywhere he went while in Jamaica.

He enjoyed sharing meals and experiences with his travel group as much as he enjoyed the unplanned, free time throughout the trip.

One special moment for Kalil was standing under a waterfall being "totally pounded by water."

"Only four people in our group did this," he said.

"I probably would not have done it if it wasn't for [my son] Nick, and he probably would not have done it if it wasn't for me."

Although this wasn't Kalil's first visit to the Caribbean (he has previously visited The Bahamas and Puerto Rico), he felt Jamaica was the best experience yet.

Last October, Kalil traveled to Sea Island, Georgia, where the G8 Summit took place in 2004.

He most recently returned from a trip to Washington, D.C. in May.

"Regardless of your political affiliations or opinions, you can't help but feel inspired by the history that envelops this place," he said.

Since his return from the "Land We Love" (Jamaica's national anthem), Kalil noticed he's been buying mangos and other fresh fruits in abundance, as he thoroughly enjoyed the fresh produce in Montego Bay.

In early June, he will be spending time with his family and friends in Mission Beach in San Diego, California.

One destination high on this traveler's list of places to visit is Cawker, Kansas to see the world's largest ball of twine.

"So far, I haven't found anyone willing to share my enthusiasm for such an adventure," Kalil said.

"I'm still looking."

Traveled lately? Email Kaley: kaley@arcadianews.com

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Bashas' sells 50-year-old neighborhood shopping center

By Amanda Goossen

Arcadia commercial real estate has begun a revolution over the past year. Whether completely knocking down existing buildings or revamping current structures, the neighborhood is making way for new buildings, businesses and people. The word gets around pretty fast in Arcadia, but the real buzz begins when the construction fences go up.

In mid-May, news hit that the 50 year-old Food City shopping center on 32nd St. and Indian School had been purchased for $16.75 million by DeRito Opportunity Investors LLC, affiliated with DeRito Partners.

"I'm thrilled that something is going to be done with that shopping center. There was a time when it was a busy and well-maintained center. I bowled at Squaw Peak for many years and miss having a bowling alley close by," said Joni Symonds, longtime Arcadia resident.



The southwest corner of 32nd Street and Indian School Road has new owners, new plans.

Built in 1959, the shopping center was originally home to a Bashas' Grocery Store. The Basha family owned the 147,000 square foot center and in 2005 converted the supermarket to Food City.

Ace Hardware is now the most prominent business in the center and will remain even after the renovations. Food City will close within the month, transferring current employees to other Basha's locations. The shopping center will be completely renovated and the marketing for the space is underway.

"We are open to any and all suggestion for the space," said Marty DeRito, DeRito Partners CEO. DeRito and his partners Iver Bowden and Doug Himmelberger will be joining with the Van Tuyl Group to redevelop the property. The shopping center will be named Arcadia Fiesta.

"We are excited about the redevelopment of Indian School Rd. as a whole," said DeRito. "We feel that when we finish, the renovations of this road will continue all the way to the 51 freeway."

Multiple groups were looking to purchase the shopping center when it recently went up for sale and DeRito said he feels honored that the Basha family decided to go with him and his partners. It is currently up in the air whether a new bowling alley will replace the once bustling AMF Bowling Alley or whether the space will be redeveloped for a new purpose.

Arcadia resident Catherine Hayes is one of the architects working on the new design for the center. An additional 18,000 square feet are planned for new restaurants, businesses and parking, practically ensuring a change to the landscape of the area.

"My partners and I are just really happy to be a part of this redevelopment," said DeRito.

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Courtesy to the Trade

Senior center provides many options

By Jean Hodgson

Retirement *Now what?*

Somewhere around 1990 I participated in an aerobics class taught by a friend at the Devonshire Senior Center. At that time I remember the facility consisting of a small lobby, a multipurpose room where the class was held, a classroom, and some offices. Since then I never had a reason to be back in the building even though I live nearby and drive by it regularly.

But now with my retirement becoming a reality and realizing this center would be a natural place to start identifying community resources in Arcadia to share with you, I visited the facility at 2802 East Devonshire Avenue. Fast-forward to a place I would have never recognized compared to twenty plus years ago and I find myself front and center in a building humming with activity.

Join me on a little virtual tour - but one that you really must take in person if you're not already familiar with this place and the vast array of services it offers. The first impression is very welcoming as I was greeted by various staff members and all sorts of printed information on display to acquaint you with the Center. People were engaged in a variety of activities in the large common room: a fitness center with several exercise machines, tables with card and chess games, Scrabble, jigsaw puzzles in progress, and several billiards games going on. This is in addition to individuals reading or just visiting with others.

Then I heard the music coming from a large activity room. It was a Wednesday, the afternoon when the weekly dance takes place, with music provided by a live band. This dance is included in a list of about a dozen ongoing daily activities and is obviously a popular time for socialization.

The calendar also advertises special events every month, and I saw a sample in action that day. An area was set up with computer stations with AARP Tax Aide available to a large group of people taking advantage of this free service. In May members enjoyed a Senior Prom, and June will include a Father's Day Party and an Ice Cream Social.

A multipurpose room was in the process of being reset for the next day's meal service, another helpful option for morning snack, a healthy breakfast (Tuesdays only), or a daily lunch - all for a very reasonable contribution. Reservations are required and a monthly menu and other details are readily available.

A series of classrooms (including a computer lab) provide space for a huge listing of offerings: fitness classes, yoga, art classes, meditation, computer basics, and even offerings for youth in gymnastics and ballet. This is only a small sampling, so be sure to check out the complete list in person or online at phoenix.gov/parks.

This virtual tour doesn't even include field trips, specialized support services, and transportation, but a membership of $10 for one year for Phoenix residents ($20 for non-residents) opens so many doors. A staff member explained to me that the goal is to not only offer programs and activities, but a welcoming spot for Arcadia's senior adults that builds relationships. She called it "Devonshire Senior Center...a place where everybody knows your name."







(Right) At a recent luncheon at Christ Lutheran Church, Jean Hodgson discussed the Devonshire Senior Center with friends.

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Titan's design wins Valley Metro Transit Wrap Competition

By Kathleen Shipman

Valley Metro recently held their 14th Annual Design a Transit Wrap Competition, where the top three contestants all came from Arcadia High School. This event called for students all over the valley to create an artistic logo, which would help spread awareness about the importance of public transportation. The winner of the contest is awarded the honor of having their design featured on a bus and a light rail for a year. It was Senior John Reniewicki who received the grand prize, with Tia Schmittenberg and Sophie Lindemann, named as the next two runner ups.

"I am very proud of them," said Principal John Biera. "In the history of the program, this is the first time that the first three winners come from one school… That speaks volumes about Arcadia High School."



(Left to right) Senior Tia Schmittenberg, Senior John Reniewicki, Senior Sophie Lindemann, winners of the 14th Annual Design a Transit Wrap Competition.



The students initially learned about the competition from their Advertising Art Teacher Dianna Cure. Reniewicki, who will be studying graphic design next year at ASU, decided to apply his knowledge of advertising to his artwork. The top half of his wrap design contains the slogan, "Ride On with Valley Metro." He chose the color turquoise as the background to represent the Native American history of Arizona. The bottom of the logo has the appearance of the Arizona flag, containing silhouettes of different types of people riding the bus.

"What our teacher always tells us to do when we are making our designs is to think of a story, what you are trying to get across with your design," said Reniewicki. "It shows that all walks of life have come together on Valley Metro Transportation."

The other two designs chosen to be in the top three were also very creative, containing positive messages as well. Schmittenberg placed second for her artwork, which carried the tagline, "You're in Good Hands with Valley Metro." Lindemann, who was selected as the third place winner, had the logo, "Greener Rides for Bluer Skies." The goal of this annual event is to promote the use of public transportation. By opening the competition to high school students, Valley Metro has the hopes of spreading this idea to the younger generations.

"As young people change their habits and drive less, public transit is only going to become more important to the vitality of our city. This contest is an excellent way to engage our transit riders of the future," said Phoenix City Councilwoman Thelda Williams, Valley Metro Rail Board Member.

This year there were more than 120 students who entered the Design a Transit Wrap Competition, coming from a total of 20 different schools. Having all three of the winners selected from the same school was a remarkable occurrence. On April 24, a ceremony took place at Arcadia High School to pay tribute to the students and also present them with cash awards. The highlight of the event took place when the actual bus containing Reniewicki's design was driven onto the campus. In addition, they unveiled a picture of the decorated light rail.

"This certainly is very positive, not only for our school but for our community," said Principal Biera. "You just think about all the visitors who will come to the Valley of the Sun and get on the bus or light rail and will see Arcadia High School, Scottsdale Unified School District, John Reniewicki. You talk about marketing beyond your school's walls, that's it."

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Different kind of recycling at Arcadia public schools

By Chrstina Surrano

Both Hopi Elementary School and Ingleside Middle School have adopted a composting of food waste in a once monthly pilot program that began in May.

Partnering with Recyled City, a local food waste composting company, Hopi and Ingleside students deposited 202 pounds of lunch discards into recycling collection bins rather than trash bags destined for the landfill. This organic matter will be turned into fertilizer to be donated to a community garden in downtown Phoenix. The process typically takes only 18 days and Recycled City is providing its services free of charge.





Hopi students compost uneaten lunch items.

It's estimated that over 200 pounds of compostable material is dumped into the trash after every lunch at Hopi alone. Because of the special process used by Recycled City, all of that material, including meat, oil and dairy can be utilized.

Both schools had already been sorting the other recyclable materials currently collected by city services. And students involved in Hopi's garden program had participated in the composting of garden waste and had conducted food waste composting experiments. But this is the first school-wide composting program.

Barbara Halden, biologist and school garden facilitator and educator led the partnership, and is working to extend it to Arcadia High School. It's part of Halden's effort to help students understand the need to replenish the nutrients being taken from the soil.

Hopi principal, Lori Colling believes it to be a great addition to their recycling program and thinks the students will do well with it. Principal Colling plans to hold an assembly at the start of the next school year to ensure that students understand the process while reminding them that only food that they cannot save should be deposited in the compost bins.

Second-grader Jamie Morris says that his family has a garden and currently composts at home. When asked why he thinks people should compost, Jamie said, "Because it will help the plants grow much better," adding that he can taste the difference in the vegetables after they started composting for the garden.

For more information on Recycled City and the services they offer, visit www.recycledcity.com.

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Ingleside school band receives 'superior with distinction'

By Danica Worthington



Seventh and eighth graders sat on a school bus staring at their band director Jan Gardner as he told them the results of Arizona Band and Orchestra Directors Association's festival.

The band had won superior with distinction, which means all of the three judges rated the band's performance of Twin City March and Curse of Tutankhamun as superior.

"They screamed," Gardner said. "It was contained inside the walls of the bus but I'm sure people outside the bus heard it … they'll remember that forever."

The band started preparing in February but the entire band had only performed all together a few times before the performance in late April, Gardner said. The seventh and eighth graders had separate class times.

"If they know it all, it shouldn't matter how many there are," Gardner said.

The middle school had received excellent scores before but rarely wins superior with distinction, Gardner said.

Although Gardner was pleased with how the students had performed, he would not speculate with them about what they may be awarded before the results were given. He said it can vary depending on the judges and what they hear.

"I knew they did well," Gardner said. "I didn't want to jinx it."

Eighth graders Lena Halden and Alex Lozevski said they were surprised with the results.

"I thought we did alright," trumpet player Lozevski said. "I thought we could have done better."

Lozevski said there were some nerves before he performed but he zoned in when it came time to play. Beforehand, he said he worked to keep his band mates focused so they could perform at their best.

"Some people were messing around," he said. "I had to tell them, 'Guys, you've got to get serious.'"

Halden said she was fairly confident going into the competition. She said she had done another competition in sixth grade. She said it is critical for band members to support one another.

"It's important that everybody helps each other out in a band," she said. "Everybody's efforts affect the performance at the end of the day."

Both students will be attending Arcadia High School next year and sticking with band.

The band was varied in experience, Gardner said. Some students had been playing since fourth grade while others picked up instruments that year.

Gardner said he would occasionally work with the students new to band individually to hone their art. Working with young musicians is not a new experience for the director.

He has been teaching band for 22 years. He moved to Arizona ten years ago and previously worked in Maricopa City and Paradise Valley. Gardner is also the band teacher at Arcadia High School.

This was his first year with Ingleside however.

"It's (about) teaching them a process instead of only working for that moment (at competitions) ... teaching them to take a piece of music and learn what to do to get to performance level and not depend on the teacher at every step," Gardner said.

Gardner said next year's competition is out of sight and out of mind at this point. But he expects many of the current seventh graders will remember their experience this year and be motivated to work hard when the next competition comes around.

"Greatness can be achieved if people are willing to devote the time," he said.







Hopi says goodbye to seven retiring teachers and staff

By Christina Surrano

May's First Friday community gathering at Hopi Elementary School was a tearful one as community members honored seven retiring staff members and one very special volunteer.

It seems impossible that 2nd grade teacher, Jo Blochberger has been teaching for 37 years, with 12 at Hopi.

When asked what she will miss most, Blochberger replied, "It's definitely the generosity of the parents and the children. It's more of a community." Pointing to a card from former students covered in well wishes and photos, misty-eyed, she added, "This is what I am going to miss."

Meredith Folger who has been Hopi's Reading Tutor and Academic Support for 17 years, said, "When you go to the grocery store, the kids are like, 'Oh! Mrs. Folger!' It's like (they are thinking), 'You don't live under your desk at school?'"

She also joked that she will miss wiping down tables in the cafeteria on "syrup day," an unfathomably sticky experience. She added, "Because I do the remedial reading," remarked with a hint of bitter-sweet pride, "I am going to miss graduating the kids out of my class."

First grade teacher Laura Spackeen who has taught for 24 years, with 11 at Hopi, shared, "I'm going to miss the families that I have gotten close to… and all of the happy smiles that the kids have in the morning when they are all warmed up and happy to see you." Spackeen wistfully observed, "My view (from the classroom) of Camelback Mountain is so peaceful and wonderful. It reminds me of just how nice this community is."

If you live in the neighborhood too, you may spot these ladies out walking together, which they intend to continue.

Jim Padrlik, Hopi's Facilities Worker has been caring for Hopi campus for 19 of his 20 years of service. Hopi will not feel the same without his kind eyes and compassionate heart.



(From left to right) Jo Blochberger, Judi Parent, Meredith Folger, Nurse Lynn Watkins, Laura Spackeen, Jim Padrlik and Barbara Halden

Judi Parent, Scottsdale Prevention Institute Counselor, of 10 years wrote, "I have been very blessed to be a part of the energy and passion Hopi and the community share, working together to ensure 'No Child Is Left Behind.'"

Kathy Kaempfert, Learning Resource Classroom teacher at Hopi for 8 years, will be missed by all, including former students who like to return to visit her. It's not as likely she will see past students at her bed and breakfast in Martha's Vineyard where she plans to be, but stranger things have happened.

Volunteer Barbara Halden, devoted thousands of hours of her free time over six years, developing, and facilitating the Hopi garden program. Though Halden is moving on from Hopi, she will continue to work at Ingleside Middle School, Arcadia High School, the Desert Botanical Gardens and elsewhere.

Hopi School Nurse of 20 years, Lynn Watkins, is leaving the Hopi children to be of service to her own children and grandchildren. One son and daughter-in-law have two sets of twins, ages two and soon to be one and are expecting their third set in July. The other daughter and son-in-law are expecting their first child; however her son-in-law is in Afghanistan, unable to be present for the birth.

Watkins, who lives near Hopi explained, with soft eyes and a wry smile that she won't actually be missing the students. "I see them everywhere."

Watkins recalls being at the base of the Smokey Mountains of Tennessee and hearing someone yell, "There's Nurse Watkins!"

"I'll miss the staff, obviously, but then again, in a few years we will have 6 little Watkins at the school at the same time-two, two and two. Won't that just be a hoot?

"I'll miss Barbara [and] the garden. That's the biggest loss. She has done so much… the teaching… the kids understanding of food, the medicinal aspects of it, and to watch it grow. They don't get enough of that… there's not [enough] play between them and nature. They'll miss that. I hope someone takes over," said Watkins.

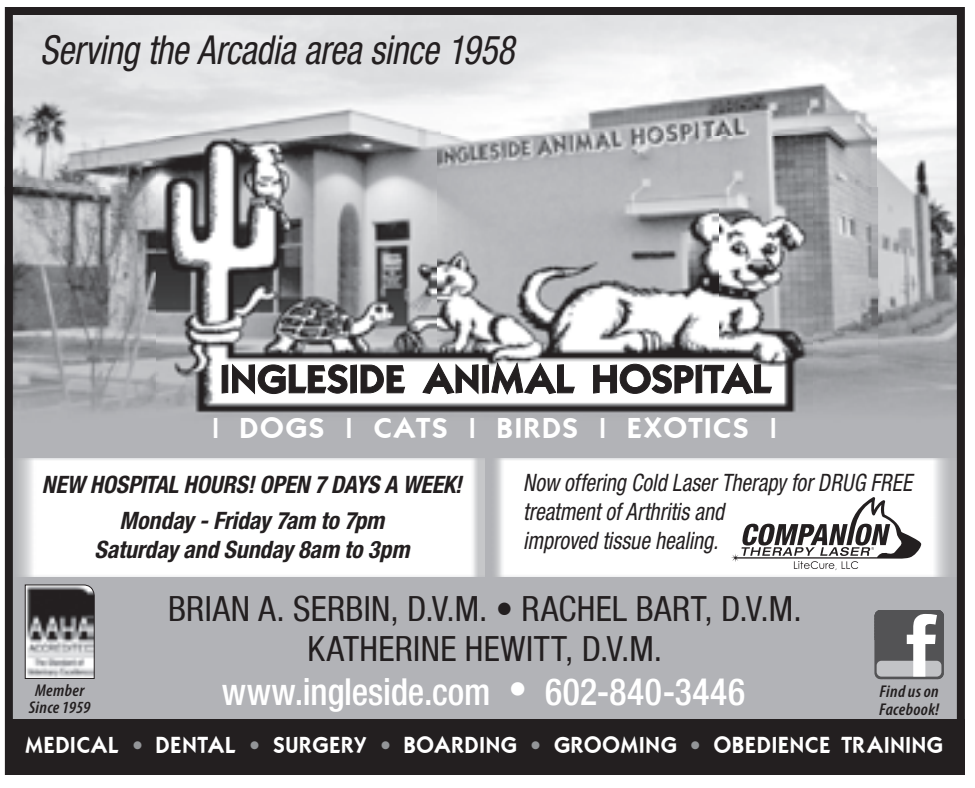
"There is a season for everything. And like I said, I'll be around," Watkins declared through her tough but tender smile.

Every retiree interviewed echoed sentiments of appreciation for the close support they enjoyed and the camaraderie developed out of the many years of service.

Whether they remain in the neighborhood or not, these priceless community members who have contributed so much to so many, will continue to be cherished in the hearts and memories of the families they've touched.



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Father inspired by parenthood creates children's book

By Kathleen Shipman

Arcadia resident Todd McQueen recently achieved his goal of writing and illustrating a children's book. With *Bob & Rob & Corn on the Cob* fresh out on the literary market, he now anxiously awaits the reactions of his youthful readers. For McQueen, it has been a seven year journey to get to this defining moment. His inspiration for taking on such an extraordinary project came from his own children and the strong relationship that they've always shared. While there may still be obstacles to come, McQueen has earned great satisfaction in being a published author and illustrator.

"Creating *Bob & Rob & Corn on the Cob* has been an incredible experience from start to finish," said McQueen. "It was more work than I ever imagined it would be, but also has been very rewarding as I've worked to bring these characters to life on the page."

McQueen has always had an artistic talent, which he uses every day in his career as a graphic designer. His desire to take these illustrations to a different level came about with fatherhood. Some of McQueen's fondest memories are of when he would sit and read to his children when they were very young. He loved the time they spent together, laughing, crying, and sharing, all over the books. This bonding experience was what motivated McQueen to embark on the path of creating his own tale.

"While I've always loved picture books and had flirted with the idea of maybe doing one someday, it wasn't until I had kids and would read to them every night that I finally worked up the courage to go for it," he said. "The casual interest gradually became this burning gut level passion that I couldn't ignore any longer."





Todd McQueen's first children's book, which he authored and illustrated.

The idea for *Bob & Rob & Corn on the Cob* began simply as a title for a book. Once McQueen had thought of the bubbly phrase, he couldn't help but repeat it over and over in his head. He knew that it was exactly what he was looking for to get started. It was while on vacation with his family that he decided to write the first draft of his story. Not yet satisfied, McQueen wrote several more versions before finally taking it to a literary agent. This was just the beginning of the many changes that would occur over the years.

McQueen learned quickly that writing and illustrating a children's book is not an easy task. After submitting copies to publishing companies yet receiving no luck, McQueen accepted some advice and began making revisions. Not only were his characters transformed from humans into animals, but the story was rewritten numerous times as well. He also had the task of illustrating each and every page.

While the process at times was very stressful, he did find great enjoyment when he would work on his book amongst his children. Just like their father, they too would create their own stories, writing and drawing their own characters. He couldn't help but marvel over how excited his children got when they would do so, which reminded McQueen of himself as a child.

"The nice thing about having my own kids is that it brings back all of the memories that I have of my own childhood," he said. "All of the little delights you get to experience along the way that you forget about until you see your own kids doing it."

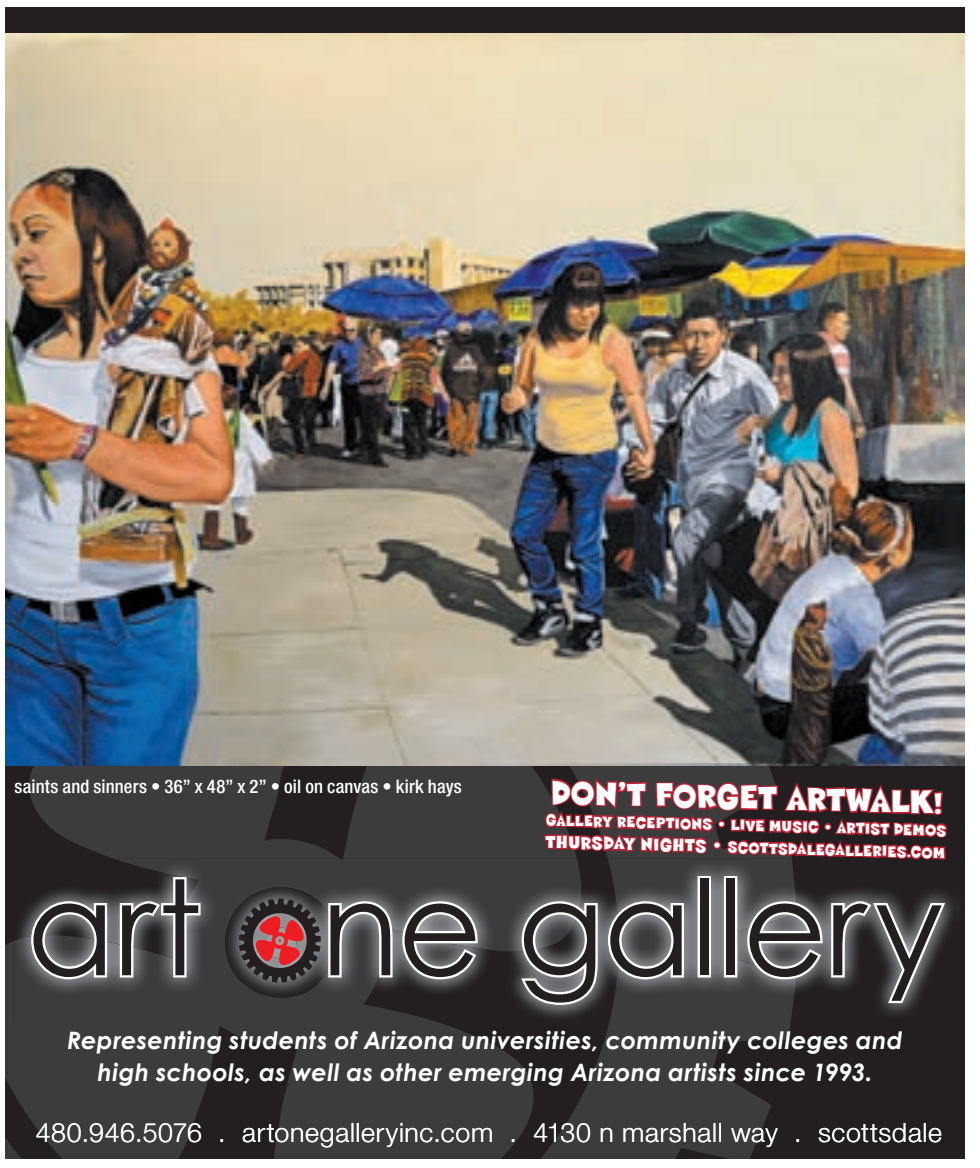
The end result of all of McQueen's dedication and persistence was a final version of *Bob & Rob & Corn on the Cob*, which was proudly accepted by Sky Pony Press for publication. The book has been referred to as a "whimsical, educational, and hilarious romp into the world of two corn-on-the-cob loving squirrels," carrying a message to children about the importance of trying new foods. McQueen was honored with the news that The Children's Book of the Month Club will be making *Bob & Rob & Corn on the Cob* one of their featured selections for the month of June. With it still in the infancy stages of being released, McQueen realizes that he still has a long road ahead of him.

"Holding the book is a little surreal, it's like holding seven years in my hands. It's a good feeling, but it's also a bit of a false summit," he said. "There's still another peak to climb that I couldn't really see until now, one that has an even less predictable path, and that's the promoting and selling of the book so there can be more books to come."

The pursuit of becoming a published author and illustrator may not have been easy for McQueen, but it was indeed well worth the outcome. No matter what the future holds for him, he will always have the everlasting memories of his children tied into the experience.







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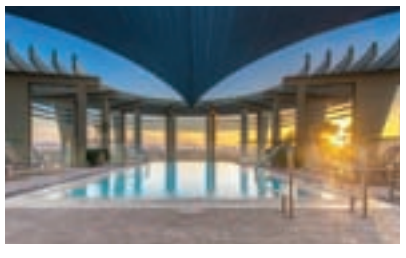
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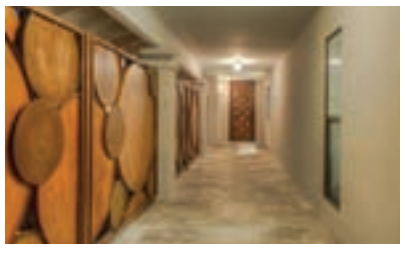
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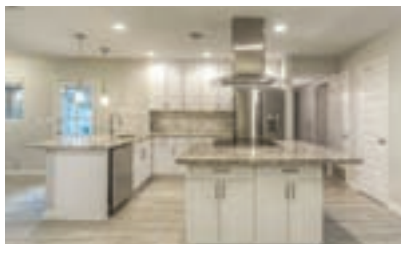
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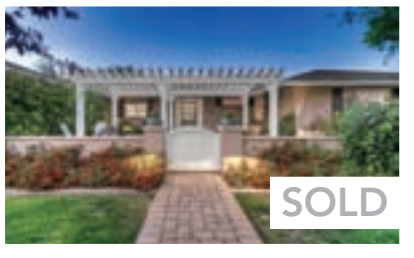
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Dust off your light sabers, it's time for Phoenix Comicon

By Danica Worthington

Superheroes unite, Phoenix Comicon is in town.

The Con will be at the convention center in downtown Phoenix from June 5-8. The convention has grown from simply a comic book event to one centered around popular culture, including genres from TV, film and costumes to anime, steampunk and gaming.

The family-friendly event will showcase many stars ranging from Nathan Fillion of ABC's Castle and cult favorite Firefly on Saturday and Sunday, Batman's Adam West on Saturday and comic book icon Stan Lee on Sunday.

Phoenix Comicon Director of Marketing Jillian Squires said the convention is a family-friendly event, especially since children under 12 get in for free. She said attendees can range from babies only a couple of months old to grandparents, such as her 68-year-old mother who flies in for the convention.

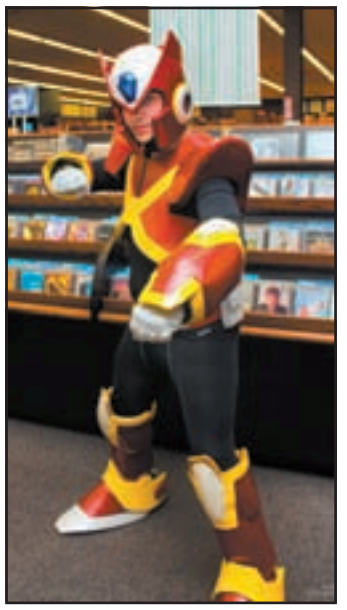
"We focus on family-friendly," Squires said. "We have something for everybody."

A special section of the Con will be devoted to kids, she said. They have the opportunity to learn how to draw, listen to an author read and learn to be a sidekick with krav maga lessons.

The convention has been increasing in popularity, she said. Registration has grown from the basement of the convention center to a separate building. The horror genre will also be given its own area like the kids' area.

Squires said the convention even grew the section devoted to costuming. She said the Valley has several Star Wars costuming groups who are given a 70 ft. by 80 ft. area for them to bring in their own homemade set.

The commanding officer for Rebel Legion, or the "good guys," costuming group Michael Little said there are four main costuming groups that get together for the Con. Besides the rebels, the empire, R2D2 and aliens from the Cantina are represented.





Little described the costumes, which can take 6 months to a year to finish, and set design as like "playing in George Lucas's sandbox."

"Kids, you see their eyes light up," Little said. "Sometimes those kids are 40 years old and they like us more than their children do."

He said people often take pictures with the groups in costume. It's one of the best compliments, he said, second only to when someone tells a costumed character that they look like they stepped out of the film.

Little encouraged people to come to the Con in their own costumes as well.

"Put on your Jedi robe made out of your bathrobe and your storm trooper made of cardboard and come take photos with us," Little said.

Little said he has gone to several Comicons, including the biggest one in San Diego. He said "everyone and their brother" tries to go to San Diego because a lot of big production studios and publishers are vendors.

"It's so much nicer at Phoenix Comicon," Little said. "To be able to actually move around. There's lots of room and lots of things to see and do."

Artist Anie Miles, who will have a booth at the Con, also said there were a lot of things to see. Miles, who has been selling art at Phoenix Comicon for the past three years, said the popular culture convention brings together a lot of separate genres, such as science fiction and steampunk, that typically have their own conventions.

"It's really great," Miles said. "There's a lot of energy and you get to meet a lot of people who are into a lot of different things."

She said she is busy all day in the showroom and isn't able to check out some of the programming until the vendor floor closes. But she complemented the nightlife put on by the convention at the Sheraton, Renaissance and Hyatt hotels.

"They have such a great night life where I can go to have drinks with a lot of my artist friends who I haven't seen even though we've been in the same room all day," Miles said.

She said the Con does a good job at fostering children's interest in "real" science and math. NASA will be part of the convention, she said.

"Only there can you take their interest in Batman and turn it into a career," Miles said.

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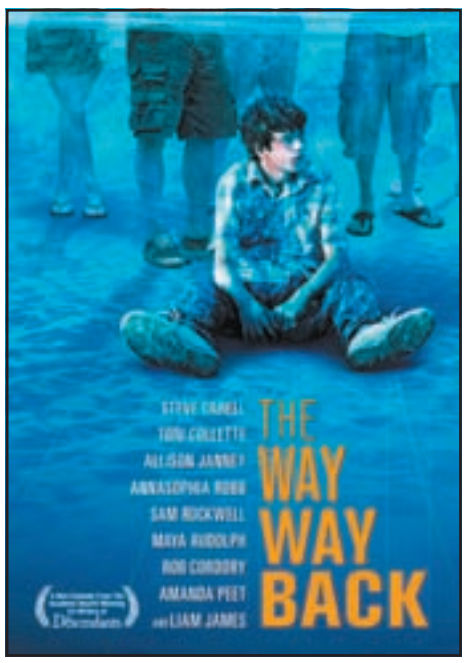
Fathers are a constant driving force in life and in film

Julie *@ the Movies*

By Julie Demetros

For Mother's Day, there was a list of some great movie moms, but what about dads? This Father's Day, celebrate all the fathers and father figures who prove to be a guiding force, in film.

THE WAY WAY BACK (2013)



Summer vacation should be something to look forward to, but not for Duncan as his mother and her boyfriend, Trent, drag him to the beach for some "family bonding" time. With no other options, Duncan tries to make the best of it. He befriends the manager of the local water park, Owen, who offers to hire him to give him something to do. With a new job and new friends, things are looking up for Duncan, and he thinks he might actually enjoy what started out as the worst vacation imaginable.

The father figure: Owen takes Duncan under his wing, trying to teach him about everything, from Pacman to comedy to taking charge of a situation. His lessons may not always be the conventional sort, and sometimes Owen doesn't even realize that he's giving one, but Duncan definitely learns and grows as a person from his time with the water park's manager.

HELLBOY (2004)



During World War II, a portal was opened to another dimension to let monsters through from the other side to wreak havoc on the world. Though it was closed before the intended creatures could get through, one red, infant demon had escaped to earth during the confusion. Dubbed "Hellboy," the demon was taken in by one of the men who helped stop the imminent destruction of the world. Sixty years later, Hellboy has grown into his role as a sort of unconventional hero. He and his psychic, amphibious humanoid friend, Abe Sapien, work with the Bureau of Paranormal Research and Defense to protect the world from danger at the hands of other supernatural beings that aren't as cute and cuddly as him.

The father figure: Prof. Trevor Bruttenholm, aka Professor "Broom," raised Hellboy as his adopted son since the day they found him. He taught him right from wrong and showed him he could be more than the monster people saw when they looked at him.

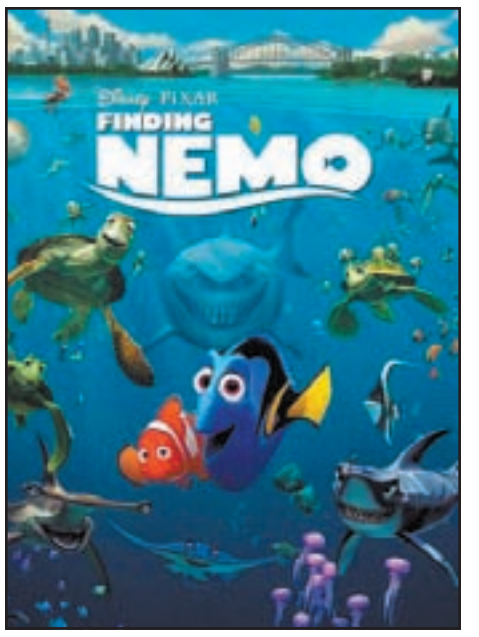
MRS. DOUBTFIRE (1993)



Life seems to be going well for the Hillard family, although a little strained between parents Miranda and Daniel. When Daniel resigns from his current acting job and proceeds to throw a messy party for their son's birthday behind Miranda's back, it becomes the last straw for the hard-working mom, who believes Daniel isn't the best influence for their three kids. One divorce later, Daniel goes from being with his kids every day to only seeing them once a week. Desperate to be a bigger part of his kids' lives, he gets an idea when he sees that Miranda is looking for a housekeeper. With the help of his brother's skills as a makeup artist and his own acting, Daniel disguises himself as an older, English woman and answers Miranda's ad under the name "Mrs. Doubtfire."

The father figure: Daniel Hillard may not be the best role model to his children in the beginning, but there is no doubt that he loves them more than anything else in the world. Through his experiences after the divorce, having to find a steady job, manage an acceptable living environment, and keeping up the act as a housekeeper, he grows as a person into the father his kids deserve.

FINDING NEMO (2003)



Marlin and his son, Nemo, are clownfish living in the Great Barrier Reef. Despite Marlin's warnings about the dangers of the ocean, Nemo strays too far and gets captured by a boat's fishing net. Determined to find his son at all costs, Marlin sets off to look for clues and runs into a blue tang fish, Dory, suffering from short-term memory loss. Meanwhile, Nemo wakes up to find that he's the newest of a collection of aquatic creatures living in the fish tank of a dentist's office. Marlin and Dori continue their search, while Nemo begins plotting his escape.

The father figure: Marlin can be overprotective of his son sometimes, though his paranoia over Nemo's safety isn't unfounded. His love for his son and his desperate search to find him proves his commitment to his young fish while also teaching him a thing or two about loosening up and growing as a father.

Julie Demetros is an Arcadia resident who writes about movies and books at julieatthemovies.wordpress.com.



Arcadia News Book Club summer reading suggestion

Book *Club*

By Amanda Goossen

What will you read this summer?

It's a common question this time of year as our friends and neighbors hunt for something to take to the beach, the pool or even the couch during the warm Phoenix nights. Some form large stacks and give themselves a challenge (that's me and I can't wait to dive in) but for others quality trumps quantity, hence the desperate survey of everyone they know.

For me, my favorite way to find new books is to scan the shelves. I tend to really judge a book by its cover, scanning the quotes from fellow writers, reading the authors bio and investigating the cover image until all meaning is lost. I even have to feel it between my fingers, the weight, the shape, and the texture of the pages. It's a process I've mastered over the years, something I started when I was about 11 years old, feverishly searching the library shelves determined to discover the greatest book of all time.

And if I come up empty handed at the bookstore (or these days, at Target or Costco) the next best way to find a good book is to ask the fabulous women of the *Arcadia News* Book Club. This group of heavy hitters has you covered in whatever genre, author or page count you desire. And they are passionate, so much fun to talk with and truly some of the best people I've ever known.

Head on over and join the *Arcadia News* Book Club at the Saguaro Library this summer. The next meeting will be held on June 19 at 6:30 p.m. Refreshments will be served and a raffle will be held to benefit the Arcadia News Assisting Neighbors program. Raffle tickets are $5 each and the prizes should not be missed.









BOOK OF THE MONTH

MRS. POE
By Lynn Cullen

1845, Frances Osgood is living in New York City, trying to make a name for herself as a respected young poet. After continued attempts, however, it seems only a few of her works will ever see the light of day.

Married to a philandering artist who disappears whenever the wind blows in a wealthy young fling, Frances is desperate to make something out of her life, for herself and her two young daughters.

When Edgar Allen Poe publishes *"The Raven"* the literary community is turned upside down with people all aflutter with his dark and dreary ways. Suddenly the only thing anyone wants to read is writing in the vein of Poe, a task nearly impossible for Frances, a woman known for writing more positive, flowery things.

A chance encounter with the man of the hour makes Frances' heart go pitter-patter and before she knows what's happened, she's not only entangled in an odd affair but has also become the confidant for Poe's wife, a childish and ill young woman.

Mrs. Poe is fascinating. The characters are intricately written and woven beautifully throughout a plot that takes you by the hand and leads you through history, if only it were true.

SCHOOL AGE BOOKS

By Dan Wirtel

HALF BAD
By Sally Green

In *Half Bad* by Sally Green, there are two kinds of witches, good and bad, otherwise known as white and black.

Marcus Byrn is one of the deadliest and most violent witches in modern day England. The surprising thing is he had a son with a white witch. Their son, Nathan Byrn, is a half black and half white witch and everyone calls him Half Code. Locked in a cage by his enemies, the only way Nathan can stay alive is to escape and find his father.

Marcus has three gifts to give Nathan so he will receive his magical powers and the suspense that follows makes this YA novel impossible to put down.

SLEEP NO MORE
By Aprilynn Pike

In her most recent novel *Sleep No More*, author Aprilynn Pike presents Charlotte, an Oracle who can see the future. This gift, however, comes with consequences.

When she was young, Charlotte saved her aunt by looking into the future, but it ended up hurting her parents. Her dad died as a result and her mom was handicapped. Ever since, Charlotte has tried to avoid dreaming and seeing the future.

When a vision hits her that she can't push away, Charlotte is faced with a dilemma. Can she save her friends or will she actually make things worse by getting involved?

THE LUCK UGLIES
By Paul Durham

In *The Luck Uglies* by Paul Durham, readers are presented with a strange town of Village Drowning, where mystical rumors are going around about monsters that were thought to be extinct.

A secret group now exiled for disobeying the King, were once the only thing protecting the Village from monsters. The monsters have returned and the only thing that can save them is the secret exiled group, the Luck Uglies.

When the Luck Uglies and a curious girl named Rye start to question everything about Village Downing's history, things will never be the same.

Dan Wirtel is an avid reader and a freshman at Valley Lutheran High School. When he is not reading a good book, he is a multi-sport athlete at VLHS.

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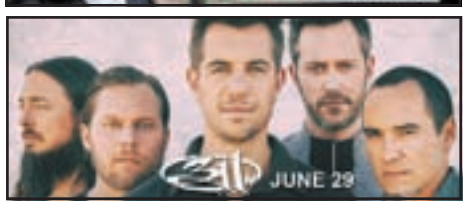
Venues throughout city make music readily available











Music Notes

By Craig Goossen

Getting out and enjoying a show is easy as 1-2-3 and often times can be more exciting than many sources of entertainment. We're lucky to live in a city that pumps nightly with great acts and a variety of venues of the highest quality. This month our music mix showcases the spice of this city and the venues that stage these acts. If you've never been to the Crescent Ballroom downtown or only been to US Airways Center for a Suns game, this is the perfect month to catch a lift downtown to enjoy both venues.

The Yucca Tap Room in Tempe has been putting on live shows for over forty years and most of the time, if not always, entrance is free. Those of us who reside in Arcadia, if you haven't been to The Western, don't wait any longer, as this neighborhood bar is one of the tops in the city and there's live music five nights a week. Lastly, our month caps off with a celebration at the casino and as far as Arizona casinos go, we have one of the finest right down the road in Scottsdale.

ALLAH-LAS: HAD IT ALL (2013)

Hailing from Los Angeles and rising from their record store day jobs, Allah-Las debut release was a dusty garage classic that wore my turntable out in 2012. Their live show at Crescent is an excellent hump-day outing as we begin the month. This track is courtesy of their last release, a vinyl 7-inch.

Allah-Las will perform on Wednesday, June 4 at Crescent Ballroom, 308 N. 2nd Ave. in downtown Phoenix. Tickets are $12 and the show is 16 years of age and older.

JAMES TAYLOR: SOMETHING IN THE WAY SHE MOVES (1968)

Taylor's notorious past wasn't enough to dissuade the Beatles from signing the first American act to their Apple label and in retrospect it's amazing Taylor survived his lifestyle to record for anyone, much less the Fab Four. James Taylor will come to Phoenix fresh off a two-night stint at the storied Hollywood Bowl in time to get us refreshed for our long hot summer.

James Taylor performs on Tuesday, June 10 at US Airways Center, 201 E. Jefferson St. in downtown Phoenix. Tickets start at $59.50 and the show is all ages.

PAUL COLLINS: THE LETTER (2010)

The Nerves were a short-lived, but classic power pop trio featuring Pete Case, Jack Lee and Paul Collins. Their minor hit, Hanging on the Telephone turned into a big hit for the band Blondie. Paul Collins, one third of the influential Nerves will play for free at this Tempe staple. Be there, it's a no brainer.

Paul Collins performs on Saturday, June 14 at Yucca Tap Room, 29 W. Southern Ave. in Tempe. The show is free and 21 and over.

JESSICA LEA MAYFIELD: ALL NIGHT LONG (1988)

I know very little of Mayfield, other than this selected track which I've been playing over and over. She's young, from Ohio and I'm going to The Western on a Sunday to find out more about her.

Jessica Lea Mayfield performs on Sunday, June 22 at The Western, 6830 E. 5th Ave. in Scottsdale. Tickets are $14 and the show is 21 and over.

311: SAND DOLLARS (2014)

311 have just released their 11th studio release, Stereolithic, and have built an intense and loyal following through their impressive 25+ year career. If you've been lucky enough to see 311 live you know this will be an uplifting event to close the door on June and enter July.

311 performs on Sunday, June 29 at Talking Stick Resort, 9800 East Indian Bend Rd. in Scottsdale. Tickets are $40 and the show is 21 and over.

All events, show times and venues are subject to change. Check with the venue prior or the event to confirm details.

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Arcadia student athletes thank their dads for support

By Nicholas Smith

Sarah Phillips: Softball, Arcadia

Having your Dad as a coach isn't always easy. While your Dad knows what motivates you and how to push you as an athlete, it can be hard to separate the father-daughter relationship from the coach-athlete relationship. However, I consider myself lucky having had my Dad as my softball coach for nine out of the 12 years I've played. He taught me to never give up, to give 110% effort one-hundred percent of the time, and to love every aspect of the game. Even though he is no longer my coach, my Dad is still, and will always be, my number one fan.



Sarah Phillips' dad is her number one fan.

Kylie Herd: Basketball, Former Arcadia Student

Throughout my entire basketball career my dad has been one of my biggest supporters. No matter how I felt he was always there to help me make the right decisions. He was at every single high school game home and away. At Mesa Community College he has been to every home game and majority of the away games. I could not have gotten through this journey without the support from my dad.

Josh Arndt: Baseball Player, Arcadia

I have grown up in a baseball family. My dad played up to junior college ball in California, where he grew up, but was hindered by an arm injury on his throwing arm that did not allow him to advance any higher. Even after junior college ball ended and he was forced to stop playing the game he loved, he still continued to stay in the game any way he could. One of these ways was passing along all the knowledge and joys he had with the game to my brother and me. I quickly caught the love that my dad had felt towards the game. He has always been there for me when I needed a second opinion on my swing or if I needed someone to practice with, and often times he is the one who is encouraging me to keep practicing. He believes you can always make an improvement and that baseball is a game that requires constant work. He believes that you should strive for your best and these beliefs have rubbed off on me as well.

Marissa Dominick: Soccer, Arcadia

My father is the driving force behind my athletic career. A collegiate baseball player himself, my dad coached my older sister's Arcadia Little League, Arcadia Little League All Stars, and competitive traveling softball teams; he even coached Dallas Escobedo, the pitcher for ASU's softball team! I followed in my sister's footsteps and was a slugger for my dad's Little League teams until I "aged out" and decided to pursue my passion of playing competitive soccer. Upon switching out my bat and glove for shin guards and turf cleats, my dad accordingly swapped his Google Chrome "favorites" from the Triple Crown Sports website to "Underground Soccer," the NCAA recruiting hub, and the National Weather Service (you know, to check the weather for my out-of-state soccer tournaments).



Marissa Dominick's dad coached her and her sister years ago in little league.

I'll never forget when he wore all ASU colors to a tournament in Las Vegas and everyone thought he was a college scout; he LOVED gossiping about college soccer recruitment with other scouts! While his coaching career may have ended, his support for my athletic endeavors will continue throughout my next four years playing soccer at Carnegie Mellon University. Dad, thanks for all of your love and support, soccer statistics, chauffeuring, weather updates, and most importantly, for being my biggest fan!









Softball players become Scottsdale Unified All-Stars

By Nicholas Smith

When Sarah Phillips walked through her front door that Sunday afternoon, she was ready to relax. The high school junior had been away all weekend at Calculus camp, a getaway for students to study for their upcoming A.P. exam. But before she could slide onto the couch, a pair of letters on the kitchen table caught her attention. They were addressed to her and sent from the school district.

"Seeing the letters made me concerned," she said. "A letter from the district had to mean I was in trouble for something, but I couldn't figure out what it was. I decided to open them, in order to form a plan of action for breaking the bad news to my parents when they got home."

But to Sarah's surprise, the letters contained very good news. She was one of two Arcadia softball players to be chosen for the Scottsdale Unified School District All-Stars, and had been invited to attend their Spring Banquet on May 12.

"I could not have been more shocked," Phillips said. "It is such an honor!"

The journey to being an All-Star began when Sarah was just five years old, when she followed in her two older sisters' footsteps and began to play softball. The sport was one of several she played growing up.

"I did everything when I was little," she said. "I played soccer, track, volleyball, softball." As she began to attend high school, Sarah began to focus more on one sport. She stopped playing volleyball when she was a freshman, and soccer ended for her the next year.

"It was difficult to give up those sports," she said. "But I loved softball, and playing on club teams and school teams didn't really give me a ton of spare time."

This season, Sarah plays center field for the Arcadia team, while pitching and playing first base for her club team, the Lady Dragons in Chandler. Although others might find the intense and difficult art of pitching in softball to be intimidating, Sarah had the benefit of a personal trainer to help her learn.

"My sister Emily pitched as well," she said. "When I was younger I would try her windup and mimic what she would do. But it definitely takes a while to learn proper release form and how to pitch without hurting yourself."

Sarah has had her pitches clocked between 57 and 60 mph and served as a co-captain for the varsity this season, along with seniors Abby Schneider and Ana Huff. Sarah says all the girls have loved being part of Arcadia's rise the last few seasons.

"We've basically gone from the bottom to a 15-3 record this last year," she said. "The school pride part of it matters a lot to me. And it's kind of fun to show off a little for your friends and show them what you spend all your time doing on weekends during the offseason."

Sarah wasn't the only one to make the All Star Team from Arcadia's softball team this season. Although she is only a sophomore, Emily Ingles was also honored as one of by the Scottsdale Unified School District. Emily was one of the team's best pitchers this last season and looks to be a dominant force for Arcadia during the next two seasons.

"Emily and I used to play club team together when we were young," Sarah said of her teammate. "She's come into her own as a pitcher, and to say she is extremely good would be an understatement. She honestly has the talent to go as far as she wants to go."



Sarah Phillips was thrilled to be honored by the SUSD.

Both girls will be leading a team next season with high aspirations. Although the team has experienced a sharp turnaround in recent years, Sarah is not satisfied with last year's record. "It was a great season, but I know we can do even better," she said. "Our goal next year is to make the playoffs and go as far as we possibly can."

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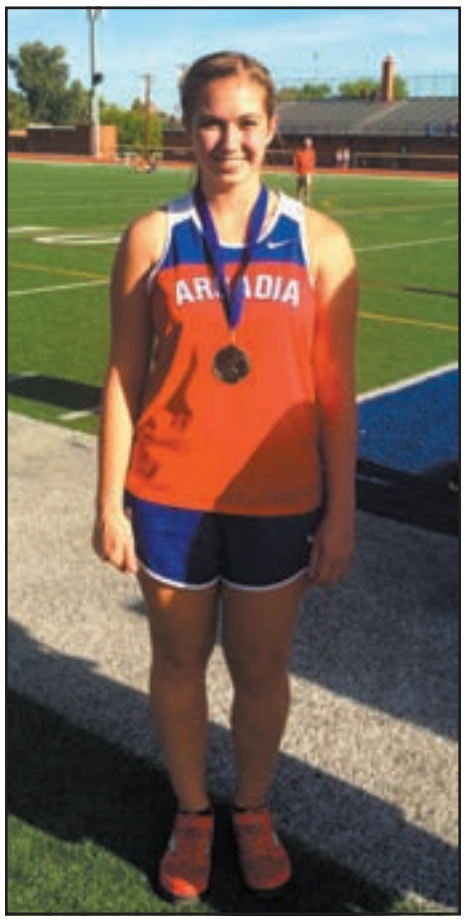
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Surgery proves a lesson in starting over

By Nicholas Smith

Sophomore year was a rough time for McKenna Daniel. The Arcadia high volleyball and basketball player was facing a daunting challenge: reconstructive ankle surgery. "It was partially from rolling my ankles in sports, partially hereditary," Daniel said. "The doctors also told me I would have to have surgery on both ankles." The result of the surgery would be over a year of rehab, two screws in each ankle, and the end of McKenna's volleyball and basketball career. But instead of becoming overwhelmed by it, she instead focused her energy on a goal. "I completely devoted myself to getting back for the start of track season," Daniel said. "I had surgery in February and I worked as hard as I could to try and get back by October." She accomplished her goal and was a standout on the track team her junior and senior seasons. McKenna competed in the shot-put and the discus and seemed destined to do so from an early age. "My aunt, Jan Ware, still holds the Arcadia record for the shot-put and the discus. My sister also competed in those events," she said. "It's a family thing." Ware is now the coach for both boys and girls shot-put and discus, meaning McKenna was in good hands. "My aunt has been great," she said. "She's always been encouraging and helpful every step of the way. My goal was always to try and break her records, which I wasn't able to do once I had my ankle problems."



McKenna Daniel has followed the family tradition in shotput.

Because she could no longer play the team sports she had grown up with, McKenna learned to appreciate the uniqueness of individual sports.

"I feel like anyone who hasn't played an individual sport can't truly understand what its like," she said.

"There's no one to ever bail you out. It's not me so much about persevering and believing in what I could accomplish."

The high point of her senior season came during the district meet, when McKenna finished 2nd overall in the shot-put. She threw it 26 feet and 3 ½ inches, destroying her personal record by 3 feet. She may not have broken her aunt's record, but it's safe to say that her coach is probably pretty proud of her anyway.

Shot off an uneven lie

Golf *Tips*



By Tina Tombs

Many times while playing golf you'll find your golf ball landing on an uneven lie. No reason to panic, I'm going to highlight the downhill and uphill lie this month. In order to execute these shots properly, a few pre-shot adjustments need to be made. These guidelines are for the right-handed golfer's perspective.

Downhill and Uphill Lie:

- You need to position your shoulders to match your feet and the angle/ slope of the hill.
- Move the ball back a little in your stance to assure solid contact with the ball.
- A shorter swing is more effective on an uneven lie and will help you make solid contact and maintain your balance throughout your swing. Because of the shorter, smooth swing, one more club is a good choice.
- Keep your weight on your target leg (on a downhill lie) and non-target leg (on an uphill lie) and swing with the slope of the hill in both situations.

A practice swing is recommended as a balance check with all uneven lies. The downhill lie will produce a low trajectory shot with more roll. The uphill lie will produce a higher than normal ball flight due to the uphill slope.

Remember these few tips and you will have success on the course

Tina Tombs is the Director of Instruction at the Arizona Biltmore Golf Club and an LPGA Tour Professional. You can contact her at Tina@tinatombsgolf.com.





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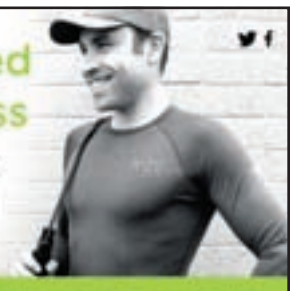
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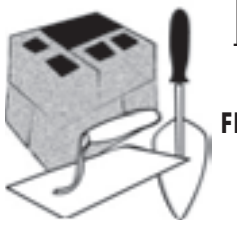
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The MacLean Team Properties



4605 E. Palo Verde Drive Phoenix 85018 - $6,295/mo.
This luxury rental will leave even the most discerning client, speechless with each and every, well thought out detail. This home is a 3 bedroom + an office!



4430 N. 35th Street Phoenix 85018 - $339,000
This is just as sweet as can be! Slate Floors allow this open 1,611 sq ft floor plan to have a clean modern feel.



7035 N. 23rd Way Phoenix 85020 - $949,000 or $4,795/mo.
Breathtaking house...Breathtaking views... 3 bedrooms plus office & bonus room, 4,154 sq ft. This luxury long-term rental is truly for the most discerning tenant!



4409 N. 56th Street Phoenix 85018 - $825,000
Tucked in a quiet 1/2 acre cul de sac. This 3,150 sq ft family home boasts 3 in-suite bedrooms plus split guest quarters!



1731 E. Sierra Vista, Phoenix 85016 - $289,900
Smack in the middle of it all! This freshly landscaped, 1,488 sq ft charming ranch home is at the end of a quiet residential street and ready to go!



6325 E. Alta Hacienda Drive Scottsdale 85251 - $1,495,000
Privately gated ¾ acre estate, Property boasts grand living of 6,103 sq ft, 4 bedroom, 3 ½ bath, formal & casual living area with new travertine and new upgrades!

Our Buyers Are Waiting!

We are working with a number of buyers looking from $250,000 to $2,500,000 and wanting to be in or around the Arcadia area. If you are considering selling, please contact me! Your home may be the perfect match!

Recently Closed Properties By The MacLean Team!

3307 E. Medlock Drive SOLD
3425 N. Valencia Lane SOLD
4211 E. Whitton Ave SOLD
3514 N. Carhill SOLD
4519 E. Weldon Ave SOLD
3420 E. Glenrosa SOLD
3135 N. 48th Street SOLD
3816 N. 54th Court SOLD
4353 E. Palo Verde SOLD
5250 N. 37th Place SOLD
4451 E. Campbell SOLD
8918 N. 80th Place SOLD

6269 N. 31st Place SOLD
3700 E. Camino Sin Nombre SOLD
4242 E. Amelia SOLD
6305 N. 30th Court SOLD
3021 E. Rose Lane SOLD
4839 E. Horseshoe Road SOLD
5748 N. 41st Place SOLD
4232 E. Whitton Ave SOLD
4036 E. Weldon Ave SOLD
4617 N. 8th Place SOLD
4021 E. Avalon SOLD

3002 N. 47th Street SOLD
5511 N. 32nd Street SOLD
6310 E. Lafayette Blvd SOLD
4932 N. 42nd Way SOLD
5225 E. Whitton Ave SOLD
8 Biltmore Estates #124 SOLD
5101 N. Casa Blanca Dr #332 SOLD
4027 E. Avalon Dr SOLD
4413 E. Hubbell #87 SOLD*
8 Biltmore Estates #124 SOLD
5101 N. Casa Blanca Dr #332 SOLD

3050 E. San Miguel LEASED
4519 E. Weldon Ave LEASED
3045 E. Claremont Ave LEASED
3318 E. Montecito LEASED
3015 E. Montecito LEASED
3419 N. 63rd Place LEASED
5100 N. Miller Rd #22 LEASED
3419 N. 63rd Place LEASED*
2244 E. Ocotillo Rd LEASED*
4438 E. Camelback Rd #143 LEASED*
3833 N. 33rd Street LEASED
3232 E. Hazelwood LEASED

*Listed/Closed more than once!

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The MacLean Team Properties



3027 E. Rose Lane Phoenix 85016 - $329,900
Fabulous opportunity to own a 2 bed/2 bath remodeled Golf Course condo in the Private guard-gated Biltmore Courts.



4150 N. 35th Place - $394,000
Designer paint and detailed touches around every corner of this 4 bedroom, 2.5 bathroom, 2,114 sq ft gem! Huge master suite, vaulted ceilings, hardwood floors and more!



5214 N. 33rd Street Phoenix 85018 - $2,395/mo.
Set in the highly desirable Biltmore Heights! This lovely 2400 sqft, 3 bedroom plus office home has had walls opened up to allow for large, great room feel. Charming and move in ready!



3419 N. 63rd Place, Scottsdale, 85251 - $2,895/mo.
Contemporary & Chic, fully renovated 2,230 sq ft home with 3 bedrooms plus an office. Experience the shopping and dining of Old Town Scottsdale within walking distance!



1907 E. Medlock Dr, Phoenix 85016 - $1,695/mo.
Bright and charming 2,064 sq ft townhouse located at the end of a quiet cul-de-sac in the lush Royal Gardens. 2 master bedrooms, 2.5 baths, 2 car garage.



3050 E. San Miguel, Phoenix 85016 - $5,000/mo.
Exquisite attention to detail found in every aspect of this fabulous 3,074 sq ft home. 3 private bedrooms suites, 6 car garage, nestled on just shy of 2 ACRES!

The MacLean Team

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Heather MacLean

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