Arcadia News

Vol. 21 No. 6 | AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993 | September 2013

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WHAT YOU DID ON YOUR SUMMER VACATION...



The 3rd annual "Summer Vacations & Travel" photo contest theme yielded excellent submissions from Arcadians who travelled all over the world this summer. *See more entries on page 30.*

Boy Scouts of America Troop No. 6 continues its tradition of success, turning out yet another accomplished Eagle Scout.

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The Arizona Institute of Breast Health gears up for their annual *Breast of Scottsdale* event on September 10.

Page 29

Players and coaches alike prepare for another triumphant football season at Arcadia High School.

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AWARD WINNING NEIGHBORHOOD NEWS SINCE 1993

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Oceanside Pier at Sunset by Greg Bruns

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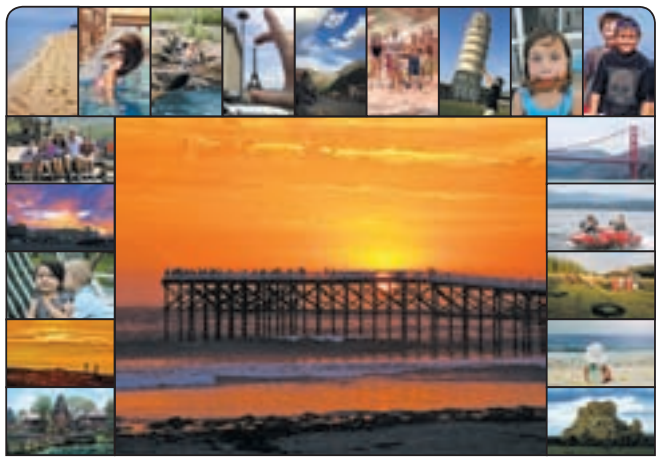


29 Breast of Scottsdale
The Arizona Institute of Breast Health prepares for the annual *Breast of Scottsdale* event at their new location, The Herb Box.

63 Football Preview
A sneak peak behind the 2013 Arcadia High School football season.

Cover Image:
We look forward to seeing your vacation photos every year. Thanks for another great Vacation & Travel photo contest, Arcadia!
Photos submitted. *See page 30.*

WHAT YOU DID ON YOUR SUMMER VACATION...







September means change, for kids and Arcadia News

By Amanda Goossen

Editor's *Notes*



Friends often tease. My 7-year-old daughter even imitates me on occasion. "*Arcadia News, Arcadia News, Arcadia News,*" they say, mimicking my excitement.

October 2011 was the first time I wrote a story for this newspaper. I wrote about cupcakes. Something I know well and enjoy eating far too often. Since then I've grown from writing about *Sweets and Treats* to *Places We Liked* and *Cookbook*, to photographing for stories and our cover, and constructing more than a few features. Many have asked me about my work for *Arcadia News* and my answer is always the same. I love it.

I'm a passionate person. If you spend more than a few minutes with me you'll quickly learn I talk too fast, laugh often and enjoy learning all about people. And I love *Arcadia News*. Maybe it's our neighborhood, the truly remarkable people I get to work with or that I get to write and read, two of my favorite things. Most likely, it's all of these things and a whole lot more.

As the new Managing Editor of *Arcadia News* I hope to pour my passion for our community and this paper, into every page. I plan to listen to you, our readers, and bring you stories you want to read and discover. I'll be out where you are, in the streets, schools, restaurants and shops, because I live here too!

This month we have a variety of stories that highlight the greatness of September.

We've added a monthly calendar, giving you a heads up on local events.

We've made kids a focus since September is really all about them and their schools!

Ingleside Middle School is on page 12 proving the beauty of their new campus extends inside the building, with students proud to be school ambassadors. On page 18 you'll meet 17 year-old Ian Chestnut, a remarkable Eagle Scout working hard to make a difference in our community.

Plus, we take a peek at the Trojans! What's in store for the Arcadia High School football team this season? We talk to the coach.

I hope you enjoy this month's paper! I can't wait to chat with you next time I'm in line for my beloved cup of coffee.

Cheers!



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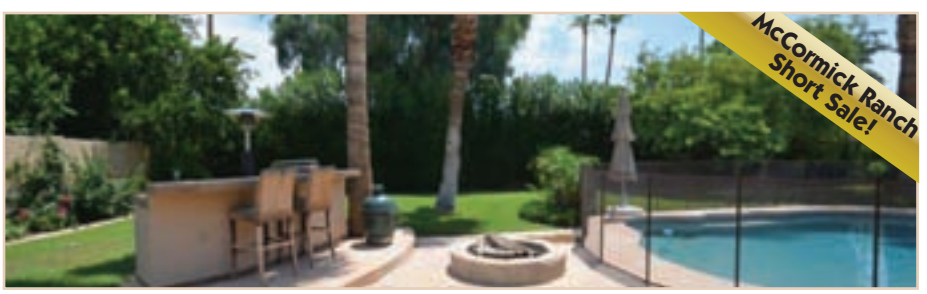
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What's Happening, Arcadia?

SEPTEMBER 2013 EVENTS

Family Storytime

Saguaro Library
2808 N 46 Street
Sept 5 - 11:30 am - Noon

Share books, stories, songs, rhymes and music in a fun interactive program that builds early literacy skills. This program is designed for children birth to 5 accompanied by a favorite adult.

www.phoenixpubliclibrary.org/events.jsp

Animal Other Exhibit

Shemer Art Center and Museum
5005 E Camelback Road
Sept 12 - Oct 17 – 10 am - 3 pm
Tues through Sat - 6:30 - 8:30 pm
Thurs: Free admission.

www.shemerartcenter.org

Brazilian Day Arizona Festival

Scottsdale Center for the Performing Arts
7380 E 2nd Street, Scottsdale
Sept 7 - 1 pm - 6 pm

Brazil's Independence Day features music, dance, martial arts, cuisine and more. Visitors have the opportunity to learn about Brazil's rich cultural heritage and to enjoy its infectious energy and spirit.

www.braziliandayarizona.com

Robin Hood

Childsplay Theatre
Tempe Center for the Arts
700 W Rio Salado Parkway, Tempe
Weekends, Sept 8 - Oct 6 - 1 pm and 4 pm
Sat - 1 pm Sun

Head to Sherwood Forest to join Marian, Robin Hood and his band of Merry Men on an unforgettable adventure.

www.childsplayaz.org

The Wiggles Taking Off!

Comerica Theatre
400 W Washington Street
Sept 11 - 6:30 pm

See this popular children's entertainment group as they sing and dance to favorite Wiggles hits.

www.comericatheatre.com

Ruthless! The Musical

Phoenix Theatre
100 E McDowell Road
Sept 12 - Oct 13 - 8 pm Thurs and Fri;
3 pm and 8 pm Sat and Sun

This deliciously funny musical tells the story of Tina Denmark, an eight-year-old girl who was born to entertain…by any means necessary.

www.phoenixtheatre.com

Seussical

Herberger Theatre Central Stage
222 E Monroe
Presented by Valley Youth Theatre
Sept 13 - 29 - 7:30 pm Thurs and Fri;
2 pm and 7:30 pm Sat; 2 pm Sun

In this original Broadway musical version of Seussical, the Cat in the Hat tells the story of Horton the elephant that discovers a speck of dust containing Whos.

www.vyt.com

The Diary of Anne Frank

Scottsdale Desert Stages Theatre
4720 N Scottsdale Road
Sept 14 - Oct 20 - 7:30 pm Fri and Sat;
1 pm Sun

A riveting and dramatic play about a Jewish family hiding from the Gestapo in war-torn Amsterdam.

www.desertstages.org

Ballet Under the Stars

Sept 19-28 - 7:30 pm

Ballet Arizona presents the 16th annual Ballet Under the Stars. The sunset performance series is free and open to the public at six different Valley locations. Check website for dates and locations.

www.balletaz.org

Phoenix Symphony

Opening Night
Symphony Hall
75 N 2nd Street
Sept 20-21 – 7:30 pm

The Phoenix Symphony kicks off the 2013-14 season with Beethoven's Symphony No. 9 under the baton of one of America's most promising and talented young conductors, Andrew Grams.

www.phoenixsymphony.org

Breast Cancer Awareness Walk

The Breast Cancer Society, Inc.
Phoenix Zoo
455 N Galvin Parkway
Sept 21 – 6 am

Enjoy a day of sun, fun and nature...all while raising funds for the Hope Supply Program in Arizona. All-day zoo pass will be provided for each registrant.

www.tbcs.fundly.com/breast-cancer-awareness-walk

Celebrate 75: It's a Garden Party!

Desert Botanical Garden
1201 N Galvin Parkway
Sept 28 – 8 am-8 pm

The Garden celebrates its 75th anniversary with a free admission day. Explore and celebrate the mission of the Garden. Registration required.

www.dbgcelebrate75.eventbrite.com

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Arcadia Real **Estate** Stats

2013 HOPI SCHOOL DISTRICT SALES RESULTS
(1/1/2013-7/31/2013)

Active Homes -	126 homes
Homes Sold -	194 homes
Average Sale Price -	$872,685
Average Sold $ Per SF -	$256
Average Days On Market -	95 days

- There is currently 5 months of home inventory (based on 2012 sales results)
- 2013 home sales have increased 15% this year. (based on 2012 sales results)
- Home prices have increased 10% this year. (based on 2012 sales results)
- $ Per Square Foot prices have increased 8% this year. (based on 2012 sales results)
- Homes are taking 6% less time to sell this year (based on 2012 sales results)

2012 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	282 Homes
Average Sale Price -	$777,607
Average Sold $ Per SF -	$235
Average Days On Market -	102 Days

2011 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	238 Homes
Average Sale Price -	$635,344
Average Sold $ Per SF -	$197
Average Days On Market -	124 Days

2010 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	202 Homes
Average Sale Price -	$670,142
Average Sold $ Per SF -	$200
Average Days On Market -	156 Days

2009 HOPI SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	140 Homes
Average Sale Price -	$754,006
Average Sold $ Per SF -	$239
Average Days On Market -	185 Days

2013 TAVAN SCHOOL DISTRICT SALES RESULTS
(1/1/2013-7/31/2013)

Active Homes -	62 Homes
Homes Sold -	150 Homes
Average Sale Price -	$405,249
Average Sold $ Per SF -	$187
Average Days On Market -	64 days

- There is currently 3 months of home inventory (based on 2012 sales results)
- 2013 home sales have increased 19% this year. (based on 2012 sales results)
- Home prices have increased 19% this year. (based on 2012 sales results)
- $ Per Square Foot prices have increased 15% this year. (based on 2012 sales results)
- Homes are taking 3% less time to sell this year (based on 2012 sales results)

2012 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	207 Homes
Average Sale Price -	$326,316
Average Sold $ Per SF -	$158
Average Days On Market -	66 Days

2011 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	203 Homes
Average Sale Price -	$265,505
Average Sold $ Per SF -	$128
Average Days On Market -	102 Days

2010 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	145 Homes
Average Sale Price -	$294,278
Average Sold $ Per SF -	$142
Average Days On Market -	140 Days

2009 TAVAN SCHOOL DISTRICT YEAR END SALES RESULTS

Homes Sold -	135 Homes
Average Sale Price -	$321,858
Average Sold $ Per SF -	$154
Average Days On Market -	129 Days

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Virtual Tour: www.tourfactory.com/1022803

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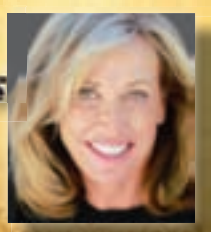
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Recent Agency Bulletins Expand Consumer's Rights Against Debt Harassment

By Jonathan Hasebe



According to the July 2013 statistics published by the Federal Reserve, American consumers are collectively $11.16 trillion in debt. On average, U.S. households carry $15,325 in credit card debt, approximately $147,900 in mortgage debt and more than $32,000 in student loan debt.

When a borrower stops repaying his or her debts, creditors often will hire debt collection agencies to get the borrower to repay what is owed. In response to the abusive tactics employed by some collections agencies, Congress passed the Fair Debt Collection Practices Act in 1977 to regulate how personal debts may be collected.

In short, the act prohibited certain "abusive and deceptive" conduct by collection agencies seeking to collect.

Failure to abide by the requirements of the act potentially could expose unscrupulous collections agencies to statutory damages of up to $1,000 plus reasonable attorney's fees. Under the Fair Debt Collection Practices Act, collection agencies are required to identify themselves in every communication, provide the name and address of the original creditor, verify the debt, and notify the consumer of their right to dispute the debt.

With limited exceptions, collection agencies must cease communication with the creditor after receiving written notice by the creditor. Further, the act prohibited a number of abusive tactics previously employed by collections agencies such as:

- Threatening a legal enforcement action if such action has not been contemplated.
- Using abusive or profane language.
- Continually calling with the intent to annoy or harass the debtor.
- Misrepresenting the amount of the debt.
- Calling too early in the morning or too late at night.
- Discussing the debt with third parties.
- Reporting false information on a consumer's credit report.

In 2011, the Consumer Financial Protection Bureau was created following the passage of the Dodd-Frank Wall Street Reform and Consumer Protection Act.

On July 10, the Consumer Financial Protection Bureau published two bulletins regarding debt collection practices. The first bulletin incorporated and expanded on the existing Fair Debt Collection Practices Act laws regarding what tactics would be considered "unfair, deceptive, or abusive."

Among the prohibited actions, the consumer protection bureau included the following:

- Collecting or assessing a debt and/ or any additional amounts in connection with a debt (including interest, fees, and charges) not expressly authorized by the agreement creating the debt or permitted by law.
- Failing to post payments timely or properly or to credit a consumer's account with payments the consumer submitted on time and then charging late fees to that consumer.
- Misrepresenting that a communication is from a government source or that the source of the communication is affiliated with the government.

Both these bulletins (along with sample letters consumers can send to debt collection agencies) may be found at www.consumerfinance.gov.

Jonathan Hasebe, an associate at Gallagher & Kennedy, P.A., practices general commercial litigation and transactional law. He can be contacted at www.GKnet.com.



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Citizens are powerful tools in legal system, decisions

By Steven Sarkis



Recently I was summoned for jury duty in the Maricopa County Superior Court. Now I know what most people are thinking when they open their jury duty requests in the mail: Ugh, not again. But to be honest, I would actually really like to sit on a jury.

However, having an active judge sit on a jury invites various problems and as expected, I was not picked. Yet the whole process once again reminded me just how important this civic duty is, not just to my court but to the entire judicial system.

Most citizens likely underestimate just how important they are to the legal system.

Without the ability to summon a jury of one's peer, which is a constitutional right, the justice system likely would grind to a halt as each and every case would need to be decided by individual judges.

While judges do their best to make the fairest decision in every case, jury duty relies upon a different, sometimes more effective way to decide cases. Jury duty relies upon the collective wisdom, experience and fact-finding abilities of a group of everyday people. A powerful tool.

So, while it may be an occasional inconvenience, or worse, jury service is one of the most necessary civic duties and important constitutional rights we possess. Next time you are summoned for jury duty, ignore the impulse to suddenly get sick, flatten your own tire, or take your sick grandmother to the hospital.

In all seriousness, when summoned for jury duty, remember it is a right, not a chore. Remember how important you as a citizen are to the legal system. And lastly, remember how much weight it can occasionally take off the shoulders of your local justice of the peace.

Steven Sarkis is the justice of peace for Arcadia Biltmore Justice Court.



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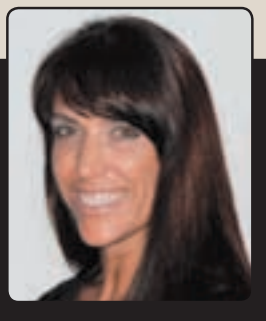


Winner Charlotte Bishov, Age 9, with Realtors Shawn, Traci and Judge Bellamak.

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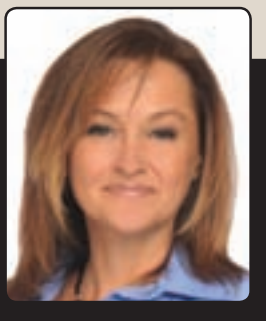
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Ingleside Student Ambassadors underwent rigorous training to earn their title.

Ingleside student ambassadors lead the way

By Amanda Goossen

Ingleside Middle School has undergone a major makeover. With impressive new buildings, technology and facilities, students and faculty are all smiles as they walk the halls.

With the new campus comes a new program, the Ingleside Student Ambassadors.

Students had to complete an application, collect a teacher recommendation letter, and complete a formal interview to be considered for the program. Following admission into the program, the students completed a rigorous weeklong training program during the summer.

Before being able to lead campus tours, each student had to pass an extensive exam

Continued on page 15



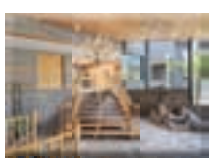
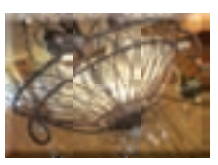
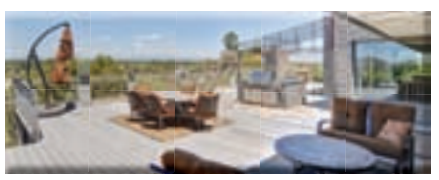
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Tavan out-ed program inspires kids to get moving

By Danika Worthington

Kids line the sidewalk holding signs and shouting words of encouragement as a bus rolls out of Tavan Elementary School carrying a fifth-grade class off to Prescott.

Tavan has provided Outdoor Education for the graduating elementary school class since 1984. Initially just an afternoon at Papago Park started by then-principal Bruce Burns, the program has grown to a three-day trip to Prescott, said fifth-grade teacher Jenny Martin, who manages the program.

"A lot of the kids have never been in the trees or the mountains," fifth-grade teacher Shelly Rose said. "We drive up the hill and they see (the woods), you get the 'Wows.'"

Students stay busy looking for animal tracks, hiking, singing campfire songs and other outdoors activities, Rose said. Students also work on team building skills and overcoming their fears through sports, skits and rock-wall climbing, Martin said.

For many students, this is the first time they are playing team sports, said Rose, who organizes the physical education on the trip.

Arcadia High School junior Bailee Miracle attended Tavan for elementary school and fondly remembered the trip, especially her time zip lining.



Physical fitness is a large part of the Out-Ed Program, including hiking and obstacles.

"I was standing up there and I was really hesitating about going. And I was like, 'I don't know how I'm going to go' and the guy just pushed me," Miracle said. "I'm glad that the guy just pushed me because it was fun. I probably would have chickened out but the guy was like, 'you're going' and he pushed me. I was holding up the line."

When many schools are forced to cut programs due to financial reasons, Tavan has worked to keep the program alive, Martin said.

Continued on page 15









Students do not have to pay for the trip. Instead, the school finances Outdoor Education through tax credits, a snack bar run by students and various fundraising efforts.

"It's hard for a Title I school to keep this going. It's really hard. It takes a lot of work, a lot of pushing," Martin said.

Title I is a classification given to schools with a high number or percentage of students from low income families, according to the U.S. Department of Education.

Fridays after school, fifth-graders help run a snack bar for the school with food donated by parents, Martin said.

"That way the kids also have ownership in it. They know they're raising money for their trip and it's a big deal," Martin said.

Miracle said she enjoyed her experience with the snack bar.

"They didn't do that at other schools so I think it teaches kids the value of money and counting and it really helped with the math skills. Plus, it's cool to pass out the snacks," Miracle said.

The rest of the students eagerly await their turn to attend Outdoor Education as they buy snacks and see the fifth-graders depart to Prescott, Martin said.

"It's really exciting to think, 'that's going to be me in five years' and 'that's going to be me in three years,' and 'one more year,'" Miracle said.

But once a fifth-grader, Miracle said the experience is "bittersweet."

"It's exciting, this is after I've waited all year for this like you've waited since kindergarten to do it," Miracle said. "But then it's like 'Wow, I'm a fifth-grader and this is my last hurrah before fifth grade is over and then it's time to be a middle schooler.' It's a little scary."

The Outdoor Education program is an experience students remember for a long time, Rose said.

"Older kids at high school, college, they still talk about it," Rose said.

Martin encouraged people interested in donating their tax credits to email her or Rose at jmartin@susd.org or srose@susd.org.



Campers learn survival skills.



Team building is a theme of the Out-Ed trip.

Ingleside

Continued from page 12

about the school's history, campus, teachers and curriculum.

.For seventh graders Noelle Tessmer, Bryce Grove and Thomas Goodwin deciding to become an ambassador was an easy decision.

"I wanted to do it because I really love Ingleside and wanted to show others how great it is," Noelle said.

For Thomas it was an extension of other school commitments.

"I was excited to get involved," Thomas said. "I'm apart of the TLC (Trojans Learning to Care) Club and I thought this was another great way to help people."

With 26 ambassadors, the kids are put in teams of two to lead tours. One student, however, can do a quick-schedule tour.

"They paired us up like yin and yang," Bryce said.

The students were put together to accentuate their strengths and weaknesses. Their personality and personal interests also were taken into account.

"We wanted to group kids together to create the best team," said Sue Tessmer, Ingleside PTO president. "A boy who plays sports and a boy in choir work well because they have different information to bring to the tour. They can explain more than two students with the same interests."

Not only does the Ingleside Student Ambassador program help new families entering or considering the school, it benefits the ambassadors.

"We thought it was a great way to prepare the kids with the new campus and allow them to take ownership of their school," Tessmer said. "The kids are so proud of the new Ingleside."

The seventh graders' passion for the program and their school comes through as they rattle off school information, speak clearly and make eye contact.

"Sue took the time to really train these kids," said Chad Caudle, Ingleside's new principal. "We had kids involved in tours before, but nothing like this."

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A New York kind of summer

By Julie Demetros

For Hayley Trueman, joining the Broadway Artists' Alliance in New York City for summer camp also meant learning how to be a New Yorker.

"I thought that everyone was going to scream, 'Get out of my way,' but no one even noticed me," said the Arcadia native. "I felt like a speck of dust."

The 12-year-old student at St. Theresa's Catholic School took classes July 29 to August 2 at the Ripley Grier Studios in the heart of New York City from Tony-winning Broadway producers and performers.

"We had two master classes a day and you got to select your classes," she said. With about 160 students requesting classes, not everyone got their pick. "If there were too many, then they moved you to your second choice."

"I took a lot of vocal classes because I was a vocal major, but I should have picked more dance and acting classes now that I think of it."

Hayley's teachers included Amadeus star and Tony-Award-winning producer Tom Hulce and Broadway performer Chris Sieber, who became one of her favorites.

"He had awesome feedback, and he was so interactive with us," she said. "He gave us a relatable example with a song that we sang, which was really helpful."

Along with learning about singing and acting, Hayley said she learned important lessons about competition and auditioning. "I learned that different casting directors and agents want different things. One says one thing and one says another, but you can't please everyone."



Haley Trueman navigates New York for the summer while taking performance classes.

Continued on page 20

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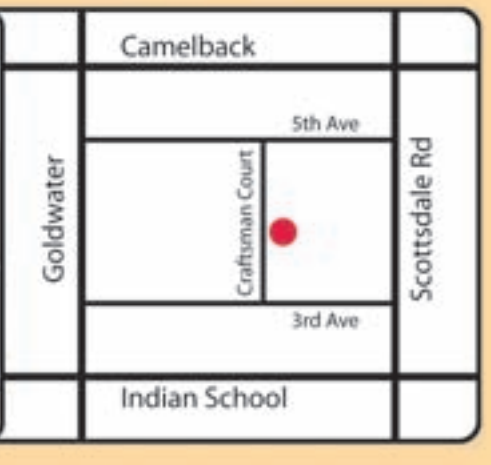


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Scout earns his Eagle, gains friendship and pride

By Cristina Peralta

With the help of family, friends and fellow Boy Scouts of America Troop No. 6, an Arcadia High School student has earned his Eagle Scout rank.

Ian Chesnut, 17, has been an active scout for 10 years alongside his brother Brian, 19. To achieve his Eagle Scout ranking, Chesnut completed a project benefitting The Family School, a preschool and kindergarten childhood center.

Chesnut planned, supervised and implemented a remodel for the surface of the school's playground, which was deemed outdated and unsafe by the city of Phoenix. The project included extending a small path with fine granite, painting and cleaning the windows of the school and helping to clean up parts of the campus.

The project took more than 225 hours.

"Once it was all over, and I got my Eagle, everything was a relief," Ian said. "It was all totally worth it in the end."

Some call Troop 6 the Eagle Factory. Base to more than 100 scouts, the troop houses the most Eagle Scouts in the nation and is one of the most well-established in the state. Several of the scouts attend AHS.

The Chesnut brothers joined the Cub Scouts in first grade. Both parents were in the military and the family moved about every 16 months.

"It was a constant that we had from place to place. Everywhere we went, there was a Boy Scout troop and we always made a lot of friends through that stuff," Ian said. "When everything was changing, it was that one thing that we had and knew."



Ian (left) stands with the team who helped him with his Eagle Scout project.

The brothers' mother Mindy said she pushed her sons since they were young to earn their Eagle Scout rank.

"Scouting provides boys the opportunity to volunteer and give back to their communities as well as teaching patriotism," Mindy said. "I have always felt that the Boy Scouts is an important venue for my boys because of the opportunities it introduces to possible future career fields and interests that are not afforded anywhere else, especially not in schools."

Brian earned his Eagle rank when he was 18.

"I didn't understand at the time why our parents were so insistent about us earning our Eagle," Brian said. "Looking back on it now, they made time out of their own personal lives to help us out. They knew it was for the best."



Brian's project entailed renovating the news set used for broadcast announcements at Arcadia High School where he was part of the news team.

"During your project, when you're watching everything being put together and everyone is building, you're not allowed to do any work because the point of the project is leadership," Brian said. "You're supposed to be able to demonstrate that you can tell a group of people how to do something, effectively work with them and make sure the project goes as planned."

The Chesnut brothers had the help of fellow scouts Phillip Gough-Stone, 17, and Wes Spencer, 16. The two also are AHS students. Stone currently is working on his Eagle project, while Spencer is thinking of ideas.

"I think more than anything, I'd like to give back and help people with what I was given, because it's definitely made me who I am," Stone said. "I wouldn't be in the spot I am today without the massive amounts of help that everyone has given me."

Spencer said he would like to pursue a future with the Boy Scouts.

"I want to become a scout leader when I'm an adult, and I'll definitely put my kids through it. It'd be a really cool experience," Spencer said.

Mindy said she hopes her sons take on career with the Boy Scouts. For now, though, the brothers are pursuing their dreams in filmmaking and music.



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New York

Continued from page 16

Hayley's mother, Joanne Trueman, said she was glad her daughter learned about the competitive aspects of the industry.

"I think she learned that it's a very competitive business. But I think that if you want it bad enough, that you'll make it," she said. "There are a lot of avenues to get there. And you just have to keep improving, and sometimes it's not about you personally or your talent, it's more about what the casting director wants or what they're casting for that particular play. You have to have thick skin. But I think she's also found that she loves it, and I'm excited for her."

It wasn't all work and no play for the young actress. She took a break and saw Broadway show "Kinky Boots," and had a chance to explore a little.

"I didn't get to see the Statue of Liberty," she said. "I didn't have time. We took a picture at nighttime so it looks like a ball of light."

One thing Hayley did manage to do was make friends with the other campers. "We stayed at the Tryp Hotel," she said. "I made a lot of friends. They were all so nice."

As for dining in New York, "The food was amazing," she said. "Then I walked all the fat off that I gained."

Any great actress can become a chameleon and blend it, as Hayley learned quickly on the streets of New York.

"You can tell who are tourists and who are not," she said. "If you bumped into them, they would say, 'Sorry.' But if they lived in New York they wouldn't. So I was just like 'Oh my God. I'm so sorry,' when I bumped into them. By the last day I was like 'Move it!'"



Hayley, Shira Minsk, Chloe Friedman and Annie explore a New York bookstore.



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Yarnell Hill inspires local artist to make donation



Artist Dino Paul will donate his painting to the 100 Club of Arizona fundraiser.

By Stephanie Jarnagan

In light of the Yarnell Hill fire and tragedy, Dino Paul, an Arcadia resident of 16 years, put his artistic talent to good use.

Trees are a favorite subject in his paintings, and he had been working on a piece, titled Out of the Ashes, prior to hearing about the destructive wildfire that took the lives of 19 Granite Mountain Hotshots.

"Hearing that news inspired me to finish the piece," Paul said. "I always like to have an underlying message to my work whenever possible and this one is about resiliency in a way and it also offers a message of hope."

He added, "I never intended for it to be a tribute piece, but it is certainly poignant given the timing."

The artwork will be part of a silent auction at the 7th annual Jason Schechterle Scholarship Ball September 28 at the Arizona Grand Resort. This black-tie optional event, which is open to the public, represents the 100 Club of Arizona's largest fundraiser of the year.

Paul's technique, which he calls "controlled chaos," combines drawing, melting ink, digitally layering files, making a print and embellishing it with pastels and acrylics.

"I accidentally discovered the technique I use now while working on a graphic design project for a client," said Paul, who owns the Arcadia-based graphic design firm Dino Design. "I spilled a rubber cement remover on a bunch of my laser prints and ruined them. But when I took a closer look, I thought they were interesting so I held on to them. Eventually, I began exploring how various chemicals have an effect on different substrates."

Out of the Ashes, which Paul values at $1,500, took him about 30 hours to perfect, beginning with sketches. He then transferred his sketches into digital drawings and made numerous prints. It took about 20 attempts using paint thinner and acetone to get the effect he was looking for, which can be seen in the burned trees. He then used charcoal pencils to embellish the final piece.

Paul connected with the 100 Club of Arizona and offered to donate the piece to help the nonprofit raise funds for its cause. Dan Henry, owner of Dan's Custom Framing and Art in Old Town Scottsdale, donated a frame for the piece valued at $475.

"The 100 Club is beyond grateful for the community support that the Granite Mountain Hotshot survivors, Prescott Fire Department and the 100 Club has received," said Sharon Knutson-Felix, executive director of the 100 Club of Arizona. "Dino's artwork is a great way to pay tribute to our fallen by supporting their families in a unique and meaningful way."

For more information on the 100 Club of Arizona or the event, visit www.100club.org. For more information on Dino Paul and his artwork, visit www.artbydino.com.



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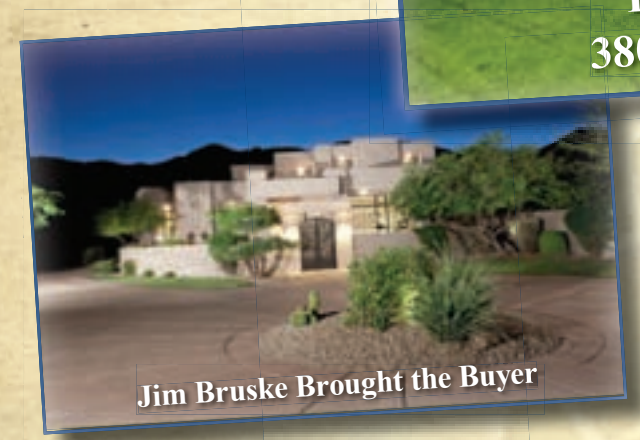
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Kathleen and Ted Crowley visit Butchart Gardens Victoria, B.C.

First cruise takes local couple on a tour of Alaska

By Kaley Kalil

Kathleen and Ted Crowley have lived in the Arcadia area since 1986. Kathleen, a native, actually grew up here and watched Arcadia High School being built.

"Probably the best thing about living in Arcadia is the sense of community," Kathleen said.

"Despite the fact that Phoenix is the nation's sixth largest city, there is a small town feel about living in Arcadia."

The Crowleys recently took an 18-day summer vacation with their friends, Rose and Greg Riney. In early June, the four longtime friends found themselves on a Princess cruise ship to Alaska.

"None of us had ever been on a cruise, and we all wanted to experience the magnificence of the Alaskan glaciers from both land and sea," Kathleen said.

Where's the *Neighbor?*

"The ship was beautiful, efficient and elegant, and we especially loved our balcony. We had great views of the glaciers without fighting the crowds on deck, and saw literally dozens of whales swimming alongside the ship," Ted said.

They jumped at the opportunity to extend the cruise to a land tour that included a stopover at Denali Wildlife Park.

The Crowleys visited several landmark sites and cities throughout their Alaskan adventure, including Mount McKinley (also known as Denali – the highest mountain peak in North America at 20,320 feet), Glacier Bay National Park, Husky

Continued on next page

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Hiking in Denali National Park, AK.



The Alaskan Railroad from Talkeetna to Denali.

Homestead, Anchorage and Alaska's landlocked capital, Juneau.

There was no shortage of intriguing, local fare for the Crowleys to try. They quickly discovered reindeer or caribou was on the menu most everywhere in Alaska.

"We ate it in sausages that were like bratwurst, and in stews," Kathleen said.

"Unfortunately, we arrived shortly before salmon season, so we missed out on the freshest salmon."

"On the plus side, we also missed out on the worst of the mosquitoes," Ted added.

One local specialty the Crowleys regret having missed were Japadogs – Japanese-style hot dogs served from street carts.

"Apparently, they were the most popular food during the Winter Olympics, and people would wait in long lines that wound around the block just to get one," Kathleen said.

"We did have the feeling that we had to eat our way to obesity in order to get a full return on the price of a cruise ticket," Ted said.

The Crowleys disembarked in Vancouver early one morning and hit the ground running. They rented a car and drove to Whistler, B.C., Canada – site of the 2010 Winter Olympics skiing events.

The next time the Crowleys visit Alaska, they plan on renting a car and perusing the land at their own pace. They'd like to travel to Fairbanks and see more of the wildlife in their natural habitat.

"Seeing glaciers calving (when large chunks fall off) in person is a breathtaking experience, as well as a painfully dismal reminder that global warming is having widespread consequences. We all shared the attitude that we should see them while they were still there to be seen," Kathleen said.

Ted said he most enjoyed "the majesty of the shoreline with all the waterfalls along the Alaskan and British Columbian coastline is just breathtaking."

The Crowleys have enjoyed trips to Europe and Africa and hope to get to Asia soon.

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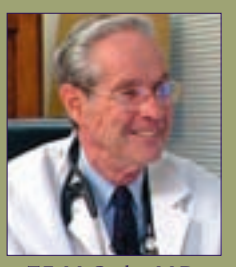
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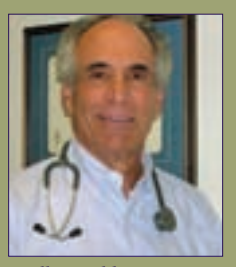
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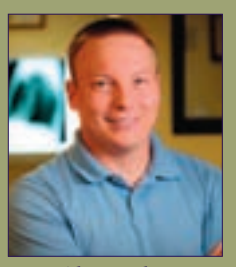

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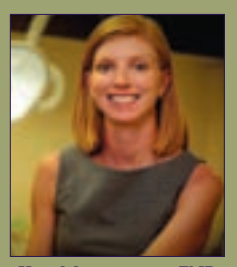

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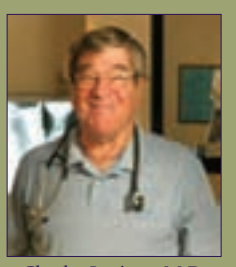

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Travel Smart, Be Prepared

By Kaley Kalil

Travel *Tips*

For most of us, travel is a wonderful way to see the world, enjoy new experiences and open our eyes to different lifestyles and ways of thinking.

We try to be kind and courteous to the locals of the destinations we visit and hopefully make some new friends along the way, maybe even show people around the world how awesome Americans are.

Unfortunately, though, it can be all too easy to find yourself being taken advantage of while away from home, especially when traveling internationally.

Here are a couple of tips on how to stay safe while away from our cozy Arcadia.

Always Play Defense

When traveling for extended periods of time on public transportation, such as a bus or a train, keep a particularly close eye on your belongings.

Especially if you plan on taking a nap or simply can't keep your eyelids open, hold your bag in your lap with all pockets facing into your body and wrap your arms through any straps and around it. If you don't, you could find yourself picking up a significantly lighter backpack with a big hole cut out in the bottom like I did while on a bus in Mindo, Ecuador – and it was snugly between my feet the whole time.

Keep your passport, credit cards and cash separate from your luggage as an extra precaution; it could save you from finding yourself in a potentially dangerous, definitely stressful situation of waking up on a train in the south of France without ID or a euro to your name. (No, this did not happen to me. But, it did happen to three of my friends while we were studying abroad in Spain.)

I prefer to wear a travel neck pouch and tuck it under my blouse – out of sight and out of mind, not to mention out of reach.

By thinking defensively while in crowded places, potential thieves will see you are not an easy target and quite possibly move on to the next unfortunate and weary traveler who didn't take the time to read this article or spend the $8.39 on Amazon to buy a travel neck pouch.

Ask questions

Don't be afraid to ask questions. Find out what restaurant menu items cost before you order. If you notice charges on your hotel bill you didn't agree to, inquire about what they're for and ask why they weren't disclosed to you at check-in.

You'll be surprised at how quickly many of these fees are dropped upon your mere mentioning of them. And if not, at least you won't spend the next two days stewing over the fact that you didn't do anything about it.

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Arizona Institute for Breast Health

The Arizona Institute for Breast Health is ready to receive Pink Honor Light sponsorships online at **www.ThePinkLightDistrict.org**. These beautiful pink lights will be placed on the Marshall Way Bridge located next to The Herb Box in Downtown Scottsdale and will glow throughout October in recognition of Breast Cancer Awareness Month.

Do it for someone you love.

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Breast of Scottsdale 2013

WHAT: It is the **pinkest** party in the valley!

WHEN: Tuesday, September 10, 2013

WHERE: The Herb Box
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COST: $25 online donation includes one sponsored pink light and one ticket.

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For more information about Arizona Institute for Breast Health, please call **480.860.4200** or visit us online at **www.aibh.org**

Annual Breast of Scottsdale finds new location, friends



Herb Box Manager and Breast Cancer Survivor Jennifer Velazquez with Linda Rose AIBH President and Survivor.

By Katie Mayer

When Sue Turner was diagnosed with breast cancer last year, the energetic and healthy nurse was shocked because no one in her family had ever had the disease.

Then, when she found out she would need a mastectomy, she was scared and knew she needed to get a second opinion.

"I couldn't even catch a cold and there I was with cancer and I'd need a mastectomy," Turner said.

Through a recommendation from her doctor, Turner not only found a second opinion, she found a support network and a community of hope through the Arizona Institute for Breast Health.

The organization offers women with breast cancer the chance to receive a second opinion from a consortium of breast cancer doctors, connects them with a patient advocate and offers them a wealth of support and resources – all for free.

Today, Turner has been cancer free for a year and is now a volunteer AIBH board member and helping to organize the nonprofit's upcoming signature fundraising event called the Pink Light District initiative, which starts October 3 and runs through the end of the month.

The initiative kicks off September 10 with a pink-themed event called the Breast of Scottsdale at The Herb Box restaurant in downtown Scottsdale.

This year's Breast of Scottsdale event is offering creative pink-themed foods, colored naturally with beets. Some items on the menu include soft pretzel ribbons with horseradish beet dipping sauce, pink deviled eggs, pink champagne cupcakes and pink raspberry dossants, which is a popular menu item known as a cross between a doughnut and a croissant.

"The Herb Box Chef Becky Windels always tries to use local and organic products wherever she can and she incorporated a lot of that as she was working on all these different ideas," said Jennifer Velazquez, general manager of The Herb Box.

For $25, participants can sponsor a pink light on the Marshall Way Bridge in honor of or in memory of anyone who has been touched by breast cancer and will be given access to attend the Breast of Scottsdale event, said Arizona Institute for Breast Health Executive Director Christine Fenwick.

"The bridge glows with thousands of pink lights for the entire month of October," Fenwick said.

The Herb Box's Velazquez said she is excited for the event – but not just because she is organizing it. She, too, has survived breast cancer, and this year marks two years since she has been cancer free.

Velazquez has only worked at The Herb Box for three months since she moved to the Valley from Atlanta, but said she knew she had chosen the right place to work when she learned the restaurant supports the Arizona Institute for Breast Health.

"I feel oddly blessed that through breast cancer I've met some of the most amazing women," Velazquez said. "It's very emotional."

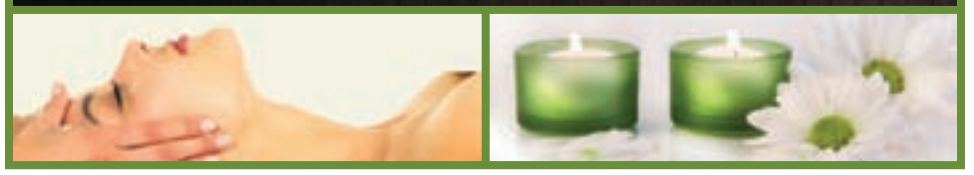
As the event draws closer, organizers said they plan to have 100 to 150 attendees this year. This also is the number of patients that AIBH sees on average each year.

"Our goal is to empower a woman so she has all the information she needs to make the right decision to deal with her breast cancer," Fenwick said. "Sometimes that little bit of mentoring, or having someone who can help you and guide you – as horrific as the journey can be – it helps cushion it a bit."

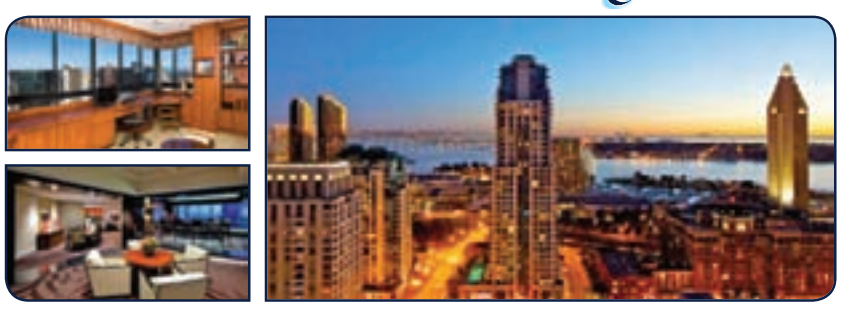
For more information on Arizona Institute for Breast Health, the upcoming Pink Light District initiative and Breast of Scottsdale event visit www.aibh.org.

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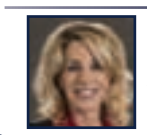
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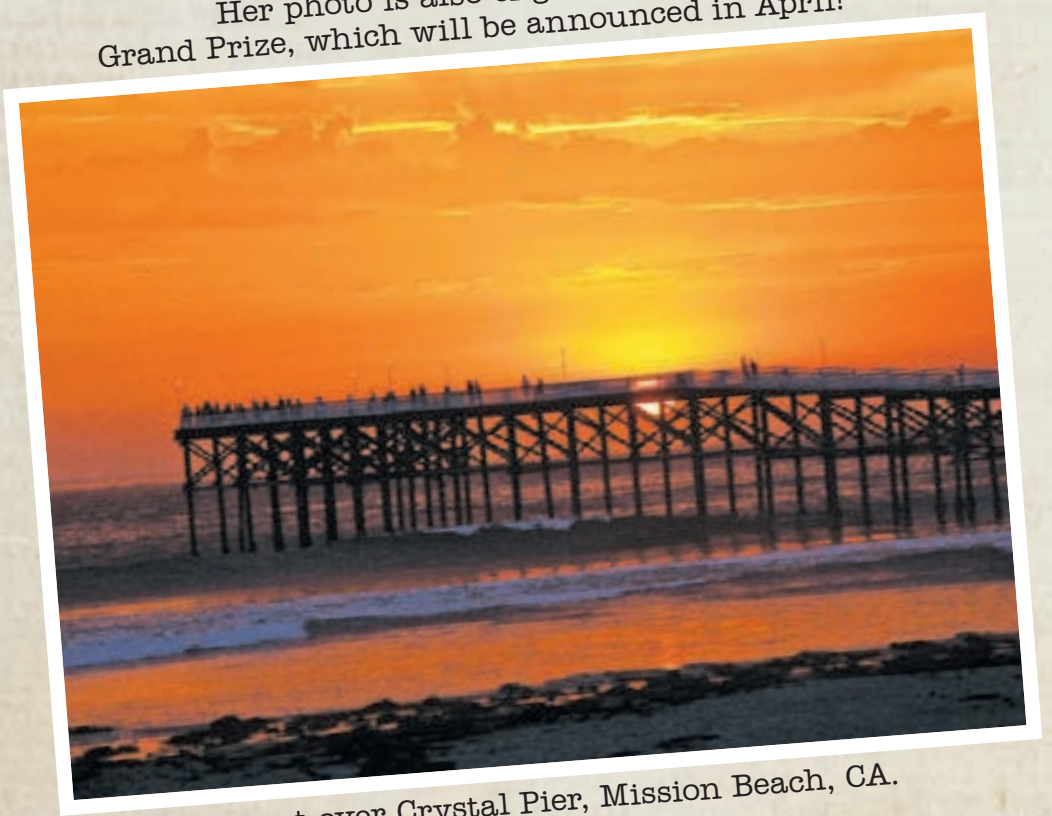
ARCADIA NEWS PHOTO CONTEST

This Month's Theme:

Vacations & Travel!

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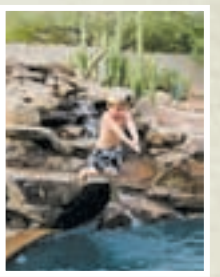
Sunset over Crystal Pier, Mission Beach, CA.



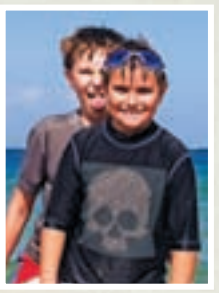
Sharing secrets,
taken by Annette Cliff.



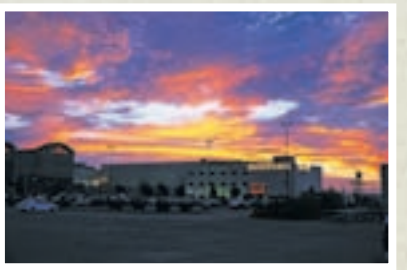
Ryan Johnson's daughter ogles
the ocean in San Diego.



Nick Alley enjoys
the 4th of July.



Carson and Cade Mousel
on the beach in Florida.



Sunset in Iowa, sent in by Tessa Miller.



Mike Purcell's grandchildren
at Slide Rock.



Sarah Hylander's photo of a
Royal Palace in Bali.



First time tubing in Lake Winnipesaukee, NH,
by Alex Lebel.



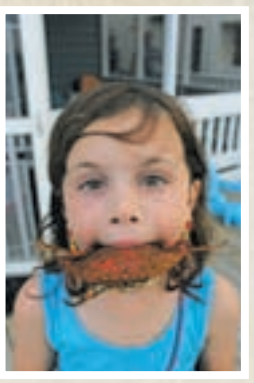
Jacob Staudenmaier ready to tackle the
Toblerone bar in Switzerland.



Alex Lebel snapped this photo of
the Golden Gate Bridge.



Jacob Staudenmaier holds the
Leaning Tower of Pisa.



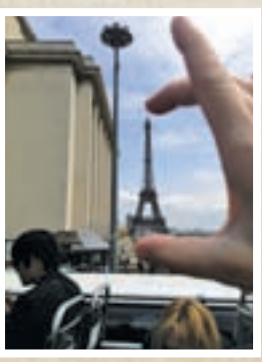
Allison Mathis takes a bite
at Sunset Beach, NC.



Jeff Reynolds at Acadia National Park
in Maine.



Bay Head, NJ,
by Christina Corradino



Beth Pachman's Paris
perspective.



Stacey Lane at Sprucedale Guest Ranch, Alpine, AZ.



Sue Tessmer and her family at
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Tour of Gowns helps brides-to-be and cancer patients

By Danika Worthington

Brides-to-be are able to make their wedding day more special by buying their dream dress and donating to help those affected by cancer at the same time.

Brides Against Breast Cancer, a charity Nationwide Tour of Gowns, will be held September 6-7 at the Sheraton Phoenix Airport Hotel in Tempe, 1600 S. 52nd Street.

The two-day event sells discounted dresses to brides-to-be and raises $2 million to support programs and services for those impacted by cancer, according to organizers.

The programs are free to those impacted by cancer and include Camp No Worries, Cancer Education Series and Ask the Doctor, according to the Brides Against Cancer Website.

"It's so amazing that we are able to help people impacted by cancer while also helping brides-to-be find gowns of their dreams and at a discounted price," said tour manager Ashley Ritter.

Designers, stores and former brides donated the gowns, which allowed Brides Against Breast Cancer to discount the dresses up to 85 percent, Ritter said.

The average gown costs $600 and ranges from $99 to $3,500 and up. Dresses are sizes 0-24. The tour includes popular styles such as mermaid, lace and sweetheart necklines, as well as bridal accessories.

"People that come to our event, not only are coming for the great deals, but they also have that connection. Most people that you meet have been impacted in someway by cancer unfortunately," Ritter said.

This was especially true in Portland, Oregon when a woman with cancer purchased a gown at the tour last year.

"She had stage IV breast cancer and she wanted to be married quickly before she passed away. And she actually came back this past show and donated her wedding gown and she is cancer free," Ritter said.

On the Brides Against Breast Cancer website, people share their stories.

"I have lost a grandfather to lung cancer. I have lost a cousin to breast cancer. Most recently I lost my stepfather to brain cancer who was like a father to me since he has been around most of my life," Carey Runzel Oberly wrote.

"I wanted to make someone else feel special. Just like I did in my dress. Someone who may not be able to afford it. Take one thing off their stress list. I saw this dress on the rack and said 'Wow, that's the one.' I hope they do the same," Oberly wrote.

The event has been around for about 15 years and has grown from 35 to 120 cities, Ritter said.

Arizona Bride will sponsor the Tempe event for the second time, said Arizona Bride editor Sarah Baumann.

"What we do, you know our main thing is really giving ideas and inspiration to brides on a daily basis," Baumann said. "So when we have the opportunity to turn that into something that can also help in a different way, help an entirely different set of people, that's a really positive thing for us."

Arizona Bride will be promoting the event through social media and advertisements in their magazine. They will donate their magazines and annual resource guides for the gift bags, Baumann said.

Brides Against Breast Cancer provides a layaway program that allows a bride 12 months to pay off their dress, Ritter said.

Past brides are able to donate their dresses for a tax deduction.

"Your wedding gown generally stays either packed in a box or in your closet. It takes up space," Ritter said. "Why not give back, why not help those impacted by cancer, let your wedding gown live, make another bride-to-be happy at the same time?"

A VIP Pink Power Hour reception will be 6 to 9 p.m. September 6, and costs $30 for the bride and a guest; $20 for additional guests. General admission to the 10 a.m. to 5 p.m. September 7 event is a $5 tax-deductible donation.

More information is available at www.bridesagainstbreastcancer.org.



A bride at a Tour of Gowns event in San Francisco finds her dress.



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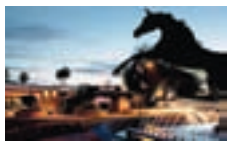
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Local restauranteur brings upscale vibe, casual comfort

By Amanda Goossen

Places *We Liked*

Central Bistro
3160 E. Camelback Road, Scottsdale
480-646-8560
www.centralbistroaz.com





Central Bistro opened its doors in 2012.

Casual elegance. It's that simple.

Central Bistro is a neighborhood gem, a true bistro in the heart of Arcadia. Owner and restaurateur German Osio has hit it out of the park with his exquisite recipes, made approachable in a sleek, modern atmosphere that somehow feels as comfortable as home.

Osio has spent his life in the kitchen. His great-grandfather was the executive chef at the Royal Palace of Madrid, Spain and his grandfather owned a restaurant just for fun after working his full-time job. As a child, Osio played with pots and pans rather than Lincoln Logs.

After earning a degree in hotel management and culinary arts in Switzerland and working as a cook at the Michelin-starred restaurant Seeger's in Atlanta, Osio knew his dream was to open a restaurant.

After proposing a restaurant concept to a longtime friend, who also happened to be an established restaurateur, Osio would see his vision come true. Ounce Prime Steakhouse would take Texas by storm, eventually leading to four locations.

In 2010, Osio sold his Texas restaurant group and moved to Arizona. His Local Bistro opened in North Scottsdale, bringing a casual bistro with an Italian, French and Spanish flair to the area. The large windows and minimalist feel, paired with superb food, helps make Local Bistro one of the area's favorite restaurants.

In 2012, Osio brought his restaurant knowledge and skill to Arcadia, where the iconic Zen 32 once called home. The interior was rebuilt to represent all that Central Bistro represents, most importantly, simplicity and style.

Open for lunch, brunch, social hour and dinner, Central Bistro is home to menu items that will please almost anyone. From a wood-fire grill and brick-pizza oven to the raw seafood bar, the options are bountiful.

Handmade pasta, homemade soups and a slew of decadent desserts made in-house daily are just part of the reason to visit. The hearty flavors in dishes such as the Drunken Bread made with Swiss fondue, white wine and day-old crusty bread make you savor each bite. The Central Bouillabaisse is a homerun with market seafood so good you'll feel as if you're sitting on the edge of the water.

For Arcadians, Central Bistro is the place to discover elaborate dishes without a lofty price tag or pretentious atmosphere.

"Central Bistro is our go-to spot for date night," said area resident, Janine Campo. "We love the atmosphere, and the menu has a unique variety that keeps us coming back. My favorite is the steak tartare. My husband's favorite is the Spanish risotto."

Campo, a San Francisco native, said she enjoys Central Bistro's ability to feel upscale, yet still be casual.

"The menu is thoughtful and executed to near perfection, and the servers are knowledgeable and fun," she said. "Everything from the cocktails to the small plates and sides are full of fresh ingredients, combinations and flavor."



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EQUAL HOUSING OPPORTUNITY

Preschool teacher goes after dream, becomes chef

By Amanda Goossen

Twenty years ago while teaching in her preschool classroom, a student asked Arcadia resident Sandra Gonzales what she wanted to be when she grew up.

"Even then I knew someday I wanted to go to culinary school," Sandra said. "I told that student that someday I wanted to be a chef."

Three years ago, after teaching preschool for 18 years, Sandra decided to go after that dream. Enrolling in the Scottsdale Community College Culinary Arts Program, she said she was thrilled to be studying under Chef Dominic O'Neill, an Arizona Hall of Fame Chef.

After graduation, Sandra began brainstorming ideas for her catering business. Within the year, Whisk and Chop was born. The first event, only weeks after starting the business, was for more than 900 people at The Village at Gainey Ranch.

With a tight-knit family, this mother of three children, Robert, 24, Laura, 19, and Katherine, 17, has everyone helping out.

Laura, a graphic designer, helps create menus and designed her mother's business cards. When witnessing mother and daughter in the kitchen, it's obvious they work together when cooking as well. It's as if they are an extension of each other as they finish each other's sentences or reach for the milk when the other needs it, without having to ask.

"We all do something. Everyone!" Robert said. "Whatever my mom needs."

As Sandra works hard in her kitchen, it's obvious her children are her biggest fans. Robert and Laura sit on barstools prepared to help, but are intent on watching their mom do what she does best.

"My mom has always been the best cook I've ever known," Robert said.

Laura pointed out, "Sometimes it's hard to go out to eat because I know I could have a better meal at home."

Grilled cheese and apple sandwiches are sizzling on the stove as tomato basil soup simmers. Chocolate chip cookies tempt everyone in the room, arranged on a platter in a kitchen designed completely from recycled materials.

Arcadia's *Cookbook*



Sandra Gonzales and her family make imaginatively simple food, with a rustic twist. Finally becoming a chef was a dream come true. Photos by Heather Kinkel.

The cabinets were from a friend remodeling her kitchen and no longer in need of them. The large, rustic island is a table from a secondhand store and the glassware from various estate and garage sales.

"One thing really cool about my mom is she's not afraid to try new things," Robert said. "She's incredibly imaginative and innovative, especially in the kitchen."

As Sandra scoops Greek yogurt into parfait glasses to be layered with chocolate chip cookies and fruit, her creativity shines.

"I like knowing my kids can have a treat after school that isn't just a treat, it has some health value," Sandra said. "I want them to learn to eat elegantly, and to be constantly evolving their pallet."

In the Gonzales house, there simply is no other way.

Continued on page 37









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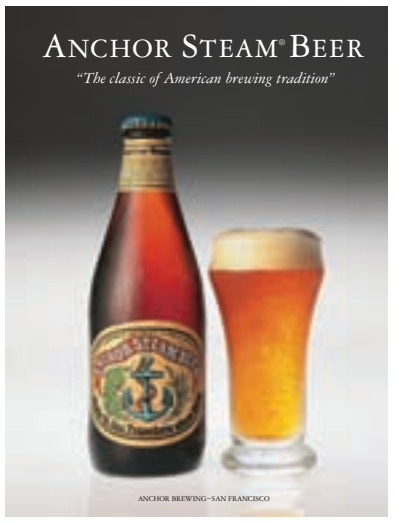
By Craig Goossen

Anchor Brewing's roots can be traced back to the California Gold Rush and while my first experience with the beer may not be as historical, it is just as nostalgic.

Young, wild and visiting San Francisco for the first time I was led to the classic Swan Oyster Depot for an early afternoon breakfast of shrimp cocktail, crab salad and oysters. Indulging in the feast with gusto, an Anchor Steam was slid my way.

It was the first time I realized the unique value a great beer can bring to the art of eating.

I was familiar with the merits of ice-cold Mexican and American lagers, but a beer with dimension was a complete revelation. I knew the appropriate varietals of white wine that would've matched well with the absolute freshness of that seafood, but a beer? The Anchor Steam was perfect. Crisp, expressive and despite it's deep color, not heavy. It was an exceptional accompaniment on that day and many more times thereafter.



Anchor Steam is a San Francisco tradition, but also a bona fide American work of art.

First brewed in 1896, the term "steam," a trademark of the brewery, refers solely to the flagship beer of Anchor Brewery. Its color, style and balance make it a perfect sipper for the casual craft beer drinker and a valid indulgence for the Hophead.

It's understandable to be partial to the lighter brews during the deep heat of our city summer, but on the Phoenix horizon is the promise of cooler temperatures and a perfect opportunity to darken our ales.

Dust off your barbecue and on your next visit to the market, slip a six-pack of craft beer into your cart. Anchor is excellent with the steaks, burgers and dogs, but be encouraged to throw some bratwurst, jumbo shrimp or fresh fish on the grill and the Steam becomes a perfect match.

Craig Goossen has worked in the liquor industry for over ten years, in both Southern California and Arizona.



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Cookbook

Continued from page 35

The family enjoys organic, all natural and local products whenever possible. Sandra's recipes are proof that the family can eat comfort food, with a modern day twist, any night of the week without spending hours in the kitchen or drowning in a complicated recipe.

"It doesn't have to be difficult," Sandra said. "It just has to be delicious."

The Gonzales family likes to buy bread from Alpine Valley, an organic and all natural bakery which originated in Mesa Arizona.

Maya's Farm at South Mountain, a local, fresh, organically certified grower is another of the families favorite places to pick up the cooking essentials.

As Sandra makes her tomato basil soup she explains how she roasted a chicken the day before, saving the bones to make her soup stock and enjoying the fact that she knows the amount of sodium and other seasonings put in her food.

Sandra points to her favorite cookbook, The Flavor Bible, describing how the book thoroughly explains which flavors go well together and how to create recipes.

"I'm simple," said Sandra. "I don't like to mask my ingredients with a lot of stuff."

Grilled Cheese Sandwich with Apple

2 slices bread of choice

1 1/2 tsp. olive oil

1/2 Granny Smith apple peeled, cored, thinly sliced

1/3 cup shredded Gruyere cheese

(I like to add a little bit of thyme leaves to sandwiches)

Preheat a griddle over medium heat. Lightly brush one side of each slice of bread with the olive oil. Place one slice of bread, olive oil side down into the skillet, and arrange the apple slices evenly over the top. Sprinkle the Gruyere cheese over the apple, then top with the remaining slice of bread, olive oil side up.

Cook until the bread is golden brown, then flip the sandwich over and cook until the other side is golden brown and the cheese has melted, one to two more minutes.

Serves 1.

Tomato Basil Soup

5 lbs. ripe plum tomatoes, cut in half lengthwise
4 carrots, rough chopped
1/4 cup plus 2 tbsp. good olive oil
1 Tbsp. kosher salt
1 1/2 tsp. freshly ground black pepper
2 cups chopped yellow onions (2 onions)
6 garlic cloves, minced
2 Tbsp. unsalted butter
1/4 tsp. cayenne pepper
4 cups fresh basil leaves, packed
1 tsp. fresh thyme leaves
1 qt. chicken stock

Preheat the oven to 400 degrees F. Toss together the tomatoes, carrots, 1/4 cup olive oil, salt and pepper. Spread the tomatoes and carrots in one layer on a baking sheet and roast for 45 minutes.

In an 8-quart stockpot over medium heat, sauté the onions and garlic with 2 tbsp. olive oil, the butter, and cayenne pepper for 10 minutes until the onions start to brown.

Add the basil, thyme and chicken stock. Add the oven-roasted tomatoes and carrots, including the liquid on the baking sheet. Bring to a boil and simmer uncovered for 40 minutes. Run through Cuisinart. Taste for seasonings. Serve hot or cold.

Serves 6-8.

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Cookie and Mixed Berry Parfait

2 cups Greek yogurt
(I like to add a little honey)
1/4 tsp. nutmeg
1 cup hulled and sliced strawberries
1/2 cup blueberries
1/2 cup raspberries
1 cup rough chopped chocolate chip cookies
1/4 cup of roasted almonds
Fresh mint leaves for garnish

Berry coulis: 16 ounces of mixed berries, ¼ cup water, 4 tbsp. sugar, 1/8 tsp. salt and 1 tsp. lemon juice

For berry coulis – in saucepan, combine all ingredients except the lemon juice. Bring to a simmer and cook until berries are warm and sugar is dissolved. Transfer to food processor and puree until smooth.

Strain through a sieve pressing as much through as possible, leaving only theseeds behind. Stir in the lemon juice with the seedless mixture to taste.

For parfait – combine yogurt, honey and nutmeg in a small bowl. Combine strawberries, blueberries and raspberries in a medium bowl. In four parfait glasses, layer 1/4 cup of the fruit mixture, berry coulis, 2 tbsp. of cookies and 1/4 cup yogurt mixture. Repeat layers one more time. Garnish with fresh mint leaves and roasted almonds.

Serves 4-6.


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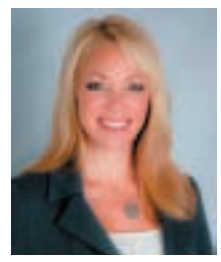
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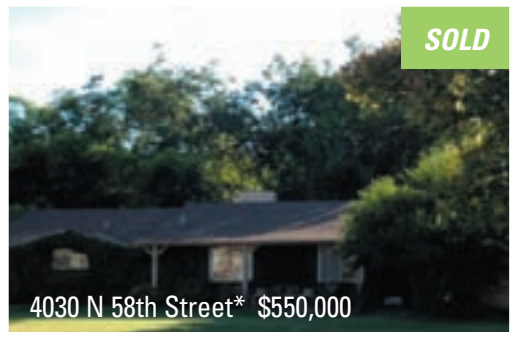

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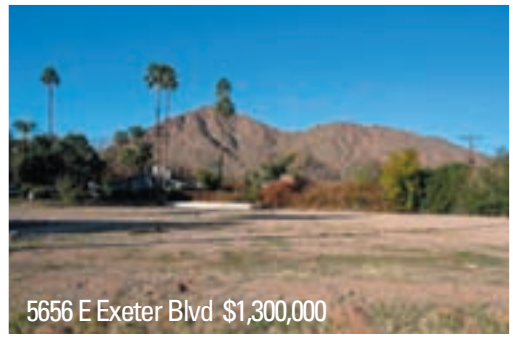
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"Top Five" highlights local chefs' favorites

Top Five
with Chef Justin Beckett
Owner/Chef at Beckett's Table
3717 E. Indian School Road
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This month *Arcadia News* starts a monthly column, speaking to local chefs about their Top Five favorite *something*. The Top Five will change each month, ranging from Top Five Ingredients to Top Five Guilty Pleasure Meals and many more. Our hope is to give you a unique perspective behind each chef and their pallet.

Q: What are your top five favorite ingredients to cook with right now and why?

City Center Farms Micro Greens

This is one of the hidden gems in the Valley. I get flats full of great, tiny, flavor-packed shoots every week. Sometimes I get micro-arugula, micro-red cabbage, micro-fennel, micro-Brussels or micro-amaranth, and they are always delicious and beautiful.

Arizona Grown Tomatoes

Heirloom, beefsteak or cherry tomatoes.

Red Quinoa

Quinoa is such a great light grain. It is great served hot or cold. The red quinoa has all the great qualities, plus a very dramatic look on the plate.



Chef Justin Beckett

Melons

My body craves water-filled, juicy fruits right now. Melons always seem to fulfill that craving. They are packed full of sweetness right now.

Schreiner's thick-cut bacon

This smoky, tasty, thick-cut bacon is perfect for almost all methods of cooking.



Tomatoes, one of the chef's favorite ingredients, used in an Heirloom salad at Beckett's Table.

Chilled Summer Corn Soup

1 small sweet onion (julienne sliced)
3 cups corn stock (vegetable stock can substitute)
3 cups fresh summer corn kernels (removed from the cob)
1/2 cup white wine
Salt & white pepper

Shuck the ears of corn; cut the kernels off the cob. Place the onion, white wine, stock and cobs in a large pot. Bring to a boil.

Remove from heat and let steep for 20 to 30 minutes. Remove the cobs from the pot. Using a box grater, grate the "milk" from the corn cobs. This will act as a thickening agent, as well as deliver a huge corn flavor to the soup.

Puree the soup in a blender or with a stick blender. Make sure soup is totally smooth. Season with salt and pepper.

Chill until totally cold. Can be made a day ahead.

"At Beckett's Table, we serve this soup with chunks of blue crab and heirloom tomato corn relish," Chef Beckett said.

Serves 8



Do you have the *Best Ever* recipe? Do your friends rave about your lasagna? Can you make a cherry pie that puts others to shame?

Send us your recipes!

Each month *Arcadia News* will run our favorite Best Ever Recipe. Our favorite recipe and chef from the year will be featured in Arcadia Home in November 2014.

Email Amanda@arcadianews.com with your recipe. And don't forget to tell us why your recipe is the best ever!







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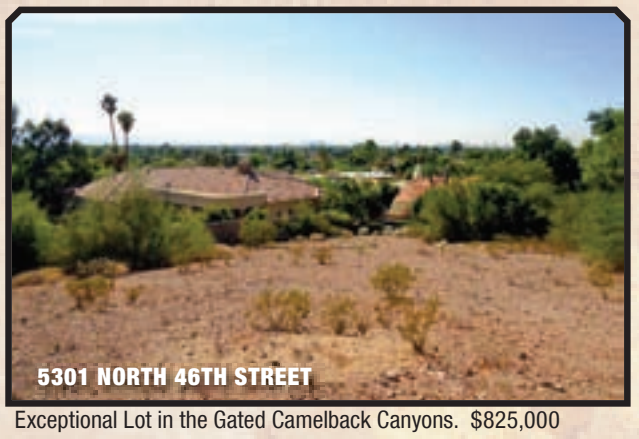
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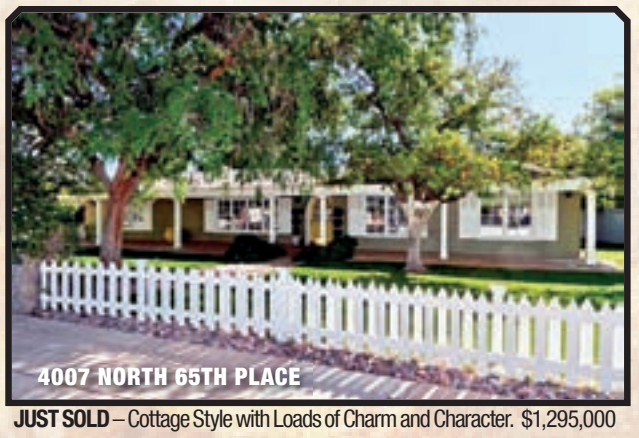
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Wine needs humidity and new storage units can help

By Valerie Demetros

Phoenix is the perfect place for many things including hiking, golf and even long strolls at night most of the year. But one thing Phoenix is not perfect for is wine. The dry climate and intense heat are in direct opposition to the temperatures and humidity a good bottle of wine needs to stay happy.

That leaves wine connoisseurs just a few choices; take your chances and store it at home, build an expensive but temperature- and humidity-controlled wine cellar at home, or store it in an offsite facility. And thanks to Phoenix transplant Deborah Fortini, 41, Arcadia residents will have an off-site option for storing that expensive and tasty bottle at The Vault Wine Storage facility.

"Out here in the desert, wine can go bad, the cork shrinks, and more," Fortini said. "Here, it's a very dry climate and that's bad for wine."

What's good for wine is consistent temperature and humidity, which is what the facility offers behind the landmark Pete's Fish and Chips just north of Indian School Road on 44th Street. The Vault Wine Storage is scheduled to open in September and will offer wine aficionados, and local restaurants, a chance to take care of their costly and coveted collections.

How it works will be quite simple, Fortini said.

"Basically, you walk in through the atrium area and then the tasting room," she said. "Then you go out into the warehouse and there are rows of powder-coated cages of different sizes."

Clients have the option to rent various sizes of space, ranging from a 15-case locker up to 500-case space. Prices start as low as $90 to $95 per month, depending on size and location. The facility will have 24-hour security.

Fortini bought the property, formerly Clark-Wayland Builders headquarters, in 2012 after two years of research. The wine storage will use 2,500 square feet of the property, leaving an additional building open for future use as expansion for storage or another use.

"It's an oasis back there," Fortini said. The atrium with a wine-tasting area for clients to relax is something no other wine storage in the area offers right now, Fortini said.

"There are some self-storage facilities that offer wine storage, but they are not catering to the wine clientele," she said. "We can accept delivery and a self-storage facility does not. We cater 100 percent to wine people and added the tasting room in the facility so you can even open a bottle of wine there and test it."

This sounds like a great idea to Dave Susank, who moved to Paradise Valley from California two years ago.

"I've got wine stored out there and when I moved here I was surprised that there wasn't a dedicated storage facility here," he said. "I'm looking forward to this so I can move my collection out here. I do have some stored here in a mini-storage that offers wine storage and it's just very inconvenient."



Consistent temperature and humidity, found in wine lockers, keeps wine at its best.

The Vault WINE STORAGE

Desert Wine Storage, which is connected to Desert Storage, offers wine storage with temperature controls and private, locked wine storage areas in six locations throughout the Phoenix area. But unlike these self-storage facilities with wine storage attached, The Vault Wine Storage will offer custom racks for each client (at an extra cost).

And Susank, 40, said he's looking forward to the atrium tasting area.

"There was something similar in California and I would go on occasion to do tastings," he said. "Some winemakers did tastings there also. I look forward to them out here."

Of course, the other option is to build your own wine storage at home, which Susank said he's thought about. "I have considered it," he said. "But you need the space and there's a substantial cost to do it. I even thought about putting it in the closet, but it's a lot to do."

And storing offsite may well make your collection last longer, Susank said.

"Well, the tendency to drink it is easier to resist when it's offsite."

Fortini can be reached at 602-697-6283 or deborah@thevaultws.com.

Artists from around the world highlight Gammage Series

By Cristina Peralta

The ASU Gammage Auditorium Beyond Series is set for performance experiences October through April with a strong focus on contemporary and ethnic work.

"The Beyond Series goes beyond the work you traditionally see performed at Gammage or any particular Broadway work," said Colleen Jennings-Roggensack, the executive director of ASU Gammage. "We're reflecting the people who live in our community."

Jennings has been working with Arizona State University Gammage for nearly 20 years. She has watched new programs and audiences grow, including those with a contemporary following. She said it's always been her goal to bring in fresh and thought-provoking performances to encourage active engagement.

"Phoenix has a true appreciation for this type of work in the arts," Jennings said. "We are very proud of our commitment to contemporary dance and the choreographers who take their work beyond ballet, Martha Graham and other categories."

Jennings said she has been traveling the world for several years, finding the best contemporary artists to be a part of the Beyond Series.

"We look at artists who look at art through a vision of their own and who look at the world in a different way," Jennings said.

Artists to be featured this fall are Eiko and Koma, Susan Marshall & Company, AnDa Union, Aaron Landsman and more. Each piece of work showcases distinctive stories and movements both original and personable to the artist.

Susan Marshall & Company will be the first to present their work, scheduled to perform Play/Pause on October 5. Creating pieces based on black and white photography, Marshall combines postmodern dance theater and rock-and-roll to form the imagery of high art and pop culture.



The ASU Gammage is among the largest university-based presenters of performing arts in the world.

Eiko & Koma, scheduled for March 29, is a returning contemporary group and will present Regeneration, one of their most celebrated works characterized by minimalist movement and highly theatrical strokes.

"Out of all the artists, we have worked with Eiko & Koma the longest," Jennings said. "These artists are at the height of their game and no one is doing this kind of unique work. They stay with us, work deeper in the community and are constantly creating new work."

Many of the other artists performing have performed their work internationally.

"We are not lost in the desert, we are right in the thick of the action," Jennings said. "Anyone can see what's happening now right in Arizona and not have to travel internationally."

All of the performances will be held at Gammage except for the collaborative work of ASU Gammage resident artist Aaron Landsman, who will be performing in April. Using the environment of an everyday workplace, Landsman will showcase Appointment in an office space.

Jennings said she is looking forward to the Beyond Series, particularly because of the audience it attracts and the insightful education one can gain from contemporary dance. She is expecting 500 to 1,000 people to attend the series.

"What I think is really exciting is sometimes people think they live in Arizona and they are out of touch with what's happening. This is work that's happening in New York, Paris and Tokyo," Jennings said. "You not only get to see great work, but also get an education on contemporary music, dance and culture. It opens up ethnic views and gets people to be committed to the range of that work."

Tickets now are one sale and student discounts are available. More information is available at http://asugammage.com/beyond.

ASU Gammage Beyond Series

Susan Marshall & Company
PLAY/PAUSE
October 5, 2013

AnDa Union
October 10, 2013

PLAYING FOR PEACE
February 15, 2014

Eiko & Koma
REGENERATION
March 29, 2014

Aaron Landsman
APPOINTMENT
April 11-12, 2014

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Sportsman's Fine Wine will remain, after 55 years

By Danika Worthington

Sportsman's Fine Wines & Spirits, a fixture on 32nd Street and Camelback Road since 1957, is changing ownership.

Bashas' Inc. opted not to renew its lease on the property, said Bashas' CEO Edward "Trey" Basha III. Mark Tarbell, owner of the neighboring restaurant Tarbell's, will take over the lease November 1.

"We're pleased that someone of (Tarbell's) caliber and someone of his caring is going to take this place over and continue that legacy," Basha said.

Sportsman's closed August 31 and will reopen once its liquor license is approved, Tarbell wrote in an email.

Sportsman's will operate as a wine bar and restaurant. Tarbell is working with his chef to create a menu, said Anne Ballman, Tarbell's office manager. The store will see only minor changes in furniture and lighting, Tarbell said.

"The Sportsman's legacy is in fine hands with Mark Tarbell. The proximity to his restaurant allows him to really capture some synergy that we didn't have," Basha said.

Tarbell, who had wine training at l'Acadamie du Vin in Paris and a Grande Diplome d'Etude Culinaire from La Verenne Ecole du Cuisine, writes a wine column for The Arizona Republic.

When Bashas' opted to not renew the lease, landlord Henry Fuchs approached Tarbell.

"Because of (Tarbell's) tremendous knowledge of wine, since he writes that column for the newspaper and because his being an excellent chef, I put the two and two together and approached him and thought there was this tremendous opportunity for him to really have a wine bar that would really click," Fuchs said.

Tarbell's reputation and loyal patrons made him a natural choice, Fuchs said.

"I have always put a lot of effort into supporting the community and in return the community has always supported Tarbell's, for which I'm very thankful," Tarbell wrote.

Part of the way Tarbell's supports the community is by using local produce, Ballman said.

Tarbell's 19 years in the center are short compared to Sportsman's 55 years.

"(Sportsman's) represents a part of Phoenix's early history. So many things aren't valued any more. We're so much into what's new, what's the latest and greatest as supposed to standards and traditions, not that all of those are worth keeping, but

Continued on page 54

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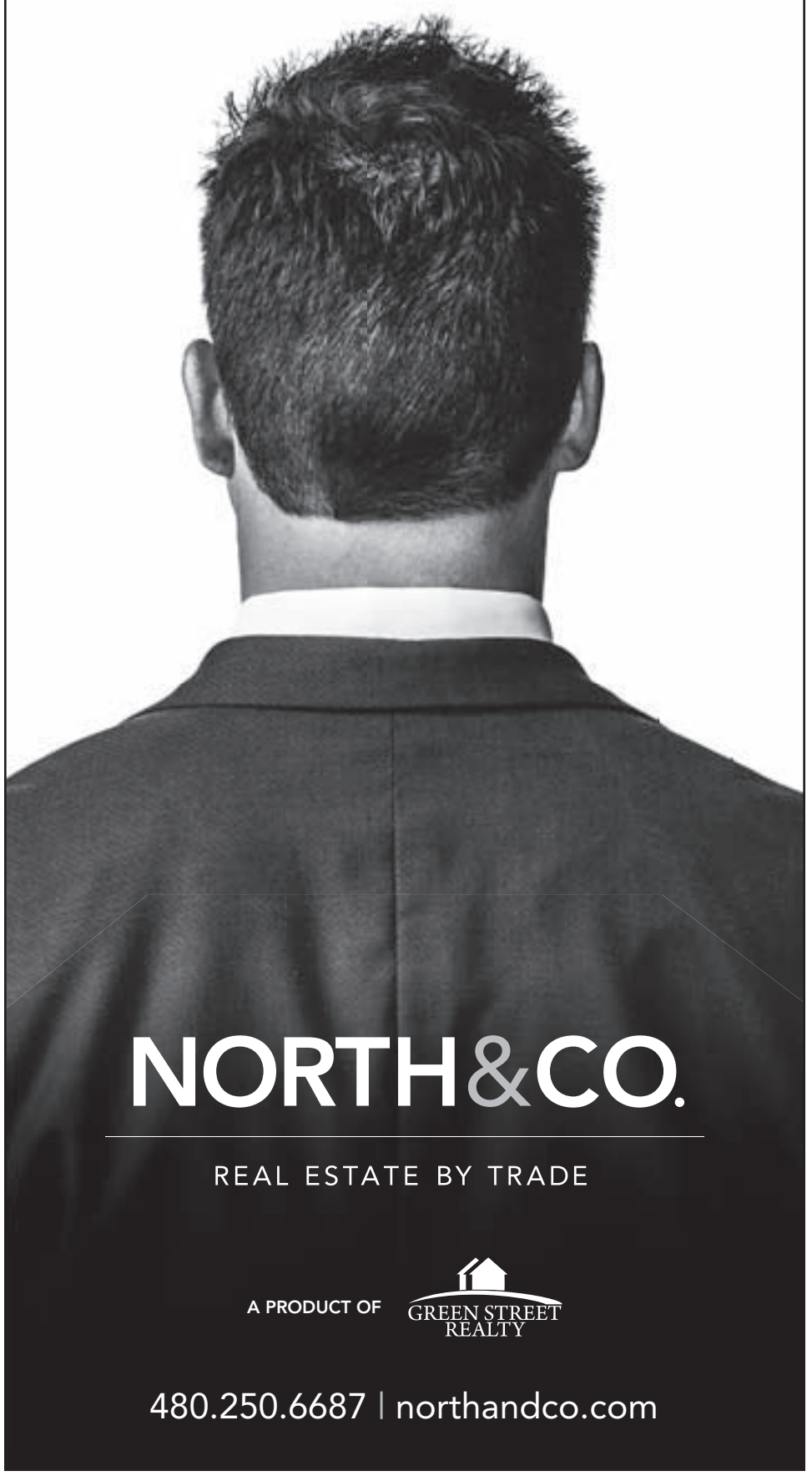
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The Botanical Garden lights up for 31 nights



Luminaries illuminate the garden for holiday fun starting September 16th.

The Valley holiday tradition returns for 31 nights of musical entertainment, food and 8,000 hand-lighted luminarias 5:30 to 9:30 p.m. at Desert Botanical Garden, 1201 N. Galvin Parkway.

This year, guests can experience the works of art of Dale Chihuly. The exhibit – Chihuly in the Garden – features 19 installations to be lighted during the evening hours.

General public adult tickets are $30 and general public child tickets are $12.50. Children younger than 3 are free. Tickets

Continued on page 57

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Alaska

Continued from page 25



Whistler, B.C., Canada – site of the 2010 Winter Olympics skiing events.

They also plan to visit Himeji, Japan, where their son, Michael, had participated in the Phoenix Sister City Youth Ambassador Exchange Program. They would like to visit the Japanese student ambassadors they hosted for three weeks in Phoenix.

Traveled lately? Contact Kaley via email: kaley.kalil@gmail.com.

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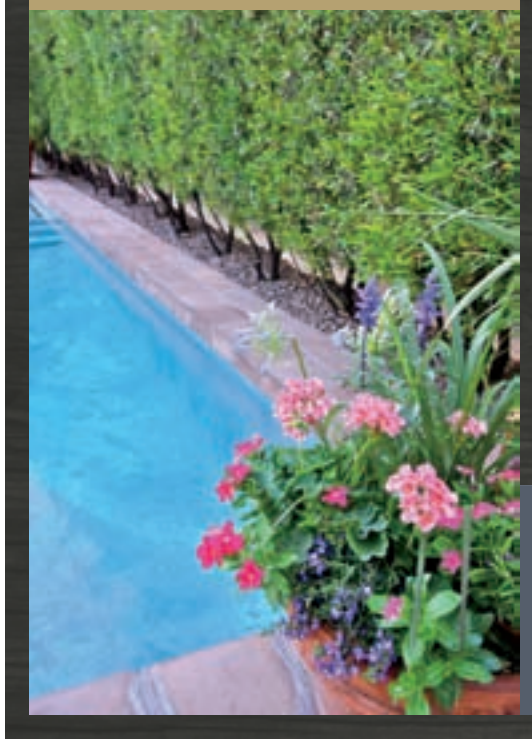
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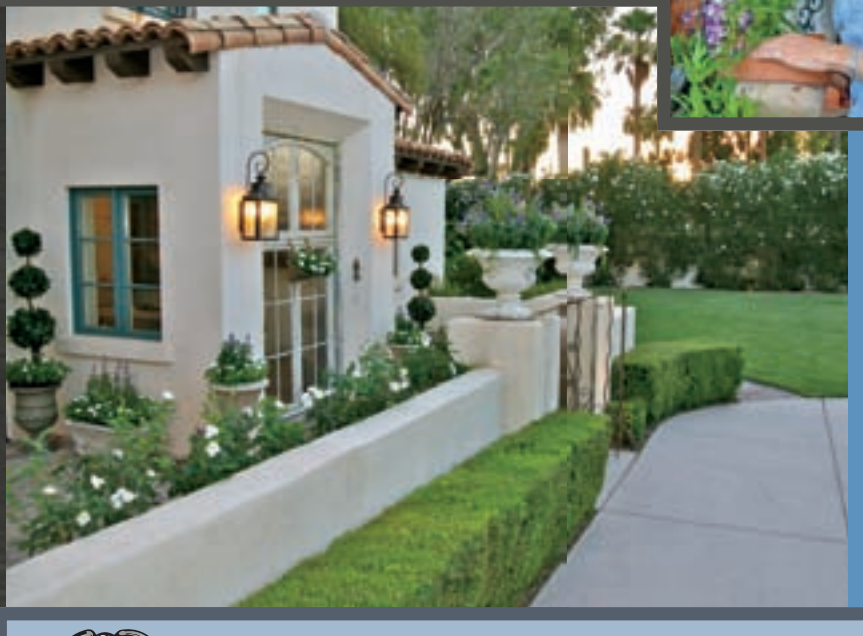
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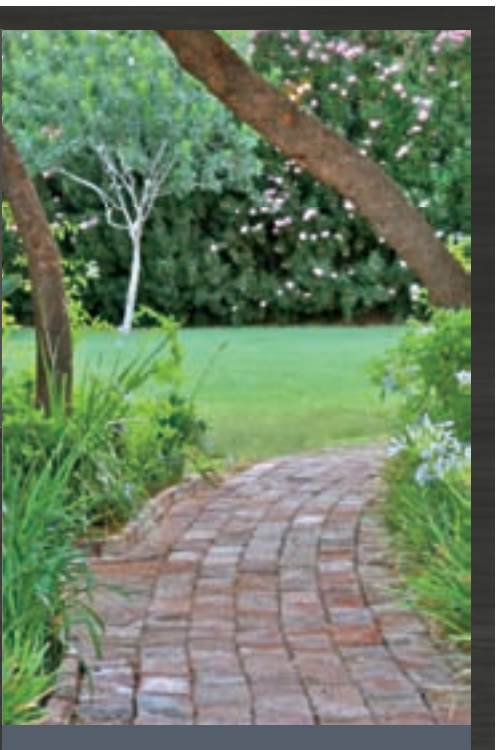
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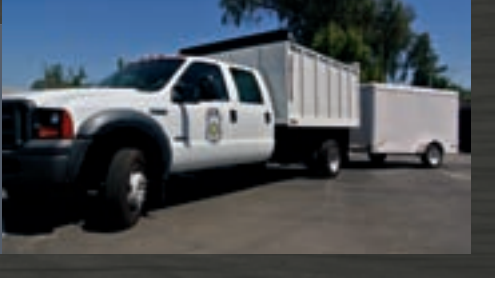




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One book no longer enough for eager book club

By Amanda Goossen

Once upon a time, September meant back-to-school. Somewhere along the way, however, people who make these sorts of decisions decided early-to-mid August was a better time to buy new clothes and a backpack full of crayons, pencils and glue.

I don't handle change well, so I'm slow to warm up to the idea and still believe our children need as much down time as possible in this chaotic, fast-paced life.

To me, back to school will always mean September, fall and a beautiful bowl of shiny red apples (yes, I'm a tad bit sentimental). It also means new books.

Growing up I was the girl who loved going back to school. I loved buying a slew of new loot as well as the anticipation of learning new things. More than anything, though, I couldn't wait to find out what I'd be reading in the coming year.

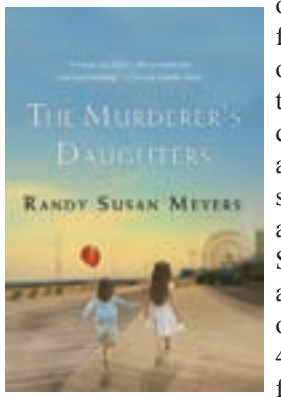
I hope your summer reading was successful. I didn't quite make it through my list, but I discovered some amazing books. So much so, for the first time the *Arcadia News* Book Club will read two books.

Join us 7 p.m. September 26 at the Saguaro Library, 2808 N. 46th St. I've chosen two books by the same author, because I just couldn't choose between them.

In her novels, Randy Susan Meyers provides strong, well-developed characters simply finding their way through the maze of life. Each character and story line is captivating and feels far too real. Our monthly Skype session with the author promises to be informative and terrific.

BOOK CLUB SELECTION
The Murderer's Daughters
By Randy Susan Meyers

Four years ago, Meyers' debut novel The Murderer's Daughters became a smashing success almost overnight.



The first chapter of the novel, based on an instance from Meyers' own childhood, takes a look at domestic abuse and those so tragically affected. Stemming from a moment in her own life when at 4 years old her father stormed in to their apartment and tried to kill her mother, Meyers uses her novel to explore "what if."

What if he'd been successful? What happens to a family when the ultimate catastrophe occurs?

Gorgeously written with deep emotion and tremendous prose, Meyers takes readers on a powerful journey through the lives of two sisters, thrown from a life of near-abandonment with a careless, self-centered mother to a life of devastation in an orphanage after watching their father murder their mother.

The Murderer's Daughters is a novel of fear, growth and self-discovery. It's a story of sisters fighting to move forward in spite of all they've seen, and how two very different people handle the same circumstances in different ways.

The Comfort of Lies
By Randy Susan Meyers

In Meyers' second novel, The Comfort of Lies, readers meet three women with one thing in common, a sweet 5-year-old girl.



Tia has chosen to believe her boyfriend Nathan will someday leave his wife. When she tells him she's pregnant, however, her world begins to collapse. He wants nothing to do with the child and walks away from her, returning to his wife and two sons,

Continued on page 53

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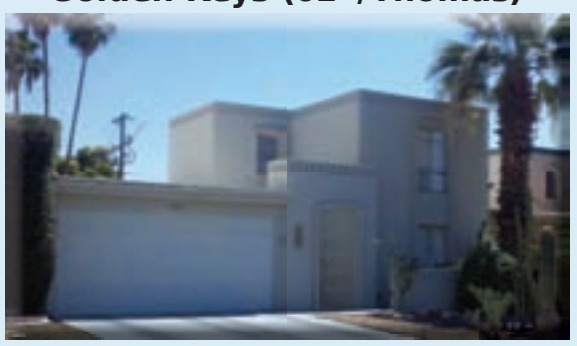
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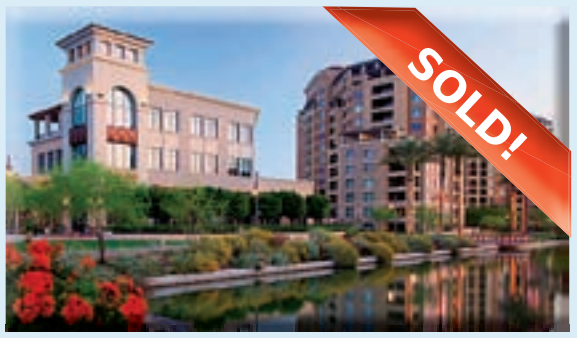
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Books

Continued from page 50

tearfully admitting to an affair. With little hope or ability to support a child, Tia turns to adoption, giving her baby girl to a family who desperately wants a baby.

Caroline is happy in her marriage and dedicated to her job. Her husband would like a family but finding out he's incapable of fathering a child secretly pleases her workaholic, type-A personality. Caroline likes her life the way it is and isn't sure being a mother is on the agenda. When her husband brings up adoption, however, she can't help but want to please the man she loves. Adopting their baby girl quickly alters their life, and for Caroline it may be an unwelcome twist in her calculated existence.

Five years ago, when Juliette's husband, Nathan, admitted to an affair, she thought her life was shattered forever. Hard work and dedication has brought their marriage back to a place they can be proud of. Trust has been rebuilt and their world is seemingly perfect once again.

When Tia receives her yearly photo update from the adoptive parents of her daughter, she decides to send them along to Nathan as well. When Juliette intercepts her husband's mail, the affair is suddenly thrown back in her face, yet this time with another dimension. Nathan told her about the affair but never mentioned the child.

Through thirty-seven chapters each will tell their story. Their individual love and heartache will have readers flipping the pages. The raw admissions and choices are jaw-dropping, the characters far too real.

YOUNG READERS
The Fantastic Family Whipple
By Matthew Ward

One of only five titles selected for Book Expo America's Middle Grade Editor's Buzz Panel this year, The Fantastic Family Whipple was one of the most anticipated books of the year.

Arthur Whipple is from an extraordinary family. His 12 brothers and sisters have a combined 49,521 records in the Grazelby's Guide to World Records and Fantastic Feats, but he can't seem to achieve even one.

Suddenly when the Whipples find themselves stuck in the most difficult challenge of their lives, Arthur appears to be the only one who can save his family. In this humorous, sweet and fun novel for young readers, adventure and giggles ensue as the least talented Whipple tries to save the day.



The Day the Crayons Quit
By Drew Daywalt
Pictures by Oliver Jeffers

Duncan's crayons have quit. They are sick of being overused, unused and incorrectly used. Each in their very own letter to Duncan, they tell him how they feel.



Black tells him, "I hate being used to draw the outline of things."

Purple admits, "If you don't start coloring inside the lines soon … I'm going to lose it."

Red tells him, "You make me work harder than any of your other crayons."

The adorable scribbled notes lead to Duncan's best artwork yet; a detailed and colorful, two-page spread using every color in the box. The Day the Crayons Quit is beautifully illustrated and hilariously funny. Kids will love listening to what the crayons have to say.

Every Cowgirl Goes to School
By Rebecca Jannid

Nellie Sue is excited for her first day of school. Soon, however, this little cowgirl decides it isn't quite her day.

First her seat is taken on the bus; then the new girl seems to be taking all her friends. A bruised knee and the worst seat in class continue the chaos, and then someone hurts her feelings.

Just when she thinks it can't get any worse, an apology and a smile remind Nellie Sue things really aren't that bad. She decides to look on the bright side and make the day go her way.



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Sportsman's

Continued from page 47

we think that Sportsman's is one of those, that it's worth keeping," Basha said.

When Sportsman's first opened in 1957, it only sold alcohol and cigarettes, Fuchs said.

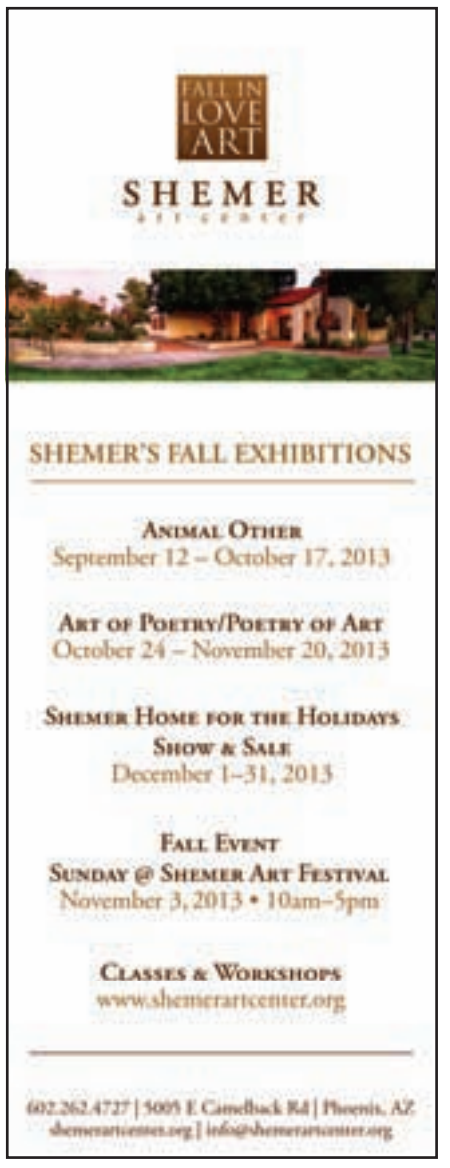
After several owners came and went, Michael and Elliott Fine bought Sportsman's in 1987. The father and son duo turned Sportsman's into a wine store with a "cozy" wine bar that sat eight to 10 people, Fuchs said.

In 2007, Bashas' acquired Sportsman's and the neighboring flower shop. The company remodeled the wine shop for $1.3 million, Fuchs said. The wine bar section was moved to what used to be the flower shop.

Bashas' thought the wine bar would be a good opportunity for expansion, Basha said. But after the recession and filing Chapter 11, Bashas' decided to refocus on the grocery aspect of the company with Bashas', Food City and AJ's Fine Food.

The 15 Sportsman's employees were relocated to AJ's because of their knowledge of wine, Basha said.

Sportsman's has been in the shopping center since the center opened. Fuchs, president and CEO of Camelback East Shops Property, said the center was unique because it was one of a few centers still around since the '50s without a stucco look, grocery store or pharmacy anchor.



The heart of the art form is best experienced live

By Craig Goossen

The goal of this modest monthly column is to serve as a loose reminder of the steady stream of music acts performing in our town and a helpful hint to check out some live music.

It's understood not all the music presented will stir your drink, but maybe there will be a track that strokes your tastes and motivates your interest to sink your teeth further into a band or artist.

Investigating and enjoying music is simple, easily explored from the comfort of your computer or your local record shop, but the heart of the art form is best experienced in the great venues we're lucky to have all around us.

Don't be fearful, be proud, indulge in our city scene and get out to a show.

DTCV
Basket of Masks
(2013)

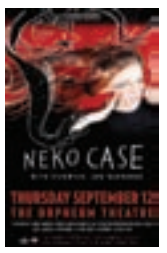
A Los Angeles-based collective with roots in the band Guided by Voices and fresh off their excellent cassette release on the exploding Burger Records label. A cool and easy jangler of a track to open up this month's mix in hopes to lure you down to the warehouse district to check out this show.



DTCV performs September 4 at Last Exit Live, 717 S. Central Ave. Tickets are $12; 21 and older.

NEKO CASE
Man
(2013)

One of the finest and original voices of her generation, Case will be stopping in Phoenix as she tours her just released The Worse Things Get… and playing within the elegance of the Orpheum Theater. Pickwick and Jon Rauhouse both will open for Neko so get there early and stay late.



Neko Case will perform September 12 at Orpheum Theater, 203 W. Adams St. *Tickets start at $28; all ages.*

NO AGE
Depletion
(2010)

The Los Angeles duo slides into town to rock the Crescent, so hopefully the Valley

Continued on page 57

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Botanical

Continued from page 48

Garden members can purchase tickets beginning September 16; member adult tickets are $25 and member child tickets are $10.

Nine musical groups will perform in rotation during the run of Luminarias, which starts November 29 and ends December 31.

Performers include the Dickens Carolers, Mariachi Pasion, Will Clipman, Chris Burton Jacome, the Duncan Family, Mariachi Luz del Sur, Poranqui, Domingo DeGrazia & Beth Daunis, and Traveler.

Because of the extended run of Luminarias, not all bands will perform each night. Visit dbg.org/luminarias for a schedule.

Member preview nights are December 5-8; general public viewing is November 29-30, December 1-4, December 9-23 and December 26-31.

A buffet dinner is available at an additional cost from Fabulous Food Fine Catering and Events, the Garden's Patio Café also will be open for ala carte items. Meal tickets are $17.50 for adults and $9.50 for children. Gertrude's restaurant will be open and reservations are recommended and can be made by calling 480-719-8600 or visiting gertrudesrestaurant.com.

Music

Continued from page 55

kids turn out for this all-ages gig and get a taste of these trailblazers, who always bring the noise.

No Age performs September 21 at Crescent Ballroom, 308 N. 2nd St. Tickets are $15; all ages.

FIDLAR
Gimmie Something
(2013)

Fidlar has visited a few times this year, and it's nice to have them back and headlining at the Crescent. The cost of this ticket is a bargain, especially on a Tuesday night for a rocking party downtown.

Fidlar performs September 24, Crescent Ballroom, 308 N. 2nd St. Tickets are $15; 16 years and older.

UNKNOWN MORTAL ORCHESTRA
One at a Time
(2013)

A funky jam over a murky psychedelic mix is rarely a bad sound to have running through your ears, and Unknown Mortal Orchestra brings that in heavy waves. This show is a terrific way to end the weekend, while getting a hazy start to the week.

Unknown Mortal Orchestra performs September 29, Crescent Ballroom, 308 N. 2nd St. Tickets are $16; 16 and older.

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As this report uncovers, most home sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to the issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar."

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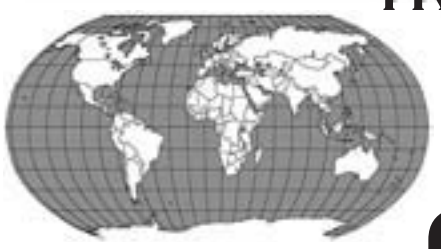
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DVDs: The Sequels

By Julie Demetros

Most students have been back in school for a while. Time for studying, homework and tests. However it's easy to be overwhelmed by it all, so perhaps a two-hour break would do some good. Last September's review was a list of DVDs to mark the return of school, so here is another. These two DVDs are coming out soon, both sequels to a bigger franchise.

Star Trek Into Darkness (on DVD Sept. 10)

The second installment of J.J. Abrams' Star Trek reboot series, Star Trek Into Darkness follows the crew of the Enterprise as they go up against a seemingly unbeatable threat. Capt. Kirk (Chris Pine) leads an impossible mission that may cause him to question his confidence in the words he spoke back at Star Fleet Academy: "I don't believe in no-win scenarios."



Just as fast-paced and exciting as the one before it, this sequel manages to exceed expectations. The writing is just as clever and entertaining, and it shows off some of the best filming recently seen on the big screen.

Much of the series' success is due to its excellent cast. From Pine in the captain's chair to Simon Pegg in engineering, these actors aren't only known for their good looks.

Benedict Cumberbatch joins the talented cast as the opposition, hitting the intimidating notes without hesitation.

Joining its predecessor as one to watch over and over again, Star Trek Into Darkness gets 4 stars.

Iron Man 3 (on DVD Sept. 24)

A new enemy, a terrorist called the Mandarin, threatens to destroy Tony Stark's (Robert Downey Jr.) world, and the pressure's on for Iron Man to come to the rescue. Tony will have to go to desperate measures to face this new challenge, and even those might not be enough to save everything Tony has fought to protect.



The Iron Man movies reflect Tony Stark's personality well. They're flashy and dramatic, with plenty of humor and sarcasm, but they also can be serious and show some thrilling heroics.

Speaking of Tony, Downey Jr. was instantly accepted as the billionaire after the first movie and has not disappointed since. He manages to portray each part of Tony's personality, capturing the best and worst of the character without making him unlikeable or unbelievable.

The actual plot may not be quite as thrilling as the previous two films, but it's still entertaining and the scenes themselves keep the audience's interest.

Overall, though, the writing is witty and Downey Jr. definitely is Iron Man. Iron Man 3 earns 3 ½ stars from me.

Julie Demetros is a 17-year-old Arcadia resident who writes about movies and books at julieatthemovies.wordpress.com.



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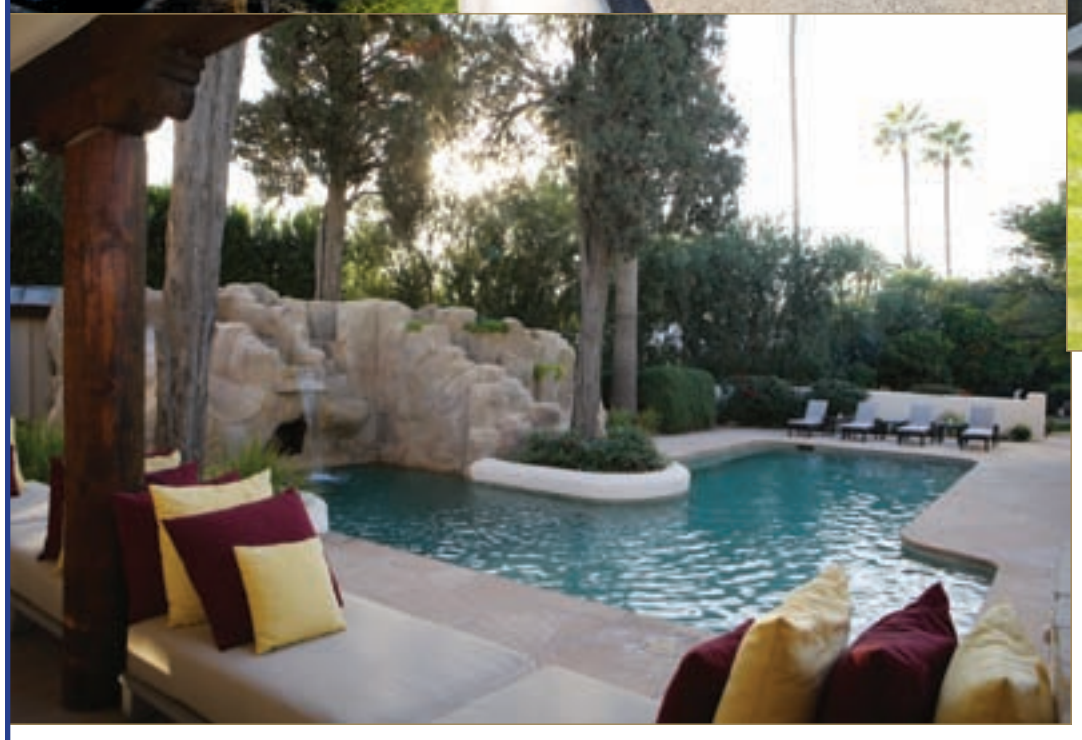
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Moustache For Moo-Lah

Arizona High School seniors and college students are invited to show their best milk moustache for moo-lah. Eligible students can win scholarships up to $12,000.

In August, the Arizona Milk Producers will kick off its annual college scholarship program in which Arizona students can win one of three scholarships, as well as tickets for college football games. The first-place winner will receive a $12,000 scholarship, the second-place winner will receive $10,000 and the third-place winner will receive $8,000. Additional studentswill be awarded tickets to ASU, NAU and UofA football games.

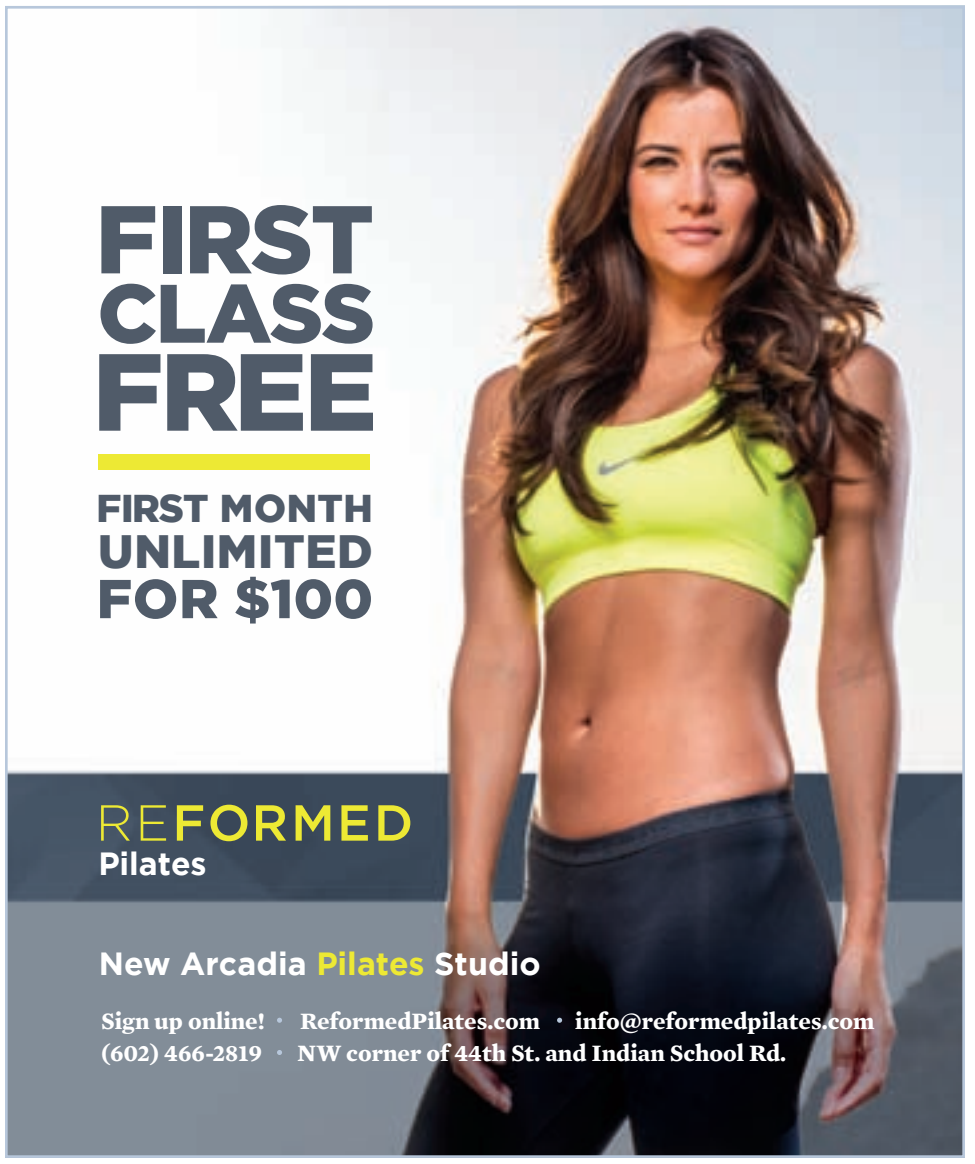
Last year's first-place winner was a senior at Holbrook High School. Kylie Koerperich's winning image depicted her lying in a chalk drawing of the sun and playing the guitar alongside a refreshing glass of milk.

To enter, students simply upload a photo of their best milk mustache to the Arizona Milk Producers Facebook page, along with a short description of how and why dairy moo-ves them. The photo must also feature a dairy product, such as milk, yogurt or cheese. Applicants are encouraged to be creative with their photos, showing how dairy plays a role in their day-to-day lives.

Scholarship nominees must be Arizona residents eligible for the 2014 term or currently enrolled with a minimum of 12 credit hours at an Arizona university. Official rules, details and drawing dates are posted on the official sweepstakes Facebook page at www.facebook.com/AzMilkProducers and at www.dairycouncilofaz.org.



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AHS coach, team ready

By Nicholas Smith

Lenny Abt vividly remembered being named the head coach at Arcadia High School, primarily because he wasn't expecting it.

At the start of the 2012 season he was the Titans' defensive coordinator, arriving to Arcadia after coaching for 10 years at Chaparral and another five years at Pinnacle. But when head coach Jim Ellison, who piloted Arcadia to the state semifinals two years earlier, announced his resignation just days before the start of fall practice, the job of interim coach fell to Abt.

"It was a complete surprise," he said. "The hard part was that it was so close to the start of the season. My goal was primarily to keep the team focused."

But focus wasn't easily obtained during the 2012 season. The Titans finished 4-6, a far cry from their final-four finish a year earlier.

"Obviously it was a little disappointing. Turnovers were what killed us. But when I look back I think about how competitive we were," Apt said. "We were in every single game we played all year. There was one game where we turned the ball over seven times, and we still got over 500 yards of offense and had a chance to win. A few less turnovers and our season could've looked a lot different."

After the year ended, the school dropped the interim from Abt's title, naming him official head coach. To improve the team for this season, Abt said he and his players have focused on weight training.

"Strength training is so important," the coach said. "The motto is 'Win in the offseason,' that's when you're going to get stronger and better."

Abt stresses to his players the value of always staying in shape, encouraging them to play other sports during the spring and summer.

"I want the kids to always be active," he said. "That's why I promote other sports during the offseason. The coaches for the other sports feel the same way; we're all on the same page."

That newfound offseason strength will be put to the test in September with home games against Shadow Mountain, Camelback and North Canyon, and a road game against Maricopa.

Abt said he is expecting great things from his team, pointing out it is filled with high caliber athletes and strong leadership from the team captains.

"We just have so many good athletes," he said. "I could run down a whole list of them but I'm afraid I'd leave somebody out. A lot of talented players."

Follow AHS Football online at arcadiadaily.com.



The Titans have strength on their side this year after putting a focus on weight training.

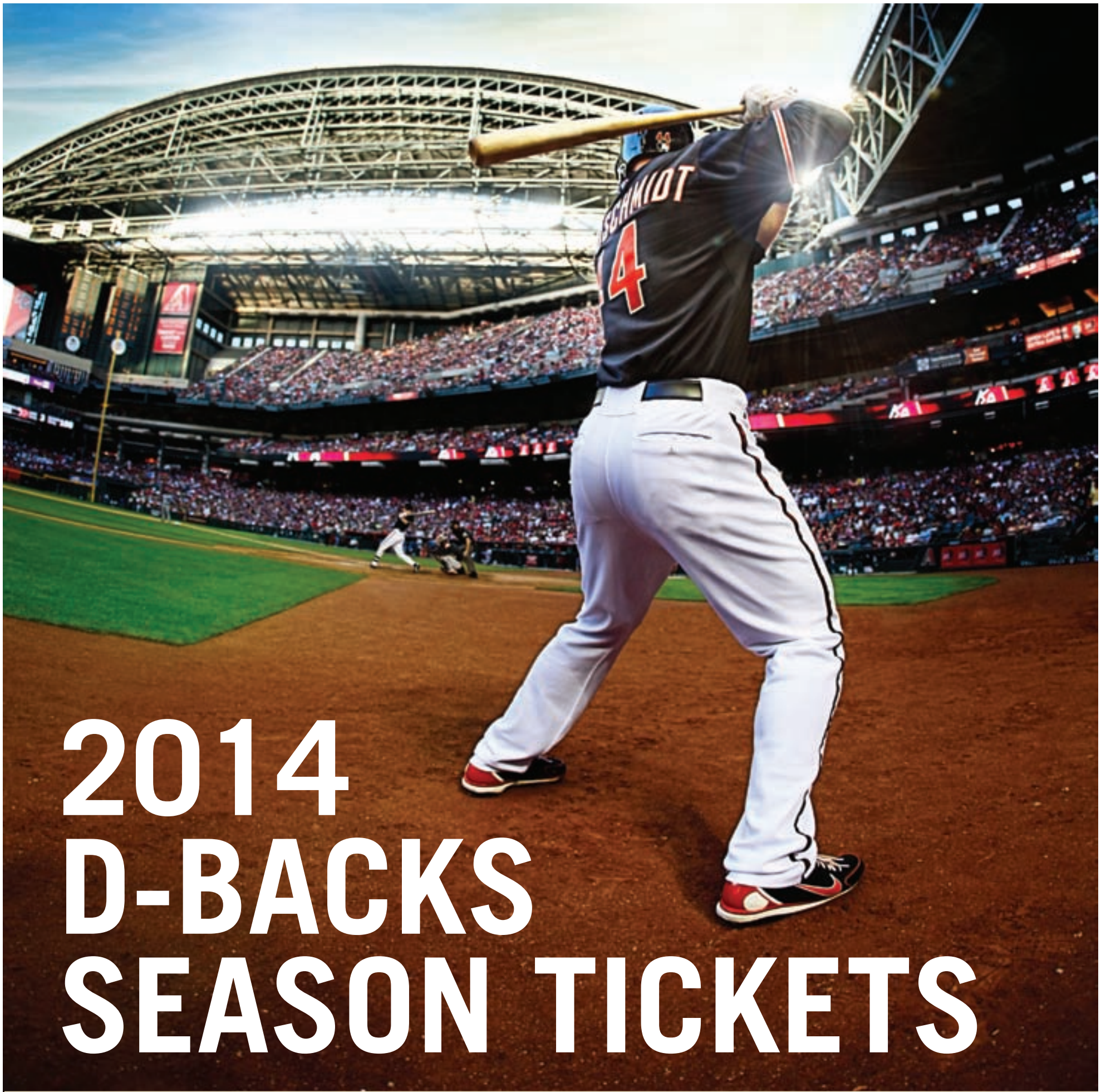
ARCADIA HIGH SCHOOL FOOTBALL SCHEDULE

All games start at 7 p.m.

Sept. 6	Shadow Mountain	Oct. 11	Chaparral
Sept. 12	Camelback	Oct. 18	Notre Dame (senior night)
Sept. 20	@ Maricopa	Oct. 25	@ Independence
Sept. 27	North Canyon (homecoming)	Nov. 1	@ Cactus Shadows
Oct. 4	@ Paradise Valley		







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Coach now a teacher at AHS

By Nicholas Smith

It was a snowy winter in the Midwest that put Troy Gerlach on the path to Arcadia High School. While coaching baseball at a Catholic school in Ohio, he lived through a winter when the state received 110 inches of snow.

"It wasn't for me," he said. "We were having games in April and having to battle through snow flurries. I thought, 'This isn't baseball.'"

Gerlach, who is from Clearwater, Kan., was a huge fan of the game from an early age.

"My mom and dad will tell you that I was always playing baseball, all the way back to when I was 4 or 5." Carlton Fisk was one of his favorites growing up and, like Fisk, Gerlach was a catcher through school.

"I loved catching," he said. "You're in every pitch, the game revolves around you and you can help dictate everything. There's a reason so many managers are catchers."

Gerlach attended Pratt Community College before transferring to Northwest Missouri State, all the while catching, as well as sometimes playing third base. He coaching career began at Northwest.

"I had never thought about coaching," he said. "My dream and goal had always been to play in the big leagues. So I figured I'd make it to the majors, play until I was 40, and call it a day. That was really my only plan." Invited to be a student assistant coach, Gerlach said he saw an opportunity to continue to be involved with the game he loved.

When Gerlach arrived in Arizona, he took a job teaching at Tavan Elementary School so he could continue coaching baseball as an assistant coach at Arcadia High School and later at Paradise Valley Community College.

"I just wanted to stay in baseball." Gerlach said.

After the 2011 season, the AHS head coaching position opened and Gerlach was encouraged to apply. Since being hired, Gerlach said he has fallen in love with the school and the Arcadia area.

"I am completely at ease with my decision. The administration and families have been awesome; the neighborhood is great. The school and boosters have done an outstanding job at upgrading the field. The principal (John Biera) wants excellence in the classroom and success on the field. What more could you want?

Last year nobody expected anything. I had people telling me that we would be lucky if we won six games." The team had 18 wins. They also made it to the second round of the playoffs, a huge surprise for many around the community, but not for Coach Gerlach.

"In my eyes, we didn't overachieve," he said.

Gerlach, who teaches P.E. and weight training when not coaching, said his goals for the team are to send players to college "and to build Arcadia into a program that will contend with the Brophys, the Hamiltons, and the Chaparrals."

Coach may be a tad distracted, though, in the near future. He and his wife of 10 years, Terra, are expecting their first baby in September, a boy.

"When I get the crib up, I think we'll be ready," he said.







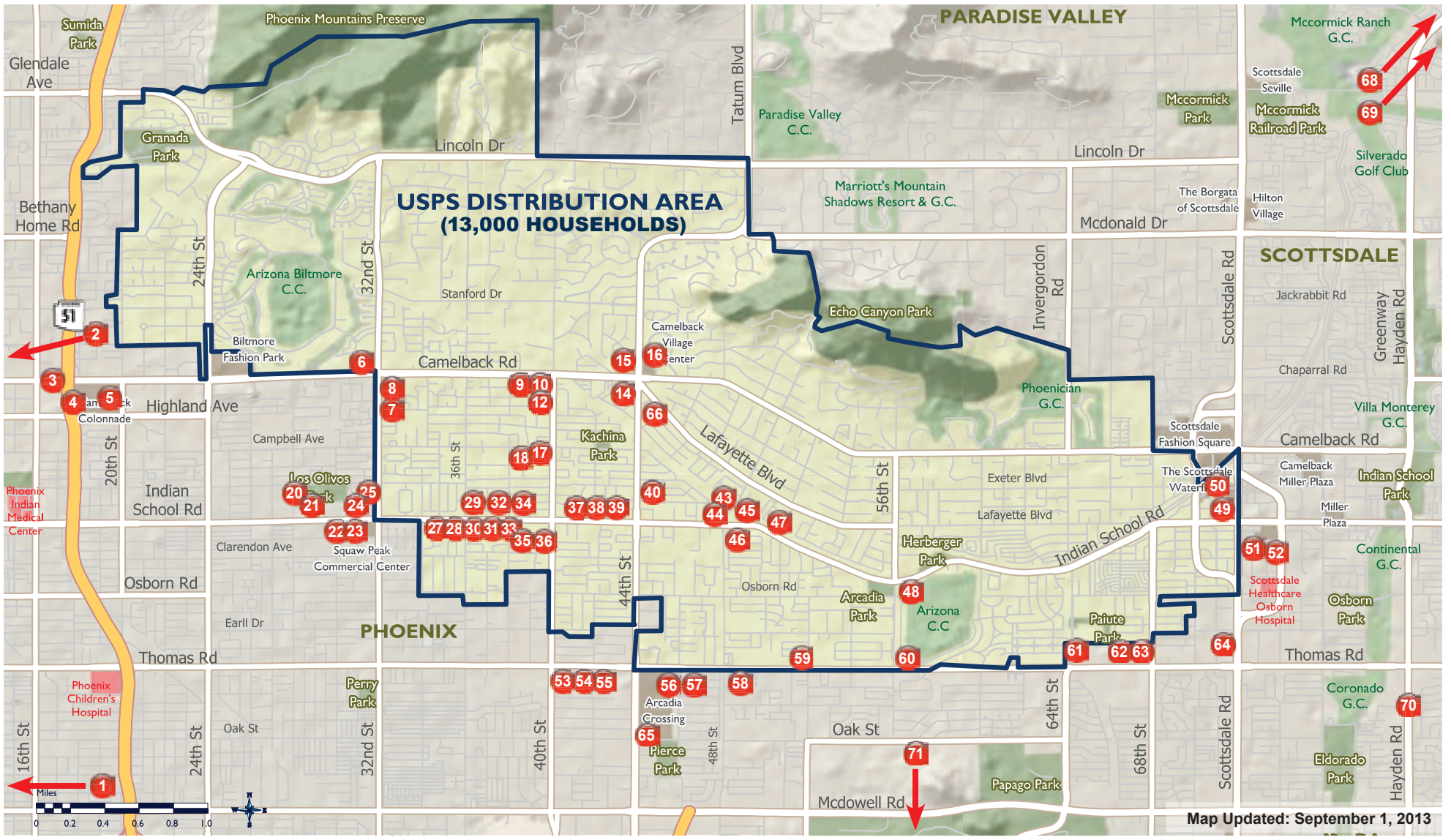
Coach Gerlach gives his team a pep talk at a game last season.





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Do you have archives of old photographs or vintage postcards of the area? Are you knowledgeable about your local history? Would you like to help preserve Arcadia's unique history?

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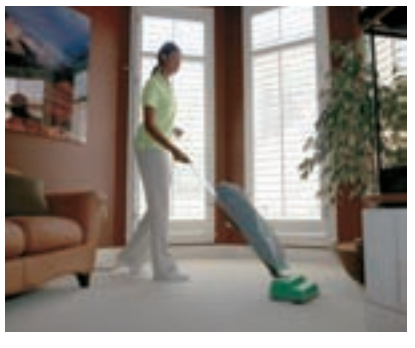
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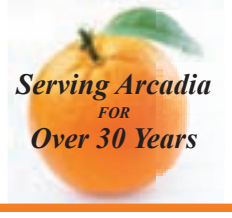


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4021 E Avalon Drive • $389,000



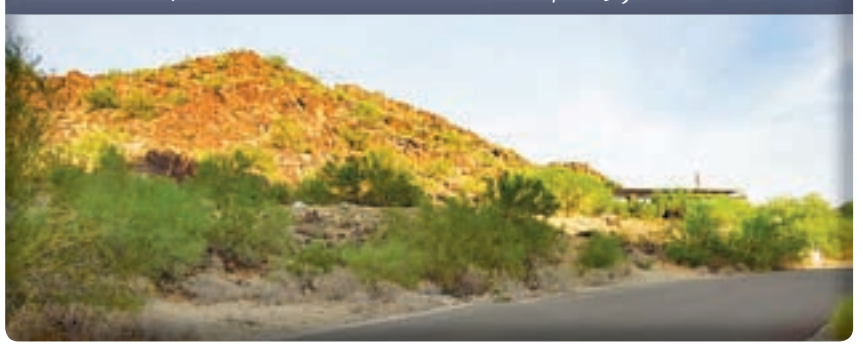
JUST LISTED - This one won't last long! Remodeled 1800 sq ft home with a 9,649 sq ft lot and 3 bd plus detached guest casita. Bamboo and slate flooring throughout the living areas, fireplace in the living room and remodeled open kitchen featuring stainless appliances, granite counters, center island w/breakfast bar. Open floor plan makes for comfortable living. Lush green landscape in both front and back yards, quiet street, exterior storage shed. Entertain inside or out! Pristinely maintained home in the perfect location and neighborhood that everyone wants to be in!

2626 E Arizona Biltmore Cir #3 • $472,500



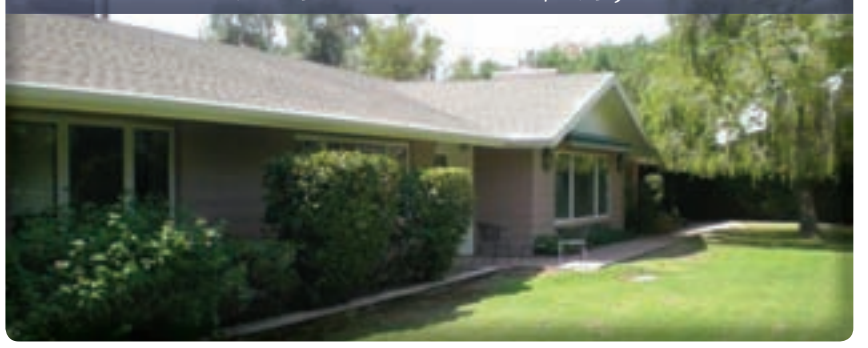
THE LOWEST PRICED PATIO, TOWNHOUSE, SINGLE FAMILY DETACHED ON AZ BILTMORE PROPERTY! $177.10 PER SQ FT!!!! Coveted guard gated Biltmore Square community. This 3 bedroom 2.5 bath, 2,668 sq ft patio home with a private pool has been updated and shows beautifully. Gorgeous eat in kitchen with stainless steel appliances, slab granite, breakfast bar and built in desk. Vaulted tongue and groove ceilings in living room with fireplace and a wall of French doors. Wide plank wooden floors and tile in all the right places. Master bedroom suite has access to the patio and pool. HOA includes front landscaping.

7441 N Las Brisas Ln • $849,000



- Truly one of the most spectacular view lots in all of Paradise Valley. Overlooking several holes of Paradise Valley Country Club, offering panoramic city lights and Camelback Mountain views. Located on one of PV's best streets, surrounded by $6 million plus homes, this 1.4 acre site offers unlimited potential to build the estate of your dreams. Huge building envelop!! Plans have been started....this is a truly special lot!

4409 N 56th Street • $875,000



JUST LISTED - Tucked in a quiet cul-de-sac smack in the middle of Arcadia, this 3163 sq ft, 25,152 sq ft lot, 4 bedroom plus guest quarters and 4.5 bath home has it all! Remodeled kitchen and baths, ample storage, hardwood floors, formal and casual living area, large lush lot with pool, parking for 3 cars and more!

4455 E Calle Del Norte • $949,000



EXCLUSIVE - Rarely does an Arcadia Charmer come on the market for sale, such as this home! 18,970 sq ft lot, 3 bed/ 2 bath home on a quiet cul-de-sac. Entertain on the extended front patio with a spectacular view of Camelback Mountain! Beautiful art lighting, lots of windows, custom drapery, hardwood and travertine flooring, built-in cabinetry, cozy fireplace! Stainless steel appliances in the eat-in kitchen. Master bedroom has custom drapery and master bath is completely updated with custom designer options. The huge, almost 1/2 acre backyard has putting green, basketball court, energy saving north/south exposure, and an adorable patio with huge shade trees and custom landscaping. Fabulous!

Buyers Waiting!

We are currently working with a number of buyers looking from $300,000 to $2,000,000 wanting to be in or around the Arcadia area. If you are considering selling, please contact me! We would LOVE to see if your home is a perfect match!

The MacLean Team

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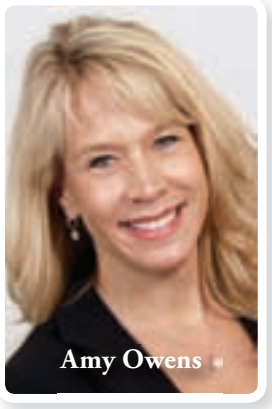
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4036 E Weldon Ave • $395,000



SOLD - Nestled in a quaint neighborhood, this 1600+/- sq ft, 3 bedroom plus office, 1 3/4 bath home is set on 1/4 acre lot with large charming patio, huge grassy yard and even a chicken coop! New Roof, designer paint tones, wood flooring, renovated kitchen with cherry cabinets/granite and stainless appliances and updated baths. This will not last long! Buyer brought by Amy Owens.

5250 N 37th Pl • $650,000



SOLD - This outstanding 3/4 acre home has been owned by the same family for generations! Tucked at the end of a quiet cul-de-sac street this awesome property has all of the classic charm of days gone by with million dollar+ homes of today, surrounding it. 2200 sq ft, 3 bedroom and 2 bath. This home is what people dream about looking to create their own canvas.

4353 E Palo Verde • $660,000



- This classic mid-century modern home is located in a wonderful neighborhood. With 2200 sq ft, 3 bedrooms and 2.5 baths, it has been beautifully remodeled with rich cherry hardwood floors, dream chef's kitchen with Dacor appliance, slab granite and 6 top gas burner, new cabinetry throughout, floor to ceiling windows with "to die for" mountain views, 700 bottle wine room, 1 fireplace in living room and firepit outside. Spacious master bedroom, spa like bath. All of the traditional Mid Century lines have been maintained and it is beautiful! Great outdoor kitchen and much, much more!

5748 N 41st Pl • $919,000



SOLD - Perfectly balanced modern Arcadia ranch home set on a beautiful large corner lot that has been redone for the most discriminating of tastes. Once inside this 3511 sq ft home you will find 4 spacious bedrooms plus a split office. Perfected amenities that include a 1500-bottle wine cellar, new kitchen w/Wolf & Miele appliances and endless custom cabinetry, large mud room and laundry room, 3-car garage.

3700 E Camino Sin Nombre • $1,495,000



SOLD - Set on nearly 2 flat acres of prime Paradise Valley land with Mountain views in every direction, this 4100 sq ft home is truly the entertainers dream. Arizona ranch charm oozes from this property boasting hardwood flooring, tea stained cabinets, stone fireplace, renovated baths and numerous built in niches. Once outside you will find fabulous Cantina, walking paths, golf chipping area, 3 car garage and more!

4839 E Horseshoe Rd • $1,750,000



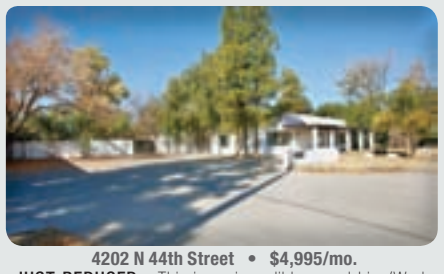
SOLD - If you are looking for a spectacular 2.33 acre estate nestled in on a quiet heart of Paradise Valley street, for a price that is less than replacement value...You have found your home! This 6800 sq ft, 5 bedroom with all in suite bath, executive residence will appeal to the most discriminating of tastes. Refurbished chef's kitchen with state of the art appliances and 1500+ bottle wine cellar. Each guest suite has private bath and private patio.

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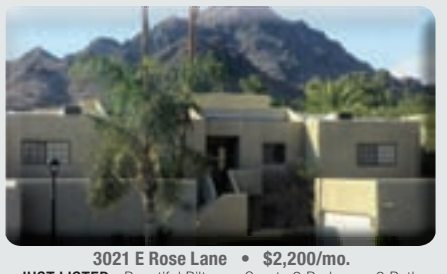
4202 N 44th Street • $4,995/mo.

JUST REDUCED - This is an incredible zoned Live/Work Property set on a prime location near 44th street and Indian School Rd. 15 Parking spaces and fully renovated contemporary urban interior. Allows for 1500+ sqft front commercial space in the front with a urban loft feeling 1500 sqft open residential property ATTACHED in the back. Could be 1 large 3616 sq ft commercial space if needed!



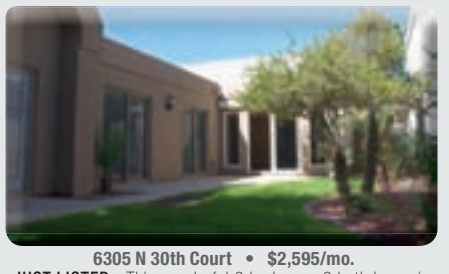
6218 N 30th Place • $1,750/mo.

JUST REDUCED - Truly the quintessential Hacienda tucked in the coveted gated community of The Arizona Biltmore. From the moment you step foot into this one of a kind designer created condo, you will feel as if you just checked into a luxury resort in the Mexican Riviera. Custom furnishings, Mexican antiques, timeless pieces of art, herringbone brick ceilings, intimate fireplace and more. This amazing 2 story property with 1,488 sq ft of living space has 2 bedrooms and laundry upstairs and all of the living areas downstairs. All of the traditional touches that you would expect to see in a magazine. Mountain views, ample outdoor living areas and more.Not your average furnished rental...there is not another one out there that is even similar!



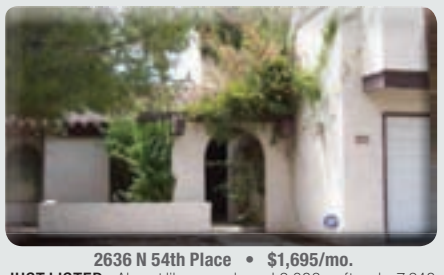
3021 E Rose Lane • $2,200/mo.

JUST LISTED - Beautiful Biltmore Courts 2 Bedroom, 2 Bath condo. Remodeled with fine finishes. Conveniently located on the Biltmore Links golf course. Featuring beautiful ebonized hardwood floors, marble floors in entry, kitchen, and bathrooms, new stainless appliances, granite countertops throughout, new cabinets and hardware, lifted ceilings with recessed lighting, new wood staircase and sculptured banister, plantation shutters at all windows and French doors, and all new bathroom and kitchen fixtures.



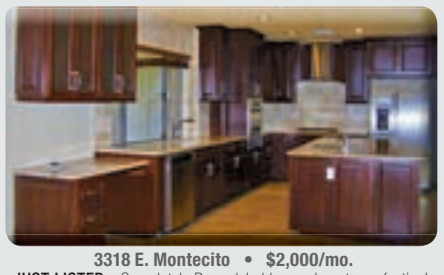
6305 N 30th Court • $2,595/mo.

JUST LISTED - This wonderful 3 bedroom, 2 bath home is situated on a golf course. Home has a large living room with a high vaulted ceiling and charming fireplace. Atrium is all tiled with a beautiful water feature. There is a new Arizona room opening to the dining and living room...perfect for entertaining! 2 car garage with a lot of built-in storage and work area.



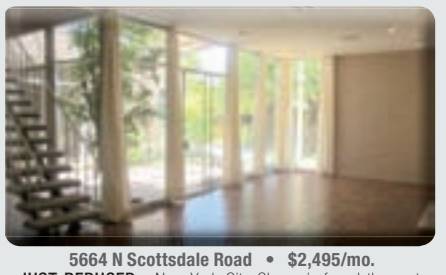
2636 N 54th Place • $1,695/mo.

JUST LISTED - Almost like a new home! 2,083 sq ft and a 7,248 sq ft lot. Vaulted ceilings, totally remodeled kitchenand updated baths, brand new carpet and designer tone paint throughout. Neutral tile throughout the entire downstairs. 3 bedrooms (including master) upstairs with a additional bedroom down. Master retreat has private balcony with mountain views! This home was built in the late 1970's, so it is NOT your typical ranch style home!! Pool with low maintenance backyard and small play area. Super location!



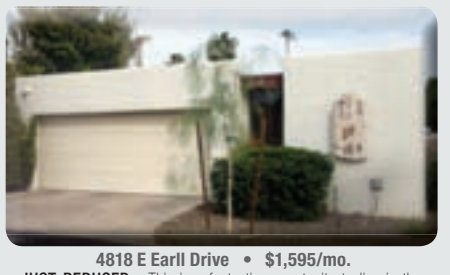
3318 E. Montecito • $2,000/mo.

JUST LISTED - Completely Remodeled home done to perfection! Travertine flooring throughout the living areas, gorgeous, large open kitchen w/cherry cabinetry, granite counters, stainless appliances including gas cooktop, huge center island overlooking the family room and seating at both the island and in the breakfast room. Pergo flooring in the bedrooms, updated baths, window blinds throughout. enjoy the outdoors on the large covered patio overlooking the green yard. 2 car garage, great location.



5664 N Scottsdale Road • $2,495/mo.

JUST REDUCED - New York City Charm is found thru out this private Scottsdale North property. This 2,479 sq ft home is situated on an interior lot. This 3 bedroom, 3 bath home, boasts nothing but quality and character throughout. Brick floors, floor to ceiling windows and walls of glass allowing the outside to come in! Granite counters and stainless appliances, 2 car garage and more. Scottsdale and Mcdonald Rd location. . .This is one that will go fast!!



4818 E Earll Drive • $1,595/mo.

JUST REDUCED - This is a fantastic opportunity to live in the neighborhood that everyone is wanting to be in! This home is located on a quiet cul-de-sac and offers plenty of living space. This 1,929 sq ft home has large open living area with vaulted ceilings, formal dining area and breakfast room, den that looks out to the courtyard entry and plenty of windows that provide natural light in every room. Wood flooring throughout the living areas with carpeted bedrooms. Views of the green common areas, community pool.

Look What's New To The Market This Month

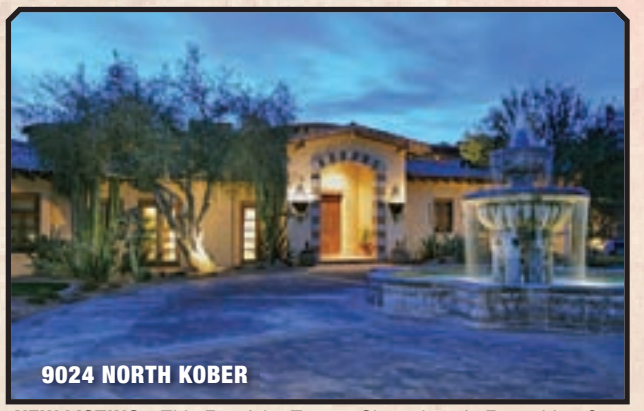
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NEW LISTING – This is an outstanding family home with stunning mountain views! $1,695,000



NEW LISTING – It's All About The Lot and It's an Amazing One With Insane Mountain Views and Great Price! $1,195,000



NEW LISTING – This Exquisite Tuscan Showpiece Is Everything One Could Ever Imagine on more than 2 Acres! $4,195,000



NEW LISTING – This Beautiful Arcadia Ranch Has Been Completely Remodeled to Perfection! $795,000



NEW LISTING – Phenomenal Opportunity With Great Mountain Views! $749,000



NEW LISTING – Beautifully Remodeled With An Outrageous Kitchen! $1,195,000



NEW LISTING – This fantastic spec home has it all from floor to ceiling and wall to wall! $1,295,000



NEW LISTING – Best Cul De Sac In All Of Arcadia! $1,595,000



NEW LISTING – This Grand Estate Will Leave You In Awe! $3,795,000



NEW LISTING – This is a spectacular home on a very special Exeter lot! $1,649,000



NEW LISTING – Opulent Estate in Casa Blanca. Utterly Unique and Absolutely Breathtaking! $3,495,000



COMING SOON – Urban Living At Its Finest, Safari Drive. $799,000



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