

ARCADIA NEWS

Vol. 21 No. 12

AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993

March 2014

ARCADIANEWS.COM / ARCADIAHO.ME



In Arcadia, Saint Patrick's Day means more than four-leaf clovers and an abundance of green! Discover the magic and fun March 17 brings to the neighborhood on page 18.



LOOK INSIDE!
2014 ARCADIA NEWS
*Summer
Camp Guide*

Tavan Elementary Fifth graders earn a unique learning opportunity with a technology internship.

Page 50

Brophy hosts annual Special Olympics and makes an impact on both participants and hosts.

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Cover Image:

Cover photo by Emily Burch, whose father and husband (right) create a Saint Patrick's Day block party every year.



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*The deadline for the May issue is:
MONDAY, APRIL 14TH AT NOON.*

Contact Donna Wirtel at
donna@arcadianews.com for more information.

ARCADIA NEWS
AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993

Saint Patrick's Day brings leprechauns and mischief

By Amanda Goossen



I love Saint Patrick's Day.

I'm not sure what it is about the holiday, but something about it inspires me.

Every year a little leprechaun arrives in our house just before the kids wake up and turns our milk green. And he doesn't stop there.

The apple cinnamon muffins that I bake every year somehow become a shade of emerald, tiny clover confetti appears all over the house (and we continue to find it all year long), streamers in every shade of green hang from the walls and gold coins are left on the breakfast table.

I know...it's crazy! But I simply can't resist.

For dinner each year I make individual shepherd pies for everyone, from a recipe a friend from Ireland gave me years ago. My husband pours the Guinness and we toast another year of silliness as well as the innocence of our children, who thankfully still eat up every second of my leprechaun fun.

I'm not sure what I'll do when they start questioning the appearance of a little creature appearing in our home at night. But knowing me, I'll probably keep

Editor's Notes

throwing confetti everywhere! I love holidays and the excitement too much to ever let it go.

This month, in honor of one of my favorite days, *Arcadia News* brings to you a story of Saint Patrick's day traditions from our neighbors. Wait until you see all the fun our community comes up with. The commitment shown by parents and neighbors to create an awesome day and intricate memories is truly wonderful.

In addition to the Saint Patrick's Day festivities, we've also included stories on an Arcadia lawyer turned comedian who has found such outstanding success that the famous Comedy Store in Hollywood has invited him to perform.

Don't miss the stories about local schools and the impact the teachers and their lesson plans, special programs and passion are making on our kids. It's amazing.

And as an added bonus our annual *Arcadia News* Summer Camp Guide is also included in the paper this month!

Happy March Arcadia! And thank you for reading the *Arcadia News*.

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What's Happening, Arcadia?

MARCH 2014 EVENTS

Archaeology for Kids

Pueblo Grande Museum
4619 E. Washington St.
Sat., March 1, 9:30 a.m. – 12:30 p.m.

Children ages 7 to 12 can become a Junior Archaeologist and discover the science of archaeology by doing a simulated excavation of a Hohokam pit house.

www.pueblogrande.com

Fridays in the Park @ Civic Space

444 N. Central Ave.
Every 1st & 3rd Fri. through May
6 – 10 p.m.

Entertainment - movies - poetry - lectures - food trucks - and more! Visual arts, performances on the outdoor stage, spoken word, movies in the A.E. England Building, ArtLink gallery openings are just some of the activities families might see on any given 1st or 3rd Friday night.

phoenix.gov/parks/parks/civicprk.html

Girls in Books – A Mother/Daughter Book Club

Saguaro Library
Sun., March 2, 4 p.m. – 5 p.m.

On the first Sunday of each month, share stories about the exciting adventures of strong and brave girls. Activities and refreshments provided by the Friends of the Phoenix Public Library, Saguaro chapter.

<http://www.phoenixpubliclibrary.org>

Scottsdale Arts Festival

Scottsdale Civic Center Park
Fri. – Sun., March 14–16
10 a.m. – 6 p.m.

200 artists from across the Valley come together in one event that offers live music, great food and family environment.

www.scottsdaleartsfestival.org/

Adopt-a-Street Clean Up

48th St. between Indian School Rd. and McDowell
Sat., March 15 at 8 a.m.

Arcadia Osborn Neighborhood Association will hold its quarterly Adopt-a-Street Clean Up on the 48th Street linear park. Help your neighbors clean up the street and park from 8 a.m. to 9 a.m.

Questions? aonainfo@gmail.com

31st Annual St. Patrick's Day Parade

Third St. at Sheridan St.
(south of Thomas Rd.)
March 15 at 10 a.m.

More than 100 people will capture the hearts of parade-goers including three Irish step-dancing groups, Scottish bag pipe performers, high school bands, twirlers and more than 10 floats.

www.phxirish.org

49th Annual Fine Art in the Garden

Shemer Art Center
March 15 at 9 a.m.

In its 49th year, this spring tradition features 20 artists working in watercolor, oil, pastels, printmaking, jewelry, ceramics, fused glass, quilting, and sculpture. All artwork is for sale and there will be live music and light refreshments. A raffle of 20 special works will be held to benefit the Shemer Art Center's education programs.

www.shemerartcenter.org

African Children's Choir in Concert

Prince of Peace
March 16 at 6 p.m.

The African Children's Choir is composed of African children, ages 7 to 10 years old. Many have lost one or both parents through the devastation of war, famine and disease. They represent all the children of a continent and they demonstrate the potential of African children to become strong leaders for a better future in their land.

www.aplaceofgrace.org

Scottsdale Civil War Round Table

Civic Center Library
March 18, 6:40 p.m.

Speakers are comprised of well-known Civil War experts from around the country. Everyone is welcome. No admission charge.

www.scottsdalecwr.org

Prince of Peace Street Fair – Youth Fundraiser

Prince of Peace
March 29, 5 p.m. – 7 p.m.

Amazing food, music and fun in the front parking lot at POP. The band "Raising Faith" will be here to rock the house! A silent auction with great items and a raffle for a baby grand piano!

www.aplaceofgrace.org

Ultimate Play Date

Scottsdale Civic Center Library
Sat., March 29, 9 a.m. – 1 p.m.
FREE Admission

On Saturday March 29, join family and friends at the Scottsdale Public Library's 2nd annual Ultimate Play Date. There will be arts, crafts and live story telling at this event. Various community partners will also be on hand with fun activities including the Scottsdale Police Department, the Musical Instrument Museum and more! This event is a free event focused on children through 8 years of age.

www.scottsdalelibrary.org/ultimateplaydate

Starting a business: tips for applying for a loan

By Jonathan T. Hasebe



1. Get your financial house in order.

In order to get the best possible loan for your business, you need to put your best foot forward.

Presenting your business in an organized and professional manner will go a long way toward earning the confidence of prospective lenders, ultimately saving time and increasing your chances of securing the loan you want. Every lender will require some basic documentation, so it's a good idea to get these documents cleaned up and assembled.

2. Make your wish list.

Before you begin to apply for loans, you should be making a wish list of the important terms that you'd like in your loan documents. While some lenders may be more willing to negotiate than others, don't be afraid to ask for what you want. Even if you don't get everything on your wish list, you will find that lenders often have flexibility on certain terms. When putting together your wish list, you should ask yourself some questions that will help determine what terms are important to you.

What type of loan should I be applying for? Loans are not "one size fits all" and a borrower should think about what type of loan best suits their business whether it be a term loan, a line of credit, or something else.

How do you envision the loan being secured? Lenders will need some security to back up their loan, whether it's collateral in the form of property or a guarantee. However, a borrower may be willing to negotiate the specifics of this collateral (limit or duration of a personal guarantee).

3. Review the loan documents carefully.

Once the loan documents are drafted, review them carefully before executing any document. To the extent the lender has agreed to an item from your wish list,

Legal Ease

ensure that it has made its way into the final document. If there is a later disagreement regarding the terms of one of the loan documents, it is difficult to argue that the written contract doesn't govern, even if you can show that the terms are different than those agreed to in the negotiation process.

4. Be a good partner.

After the ink has dried and you get your money, keep in mind that your lender is now a partner in your business with expectations for how you will operate. These expectations go beyond merely making your loan payments on time and typically include financial covenants (metrics you have to meet), negative covenants (things you cannot do without lender permission), and affirmative covenants (things you have to do to avoid defaulting). Before signing your loan documents, review these covenants carefully to make sure you are willing and able to comply. You may find yourself needing your lender's permission for even routine business decisions you previously made on your own.

5. Seek out help.

It's important that a business owner seek advice from trusted professionals like accountants and lawyers early. These professionals assist in preparing documents for the application process that prevent any misstatements or omissions in the application, help negotiate and document the terms and conditions of the loan to better tailor the loan to your business, and help business owners fully understand all covenants and obligations so as to avoid the high costs associated with a potential default.

Jonathan Hasebe is an associate at Gallagher & Kennedy. He practices in the areas of both general commercial litigation and transactional law. For more information about Mr. Hasebe, please visit www.gknet.com.

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To have events considered for the Calendar, submit information to calendar@arcadianews.com by the 15th of the month prior to publication. Calendar listings may be edited and published by Arcadia News as space allows and at the discretion of the editorial team.

If you are **buying** or **selling** a home in Arcadia, **call Tommy!**

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Arcadia Real Estate Stats

2014 HOPI SCHOOL DISTRICT SALES RESULTS (1/1/2014- 1/31/2014)

Active Homes - 171 homes
Homes Sold - 11 homes
Average Sale Price - \$745,810
Average Sold \$ Per SF - \$258
Average Days On Market -69 days

- There is currently 6 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 56% this year. (based on 2013 sales results)
- Home prices have decreased 11% this year. (based on 2013 sales results)
- \$ Per Square Foot prices have decreased 3% this year. (based on 2013 sales results)
- Homes are taking 21% less time to sell this year. (based on 2013 sales results)

2013 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 305 Homes
Average Sale Price - \$845,430
Average Sold \$ Per SF - \$262
Average Days On Market -88 Days

2012 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 282 Homes
Average Sale Price - \$777,607
Average Sold \$ Per SF - \$235
Average Days On Market -102 Days

2011 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 238 Homes
Average Sale Price - \$635,344
Average Sold \$ Per SF - \$197
Average Days On Market -124 Days

2010 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 202 Homes
Average Sale Price - \$670,142
Average Sold \$ Per SF - \$200
Average Days On Market -156 Days

2014 TAVAN SCHOOL DISTRICT SALES RESULTS (1/1/2014- 1/31/2014)

Active Homes - 69 Homes
Homes Sold - 15 Homes
Average Sale Price - \$467,667
Average Sold \$ Per SF - \$182
Average Days On Market -47 days

- There is currently 4 months of home inventory (based on 2013 sales results)
- 2014 home sales have decreased 16% this year. (based on 2013 sales results)
- Home prices have increased 13% this year. (based on 2013 sales results)
- \$ Per Square Foot prices have increased 2% this year. (based on 2013 sales results)
- Homes are taking 28% less time to sell this year. (based on 2013 sales results)

2013 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 217 Homes
Average Sale Price - \$403,875
Average Sold \$ Per SF - \$189
Average Days On Market -66 Days

2012 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 207 Homes
Average Sale Price - \$326,316
Average Sold \$ Per SF - \$158
Average Days On Market -66 Days

2011 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 203 Homes
Average Sale Price - \$265,505
Average Sold \$ Per SF - \$128
Average Days On Market -102 Days

2010 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold - 145 Homes
Average Sale Price - \$294,278
Average Sold \$ Per SF - \$142
Average Days On Market -140 Days



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Lingering cough might be sign of bronchitis

By Kristin Shealey, MD



and from your lungs.

Bronchitis can occur after a cold, flu or other respiratory infections such as allergies. Exposure to smoke or other irritants in the workplace, as well as air pollution, also can contribute to bronchitis in susceptible individuals.

Quite common, acute bronchitis is often known as a chest cold. It usually improves within a few days without lasting effects, but you may still cough for weeks.

However, bronchitis symptoms like these should prompt a visit to your primary care physician:

- A cough that lasts more than three weeks and that produces discolored mucus or blood.
- Shortness of breath or wheezing.
- Lack of energy.
- A cough that prevents you from sleeping.
- A fever of 100.4 F.

Your doctor will listen to your lungs carefully through a stethoscope to rule out pneumonia. He or she also might order a chest X-ray, a sputum culture and/or a pulmonary function test. Because bronchitis usually results from a viral infection, antibiotics won't work. But if a bacterial

Hack hack. Repeat.

Your lingering cough could mean you have bronchitis. It's an inflammation of the lining of your bronchial tubes, which carry air to

Healthy Tidbits

infection is suspected to have caused it, your doctor may prescribe antibiotics.

Because your cough is producing mucus, you should only take a cough medicine with an expectorant (an ingredient that thins and loosens mucus) during the day. Take cough medicine without an expectorant at night to help you sleep.

If you get bronchitis repeatedly — usually because of smoking or exposure to secondhand smoke — you may have chronic bronchitis. This is more serious because the lining of your bronchial tubes is constantly irritated or inflamed and may require inhalers and other therapy.

If you have a cough that lasts for two to three months a year for at least two years, your doctor may determine that it's chronic bronchitis. Because it puts you at risk for developing heart problems, as well as more serious lung diseases and infections, you should be under a doctor's care. If you have chronic bronchitis, it may be helpful to have a respiratory therapist teach you breathing exercises that help you breathe more easily and boost your ability to exercise.

Dr. Kristin Shealey treats patients of all ages at Arcadia Family Clinic, 4131 N. 24th St., Suite B-102, Phoenix, 602-955-6632, or JCL.com/practices.

arcadiadaily.com

Thanks to law enforcement

By Steven Sarkis



There is no doubt that law enforcement is a dangerous profession. From simple traffic stops to dangerous drug busts, law enforcement officers are constantly putting their lives on the line to keep the rest of us safe.

Working within the criminal justice system, I have personally seen time and again via countless court cases just how much law enforcement officers do to keep their communities safe. Working within a courthouse community of sorts, I have also repeatedly seen how much they do in an effort to keep court employees as well as the public safe.

For instance, very recently we had an incident in our courthouse where a man brought a clipboard with him to court. Nothing out of the ordinary and certainly innocent enough. The clipboard was not scrutinized by security as it's an everyday item, especially in a courthouse. Yet when this individual's case didn't go as he'd have liked he removed the handle of

Judge's Corner

his clipboard, which at some point before coming to court had been sharpened to a knife's point, and then stabbed himself in the neck.

What followed was a standoff, a tasing, a bloody courtroom and a trip to the hospital. In the end the individual was okay, physically at least, and all court employees and members of public were safe, thanks largely to the instincts and training of local law enforcement and court security.

This being said, the next time you see a law enforcement officer on the street or pass through a security line at the airport or courthouse, remember to give thanks, or at least a nod, to those that protect our well-being on a daily basis. Remember that these individuals, with little to no recognition, make a career out of keeping the rest of us safe.

Steven Sarkis is the Justice of Peace for Arcadia Biltmore Justice Court.



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graffiti 2 • mike culshaw • 24" h x 18" w x .25" d • acrylic on canvas



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A photograph of Mrs. Sarah Irizarry, a woman with dark hair, smiling and holding a framed award. The award is titled 'TEACHERS' and 'Mrs. Sarah Irizarry'. A young boy with curly hair is standing next to her, smiling and with his arm around her shoulder. They are in a classroom setting.

First year teacher making impact on first graders

Teachers chosen for the Arcadia News Teachers We Love award receive a \$125 gift certificate to Salon Sandoval, dinner for two at The Henry and an invitation to an end of the year luncheon for the year's winners.

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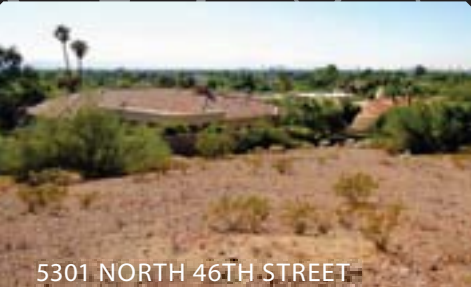
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Los Niños pediatric nurses Angelika and Amy carry in some of the donations from Arcadia residents.

Los Niños hospital benefits from kindness of neighbors

By Kathleen Shipman

The Arcadia News Assisting Neighbors program (ANAN) was created to help bring aid to charities and groups within the neighborhood that need our help.

Los Niños Hospital was the first organization Arcadia News was honored to support and with the residents of Arcadia generously donating to the cause, Los Niños has received the items they so desperately needed.

"We are truly grateful for the generosity of the readers of Arcadia News and want to extend our heartfelt thanks to all who came by with donations," said Jennefer Frost, Assistant Director of Nursing at Los Niños.

Los Niños Hospital is a small facility near Arcadia that caters to infants, children, and teens. Although they provide excellent care to their patients, due to underfunding, they were lacking the amenities found in other children's hospitals. By partnering with the children's boutique Perennials, the ANAN began collecting these items for Los Niños. Between November and February when the program ran, the entire community came out to selflessly offer donations.

"People have been very receptive," said Katherine Lowther, owner of Perennials. "Everyone has donated out of the kindness of their hearts."

Baby equipment, furniture, and clothing were just some of the items donated to Los Niños, some of which went home with the families of patients in the hospital.

Donations of Christmas gifts were even made during the holiday season, which helped brighten the children's spirits.

Arcadia residents gave to this charitable cause in different ways. Some collected

their own gently used baby supplies and brought them down to Los Niños Hospital themselves. Others shopped in Perennials, placing their newly purchased items into the collection box. Customer Svetlana Makitrina even used her own talent for knitting hats and booties and donated bags of the items to the babies of the hospital.

"I think it's important for the residents of Arcadia to give back," said Svetlana. "It's another way of being thankful for what you have, to be willing to help the less fortunate ones."

Another participant in the ANAN was resident Anais Sonder. Her personal story relating to an ill child at Los Niños was a reason she too wanted to get involved and donate to the hospital.

"I think recognizing the important role that Los Niños plays in this city for chronically ill children and asking the community to help enrich their lives while they are patients is one of the most generous ways a community can care for its newest members," said Anais.

Donations can be made directly to the Los Niños children's hospital year-round.

For more information contact Nayree Ross RN: nross@haciendainc.org.



Behind the Business

By Amanda Goossen

For Chris Sandoval, owner of Salon Sandoval, hair is simply his passion.

"I think it's in my blood," said Chris.

From a very young age, Chris knew he wanted to become a hairdresser.

"My aunt owned a salon and was a teacher for Redken," said Chris. "I've always loved the smell of an old salon."

Chris remembers his dad, who he is still very close to, wanting to cut hair as well. He, however, went into the military instead.

"He used to practice on my brother and I," said Chris. "In the 70s when everyone had long hair, he wouldn't let us. He would cut and cut our hair."

Chris, as if suddenly realizing something, starts to laugh.

"That's probably why I've had long hair most of my adult life," he said.

Chris is a family man. Extremely close to his entire family; his parents visit the salon often.

He has three daughters, Cayleigh (27), Arielle (25) and Ivy (18), as well as a five-year-old grandson Aidan. If Chris isn't at the salon, you can bet he can be found with one or more of these important people.

And his salon staff is an extension of his family.

Opening his salon in Arcadia 18 years ago with only \$.35 left in his checking account, Chris took quite a gamble to



Salon Sandoval owner Chris Sandoval feels that his staff is an extension of his family.

create a business based on his passion.

"I never had aspirations to open a salon," said Chris, "It just seemed like a natural progression even though some told me my business plan would never work."

Statements like that simply motivate Chris' spirited personality.

"It's like the bumble bee," said Chris. "Scientifically, they shouldn't be able to fly. Their wings are too small, their bodies too big. But they do. And somehow, against all odds, the salon has worked as well."

Salon Sandoval's tight knit crew seems to be a result of Chris' passion for his

business.

"If someone has my back," said Chris, "I have theirs."

And it's obvious by the laughter that can be heard from the entryway of Salon Sandoval that the team supports each other.

"If you don't take care of your business," said Chris, "the business can't take care of you."

Salon Sandoval is located at 3703 East Indian School Road. For more information call 602.957.9910 or go to www.salonsandoval.com.

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Arcadians celebrate fun, tradition of Saint Patrick's Day

By Katie Mayer

In the United States, Saint Patrick's Day is a time for celebration.

We gather with loved ones, drink green beer and feast on corned beef and cabbage.

But despite the many fun-filled festivities, the history of the holiday has more somber roots dating back more than 1600 years when a teenage boy was kidnapped from his home in Scotland and taken to Ireland.

The man known today as Saint Patrick worked as a slave sheepherder during his time in capture, but as a person of deep faith, ultimately escaped, was ordained a

bishop, and went on to convert the entire country of Ireland to Christianity.

Today, Saint Patrick, Patron Saint of Ireland, remains one of the most beloved saints worldwide.

Each year on March 17, the holiday of Saint Patrick's Day is celebrated in America through a variety of traditions as diverse as Americans themselves.

Some wear green, while others wear orange. Some attend parades, drink green beer and dine on corned beef and cabbage, while still others choose to recognize the day through quiet prayer and church services.

In Arcadia, Saint Patrick's Day offers families a chance to enjoy longstanding traditions, celebrate with neighbors – and in true Arcadia spirit – create unique and imaginative activities to share with their community.

Mischievous creatures

In the Cheke home, the night before Saint Patrick's Day is filled with anticipation.

For the past seven years, "leprechauns" have sneaked into the family's Arcadia home and painted fingernails green, dyed sideburns green and even painted the dog.

So, to combat the mischievous little creatures, the Cheke children

Patrick, 10, Nicholas, 8, and Zachary, 6, build and set traps in the front yard. Along with neighbors and other family members, the boys spend Saint Patrick's Day eve enjoying Lucky Charms cereal, green Kool-Aid and building traps.

"The next morning, they see what the leprechauns did in the front yard and see if they got anything," said mom Rose Cheke.

Although the children have never actually trapped a leprechaun, Cheke said the children often discover leprechaun droppings in the form of green jellybeans and other bits of evidence near their traps.

Cheke, whose family members are of Irish descent, isn't exactly sure how the tradition started, but said she always imagined leprechauns being "mischievous and mystical" so the family decided to try to capture one.

"We are kind of kooky and celebrate everything," Cheke, who works in pharmaceutical sales, said while laughing. "The first year that I did it, my husband wasn't especially pleased with me because he woke up with green fingernails and toenails."



Bill Taber and Peter Burch stand proudly in their handmade pub, ready for another year of green beer with family and friends.

A pub and a party

Every Saint Patrick's Day, the carport of Peter and Emily Burch's Arcadia home is transformed into an elaborate Irish pub.

More than a month before the holiday, Peter and his graphic designer father-in-law Bill "BAABEe" Taber build an elaborate wooden façade modeled after a famous Irish pub and place it at the front of their carport to form a realistic entrance.

Inside, the two men build a bar with beer on tap, hang posters, a dart board, create a picture wall and even build a Snug, which

Continued on page 20



In the Cheke home, creating a leprechaun trap has become an annual Saint Patrick's Day tradition.

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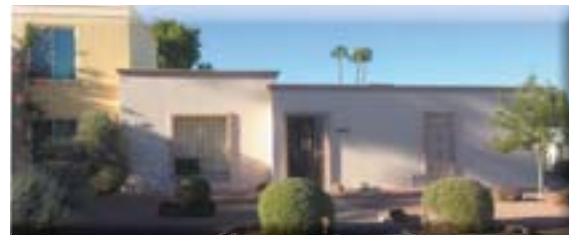
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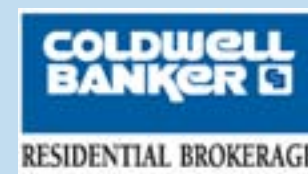
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Saint Patrick

Continued from page 18

is a small private room historically used in pubs for people who do not want to be seen in the pub.

"There are people who think my father-in-law and I are a little crazy," Burch said.

And the pub is just the beginning. Every year, the Burch family, along with neighbor Dina Musselmann, obtain a permit from the City of Phoenix to block off their cul-de-sac.

Then, they reserve food trucks, book a well-known local band, rent bounce houses, portable toilets and buy kegs of beer to hold one of the largest and most elaborate private Saint Patrick's Day parties in town.

The event is always held the Saturday before Saint Patrick's Day and often draws anywhere from 500 to 1,000 people throughout the day, all friends and family of the neighbors.

"It has grown so much that this year, I was considering not doing it," Burch said. "Still it has never gotten out of hand, and it's always very family-friendly."

It is, however, expensive, despite the fact that Burch places donation jars around the event for attendees to help contribute.

"When I meet people I don't know and they hear where I live, they say 'That's the Saint Patrick's Day neighborhood,'" Burch said. "Everybody always laughs because they think I'm Irish and I'm not Irish at all."

Although Burch is not of Irish decent, his wife is, and grew up with her father celebrating Saint Patrick's Day. In fact, Emily Burch grew up in the same house the pair lives in today, and her father built the first pub inside the home a number of years ago.

"Over the years, my father-in-law prints off more and more stuff, and it now takes me five hours to hang up photos inside the carport," Burch said.

But all of the work isn't just for one day. Burch usually leaves the pub setup in place for a couple weeks after Saint Patrick's Day each year.

"There are times when I come home from work and I can see the lights on in there," Burch said "Then I see we have neighbors sitting in the pub."

Many Ways to Celebrate

Saint Patrick's Day has always been an important national holiday for Arcadia resident and attorney Myles Hassett, who grew up in Ireland's second largest city, called Cork.

"It was a national day in Ireland and a Catholic holiday...a holy day of obligation," Hassett said.

"We would have a parade in our town, which would feature Irish music and dancing."

Hassett added, "Saint Patrick's Day



Emily Burch, Ruby McHale and Charlotte Burch.

is celebrated differently in the United States...it's more of a party, which is a good thing because people get to celebrate their Irishness."

Today, Hassett and his wife Carolyn along with their 6-year-old son Barry enjoy celebrating the holiday together. They attend the Irish Cultural Center's annual Saint Patrick's Day Parade, feast on Carolyn's southwest inspired whiskey barbecue sauce corned beef and cabbage, and sometimes even bake or order traditional Irish Soda Bread. Some years, Hassett's mother visits from Ireland and enjoys the holiday with the family.

"It's just generally about having a good time and celebrating your Irishness," Hassett said.

But more than that, Hassett said it's also a day to connect with his Irish friends near and far.

"I like to call my family in Ireland and it's a day when you want to reach out to your Irish friends and wish them a happy



(Top) Green beer and (bottom) an Irish hat display are both part of the Burch pub.

Saint Patrick's Day."

This year, Hassett and his wife plan to host a party at home for his law firm colleagues and staff at The Hassett Law Firm, as well as his friends.

"Anybody who's got a bit of green in them is welcome," Hassett said. "The thing about St. Patrick's Day traditions is that many families will have their own – kind of like Carolyn's corned beef – you'll find a way to celebrate your Irishness."



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A magic magnifying glass

A fun children's art project turned into a yearly Saint Patrick's Day tradition for Arcadia mom Tara Kratzner-Bills.

While running her ARTcadia Studio mommy-and-me art classes, Kratzner-Bills created a fun activity where she and the children glued pipe cleaners formed into a circle onto the ends of tongue depressors to create pretend magnifying glasses.

The children then went out in the yard and used their magic magnifying glasses to find leprechauns.

While they didn't find the little green creatures, the children did discover chocolate gold coins and nuggets.

"They were jumping up and down screaming, 'We found the gold!'" Kratzner-Bills said.

Today, Kratzner-Bills and her husband Eric Bills and children Julien, 5, and Adrien, 2, continue the fun tradition each year. This year, Kratzner-Bills and her Arcadia Mom's Club will enjoy the tradition during their scheduled playgroup.

To ensure she has all the supplies for the project, Kratzner-Bills stocks up on gold chocolate coins during Hanukkah and keeps them in the freezer, so that they don't melt when they are placed outside on the lawn.

"I think it's the anticipation of the magic that they like," Kratzner-Bills said. "It's pretty exciting stuff and it makes it really fun for them."

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Big ideas, smaller spaces



A structure submitted to the Shemer MicroDwell in 2012 by Mary McCormick.

By Matt Covert

Starting on February 15 the Shemer Art Center will be displaying micro-dwellings designed by local architects, students and designers.

The annual Shemer Art Center MicroDwell event showcases the design-build features of small modular structures, their varied uses, alternative construction techniques and cost effectiveness. MicroDwell 2014 will highlight the positive benefits to the environment by conscientious material selection, use of salvage materials, and minimization of waste, explains the Shemer Art Center website.

Builders can participate in the showcase as long as their design is under 600 square feet. The event is “a builders’ showcase where there is no right answer,” said event organizer Patrick McCue.

McCue is trying to show people that by living in smaller spaces we can improve our environment.

“The point of the movement is to create a smaller carbon footprint,” he said.

In describing his own design McCue said, “everything is small. All of it can be considered green.”

Participant Mary McCormick has designed several micro-dwellings and is submitting a design that is a mobile play structure.

“It is a family play structure on wheels. It can roll around your pool patio or around your lawn,” McCormick said.

McCormick was inspired to create micro-dwellings after reading the book *Last Child in the Woods*.

The book taught McCormick that “our kids just don’t get outside enough and play enough,” she said.

As a result, she began designing family play structures. The design is big enough for adults and kids to play together so families

can spend more time together.

“I’ve built six so far and people love them. Families love them,” she said, “they transform neighborhoods. It becomes the neighborhood hub and they are all outside enjoying the play structure.”

She hopes her structures will help people, “get back to nature, the campfire and engaging our kids outside,” she said.

Her structure is made from lumber and has a corrugated metal roof. The structure contains no plastics, only metal and wood.

McCormick hopes that her play structures will eventually help neighborhoods.

“I want to go on *Shark Tank* and I want to win and change the way families play together all around the world. All the store-bought things don’t engage parents,” she said.

Students from Sunnyslope High School and Arizona State University are also submitting designs in addition to other members of the community.

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ASU alumni brings Move for Hunger to AZ marathon

By Matt Covert

Racing to fight hunger, the organization Move For Hunger is using running and moving to help end hunger.

At the P.F. Chang's Rock 'n' Roll Marathon & ½ Marathon, Move for Hunger had volunteers racing to raise money. In addition, All my Sons Moving and Storage helped with the collection of 750,070 pounds of food.

Move for Hunger uses a workforce of volunteer moving companies to collect food to give back to local food banks.

"All the food stays in the communities," said Adam Lowry, founder and executive director of Move for Hunger.

The Move for Hunger charity partners with over 556 moving companies and about 1,600 real estate professionals in 47 states to help fight hunger nationally, according to moveforhunger.org.

The food collected at the P.F. Chang's Rock 'n' Roll Marathon & ½ Marathon will provide food for about 6,300 people, according to Lowry. All the food will be received by local food banks and aid in the fight against hunger.

Hunger especially affects Arizona communities.

"In Arizona one in six Arizonans go hungry," Lowry said, "It's something people don't talk about all that much."

Part of Move for Hunger's goal is to

raise awareness about hunger in the United States because the issue is not always addressed. Yet through advocacy and events Lowry said his charity is, "really able to increase awareness."

This was the first year the charity was involved with the marathon.

The charity has recently begun working with other marathons as well. According to the charity's website they are participating in the Rock 'n' Roll USA Marathon & ½ Marathon, Novo Nordisk New Jersey Marathon & ½ Marathon, Rite Aid Cleveland Marathon and ½ Marathon, and other marathons nationwide.

At the marathons the charity hopes to both collect food but



raise money and awareness. Like the P.F. Chang's Rock 'n' Roll Marathon & ½ Marathon the charity is hoping people will run to raise money as well.

"Any one who wants to can join our race team," Lowry said.

Move for Hunger began with the idea that people leave behind many things when they move, including non-perishable food. Lowry witnessed that first hand with his father's moving company.

Adam Lowry's father Keith Lowry is the president of Lowry's Moving Service, a commercial and residential moving company that has been in business for over 90 years.

Adam Lowry then enlisted his father's moving company's help to gather food and donate it to the local food banks. Eventually he expanded the program nationally and now their charity has collected 2,497,698 pounds of food, according to moveforhunger.org.

Adam Lowry, a proud ASU Sun Devil for life, recently made the Forbes 2014 "30 under 30" list.

Lowry, in a phone interview, encourages anyone who wants to get involved with his charity to visit the website and get more information.

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A little library for one and all

By Heather Kinkel

“Take a book, return a book” is the mantra behind the Little Free Library concept and organization. The revolving free library idea was a concept happily brought to neighborhoods and communities everywhere by Todd Bol.

It all began back in 2009 in Hudson, Wisconsin. Todd Bol built a model of a one-room schoolhouse, filled it with books and put it on a post in his front yard. He added a sign that read “FREE BOOKS” and the first Little Free Library was born.

Todd’s community loved the concept so much that he built a few more for his neighbors and friends. By August of 2012, they reached 2,510 Little Free Libraries nationwide, and by January of 2014, the total number of registered Little Free Libraries is between 10,000 and 12,000.

Here in Arcadia, we have at least two Little Free Libraries that are loved and used by the community. Residents are encouraged to bring a book (or two, or three!) and take a book. The books can be adult reads (fiction or non-fiction) or children’s books. The more diverse the additions to the Library ensure that no two visits to the Little Free Library will ever be the same.

There are a few other Little Free Libraries in our surrounding communities, and the organization is always looking to add more! Any homeowner or business is welcome to build their own free-standing Little Free Library and place it on their property for the public to enjoy.

Little Free Libraries have proven their



Little Free Libraries are enjoyed by all ages.

long-standing value in Arcadia by being unique. Each Library has a special, personal touch – real people in real communities are sharing their favorite books with their neighbors.

Interested in having a Little Free Library in your front yard? Visit littlefreelibrary.org to see how you can become a steward today. Little Libraries can never be too close together and there can never be too many libraries in one community!

Little Free Libraries in Arcadia and the nearby community:

- 2947 N. 27th St., Phoenix 85016 (home)
- 420 E. Roosevelt St., Phoenix 85004 (home)
- 5524 E. Lafayette Blvd., Phoenix 85018 (Shepherd of the Hills)
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Arcadia resident brings laughter in new amusing career



Arthur Belkind, once a successful lawyer, is now headlining at The Comedy Store in Hollywood.

By Kathleen Shipman

For Arcadia resident Arthur Belkind, comedy has always been part of his life. It wasn't until recent years though that he transitioned from being just a funny guy into a full blown comedian, headlining at The Comedy Store in Hollywood. At the age of 71 years young and after taking many different career paths, Arthur's dream has finally come true.

"I've always wanted to do comedy," said Arthur. "People have always told me that I'm funny."

There isn't much that this native New Yorker hasn't done during his lifetime.

From being a careless young man spending a summer on the Sunset Strip, to working on Wall Street, Arthur's journey has been full. He even spent some time in Chicago where he worked as a criminal defense attorney. The decision to leave this profession, Arthur likes to incorporate into his comedic routine.

"I couldn't tell the difference anymore between my clients, the judges, and the police," said Arthur.

It was after Arthur married his wife Jan that they settled down in Arcadia and raised their two children, Lucas and

Rachel. Here they have been very involved and great supporters of the community.

"We are the biggest boosters in the world of Arcadia," said Arthur. "Arcadia has given our family a lot. The education my children got was just fabulous."

After travelling all over the world with his family, the dream to become a comedian surfaced for Arthur. In his late sixties, it made its way onto his bucket list. Arthur's wife Jan couldn't have been more supportive.

"I've always enjoyed his sense of humor. You never know what to expect next," said Jan. "He has kept me laughing for 25 years and it's about time to share it with others."

Arthur completed classes through a program called comedyschools.com in Tempe before hitting the stages of local comedy clubs across the valley. The Tempe Improv, The Comedy Spot in Scottsdale, and The Mesa Clearview Cultural Center are just a few of the venues where Arthur has debuted. The focus of his act revolves around self-deprecation, especially when it comes to his mature age.

"At my age I should be doing lie down, not stand up," said Arthur.

The recognition of Arthur's true comedic talent came in the form of an invitation to appear at The Comedy Store on Sunset Strip this past January. The honor was there for Arthur to say the least, being that The Comedy Store is one of the

most well-known and respected comedy clubs in the country.

It was before this performance that Arthur sat outside the venue reflecting upon the long journey that had brought him up to that moment. Remembering his days as a young man during the summer of 1964, he recalled going to see the Byrds play at the exact location where the Comedy Store now stands tall.

"I thought, wow," said Arthur. "50 years ago I walked across the street and came in here for the first time...and tonight I'm going to perform here."

Arthur felt that the epiphany had calmed his nerves that night. He went on to have such a successful performance that he was invited back to The Comedy Store to perform again February 23. Only this time it was to headline the show.

Although Arcadia resident Arthur Belkind has lived an incredible life so far, he plans on furthering his accomplishments, first by expanding his presence in the Phoenix comedy scene. Another dream he has is to combine his passion for humor with his love of travel.

"I would love to get well known enough to be able to perform on cruise ships," said Arthur. "I would have them drop me off at every port and get on another ship to do another show."

Whatever path he chooses, Arthur will have his wife Jan and his family by his side, laughing the whole way through.

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Positive attitude earns students bikes and lunch

By Sarah Stecko

Imagine sitting in class and suddenly Subway sandwiches and other goodies are delivered. Then, a brand new bicycle and gear is brought in to be awarded to one deserving student. The students are all ears in anticipation and the teacher is the one who hand-picked the winner for "Cycle for Success."

"You really have to experience the raw emotion of this moment—lots of smiles and lots of tears," said Jay Schaefer, National Director of Development and Logistics of the Be Kind People Project.

The student chosen is one enrolled at what is considered an "at-risk school." The Be Kind People Project's mission is enforcing positivity and character development for students, kindergarten to sixth grade in over 130 schools across the Valley. Out of these schools, 85 percent are in the Title I category which aims to improve academics for the disadvantaged areas, according to the U.S. Department of Education's website.

The Be Kind People Project teamed up with the Subway Kids and Sports of Arizona to combine their connection with the schools with the resources to run a Cycle for Success event every month.

Subway Kids and Sports is a major partner and they contribute by providing



Brunson-Lee Elementary student earns award.

the sandwiches, bike and safety equipment. The Be Kind People are starting their third year of helping facilitate this giveaway.

The lucky student who goes home with the bike is not decided on by luck alone. Out of 3,500 teachers and 90,000 students targeted in the program, the administration and teacher agree on a student who reflects the "10 Tenants of the Be Kind People Pledge." A handful of those qualities include: "Be encouraging, be helpful, be thankful, be respectful, be a friend."

The main takeaway for students from Cycle for Success is, "Don't expect anything in return," said Schaefer. "Be kind just to feel good."



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Arcadian’s passion for art creates shared experience

By Danika Worthington

Walking into Marty J. White’s house is like walking into a gallery. Masks, statues and the like cover every visible surface—something unsurprising of an artist who hosts classes out of her backyard.

“Being an artist myself, seeing all the creative stuff she had done,” said Scottsdale snowbird and student Jolene Weisblat, “I just went around her whole house and looked at everything.”

Marty is a 64-year-old artist with white hair pulled back into a slick bun and colorful yet eloquent clothing. She worked in education and furniture retail for the majority of her life, but after she retired, she turned her attention to art.

She has been holding classes in her backyard for five years. Marty teaches people, such as Weisblat, how to make a variety of pieces including masks, vessels and spirits, which are like statues. Some of the works require students to come back one or two times to complete.

Much of her artwork centers around gourds, a hollowed out plant that comes from the pumpkin family. She said gourds were used to hold liquids in the Roman times and are still used today by migrant workers in South America, something some of her students reminisce about.

Classes have 6-8 people who sit at tables surrounded by supplies and tools. Marty teaches them how to design, cut, burn and paint the gourds. Students choose what they want to make, sometimes walking through Marty’s house for inspiration.

To create, students use the supplies in Marty’s backyard, including four different types of drills and two power sanders. The total cost of her equipment comes to about \$10,000, she said.

Weisblat, who has a degree in art, took one of Marty’s classes after she saw her work at an art festival in Carefree. She said she had fun and learned a lot.

“I’ve painted, I’ve sculpted, I’ve done a lot of things but when I saw her work I thought, I’ve got to do that,” Weisblat said.

If people are interested, Marty will share a glass of wine with them and give a critique of their work. She also holds open studios for more experienced students to come back and get advice on their pieces.

There are no age restrictions to participate.

“I’ve had a 6th grader who used a dremel and she did a better job than her older brother,” Marty said.

The class is especially open to retired people 60 and older, Marty said. It’s important to Marty for people to stay active after they retire and learn new things.

“Just because you’re retired doesn’t mean you should sit eating a bag of Doritos all day,” Marty said.

Marty is a living example of this as she didn’t start teaching classes at her home until she retired. She also teaches classes to disabled kids, stroke victims and veterans.

“I was going to retire but that never happens when you’re type A,” Marty said.

Marty was interested in art since she was a child. At age 7, she drew a sketch of her grandfather. A paint-by-numbers man



Marty J. White enjoys working with gourds in her artwork.

himself, her grandfather recognized her talent and “coaxed” her into art.

When she graduated high school, he paid for her to go to Europe to look at the masters. Her parents disapproved of a career in art, so Marty focused on education.

Although she always did art, after she retired, she threw herself into it with new vigor. Interested in masks, she began to take classes across the U.S.

She participates in shows across the nation in places such as California, Wyoming, Colorado and Utah. Marty packs a trailer, attached it to her car and drives thousands of miles to show.

A friend of Marty’s, Amy Tuso, said Marty was brave and independent to travel

far distances on her own. She also said art is a large part of who Marty is.

“She’s able to find that creative space, that comfort zone where she’s able to just let go and let the creative process happen,” Tuso said.

Marty described a similar idea and said she can lose herself into art. On one New Year’s Eve, for example, she came home and immediately started creating. She did not stop until 10:30 a.m. the next day.

“She isn’t in it just as a venue to make money,” Tuso said. “She’s in it because it’s part of her soul. She needs to create. Her artwork really is who she is.”

Those interested in taking classes or for more information about classes and prices go to www.martyjwhite.com.

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Passion for cooking and crafts yields exquisite party

By Amanda Goossen

Arcadia resident Erin LaVallee moved to Phoenix from Grant Rapids, Michigan while in college, to attend ASU. She enjoyed the fifth largest city in the U.S. so much, she never went back to her small town and family horse farm.

"It was definitely culture shock at first," Erin said.

But before long she felt right at home. The Biltmore area would become her home for over 14 years, but then, after looking for a home in Arcadia for more than two years, Erin, her husband Mike, and their two children, Elyse (9) and Lawson (7) would find the beautiful ranch-style home that was meant for them.

Erin, who studied food and nutrition in college, has always been in love with cooking. She loved her Easy-Bake oven as a child and admits that now cooking is her emotional release.

"I cook when I'm happy, I cook when I'm sad, frustrated..." said Erin.

Then while writing a young adult novel a few years ago, Erin found that she needed another outlet to write. She decided to start a blog.

The Lemonista was born.

A blog mostly about food, but also about crafting, decorating and anything else that inspires her, Erin has found joy in sharing her ideas and creations with the world.

"I have one craft," said Erin. "It's been featured everywhere. It amazes me every time I see it somewhere and discover it was



Erin LaVallee and her husband Mike await guests at their Downton Abbey dinner party.

somehow shared."

In the summer of 2013 while visiting her parents in Washington, Erin was shopping with her mom when she noticed a vintage white apron. She immediately thought of her favorite television program, Downton Abbey.

"I thought, I should throw a Downton Abbey party," said Erin.

She purchased the apron and told her friends, who are also craft savvy, about her idea. For months they kept pushing her to do it.

So with the support of her friends, Erin started planning. She knew she wanted to do

a menu inspired by the British period piece. She also knew she'd have to do research and shopping to get it all just right.

Costumes were definitely part of the plan and a sit down dinner would be in order as well.

Having inherited fine china, silver and glassware over the years from her husband's family, Erin was confident that she had everything she'd need to host twelve.

Invitations went out to the friends Erin knew would enjoy the costume part of the event, as well as those who were die-hard Downton Abbey fans.

Continued on page 29



(Top) The apron that inspired the party. (Bottom) A British flag hung outside the LaVallee home.



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Twelve guests enjoyed a toast to friendship as well as a mutual love of Downton Abbey.

Downton

Continued from page 28

An Arcadia Farms inspired strawberry salad was the opening course, while lobster bisque bubbled on the stove as the next addition to the meal.

Beef Wellington with fresh green beans and béarnaise sauce was presented to each guest as the main course.

A gorgeous and colorful raspberry rum trifle rounded out the meal.

The Lavallee home was decked out for the occasion, with English elements scattered throughout and a British flag hanging outside. A Union Jack pillow was on the couch, a framed photo of Downton Abbey characters were placed on a table in the entry-way, and an old silver tea set sat on the bar.

Erin's husband went as Carson the

butler, complete with tuxedo and tails.

"He does watch the show," said Erin. "Originally not because he wanted to, but now I think he secretly likes it."



Erin set the table with fine china and silver inherited from family.

The laughter coming from the dining room as the elegant and elaborate meal was served proved that Erin's hard work was worth it all.

"I just love this sort of thing," Erin said, with absolute joy.



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Citrus blossoms produce springtime memories



Creating a blossom flower crown is simple in a neighborhood where the materials are a plenty.

Kids' Corner

By Heather Kinkel

You know what was a really spectacular year? 1999. El Nino, Y2K, and Pokemon were all the rage. The spring of 1999 in Arcadia was also amazing. I married the love of my life that gorgeous spring on a sunny 75 degree day.

Then I went on my honeymoon and missed out on my favorite part of spring in Phoenix. I remember arriving home mid-March after 10 glorious days in the tropics, and realizing that the blooms were completely gone from the citrus trees, along with the long-anticipated fragrance. Needless to say, I was very disappointed.

I think we can all agree that March in Phoenix is pretty fantastic. With the scent

FLOWER CROWN

Floral wire
Floral tape
Pair of wire-cutters or pliers
Sprigs of citrus leaves and blossoms
(make sure to snip off any thorns)

- Cut a 40-inch piece of floral wire
- Bend wire in half to create a double-strength wire, then attach ends to create a circle.
- Twist ends of wire together to secure circle.
- Arrange the citrus sprigs around the wire in desired shape and pattern, then attach by winding floral tape around the branches in various areas.
- Use the floral tape around the wire on any sharp spots that may be exposed.

blooms to their friends and relatives in other climates. For years, my mom mailed her sister-in-law, who lived in the Pacific Northwest, a tidy box of fresh blooms. Opening that box was my aunt's way of experiencing a reminiscent dose of home.

My own kids are beginning to pick up on the blessings of every season, and this spring is no different. This March, make your little lady a blossom flower crown, and let those memories of spring in Phoenix begin to bloom in her own mind.



of the citrus blossoms filling the air, the cool mornings and evenings, the days are quite heavenly.

As a native, I've come to anticipate the seasonal changes in Phoenix, and I know many others do the same. In fact, I know a handful of people who, every spring, mail a little package of our sweet citrus

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The Attic earns high marks for food and atmosphere

Places We Liked

The Attic
4247 E. Indian School Rd.
www.facebook.com/theattic4247
602-955-1967

By Amanda Goossen

Inspiration comes from doing what you love. For Ryan Nishijima, the enthusiasm and knowledge he has for his job has blossomed into one of Arcadia's newest and most enjoyable eateries.

Last April when brothers Cary and Ivan Morrow (Sacks Art of Sandwicherie) decided to close their two and a half year old Arcadia restaurant, Cave and Ives, which sat directly above their beloved sandwich shop in the heart of the neighborhood, their longtime bartender pitched them an idea.

The Attic.

Having built strong relationships with his customers over the past two years, Nishijima was confident he knew what they would want out of a neighborhood restaurant. Instead of having an upscale



The Ivan Burger at The Attic has been named one of the Top 5 Burgers in the World.

The Ivan Burger, named for owner and recipe designer, Ivan Morrow, was always on the menu. But once the restaurant transitioned to The Attic, more emphasis was placed on it and its place on the menu.

Ivan, who created the flavors of the original Cave and Ives menu, has now helped to develop the sauces, the burgers, and the wings, manipulating the menu to fit Nishijima's vision. Together, the two have worked together to create a place everyone can be proud of.

While the Morrows still own the place, Nishijima is the idea man and is in charge of the day-to-day operations. His efforts have quickly helped The Attic

For Nishijima, satisfaction comes from seeing the progress.

"People seem to really like it," he said. "It has just worked, I'm ecstatic."

And in this writer's humble opinion, The Ivan Burger, overflowing with juicy flavor, topped with the typical burger condiments and placed on an absolutely beautiful pretzel bun, is quite possibly one of the most delicious things I've ever tasted.

And I'm not the only one who thinks so.

Last July, only months after The Attic



The Attic walls are adorned with music posters and guitars donated by customers and friends.

opened, The Burger Guide stopped by and took a taste. They would then name The Ivan Burger one of the Top 5 Burgers in the World.

Talk about a compliment!



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The chalkboard of beers is constantly being updated at The Attic.

eatery in the location, Nishijima believed Arcadians needed a lounge type restaurant, still taking advantage of the gorgeous view of Camelback mountain and the oversized patio with fireplace, but this time having flat-screen televisions positioned for an ultimate bar scene and a more casual atmosphere for the neighborhood to simply hang out and eat.

The food, too, would need a slight adjustment. And an emphasis would be placed on craft beer.

The Morrow brothers decided to give it a try.

Putting their faith in the man who had manned their bar, they gave him an opportunity to prove himself. And within months, he did.

Ivan Morrow worked with Nishijima to adjust the menu. Keeping almost all of the delicious and crowd-pleasing pizzas on the menu from Cave and Ives, as well as a few of the appetizers, the focus was placed on keeping things simple and highlighting what they definitely do best: the burger.

become a popular new spot in a city where cool eateries are aplenty.

"It's all gone way faster than I ever thought," said Nishijima.

Word of mouth by loyal friends, customers and flavor savvy patrons helped The Attic grow so much that many nights there's even a wait. And the little restaurant that could, which began with Nishijima manning all stations and even staying after hours to do the cleaning himself, now has a full staff of 19 bartenders, waiters and staff.

"The word of mouth has been so fast," said Nishijima. "It's really crazy how that works."

Beer events are held regularly, with breweries coming to host. Wednesday nights are burger night, with Beer/Burger for \$10. And every four months there is an All-You-Can-Eat Crab Boil. The next will be on March 6.

The walls are adorned with guitars and concert posters, many of which were donated by loyal customers.

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Upward Projects opens fifth concept, brings fresh flavor



Creating a plate of different flavors and textures is one of the best parts of Joyride Tacos.

By Amanda Goossen

The fifth piece of Upward Projects restaurant group on Central Avenue in Central Phoenix has opened with vibrant menu items and equally as bright décor.

Eleven years ago when Craig & Kris DeMarco and Lauren & Wyatt Bailey, owners of Upward Projects, opened Postino Arcadia, they set off on a journey no one was expecting.

"Instead of just opening restaurants, we've wanted to do it spiritually, when it feels right and when the right real estate opens up," said Chris DeMarco.

And with that, Upward Projects has been the mastermind behind five of the most beloved restaurants in all of Phoenix.

Postino, a wine bar that is raved about by all, for both their atmosphere and the Bruschetta.

Windsor, a neighborhood restaurant with a backyard patio and plates of tasty casual food with an upscale twist.

Churn, everyone's favorite nostalgic ice cream shop cranking out homemade ice cream better than anything you've ever

scooped up on your spoon.

Federal Pizza, the joint where midcentury meets modern and creativity is on pizza crust.

And now...Joyride Tacos, the healthy yet flavorful way to eat your Mexican food in a super cool atmosphere.

With all concepts by Upward Projects, the vibe seems to radiate. Drive down Central and you can almost feel the awesomeness from the road.

You might come for the cool factor, but you will return again and again for everything else these spots have to offer.

The food.

The people.

The feeling of comfort, nostalgia, and pure happiness.

Dining at Joyride Tacos, for me, was a massive success.

Eating with a dear friend, we sank into our retro booth and were met with not one, not two but three separate people who wanted to make sure our every need was met.

They were friendly and incredibly knowledgeable.

Places We Liked

Joyride Tacos
5202 N. Central Ave.
www.joyridetacohouse.com
602-274-TACO

My friend, who is as equally as food loving as I, looked over the menu and immediately noticed the frescas.

Our waiter was only too happy to explain all the details. But what I took away from it, was that we would receive a glass of fresh fruit juice amongst some bubbly. If we wanted to add a little alcohol, they had plenty of options.

We went the virgin route and enjoyed every last drop of our drinks, which matched beautifully with the plates of food that would soon arrive.

The Cheese Y Mas was brought to the table first and this mixture of queso Oxaca, queso menonita, jack cheese, Spanish chorizo, roasted poblano, onion, pico gringo and cilantro was decadent. Each dip of the chip was better than the last and I truly did not want the flavors to end.

As a woman who is always watching my girlish figure, I wouldn't say The Cheese Y Mas was something I'd usually order, but this day I did, and most definitely will again. Never once did I feel like I was eating something naughty. The balance of spices, cheeses, and vegetables made it seem completely appropriate to eat again and again (and possibly by the truck load).

The plates of food that would arrive next



Salads are one of the most beautifully crafted aspects of Joyride Tacos' menu.

would prove that Joyride Tacos is doing exactly what it set out to do.

As Craig DeMarco said, "We wanted to create tasty, healthy Mexican food."

And they absolutely did.

The salads were exceptional.

The Rhythmic Beet is home to mixed greens, beets, papaya, avocado, goat cheese, toasted pepitas, cilantro and scallions, tossed with a honey champagne vinaigrette. The flavors were sensational, the texture crunchy and incredibly enjoyable.

The Mixed Tape was a mix of greens, papaya, cucumber, avocado, cotija, red pepper, olives, and red onion in a prickly pear vinaigrette. It too was almost too tasty for words.

We went the taco route, because the fresh tortillas made to order with the masa delivered each morning, sounded too extraordinary to resist.

And once again

we were not disappointed.

Each taco, each bite, each ingredient was just right. It was apparent that fresh and flavor are two of the main ingredients in the kitchen at Joyride Tacos.

Carnitas, carne asada, slow roasted chicken, braised beef, veggie, Baja fish, Ahi Tuna and Shrimp are just a few of the choices when creating your taco platter of choice.

The only drawback about Joyride Tacos is that there are simply too many good things to eat. The decisions are nearly impossible.

And after all that, you still have to leave room for the Churros Con Chocolate. Mmmmm, good!



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Vegetarian? Check your beer's list of ingredients

By Amanda Savage

Animal ingredients can pop-up in the strangest places, alcohol being one of them. With Saint Patrick's Day around the corner, I thought it seemed fitting to drop "the beer you like is probably not vegetarian" bomb on you.

Unfortunately, Saint Patrick's Day favorites like darker ales, stouts and porters are going to be the main contenders for animal byproducts. A lot of distilleries and breweries use animal proteins in the filtering and processing stages of brewing. Things like isinglass (fish bladder), egg whites and gelatin (among other things) are typically used.

Many Saint Patty's Day favorites like Guinness, Harp and Murphy's Irish Stout are not vegan.

Vegans do have luck in the whiskey and bourbon departments. A lot of popular choices like Johnnie Walker, Jim Beam (with the exception of Red Stag), Jameson, Jack Daniels and Maker's Mark are all vegan friendly—yay!

While there are a lot of beers out there, popular vegan options include select beers by Heineken, Magic Hat, Abita, Anheuser-Busch, Odell, Lost Coast, Lagunitas, Goose Island, New Belgium, North Coast, Sierra Nevada, Rogue and Stone.

For more brands and specifics I recommend visiting barnivore.com, it's a great resource for vegan beers, wines and



Beer taps at Cornish Pasty promise a festive St. Patrick's Day.

liquors. There are also helpful apps like "Vegan Alcohol Guide" for iOS, "Vegan Drinks" for Windows and "Vegan" and "Vegan Free" for Android.

When you think of a traditional Irish Pub, vegan options are probably one of the last things you would assume they consider, and while many local bars will celebrate Saint Patrick's Day, I decided to feature two, real, local pubs and eateries, and what their options are for veggies for the holiday.

Cornish Pasty 3800 N. Goldwater Blvd.

For food and drink, go to one of the nearby Cornish Pasty locations in Tempe or Old Town Scottsdale. They are packed on Saint Patrick's Day, and while they don't offer anything out of the ordinary for the holiday, they offer many vegan and vegetarian food and drink options.

Cornish's menu offers a whole section of vegan and vegetarian pasties, and even offers imitation meat. The restaurant also has a long, revolving beer list.



Cornish Pasty is a pub-like place to hang out.

Rosie McCaffrey's 906 E. Camelback Rd.

Go to Rosie's for the party. While their regular menu offers some vegan and vegetarian options, on Saint Patrick's Day they offer a buffet-style menu only, containing mostly meat-based options. Rosie's offers Stella and Bud Light on Saint Patrick's Day, which are both vegan.

The party at Rosie McCaffrey's is really where it's at, offering live music and a slew of Saint Patrick's Day offerings.

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THE TEAM
4 ARCADIA REAL ESTATE



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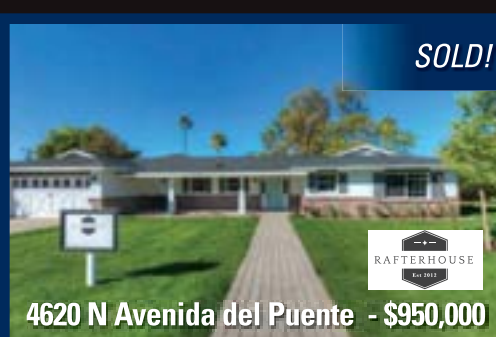
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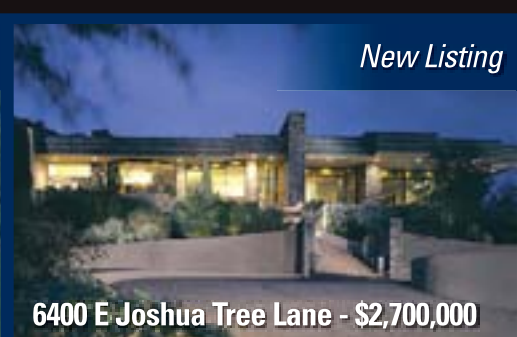
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Century of food in Arizona

By Amanda Savage

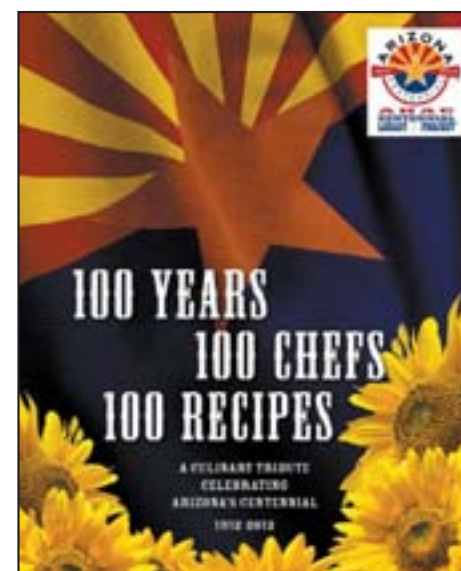
Winner of AZCentral's Best of 2013, the sold out Arizona-centric cookbook, *100 Years, 100 Chefs, 100 Recipes* is being re-released.

In 2012 MMR Marketing set forth to add culinary to Arizona's five C's – copper, cattle, citrus, climate and cotton – with the release of *100 Years, 100 Chefs, 100 Recipes*. A collection of recipes from "Arizona's James Beard award winning chefs, mom and pop chefs, old-time favorite restaurants, and all the passionate professionals who have contributed to our state's flavors," said MMR's original press release.

The cookbook is packed with recipes from some of the states most beloved chefs and restaurants, some include: Chef Silvana Salcido Esparza of Barrio Café, Chef Kelly Eugene Fletcher of House of Tricks, Chef Lester Gonzalez of Cowboy Ciao, Chef Mark Tarbell of Tarbell's.

While all chefs bring their own spice to Arizona food culture, Jacques Qualin, Chef de Cuisine at J&G Steakhouse at The Phoenician explains why he chose to be part of the book, and what it means to him.

"Arizona provides me and my fellow chefs with so much. Our growing season is short, but farmers are bringing to life exceptional produce in a climate that draws people from around the world. It's not every day you have a chance to be part of a cookbook that pays such gracious



tribute to the place we call home," says Qualin.

100 Years, 100 Chefs, 100 Recipes is an official Arizona Centennial Legacy Project by the Arizona Historical Advisory Commission (AHAC).

The book is a collaboration between the writers, journalists, editors and photographers who know Arizona culinary best. The book is available at www.100years100chefs100recipes.com for \$32.95, and is also in stock at local bookstores including Barnes & Noble.

Part of the proceeds will be donated to food banks across Arizona.

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Get to know a bartender, one month at a time

By Amanda Savage

Full name:

Justin Jensen

Position:

Bar Manager / neighborhood counselor
adult babysitter / fun facilitator

Years at O.H.S.O.:

2.5 years

Where was your first job?

When I was 14 I lived in Albuquerque. I wanted to start making my own money, so with the permission of my parents, I got a work permit, and got a job at Sandia Peak Ski Area: washing dishes, shoveling snow, making sandwiches, taking out the garbage and pretty much just any odd jobs around the resort.

When did you get your start in the bar business?

I have worked in bars and restaurants in Minnesota, New Mexico and Arizona, and have been working in the restaurant industry for 12 years in just about every position.

My first bartending gig was when I was 18. I was a server at a Ruby Tuesdays at the time and during a Friday night rush, the bartender cut his hand open pretty bad and the manager had to take him to the hospital, so I stepped in to take care of the bar and get drinks out for the restaurant.

I guess I didn't do a terrible job because I came in the next day and I was the new bartender.

Since then I've worked at Red Lobster, Macaroni Grill, T.G.I. Fridays, P.F. Changs and several others. Bartending as a trade has given me the opportunity to move around the country and travel, which are two of my favorite things.

How do you spend your free time?

I spend free time just loving life. I love to golf and spending time with my fiancé Gina and our dogs Stella and Ollie. We enjoy hiking and being outdoors, we love to cook and we really love to travel.



Justin Jensen hands one of his many loyal customers a beer on the patio at O.H.S.O.

Guilty pleasure?

Lifetime movie network. It is easy to zone out at 3 a.m. after a long night.

Fun fact people might not know about you?

I can fix just about anything. Literally.

What is your favorite thing about being a bartender?

The flexibility and meeting so many great people, those interactions are what make the job so rewarding and unpredictable.

What about your least favorite thing?

Getting off work at 3:00 a.m.

If you could only pick three things that embody a great bartender, what would they be?

In my opinion you have to be charismatic, have a good grasp on your time management and priorities and be able to be resilient and shake things off quickly to maintain a great attitude at all times. You have all kinds of personalities around you between your bar guests and co-workers. A lot of what happens depends on the bar, it's important to maintain a good attitude at all times because negativity is

extremely contagious and nobody likes a wet blanket behind the bar.

What's the oddest request you've ever gotten from a customer?

People ask me to be the judge of all kinds of questionable things. What happens at O.H.S.O., stays at O.H.S.O.

It's a given that as a bartender you get hit on, or see others get hit on, what is the worst pick-up line you've ever heard?

I've heard them all. And they never go over well. Here's some advice, you can call it a 21st century Arcadian pick up line: Get a puppy, come in to O.H.S.O. And voilà!

What's your go-to drink when you're out?

Craft beer!!!! Usually an IPA of some sort, but I am a firm believer that there is a time and a place for every beverage.

Where are some of your favorite local spots to hang out at (besides O.H.S.O. of course)?

The Little Woody, The Parlor, Postino and Cornish Pasty.

What's your favorite cocktail or home brew at O.H.S.O.?

The Mule!! Our Moscow mule is a little different, it is made with fresh ginger juice which gives it a little extra kick. If you like Moscow mules and ginger O.H.S.O.'s mule will knock your socks off.

Our guest brew program is awesome as well. We always have something delicious and new on tap that is usually co-brewed by someone from the neighborhood. Can't get more local than that!

What's a great Saint Patrick's Day drink everyone should try?

I don't want to sound like a traditionalist here but Irish car bombs are always my personal favorite. This is the recipe I recommend:

½ oz. Jameson Irish whiskey

½ oz. baileys Irish cream

8 oz. nitro stout (Guinness is the original but I prefer Left Hand Nitro Milk Stout or Four Peaks Oatmeal Stout.)

It's your day off, you have nothing to do, money is not an object -- what would you be doing?

Golf, Golf or Golf, but not necessarily in that order.



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Cooking class broadens recipe repertoire

Arcadia's Cookbook

By Heather Kinkel

Renée Campisi enjoys her time in the kitchen.

Renée, who hails from Michigan, moved to Phoenix in 1995 for work, originally living in the Biltmore area.

Renée and her now-husband, Matt, met in Phoenix shortly after Renée moved to Phoenix - they were co-workers on a software project with American Express. They moved to Arcadia in 1998, and were married in Napa Valley in 1999.

Choosing Napa Valley for their nuptials was decidedly consistent with Matt and Renée's lifestyle. They appreciate flavorful cooking and enjoy pairing wine varietals with their meals.

Renée, the director of operations at Neudesic, a Microsoft company, and Matt, a sales specialist at Cisco Systems, make fresh and healthy meals most nights of the week. The parents of twin 9-year-old girls, Ashlyn and Briony, they make cooking a shared job.

"We have cooked together for years. Matt's a good cook and he's excellent at clean-up," said Renée.

Matt and Renée even integrate cooking together into their date nights, occasionally attending cooking classes to learn new techniques and take home a few new and exciting recipes. Many times these

recipes make regular appearances in their weeknight meals, and Renée is always altering recipes to fit her and her family's taste.

"This chicken dish is super simple and has a great wow factor," said Renée. "It's good for lunch, dinner, whatever."

Renée also has a few tips and tricks that she incorporates into her cooking. Her favorite addition: salt. Although it may seem basic, Renée has found that Maldon Sea Salt is a superior salt, adding much more flavor than regular table salt.

"Maldon Sea Salt just makes your food taste better. Funny, but it's true!" said Renée.

She also makes a delicious balsamic vinegar reduction by simmering a cup or two of balsamic vinegar in a small saucepan over low heat for about 15 minutes. She uses the reduction on chicken, primarily, and loves the flavor such a simple ingredient brings to her recipes.



Renée works to recreate a recipe she learned at a cooking class.

The recipes that Renée decided to share with the Arcadia community are anything but ordinary, and interestingly enough, came from a cooking class date-night. While these dishes can be enjoyed anytime, Renée almost always makes

Continued from page 39



WITH WARM CHICKPEAS

Renée Campisi

INGREDIENTS

- 1/2 cup red lentils
- 4 garlic cloves
- 1 tsp. crushed red chili flakes (mild = 1/8 tsp.)
- 1 roasted red pepper, from jar
- 3 Tbsp. lemon juice, plus more to taste
- 2 Tbsp. olive oil, more or less as needed
- Salt and pepper, to taste
- 2 Tbsp. sliced garlic
- 1 15-oz. can garbanzo beans, rinsed and drained very well
- 2 Roma tomatoes, seeded and diced
- Sliced vegetables, for serving

PREPARATION

Combine red lentils, garlic cloves and chili flakes in a small pot and cover with 1 1/2 cups of water. Bring to boil, reduce heat and simmer for 15-20 minutes or until very tender.

Drain any excess liquid and spoon into a food processor. Add 1 roasted red pepper, the lemon juice, some salt and a drizzle of olive oil.

Puree until smooth, adding olive oil as needed as well as salt and pepper to taste.

Heat a skillet over medium heat and add a drizzle of olive oil. Add the garlic and garbanzo beans; cook until garlic begins to turn golden in color. Remove from the heat and stir in the chopped tomatoes and season with salt and pepper.

Place the lentil hummus mixture in a small to medium sized serving bowl, drizzle with olive oil and then pile the warm garbanzo bean mixture on top of the hummus and serve with vegetables and/or warm pita.

Makes about 2 cups of hummus

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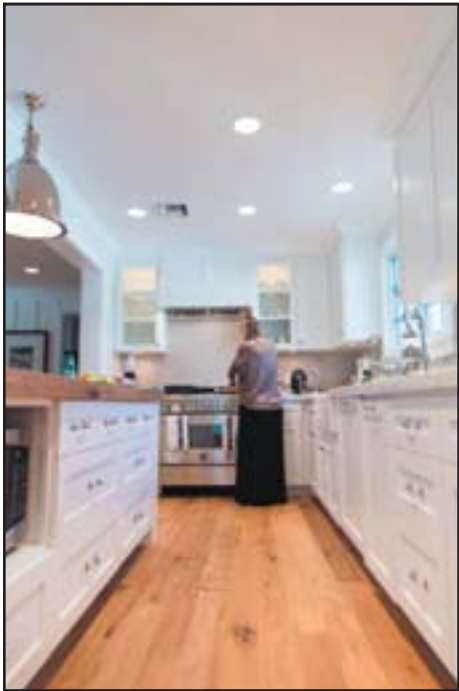
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Cooking

Continued from page 38

these dishes together.

“This lentil dish is a tad spicy. I really like spicy food, but of course you can make this hummus as spicy or mild as you like by adjusting the amount of chili flakes used,” said Renée.

“I also like to serve it with fresh veggies instead of crackers,” said Renée. “I try to limit items like crackers around our



house, and the fresh veggies add so much nutrition and fiber.”

Of the couscous dish, Renée described, “This dish tastes wonderful with or without the chicken. Substituting the balsamic vinegar for a simple olive oil, lemon juice, and salt/pepper vinaigrette would also work great.”

Note: The recipe for Pearl Couscous with Roasted Tomatoes, Arugula and Balsamic Grilled Chicken can be found on our website: arcadiadaily.com

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After struggling with crime and chaos, Mexico begins to make a tourism comeback.

¡Viva! Mexico makes a comeback with tourists

By Michelle Donati-Grayman

After being plagued by cartel violence and the struggling economy, Mexico is making a comeback.

"Mexico has always been an appealing destination to Arizonans," said Amy Moreno, senior travel manager for AAA Arizona. "It's really no surprise that travel traffic to the country is starting to pick

back up."

Cruise traffic is especially booming.

In fact, Arizona passenger bookings for Mexico itineraries on Princess Cruises are up 240 percent so far this year, according to AAA Travel, a full-service travel agency.

The popularity of Mexico cruises can be attributed to proximity, flexibility and

affordability. Cruises can be as short as three days and generally depart from California, which make for a quick and convenient getaway for Arizonans. These itineraries also tend to be less expensive than others.

"If you haven't traveled to Mexico before, a cruise is a great way to experience a few areas of the country in a safe environment," said Amy Moreno, senior travel manager for AAA Arizona. "Another option is an all-inclusive. Mexico is also home to some fantastic all-inclusive resorts."

But it isn't all about cruising. Drive traffic to destinations, such as Puerto Peñasco, also known as Rocky Point, is also on the rise.

Mexico auto insurance, short-term policies that drivers buy before driving to destinations, like Rocky Point, increased more than 62 percent from 2012 to 2013, according to AAA Insurance. The full-service insurance agency sold more than 4,000 policies in 2012 – that number grew to 6,500 policies in 2013.

Arcadia resident Stacy Pearson has been traveling to Mexico since 1994. Pearson says that once cartel violence began in Rocky Point, she became more reluctant to take her family.

"We understand violence could happen anywhere in the world, but it's a risk we weren't comfortable taking," said Pearson, who said she also looks forward to returning to the country. "Mexico,

particularly Rocky Point, is among our favorite destinations in the world. I look forward to getting back to the lazy worry-free days on the beach!"

Michelle Donati-Grayman is an Arcadia resident who works for AAA Arizona. AAA is the largest leisure travel agency in North America.

Mexico Travel Tips

To ensure a safe and enjoyable Mexico getaway, AAA Travel suggests four tips:

1. Use recommended crossings. U.S. citizens visiting Puerto Peñasco should use the Lukeville, Ariz./Sonoyta, Son., border crossing. Travel should also be limited to daylight hours.
2. Carry a passport. Citizens are required to have a passport to gain re-entry into the United States.
3. Travel smart. Stay with your party at all times. Don't share your itinerary and do not travel with valuables and expensive jewelry.
4. Be insured. U.S. auto insurance is not valid in Mexico. Mexico auto insurance can be purchased at AZ.AAA.com/insurance/mexico.

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Working with hotels has given a local a global view



In Tulum Mexico, Leslie Cruse enjoyed days on the beach and at the spa.

Where's the Neighbor?

By Kaley Kalil

Leslie Cruse, originally from Minnesota, moved to the Arcadia area six months ago from Los Angeles, California. It was her work that brought her here. Cruse works with Starwood Hotels & Resorts and is now the Assistant Director of Human Resources at the Sheraton

Phoenix Downtown Hotel. “Each Sunday, I receive a weekly weather report from my dad, typically on the amount of snow in the driveway. So, as most can imagine, I’m very happy to be here,” Cruse said. Last month, Cruse traveled to Tulum, Mexico to attend a friend’s wedding – a two-hour drive south of Cancun. She stayed at the all-inclusive resort, Dreams Tulum Resort & Spa, and thoroughly

enjoyed its 44 acres along the beach. “I loved the local food and particularly favored seafood,” she raved. “My favorite Mexican entrée was with red snapper and it was delicious! I opted for mango piña coladas during the day and [while] relaxing on the beach. This was the ultimate paradise!” The bi-lingual wedding took place on a white sand beach with the ocean as the backdrop. “As the American bride wed her Mexican groom, each took turns throughout the service to speak in their respected languages,” Cruse explained. All of the music was sung in Spanish and “complimented the ocean scenery,” she added. In addition to attending the wedding and enjoying the resort and beach, Cruse trekked to the top of 39-foot cliffs to see the Mayan Ruins of Tulum. She spotted a six-foot wide stingray on the sandy bottom of the ocean while snorkeling in its crystal clear water. She also rented a small catamaran with friends for a trip out to sea after relaxing in the sun one day. “The cost was only \$10 plus a captain,” Cruse said. Cruse also recently traveled home to Minnesota to visit her family. “Lizzie, my miniature schnauzer, is a great travel companion,” she said.

Lizzie flew with Cruse on a plane to Minnesota a few months ago, and “has also taken an RV road trip from Minnesota to Phoenix and loves to be a co-pilot navigator.” Cruse is no stranger to travel, and she certainly seems to know how to mix business with pleasure. Since joining Starwood Hotels & Resorts back in 2008, she began working at the W San Diego Hotel before transferring to work with Hawaii Hotel Properties in Oahu in 2009. She later moved to Boston to open the W Boston Hotel, and in 2010, moved yet again to join One&Only Resorts, living and working in the Republic of Maldives for a year.



Cruse spent time with friends while on the Mexico beach.

Continued on page 44

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Cruse enjoys day trips with her precious pup, Lizzie.

Neighbor

Continued from page 42

“What I love most about traveling is learning,” Cruse said.

“I love gaining different experiences in meeting people and learning about different cultures, whether it’s a trip to Japan or a day trip to Cave Creek.”

One of Cruse’s favorite travel adventures so far has been the time she spent living in Dublin, Ireland when she worked for Mercer Human Resources Consulting

in 2003. She has been back to the green isle a few times since to visit with lifelong friends she made there.

Cruse hopes to travel to New Zealand this fall. In the meantime, you can find her and Lizzie taking day trips on the weekends to places like Sedona and Carefree.

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Canyon Suites earns Forbes Travel Five-Star ranking



A memorable experience through flawless service and fine amenities helps earn a five star rating.

By Agnel Philip

The Canyon Suites at the Phoenician in Scottsdale was recently awarded the coveted Five-Star rating by Forbes Travel Guide, making it the only five star hotel in Arizona.

This is the second consecutive year The Canyon Suites has earned this designation, which according to the guide's website requires a hotel to, "provide a memorable experience through virtually flawless service and the finest of amenities."

Forbes Travel Guide looks at 800 objective criteria with special attention paid to hotel service. There are only 64 five star hotels in the U.S. and 97 five star hotels around the world.

"Really what it comes down to is the personalization that we provide in the service for our guests," The Canyon Suites Director of Public Relations Denise Seomin said. "Going beyond expectation and providing a more private, exclusive experience through the service and

through the amenities."

Seomin points to the introduction of a dog-friendly program that includes canine-friendly meals as an example of the personalized experience the hotel tries to provide to each guest. That is further demonstrated by the addition of hypoallergenic rooms within the past year. Seomin said the hotel tries to cater to each individual that stays in one of its 60 guest rooms.

Forbes Travel Guide wrote in its review of The Canyon Suites that the hotel particularly excelled in the service it provided to its customers. For example, the hotel provides a Canyon Ambassador to each guest. This ambassador helps plan out a guest's trip and makes sure that all their needs are taken care of.

The guide also said guests can be chauffeured to various sites around the Valley including downtown Scottsdale and Camelback Mountain.

This is not the only premium designation The Canyon Suites has attained, as it was also awarded the Five Diamond Award from AAA.

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Art gallery and studio opening at the Hermosa Inn

By Kaylen Waters

One word comes to mind when thinking of The Hermosa Inn located in Paradise Valley, tranquil.

The new Blue Door Artist Studio and Gallery is an intimate space that welcomes guests and valley locals alike to learn from an Artist in Residence. The Hermosa Inn recently opened a studio that will allow people to come and paint on property with national and local artists.

The Hermosa Inn, a local treasure, was Alonzo Megargee's home in the valley in the 1930s. As a hotel created by a local artist, the property is artistically inclined.

Pam Swartz, Director of Guest Experiences, is also the head of one of their original art programs, the Artist in Residence. She was the driving force behind the program, hoping to establish the hotel as one of the most well known art locations in The Valley.

Swartz, a huge supporter of the arts, said, "the plan was to keep history alive through the arts."

The Artist in Residence program quickly expanded to include the "performing, literary, and visual arts, as well as the culinary arts," according to Swartz.

It all started with brunches and dinners at The Inn that would welcome famous, mostly local, artists. Once a month during these meals, artists would demonstrate their craft and mingle with the locals.

Swartz said this is how she developed the "strategic partnerships and relationships



A former casita has been converted into the Hermosa Inn art gallery.

with art centers, publishers and film directors around the country."

The Artist in Residence dinner series has "won both state and national awards," according to Swartz.

The intent of the dinner series was to expand the program. The dinners mainly include a wine and greet, a four-course meal, and a "salon style" evening with the guest of honor.

The guests of honor are not expected to perform but some often do. Sometimes they share personal stories because of the casual setting. This type of experience enriches the relationship between artist and audience.

Swartz says that this gives the community a means to "get to know a particular artist in very unique way that they would not

normally be able to do."

The dinners are held in an intimate setting with 32 people. Guests that have been a part of the program include Jane Seymour, Doris Roberts, Martin Grelle and Clive Cussler.

These performers "understand the importance of the dinner series," according to Swartz.

The purpose of these dinners is "to showcase the arts to the local community and hotel guests." The dinners run from October through April.

The success of these Artists in Residence partnerships became a very useful tool to help boost the new studio and art gallery that have recently opened at the Hermosa Inn.

Swartz's relationship with Carrie Curran, a local artist, bloomed nine years ago from this program and now she is the Artist in Residence. She paints on property and teaches the current classes in the studio. Curran said that her "passion is En Plein Air painting or painting outdoors."

"It's such a beautiful property, as an artist, I'm inspired every week," according to Curran.

Curran was a teacher at the Scottsdale Artists School and taught for almost 20 years and she has a studio in Scottsdale.

The community and hotel guests are welcome to sign up for private or group classes at the hotel with Curran. The art classes offer step-by-step instruction to beginning or advanced students. The classes currently include "Mimosa Mornings" to painting with your pet. The newly opened studio is in an old casita that was transformed about a month ago. The studio and gallery seem to be a perfect fit on the property.

The Hermosa Inn also offers Art Walks around the property showcasing their statues, sculptures, and beautiful landscape. This extension was a two million dollar endeavor that includes art by Allan Houser from Figarelli Fine Art.

The Artist in Residence program has been running strong since its conception because of the support of the hotel and the community. The studio and gallery are expected to flourish as well. The Hermosa Inn is a beautiful desert escape that will inspire artists.

According to Swartz, the Artist in Residence program is "a really nice enhancement to the programs that we have going. It's a really natural extension to everything we've been developing over the years."

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Seedfolks leads students to honor community members



Ms. Wise's class was inspired by reading *Seedfolk* by Paul Fleischman.

By Christina Surrano

March 20 is the first official day of spring and an ideal time in our desert for planting many crops from seed. Planting from seed is magical. The act itself, of placing a tiny speck in the ground with the intention of making something good come to be where there was nothing, is sacred therapy and optimism in practice. It's also nearly impossible to fail to recognize the poetic parallels that can be drawn between gardening and one's life.

After reading the award winning, popular children's novel *Seedfolks*, by Paul Fleischman, teacher Rebecca Wise's combined fifth/sixth grade class at Arcadia Neighborhood Learning Center developed a deep appreciation for this synchronicity and drew parallels of their own.

Seedfolks is about a young girl named Kim who plants a few lima beans in a vacant lot in a diverse, non-cohesive inner-city neighborhood. Challenges are overcome

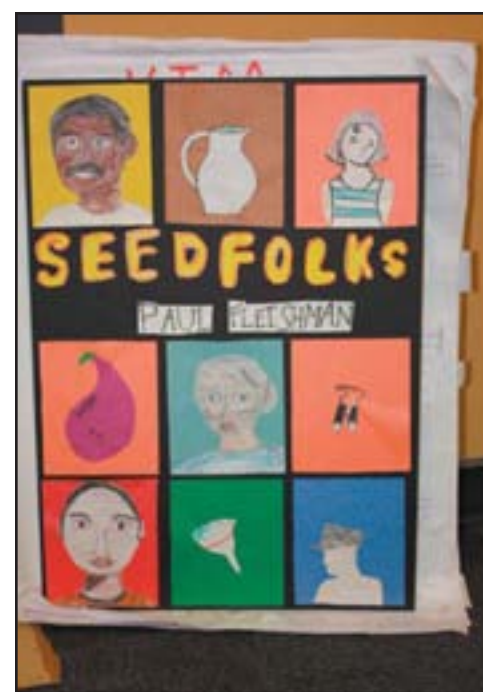
along the way but what comes of the literal seeds of Kim's effort is a community garden and a fellowship where there was none. It's a truly beautiful story in which anonymity, misconception and defensiveness give way to trust, empathy, cooperation and respect.

Wise's class felt a profound connection to the character's journey, finding themselves particularly moved by how one small, hopeful act can spawn more, creating something better. The interaction brought about by the community garden in the story weeded out misjudgments and replaced them with understanding and honor.

Recognizing the differences that seem to divide even our own community, Wise's students asked themselves what they could create to help foster this idea, here. Their answer was to bring people together by holding a community event to honor a Seedfolk. As defined by the class, a Seedfolk is, "...a person who starts something that needed to be there."

Wise's class is asking the community to nominate "a Seedfolk, whom they can honor. Their primary hope is that the event itself, of honoring someone in our community, will bring about deeper connection and understanding among the diverse individuals that make up our own greater neighborhood, just as the garden did in the novel. Even the act of looking for Seedfolk cultivates broader awareness of the positive forces in our lives, inspiring the same in each of us.

Wise hopes to hold the first Seedfolk event on the ANLC campus in April and depending on community response may make it annual. To nominate someone you think has, 'started something that needed to be there,' or for more information, please contact Rebecca Wise at rwise@susd.org.



Seedfolks is a novel that communicates the idea of working together as a community.

This Month's Theme: PRICELESS FACES

Winning Entry
by Suzie Campbell



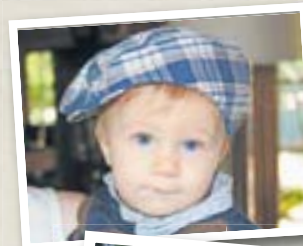
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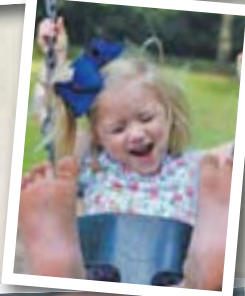
Suzie receives \$50 worth of treasure to one of our local nosh spots.

Her fun photo of her son David with his niece, Peyton made quite an impression.

Suzie's entry is also eligible for our grand prize, which we will announce next month!



Griffin Brown enjoying Thanksgiving, sent in by Runner Up Jennifer Turelli.



Runner Up Susan Hamilton captured her daughter enjoying a swing.



Runner Up Larry Mortenson's daughter, Hollyann, eating from a spoon for the first time.

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NEXT MONTH

The Grand Prize Winner!

Learning disability inspires Arcadia resident to teach

By Michelle Donati-Grayman

Whitney Stein found her passion while studying for her master's of education degree at Arizona State University.

Like many in her program, she thought she would end up in the classroom as a teacher. However, her focus narrowed when she realized that a critical learning disability was overlooked in the curriculum: dyslexia.

Contrary to popular belief, dyslexia doesn't mean you see things backwards. According to Stein, the brain of a dyslexic is wired differently, which affects overall language skills.

Dyslexia is a language-based learning disability that is neurological in origin, according to the International Dyslexia Association. It is generally characterized by difficulties with reading, writing and spelling. It is estimated that 15 to 20 percent of the U.S. population has the disability.

"In a classroom of 30, that means as many as six children may be dyslexic," Stein said. "It means they can't learn the way they're being taught."

Last year, Stein founded The Dyslexia Connection, an organization that offers one-on-one tutoring for children struggling with reading, writing and spelling as well as challenges associated with the



learning disability. The organization also offers testing and advocacy services to families looking for a specific diagnosis or need help connecting with appropriate resources.

Sadly, the disability often goes undiagnosed in children. In fact, Stein estimates that most children aren't diagnosed until between third and sixth grade.

"Generally, dyslexics have a very high IQ," Stein said. "They can figure it out and

Continued on page 51

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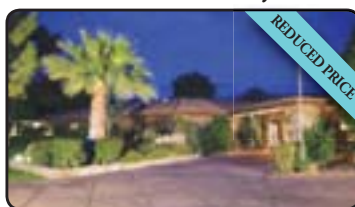


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Tavan fifth graders benefit from innovative program



Fourteen Tavan Elementary School students participated in a technology internship with IDS Technology Marketing.

By Christina Surrano

Do you ever sit in a classroom, listen to instruction and wonder, why do I have to learn this?

I do.

As a kid, I felt like what I was learning in school was mostly irrelevant and arbitrary (not in those words, of course), and I imagine that at some point, every student has experienced those same feelings.

So in mid-February, when I looked around the IDS Technology Marketing conference room's long granite table, surrounded by thirteen big, leather-upholstered chairs, all

filled by fourth and fifth graders from Tavan Elementary School, I thought, well this is certainly different.

These students participated in an internship program designed by IDS to introduce them to real-world behind-the-scenes activities. IDS is working in cooperation with the UnitED program which partners businesses with schools under the Arizona Educational Foundation. This year,

students will spend four afternoons at the IDS office in Scottsdale.

The day I attended, students learned about the different positions in the company and what each of those team members contributes.

Following great instruction about marketing analysis, they were broken into teams and encouraged to use their unique skills and knowledge to come up with a sales and marketing plan for their product. After presenting their plans, they were asked questions that helped them identify what their contributions were and the role they played on the team. Each and every student

seemed to be not only excited and grateful to be there, but one hundred percent attentive.

According to Dr. Benjamin Roat, Vice Principal at Tavan, the number of participants (14) was determined by the number of seats on the bus they are able to borrow for transportation.

All students in good academic and behavioral standing are eligible for the program, but are chosen by teachers, based on the savvy and forte they exhibit, relevant to the field of the current participating business. They must also maintain their scholarly standing in order to continue to participate.

The students were impressive not only with their talent, but with their seriousness about school and their goals.

When asked about his favorite computer games, fifth grader and aspiring game designer, Ashton Frias listed educational types rather than some of the most popular recreational games most kids are now playing.

Questions for the students regarding what



Tavan fifth graders worked in teams to come up with a sales and marketing plan for their product.

they wanted to be when they grew up, were answered with marine biologist, teacher and lawyer.

Arcadia residents and expectant parents of twins, Scott and Rachel Salkin, co-own and operate IDS Technology Marketing. When asked what inspired their involvement in the program, Scott Salkin's reply was earnest and sobering.

Scott believes that successful businesses have a responsibility to invest back in their communities, so once IDS became

Continued on page 51

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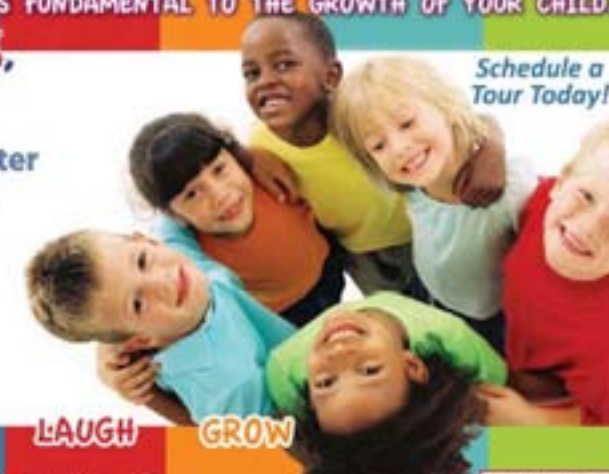
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Students

Continued from page 50

firmly established, they started to get involved in local business and community organizations.

Salkin said that he hears complaints from other professionals about Phoenix lacking talent. He points out that if we can't elevate our level of local talent, that costs us economically, so if you plan on making this your home, it's wise to invest in it. Championing our future creative tech job candidates, Scott said, just makes good business sense.

Of course it makes good business sense, but it's also very clear that behind the

sensible reasoning, the pleasure enjoyed by Salkins and the team members that afternoon can only come from doing something from the heart.

Salkins shared that since the company's involvement in the community began, "everything shifted."

IDS Technology Marketing is a thriving business and some of the tangible vibrant energy running through the building is obviously powered by their feelings of connectedness to their community and working with the students.

If you are a business leader interested in seeing what you can do for your schools, check out azedfoundation.org for information on how to participate.

Learning

Continued from page 49

get by in a classroom until they hit a wall."

According to Stein, the earlier a child is diagnosed with dyslexia the better, although she admits catching it early is rare. Once diagnosed, resources, such as those offered by The Dyslexia Connection, can help children with the disability learn the skills to be successful and to overcome some of the struggles that come with being dyslexic and learning to read, write and spell.

"Treating dyslexia is not like treating a medical issue," Stein said. "Dyslexia never goes away. You cannot outgrow it. The best treatment is intense, one-on-one tutoring, where we have our own goals and are able to take more time on areas that are challenging to the student."

Stein is currently working with 10 children in the Phoenix area. Her services are mobile, as she conducts tutoring in libraries, schools and even students' homes.

Lariana Forsythe's son Reed was diagnosed with dyslexia in pre-school.

"After his teacher expressed concerns,

a friend referred me to someone to get him tested," Forsythe said. "After being diagnosed, Whitney just sort of landed in our lap."

After working with Stein over the last several months, Reed is now reading three-letter words and is on track with his peers in his kindergarten class.

Despite overcoming this first hurdle, Forsythe understands the dyslexia road is filled with challenges. But she's hopeful that tutoring will get her son up and over those hurdles.

"People think it's all negative," Forsythe said. "It's not. It's different strengths and weaknesses. He can be stronger for it if we approach it the right way."

Working with The Dyslexia Connection has been life changing for her, as it's helped her navigate the disability.

"I feel more positive about my child's future now that I know how to orchestrate it," she said.

For more information, visit <http://www.dyslexiaconnection.com>.

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New Way Academy grows to serve more

When a little-known Valley school needed some extra hands preparing a new school location, many volunteer groups stepped up to assist, including the SRP Volunteers. The school moved into larger quarters in Northeast Phoenix near Oak and 50th Street to serve a growing population of students with learning differences. The volunteer effort involved painting the white-walled lower and middle school classrooms in brain-based colors, so the students can focus. In each room, a primary wall was painted in a pale teal while the side walls were done in sand tones.

"Supporting students, teachers and overall education is a key SRP focus area. It has been great to work for an employer who supports my involvement in key community initiatives. We know that strong education programs make for a strong community and improves the area's economic vitality," said Ann S. Brown, SRP event coordinator and New Way Academy board officer.

The school, the New Way Academy, has a 45-year history of helping students with dyslexia, ADHD and other learning differences learn. (In fact, an estimated 56,000 learning challenged students live in Arizona.) Its students are like all others, except that many of them have fallen through the cracks of mainstream education because they were not taught in



SRP employee and Volunteer Coordinator for this project, Ann Savage Brown, is supported by a group of SRP Volunteers while they take a short break from painting.

a way they could learn. Many are gifted but simply need multi-sensory, small classroom or other types of instruction in a nurturing environment.

It is a K-12 school, led by a bright, young team: Executive Director, Abbey Ross and Head of School, Michael Walker. The pair of former teachers and now leaders, along with passionate and specially-accredited teachers, are helping their students defy the odds and exceed academic expectations. They connect

with the students using hands-on, assistive technology and progressive teaching methods. Success is apparent as all of the high school graduates continue their education in some way beyond New Way Academy.

With the larger campus, New Way Academy now is open for enrollment to accept more students.

For more information or to visit the new campus, visit www.newwayacademy.org.

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New version of 80s classic fails to excite movie goers

Julie @ the Movies

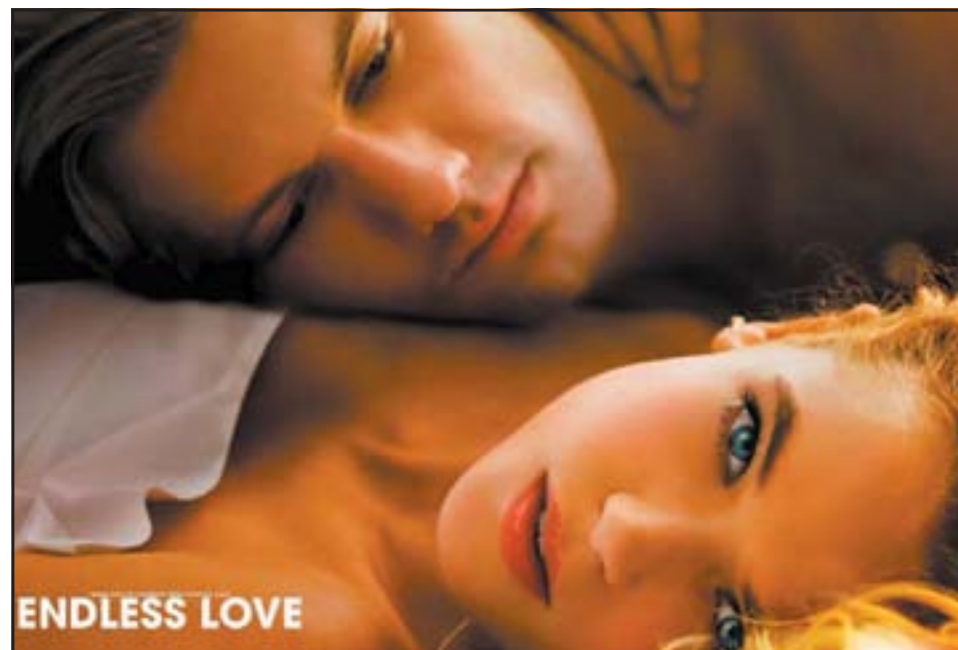
Endless Love

Director:
Shana Feste
Starring:

Gabriella Wilde, Alex Pettyfer, and Bruce Greenwood

Wrought with clichés, *Endless Love* is not worth the ticket fee or the two hours.

Recent graduates Jade Butterfield (Wilde) and David Elliot (Pettyfer) had never spoken during their high school years but would embark on a journey as young lovers. *Endless Love* follows the novel by Scott Spencer and the 1981 film, both of the same title, although the similarities to its predecessors end there. Jade was a typical sheltered teen, who didn't have any friends, and spent all her time with her family or with her nose in a book. David had always imagined what they would be like together but never worked up the courage to talk to her. After graduation, they run into each other and click instantly. However, Jade's father (Greenwood) disapproves of the match from the start, and does everything he can to try to keep the troublemaker away



from his daughter. Determined not to be separated, Jade and David try to change her dad's mind before it's too late.

This remake was vastly different than the older film, from the personalities of the two protagonists to the events of their story. It's a wonder the new movie kept the same name, considering how much was altered. Instead of the drama that incited conflicting feelings about the characters in the first film, this latest version cuts out the more intense parts of the plot and glosses over the rest to make way for the

changes.

Among the many stereotypes it follows is the idea that people who are quiet and reserved, choose to read instead of go to parties, must be that way against their will and just need someone to save them from their repressed lives by unleashing the wild party girl hiding within. The character arc about David being the guy who gets in trouble frequently and looks towards his future of inheriting his dad's mechanic shop instead of going to college is typical of movies like this one.

Some aspects of the movie allude to a darker side, a more mysterious tale that could end in disaster, which would make it more interesting if the opportunity had been taken. Unfortunately, it seems a decision couldn't be settled upon, whether the story would spiral into unpredictable territory or stick to the things done so many times in past films about teen romance. The hints of a more intense nature are just enough to show the audience the potential for a more exciting plot, but without going all the way and delivering.

The writing of the movie makes it difficult to judge the actors on their jobs, since they're already working with the handicap of a barely adequate script. One thing is clear, the film doesn't make full use of the emotional range that people can naturally express, whether or not they've had professional training.

The 1981 film is more worthwhile, though it's R-rated and a bit disturbing, which makes it appealing in comparison already. Suggesting potential audiences to spend their time elsewhere, I give the new *Endless Love* a ½ star, mostly because the popcorn was good.

Julie Demetros is an Arcadia resident who writes about movies and books at julieatthemovies.wordpress.com.

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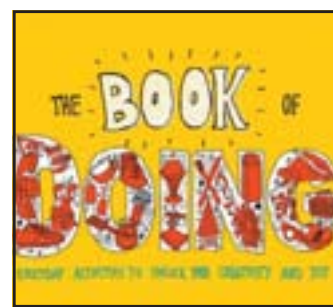
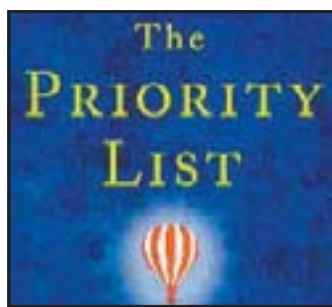
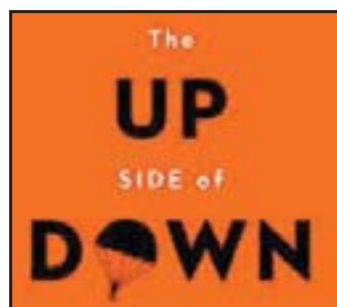
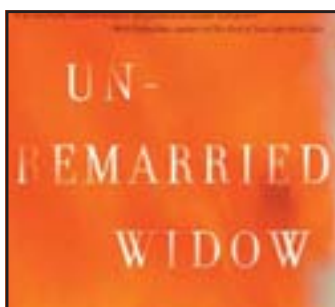
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Author attends event and creates a night to remember



Book Club

By Amanda Goossen

I have something so exciting to share! In January, at our amazing book club that has grown and blossomed and become truly one of my favorite things in the world, we had a wonderful, beautiful, amazing thing happen.

We had the best meeting EVER!

The Arcadia News Book Club has experienced amazing moments over the past twenty-two months. I remember the first meeting, watching people arrive and being stunned that my vision had come to life.

I remember the moment we had our first Skype session and everyone was looking at the small computer screen in the tiny coffee shop, mesmerized by the author speaking to us through the wonders of technology.

I remember the moments when we've spoken to authors who really inspired us, touched our hearts or gave us an entirely new perspective of their book. And I'll never forget the moment when author Chris Bohjalian spoke to us about his novel *Sandcastle Girls* and talked about the process he went through to learn about his ancestors and discover the hidden truths behind the Armenian Genocide. I remember looking around the room and seeing that he had every woman transfixed as his words cut to our hearts and ripped

them from our chests. We were horrified, saddened and inspired to learn more.

But on January 30, 2014 we had our greatest meeting ever. We were blessed by the appearance of local author and storyteller Kindra Hall and it was outstanding.

As I interviewed Kindra in front of the group, we learned about her, her career and her passion. And we laughed. We laughed for a really long time. We laughed until we cried and then we laughed some more.

So thank you Kindra for making an appearance at our community book club and for educating us on a world most of us didn't know existed, the world of Storytellers.

The next *Arcadia News* Book Club meeting will be held on March 27 at 6:30 p.m. at the Saguaro Library. Our book of the month will be *Unremarried Widow: A Memoir* by Artis Henderson. The meeting will include time speaking with the author via Skype as well as refreshments and an insightful book discussion.

If you'd like to attend or if you have any questions please email Amanda@arcadianews.com.

UNREMARIED WIDOW: A MEMOIR By Artis Henderson

Artis Henderson was a self-sufficient young woman who never dreamed of settling down with an Army man. But when a soldier from Texas named Miles

introduces himself one night, Artis' life quickly changes from free-spirited to head-over heels in love.

Artis, an American girl who once taught English in France, dreamed of returning to Europe and eventually becoming a writer, suddenly puts all her aspirations aside to move in with her soul mate and travel, as his career advances, from one military base and southern town, to another.

Just after the two become married, Miles is deployed to the Middle East and on November 6, 2006 Artis is notified of her husband's death.

Tragic, heartbreaking, yet somehow inspiring, Artis Henderson's story is one I never expected. Anticipating a sad tale of a family's loss, *Unremarried Widow: A Memoir* is so much more.

Discover the meaning of true love, heartache and the road to healing by the truly stunning words by this woman who dreamed of being a writer, and became one after her life was rocked to its absolute core.

THE UP SIDE OF DOWN By Megan McArdle

For Megan McArdle, failure has been a very regular thing. After working for three companies that would eventually fail miserably, McArdle went on to start a successful economic blog and eventually become a columnist for the Bloomberg View.

In the Up Side of Down, McArdle argues

that in order to succeed you must first learn to deal with failure, using science, psychology, economics and business to back up her claims.

Interesting and insightful, this unique book takes a look at our lives and our country and says it's okay to fail, as long as we understand, gain motivation and grow.

THE PRIORITY LIST By David Menasche

David Menasche lived to be a high school English teacher. His work was important to him but the kids were his driving force.

Then after finding out he had brain cancer and struggling through treatments for over six years, David would find himself without his vision, his memory and his mobility. His teaching career was most definitely over.

Staring death straight on, David was determined to make something of his life with whatever days he had left.

Turning to Facebook, David asked the world how his beloved students were doing in life. He hoped to learn from them just as they had once learned from him. Within forty-eight hours, over fifty students had replied, offering him a journey around the country to investigate their lives.

David Menasche's lessons are inspiring, his journey incredible. His view of one's priority list: priceless.

THE BOOK OF DOING By Allison Arden

In a world of technology and Pinterest, arts and crafts have started to get a little out of control.

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Music Notes

By Craig Goossen

The climate in Arcadia in the month of March could rival anywhere in the world. Graced with perfect weather the town's at its most vibrant. Spring training's in full swing and folks from near and far populate our city, enjoying every ounce of its perfection. Our resorts, dining establishments, bars and other varying nightspots will be hopping and hopefully we locals get into the mix and have more than a few nights out on the town.

The music mix this month highlights a few of the key shows around the city, but if your interests have you digging deeper you'll discover a show every night of the week as well as, while time lasts, you also can still check out the Women Who Rock exhibition at the Musical Instrument Museum. The exhibit spans the history of rock and roll featuring over 70 women who've left their indelible mark. The exhibit runs through April 20 and costs \$10 to peep at Lady Gaga's meat dress, Patti Smith's battered boots, Madonna's bustier and much more.

GARY NUMAN: Are Friends Electric? (1979)

Numan, the highly influential artist most widely regarded for the 1979 electro pop hit Cars is enjoying a recent resurgence and is touring Phoenix fresh off his latest release

Splinter (Songs from a Broken Mind). The featured track is a classic from his days leading the underrated, influential, Tubeway Army.

Gary Numan performs on Saturday, March 8 at Marquee Theatre, 730 N. Mill Ave. in Tempe. Tickets are \$27.

PURLING HISS: Mary Bumble Bee (2013)

Purling Hiss is a trio out of Philly and this show could be the sleeper of the month. The band is well oiled and road tested from tours with Wilco, Dinosaur Jr and fellow Philadelphian Kurt Vile. This featured track is a jangly hum along but Purling Hiss can tear it up and should have no problem scorching Last Exit Live.

Purling Hiss performs on Wednesday, March 12 at Last Exit Live, 717 S. Central Ave. in downtown Phoenix. Tickets are \$12 and the show is 21 and over.

SHARON JONES AND THE DAP-KINGS: We Get Along (2014)

A sound that's soul, funk, R&B and all that other good stuff, Sharon Jones is the real deal. Currently touring her terrific new release Give The People What They Want. A unique experience is assured as the venue is going to be downtown at Heritage Square.

Sharon Jones and the Dap-Kings perform on Friday, March 21 at Heritage Square, 115 N. Sixth St. in downtown Phoenix. Tickets are \$32 and the show is all ages.

MINATURE TIGERS: Femal Doctor (2012)

The band's crafty pop and Phoenix roots should be reason enough to make your way to Rhythm Room on a Thursday, so come out to support and have a party.

Miniature Tigers perform on Thursday, March 27 at Rhythm Room, 1019 E. Indian School Rd. in Phoenix.

STEPHEN MALKMUS & THE JICKS: J Smoov (2014)

Malkmus, formerly of the seminal band Pavement has been on a great run with his band the Jicks and since it's an April Fool's gig we'll include it on our March calendar.

Steve Malkmus performs on Tuesday, April 1 at Crescent Ballroom, 308 N. 2nd Ave. in downtown Phoenix. Tickets are \$22 and the show is 21 and over.

All events, show times and venues are subject to change. Check with the venue prior or the event to confirm details.

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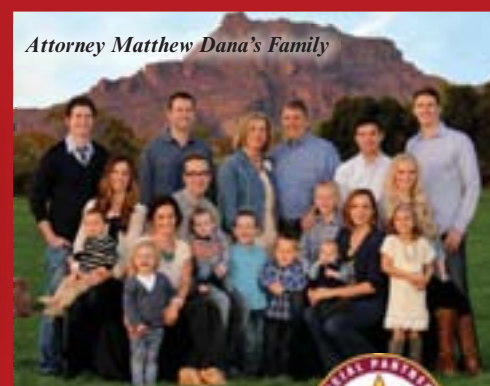
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Special Olympics brings joy for participants, volunteers

By Nicholas Smith

One of the most unique and inspiring athletic events in the state took place February 7 on the campus of Brophy College Preparatory. For the 6th year in a row, the school held an annual Special Olympics Game Day, where athletes from all over could come and compete.

Christopher Calderon, the assistant principle for ministry at Brophy, spearheaded the event this year. He undoubtedly was a driving force in making the event happen, but who he credits for the event's success begins to shed light on what a unique event the game day really is.

"The freshmen are who run the event," Calderon said. "Their involvement in the games is one of the most important parts of their year."

Service is a huge part of the life of a Brophy student, and the freshman year is ripe with examples. Every freshman goes on a retreat in the fall and spends time volunteering at St. Vincent de Paul. But the biggest volunteering day of the year is the Special Olympics, where freshmen play an absolutely integral part of the proceedings.

"On the day of the games, every freshman at Brophy is excused from their class by their teachers," said Calderon. "We tell the boys this again and again: our experience at Brophy isn't limited to 4701 N. Central. As we serve one another, we become friends, and learn to care for

one another. Service is at the forefront, by friendship is what comes out of it."

When the one hundred and seventy-five athletes arrived by bus to the campus, three hundred and forty freshmen at Brophy were waiting for them, applauding as the visitors came off the buses. Each athlete is matched up with two or three Brophy freshmen, and the group stays together at all times as they go from event to event.

The day is split up into five rounds. The first round is an opening ceremony, where athletes and students say the pledge, recite the special Olympian oath, and have a brief moment of prayer together. The second round is all about basketball. The athletes get to play on Brophy's court, a huge treat for the kids, most of whom have never gotten to play in an arena that big before. For the third round, the boys head out to the outdoor plaza, where a DJ hosts a dance party.

"This is one of my favorite parts of the day," said Calderon. "You have freshmen who might usually be on an iPad, and athletes with disabilities with varying levels interacting with others. But out on that dance floor, everyone completely comes out of their shell and has a blast dancing together."

This year one athlete felt so comfortable that he started a conga line during the dancing session. Other students and athletes joined, with the line eventually

reaching close to one hundred people.

The fourth round of the day is a period for snacks and games like checkers and connect four. This was one of the more poignant moments of the day, showing how excited the freshmen were to interact with their athletes.

"This year we told the students we wanted them to provide the snacks, challenging them to help serve the visiting athletes," Calderon said. "It ended up becoming a loaves and fishes kind of things. The students brought so many snacks that we ended up with three boxes left over."

The final round consists of relay races, hula hoops, and Frisbees, before the students and athletes bid farewell to their new friends. The event has become so much fun for the athletes over the last few years that there is a waiting list for athletes to participate. Although the event is clearly about the games the athletes get to play, what makes the event unique is the bond that is formed between the Brophy freshmen and the athletes who spend the day with them.

"I always tell the boys that it's great to serve, to hand out sandwiches and dinners, or whatever it is you're doing," Calderon



An Olympic participant shows excitement about the day.

said. "But if you handed out a hundred sandwiches and didn't learn names or get to know anyone you were serving, you missed the opportunity. It's about the relationships. And that's what makes this event special. Our boys will always remember their athlete, even ten years from now."

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Xavier coach, once on team, leads girls to success

By Nicholas Smith

Few things are as pressure filled as a state championship meet. Athletes work all year long for a shot at the championship, and the deciding events are usually fiercely fought over. But for those who came out to watch the State championships for Spirit Line on January 25 in Prescott, the expected drama was nowhere to be found. What they saw instead was absolute dominance.

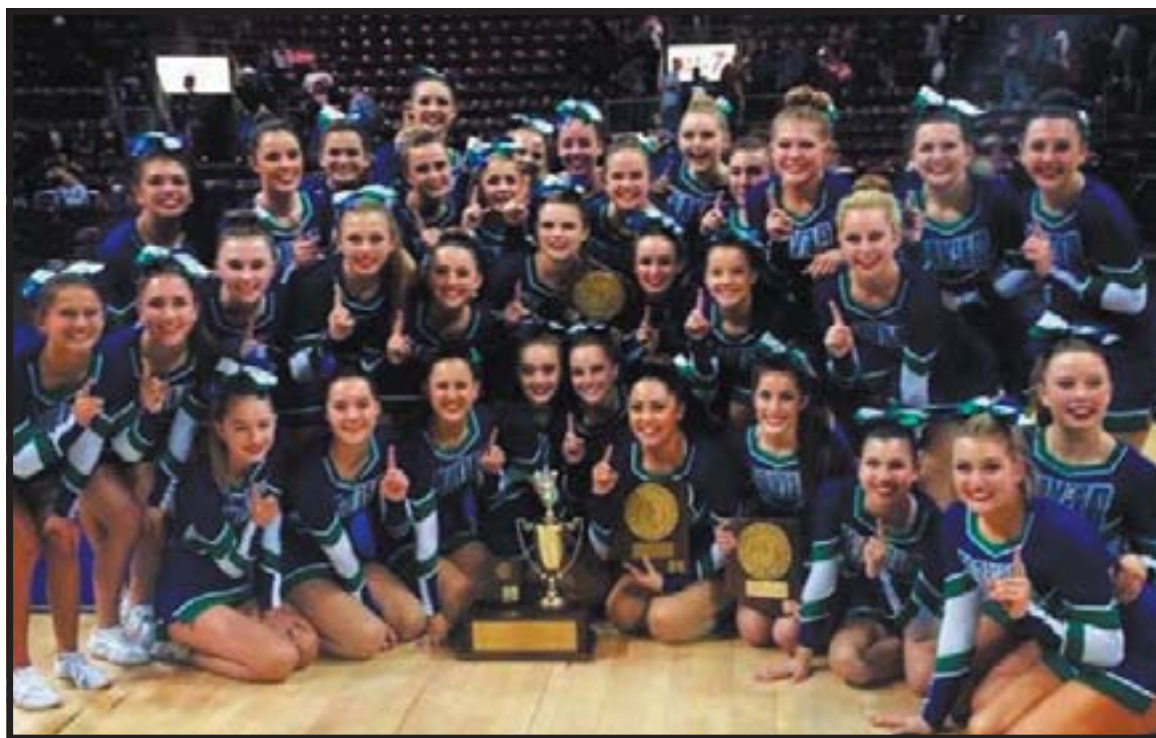
Xavier College Prep's Spirit Line was the State championship winner and they did it while also making history. The squad placed first in show cheer, pom, and five-girl stunt, making it the first time in school history that they came out on top in all three categories.

The super team is led by head coach Monica Gaspar, herself a Xavier Spirit Line alumni.

"I cheered here when I was a student, as did my two assistants," she said. "When I came home from college to visit, the coach asked me if I would be interested in helping out until I finished college. And twenty years later...I never left."

Gaspar has overseen this team since they were new at the sport.

"The best part is seeing a team start off as beginners and watching them grow into leaders and athletes that compete at the highest level," she said. "It's such an amazing feeling to see these girls take what they have worked so hard on and



The Xavier Spirit Line made history by placing first in cheer, pom and five-girl stunt at this year's State Championships.

walk away with the trophy."

To get that trophy, the team had to set a goal of mastering the three categories they would be competing in. The team has twenty girls that worked on cheer and fifteen that worked on dance this season. To say that they accomplished the goal would be an understatement. The team has

won state championships before but never in this fashion.

"The state championship was very exciting," said Gaspar. "We have placed first in cheer before and have won all girl stunt before, but never all three categories." Gaspar and her assistants, Stephanie Walsh and Megan Nolen, were absolutely thrilled

for their girls when the meet finally ended.

"It was a great feeling to see the girls work hard to accomplish the goals they set for themselves at the beginning of the year," Gaspar said. "Especially since there were some incredibly talented schools that we were up against; Mountain View, Chaparral, and Desert Mountain were all fierce competitors and we have so much respect for their programs."

Going forward, Xavier looks to continue to be a dominant team to beat in the state. There are several girls returning for the next season and a repeat looks like a distinct possibility.

"We are looking forward to challenging ourselves to do even bigger and better things so that we can defend our title," Gaspar said. "We know it is a lot of work and that it will never be easy, but the passion for the sport that this team has will carry them through the tough times and take them to another victory!"

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Arcadia High School athletes prepare to make their college commitments known to the public.

Signing day is day for AHS students to shine bright

By Nicholas Smith

February 7 was a beautiful day at Arcadia High School. As the lunch bell rang, students began to congregate around four tables at the front of the cafeteria. The mood of the crowd was one of excitement and anticipation, as friends and family prepared to watch seven student athletes announce where they would be playing their sport in college.

“The important thing to remember is how many thousands of hours these students have put in to get to this point,” said Arcadia Athletic Director Kevin Mooney. “It’s so great that these kids have achieved their goals.”

Four sports were represented among the students. The two football players, two track stars, two soccer players, and a swimmer each signed their letters of intent before Wednesday, the official day for student athletes to sign. The ceremony Friday was a chance for the athletes to get a chance to be acknowledged by their friends and family.

The two football players sat at a table together. Semsi Pulu, a fullback on the team this season, will be starting his college career at Glendale Community College. He acknowledged that the coaching at the school made a big difference in his decision. His teammate, safety and outside linebacker Caden Williams, will be attending Colorado Mesa University in the fall.

“It was definitely a tough decision,” said Williams, when asked about moving far away from home. “But I just loved the area, as well as the coaching staff.”

Lorenzo Belhassen and Annie Sherman will also be going out of state. They’ll both play soccer, at Chapman University and Brown University respectively. The track team also had two signees, with Tim Duckworth becoming a Kentucky Wildcat, and his teammate John Reniewicki staying at home to attend ASU.

The lone swimmer among the seven students was Emily Harrison. Like Caden Williams, she will be heading to the state of Colorado, attending Colorado College to continue swimming.

The event was a huge success, as hundreds of people watched the students announce their schools. The parents of each student came to cheer their children on, and the athletes spent fifteen minutes being congratulated by fellow students and adults alike. There will be more Arcadia student athletes heading to college soon and spring athletes will announce their decisions later this spring.

“They are more than good athletes. Every kid up here is a great human being as well,” Mooney said in summing up the event. “We hope that this event can be a chance not only to honor the kids, but their parents as well, for raising such fine young men and women.”



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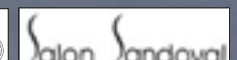
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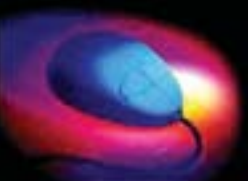


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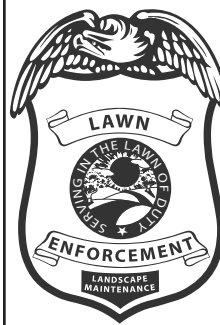
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The MacLean Team Properties



7441 N. Las Brisas Lane, Paradise Valley 85253 - \$799,000
Truly one of the most spectacular view lots in all of Paradise Valley offering panoramic city light and Camelback Mtn views.



4027 E. Avalon Dr Phoenix 85018 - \$319,000
Set on a Lower Arcadia street, this 1,850 sqft. 3 bedroom/2 bath has new carpet and is freshly painted.



2244 E. Ocotillo Rd Phoenix 85016 - \$374,900
Close to it all! Hacienda-style property with 2,100+ sqft, 3 bedroom plus office, saltillo tile t/o and beautiful mtn views.



4409 N. 56th St Phoenix 85018 - \$825,000
Tucked in a quiet 1/2 acre cul de sac. This 3,150 sqft family home boasts 3 in-suite bedrooms plus split guest quarters!



6109 N. Paradise View Dr Paradise Valley 85253 - \$2,395,000
Sweeping city views, 5200 sqft, 4 bedroom warm and inviting contemporary home. Fully renovated and spectacular.



3027 E. Rose Ln Phoenix 85016 - \$329,900
Fabulous opportunity to own a 2 bed/2 bath remodeled Golf Course condo in the Private guard-gated Biltmore Courts.

Our Buyers Are Waiting!

We are working with a number of buyers looking from \$300,000 to \$2,000,000 and wanting to be in or around the Arcadia area. If you are considering selling, please contact me! Your home may be the perfect match!

Recently Closed Properties By The MacLean Team!

3307 E. Medlock Drive SOLD
3425 N. Valencia Lane SOLD
4211 E. Whitton Ave SOLD
3514 N. Carhill SOLD
4519 E. Weldon Ave SOLD
3420 E. Glenrosa SOLD
3135 N. 48th Street SOLD
3816 N. 54th Court SOLD

4353 E. Palo Verde SOLD
5250 N. 37th Place SOLD
4451 E. Campbell SOLD
6269 N. 31st Place SOLD
3700 E. Camino Sin Nombre SOLD
4242 E. Amelia SOLD
6305 N. 30th Court SOLD
3021 E. Rose Lane SOLD
4839 E. Horseshoe Road SOLD

5748 N. 41st Place SOLD
4232 E. Whitton Ave SOLD
4036 E. Weldon Ave SOLD
4617 N. 8th Place SOLD
4021 E. Avalon SOLD
3002 N. 47th Street SOLD
5511 N. 32nd Street SOLD
6310 E. Lafayette Blvd SOLD
4932 N. 42nd Way SOLD

4601 E. Flower Street LEASED*
3050 E. San Miguel LEASED
4519 E. Weldon Ave LEASED
4091 E. Campbell LEASED
5664 N. Scottsdale Rd LEASED
3045 E. Claremont Ave LEASED
3318 E. Montecito LEASED
3015 E. Montecito LEASED
3419 N. 63rd Place LEASED

*More than 1 time

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The MacLean Team Properties



6325 E. Alta Hacienda Dr Scottsdale 85251 - \$1,695,000
Privately gated ¾ acre estate, Property boasts grand living of 6,515 Sq Ft, 4 bedroom, 3 ½ bath, formal & casual living area with new travertine and new upgrades!



4232 E. Whitton Ave Phoenix 85018 - \$539,000
Pending 1st Week! Live in the sought after lower Arcadia area, fully remodeled 2100 sqft home on a highly desirable street! Contact Amy Owens for more information.



5214 N. 33rd St Phoenix 85018 - \$2,695 mo.
Set in the highly desirable Biltmore Heights! This lovely 2400 sqft, 3 bedroom plus office home has had walls opened up to allow for large, great room feel. Charming and move in ready!



4438 E. Camelback Rd #143 Phoenix 85018 - \$3,995 mo.
Stunning furnished rental property in the exclusive Village at Camelback community! This 2800 sqft, beautifully done & boasts the best finishes!



5225 E. Whitton Ave Phoenix 85018 - \$582,000
Spacious, beautiful, ranch-style home in quiet, popular Arcadia neighborhood!



8 Biltmore Estates #124 - \$924,000
This residence enjoys one of the very best views of any home in the development, boasting city lights, golf course and mountains.



The MacLean Team

WE ARE THE NEIGHBORHOOD



Heather MacLean



Amy Owens



Katie Lund

Looking To Sell Or Lease A Property In Arcadia/Camelback Corridor?

The MacLean Team is #1 for successfully listing and leasing properties within the neighborhood.
Call us to find out why!

Awards

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4528 NORTH HILLTOP

Divine Estate on a Private 2 Acre Parcel at the Base of Camelback Mountain! \$2,995,000



6528 EAST EXETER

This Grand Estate will Leave you in Awe! \$3,795,000



6416 EAST HORSESHOE ROAD

Amazing Gated Estate in an Outstanding Neighborhood! www.horseshoefamilyestate.com \$2,895,000



4958 EAST GRANDVIEW LANE

Warm Contemporary Creation Stunningly Built into the Side of Camelback Mountain! \$2,150,000



9235 NORTH COCONINO CIRCLE

Designed to Absolute Perfection! coconinosmarthouse.com \$2,595,000



5147 NORTH TAMANAR

Opulent Estate in Casa Blanca. Utterly Unique and Absolutely Breathtaking! \$3,395,000



9024 NORTH KOBER

Palatial 2 Acre Estate! www.koberestate.com \$3,995,000



6715 EAST ROVEY

NEW LISTING - This Posh Estate is Absolutely Stunning! Old world design, Combined with Modern Amenities, Creates True Perfection! \$5,250,000



6447 NORTH PALO CRISTI

SOLD IN ONE WEEK! - This Divine Estate is for Those with a Passion for Quality Living! \$4,399,000

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4609 NORTH BORGATELLO LANE

This expansive estate is simply stunning with truly tasteful finishes! \$2,295,000



6721 EAST CHENEY

NEW LISTING - This Lavish Masterpiece is Brilliantly Designed Siting on 3 Lush Acres with 33,000 Square Feet Under Roof! \$16,000,000

For More Information, Text 'Arcadia' to 32323



Robert Joffe



Chris Ritchie



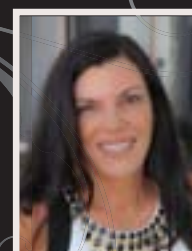
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Jen Sheedy



Karen Lafferty



Dallas Peagler



Bob Bullock



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